

# Consistency Models

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# The success of diffusion models

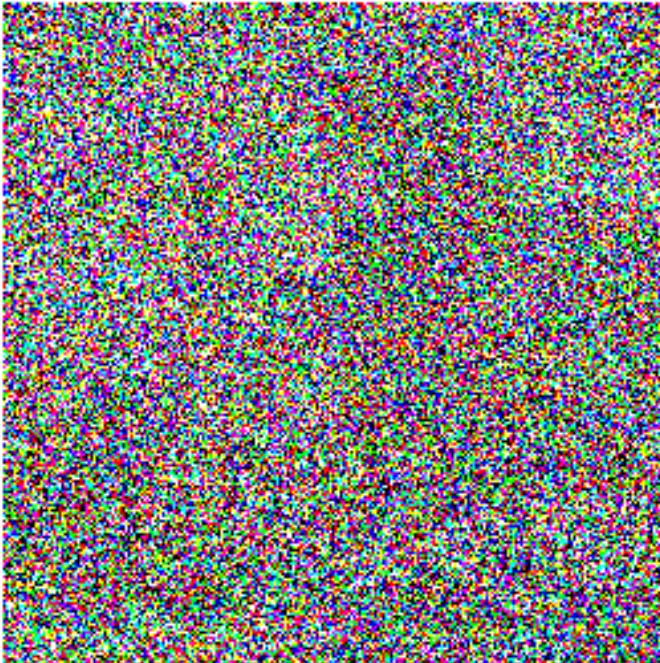


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# Diffusion sampling is slow



- At least 10 steps for generating reasonable images.
- For best quality, often needs thousands of sampling steps.



How to tackle this fundamental challenge in sampling speed?



Consistency models

## BACKGROUND: CONTINUOUS-TIME DIFFUSION MODELS

Song, et al. Score-Based Generative Modeling through Stochastic Differential Equations. ICLR 2021

# Estimating the probability distribution of data

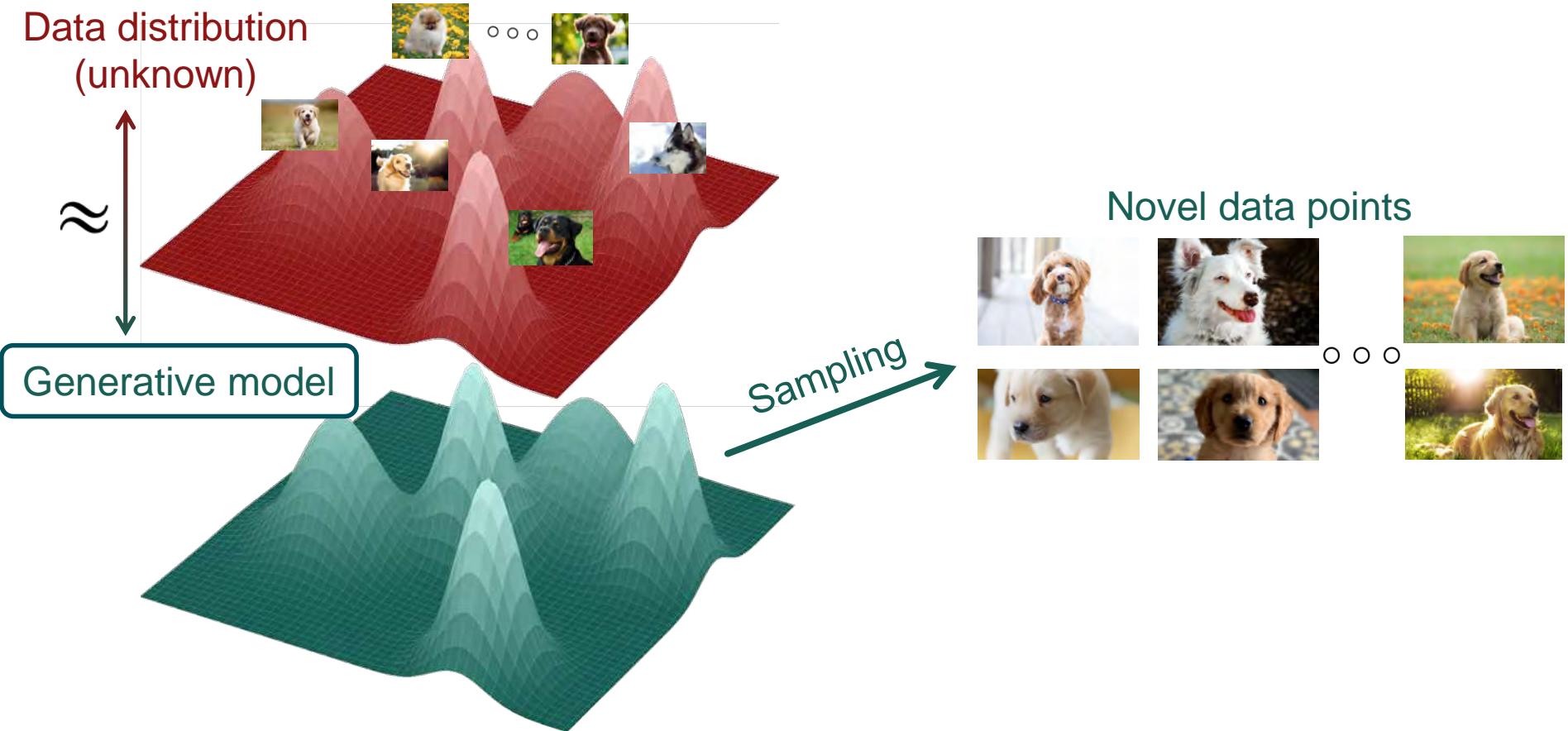


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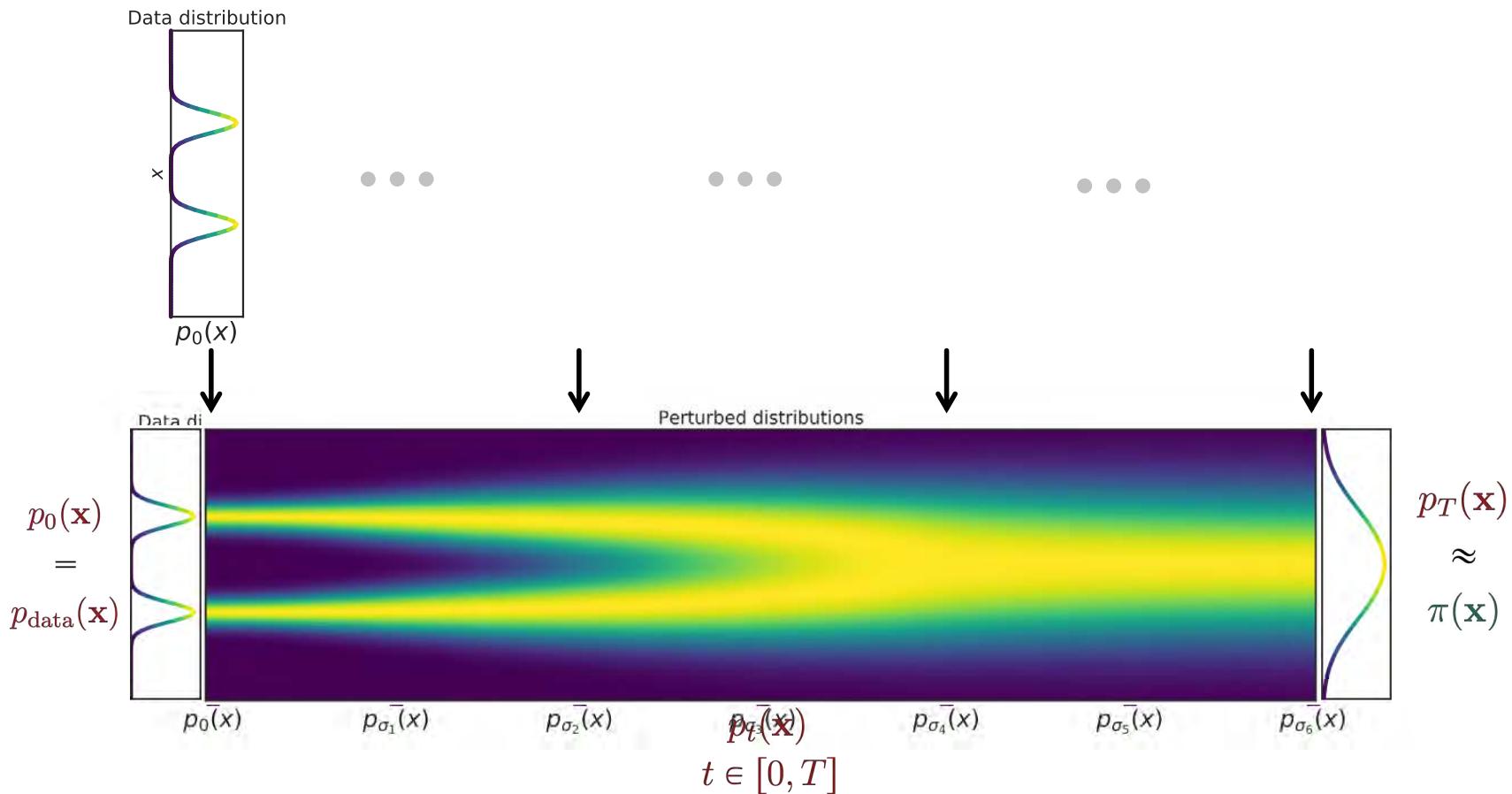


Data samples

# Estimating the probability distribution of data



# Deforming data distribution to Gaussian



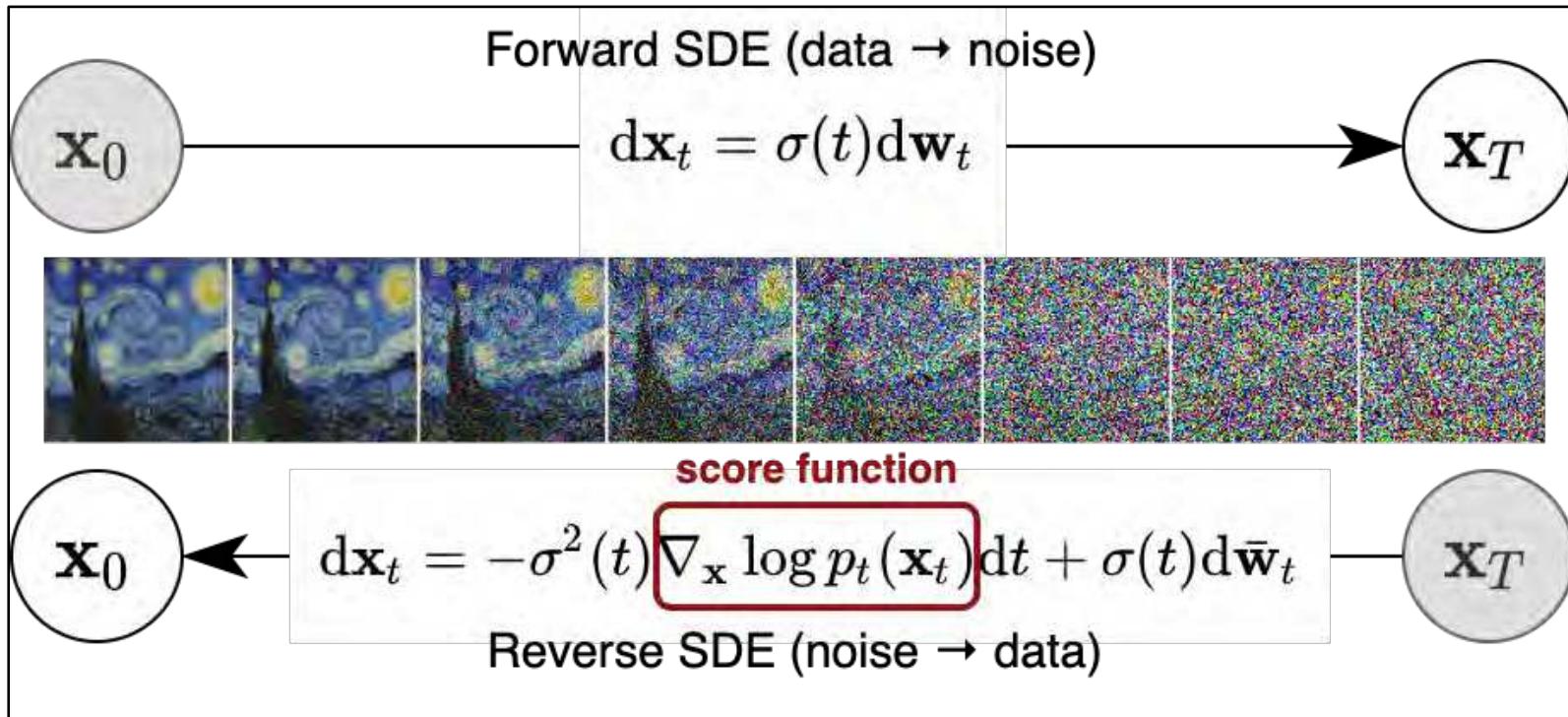
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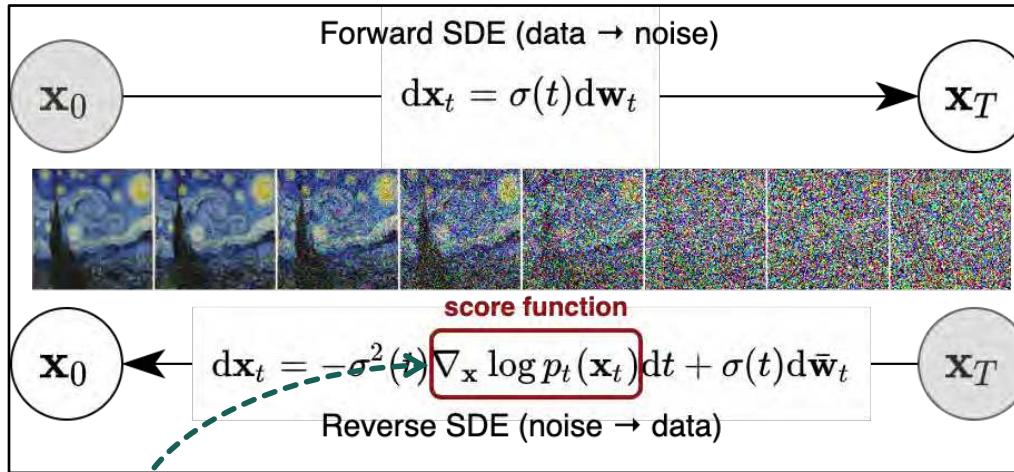
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# Score-based generative modeling via SDEs



# Score-based generative modeling via SDEs



Time conditional

score model

$$s_\theta(\mathbf{x}, t)$$

$$\nabla_{\mathbf{x}} \log p_t(\mathbf{x}) \approx s_\theta(\mathbf{x}, t)$$

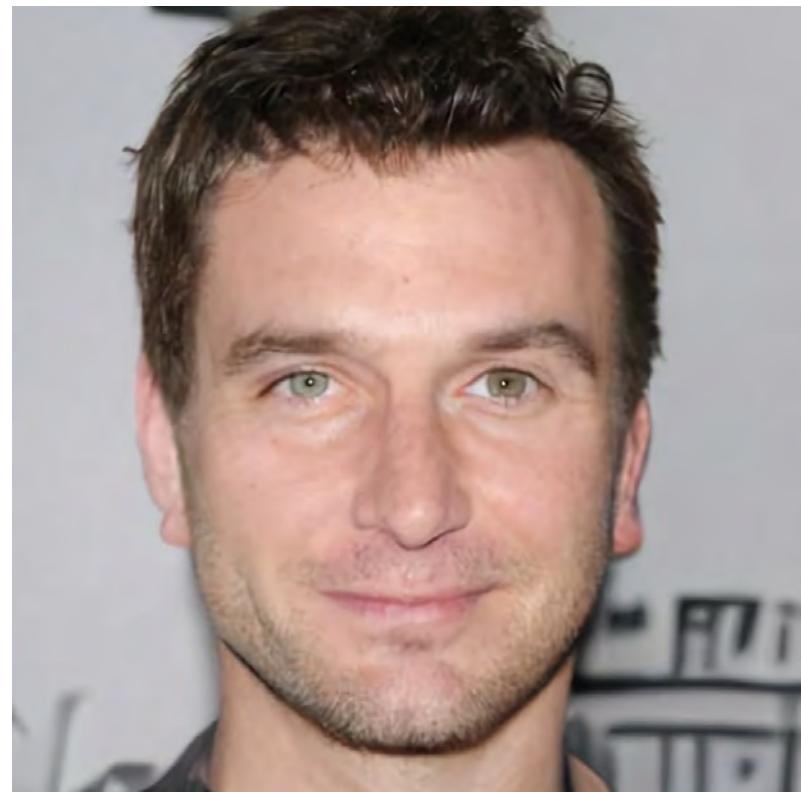
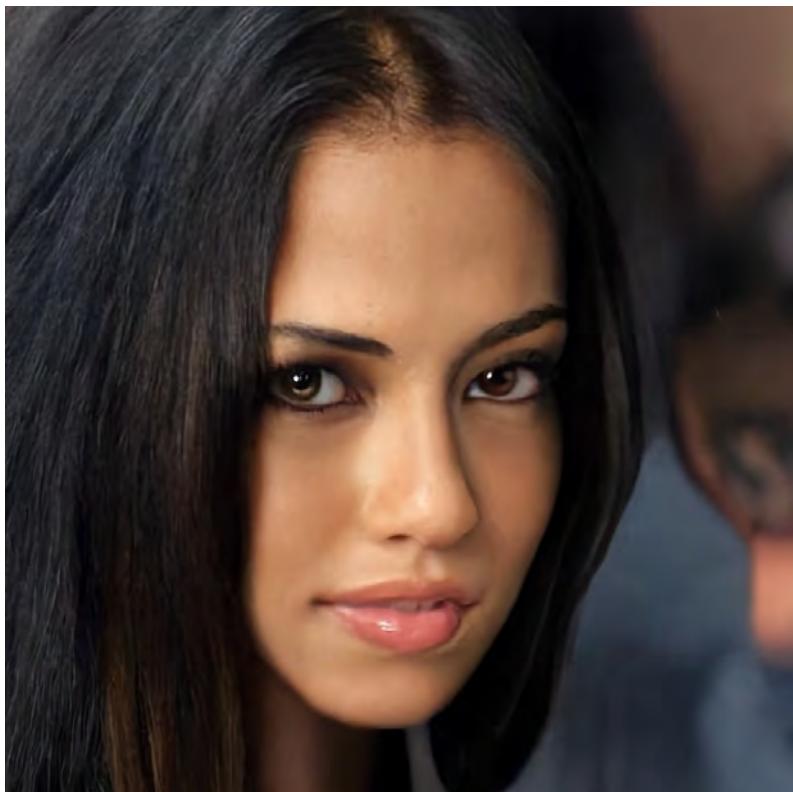
Training objective:

$$\mathbb{E}_{t \sim \text{Uniform}[0, T]} [\lambda(t) \mathbb{E}_{p_t(\mathbf{x})} [\|\nabla_{\mathbf{x}} \log p_t(\mathbf{x}) - s_\theta(\mathbf{x}, t)\|_2^2]]$$

Positive weighting  
function

Score matching loss

# High-fidelity generation of 1024x1024 images



# Converting the SDE to an ODE



SDE

$$d\mathbf{x}_t = \sigma(t) d\mathbf{w}_t$$

Ordinary differential equation  
(probability flow ODE)



$$\frac{d\mathbf{x}_t}{dt} = -\frac{1}{2}\sigma(t)^2 \nabla_{\mathbf{x}} \log p_t(\mathbf{x}_t)$$

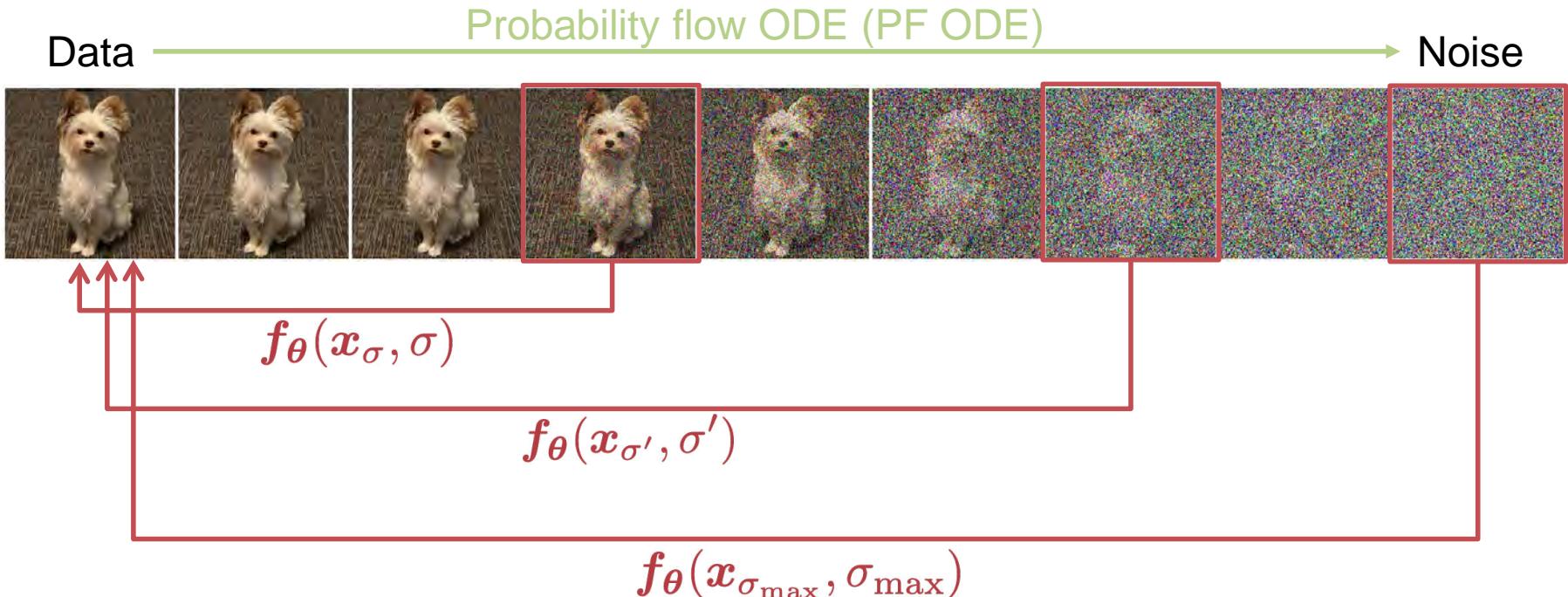


Score function  
 $\approx s_{\theta}(\mathbf{x}, t)$

# BASICS OF CONSISTENCY MODELS

Song, Dhariwal, Chen, Sutskever. Consistency Models. ICML 2023

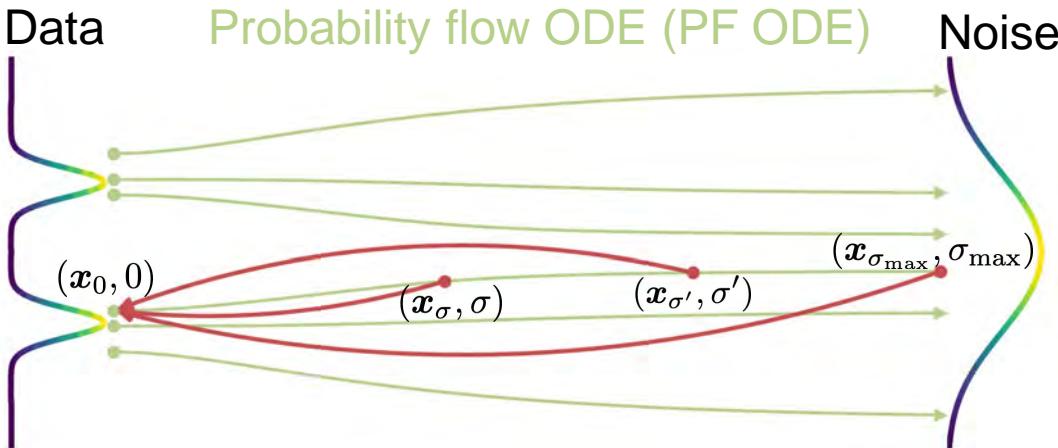
# Consistency models are designed for one-step generation



?

How does this differ  
from a denoiser?

# Consistency models learn this one-to-one mapping



Consistency models are trained to map points on any trajectory of the PF ODE to the trajectory's origin **in one step**.

$$f_\theta(x_\sigma, \sigma) = x_0$$

**Boundary condition**

$$f_\theta(x_0, 0) = x_0$$

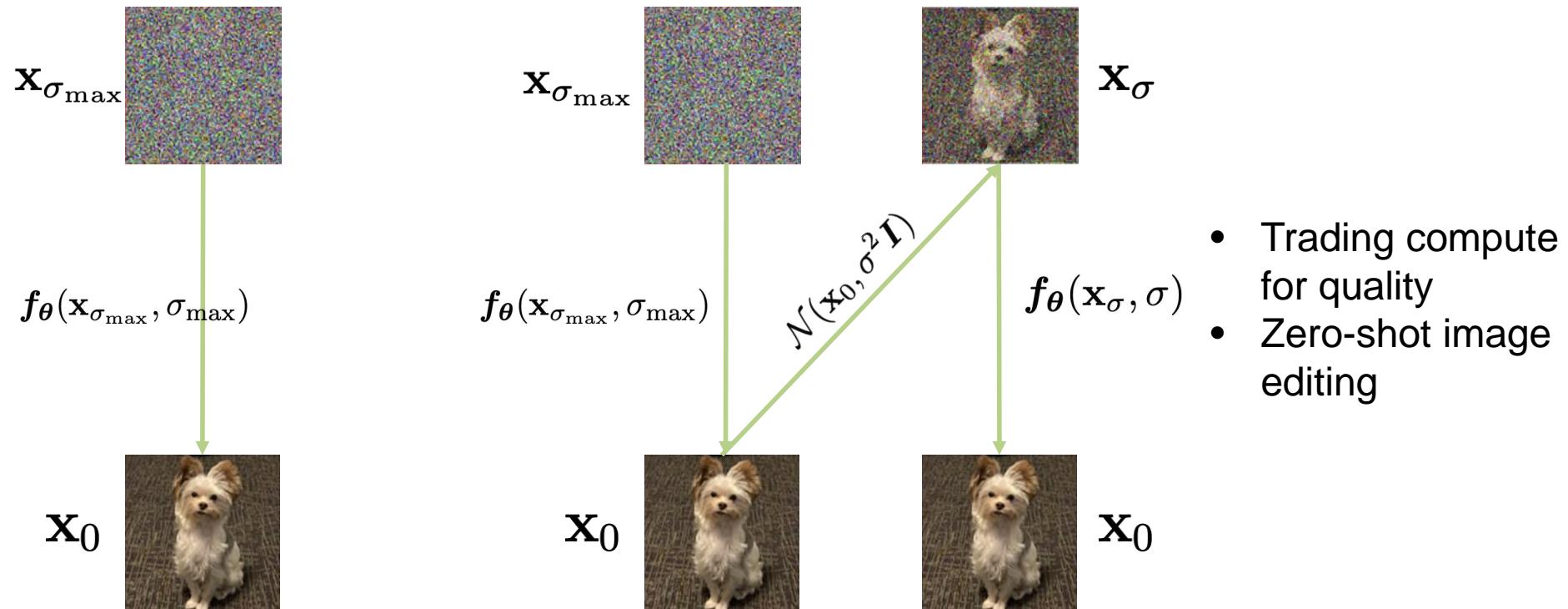
Enforced via network parameterization

Enforced via learning

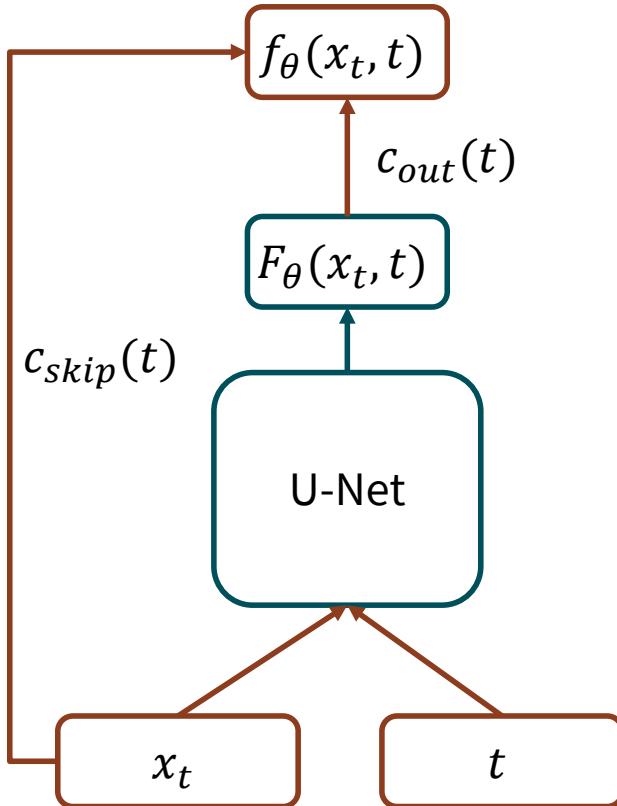
**Self-consistency**

$$\forall \sigma, \sigma' \in [0, \sigma_{\max}] : f_\theta(x_\sigma, \sigma) = f_\theta(x_{\sigma'}, \sigma')$$

# Sampling from consistency models



# Enforcing the boundary condition



- Skip connections for enforcing the boundary condition:

$$\mathbf{f}_\theta(\mathbf{x}, t) = c_{skip}(t)\mathbf{x} + c_{out}(t)F_\theta(\mathbf{x}, t)$$

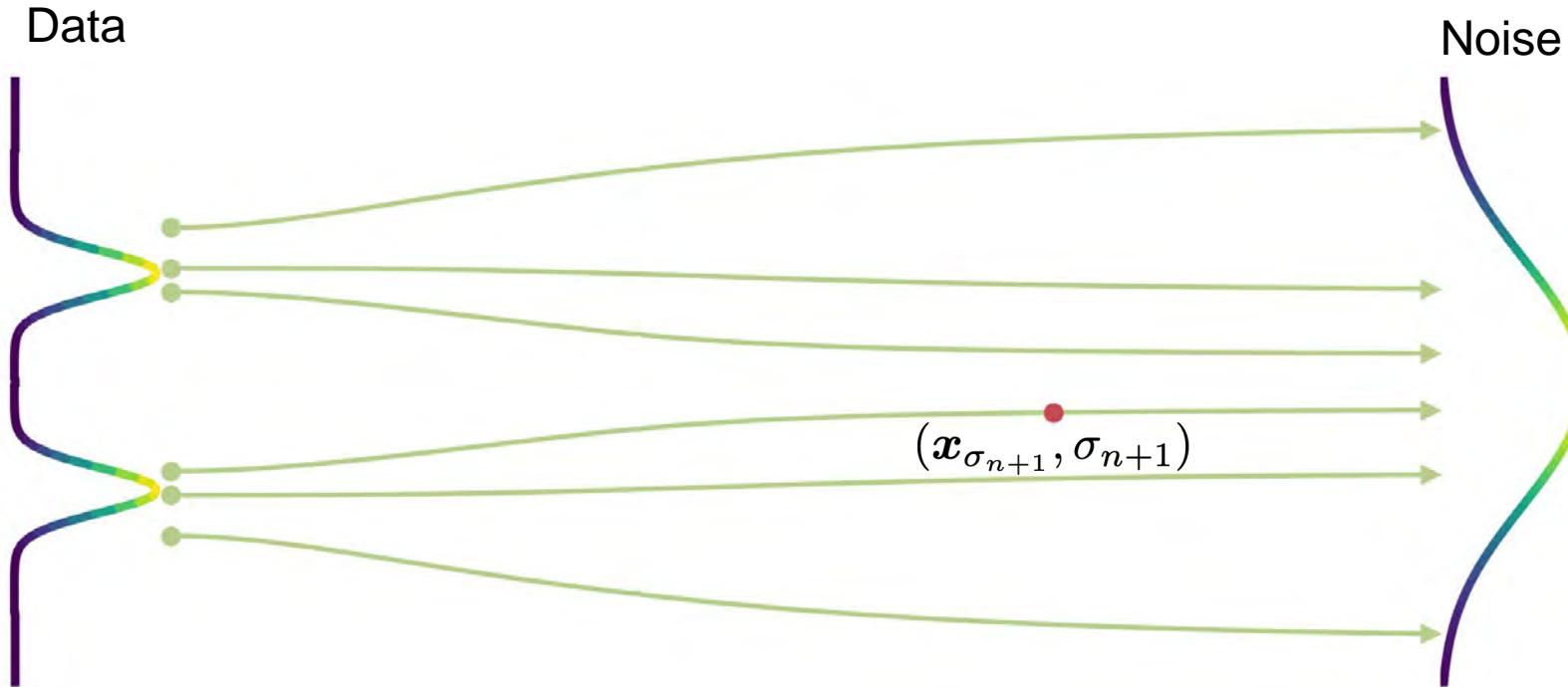
$$c_{skip}(0) = 1$$

$$c_{out}(0) = 0$$

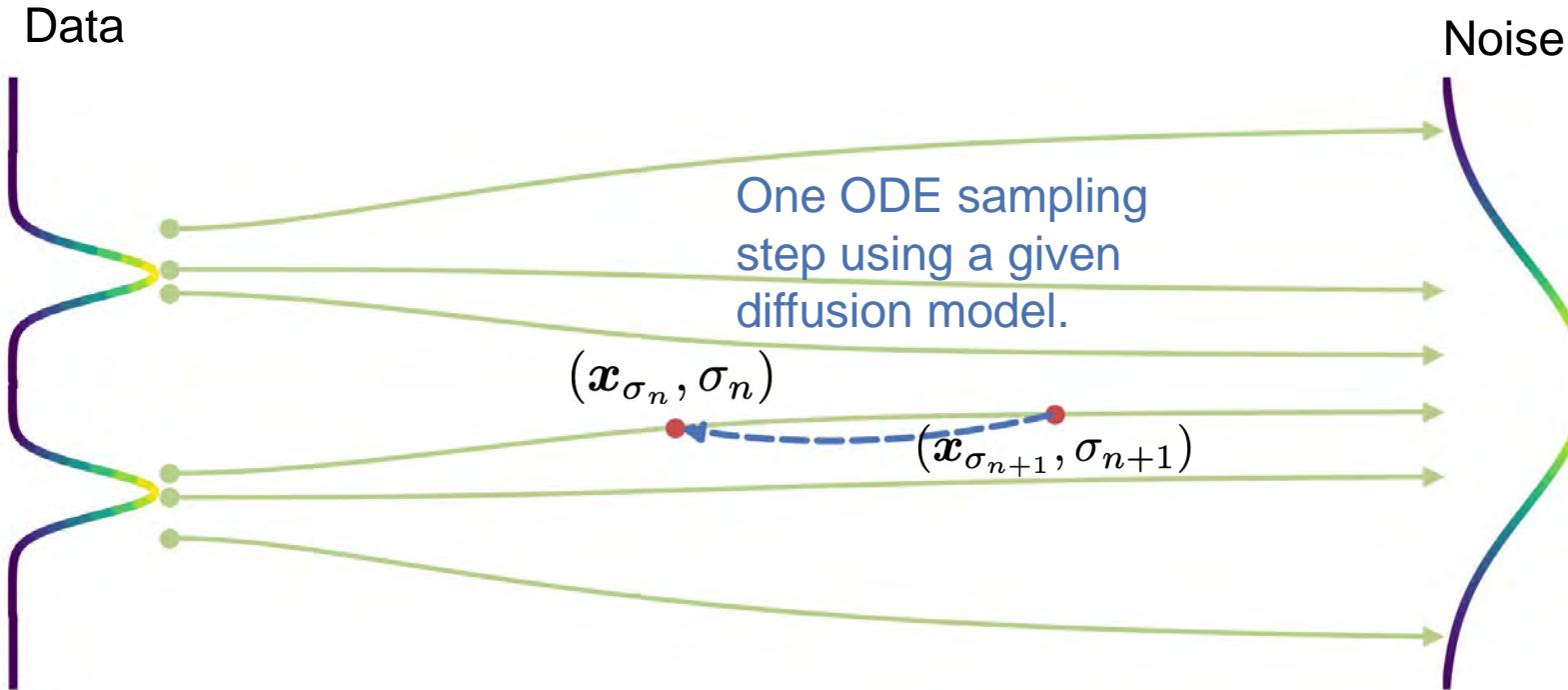
- The denoising/score network in diffusion models often has a similar parameterization (cf., EDM, v-prediction, etc.)

Karras, Tero, et al. "Elucidating the design space of diffusion-based generative models." *arXiv preprint arXiv:2206.00364* (2022).

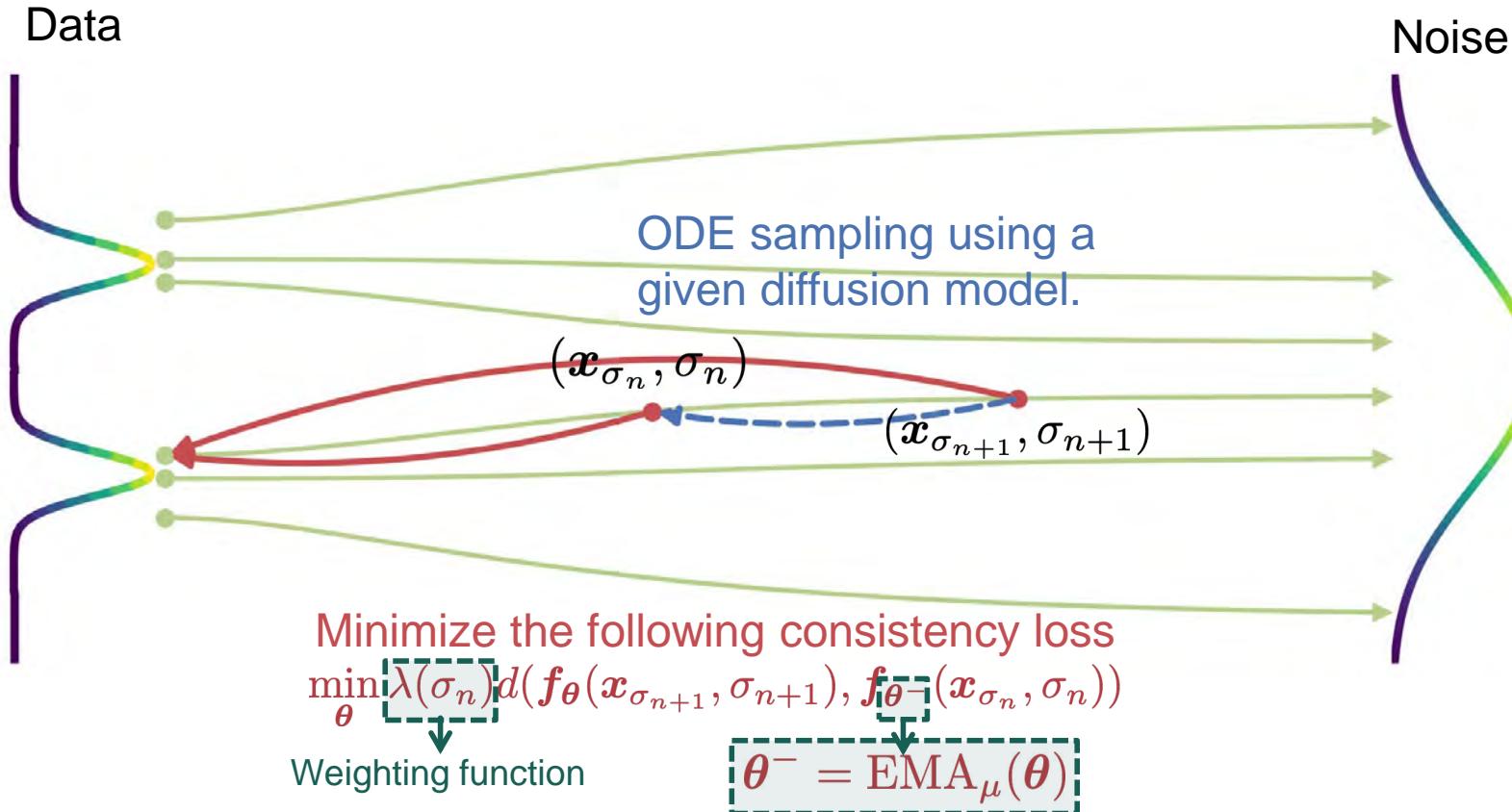
# Training consistency models via distillation



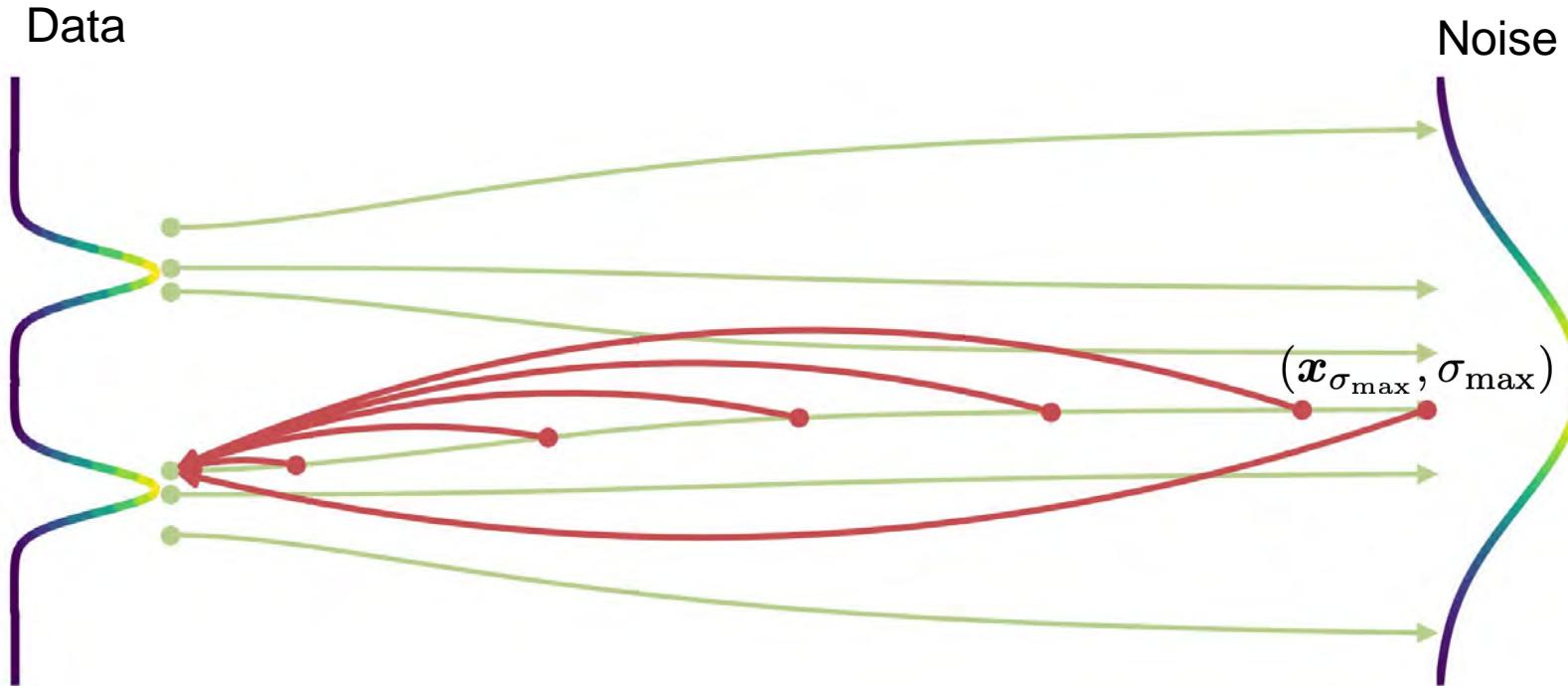
# Training consistency models via distillation



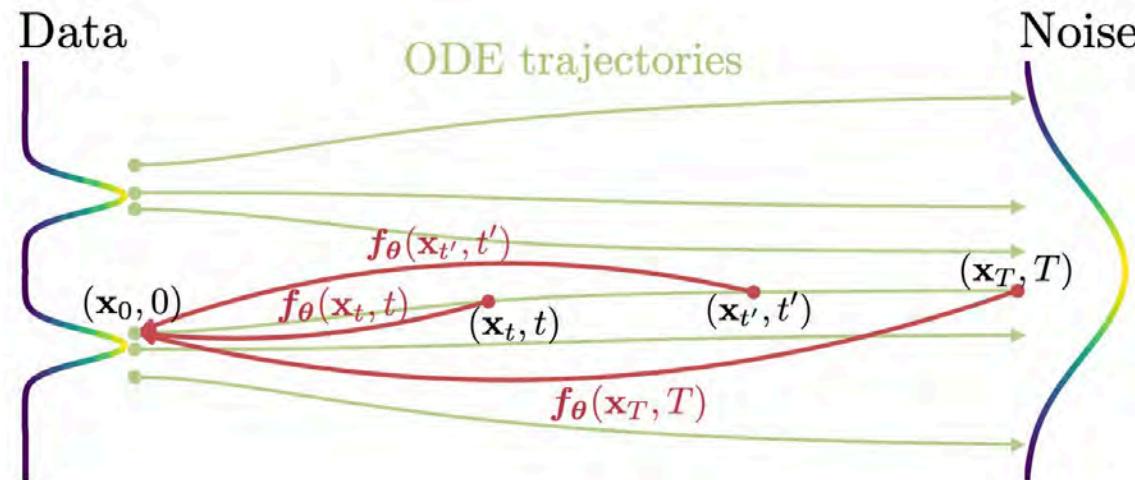
# Training consistency models via distillation



# Training consistency models via distillation



# Enforcing self-consistency via distillation



$$\begin{array}{ccccccccc}\mathbf{x}_0 & \xleftarrow{\text{ODE solver}} & \mathbf{x}_t & \xleftarrow{\text{ODE solver}} & \mathbf{x}_{t'} & \xleftarrow{\text{ODE solver}} & \mathbf{x}_T \\ & + \text{pretrained} & & + \text{pretrained} & & + \text{pretrained} & & \\ & \text{score function} & & \text{score function} & & \text{score function} & & \end{array}$$

$$\min_{\theta} \|\mathbf{f}_\theta(\mathbf{x}_t, t) - \mathbf{f}_\theta(\mathbf{x}_0, 0)\|_2^2$$

$$\min_{\theta} \|\mathbf{f}_\theta(\mathbf{x}_T, T) - \mathbf{f}_\theta(\mathbf{x}_{t'}, t')\|_2^2$$

# Training consistency models via distillation

- Given a pre-trained score model  $s_\phi(\mathbf{x}, t)$
- With a random time step  $t_{n+1}$  and perturbed data point  $\mathbf{x}_{t_{n+1}}$ 
  - Run one ODE step to move from time step  $t_{n+1}$  to time step  $t_n$

$$\begin{aligned}\hat{\mathbf{x}}_{t_n}^\phi &:= \mathbf{x}_{t_{n+1}} + (t_n - t_{n+1})\Phi(\mathbf{x}_{t_{n+1}}, t_{n+1}; \phi) \\ &\approx \mathbf{x}_{t_n}\end{aligned}$$

- Minimize the consistency loss

$$\min_{\theta} \lambda(t_n) \|\mathbf{f}_\theta(\mathbf{x}_{t_{n+1}}, t_{n+1}) - \mathbf{f}_\theta^-(\hat{\mathbf{x}}_{t_n}^\phi, t_n)\|_2^2$$

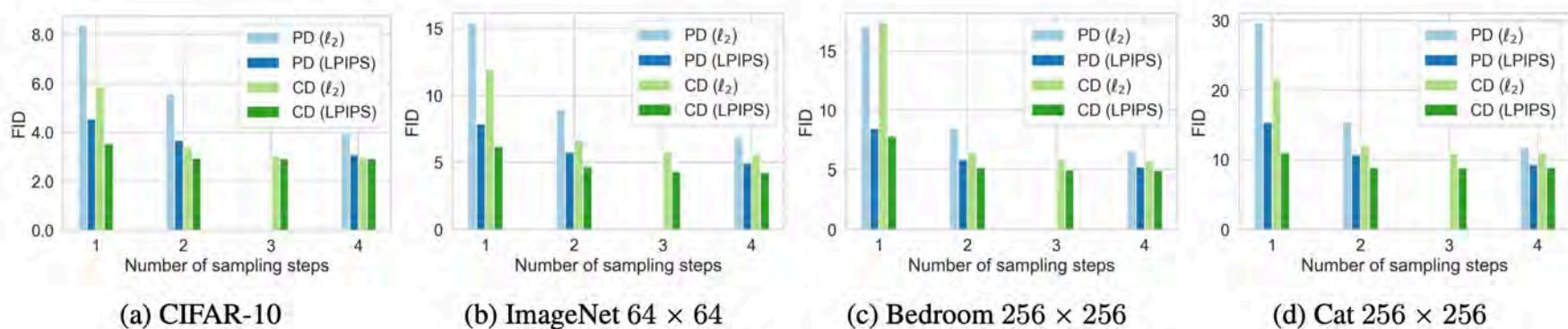
- The L2 loss can be replaced with any other loss function, like LPIPS.
  - The weighting function**
  - Student network**
  - Target network**
  - Weights are obtained via exponential moving average

# State-of-the-art few-step generation with consistency distillation (CD)

Results on the good old CIFAR-10 dataset

METHOD	NFE ( $\downarrow$ )	FID ( $\downarrow$ )	IS ( $\uparrow$ )
<b>Diffusion + Samplers</b>			
DDIM (Song et al., 2020)	50	4.67	
DDIM (Song et al., 2020)	20	6.84	
DDIM (Song et al., 2020)	10	8.23	
DPM-solver-2 (Lu et al., 2022)	10	5.94	
DPM-solver-fast (Lu et al., 2022)	10	4.70	
3-DEIS (Zhang & Chen, 2022)	10	<b>4.17</b>	
<b>Diffusion + Distillation</b>			
Knowledge Distillation* (Luhman & Luhman, 2021)	1	9.36	
DFNO* (Zheng et al., 2022)	1	4.12	
1-Rectified Flow (+distill)* (Liu et al., 2022)	1	6.18	9.08
2-Rectified Flow (+distill)* (Liu et al., 2022)	1	4.85	9.01
3-Rectified Flow (+distill)* (Liu et al., 2022)	1	5.21	8.79
PD (Salimans & Ho, 2022)	1	8.34	8.69
➡ CD	1	<b>3.55</b>	<b>9.48</b>
➡ CD	2	5.58	9.05
➡ CD	2	<b>2.93</b>	<b>9.75</b>

# State-of-the-art few-step generation with consistency distillation (CD)



Consistency distillation (CD) vs. progressive distillation (PD)

Salimans, Tim, and Jonathan Ho. "Progressive distillation for fast sampling of diffusion models." *arXiv preprint arXiv:2202.00512* (2022).

