



**Saint Louis University**  
Graduate Program, School of Nursing



# CURRICULUM VITAE

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(Family Name) (First Name) (Middle Name)

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**EDUCATIONAL BACKGROUND: (from ELEM to COLLEGE/POST-GRAD)**

LEVEL	SCHOOL	YEAR GRADUATED/ UNITS EARNED	DEGREE
	All Saints' Mission School, Bontoc, Mountain Province	1985	Elem Educ
	Mountain Province General Comprehensive High School, Bontoc, Mountain Province	1989	Secondary Educ
	Centro Escolar University(Manila) Lyceum Northwestern University, Dagupan, Pangasinan	1989-1991 1991-1993	Bachelor of Science in Nursing
Post- Grad	Saint Louis University, Baguio City	2011	Master in Nursing
Post- Grad	Saint Louis University, Baguio City	42 units PhD in Nursing (Dissertation II in Progress)	Doctor of Philosophy in Nursing

**WORK EXPERIENCE: (From Present to Past)**

YEAR	POSITION	COMPANY/INSTITUTION
Aug. 2016- present	Faculty –on study leave	Saint Louis University
June 2014 – July 2016	Department Head, Level 1	Saint Louis University
Sept.2012 – May 2014	Faculty	Saint Louis University
June 2009 – Aug. 2012	Clinical coordinator for Hospital & Community RLE	Saint Louis University
June 2003 – May 2009	Faculty	Saint Louis University
1994 – 2003	Clinic Nurse	St. George Psychological and Testing Center, Baguio City
2000 – 2003	Part time instructor	MMS – DTCC Care Giver School, Baguio City
1993 – 1994	Civilian Nurse	Camp Bado Dangwa, Medical Dispensary

**PROFESSIONAL ORGANIZATION MEMBERSHIP or AFFILIATIONS**

NAME OF ORGANIZATION	POSITION
PNA	Board of Director, Baguio City chapter, member PNA national
PNRS SLU Cell	Auditor
GNAF	Member

**RESEARCH INVOLVEMENT****A. FACULTY RESEARCH (SY June 2009- Mar 2017)**

DATE	TITLE	SPONSORING AGENCY	ROLE
June 2011-Mar. 2012	Perceptions of Teenagers Regarding Teenage Pregnancy	Saint Louis University	promoter
June 2012- March 2013	Participation of Chronically Ill patients in Caring for Themselves	Saint Louis University	promoter
June 2013 – March 2014	Teens in Transit: towards parenthood	Saint Louis University	promoter
Aug 2015-2016	Decision Making of Elderly on Health Related issues	Saint Louis University	promoter
Aug. 2016-present	Ongoing dissertation on “Health Related Quality of Life of Older Persons”	CHED	author

**B. RESEARCH PRESENTATIONS (SY June 2009- Mar 2017)**

DATE	TITLE	SPONSORING AGENCY	ROLE
Oct. 2012	Perceptions of Teenagers Regarding Teenage Pregnancy	Saint Louis University	Podium Presenter
Nov30-Dec 1, 2014	Teens in Transit: towards parenthood	Saint Louis University	Poster Presenter
March 5, 2015	Teens in Transit: towards parenthood	Saint Louis University	Poster Presenter
August 1-2, 2016	Life Experiences of Older Adults with Arthritis on Decision Making		Podium Presenter
November 23-25, 2016	Life Experiences of Older Adults with Arthritis on Decision Making	Saint Louis University	Podium Presenter
March 25, 2017	Life Experiences of Older Adults with Arthritis on Decision Making	Saint Louis University	Podium Presenter

**C. PUBLICATIONS (Since 2005- May 2017)**

TITLE	JOURNAL/PAPER	DATE
Life Experiences of Older Adults with Arthritis on Decision Making	<a href="http://www.urucst2016.uru.ac.th">www.urucst2016.uru.ac.th</a> URU International Conference on Science & Technology Full Proceedings	August 1-2,2016

