

## Review

# Systematic review and meta-analysis of bearing dislocation in lateral meniscal bearing unicompartmental knee replacement: Domed versus flat tibial surface



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## ABSTRACT

**Background:** Bearing dislocation is a problem following mobile bearing Oxford lateral Unicompartmental Knee Replacement (UKR). Therefore, the design of the tibial component was changed from a flat tibial surface to a domed tibial surface with a biconcave bearing to increase bearing entrapment. This systematic review compared the dislocation and revision rates of the two designs.

**Methods:** Two authors independently searched MEDLINE, EMBASE and ISI Web of Science, reference lists of retrieved articles, and the internet. Randomised, cohort, case-control and case studies of adult patients with lateral knee osteoarthritis treated with flat or domed Oxford lateral UKR and their outcomes were included. The overall dislocation rate and the annual revision rate (per 100 component years) were determined.

**Results:** Nine studies (937 knees) met the inclusion criteria (3 flat, 6 domed). Four studies (all domed) had a low risk of bias and five had a high risk (3 flat, 2 domed), so data should be interpreted with caution. The bearing dislocation rate decreased from 17% (flat) to 3.7% (domed). Dislocations occurred on average at 16 months and medial dislocations were most common. The revision rate excluding dislocation decreased from 1.1%pa to 0.7%pa. PROSPERO registration: CRD42019139250.

**Conclusion:** Modifying the tibial component from a flat to a domed shape decreased the bearing dislocation rate to 3.7% and increased the 10 year survival rate excluding dislocation to 93%. The dislocation rate is still relatively high so bearing stability should be assessed intra-operatively and if unacceptable, a fixed bearing version of the Oxford lateral tibial component can be inserted.

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**Abbreviations:** UKR, Unicompartmental Knee Replacement; ODL, Oxford Domed Lateral; TKR, Total Knee Replacement; PE, Polyethylene; RCTs, Randomised Control Trials; PTIR, Patient Time Incidence Revision Rate; CI, Confidence Interval; MINORS, Methodological Index for evaluation of Non-Randomized Studies; ACL, Anterior Cruciate Ligament; LCL, Lateral Collateral Ligament; NJR, National Joint Registry; UKA, Unicompartmental Knee Arthroplasty; UCA, Unicompartmental Arthroplasty; UCR, Unicompartmental Replacement; PKA, Partial Knee Arthroplasty; PKR, Partial Knee Replacement; PCA, Partial Condylar Arthroplasty.

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## 1. Introduction

When end-stage osteoarthritis is isolated to one compartment of the tibio-femoral joint, the patient is appropriate for UKR. Isolated lateral compartment osteoarthritis occurs in approximately 10% of arthritic knees [1,2]. Whilst lateral UKR and Total Knee Replacement (TKR) are both reliable treatment options for end-stage osteoarthritis patients, UKR, which replaces only the damaged compartment and is ligament and bone conserving, may be the better choice in certain patient groups. A retrospective cohort study, comparing patients with lateral unicompartmental knee osteoarthritis receiving UKR or TKR, showed that UKR produced superior short-term functional outcomes compared with TKR, particularly in younger and in female patients [3].

UKR can either be mobile or fixed bearing. The theoretical advantages of the mobile bearing UKR over the fixed bearing UKR are that due to full congruency [4] of the mobile bearing, there are lower contact stresses [5] and therefore lower polyethylene (PE) wear [6]. With decreased wear, there is less likely to be failure due to wear, the bearing can be thinner so bone can be preserved and there is preservation of knee kinematics in the long term [5]. Due to bearing mobility, there are minimal shear stresses at the bone-implant interface minimising the risk of loosening. The main disadvantage of mobile bearing UKR is bearing dislocation. On the medial side, dislocation is rare, being about one in two hundred, and if it occurs it can usually be treated by inserting a new bearing [7]. In contrast, on the lateral side dislocation of the mobile bearing is much more common, because the lateral ligaments are lax in flexion allowing the joint to distract substantially. This has tempered its use in the lateral compartment [8].

Initially, the design of the tibial component in mobile bearing lateral implants was similar to the design of the medial implant and had a flat tibial surface. More recently, the design of the tibial component was changed to have a spherically convex domed surface [9]. The objective of this modification was partly to more accurately restore the normal convex lateral tibial surface to improve kinematics, particularly in high flexion, and partly to increase the distance the femoral and tibial components had to be distracted for the bearing to dislocate. To maintain full congruity with the spherical surfaces of the tibial and femoral components, both articular surfaces of the bearing were spherically concave. This increased the “entrapment” of the bearing between the femoral and tibial components and thus should decrease the dislocation rate [9].

At our centre, the change in the design of the tibial component from a flat articular surface to a domed articular surface appears to have decreased the incidence of dislocation. The extent by which this innovation has decreased dislocation more widely is unknown. Thus, the primary aim of this study was to establish the rate of mobile bearing dislocation of the flat tibial component compared with the domed tibial component. The study also aimed to compare the revision rate of the two designs. In addition, the study aimed to characterise the problem of mobile bearing dislocation in the lateral compartment of the knee by understanding the causes of dislocations, the mode of dislocation (either medially, laterally, anteriorly and posteriorly) and the possible risk factors.

## 2. Materials and methods

### 2.1. Search strategy

Three electronic databases, MEDLINE, EMBASE and ISI Web of Science, were searched to identify studies reporting on the outcomes of mobile bearing Oxford lateral UKR (Zimmer Biomet, Warsaw, IN). The search strategy was implemented in MEDLINE and EMBASE on the 15th March 2019 and repeated on the 25th May 2020. For ISI Web of Science, the search was conducted on the 22nd June 2020. Additionally, a manual internet search was conducted on the 15th March 2019 and the 22nd June 2020. For all searches, we also obtained the reference list of retrieved articles and systematic reviews captured by the search. The search strategy started with a relevant MeSH term, followed by all synonyms for the concept of partial knee replacement and mobile bearing. Then, specific search terms regarding (1) bearing dislocation, (2) failure, (3) bearing and (4) mobile were searched (see [Appendix D: Search Strategy](#)). Search strings were built in MEDLINE and subsequently modified for EMBASE and ISI Web of Science. The search strategy was developed in conjunction with an experienced librarian, and the research team members who have experience in systematic reviews in this area of research. No date limit or language restrictions were imposed on the search results. The reference list of relevant systematic reviews captured by the search were reviewed for eligible studies for inclusion. The reference list of the final list of included studies were also reviewed for eligible studies.