# Consistency models distilled from diffusion models



EDM  
FID = 2.44  
NFE = 79



One step  
FID = 6.20  
NFE = 1



Two steps  
FID = 4.70  
NFE = 2

# Consistency models distilled from diffusion models



EDM  
FID = 3.57  
NFE = 79

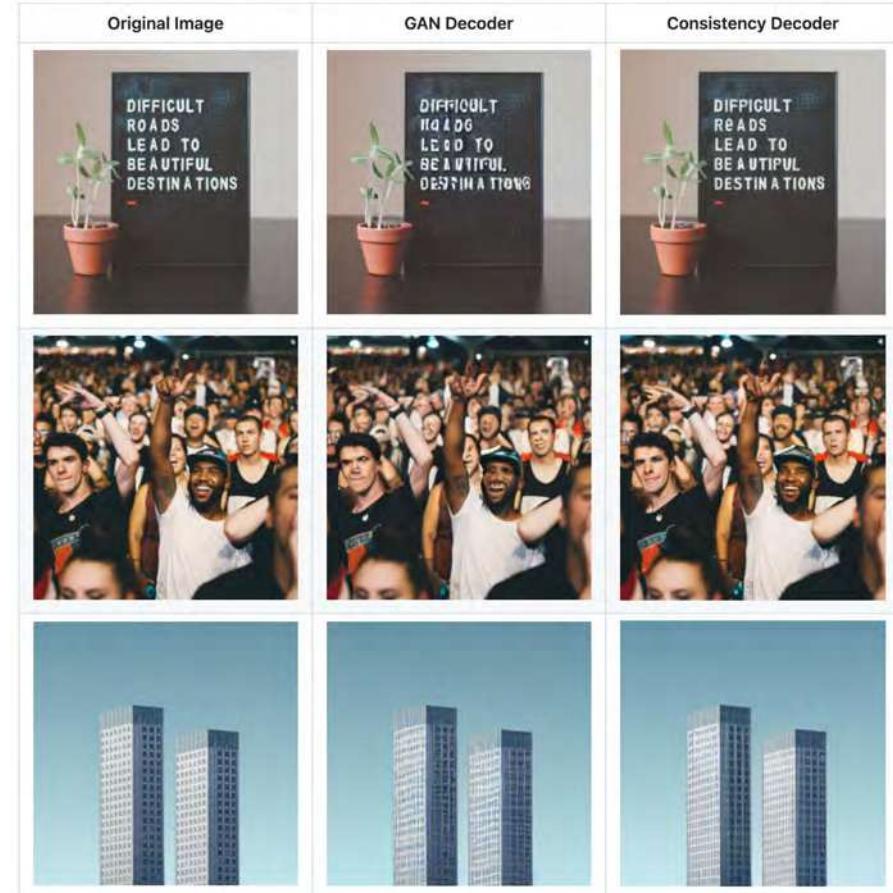
One step  
FID = 7.80  
NFE = 1

Two steps  
FID = 5.22  
NFE = 2

# Consistency decoder in DALLE 3



if you get the chance, do try decoding your Stable Diffusion generations with this decoder. You should see some improvements in text, small faces and straight lines. Made with [@tim\\_brooks](#), [@DrYangSong](#), [@model\\_mechanic](#), [@txhf](#), [@neonbjb](#)  
[github.com/openai/consist..](https://github.com/openai/consist..)



# Latent consistency models



Demo

# Training consistency models directly from data

- **Consistency training**
  - Sample a random noise level  $\sigma_{n+1}$ , a data point  $\mathbf{x}$ , and Gaussian noise  $\mathbf{z}$
  - Minimize the following objective

$$\min_{\theta} \mathbb{E}[\lambda(\sigma_n) d(f_{\theta}(\mathbf{x} + \sigma_{n+1} \mathbf{z}, \sigma_{n+1}), f_{\theta^-}(\mathbf{x} + \sigma_n \mathbf{z}, \sigma_n))]$$

- **Theoretical justification**

When  $|\Delta\sigma_n| = |\sigma_{n+1} - \sigma_n| \rightarrow 0$ , the above objective converges to the distillation objective that uses the **ground truth diffusion model**.

- **No need to pretrain a diffusion model!**
- Can be generalized to non-L2 losses.

# Continuous-time consistency training

- **Motivation:** removing the potential bias in finite time steps.
- **Continuous-time consistency training**
  - Sample a random time step  $t$ , a data point  $\mathbf{x}$ , and a perturbed data point  $\mathbf{x}_t$
  - Minimize the following objective

$$\mathbb{E} \left[ \lambda(t) \mathbf{f}_{\theta}^T(\mathbf{x}_t, t) \text{stopgrad} \left( \frac{\partial \mathbf{f}_{\theta}(\mathbf{x}_t, t)}{\partial t} + \frac{\partial \mathbf{f}_{\theta}(\mathbf{x}_t, t)}{\partial \mathbf{x}_t} \cdot \frac{\mathbf{x}_t - \mathbf{x}}{t} \right) \right]$$

- Can be generalized to non-l2 losses.
- No need to choose discrete time steps.
- **Pseudo-objective:** loss value is meaningless, but provides the right gradients.

# Catalog of one-step generative models

- **VAEs**
  - Stable training (maximum likelihood)
  - Tractable likelihood estimation
  - Low sample quality
- **GANs**
  - Unstable training (adversarial games)
  - High sample quality
  - No likelihoods
- **Normalizing flows**
  - Stable training (maximum likelihood)
  - Exact likelihood computation
  - Restricted model architecture
  - Low sample quality
- **Consistency models**
  - Stable training (pseudo-objective)
  - High sample quality
  - No likelihoods
  - Moderate architecture constraints.

# Consistency models as new generative models

## Results on CIFAR-10

### Direct Generation

BigGAN (Brock et al., 2019)	1	14.7	9.22
Diffusion GAN (Xiao et al., 2022)	1	14.6	8.93
AutoGAN (Gong et al., 2019)	1	12.4	8.55
E2GAN (Tian et al., 2020)	1	11.3	8.51
ViTGAN (Lee et al., 2021)	1	6.66	9.30
TransGAN (Jiang et al., 2021)	1	9.26	9.05
StyleGAN2-ADA (Karras et al., 2020)	1	2.92	<b>9.83</b>
StyleGAN-XL (Sauer et al., 2022)	1	<b>1.85</b>	
Score SDE (Song et al., 2021)	2000	2.20	<b>9.89</b>
DDPM (Ho et al., 2020)	1000	3.17	9.46
LSGM (Vahdat et al., 2021)	147	2.10	
PFGM (Xu et al., 2022)	110	2.35	9.68
EDM (Karras et al., 2022)	35	<b>2.04</b>	9.84
1-Rectified Flow (Liu et al., 2022)	1	378	1.13
Glow (Kingma & Dhariwal, 2018)	1	48.9	3.92
Residual Flow (Chen et al., 2019)	1	46.4	
GLFlow (Xiao et al., 2019)	1	44.6	
DenseFlow (Grcić et al., 2021)	1	34.9	
DC-VAE (Parmar et al., 2021)	1	17.9	8.20
<b>CT</b>	1	<b>8.70</b>	<b>8.49</b>
<b>CT</b>	2	<b>5.83</b>	<b>8.85</b>



# Consistency models as new generative models

METHOD	NFE ( $\downarrow$ )	FID ( $\downarrow$ )	Prec. ( $\uparrow$ )	Rec. ( $\uparrow$ )
<b>ImageNet 64 × 64</b>				
ADM (Dhariwal & Nichol, 2021)	250	<b>2.07</b>	0.74	0.63
EDM (Karras et al., 2022)	79	2.44	0.71	<b>0.67</b>
BigGAN-deep (Brock et al., 2019)	1	4.06	<b>0.79</b>	0.48
CT 	1	13.0	0.71	0.47
CT 	2	11.1	0.69	0.56
<b>LSUN Bedroom 256 × 256</b>				
DDPM (Ho et al., 2020)	1000	4.89	0.60	0.45
ADM (Dhariwal & Nichol, 2021)	1000	<b>1.90</b>	0.66	<b>0.51</b>
EDM (Karras et al., 2022)	79	3.57	0.66	0.45
PG-SWGAN (Wu et al., 2019)	1	8.34		
TDPM (GAN) (Zheng et al., 2023)	1	5.24		
StyleGAN2 (Karras et al., 2020)	1	2.35	0.59	0.48
CT 	1	16.0	0.60	0.17
CT 	2	7.85	<b>0.68</b>	0.33

METHOD	NFE ( $\downarrow$ )	FID ( $\downarrow$ )	Prec. ( $\uparrow$ )	Rec. ( $\uparrow$ )
<b>LSUN Cat 256 × 256</b>				
DDPM (Ho et al., 2020)	1000	17.1	0.53	0.48
ADM (Dhariwal & Nichol, 2021)	1000	<b>5.57</b>	0.63	<b>0.52</b>
EDM (Karras et al., 2022)	79	6.69	<b>0.70</b>	0.43
PGGAN (Karras et al., 2018)	1	37.5		
StyleGAN2 (Karras et al., 2020)	1	7.25	0.58	0.43
CT 	1	20.7	0.56	0.23
CT 	2	11.7	0.63	0.36

# Consistency models as new generative models



EDM  
FID = 2.44  
NFE = 79

One step  
FID = 12.96  
NFE = 1

Two steps  
FID = 11.12  
NFE = 2

# Consistency models as new generative models



EDM  
FID = 3.57  
NFE = 79



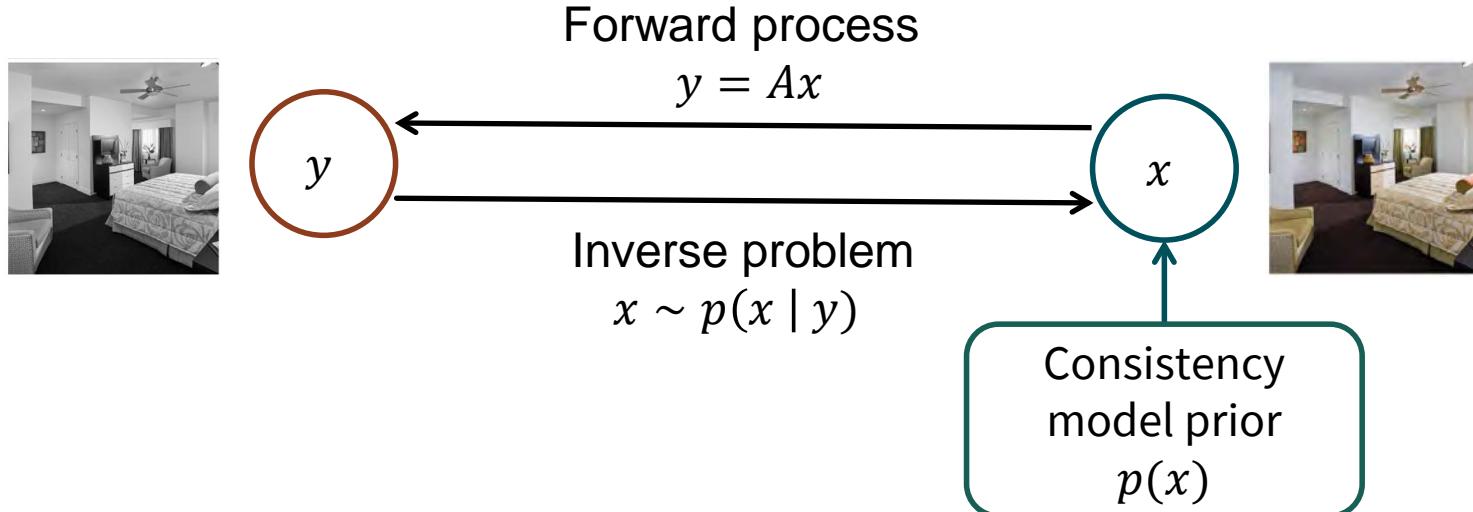
One step  
FID = 16.00  
NFE = 1



Two steps  
FID = 7.80  
NFE = 2

# Solving linear inverse problems with consistency models

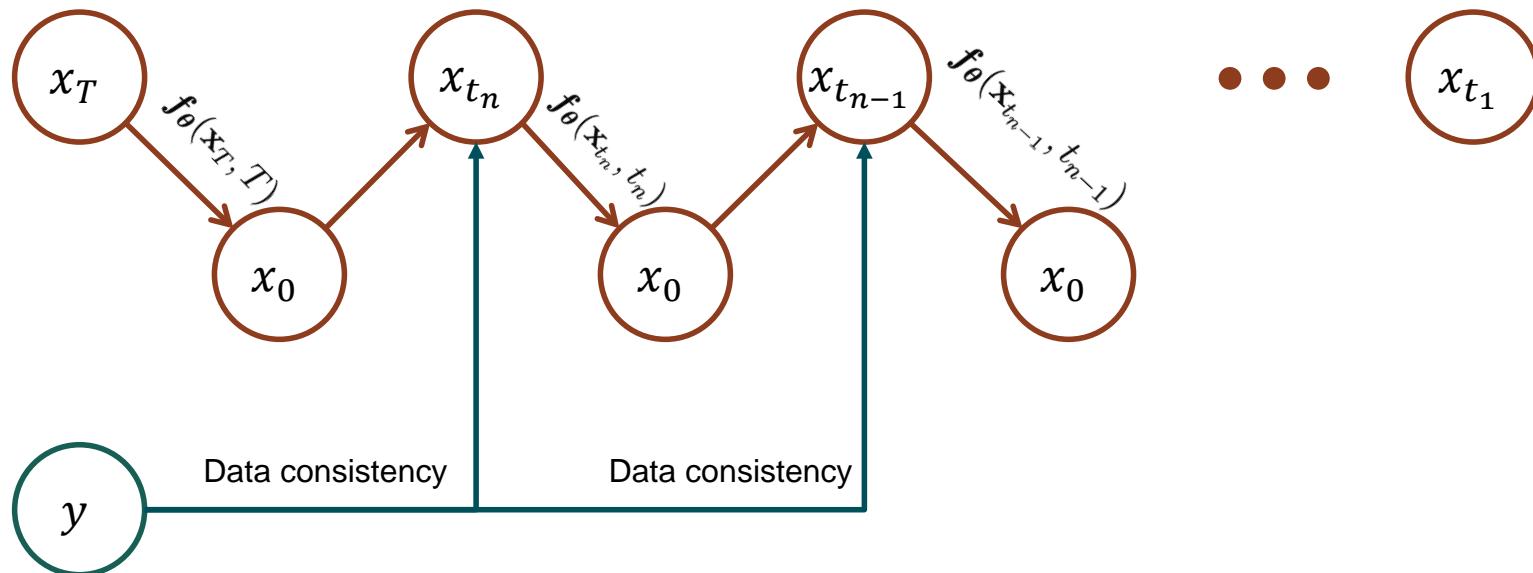
- **Problem:** solving linear inverse problems with a consistency model prior.



