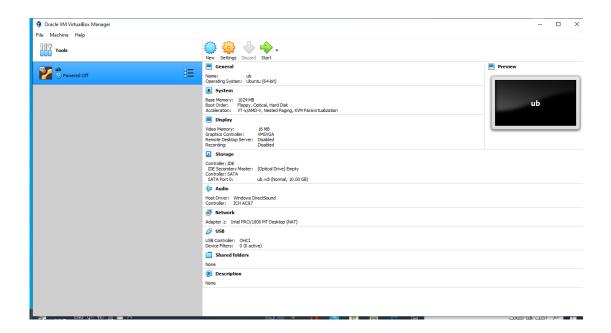
First we download the virtual box:

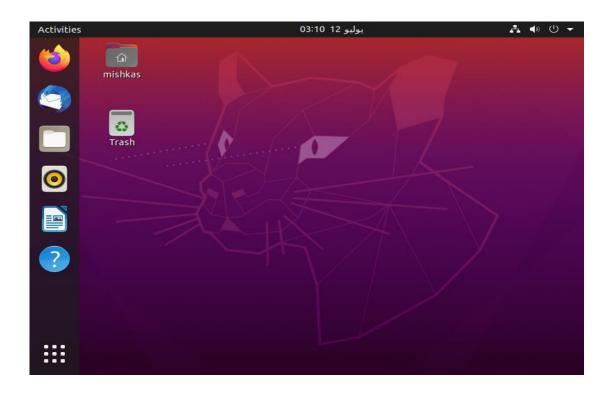


Second we download the ubuntu:



And we run the ubuntu by virtual box :





After that we installed ros:

