

## FM Transmitter and Receiver theory

### A: FM with General Message

To derive the equation for an FM wave, we have 3 starting points:

1. The idea of frequency modulation is that the instantaneous frequency  $f_i(t)$  is varied linearly with the baseband signal  $m(t)$ . Thus for a general message  $m(t)$  the idea of FM is:

$$f_i(t) = f_c + k_f m(t) \quad (1)$$

where the constant  $k_f$  represents the frequency sensitivity of the modulator, expressed in hertz per volt.

2. Recall that a general signal is written:

$$s(t) = a(t) \cos \theta(t) = a(t) \cos[2\pi f_c t + \phi(t)] \quad (2)$$

where  $\theta(t) = 2\pi f_c t + \phi(t)$  has a linear variation at rate  $f_c$  and a time varying part  $\phi(t)$

3. Recall the instantaneous frequency of a signal is:

$$f_i(t) = \frac{1}{2\pi} \frac{d\theta(t)}{dt} = f_c + \frac{1}{2\pi} \frac{d\phi(t)}{dt} \quad (3)$$

Combining these 3 starting points, we can write:

$$\theta(t) = 2\pi \int_0^t f_i(\alpha) d\alpha = 2\pi \int_0^t [f_c + k_f m(\alpha)] d\alpha = 2\pi f_c t + 2\pi k_f \int_0^t m(\alpha) d\alpha \quad (4)$$

$$s(t) = A_c \cos \left[ 2\pi f_c t + 2\pi k_f \int_0^t m(\alpha) d\alpha \right] \quad (5)$$

The FM signal  $s(t)$  can be written in standard IQ format:

$$s(t) = i(t) \cos 2\pi f_c t - q(t) \sin 2\pi f_c t \quad (6)$$

$$\begin{aligned} s(t) &= \text{Re}\{a(t)e^{j\phi(t)}e^{j2\pi f_c t}\} = \\ &= \text{Re}\{[I(t) + jQ(t)][\cos 2\pi f_c t + j\sin 2\pi f_c t]\} \\ &= I(t) \cos 2\pi f_c t - Q(t) \sin 2\pi f_c t \\ &= a(t) \cos[2\pi f_c t + \phi(t)] \end{aligned}$$

Thus for FM:

$$\begin{aligned}
a(t) &= A_c \\
\phi(t) &= 2\pi k_f \int_0^t m(\alpha) d\alpha \\
I(t) &= A_c \cos 2\pi k_f \int_0^t m(\alpha) d\alpha \\
Q(t) &= A_c \sin 2\pi k_f \int_0^t m(\alpha) d\alpha
\end{aligned} \tag{7}$$

## B: FM with Sinusoidal Message

Now consider a sinusoidal modulating wave defined by

$$m(t) = A_m \cos(2\pi f_m t) \tag{8}$$

We re-derive the equation for the FM wave with the same 3 starting points.

1. The idea of FM is that the instantaneous frequency of the resulting FM wave equals:

$$\begin{aligned}
f_i(t) &= f_c + k_f A_m \cos(2\pi f_m t) \\
&= f_c + \Delta f \cos(2\pi f_m t)
\end{aligned} \tag{9}$$

where  $\Delta f = k_f A_m$ . Thus the message causes the frequency to vary above and below the carrier frequency  $f_c$ . The quantity  $\Delta f$  is called the frequency deviation.

2. A general signal:

$$s(t) = a(t) \cos \theta(t) \tag{10}$$

3. The instantaneous frequency of a signal is:

$$f_i(t) = \frac{1}{2\pi} \frac{d\theta(t)}{dt} \tag{11}$$

Combining these 3 starting points, we can write:

$$\begin{aligned}
\theta(t) &= 2\pi f_c t + \frac{\Delta f}{f_m} \sin(2\pi f_m t) \\
&= 2\pi f_c t + \beta \sin(2\pi f_m t)
\end{aligned} \tag{12}$$

Where  $\beta = \frac{k_f A_m}{f_m} = \frac{\Delta f}{f_m}$  is called the modulation index of the FM wave.