### 2.2. Selection criteria for studies

All studies containing patients treated with either the flat or the domed implants and their outcomes were included in the systematic review. These included: Randomised Control Trials (RCTs), cohort studies, case control studies, case series.

All reviews were excluded. Any studies assessing radiographic imaging or conducted in animals, models (mechanical and computational), and in vitro were excluded from the review. Editorials/expert opinions were not included and case reports were also excluded because the assessment of dislocation rate was a primary aim. Studies on registry data were excluded due to insufficient data specific to lateral mobile bearing UKRs. Wherever possible, the speculative causes for dislocations, and other relevant findings such as associations identified radiographically or through mechanical models were summarised and reported narratively under the discussion section.

### 2.3. Data collection

The findings were exported with full references to Endnote (version  $\geq$  X8, Clarivate Analytics) and duplicate entries were removed. Following this, titles and abstracts were independently screened and discrepancies were resolved by review authors, IY and TWH. All authors were then sent the final list of included studies for agreement. Data extraction of the included studies was conducted by IY and TWH independently with disputes resolved by SJM or DWM.

For each study, where possible, the following information was extracted: First author, publication date, country of study, study type, level of evidence, total number of knees operated, total number of patients, number of male patients, number of female patients, mean age (years), age range of patients, study start date, study end date, number of surgeons, surgeon type (either designer or independent), surgical technique used, mean follow up duration (months), follow up range (months), number of bearing dislocations reported, mode of dislocation (anterior, posterior, medial, lateral), cause(s) of the dislocations, how the dislocation was resolved, time of dislocation (months), implant survival with dislocation as the endpoint.

#### 2.3.1. No. of patients followed up

The number of patients followed up was calculated by taking the total number of patients and subtracting the number of patients lost to follow up and those who had refused to participate. It was decided to include the patients who had died in the analysis as most clinical records would have information regarding patient knee revision status.

Where data was missing or incomplete, we attempted to contact study authors to obtain this where possible. All statistical analyses were conducted using Stata, version 13 (StataCorp, College Station, TX) with  $p < 0.05$  considered statistically significant.

### 2.4. Strategy for data synthesis

#### 2.4.1. Statistical analysis

As revision rates follow a binomial distribution, a meta-analysis of proportions was performed (*metaprop* command in Stata). Using the *metaprop* command ensured that studies with 0% or 100% proportions were included in the meta-analysis. The summary dislocation incidence or annual revisions were pooled using a random-effects model to minimize the effect of between-study heterogeneity. The  $I^2$  statistic assessed the percentage of total variation due to inter-study heterogeneity.

The primary comparison between flat and domed tibial components was dislocation, which was assessed either as a rate (number of dislocations/number of cases, expressed as %) or as an annual rate (%pa) calculated by the Patient Time Incidence

Rate (PTIR) method [12]. The PTIR analysis is based on the assumption that the event rate is constant over time. Previous studies have suggested that this is not the case for dislocation, as dislocations tend to occur in the first year. If this study has the same finding then dislocation would be best assessed by rate rather than annual rate (PTIR). PTIR determines the number of events per 100 component years. It is calculated by dividing the number of events by the total number of cases multiplied by the average follow up and is expressed as a percentage.

The PTIR method was used to assess revisions as these tend to be relatively constant over time. The annual revision rate was calculated for two different endpoints: all cause revision and revisions excluding those occurring as a result of dislocation; with data grouped by flat or domed tibial component design. PTIR was also used for the subgroup analyses such as designer versus non-designer surgeon and patient gender (male versus female). Survival rates were estimated by multiplying the annual failure rate by the number of years for the survival estimate and then subtracting this from 100.

#### 2.4.2. Confidence interval

For both rates and annual rates, the 95% Confidence Intervals (CIs) were calculated using the Clopper-Pearson or exact binomial method for a binomial proportion. This is computed by inverting the equal-tailed test based on the binomial distribution. This calculation also incorporates the Freeman-Tukey double arcsine transformation of proportions, which enables the within-study variability to be modelled using the binomial method, and functions to stabilise the variance. This was necessary since revisions due to bearing dislocation were expected to be low.

#### 2.5. Risk of bias assessment

A modified method of assessing bias, previously reported by Campi et al. [10] and de Vos-Kerkhof et al. [11], was used to assess the level of bias in each of the included studies. The modified method uses the Methodological Index for evaluation of Non-Randomized Studies (MINORS) and an additional scoring system based on the presence of primary outcome reporting (A = clearly reported, B = non-reported/unclear) and the number of cases in the studies (A > 100, B = 51–99, C ≤ 50) [10,12]. Studies with a MINORS score over 80% were considered at low risk of bias and those below 70% at high risk (except those with 3 or more “As” in outcome reporting and study size [10]).

Due to the low number of studies which met the inclusion criteria it was decided not to eliminate any studies due to high risk of bias, but rather to report the risk of bias, and to exercise caution in data interpretation and when reporting conclusions. Where possible, meta-analyses were reported whereby specific studies at high risk of bias and most likely to affect results, were removed to see effects on the overall results. Further, the risk of bias across studies was not assessed, due to the low volume of studies available for review, and the limited benefit that this would provide the review.

### 3. Results

Searches identified 7405 articles, with an additional 10 manually identified studies. After duplicates were removed, 5050 articles remained. After screening, 21 full texts articles were retrieved and assessed. From the assessment, 12 texts were excluded (see Table B1 in Appendix B), leaving nine studies which met the inclusion criteria (see Figure 1 below). The nine included studies consisted of three flat tibial component design series, and six domed tibial component design series. Of the three flat series studies, all were retrospective cohort studies. Of the six domed series studies, five studies were retrospective cohort studies and one prospective cohort study. Reasons for excluding studies are listed in Table B1. All studies were included in the quantitative analysis for the primary outcome of mobile bearing dislocation (see Figure 2).

Using the modified method of assessing bias, previously reported by Campi et al. [10] and de Vos-Kerkhof et al. [11], the level of bias in each of the studies included in quantitative data synthesis revealed five series at high risk of bias and four series with low risk of bias (see Table C1 in Appendix C).

From the data, more women (70%) suffer from lateral compartment disease than men 30% (see Table 2).

From the included studies, 21 dislocations reported the patient age (35% of total number of dislocations) (see Table A2). The average age of patient with a dislocation was 61 years old (range 39–84). Similarly, using the 22 dislocations with gender reported (37% of total number of dislocations) (see Table A2), more women (59%) dislocate than men (41%).

