

The Rise of Central Banking

The earliest *money* and credit systems relied on coins, bullion, and merchant arrangements. In medieval and early-modern Europe, wealthy merchants and goldsmiths held specie in vaults and issued **receipts** or promissory notes for deposits. These notes, backed by gold, circulated as money when trusted (the London goldsmith-bankers of the 1600s were famous for this) ¹ ². Merchants also used *bills of exchange* (trade-credit instruments) and powerful trading banks (e.g. Genoa's Banco di San Giorgio or Amsterdam's Bank of 1609) to settle payments without moving coin ³. But these arrangements lacked a single sovereign guarantor or lender-of-last-resort: money was still commodity-based and stability depended on local trust and coinage policy rather than a unified authority.

The Bank of England's headquarters in London. Founded in 1694, it was the model for many later central banks.

Early Central Banks: England and France

The first true *central banks* appeared in the 17th–18th centuries to serve governments directly. Sweden's **Riksbank** (1668) and England's **Bank of England** (1694) were set up as joint-stock companies to lend to their governments and improve payments. The Bank of England, for example, was granted the government's balances and (by statute) the sole right to issue notes ⁴. France's **Banque de France** (founded 1800 by Napoleon) was created to stabilize the currency after revolutionary hyperinflation and to finance his wars ⁵. These early central banks issued paper notes as currency under a de facto monopoly, replacing much of the irregular coin and guild-credit system. In short, whereas medieval money was usually sovereign coins or merchant notes, *central banks* centralized issuance: they kept government accounts, guaranteed convertibility to specie (when in effect), and often acted as bankers' banks (lender-of-last-resort) to backstop payments ⁵.

Money Issuance: From Gold to Fiat

Under early central banking (the classical gold standard), money was still convertible into metal. Each nation fixed its currency to a weight of gold, and the central bank held gold reserves to back its note issue ⁶. In practice this meant strict convertibility: banks had to redeem notes in gold on demand, so the money supply was constrained by gold reserves (the "nominal anchor" of the price level) ⁷. Central banks' priority was therefore maintaining gold parity – a recipe for long-run price stability but little flexibility. During crises (e.g. wars), convertibility was often suspended (Britain did so in 1797 and again in 1914, France during 1792–95) to let governments borrow freely.

After World War II, the **Bretton Woods** regime fixed exchange rates in dollars (with the US dollar convertible to gold at \$35/oz) ⁸. Central banks under Bretton Woods managed their currencies by pegging to the dollar, maintaining reserves, and cooperating through the IMF. This anchored inflation at first, but its rigidity meant the system unraveled when US deficits mounted. In 1971 the U.S. broke dollar-gold convertibility and by the mid-1970s most fixed pegs gave way to floating currency systems ⁹. Since

then, almost all central banks have issued **fiat money** – currency with no commodity backing – and used policy tools (interest rates, reserve requirements, open-market operations) to target price stability or growth. (As one economist notes, “since Nixon’s decision to suspend dollar–gold convertibility in 1971, a system of national fiat currencies has been used globally.” ¹⁰ .)

Central Banks and War Finance

A key impetus for central banks was wartime borrowing. For example, during the **Napoleonic Wars** the Bank of England supported Britain by *expanding credit* to the government: it discounted large volumes of government debt and private bills, effectively printing banknotes to finance the war effort ¹¹ . (In fact, England suspended gold convertibility in 1797 to do this.) Similarly, Napoleon used the Banque de France to sell paper debt to fund his campaigns ⁵ .

In the 20th century, central banks again underwrote sovereign borrowing in war. When the U.S. entered World War II, the Federal Reserve pledged to ensure “an ample supply of funds for financing the war effort” ¹² . The Fed worked with the Treasury to sell war bonds and even pegged interest rates: Reserve Banks agreed to purchase Treasury bills at just 0.375% (and set the discount rate at 1%) to keep borrowing costs low ¹³ . Similar policies were seen in other Allied countries. In effect, central banks monetized much war debt (buying bonds directly) and coordinated bond drives. After each war, inflationary risks prompted a return to stricter regimes (e.g. resuming gold convertibility, or later central bank independence), but the wartime role of monetizing debt is a constant theme.