- **Examples:** colorization, inpainting, super-resolution, computed tomography, magnetic resonance imaging, cryo-electron tomography, photoacoustic tomography,  
...

# Solving linear inverse problems with consistency models

- **Algorithm:** alternating data generation and data consistency steps.



# Zero-shot image editing

Colorization



Super-resolution



Inpainting



# Zero-shot image editing

Interpolation

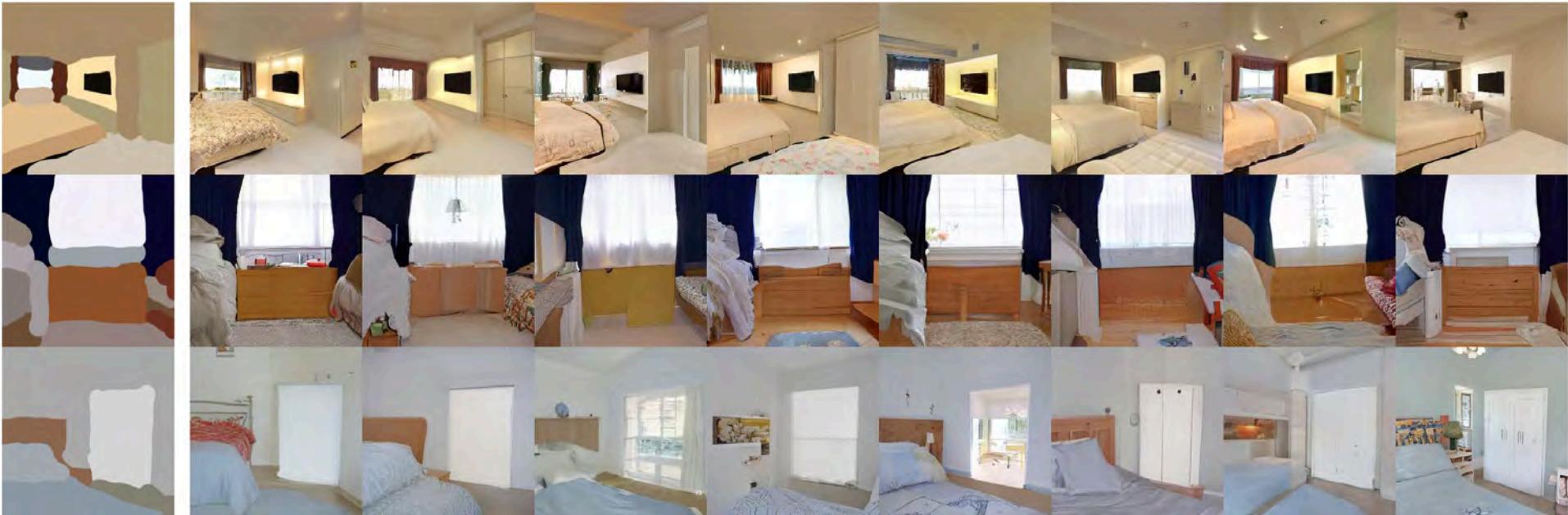


One-step denoising



# Zero-shot image editing

Stroke-guided image generation



# Summary

- Consistency models have native support for one-step generation.
- Consistency models allow multistep generation and zero-shot image editing.
- Consistency models are both a diffusion distillation technique, and a new generative model.

# IMPROVED TECHNIQUES FOR CONSISTENCY TRAINING

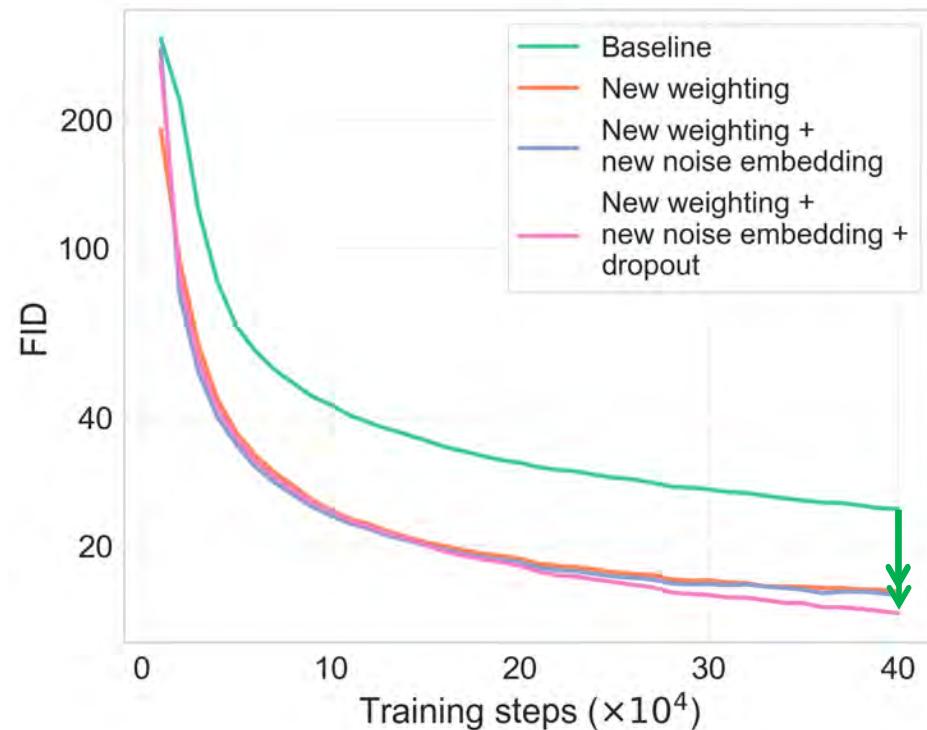
Song, Dhariwal. Improved Techniques for Consistency Training, ICLR 2024

# Weighting functions, noise embeddings, and dropout

- ~~Uniform weighting → Larger weighting for smaller noise~~

$$\lambda(\sigma_n) \propto \frac{1}{\sigma_{n+1} - \sigma_n}$$

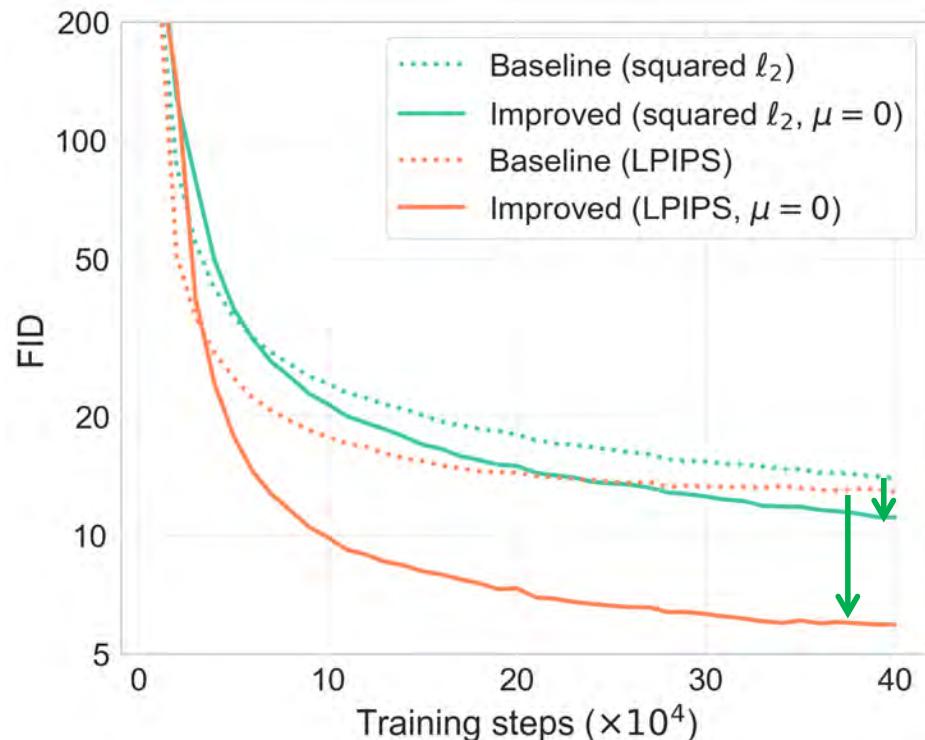
- Reducing the sensitivity of noise embeddings for better training stability
- Larger dropout than diffusion models results in higher one-step quality



# Using zero EMA decay rate for theoretical soundness

- **Previous belief:** the consistency training loss converges to the loss of consistency distillation in the limit of small noise gaps.
- **Improved analysis:** their gradients must match as well, which **only happens when the EMA is zero**.

$$\begin{aligned}\theta^- &= \text{EMA}_\mu(\theta) \\ &\quad \downarrow \mu = 0 \\ \theta^- &= \text{stopgrad}(\theta)\end{aligned}$$



# Measuring self-consistency with pseudo-Huber loss



Squared L2 distance has poor performance.

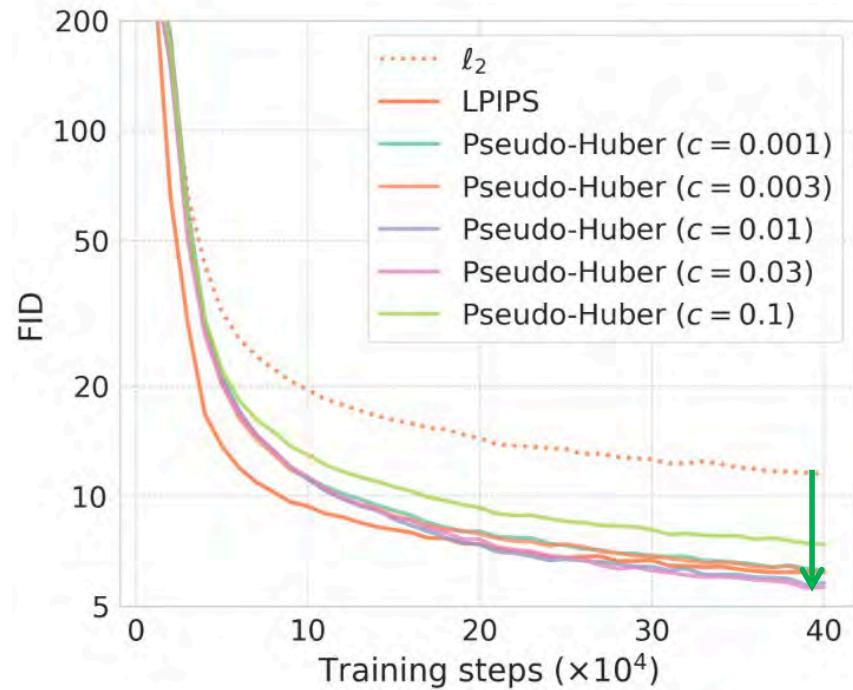


LPIPS performs well but biases evaluation.

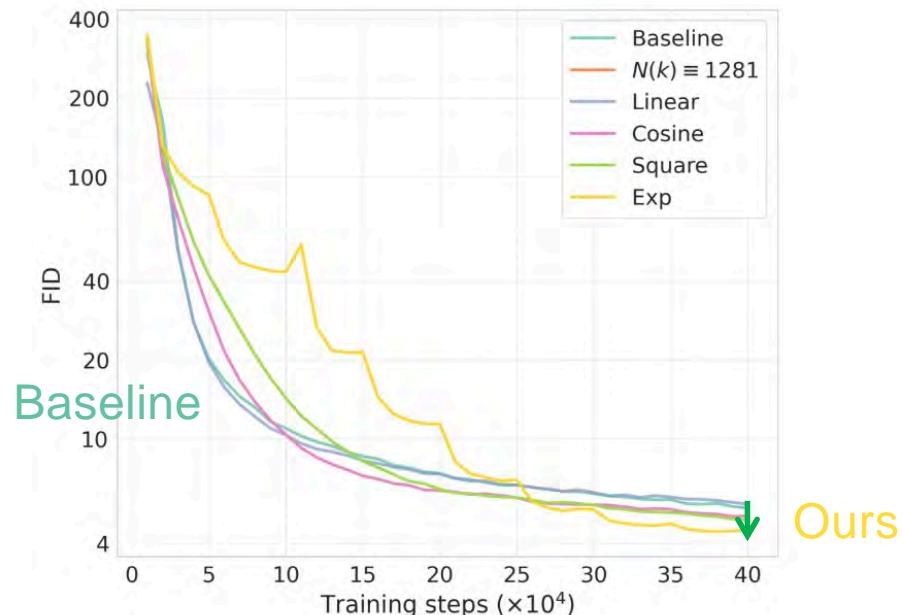
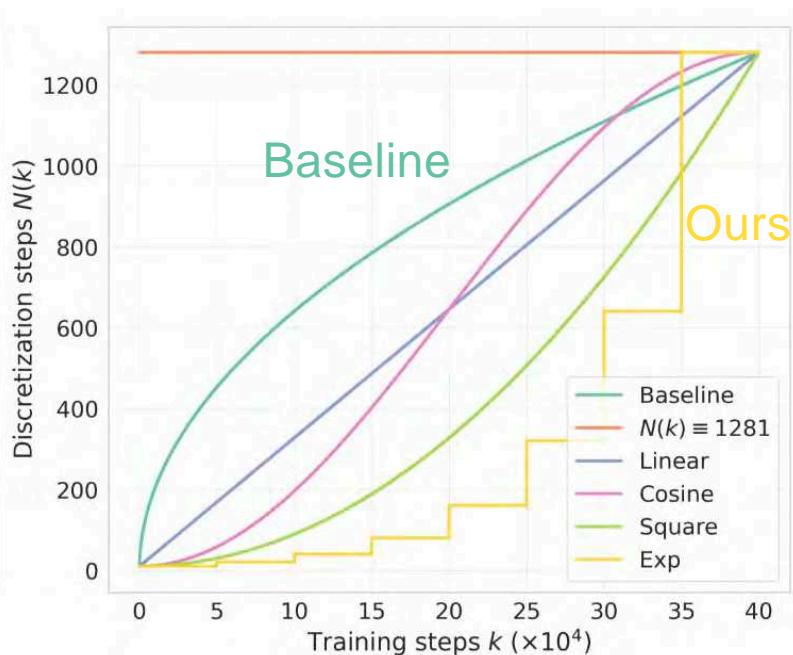


**Our solution:** pseudo-Huber losses

$$d(\mathbf{x}, \mathbf{y}) = \sqrt{\|\mathbf{x} - \mathbf{y}\|_2^2 + c^2} - c$$



# Improving the noise schedule

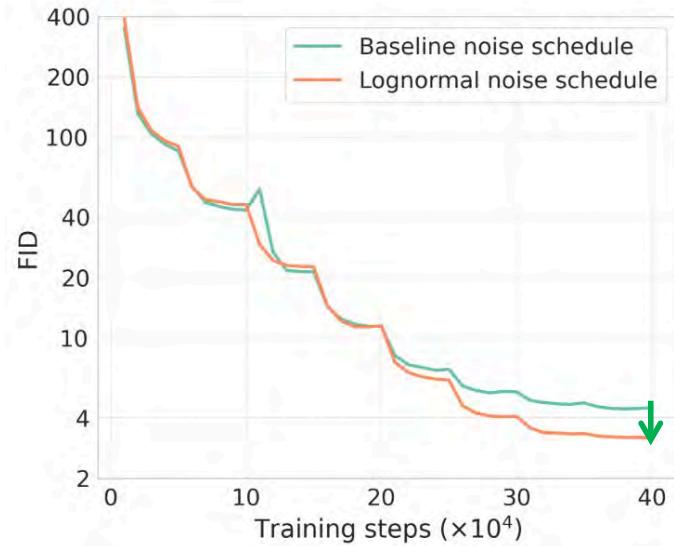


Double the total number of noise levels  
during training per fixed number of iterations.