From the clinical reports included in this meta-analysis, in the four papers where the mode of dislocation was reported, all had indicated that at least one of the dislocations was medial into the intercondylar notch with the bearing lodged on top of the wall of the tibial component. Of the flat series, it was only the Pandit et al. [14] publication, which stated the mode of dislocation and this was reported as medially. Of the nine studies comprising the domed series, three studies [15,18,20] reported the mode of dislocation as medial dislocations, aside from two anterior dislocations reported by Kennedy et al. [20].

The overall incidence of bearing dislocation in both flat and domed tibial designs was 4.5% (Figure 3). Changing the design of the tibial component from flat to domed decreased the dislocation rate from 17% (95%CI: 0.68–43.93) in the flat to 3.7% (95%CI: 2.36–5.30) in the domed series. The large confidence interval seen in the flat series is largely attributed to the Kehr et al. [13] study. Removing the Kehr study from the analysis reduces the dislocation rate for the flat tibial tray design to 7.3% (95%CI: 3.08–12.91), but it is still higher than that for the domed component (Figure 4).

The PTIR for all cause revision for the flat tibial tray was 4.5%pa, equivalent to a five-year revision rate of 22%. For the domed tibial tray, it was 1.8%pa, equivalent to a five-year revision rate of 9.0% (see Figure 5).

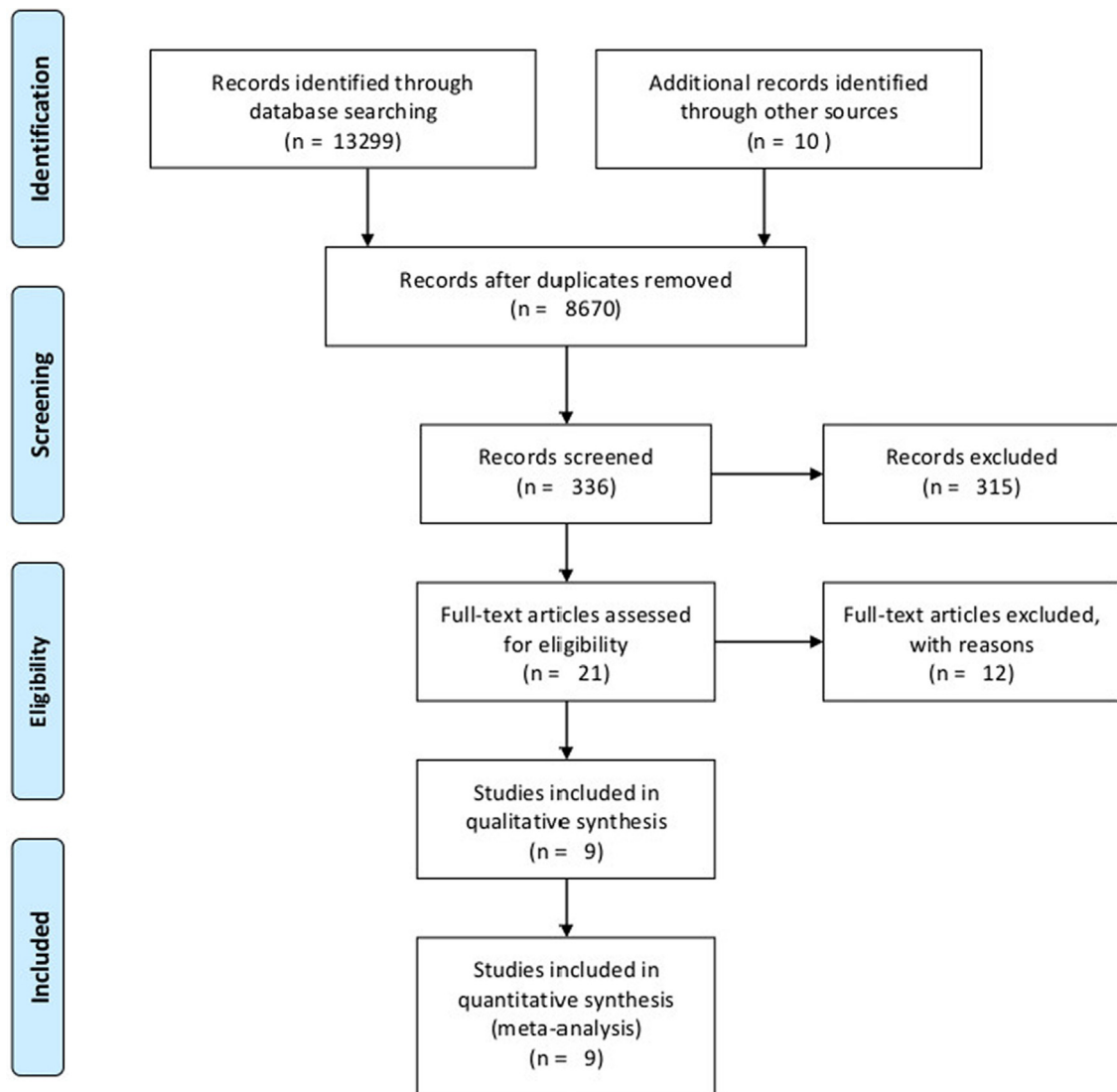


Figure 1. PRISMA flow diagram for study inclusion.

**Table 1**  
Demographic information of studies included in quantitative analysis.

Author	Year	Country	Study type	Total no. of knees	Total no. of patients	% Male patients (no.)	% Female patients (no.)	Mean age	Age range
<i>Flat tibial component</i>									
Kehr [13]	1995	France	Retrospective cohort	5	3	None stated	None stated	None stated	None stated
Gunther [1]	1996	UK	Retrospective cohort	53	51	8 (4)	92 (47)	68	40–88
Pandit [14]	2010	UK	Retrospective cohort	65	64	44 (28)	56 (36)	53	39–83
<i>Domed tibial component</i>									
Schelfaut [15]	2013	Belgium	Prospective cohort	25	25	36 (9)	64 (16)	60	31–86
Marson [16]	2014	UK	Retrospective cohort	15	None stated	None stated	None stated	58	41–77
Newman [17]	2017	UK	Retrospective cohort	64	58	29 (17)	71 (41)	71	44–92
Fornell [18]	2018	Spain	Retrospective cohort	41	41	29 (10)	71 (31)	63	38–81
Walker [19]	2018	Germany	Retrospective cohort	344	327	24 (90)	76 (237)	65	36–88
		Heidelberg*		120	114	28 (32)	62 (82)	None stated	None stated
		Bad Rappenau*		32	31	35 (11)	65 (20)	None stated	None stated
		Stuttgart*		192	182	26 (47)	74 (135)	None stated	None stated
Kennedy [20]	2020	UK	Retrospective cohort	325	308	34 (104)	66 (204)	65	39–90
<b>TOTAL</b>				<b>937</b>	<b>877</b>	<b>30 (262)</b>	<b>70 (612)</b>	<b>63 (64**)</b>	<b>N/A</b>

\*Sub study breakdown by location within Germany.

