

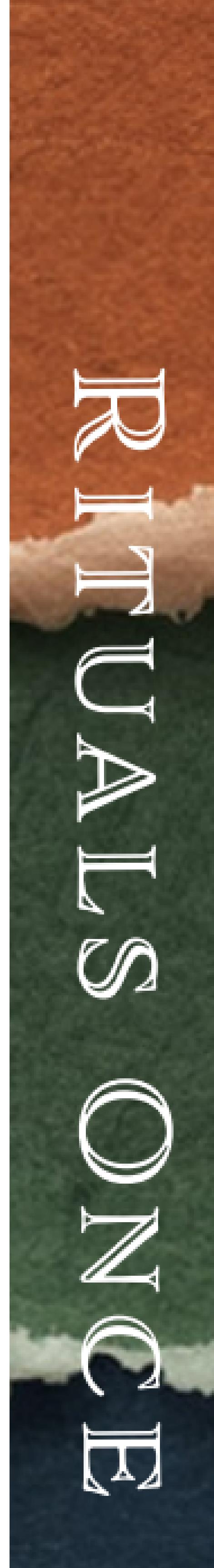
Rituals Once Remembered invites readers into the often hidden world of India's ancient fertility celebrations, held deep within tribal and rural communities. This book uncovers sacred traditions that honor the cycles of life, renewal, and abundance through rituals embracing seeds, songs, dances, and symbolic art.

Through vivid storytelling and detailed cultural exploration, it reveals how these ceremonies sustain not only agricultural wisdom but also profound connections between people, nature, and ancestors—practices that have quietly persevered despite the pressures of modern life.

This work is a heartfelt tribute to these endangered customs, offering a rich tapestry of spiritual insight and communal strength. It calls for recognition, preservation, and appreciation of the deep-rooted heritage that continues to nourish the soul of India's diverse cultures.



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# RITUALS ONCE REMEMBERED



Mishti Agarwal