**D. OTHER RESEARCH INVOLVEMENT (SY June 2009- May 2017)**

TITLE	SPONSORING AGENCY	DATE AND VENUE	ROLE
Beyond Menopause: The New Age of Old Age Care”	SLU – Grad Program	November 29, 2011 S505	Panel member
Safe Motherhood in the Philippines	SLU – Grad Program	December 15, 2011 S 505	Panel member
Health Care Disparities Among Elderly	Self-sponsored	February 2012 EAFONS, Thailand	Co Author
Patient compliance: A Challenge in the Role of Nurse Osteoporosis Therapy	SLU – Grad Program	Mar 21, 2012 S 505	Panel member

The Management of Community-Acquired Pneumonia in Infants and children Older than 3 months of age; Clinical Practice Guidelines	SLU – Grad Program	Mar 21, 2012 \$ 505	Panel member
Music Therapy for Post Stroke Rehabilitation	SLU – Grad Program	April 13, 2012 \$ 505	Panel member
Herbal Medicines for Hypertension	SLU – Grad Program	April 16, 2012 \$ 505	Panel member (defense)
Pre-Hospital Stroke Scales	SLU – Grad Program	April 24, 2012 \$ 505	Panel member
Knowledge of Mothers on Diarrhea on children	SLU – Grad Program	May 14, 2012 \$ 505	Panel member (defense)
Effectiveness of Makahiya Root on Stage 1 Hypertension	SLU – Grad Program	May 16, 2012 \$ 505	Panel member (Public)
Awareness and Attitude of Women on Menopause	SLU – Grad Program	May 16, 2012 \$ 505	Panel member (defense)
Malnourished Children of Kapangan Benguet	SLU – Grad Program	May 16, 2012 \$ 505	Panel member (defense)
Prevention of Osteoporosis among Adult Women	SLU – Grad Program	July 26, 2012 \$ 505	Panel member (defense)
Caregivers Feeding Practices of Malnourished Children of Baguio City	SLU – Grad Program	October 1, 2012 \$ 505	Panel member (defense)
Practices of Mothers on Diarrhea	SLU – Grad Program	Jan 15, 2013 \$ 505	Panel member (defense)
Effectiveness of Makahiya Root on Stage 1 Hypertension	SLU – Grad Program	Jan 15, 2013 \$ 505	Panel member (defense)
Quality of Life of People Living with HIV/AIDS and Nurses' Role in Improving Them	SLU – Grad Program	April 11, 2013 \$ 505	Panel member (Public Lec))
Perception and Practices of Adult Women on Osteoporosis Prevention	SLU – Grad Program	April 11, 2013 \$ 505	Panel member (defense)
Extent of Practice of Baguio City Responders on Pre hospital Stroke Management	SLU – Grad Program	April 25, 2013 October 9, 2012 \$ 505	Panel member (defense)
Curiosity Exploration Behaviors and Social Support of the Baguio Elderly	SLU – Grad Program	Sept. 13, 2013 \$ 505	Panel member (Public Lec))
Nurse-Caring Behavior as perceived by Filipino Older Adults	SLU – Grad Program	Nov. 5, 2013 \$ 505	Panel member (Public Lec))
Beliefs & Practices on HIV/AIDS and Its Prevention Among Male Homosexuals	SLU – Grad Program	Dec. 7, 2013 June 21, 2013 \$ 505	Panel member (Public Lec))
An assessment of the Implementation of Essential Intrapartum of Newborn Care Among the Health Workers in Selected Hospitals in la Union	SLU – Grad Program	Feb. 26, 2014 \$ 505	Panel member (Public Lec)
Psychological Resilience Perspectives of Cordilleran and its Promotion	SLU – Grad Program	Mar 30, 2014 \$ 505	Panel member (Public Lec)
Awareness of Nurses on the Updated Guidelines for Supportive Care of Acute Ischemic Stroke Patients	SLU – Grad Program	May 14, 2014 \$ 505	Panel member (Public Lec)
Facilitating and Hindering Factors to Pain Management to Chronically ill Patients by Nurses	SLU – Grad Program	May 23, 2014 \$ 505	Panel member (defense)