During World War II, central banks worked closely with finance ministries. The U.S. Federal Reserve (building shown) helped market war bonds and pegged interest rates as part of the Allied war effort ¹² ¹³ .

Monetary Stability: Before vs After Central Banks

Before modern central banking, the monetary system was fragmented. In many countries (notably the U.S. from 1837–1913), state-chartered banks issued their own notes with minimal oversight, leading to periodic panics, worthless notes, and runs ¹⁴ ¹⁵ . Governments borrowed in an ad-hoc way, sometimes defaulting or debasing coinage. By contrast, after central banks emerged and matured, governments had a steady source of credit (sellable bonds) and a mechanism to stabilize crises. Central banks provided a *uniform currency* (eliminating competing state notes) and a lender-of-last-resort, reducing bank failures.

That said, central banks also had mixed records. In the classical gold era they sacrificed domestic growth objectives for external stability (tie to gold) ⁷ , and their political independence varied. The experience suggests trade-offs: after 1914 central banks increasingly emphasized employment and price stability, whereas earlier their dominant mission was currency convertibility ¹⁶ . Overall, nations with central banks generally developed more credible public debt markets (since a central bank could absorb debt if needed) and smoother money supplies than the chaotic free-banking eras they replaced.

Monetary Regimes: Gold, Bretton Woods, Fiat

Under the **Gold Standard** (19th–early 20thc.), central banks constrained inflation but could not pursue independent monetary policy. International gold flows automatically adjusted trade imbalances, but crises

(e.g. the Great Depression) exposed the system's rigidity. During Bretton Woods, central banks again traded flexibility for stability: they cooperated to maintain fixed rates until the U.S. abandonment of gold in 1971⁹. The dissolution of Bretton Woods led to the current era of **fiat** and often floating currencies. Central banks now freely set policy (inflation targeting, macroprudential tools) but face exchange-rate volatility and greater need for international coordination (through the IMF or currency unions).

Each regime shaped trade and credit: the gold and Bretton regimes anchored inflation expectations internationally but limited countercyclical policy (and in practice contributed to deflation in the 1930s)¹⁷¹⁸. The shift to fiat gave countries more domestic monetary autonomy (e.g. post-1970s inflation targeting) but meant currencies became commodities subject to market speculation. Central banks thus moved from simply preserving gold parity to actively managing currencies and credit, profoundly influencing the evolution of money and international finance.

Sources: Historical details and analysis are drawn from economic histories of central banking⁴⁶¹¹¹² and regime studies⁸⁹¹⁰ (see citations). These works document the founding of the Bank of England (1694) and Banque de France (1800), the gold standard era and its collapse, the Bretton Woods system, and the transition to fiat money – highlighting how central banks' changing roles have driven monetary evolution.

¹ ² ³ History of banking - Wikipedia

https://en.wikipedia.org/wiki/History_of_banking

⁴ ⁵ ⁶ ⁷ ¹⁴ ¹⁵ ¹⁶ ¹⁸ A Brief History of Central Banks

<https://www.clevelandfed.org/publications/economic-commentary/2007/ec-20071201-a-brief-history-of-central-banks>

⁸ ⁹ Bretton Woods system - Wikipedia

https://en.wikipedia.org/wiki/Bretton_Woods_system

¹⁰ Fiat money - Wikipedia

https://en.wikipedia.org/wiki/Fiat_money

¹¹ publications.banque-france.fr

https://publications.banque-france.fr/sites/default/files/medias/documents/wp627_0.pdf

¹² ¹³ The Federal Reserve's Role During WWII | Federal Reserve History

<https://www.federalreservehistory.org/essays/feds-role-during-wwii>

¹⁷ Gold standard - Wikipedia

https://en.wikipedia.org/wiki/Gold_standard