\*\*Mean weighted age. Excluded the Kehr et al. [13] study due to insufficient information.

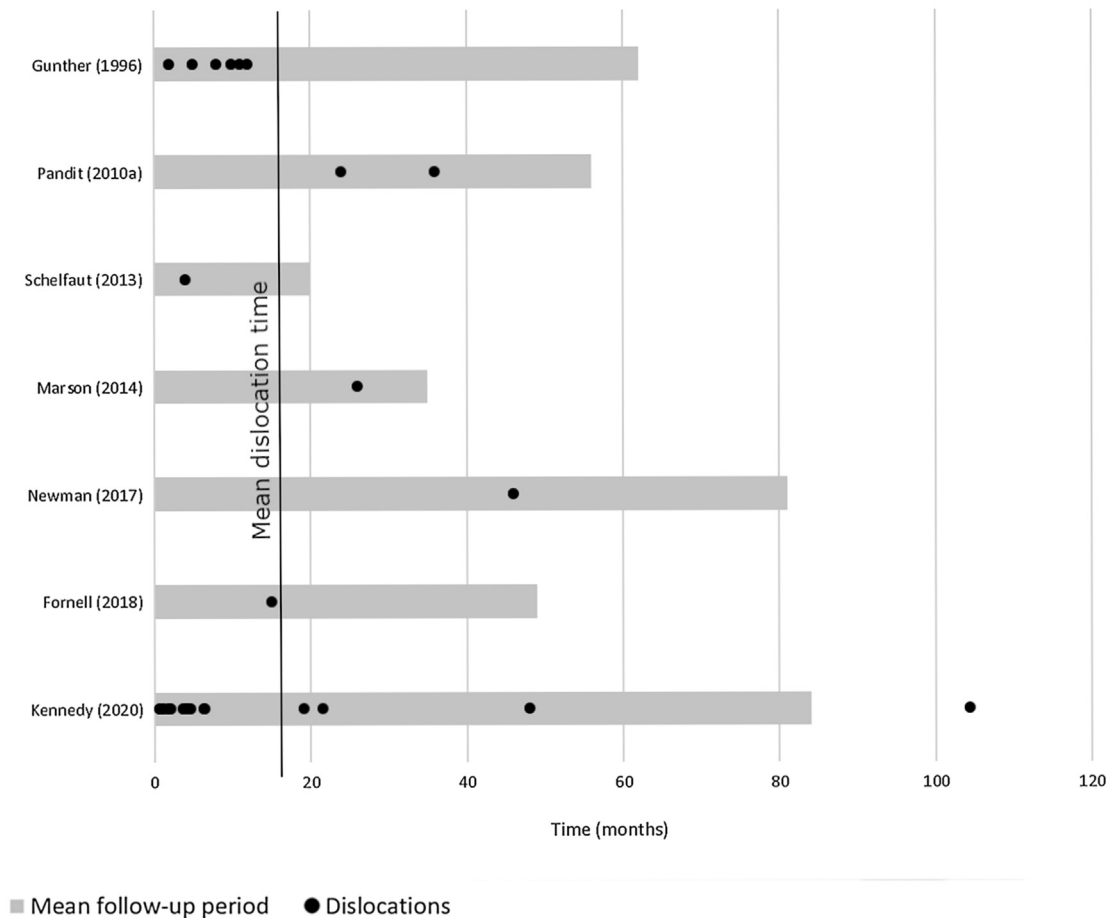
**Table 2**

Dislocation with patient specific information available: summary findings.

Dislocations with dislocator age info. Available (%)	21 (35)
Average age of dislocators in years (range)	61 (39–84)
Dislocations with sex info. available (%)	22 (37)
Number male dislocators (%)	9 (41)
Number female dislocators (%)	13 (59)
Mean time of dislocation ( $n = 28$ ) (range) (months)	16 (0.6–104.4)

\*Percentages have been calculated with respect to the total number of dislocations ( $n = 60$ ) across all studies.

\*\*Percentage out of the total who have reported.



**Figure 2.** Time of first dislocation(s) with respect to the mean follow up duration (months). The mean time of first dislocation (16 months) is marked and labelled.

The PTIR for bearing dislocation for the flat tibial tray was 2.8%pa, equivalent to a five-year dislocation rate of 14% (Figure 6). For the domed tibial tray, the PTIR for dislocation was 0.6%pa, equivalent to a five-year dislocation rate of 3%.

The PTIR for revision excluding dislocation for the flat tibial tray was 1.1%pa, equivalent to a five-year revision rate of 5.5%. For the domed tibial tray it was 0.7%pa, equivalent to a five-year revision rate of 3.6% (see Figure 7).

Subgroup analysis by designer versus non-designer surgeons showed no difference ( $p = 0.791$ ).