# Improving the noise schedule

Sampling noise levels according to discretized lognormal

$$p(\sigma_i) \propto \text{erf} \left( \frac{\log(\sigma_{i+1}) - P_{\text{mean}}}{\sqrt{2}P_{\text{std}}} \right) - \text{erf} \left( \frac{\log(\sigma_i) - P_{\text{mean}}}{\sqrt{2}P_{\text{std}}} \right)$$

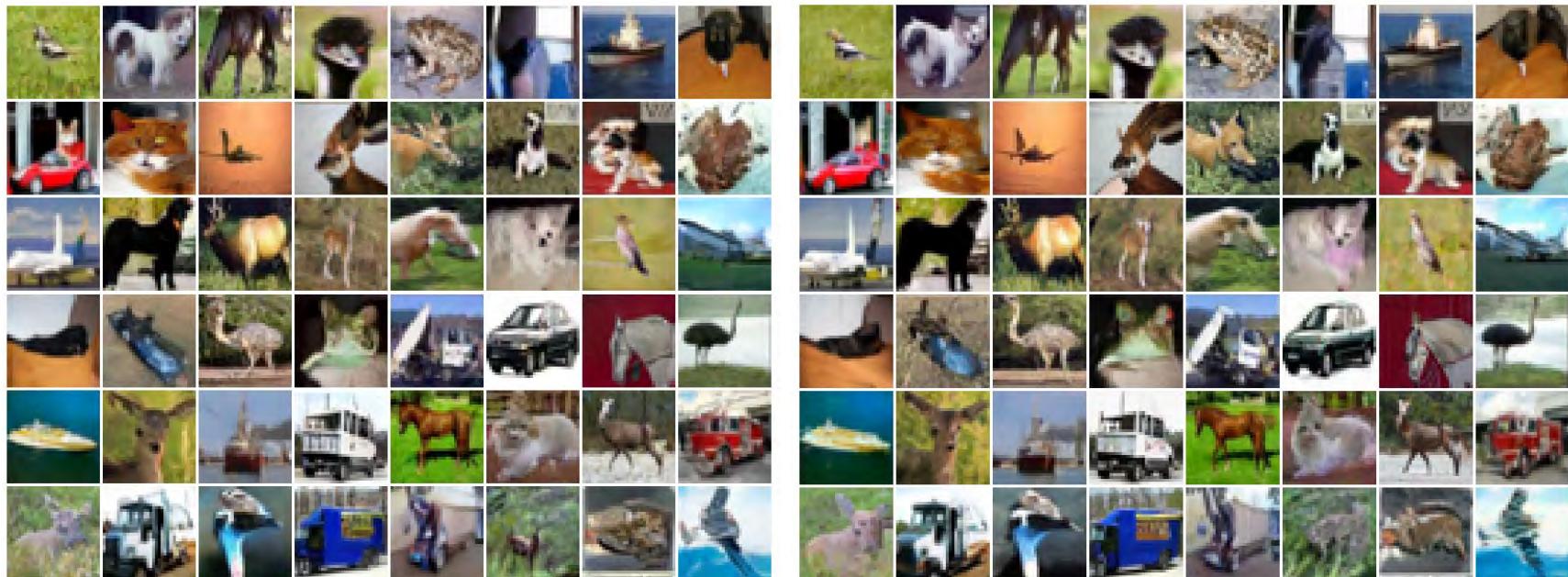


# Improved Techniques for Consistency Training

## Results on CIFAR-10

METHOD	NFE (↓)	FID (↓)	IS (↑)	METHOD	NFE (↓)	FID (↓)	IS (↑)
<b>Fast samplers &amp; distillation for diffusion models</b>							
DDIM (Song et al., 2020)	10	13.36		Score SDE (Song et al., 2021)	2000	2.38	9.83
DPM-solver-fast (Lu et al., 2022)	10	4.70		Score SDE (deep) (Song et al., 2021)	2000	2.20	9.89
3-DEIS (Zhang & Chen, 2022)	10	4.17		DDPM (Ho et al., 2020)	1000	3.17	9.46
UniPC (Zhao et al., 2023)	10	3.87		LSGM (Vahdat et al., 2021)	147	2.10	
Knowledge Distillation (Luhman & Luhman, 2021)	1	9.36		PFGM (Xu et al., 2022)	110	2.35	9.68
DFNO (LPIPS) (Zheng et al., 2022)	1	3.78		EDM* (Karras et al., 2022)	35	2.04	9.84
2-Rectified Flow (+distill) (Liu et al., 2022)	1	4.85	9.01	EDM-G++ (Kim et al., 2023)	35	1.77	
TRACT (Berthelot et al., 2023)	1	3.78		IGEBM (Du & Mordatch, 2019)	60	40.6	6.02
	2	3.32		NVAE (Vahdat & Kautz, 2020)	1	23.5	7.18
Diff-Instruct (Luo et al., 2023)	1	4.53	9.89	Glow (Kingma & Dhariwal, 2018)	1	48.9	3.92
PD* (Salimans & Ho, 2022)	1	8.34	8.69	Residual Flow (Chen et al., 2019)	1	46.4	
	2	5.58	9.05	BigGAN (Brock et al., 2019)	1	14.7	9.22
CD (LPIPS) (Song et al., 2023)	1	3.55	9.48	StyleGAN2 (Karras et al., 2020b)	1	8.32	9.21
	2	2.93	9.75	StyleGAN2-ADA (Karras et al., 2020a)	1	2.92	9.83
← CD (LPIPS) (Song et al., 2023)				CT (LPIPS) (Song et al., 2023)	1	8.70	8.49
→ CT (LPIPS) (Song et al., 2023)					2	5.83	8.85
→ iCT (ours)					1	2.83	9.54
→ iCT-deep (ours)					2	2.46	9.80
→ iCT-deep (ours)					1	2.51	9.76
→ iCT-deep (ours)					2	2.24	9.89

# CIFAR-10 samples from improved consistency training



One step

FID = 2.51, IS = 9.76  
NFE = 1

Two step

FID = 2.24, IS = 9.89  
NFE = 2

# Improved techniques for consistency training

	Design choice in Song et al. (2023)	Our modifications
EMA decay rate for the teacher network	$\mu(k) = \exp\left(\frac{s_0 \log \mu_0}{N(k)}\right)$	$\mu(k) = 0$
Metric in consistency loss	$d(\mathbf{x}, \mathbf{y}) = \text{LPIPS}(\mathbf{x}, \mathbf{y})$	$d(\mathbf{x}, \mathbf{y}) = \sqrt{\ \mathbf{x} - \mathbf{y}\ _2^2 + c^2} - c$
Discretization curriculum	$N(k) = \left\lceil \sqrt{\frac{k}{K}((s_1 + 1)^2 - s_0^2) + s_0^2} - 1 \right\rceil + 1$	$N(k) = \min(s_0 2^{\lfloor \frac{k}{K'} \rfloor}, s_1) + 1,$ where $K' = \left\lfloor \frac{K}{\log_2[s_1/s_0] + 1} \right\rfloor$
Noise schedule	$t_i$ , where $i \sim \mathcal{U}[\![1, N(k) - 1]\!]$	$t_i$ , where $i \sim p(i)$ , and $p(i) \propto \text{erf}\left(\frac{\log(t_{i+1}) - P_{\text{mean}}}{\sqrt{2}P_{\text{std}}}\right) - \text{erf}\left(\frac{\log(t_i) - P_{\text{mean}}}{\sqrt{2}P_{\text{std}}}\right)$
Weighting function	$\lambda(t_i) = 1$	$\lambda(t_i) = \frac{1}{t_{i+1} - t_i}$
Parameters	$s_0 = 2, s_1 = 150, \mu_0 = 0.9$ on CIFAR-10	$s_0 = 10, s_1 = 1280$
	$s_0 = 2, s_1 = 200, \mu_0 = 0.95$ on ImageNet $64 \times 64$	$c = 0.00054\sqrt{d}$ , $d$ is data dimensionality $P_{\text{mean}} = -1.1, P_{\text{std}} = 2.0$
$k \in [\![0, K]\!]$ , where $K$ is the total training iterations		
$t_i = (t_{\min}^{1/\rho} + \frac{i-1}{N(k)-1}(t_{\max}^{1/\rho} - t_{\min}^{1/\rho}))^\rho$ , where $i \in [\![1, N(k)]\!]$ , $\rho = 7$ , $t_{\min} = 0.002$ , $t_{\max} = 80$		

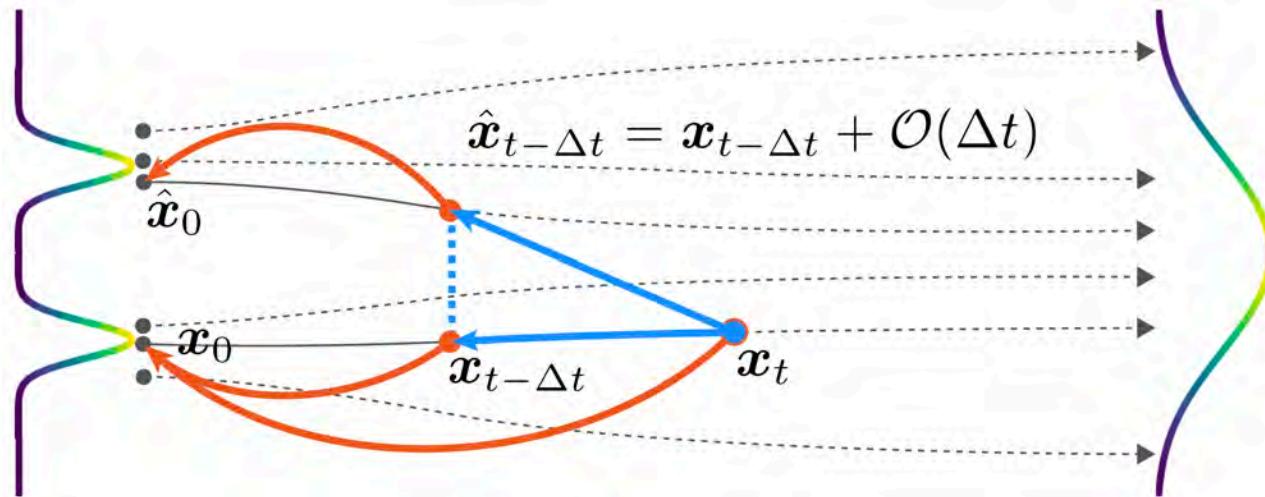
# Summary

- Remove the dependency on LPIPS
  - Faster training
  - No metric gaming and data contamination in evals.
- Recipe for consistency training that outperforms consistency distillation
- Consistency models are among the state-of-the-art one-step generative models, on par with GANs, and better than VAEs, normalizing flows, etc.

# CONTINUOUS-TIME CONSISTENCY MODELS

Lu, Song. Simplifying, Stabilizing & Scaling Continuous-Time Consistency Models. 2024

# Accumulated discretization errors in discrete-time CMs

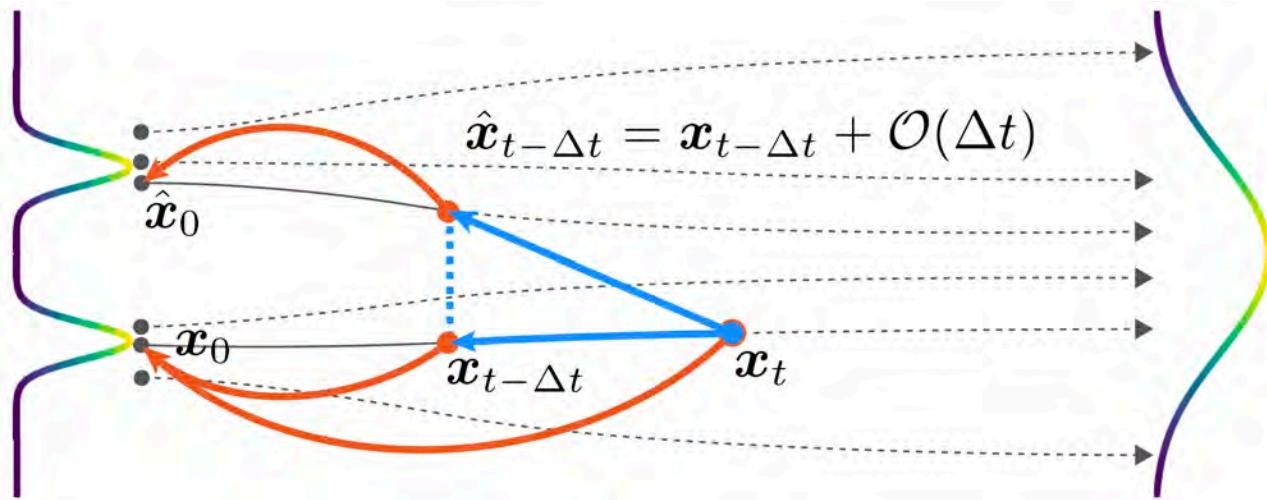


Small discretization errors at intermediate steps can compound

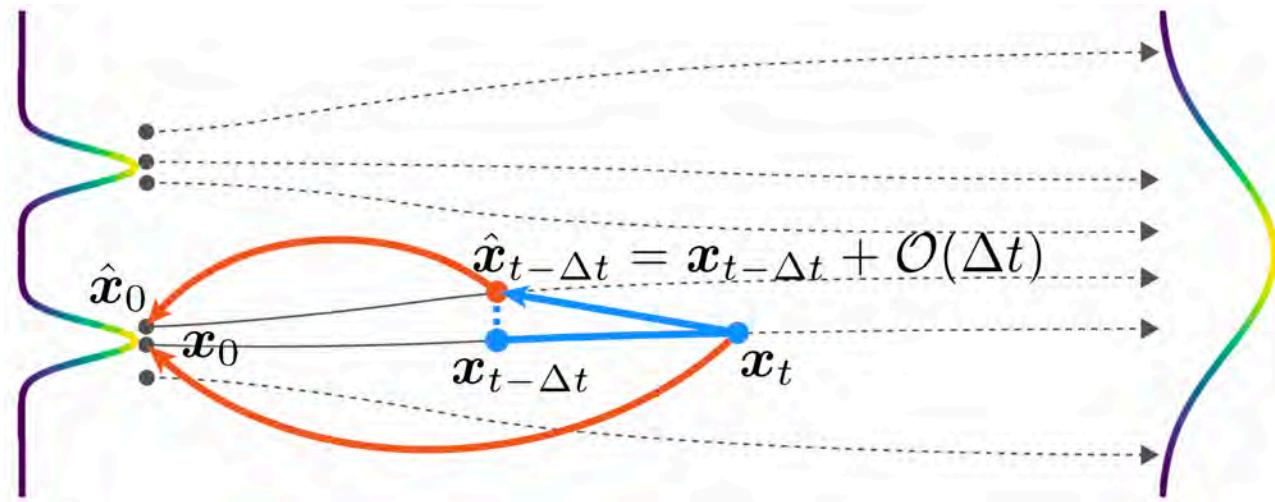
$$\min_{\theta} \lambda(\sigma_n) d(f_{\theta}(x_{\sigma_{n+1}}, \sigma_{n+1}), f_{\theta^-}(x_{\sigma_n}, \sigma_n))$$

May be on different trajectory

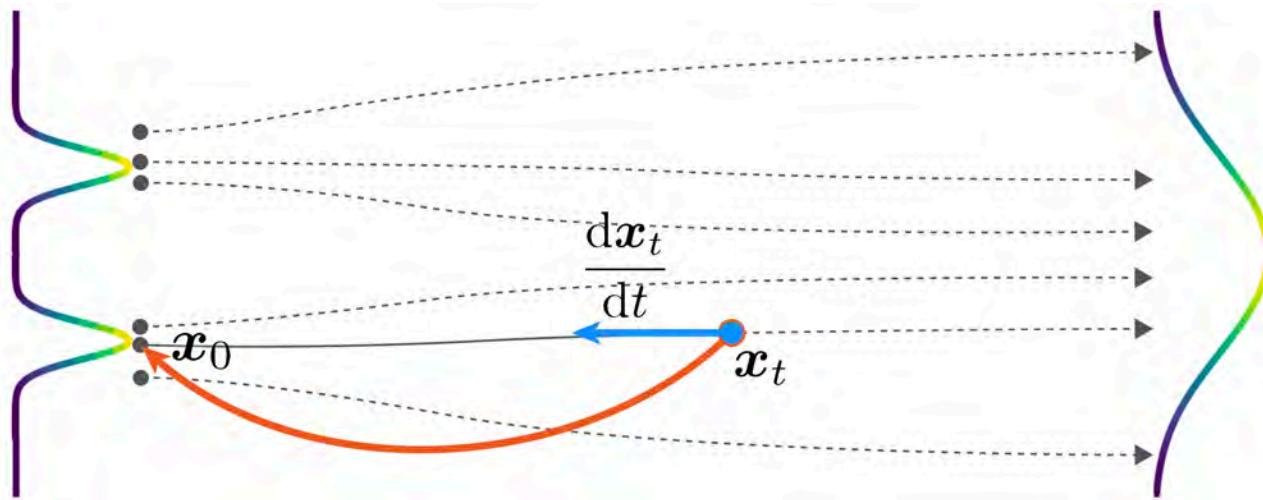
# Accumulated discretization errors in discrete-time CMs