Thus the FM wave itself is given In terms of  $\beta$  by:

$$s(t) = A_c \cos[2\pi f_c t + \beta \sin(2\pi f_m t)] \tag{13}$$

If  $\beta$  is small we have narrowband FM (NBFM) and if  $\beta$  is large (compared to one radian) we have wideband FM.

Thus for a sinusoidal modulating wave  $m(t) = A_m \cos(2\pi f_m t)$  the FM wave can be written:

$$s(t) = I(t) \cos 2\pi f_c t - Q(t) \sin 2\pi f_c t = a(t) \cos[2\pi f_c t + \phi(t)] \quad (14)$$

where:

$$\begin{aligned} a(t) &= A_c \\ \phi(t) &= \beta \sin 2\pi f_m t \\ i(t) &= A_c \cos \beta \sin 2\pi f_m t \\ q(t) &= A_c \sin \beta \sin 2\pi f_m t \end{aligned} \quad (15)$$

### C: Power Spectrum and Bandwidth of an FM Signal

Expanding  $s(t)$  in the form of a Fourier series, we get:

$$s(t) = A_c \sum_{n=-\infty}^{\infty} J_n(\beta) \cos[2\pi(f_c + nf_m)t] \quad (16)$$

where  $J_n(\beta)$  is the Bessel function of the first kind of order  $n$ .

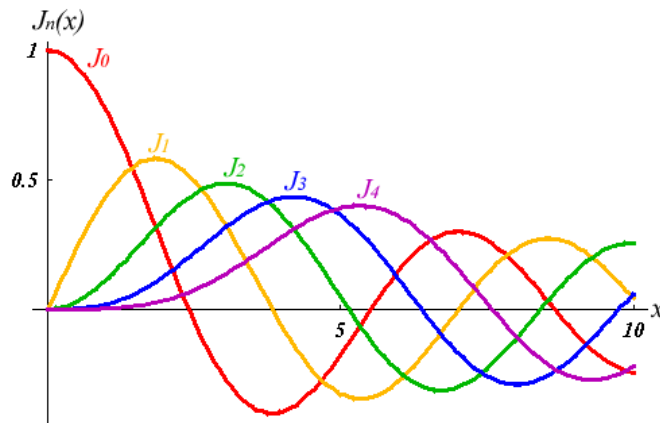
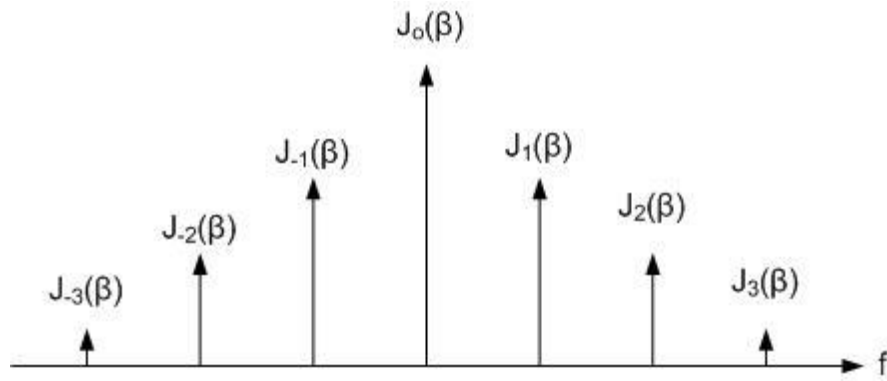