#### 4. Discussion

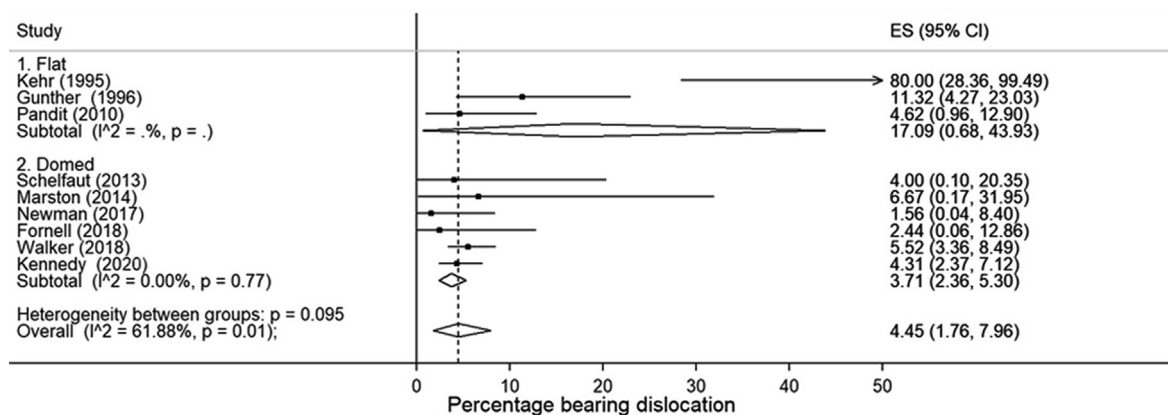
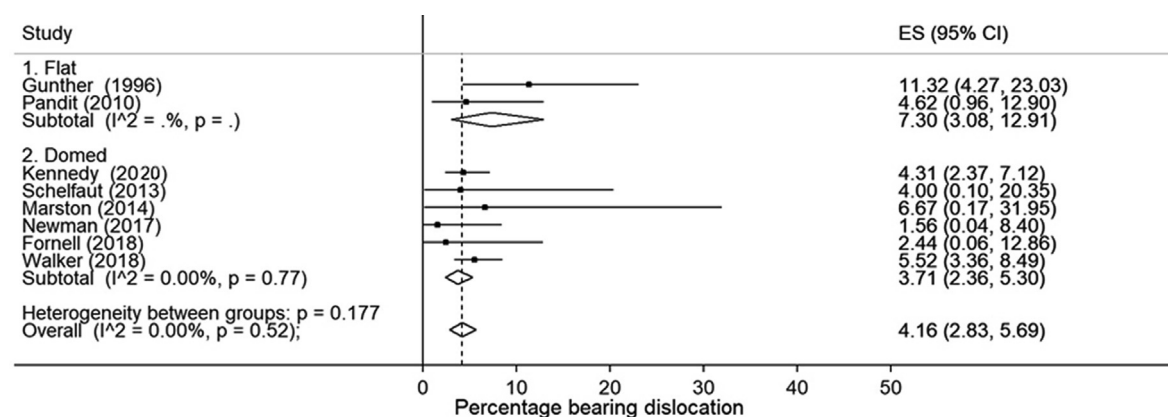
We identified nine studies that met the inclusion criteria for this review: three were studies reporting on the clinical outcomes using the flat tibial component, and the remaining six studies reported on the clinical outcomes using the domed

**Table 3**

Mobile bearing dislocation data for all studies reporting no. of dislocations.

Author (Year)	Total no. of knees	Mean follow up duration (months)	No. bearings dislocated	Dislocation risk (%)	No. of asymptomatic bearing subluxations	Dislocation mode (% of the total)
<i>Flat tibial component</i>						
Kehr (1995) [13]	5	39	4	80	None Stated	None Stated
Gunther (1996) [1]	53	62	6	11	None Stated	None Stated
Pandit (2010) [14]	65	56	3	5	None Stated	67% medial dislocations into the intercondylar notch.*
<i>Domed tibial component</i>						
Schelfaut (2013) [15]	25	20	1	4	None Stated	100% Medial dislocation into the intercondylar notch.
Marson (2014) [16]	15	35	1	7	None Stated	None Stated
Newman (2017) [17]	64	81	1	2	None Stated	None Stated
Fornell (2018) [18]	41	49	1	2	None Stated	100% Medial dislocation
Walker (2018) [19]	344	37	19	6	1	None Stated
Kennedy (2020) [20]	325	84	14	4	None Stated	71% medial dislocations 14% unknown 14% anterior dislocations

\*Remaining dislocation modes not mentioned.

**Figure 3.** Percentage bearing dislocation assessment of flat versus domed tibial component design.**Figure 4.** Percentage bearing dislocation assessment of flat versus domed tibial component design – excluding Kehr et al. study.

tibial component. This study assessed dislocation both in terms of the absolute rate and the annual rate. However, as dislocations tended to occur early with the average time to dislocation being 16 months post operatively, the best way to assess dislocation was with the overall rate rather than with the annual rate. Without accounting for bias, this study identified that



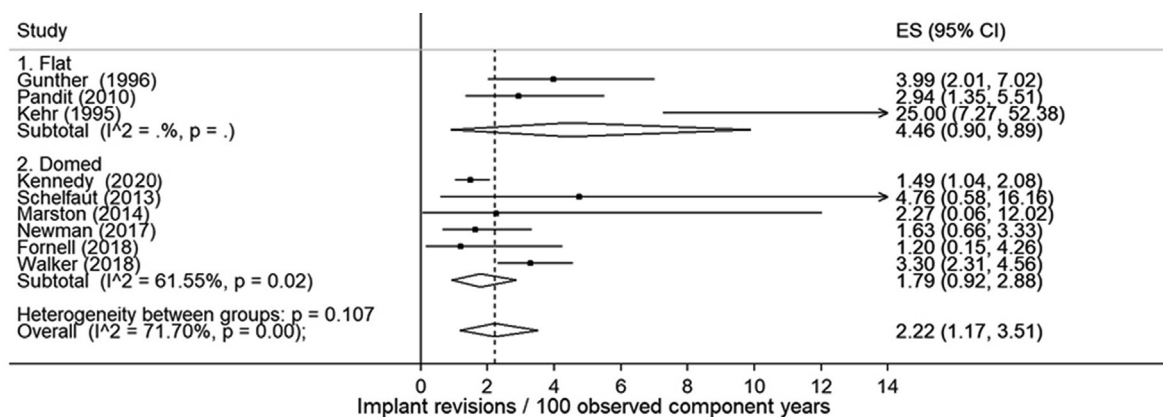


Figure 5. PTIR assessment for all cause revision: Flat versus domed tibial component.

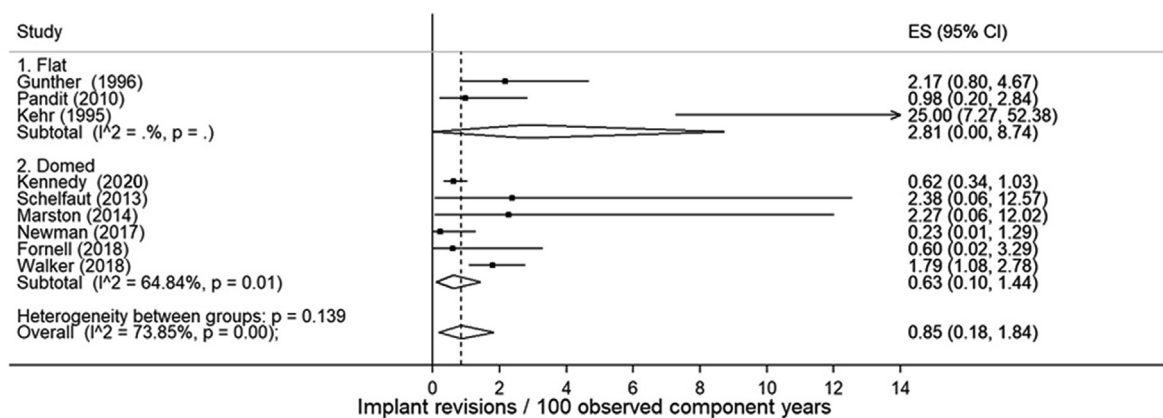


Figure 6. PTIR assessment of bearing dislocation: flat versus domed tibial component design.