# Accumulated discretization errors in discrete-time CMs



## Continuous-time CMs: avoid discretization errors



Using the tangent direction as supervision signals

# Continuous-time CMs: Two types of derivations

**Continuous-time limit  
of the consistency  
distillation objective:**

$$\lim_{\Delta t \rightarrow 0} \frac{1}{(\Delta t)^2} \|f_\theta(x_t, t) - f_{\theta^-}(x_t, t)\|_2^2 = \left\| \frac{df_\theta(x_t, t)}{dt} \right\|_2^2$$

**Continuous-time limit  
of the gradient:**

$$\lim_{\Delta t \rightarrow 0} \nabla_\theta \frac{1}{\Delta t} \|f_\theta(x_t, t) - f_{\theta^-}(x_t, t)\|_2^2 = \nabla_\theta f_\theta^\top(x_t, t) \frac{df_{\theta^-}(x_t, t)}{dt}$$

**Stop gradients for  $\theta$**

# Continuous-time CMs: Taking limits for gradient!

**Limit of objective:**

$$\left\| \frac{df_{\theta}(x_t, t)}{dt} \right\|_2^2$$

- Gradients do not match discrete-time CMs
- Difficulty from “gradient of gradient”

**Limit of gradient:**

$$f_{\theta}^\top(x_t, t) \frac{df_{\theta^-}(x_t, t)}{dt}$$

- Smoothly transition the gradient landscape from discrete time to continuous time
- Deep-learning-friendly 😊

# Continuous-time consistency training: unbiased gradient!

$$\frac{df_{\theta^-}(x_t, t)}{dt} = \nabla_{x_t} f_{\theta^-} \cdot \frac{dx_t}{dt} + \partial_t f_{\theta^-}$$

- Same estimator in Flow Matching!

$$\begin{aligned}\mathbb{E}_{x_0, z} \left[ \frac{df_{\theta^-}(x_t, t)}{dt} \right] &= \mathbb{E}_{x_t} \left[ \nabla_{x_t} f_{\theta^-} \cdot \mathbb{E}_{x_0|x_t} [\dot{\alpha}_t x_0 + \dot{\sigma}_t z] + \partial_t f_{\theta^-} \right] \\ z &= \frac{x_t - \alpha_t x_0}{\sigma_t}\end{aligned}$$

In continuous-time, the gradient of CT is an **unbiased estimator** of that of CD.

## Key difficulty in training continuous-time CMs: tangent variance

$$\begin{aligned} \nabla_{\theta} \mathbb{E}_{\boldsymbol{x}_t, t} \left[ w(t) \boldsymbol{f}_{\theta}^{\top}(\boldsymbol{x}_t, t) \frac{d \boldsymbol{f}_{\theta^-}(\boldsymbol{x}_t, t)}{dt} \right] \\ = \nabla_{\boldsymbol{x}_t} \boldsymbol{f}_{\theta^-}(\boldsymbol{x}_t, t) \frac{d \boldsymbol{x}_t}{dt} + \partial_t \boldsymbol{f}_{\theta^-}(\boldsymbol{x}_t, t) \end{aligned}$$

**The variance of the tangent causes training instability!**

e.g., previous works find that when decreasing  $\Delta t$ , the training becomes extremely unstable, leading to worse performance.

# Part 1: Simplified formulations of diffusion models and CMs

**TrigFlow:** unifying EDM and Flow Matching by trigonometric interpolations

**Diffusion process:**  $x_t = \cos(t)x_0 + \sin(t)z$  for  $t \in [0, \frac{\pi}{2}]$

**PF-ODE:**  $\frac{dx_t}{dt} = \sigma_d \mathbf{F}_\theta \left( \frac{x_t}{\sigma_d}, c_{\text{noise}}(t) \right)$

**Consistency model:**  $f_\theta(x_t, t) = \cos(t)x_t - \sin(t)\sigma_d \mathbf{F}_\theta \left( \frac{x_t}{\sigma_d}, c_{\text{noise}}(t) \right)$

**Boundary condition:**  $f(x, 0) \equiv x$

## Part 2: Stabilizing the training of continuous-time CMs

**Consistency model:**  $\mathbf{f}_\theta(\mathbf{x}_t, t) = \cos(t)\mathbf{x}_t - \sin(t)\sigma_d \mathbf{F}_\theta \left( \frac{\mathbf{x}_t}{\sigma_d}, c_{\text{noise}}(t) \right)$

**Tangent:**

$$\frac{d\mathbf{f}_{\theta^-}(\mathbf{x}_t, t)}{dt} = -\cos(t) \left( \sigma_d \mathbf{F}_{\theta^-} \left( \frac{\mathbf{x}_t}{\sigma_d}, t \right) - \frac{d\mathbf{x}_t}{dt} \right) - \sin(t) \left( \mathbf{x}_t + \sigma_d \frac{d\mathbf{F}_{\theta^-} \left( \frac{\mathbf{x}_t}{\sigma_d}, t \right)}{dt} \right)$$

**Stable**  
**(Init from diffusion)**      **Stable**  
**(constant variance)**

**Stable**  
**(pretrained diffusion)**

## Part 2: Stabilizing the training of continuous-time CMs

**Consistency model:**  $\mathbf{f}_\theta(\mathbf{x}_t, t) = \cos(t)\mathbf{x}_t - \sin(t)\sigma_d \mathbf{F}_\theta \left( \frac{\mathbf{x}_t}{\sigma_d}, c_{\text{noise}}(t) \right)$

**Tangent:**

$$\frac{d\mathbf{F}_{\theta^-}}{dt} = \sin(t) \nabla_{\mathbf{x}_t} \mathbf{F}_{\theta^-} \frac{d\mathbf{x}_t}{dt} + \sin(t) \partial_t \mathbf{F}_{\theta^-}$$

Stable   Stable  
(Jacobi~~p~~triangular~~p~~Diffusion)

## Part 2: Stabilizing the training of continuous-time CMs

**Consistency model:**  $\mathbf{f}_\theta(\mathbf{x}_t, t) = \cos(t)\mathbf{x}_t - \sin(t)\sigma_d \mathbf{F}_\theta \left( \frac{\mathbf{x}_t}{\sigma_d}, c_{\text{noise}}(t) \right)$

**Tangent:**  $\sin(t)\partial_t \mathbf{F}_{\theta^-} = \sin(t) \frac{\partial c_{\text{noise}}(t)}{\partial t} \cdot \frac{\partial \text{emb}(c_{\text{noise}})}{\partial c_{\text{noise}}} \cdot \frac{\partial \mathbf{F}_{\theta^-}}{\partial \text{emb}(c_{\text{noise}})}$

**Key:** design network architecture that is well-conditioned w.r.t.  $t$ .

## Part 2: Stabilizing the training of continuous-time CMs

**Consistency model:**  $\mathbf{f}_\theta(\mathbf{x}_t, t) = \cos(t)\mathbf{x}_t - \sin(t)\sigma_d \mathbf{F}_\theta \left( \frac{\mathbf{x}_t}{\sigma_d}, c_{\text{noise}}(t) \right)$

**Tangent:**  $\sin(t)\partial_t \mathbf{F}_{\theta^-} = \sin(t) \frac{\partial c_{\text{noise}}(t)}{\partial t} \cdot \frac{\partial \text{emb}(c_{\text{noise}})}{\partial c_{\text{noise}}} \cdot \frac{\partial \mathbf{F}_{\theta^-}}{\partial \text{emb}(c_{\text{noise}})}$

- Previous methods:  $c_{\text{noise}}(t) = \log(\tan(t))$
- Ours:  $c_{\text{noise}}(t) = t$

## Part 2: Stabilizing the training of continuous-time CMs

**Consistency model:**  $\mathbf{f}_\theta(\mathbf{x}_t, t) = \cos(t)\mathbf{x}_t - \sin(t)\sigma_d \mathbf{F}_\theta \left( \frac{\mathbf{x}_t}{\sigma_d}, c_{\text{noise}}(t) \right)$

**Tangent:**  $\sin(t)\partial_t \mathbf{F}_{\theta^-} = \sin(t) \frac{\partial c_{\text{noise}}(t)}{\partial t} \cdot \frac{\partial \text{emb}(c_{\text{noise}})}{\partial c_{\text{noise}}} \cdot \frac{\partial \mathbf{F}_{\theta^-}}{\partial \text{emb}(c_{\text{noise}})}$

- Use small Fourier scales
- Reason:  $\cos'(fx) = -f * \sin(fx)$

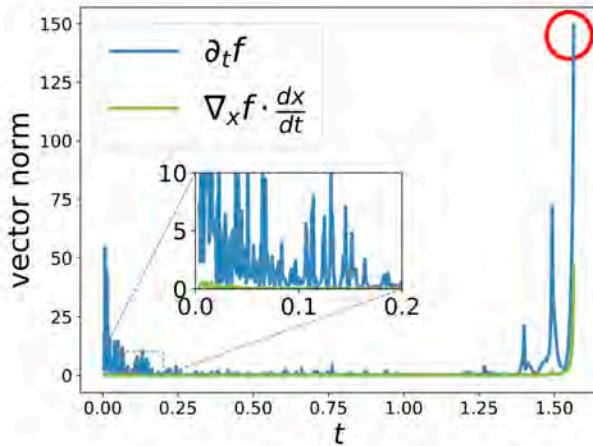
## Part 2: Stabilizing the training of continuous-time CMs

**Consistency model:**  $\mathbf{f}_\theta(\mathbf{x}_t, t) = \cos(t)\mathbf{x}_t - \sin(t)\sigma_d \mathbf{F}_\theta \left( \frac{\mathbf{x}_t}{\sigma_d}, c_{\text{noise}}(t) \right)$

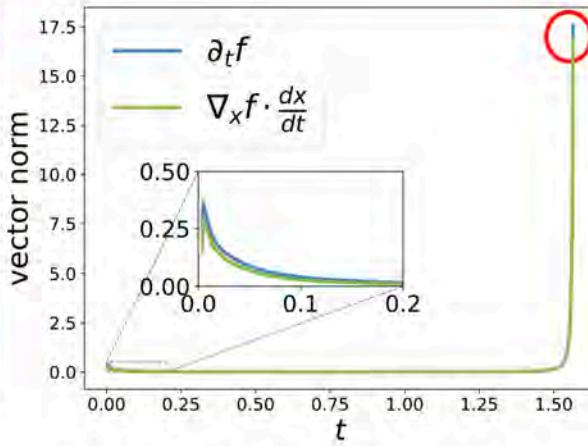
**Tangent:**  $\sin(t)\partial_t \mathbf{F}_{\theta^-} = \sin(t) \frac{\partial c_{\text{noise}}(t)}{\partial t} \cdot \frac{\partial \text{emb}(c_{\text{noise}})}{\partial c_{\text{noise}}} \cdot \boxed{\frac{\partial \mathbf{F}_{\theta^-}}{\partial \text{emb}(c_{\text{noise}})}}$

- Modify AdaGN layer to add normalization in time.

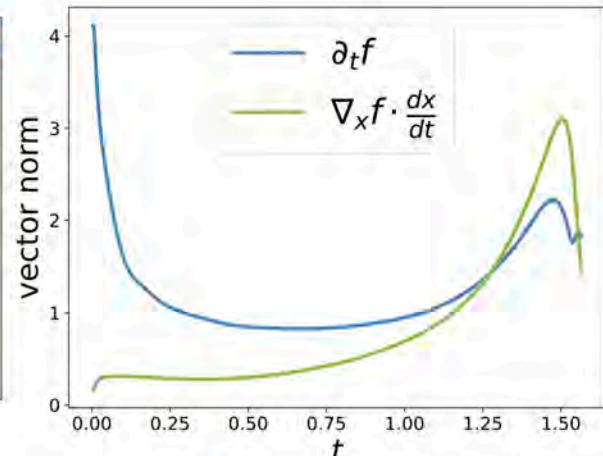
## Part 2: Stabilizing the training of continuous-time CMs



EDM, Fourier scale = 16.0



EDM, positional embedding



TrigFlow, positional embedding

## Part 3: Reducing the variance across time steps

**Original objective:**  $\min_{\theta} \mathbb{E}_t [\mathbf{F}_{\theta}^{\top} \mathbf{y}] \iff \nabla_{\theta} \mathbb{E}_t [\|\mathbf{F}_{\theta} - \mathbf{F}_{\theta-} + \mathbf{y}\|_2^2]$

**Adaptive weighting:**  $\min_{\phi} \mathbb{E}_t \left[ \frac{e^{w_{\phi}(t)}}{D} \|\mathbf{F}_{\theta} - \mathbf{F}_{\theta-} + \mathbf{y}\|_2^2 - w_{\phi}(t) \right]$

Optimal weighting will balance the variance across time steps:

$$\frac{e^{w^*(t)}}{D} \mathbb{E} [\|\mathbf{F}_{\theta} - \mathbf{F}_{\theta-} + \mathbf{y}\|_2^2] \equiv 1$$

No need for manually-designed weighting!

## Part 4: Reducing the variance across data points

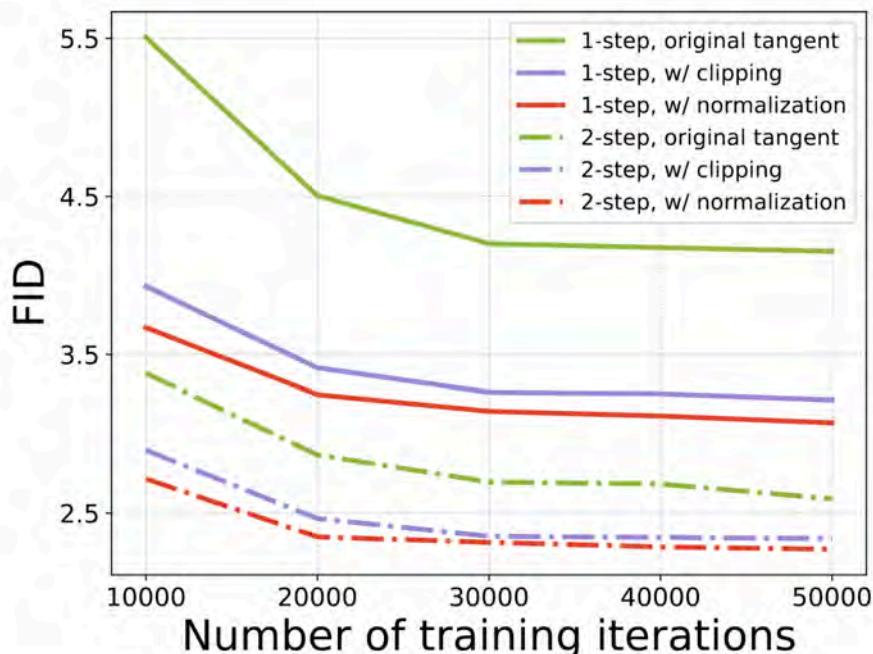
$\frac{df_{\theta^-}(x_t, t)}{dt}$  may have outliers at some dimensions of certain inputs

Intuition: mapping Gaussian to mixture-of-Gaussians will always have non-Lipschitzness at the boundary.

