



Saint Louis University
Graduate Program, School of Nursing



CURRICULUM VITAE

Name: Bandaay Cheryll Mazaredo
(Family Name) (First Name) (Middle Name)
Date of Birth: June 14, 1973 Place of Birth: Baguio City Nationality: Filipino
Gender: F Height: 5'2" Civil Status: M Name of Spouse: Ian Steve Bandaay
PRC License No: 0282392 TIN : 187-465-942
SSS No.: 01-1460532-0 Phil Health No.: 04-050092632-7 PAG-IBIG No.: 1290-0054-9978
Baguio Address: 2 Strata Subd. San Luis Village, Baguio City
Home Address: same above
Contact Nos: CP No. 09175070922 Land Line: (074)447 5105
Email Address: cmbandaay@yahoo.com

EDUCATIONAL BACKGROUND:

| LEVEL | SCHOOL | FIELD OF SPECIALIZATION | YEAR GRADUATED/ UNITS EARNED | DEGREE |
|-----------|---|--|-------------------------------|--------------------------------|
| Doctorate | Saint Paul University | Nursing Education Major in Educational Leadership and Management | Ongoing/ 15 units | Ongoing |
| Masters | University of the Philippines, Manila | Maternal and Child Nursing | November 2011/ Masters Degree | Master of Arts in Nursing |
| Tertiary | University of the Philippines, Manila | Bachelor of Science in Nursing | May 1995/ College Diploma | Bachelor of Science in Nursing |
| Secondary | University of Baguio Science High School | | 1990/ High School Diploma | High School Graduate |
| Primary | Saint Louis University Laboratory Elementary School | | 1986/ Elementary Diploma | Elementary Graduate |

WORK EXPERIENCE:

| YEAR | POSITION | COMPANY/INSTITUTION | NO. OF YEARS |
|----------------|-------------|-----------------------------|----------------------|
| 2001 - present | Faculty | Saint Louis University | 17 Years |
| 1996 - 2001 | Staff Nurse | Philippine General Hospital | 4 Years and 8 Months |

PROFESSIONAL ORGANIZATION MEMBERSHIP or AFFILIATIONS

| NAME OF ORGANIZATION | POSITION |
|---|---------------------------------------|
| Philippine Nurses' Association | Chair, Research Department PNA-Baguio |
| Maternal and Child Nurses' Association of the Philippines | Member |
| Philippine Nursing Research Society | Member |
| Philippine Association of Medical Journal Editors | Member |
| Gerontology Nurses' Association of the Philippines | Treasurer – CAR cell |

RESEARCH INVOLVEMENT

A. FACULTY RESEARCH (SY June 2009- May 2017)

| DATE | TITLE | SPONSORING AGENCY | ROLE |
|---------------|--|------------------------------|-------------------|
| May 2017 | Association of Family-Centered Care and Patient Satisfaction | Self-financed | Research Promoter |
| 2017 | Relationship of the Extent of Family Centered Care Practice and Patient's Satisfaction | | Co-author |
| May 2016 | Factors Associated to Teenage Motherhood | Self-financed | Research Promoter |
| May 2015 | Complementary and Alternative Therapies to Control Blood Sugar Level Among Type 2 Diabetes Patients: A Mixed Method Design | Self-financed | Research Promoter |
| March 2014 | Factors affecting post partum depression | Self-financed | Research Promoter |
| November 2013 | Maternal Child Feeding Behaviors and Obesity in toddlers | Self-financed | Research Promoter |
| November 2012 | Level of parental attachment of high school students | Self-financed | Research Promoter |
| November 2011 | Family Factors in Developmental Delays in Children Under 6 Years Old | SLU Faculty Development Fund | Main Author |