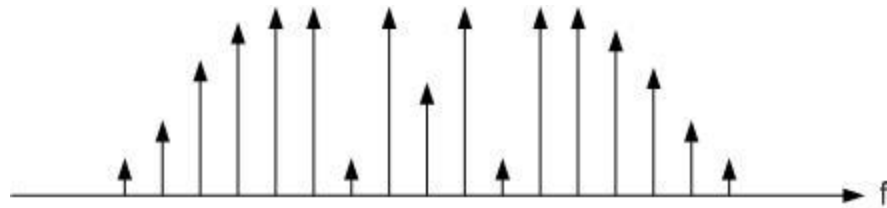
Figure 1 Bessel Functions

The discrete spectrum of the FM wave is obtained as

$$S(f) = \frac{A_c}{2} \sum_{n=-\infty}^{\infty} J_n(\beta) [\delta(f - f_c - nf_m) + \delta(f + f_c + nf_m)] \quad (17)$$



Bessel Function value  $[J_n(\beta)]$  defining the FM spectrum depends upon  $\beta$



Example of FM spectrum with relatively large  $\beta$

To visualize the spectrum  $S(f)$ , we note that:

$$J_n\beta = (-1)^n J_{-n}(\beta) \quad (18)$$

and:

$$\sum_{n=-\infty}^{\infty} J_n^2(\beta) = 1 \quad (19)$$

Also, for small values of  $\beta$ , we have:

$$J_0(\beta) \simeq 1, J_1(\beta) \simeq \frac{\beta}{2} \quad (20)$$

and:

$$J_n(\beta) \simeq 0, \quad n > 1 \quad (21)$$

The average power of an FM wave developed across a 1 ohm resistor is given by:

$$P = 1/2 A_c^2 \cdot \sum_{n=-\infty}^{\infty} J_n^2(\beta) \quad (22)$$

For practical purposes, the bandwidth of the FM wave corresponds to the bandwidth containing 98% of the signal power.

The effective bandwidth of the FM signal is approximately given by Carson's formula:

$$B = 2(1 + \beta)f_m \quad (23)$$

## D: Frequency Demodulation

Frequency demodulation extracts the original message wave from the frequency-modulated wave. We describe a digital FM demodulator.

A digital FM demodulator starts with the I and Q outputs of a general IQ receiver. Recall for an FM signal:

$$s(t) = A_c \cos \left[ 2\pi f_c t + 2\pi k_f \int_0^t m(\alpha) d\alpha \right] \quad (24)$$

$$I(t) = A_c \cos 2\pi k_f \int_0^t m(\alpha) d\alpha$$

$$Q(t) = A_c \sin 2\pi k_f \int_0^t m(\alpha) d\alpha \quad (25)$$

To extract  $m(t)$  from  $I(t), Q(t)$  we now consider  $I(t)$  and  $Q(t)$  as a complex signal.

$$s(t) = \text{Re}\{a(t)e^{j\phi(t)}e^{j2\pi f_c t}\} = \text{Re}\{[I(t) + jQ(t)]e^{j2\pi f_c t}\} = \text{Re}\{\tilde{s}(t)e^{j2\pi f_c t}\} \quad (26)$$

where

$$\tilde{s}(t) = I(t) + jQ(t) = a(t)e^{j\phi(t)}$$

It can be shown that  $m(t)$  is obtained from the following formula:

$$m(t) = \arg[\tilde{s}(t-1)\tilde{s}^*(t)] \quad (27)$$

Where:

$$(t-1) \rightarrow z^{-1} \quad (28)$$

represents one sample delay

**Mathematical Proof:**

$$\begin{aligned}\arg[\tilde{s}(t-1)\tilde{s}^*(t)] &= \arg[a(t-1)e^{j\phi(t-1)}a(t)e^{-j\phi(t)}] \\ &= \phi(t-1) - \phi(t) \approx \frac{d\phi}{dt} = 2\pi k_f m(t)\end{aligned}$$

### Intuitive idea

The math shows that an FM demodulator does a differentiation  $\arg[s(t-1)s^*(t)] \approx \frac{d\phi}{dt}$

We can see this intuitively as follows. We know that from the idea of FM

$$f_i(t) = f_c + k_f m(t) = f_c + \frac{1}{2\pi} \frac{d\phi(t)}{dt} \text{ so that } m(t) = \frac{1}{2\pi k_f} \frac{d\phi(t)}{dt}$$