## PLEASE FOLLOW THESE IMPORTANT INSTRUCTIONS



Frequently wash your hands with soap and water for at least 30 seconds or use hand sanitizer that contains at least 60% alcohol.



If possible, use stairs instead of elevators.



**Dry your hands after washing them,** as the viruses spread more easily from wet skin.



Do not touch the surfaces in the common areas with your hands. Use your elbow or keys to touch a door handle or to press a button.



If possible, do not touch your face.



**Frequently clean the common areas** as well as door handles, light switches and elevator buttons with cleaning products containing chloride.



If you cough or sneeze, cover your nose and mouth with a tissue or your bent elbow.



Outside your household maintain at least 2 m distance from other people.



Wear a face mask or a respirator if you are outside your household.



Do not invite people over and do not visit elderly and sick people.



If you are feeling sick, stay at home and call your physician.



Offer those in quarantine help by buying groceries and medicines for them.



Often ventilate in your apartment and continually ventilate the common areas of apartment buildings.



Avoid crowded places.

THANK YOU FOR BEING CONSIDERATE AND ACTING RESPONSIBELY.

## **ADDITIONAL INSTRUCTION FOR QUARANTINED HOUSEHOLDS**

- Do not leave your household.
- Do not shop in brick-and-mortar stores use delivery service or
   help of others. Pick up your goods in face mask and gloves and maintain the distance of 3 meters.
- Use disposable tissues to dry your hands and surfaces.
- Often disinfect door handles, surfaces and items with products containing chloride or at least 60% alcohol.
- Monitor the condition of your health. If you have symptoms (fever, cough, shortness of breath), call your physician and Regional Public Health Authority immediately.
- **Do not share personal items as towel,** plate, glass or utensils. Allocate them to everyone in the household.
- 17 possible. Stay in a closed and ventilated room, wear face mask and regularly disinfect the bathroom and the toilet.

Remain in mandatory 14-day
quarantine if there are persons
returning from abroad or people
with COVID-19 (coronavirus) in
your household. Failure to
maintain the mandatory
household quarantine may be
fined by EUR €1,659.
Consider staying in quarantine if
there are people over 60 years of
age or people with chronic
illnesses (e.g., hypertension,
diabetes, allergy) in your

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household