B. RESEARCH PRESENTATIONS (SY June 2009- May 2017)

| DATE | TITLE | SPONSORING AGENCY | ROLE |
|---------------------|---|---|------------|
| August 25-26, 2017 | Relationship of the Extent of Family Centered Care Practice and Patient Satisfaction | 1 st International Nursing Education Practice and Research Conference | |
| March 25, 2017 | Factors Associated to Quality of Life Among Teenage Mothers | 18 th Regional Nursing Research Congress | Co- Author |
| November 23-25 2016 | Factors Associated to Quality of Life Among Teenage Mothers | Philippine Nursing Research Society Incorporated | Co- Author |
| October 17-19 2016 | Factors Associated to Quality of Life Among Teenage Mothers | Philippine Nurses' Association Annual Convention | Co- Author |
| May 31, 2016 | Effects of Complementary and Alternative Therapies to Control Blood Sugar Level Among Type 2 Diabetes Patients: A Mixed Method Design | 5 th Regional Health Research Conference | Co- Author |
| December 11, 2015 | Effects of Complementary and Alternative Therapies to Control Blood Sugar Level Among Type 2 Diabetes Patients: A Mixed Method Design | International Conference of Nurses (ICoNS) / 5 th Asian International Conference on Humanized Health Care (AIC-HHC) 2015 and International Conference of Nurses (ICoNS) 2015 | Co- Author |
| October 9, 2015 | Complementary and Alternative Therapies to Control Blood Sugar Level Among Type 2 Diabetes Patients: A Mixed Method Design | ADPCN/ 14 th National Conference for Nursing Students | Co- Author |
| November 22, 2013 | Parental Behaviors of Mothers of Toddlers | Cebu Normal University (ICONS) | Co- Author |

C. PUBLICATIONS

| TITLE | JOURNAL/PAPER | DATE |
|--|-------------------------------|---------------|
| Family Factors in Developmental Delays in Children under 6 Years Old | Philippine Journal of Nursing | Jan-June 2013 |

D. OTHER RESEARCH INVOLVEMENT

| TITLE | SPONSORING AGENCY | DATE AND VENUE | ROLE |
|---|--|---|--------------------------|
| 18 th Regional Nursing Research Congress | SLU School of Nursing | March 25, 2017 SLU CCA THEATER | Chair, Program Committee |
| 17 th Regional Nursing Research Congress | SLU School of Nursing | March 23, 2016 Gerard Decaestecker Conference Hall | Chair, Program Committee |
| 6 th Jesusa B. Lara Lecture Series | SLU School of Nursing and SLU Alumni Association | March 15, 2015 Gerard Decaestecker Conference Hall | Chair, Program Committee |
| 16 th Regional Nursing Research Congress | SLU School of Nursing | March 5, 2015 Prince Bernhard hall, Saint Louis University | Chair, Program Committee |
| 3 rd national Nursing Research Congress | Philippine Nurses Association | November 30 2013 Crown Legacy | Working Committee |
| Research promoter to undergraduate students | | AY 2011-2017 | |
| Research adviser in the graduate school | | AY 2011-2017 | |
| Research panel member in both the graduate school and undergraduate | | AY 2011-2017 | |

EXTENSION AND OUTREACH

| TITLE | SPONSORING AGENCY | DATE & VENUE | ROLE |
|--|---|--|---|
| 5 th Regional Nursing Quiz Bee 2017 | Saint Louis University School of Nursing | April 2017 | Technical Expert, Contributor of test questions |
| Integrating Evidence-based Approach at Baguio General Hospital and Medical Center Nursing Service | Integrating Evidence-based Approach at Baguio General Hospital and Medical Center Nursing Service | January 13, 2017 | Speaker |
| 5 th Regional Health Research Conference | Cordillera Health Research and Development Consortium | May 31, 2016 | Working Committee member |
| Integrating EBP in BGHMC nursing service | Saint Louis University | February 2016 ONGOING | Member, Resource Speaker Facilitator |
| Jobs fair 2016 | Saint Louis University School of Nursing | 2016 | Team Leader |
| Epidemiology and Interpersonal Communication Skills Building for deployed Human Resource for Health of DOH-Car | Department of Health CAR | September 25 2015 and October 9, 2015 | Facilitator |
| Integrated Maternal and Childcare Approach: A Holistic Delivery of Nursing Care | Department of Health Baguio General Hospital and Medical Center Nursing Service | July 9, 2015 | Speaker: Research in Maternal Care |
| 6 TH Jesusa B. Lara Lecture Series | Saint Louis University School of Nursing | March 15, 2015 Conference Hall, Navy Base Campus, Saint | Program Chair |