Parenting Self efficacy Among Mothers	SLU – Grad Program	May 27, 2014 S 505	Panel member (Public Lec)
Knowledge on Sexually Transmitted Infections & Health Seeking Behaviors of Female Entertainment Workers in Baguio City	SLU – Grad Program	May 9, 2015 S 505	Panel member (Public Lec)
Activities of Older Adults Behind Bars	SLU – Grad Program	May 27, 2015 S 505	Panel member (Public Lec)
Implementation of the Privileges for the Senior Citizens Under the Expanded Senior Citizen's Act of the Philippine's 2010	SLU – Grad Program	June 5, 2015 S 505	Panel member (Public Lec)
Falls & Other Injuries on Older Adults	SLU – Grad Program	June 5, 2015 S 505	Panel member (Public Lec)
Quality of Life Among Older Adults	SLU – Grad Program	November 25, 2015 S 505	Panel member (Public Lec)
Mass Casualty Incidents in Saudi arabia	SLU – Grad Program	April 8, 2016 S 505	Panel member (Public Lec)
Review Panel, Scientific Committee	NEPRA Guild International conference	June 2017	Abstract reviewer
Christian Health-Related Beliefs and Practices	UCC – Graduate School	June 5, 2017	External Panel

#### EXTENSION AND OUTREACH (SY June 2009- May 2017)

TITLE	SPONSORING AGENCY	DATE & VENUE	ROLE
17 <sup>th</sup> EAFONS Conference	EAFONS	February 20-21, Century Park Hotel, Manila Phil	Member, organizing committee
Establishing a Home Based management program for Acute Respiratory Infection	SLU	Jan 2014-december 2016	Core Group Member
Parasitism Extension Program	SLU	1 <sup>st</sup> sem of Schl year 2013-2014	member
Establishing a Home Based management program for Acute Respiratory Infection	SLU	Oct 2013-Dec.2013	Team leader
Community Medical-Dental Mission	Office of Congressman Aliping	Oct. 27, 2013	member
16 <sup>th</sup> Regional Nursing Research Congress	SLU	March 5, 2015 Prince Bernhard Hall, SLU	Working Committee
Establishing a Home Based management program for Acute Respiratory Infection Nursing Clinic	SLU	May 2015	Team leader
Teaching Demonstration	SLU	Aug. 2015	member
Teaching Integrated Management of Childhood Illness Computerized Adaptation & Training Tool	SLU – School of Nursing	September 21-25,2015 Silang	Facilitator
Conscientization of Core Group Members, ARI Program	SLU-Buguias LGU	Feb. 21, 2016, Poblacion, Central Buguias, Benguet	Facilitator

School of Natural Sciences/School of Nursing Extension Program Presentation	SLU	March 14 & 16, 2016 Silang Lobby/Rizal Audiovisual Room	Facilitator
17 <sup>th</sup> Regional Nursing Research Congress	SLU	March 23, 2016 Decaestecker Hall, SLU	Working Committee
5 <sup>th</sup> Regional Nursing Quiz Bee 2017	SLU-SON	April 1, 2017 Francis Gever's Hall, SLU	Working Committee
2 <sup>nd</sup> School of Nursing Gawad 2017	SLU-SON	May 3, 2017 Francis Gever's Hall, SLU	Working Committee

#### **SPECIAL TRAINING/S RELATED TO PROFESSION (SY June 2009- May 2017)**

<b>TITLE OF SEMINAR</b>	<b>SPONSORING AGENCY</b>	<b>DATE/VENUE</b>
Preparing for Institutional Evidence Based Practice Implementation	Full Bright	Sept 9-13, 2013 S 504, Silang Building, SLU
Training of master Trainers on the National Nursing Core Competency Standards	ADPCN – SLU	Nov. 11-15, 2013 ADPCN, UP Village, Quezon City
Regular IV Training program	Self-sponsored	Sept26-28,2014 SLU Hospital of the Sacred Heart
Basic Life Support	Self-sponsored	Nov. 24, 2014 Cobalt Building, Baguio General Hospital, B.C.
Integrated management of Childhood Illness Technical updates Workshop and Training of Trainer's course	DOH	January 12-17, 2015 Richville, Hotel Mandaluyong,
Teaching Integrated Management of Childhood Illness Computerized Adaptation and Training tool –SON	School of Nursing	January 25, 2016 Rm. 503 Adenaur Building, SLU
Teaching Integrated Management of Childhood Illness Computerized Adaptation and Training tool	School of Nursing	September 21-25, 2015 S 504 Siang Building, SLU
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR	August 22-27, 2016 Prince Plaza Hotel, Baguio City
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR	August 22-27, 2016 Prince Plaza Hotel, Baguio City
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR	September 19-24, 2016 Prince Plaza Hotel, Baguio City
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR	October 10-15, 2016, Prince Plaza Hotel, Baguio City
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR	November 21-26, 2016 Eurotel Hotel, Baguio City