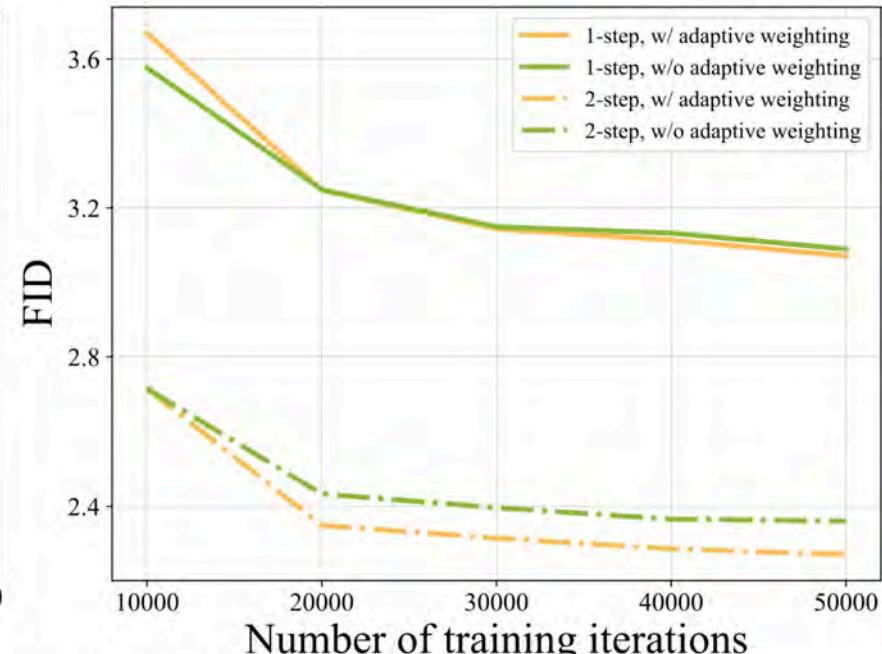
Solution: ignore the outliers, focus on the training at high density regions

→ Replace  $\frac{df}{dt}$  with  $\frac{df}{dt} / (\left\| \frac{df}{dt} \right\| + c)$ , where  $c$  is a hyperparameter.

# Effectiveness of variance reduction



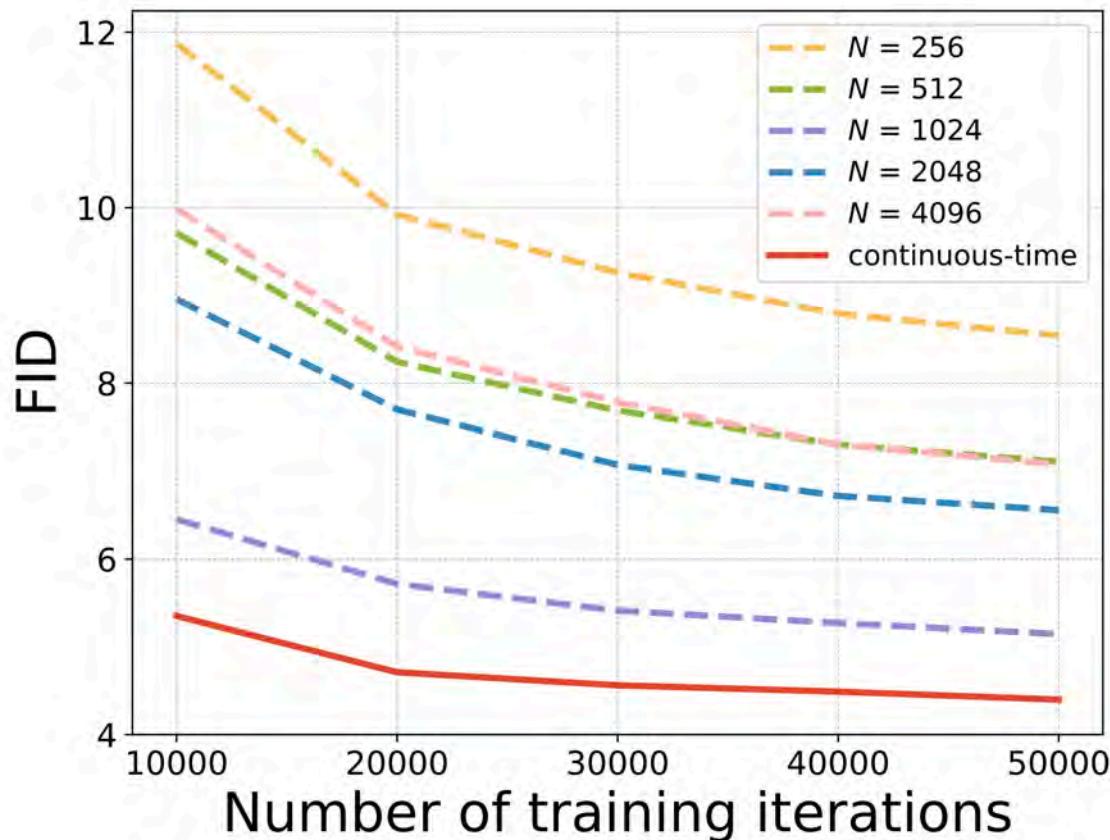
(a) Tangent Normalization



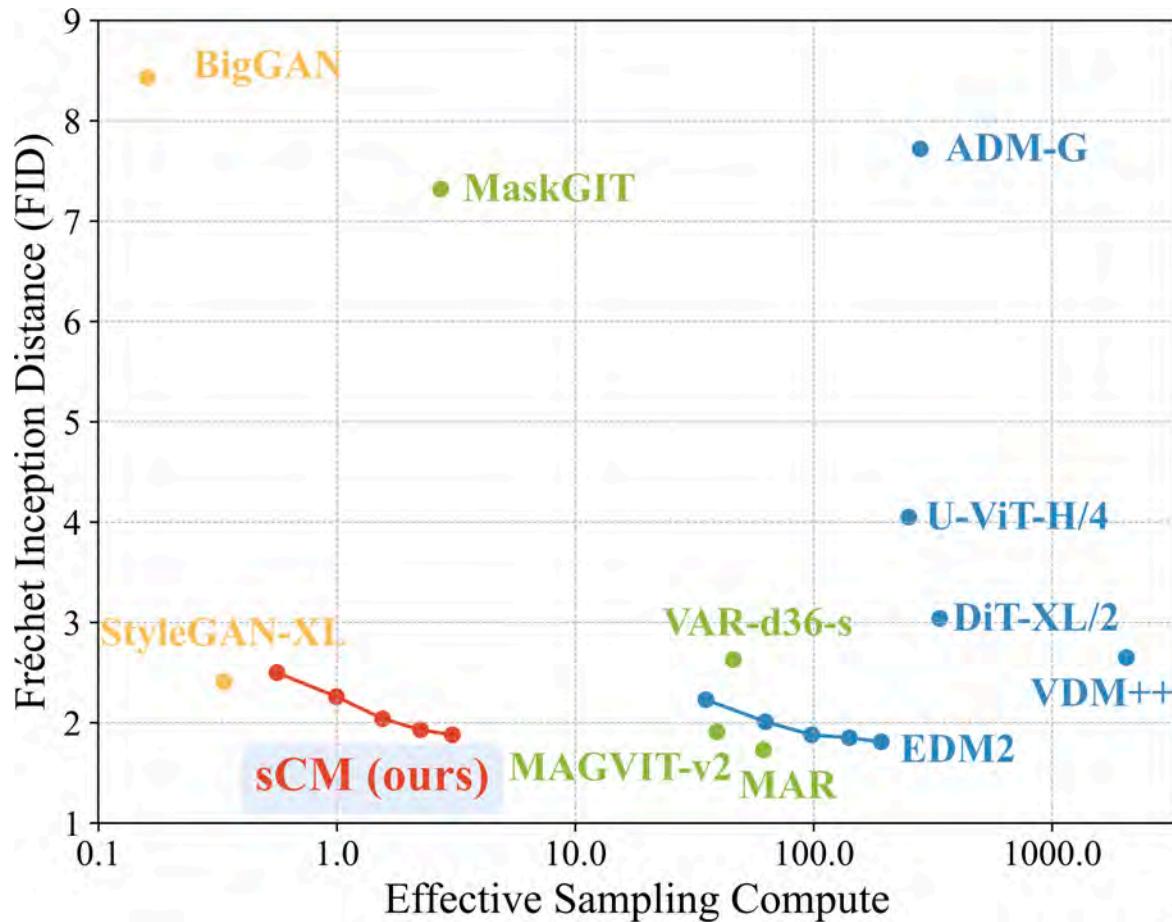
(b) Adaptive Weighting

# Continuous-time CMs outperform discrete-time CMs

For the first time!



# Comparable quality with 1/10 effective sampling compute

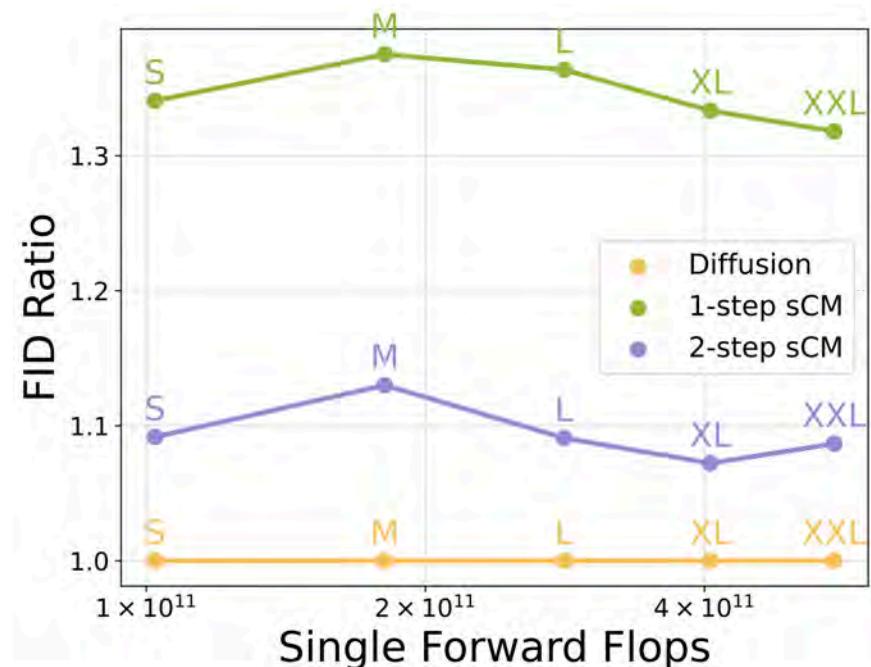
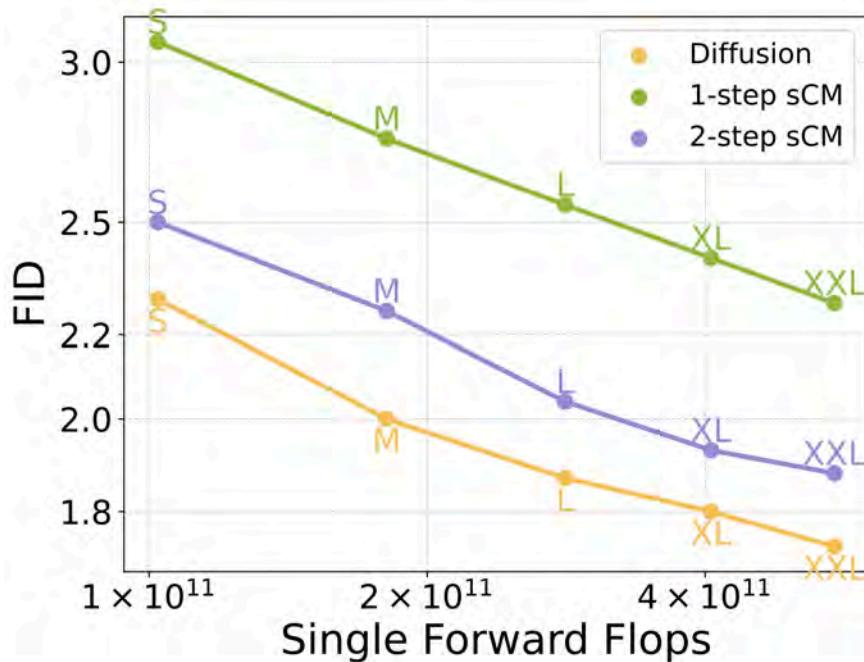


# Selected 2-step samples on ImageNet 512x512



# sCM scales commensurately with teacher diffusion models

Same scaling property!



# Quantitative Results on ImageNet 64x64

Class-Conditional ImageNet 64×64

METHOD	NFE (↓)	FID (↓)
<b>Diffusion Distillation</b>		
DFNO (LPIPS) (Zheng et al., 2023b)	1	7.83
PID (LPIPS) (Tee et al., 2024)	1	9.49
TRACT (Berthelot et al., 2023)	1	7.43
	2	4.97
PD (Salimans & Ho, 2022) (reimpl. from Heek et al. (2024))	1	10.70
	2	4.70
CD (LPIPS) (Song et al., 2023)	1	6.20
	2	4.70
MultiStep-CD (Heek et al., 2024)	1	3.20
	2	1.90
→ sCD (ours)	1	<b>2.44</b>
	2	<b>1.66</b>
<b>Consistency Training</b>		
iCT (Song & Dhariwal, 2023)	1	4.02
	2	3.20
iCT-deep (Song & Dhariwal, 2023)	1	3.25
	2	2.77
→ ECT (Geng et al., 2024)	1	2.49
	2	1.67
→ sCT (ours)	1	<b>2.04</b>
	2	<b>1.48</b>

# Quantitative Results on ImageNet 512x512

METHOD	NFE (↓)	FID (↓)	#Params	METHOD	NFE (↓)	FID (↓)	#Params
<b>Diffusion models</b>							
ADM-G (Dhariwal & Nichol, 2021)	250×2	7.72	559M	EDM2-S (Karras et al., 2024)	63×2	2.29	280M
RIN (Jabri et al., 2022)	1000	3.95	320M	EDM2-M (Karras et al., 2024)	63×2	2.00	498M
U-ViT-H/4 (Bao et al., 2023)	250×2	4.05	501M	EDM2-L (Karras et al., 2024)	63×2	1.87	778M
DiT-XL/2 (Peebles & Xie, 2023)	250×2	3.04	675M	EDM2-XL (Karras et al., 2024)	63×2	1.80	1.1B
SimDiff (Hoogeboom et al., 2023)	512×2	3.02	2B	EDM2-XXL (Karras et al., 2024)	63×2	1.73	1.5B
VDM++ (Kingma & Gao, 2024)	512×2	2.65	2B				
DiffiT (Hatamizadeh et al., 2023)	250×2	2.67	561M				
DiMR-XL/3R (Liu et al., 2024)	250×2	2.89	525M				
DiffuSSM-XL (Yan et al., 2024)	250×2	3.41	673M				
DiM-H (Teng et al., 2024)	250×2	3.78	860M				
U-DiT (Tian et al., 2024b)	250	15.39	204M				
SiT-XL (Ma et al., 2024)	250×2	2.62	675M				
Large-DiT (Alpha-VLLM, 2024)	250×2	2.52	3B				
MaskDiT (Zheng et al., 2023a)	79×2	2.50	736M				
DiS-H/2 (Fei et al., 2024a)	250×2	2.88	900M				
DRWKV-H/2 (Fei et al., 2024b)	250×2	2.95	779M				
EDM2-S (Karras et al., 2024)	63×2	2.23	280M				
EDM2-M (Karras et al., 2024)	63×2	2.01	498M				
EDM2-L (Karras et al., 2024)	63×2	1.88	778M				
EDM2-XL (Karras et al., 2024)	63×2	1.85	1.1B				
EDM2-XXL (Karras et al., 2024)	63×2	<b>1.81</b>	1.5B				
<b>GANs &amp; Masked Models</b>							
BigGAN (Brock, 2018)	1	8.43	160M	sCD-S	1	3.07	280M
StyleGAN-XL (Sauer et al., 2022)	1×2	2.41	168M		2	2.50	280M
VQGAN (Esser et al., 2021)	1024	26.52	227M	sCD-M	1	2.75	498M
MaskGIT (Chang et al., 2022)	12	7.32	227M		2	2.26	498M
MAGVIT-v2 (Yu et al., 2023)	64×2	1.91	307M	sCD-L	1	2.55	778M
MAR (Li et al., 2024)	64×2	<b>1.73</b>	481M		2	2.04	778M
VAR-d36-s (Tian et al., 2024a)	10×2	2.63	2.3B	sCD-XL	1	2.40	1.1B
					2	1.93	1.1B
				sCD-XXL	1	<b>2.28</b>	1.5B
					2	<b>1.88</b>	1.5B



# Summary

- Continuous-time CMs avoid the discretization error of PF-ODEs, producing better samples than discrete-time CMs.
- Always keep training stability in mind when designing scalable algorithms.
- Continuous-time CMs reduce the performance gap to SOTA diffusion models to within 10%, while achieving approximately a 50x speedup in sampling.