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| | | Louis University | |
| Scientific Session: New Trends and Nurses' Roles in Cardiovascular and Renal Nursing | Saint Louis University School of Nursing in cooperation with SLU-CON Alumni Association | March 15, 2015 Conference Hall, Navy Base Campus, Saint Louis University | Working Committee |
| 16 th Regional Nursing Research Congress | Saint Louis University School of Nursing | March 5, 2015 | Speaker/ Facilitator |
| 16 th Regional Nursing Research Congress | Saint Louis University School of Nursing | March 3, 2015 | Program Chair |
| Jobs fair 2016 | Saint Louis University School of Nursing | 2015, 2017 | Member |
| Handog ng SLU sa Baguio University Days Activity | Saint Louis University | November 30, 2014 Melvin Jones, Baguio City | Member |
| EINC Integration in the BSN Curriculum | Association of Deans of Philippine Colleges of Nursing | November 24, 2014 | Speaker |
| OBE Integration in the BSN Curriculum | Saint Louis University | November 15, 2014 | Facilitator |
| Aligning Nursing Skills with Outcome-based Education | Saint Louis University School of Nursing | August 2, 2014 Adenauer Building SLU Main Campus | Facilitator |
| Integration of Outcomes-based Education in the BSN Curriculum | Association of Deans of Philippine Colleges of Nursing-Region I | July 17-18, 2014 | Speaker |
| Upgrading the standards of maternal and Child Nursing Practice in the Philippines | Maternal and Child Nurses' Association of the Philippines | June 7, 2014 Century Park Hotel, Manila | Contributor |
| ASEAN Integration 2015, Nursing Core Competencies, Amendments in the Philippine Nursing Law and Overview of Outcome-based Education | Saint Louis University School of Nursing | June 2-3, 2014 Paiko Beach Resort, Caba, La Union | Speaker |
| Health Assessment Skills Congress | Saint Louis University School of Nursing | April 15, 2014 Adenauer Building SLU Main Campus | Speaker |
| Handog ng SLU sa Baguio | Saint Louis University | 2014-2017 | Team leader, Registration |
| Ebola Virus Campaign | SLU Son in coordination with BHD | SLUSoN | Member |

SPECIAL TRAINING/S RELATED TO PROFESSION

| DATE | TITLE OF TRAINING | VENUE/INSTITUTION |
|----------------------|---|--|
| February 22-23, 2018 | Early Essential Newborn Care Training | World Health Organization and Department of Health |
| December 1-2, 2016 | Training- Workshop on Principles of Health Research Ethics and Good Clinical Practice | UP Manila and National Institutes of Health |
| November 26, 2016 | 1 st International Maternal and Child Nursing Conference | Maternal and Child Nurses Association of the Philippines, Inc. |
| November 25, 2016 | MCNAP Malpresentation/ Position Workshop | Maternal and Child Nurses Association of the Philippines, Inc. |

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| November 25,2016 | MCNAP Updates on Suturing Methods Workshop | Maternal and Child Nurses Association of the Philippines, Inc. |
| November 25,2016 | MCNAP Reproductive Health: Family Planning Workshop | Maternal and Child Nurses Association of the Philippines, Inc. |
| May 31,2016 | 5 th Regional Health Research Conference | Cordillera Regional Health Research Development Consortium |
| March 15,2015 | New Trends and Nurses' Roles in Cardiovascular and Renal Nursing | SLU School of Nursing |
| March 5,2015 | 16 th Regional Nursing Research Congress | SLU School of Nursing |
| January 17,2015 | Revisiting Outcomes-Based education and Assessment of Teaching Strategies | SLU |
| Nov-Dec 2014 | Medical Transcription Training NC2 | TESDA |
| November 28,2014 | Maternal and Child Nursing Practice Standards in the Philippines: Its relevance on the ASEAN Community Integration 2015 | Mother and Child Nurses Association of the Philippines, Inc. |
| November 24,2014 | EINC Integration in the BSN Curriculum | Association of Deans of Philippine Colleges of Nursing |
| June 27,2014 | Association of Deans of Philippine Colleges of Nursing CAR | Focus Charting: DOH Perspective |
| June 13-14, 2014 | Outcomes-based Education in the BSN Curriculum | SLU School of Nursing |
| June 19,2014 | Region I Consultation and Benchmarking Writeshop | SLU School of Nursing |
| June 10,2014 | Research Proposal Development Seminar | SLU School of Nursing |
| June 7,2014 | Upgrading the standards of maternal and Child Nursing Practice in the Philippines | Mother and Child Nurses Association of the Philippines, Inc. |
| June 5,2014 | Seminar Orientation on Extension Program Guidelines | SLU School of Nursing |
| June 2-3, 2014 | Team Building: Strengthening Collegiality and Responsibility | SLU School of Nursing |
| March 28,2014 | Road Mapping and Capacity Building for Nursing Leaders and Stakeholders in the Cordillera Administrative Region | Professional Regulation Commission |
| March 26-28, 2014 | Training of trainers on Interpersonal Communication and Counselling | El Cielito Inn, Baguio City/ USAID, PBSP, CBCP-ECHC |
| May 2013 | Essential Intrapartum and Newborn Care Training of Faculty Trainors | Century Park Hotel/ ADPCN and UNICEF |