#### **SEMINARS ATTENDED as a PARTICIPANT (SY June 2011- May 2017)**

<b>TITLE OF SEMINAR</b>	<b>SPONSORING AGENCY</b>	<b>DATE/VENUE</b>
3 <sup>rd</sup> Jesus B Lara lecture Series	Saint Louis University School of Nursing	October 9, 2011 CCA-SLU
PRC-BON Nursing Core Competency Revisiting Project		October 12, 2011 Ridgewood, Hotel, Baguio City

89 <sup>th</sup> Foundation Anniversary 54 <sup>th</sup> Nurses week Celebration 2011National PNA Annual Convention		October 25-27, 2011 Lahug, Cebu
8 <sup>th</sup> International Nursing Conference PNAA		Jan 26-27, 2012 EDSA Shangri-la Hotel, Manila
2 <sup>nd</sup> International conference on Qualitative Research in Nursing and Health		Nov. 29-30,2012 Bay leaf Hotel, Intramuros, Manila
Public hearing on the Revised Nursing Core Competency Standards and Presentation of the Nursing law Revision		Jan. 17, 2012 Prince Plasa Hotel, Baguio
8 <sup>th</sup> PNAA International Convention Balik Turo program		Feb. 2, 2012 CCS-SLU
Neuroscience: Nursing and Research		Feb. 17, 2012 Hotel Supreme Baguio City
13 <sup>th</sup> Regional Nursing Congress	Saint Louis University School of Nursing	Feb. 18 2012 Prince Bernhard Hall
Caring for Stroke patients in the ICU		Apr 21, 2012 BBCCC Hall, Baguio City
90 <sup>th</sup> foundation Anniversary 55 <sup>th</sup> Nurses' week Celebration 2012 national PNA Annual Convention		Oct 23-25, 2012 Manila Hotel
NVIO: A user's perspective		Nov. 24, 2012 AVR Rizal Building, SLU
PNRS National Convention		Nov. 28 2012 Manila Doctors
Trends in Psychiatric Nursing and Cardiac Catheterization		Jan 19, 2013 Center for Culture and Arts SLU
Review of IMCI		April 3, 2013 Rm 408 Rizal Bldng, SLU
Table of Specifications: test construction strategies		April 3, 2013 Rm. 601 Rizal Bldng. SLU
Challenges and opportunities for the Nursing Profession in the 21 <sup>st</sup> Century		Aug 20, 2013 McGill Luce Auditorium Silliman, University, Dumaguete
Empowering Nurses: the what, the why and the how	Saint Louis University-School of Nursing	Aug. 31, 2013 C-013, CCA, SLU
Turnin-anti Plagiarism Orientation		Nov. 26, 2013 AVR Waldo Perfecto
5 <sup>th</sup> Jesusa B. Lara Lecture series	Saint Louis University-School of Nursing	Jan. 17, 2014 Center for Culture and Arts
17 <sup>th</sup> EAFONS Conference	EAFONS	February 20-21, 2014 Centrury Park Hotel, Manila Phil.
Health assessment skills congress	Saint Louis University School of Nursing	April 15, 2014 Adenauer Building, SLU
Integrating the Role of the Nurse Administrator in critical Care Nursing Challenges		May 17, 2014 Otto Han, AVR, SLU