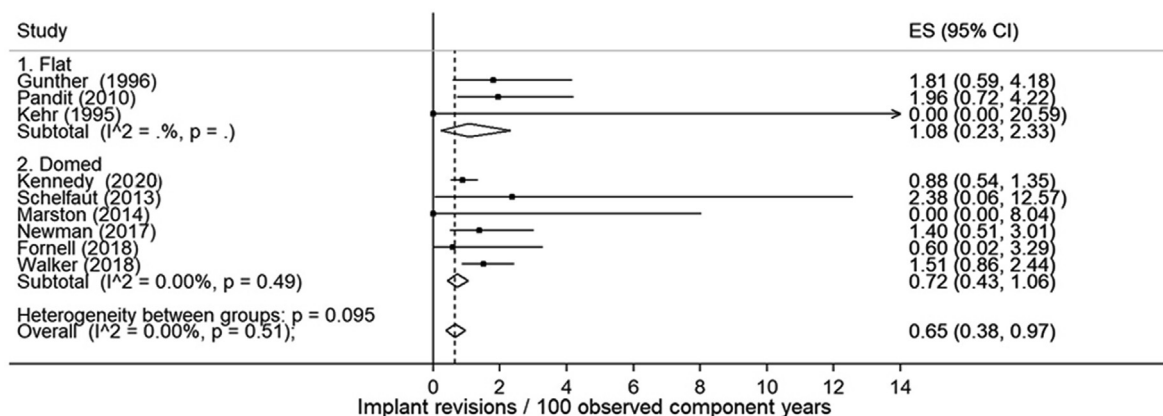


Figure 7. PTIR assessment for all cause revision except bearing dislocation: Flat versus domed tibial component.



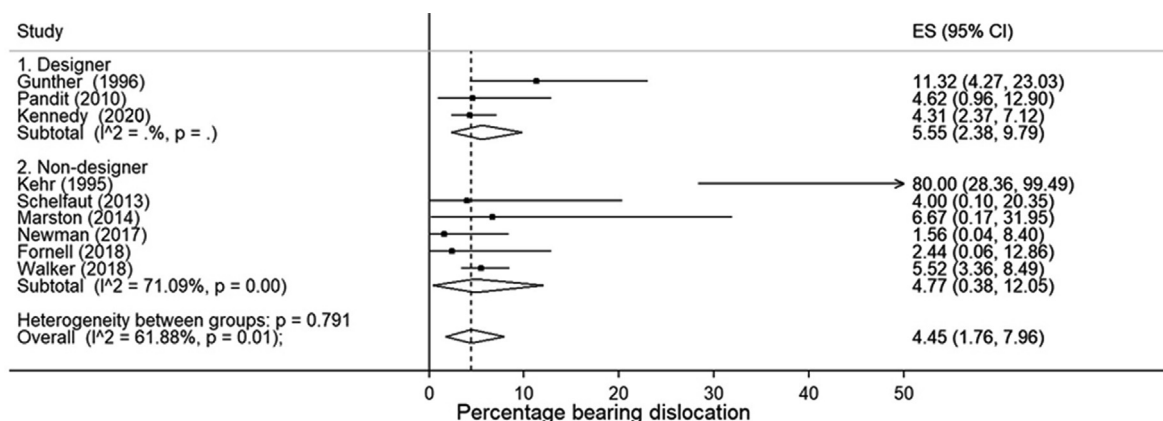


Figure 8. Percentage bearing dislocation: designer versus non-designer.

changing the design of the tibial component from a flat tibial tray to a domed tibial tray has reduced the dislocation rate from 17% to 3.7%. After removing the Kehr et al. [13] study, which was an outlier with four dislocations out of five operated knees and which contributed to the large confidence interval seen in the flat tibial tray series (Figure 4), the dislocation rate for the flat tibial tray series reduced from 17% to 7.3%, which is still higher than the 3.7% for the domed tibial tray series.

This study also assessed revision based on the annual rate. The annual rate was calculated using the PTIR method in accordance with routine practice of the National Joint Registry (NJR) [21]. The change from flat to domed tibia decreased the annual revision rate by about two thirds. It also decreased the annual revision rate, excluding revisions for dislocation, by about one third suggesting that the domed tibia has other advantages beyond dislocation compared to the flat, which probably relate to its more anatomical shape and better kinematics. Although we were unable to compare patient functional outcome in this study, the evidence from the literature suggests that the change from flat to domed did not compromise patient outcome and the domed tibia has achieved consistently good results when assessed with the Oxford Knee Score [14]. Further, there is evidence to suggest the functional results of the domed were better than those of the flat, with an improved range of movement and more normal kinematics [22].

The annual revision rate, excluding dislocation, for the domed tibia was 0.7%pa, which equates to a ten year survival of about 93%. With an additional 3.7% revision rate due to dislocation the ten year survival would be about 90%, which is acceptable. However, if the dislocation rate could be reduced further it would be beneficial. The study found no difference in dislocation rate between designer and non-designer surgeons.

#### 4.1. Dislocation mode

The reason why mobile bearing dislocations are common following lateral rather than medial UKR is that the lateral ligaments become lax in knee flexion [23]. As a result, the lateral compartment can distract in flexion allowing the bearing to dislocate [24]. As the mobile bearing is unconstrained, it can theoretically dislocate in any direction: anteriorly, posteriorly, medially and laterally. Lateral dislocation has not been reported clinically. This is presumably because, when the lateral compartment is distracted and a dislocation might occur, the lateral soft tissues are tight and prevent the bearing from escaping laterally. Our study found that, whilst anterior dislocations can occur rarely, medial dislocation is the most common mode of dislocation and is often described as the bearing dislocating into the intercondylar notch [14,15,18,20]. This is presumably because the entrapment for medial dislocation is less than for anterior dislocation. It may also be partly because the distance the bearing has to move to dislocate is less for a medial dislocation than an anterior or posterior dislocation. In general, it was not possible to ascertain the proportions of different modes of dislocation, since many reports do not provide this information.