Evidence Based Research	Dagupan, Pangasinan	May 26, 2014
Asean Integration 2015	Saint Louis University School of Nursing	June 2, 2014 Paiko Beach Resort Caba la union
Extension program orientation and proposal development	Aden	June 5, 2014 Adenauer Building, SLU
OBE Orientation	Saint Louis University School of Nursing	June 8-10,2014 Decaesteker Hall, Navy Base Campus
Outcome-based education in the BSN curriculum	Saint Louis University School of Nursing	June 13-14, 2014 Adenauer Building, SLU
Regional OBE Training	Union Christian College	July 16-18,2014
Aligning Nursing Skills with outcome based education	Saint Louis University School of Nursing	Aug 1-2, 2014 Adenauer Building, SLU
OBE integration in the BSN Curriculum	Saint Louis University School of Nursing	Nov 15, 2014 Adenauer Building, SLU
Managing Qualitative data: establishing rigor/trustworthiness	Saint Louis University School of Nursing	Dec. 13, 2014 Baguio-Benguet Community Credit Cooperative
Trends in Hospice care	Saint Louis University School of Nursing	Jan 28, 2015 Silang Building
16 <sup>th</sup> Regional Nursing Research Congress	Saint Louis University School of Nursing	Mar 5, 2015 Prince Bernhard Hall SLU
6 <sup>th</sup> Jesus b. Lara lecture Series	Saint Louis University, School of Nursing	Mar 15, 2015 Decaesteker Hall, Navy Base Campus
Scientific Session	Saint Louis University School of Nursing	Mar 15, 2015 Decaesteker Hall, Navy Base Campus
Writing for Publication and Collaborative Research	Graduate Program – SLU	January 29, 2016 S504 Sialng Building, SLU
Empowering the Nurse Educators for the Global and Local Challenges	ADPCN –CAR	March 4, 2016 Centennial Hall, University of Baguio,
Quality Improvement in Nursing:Caring for patients with DM and Sepsis	SLU-SON	June 18, 2016 CCA, SLU
7 <sup>th</sup> Jesusa B. Lara lecture Series	SLU-SON	June 19, 2016 CCA, SLU
URU International Conference on Science and Technology 2016		August 1-2, 2016 Uttaradit Rajabhat University, Thailand
9 <sup>th</sup> National Nursing Conference	Saint Louis University School of Nursing	November 23-25, 2016 Punta Villa Resort, Arevalo, Iloilo City
Updates on IRR of RA 10912, Continuing professional Development Act 2016	PRC,PNA, ADPCN	March 21, 2017 Baguio Benguet Community Credit Cooperative
18 <sup>th</sup> Regional Nursing Research Congress	Saint Louis University School of Nursing	March 25, 2017, CCA, SLU
1 <sup>st</sup> International Nursing Education Practice and Research Conference	Crown Legacy Hotel, Baguio City	August 25-26, 2017

**SEMINARS ATTENDED as a RESOURCE SPEAKER (SY June 2011- Ma7 2017)**

<b>TITLE OF SEMINAR</b>	<b>SPONSORING AGENCY</b>	<b>DATE/VENUE</b>
Monthly mother's training on the ARI program in Buguias	SLU	May, June July, Aug 2014 Barangay Hall of Barangay Poblacion, Buguias
OBE training for Region 1	CHED - COE	July 15-16, 2014 UCC, La Union
OBE Training	CHED - COE	May 29-30, 2015 UNP, Vigan City
Teaching Integrated Management of Childhood Illness Computerized Adaptation and Training Tool	School of Nursing	September 21-25, 2015 Rm. 504 Silang Building, SLU
Introduction to IMCI-ICATT	School of Nursing - FED	January 25, 2016 Rm. 503 Adenaur Building, SLU
Conscientization of Core Group Members, ARI Program	SLU-Buguias LGU	Feb. 21, 2016 Poblacion, Central Buguias, Benguet
Orientation on Active Aging	DOH-CAR	October 4-5, 2016 Prince Plaza Hotel, Baguio City
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR	October 10-15, 2016 Prince Plaza Hotel, Baguio City
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR	September 19-24, 2016 Prince Plaza Hotel, Baguio City
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR	November 21-26, 2016 Eurotel Hotel, Baguio City
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR	August 22-27, 2016 Prince Plaza Hotel, Baguio City
Integrated management of Childhood illnesses-Computerized Adaptation and Training Tool	DOH-CAR, Provincial Health Office, Baler	May 8-13, 2017 Crown Legacy, Kisad, Baguio City

**SUBJECTS TAUGHT**

<b>UNDERGRADUATE LEVEL</b>	<b>GRADUATE LEVEL</b>
Theoretical foundations in Nursing	Gerontological Nursing 2 & 3 as elective
Professional Ethics in Nursing	Comparative Health Care
Immunity and Infection	Ecology, Health and Illness
Integrated Management of Childhood Disease	Theoretical Foundations in Nursing
Skills Lecture	Gerontological Nursing 1
Nursing Ethics and Jurisprudence	