#### 4.2. Cause of dislocation

Some studies reported what the patient was doing when they think the bearing dislocated and what they suspected to be the cause of dislocation. Some patients reported a traumatic incident which may have led to the dislocation (e.g. a fall [17], falling off a bus [18], falling down the stairs [25], stepping into a rabbit hole [25], or squatting [26]), and sometimes, this was associated with damage to the Anterior Cruciate Ligament (ACL) and Lateral Collateral Ligament (LCL) [14,20]. Whilst there was insufficient data to ascertain the definitive cause of dislocation, all dislocated knees were reportedly in a position such that the lateral compartment of the knee was unloaded and in flexion (subject to trauma), and therefore, could be distracted. Although women were more likely to have lateral UKR than Men (70% versus 30%) Table 1, the risk of dislocation was not related to gender (Figure 8).

#### 4.3. Treatment of dislocations

Dislocations are usually associated with immediate symptoms, although the nature of these symptoms were not described. However, occasionally patients are asymptomatic [19,27] and, if diagnosed, have occasionally been treated conservatively [27]. Usually, symptomatic dislocations have been successfully treated by bearing exchange whereby the dislocated bearing is removed and a new bearing, of the same thickness or thicker, is inserted. In addition, the bearing and knee are examined for evidence of impingement of bone or cement on the bearing and if this is found it is addressed [1,14,19,20,28]. There are occasional reports of closed reduction of the bearing under general anaesthesia and anecdotal reports of reduction under local anaesthesia [16–18]. There is insufficient evidence to determine the precise rate of recurrent dislocation, but the evidence that exists suggests that it is about one in three [1,17,19,20,27]. For primary dislocation, particularly if there are other problems, or for recurrent dislocation conversion to TKR is often undertaken [29]. There are other options: Screws have been inserted into the tibial eminence, with their heads positioned above the tibial wall to augment the tibial wall height, with the goal being to further prevent medial dislocations [14]. Some have reported success with this procedure [14,15], however, some concern around possible complications have also been expressed [14]. Following introduction of the fixed lateral Oxford (FLO) UKR, which can be used interchangeably with the mobile, revision of the mobile tibia to the FLO is probably now the best and most commonly used treatment [19,30].

#### 4.4. Addressing the problem of mobile bearing dislocation

The problem of bearing dislocation could potentially be addressed by improving the surgical technique, the implant design, and patient selection. In the flat tibial component series, the dislocation rates were reduced by improving the surgical technique [14]. It is not clear what further modifications to the technique would help. The change in design from flat to dome with increased entrapment also decreased the dislocation rate, and perhaps further modifications that increase entrapment may reduce the dislocation rate further. The introduction of the FLO allows surgeons to decide intra-operatively whether to use a mobile or fixed bearing. With trial domed components in place and the knee in a figure of four position the surgeon can assess how easily the trial bearing can be subluxed into the intercondylar notch. If this is difficult, a domed tibia and mobile bearing can be implanted otherwise it would be sensible to implant a FLO tibia (see Table 3).

#### 4.5. Study limitations

We used a comprehensive broad search strategy, and searched the reference lists of potentially relevant studies and reviews, and conducted manual searches in order to identify all relevant studies. However, there are a number of limitations with this study. Firstly, isolated lateral unicompartmental disease is relatively rare, accounting for 10% of all arthritic knees [2]. Therefore, few lateral UKR are implanted and few publications are available for inclusion in a systematic review. As a result there were only 937 patients in our review, so it was inadequately powered for formal statistical comparisons between groups and we had to deviate from the proposed PROSPERO analysis (see Systematic review registration). Due to the low number of studies available, our confidence in the dislocation rate estimate reported is limited due to the low volume of evidence available and the true dislocation rate may be different from our estimate. Further, it was decided not to eliminate studies based on level of bias nor to calculate the overall bias across studies due to the limited benefit this would bring. Instead, in addition to reporting the dislocation results for all studies, we also present the dislocation results after selectively eliminating the Kehr et al. [13] study, which was an outlier with a dislocation rate far higher than any of the other included studies (four dislocation out of five operated knees). Even after eliminating the Kehr study, the dislocation rate for the flat tibial series was still double that of the domed series. There was limited data for outcomes of interest: country of study, surgeon case-load, male versus female dislocation. Therefore, it was decided to summarise this information reported, but not to use it for subgroup analysis. Wherever possible, we also exercised caution in data interpretation and when reporting conclusions. Furthermore, publications are likely to be from high volume centres, which may limit the generalisability of the results. However, there was no evidence that the designer surgeons, who published many of the papers, had different results to the non-designer surgeons. Due to the limited data we were unable to do a formal survival and to assess functional outcomes.

### 5. Conclusions

Our study has shown that changing the design of the mobile bearing lateral UKR tibial component from flat to domed has reduced the bearing dislocation rate from 17% to 3.7%. With the option to change from mobile to fixed bearing intra-operatively if there is marked bearing instability, the dislocation incidence should drop further. The study also showed that the change to the domed tibia reduced the revision rate excluding dislocation by about one third. With the domed tibia the annual revision rate, excluding dislocation, was 0.7%pa, which equates to a ten year survival of about 93%.

## 6. Systematic review registration

PROSPERO number CRD42019139250.

## 7. Acknowledgements

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## 8. Declaration of Competing Interest

The author or one of more of the authors have received or will receive benefits for personal or professional use from a commercial party related directly or indirectly to the subject of this article. In addition, benefits have been or will be directed to a research fund, foundation, educational institution, or other non-profit organisation with which one or more of the authors are associated.

## Appendix A

See [Tables A1 and A2](#).

**Table A1**

PICOS outline to define the systematic review question.

Population	Adult patients (>18y/o) with lateral compartment knee osteoarthritis refractory to non-surgical treatment
Intervention	Surgical treatment using either the flat or the domed OUKR implant
Comparators	N/A
Outcomes	<i>Primary outcomes</i> <ul style="list-style-type: none"> <li>– Dislocation rate (see <b>Strategy for data synthesis</b> for calculation methods)</li> </ul> <i>Secondary outcomes</i> <ul style="list-style-type: none"> <li>– Dislocation mode: anterior, posterior, medial or lateral</li> <li>– Cause(s) of the dislocations</li> <li>– How the dislocation was resolved</li> <li>– Time of dislocation (early &lt; 12 months post surgery, medium &gt; 12 months &lt; 2 years, late &gt; 2 years)</li> <li>– Implant survival with dislocation as the endpoint</li> </ul> <i>Sub-group stratification categories</i> <ul style="list-style-type: none"> <li>If data permits, subgroup analyses will be conducted to compare the effect estimate between studies that evaluate: <ul style="list-style-type: none"> <li>Country of study</li> <li>Surgeon type: designer versus independent</li> <li>Surgeon case-load</li> <li>Male versus female dislocation</li> </ul> </li> </ul>
Study design	<i>Included:</i> Randomised Control Trials (RCTs), cohort studies, case control studies, case series <i>Excluded:</i> paediatric cohort (<18y/o), reviews, animal studies, mechanical model studies, cadaveric studies, editorials/expert opinions, case reports, registry-based studies

**Table A2**

Dislocation with patient specific information available.

Study	Dislocation number	Mean follow up duration (mo)	Time of dislocation (mo)	Gender	Patient age (yrs)
Gunther [1]	1	62	11	Female	82
	2		10	Female	78
	3		5	Male	45
	4		2	Female	40
	5		12	Female	78
	6		8	Female	72
Pandit [14]	1	56	24	NS	NS
	2		36	NS	NS
Schelfaut [15]	1	20	4	Male	NS
Marson [16]	1	35	26	NS	NS
Newman [17]	1	81	46	Male	47
Fornell [18]	1	49	15	NS	NS
Kennedy [20]	1	84	0.6	Female	39
	2		1.2	Male	76
	3		1.8	Male	78
	4		2.16	Male	74
	5		3.72	Female	84
	6		4.2	Female	69
	7		4.2	Female	67
	8		4.68	Male	56
	9		6.36	Female	51
	10		6.48	Female	59
	11		19.2	Female	68
	12		21.6	Female	42
	13		48	Male	40
	14		104.4	Male	44

## Appendix B. Excluded studies

See [Table B1](#).

**Table B1**

Excluded studies with reasoning after reading full manuscript.

Author	Publication date	Country of study	Exclusion reason
<i>Flat tibial component</i>			
Goodfellow [31]	1986	UK	Cannot separate out data of medial vs lateral dislocations
Goodfellow [32]	1987	UK	Not clear what information is lateral in this paper. Additionally, uses same cohort as Goodfellow (1988) paper
Goodfellow [27]	1988	UK	Bicompartmental series
Hangody [33]	1992	Hungary	Information is not split out for the lateral Oxford knee and it is a registry based study which was in the exclusion criteria
Lewold [34]	1995	Sweden	Registry based study
<i>Domed tibial component</i>			
Pandit	2010	UK	The first series is a repeat of Gunther (1996), and the third series is a repeat of Kennedy (2020)
Pandit [35]	2012	UK	Repeat of the Gunther (1996) paper and Pandit (2010) paper
Streit [29]	2012	Germany	Repeat of the Walker (2018) paper
Altuntas [36]	2013	UK	Repeat of the Newman (2017) paper
Weston-Simons [25]	2014	UK	Repeat of Kennedy (2020) paper
Walker [37]	2014	Germany	No dislocation information
Masud [28]	2018	UK	Insufficient data regarding mean follow up period

## Appendix C. MINORS risk assessment

See [Table C1](#).

**Table C1**

Risk of bias assessment for included studies.

Author	Year	Country	Clearly stated aim	Inclusion of consecutive patients	Prospective data collection	Endpoints appropriate to study aim	Unbiased assessment of study endpoint	Follow-up period appropriate to study aim	<5% lost to follow up	Prospective calculation of study size	Adequate control groups	Contemporary groups	Baseline equivalence of groups	Adequate statistical analysis	MINORS score	Sample size	1° outcome	Risk of reporting bias
<i>Flat tibial component</i>																		
Kehr [13]	1995	France	1	2	1	0	0	2	2	1	N/A	N/A	N/A	N/A	9	C	A	H
Gunther [1]	1996	UK	0	2	1	0	1	2	2	0	N/A	N/A	N/A	N/A	8	B	B	H
Pandit [14]	2010	UK	1	2	1	1	1	2	2	0	N/A	N/A	N/A	N/A	10	B	B	H
<i>Domed tibial component</i>																		
Schelfaut [15]	2013	Belgium	2	2	2	1	2	2	2	2	N/A	N/A	N/A	N/A	15	C	A	L
Marson [16]	2014	UK	1	2	1	1	2	2	2	0	N/A	N/A	N/A	N/A	11	C	B	H
Newman [17]	2017	UK	2	2	2	2	2	2	2	1	N/A	N/A	N/A	N/A	15	B	B	L
Fornell [18]	2018	Spain	2	2	1	2	2	2	2	0	N/A	N/A	N/A	N/A	13	C	B	L
Walker [19]	2018	Germany	1	2	1	1	2	2	2	0	N/A	N/A	N/A	N/A	11	A	B	H
Kennedy [20]	2020	UK	2	2	2	2	1	3	2	1	N/A	N/A	N/A	N/A	15	A	B	L

## Appendix D. Search strategy

See [Table D1](#).

Arthroplasty, Replacement, Knee/  
(partial knee or unicompartmental or unicondylar).ti,ab.  
OR/1–2  
partial.ti,ab.  
unicompartmental.ti,ab.  
unicondylar.ti,ab  
uni.ti,ab.  
(UKA or UKR or UCA or UCR or PKA or PKR or PCA).ti,ab.  
meniscal.ti,ab  
bearing.ti,ab.  
dislocat\*.ti,ab.  
revis\*.ti,ab.  
re-operation.ti,ab.  
reoperation.ti,ab.  
surviv\*.ti,ab.  
Oxford.ti,ab.  
failure.ti,ab.  
mobile.ti,ab.  
OR/4–18  
3 AND 19  
(robot\* or total or TKA).m\_titl.  
20 AND 21  
(partial or unicompartmental or unicondylar or uni or UKA or UKR or UCA or UCR or PKA or PKR or PCA).m\_titl.  
22 not 23  
20 not 24

**Table D1**

Summary of search outcomes.

Database searched	Date searched	No. of outcomes
Medline (Ovid MEDLINE® Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE® Daily and Ovid MEDLINE®) 1946 to present	15th March 2019	4345
Embase 1974 to present	15th March 2019	3060
Manually added	15th March 2019	10
Medline (Ovid MEDLINE® Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE® Daily and Ovid MEDLINE®) 1946 to present	25th May 2020	4927
Embase 1974 to present	25th May 2020	3421
ISI Web of Science	22nd June 2020	4941

## Appendix E. Analysis of subgroups or subsets: deviations from PROSPERO

Subgroup analyses were conducted to compare the effect estimate between studies to evaluate: Males versus female mobile bearing dislocation, geographic location of studies, and surgeon type (designer versus non-designer). Unfortunately, there was insufficient data to adequately assess the effect of geographical region and therefore, ethnicity and the impact of genetics. There was not a good spread of information regarding the geographical region, and most large studies published originated out of the designer surgeons based in the UK. Similarly, there was insufficient data to adequately assess the effect of surgeon caseload on mobile bearing dislocation.

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