SEMINARS ATTENDED

| DATE | TITLE OF SEMINAR | VENUE/INSTITUTION |
|---|---|--|
| May 2013 October 2013 February 2013 | Essential Intrapartum and Newborn Care Training of Faculty | Century Park Hotel/ ADPCN and UNICEF |
| November 29-30 2013 | 3 rd National Nursing Research Conference | Crown Legacy, Baguio City/Philippine Nursing Research Society and Philippine Nurses' Association |
| March 28, 2014 | Road Mapping and Capacity Building for Nursing Leaders and Stakeholders in the Cordillera administrative Region | SLU Baguio City/ Professional Regulation Commission and the Board of Nursing |
| June 2, 2014 | ASEAN Integration 2015, Nursing Core Competencies, Amendments in | Caba, La Union/ Saint Louis University School of Nursing |

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| | the Philippine Nursing Law and Overview of Outcome-based Education | |
| June 5, 2014 | Seminar Orientation on Extension Program Guidelines | Adenauer Building, Saint Louis University Baguio City/ Saint Louis University School of Nursing |
| June 6-7 2014 | Revisiting the Standards of Maternal and Child Nursing Practice in the Philippines Seminar Workshop | Century Park Hotel/ Maternal and Child Nurses' Association of the Philippines |
| June 7, 2014 | Upgrading the standards of maternal and Child Nursing Practice in the Philippines | Century Park Hotel Manila/ Maternal and Child Nurses' Association of the Philippines |
| June 13-14, 2014 | Outcomes-based Education in the BSN Curriculum | Adenauer Building, Saint Louis University Baguio City/ Saint Louis University School of Nursing |
| June 19, 2014 | Region I Consultation and Benchmarking Writeshop | Adenauer Building, Saint Louis University Baguio City/ Saint Louis University School of Nursing |
| June 27, 2014 | Focus Charting: DOH Perspective | SLU Board Room, Baguio City / Association of Deans of Colleges of Nursing |
| June 6 and 10, 2014 | Research Proposal Development Seminar | Adenauer Building, Saint Louis University Baguio City/ Saint Louis University School of Nursing |
| November 24, 2014 | ADPCN Regional Meeting and Evaluation of EINC Integration in the BSN Curriculum | Crown Legacy Hotel, Baguio City/ Association of Deans of Philippine Colleges of Nursing Inc. |
| November 28, 2014 | Maternal and Child Nursing Practice Standards in the Philippines: Its relevance on the ASEAN Community Integration 2015 | Century Park Hotel, Manila Mother and Child Nurses' Association of the Philippines, Inc |
| December 11-13, 2014 | Basic Epidemiological Research | Crown Legacy Hotel, Baguio City/ Cordillera Regional Health Research and Development Consortium |
| January 17, 2015 | Revisiting Outcomes-Based education and Assessment of Teaching Strategies | Adenauer Building, Saint Louis University/ Saint Louis University School of Nursing |
| March 5, 2015 | 16 th Regional Nursing Research Congress | Prince Bernhard hall, Saint Louis University/ Saint Louis University School of Nursing |
| March 15, 2015 | New Trends and Nurses' Roles in Cardiovascular and Renal Nursing | Gerard Decaestecker Conference Hall/ SLU SON and SON Alumni Association |
| March 15, 2015 | 6 th Jesusa B. Lara Lecture Series | Gerard Decaestecker Conference Hall/ Saint Louis University School of Nursing |
| June 26, 2015 July 2-3, 2015 | Research Proposal Writeshop | Cordillera Regional Health Research and Development Consortium |
| July 9, 2015 | Integrated Maternal and Childcare Approach: A holistic Delivery of Nursing Care | Baguio General Hospital and Medical Center; Department of Health Nursing Training Office, BGHMC |
| July 31, 2015- August 1, 2015 | Light the Path: Ethics and Rigor in Nursing Research | Adenauer Building, Saint Louis University/ Saint Louis University School of Nursing |
| September 25, 2015 and October 9, 2015 | Orientation on Universal Health Care High Impact Five, Basic Epidemiology and Interpersonal Communication Skills Building for Deployed Human Resource for Health of DOH-CAR | Department of Health-CAR Prince Plaza Hotel, Baguio City |
| February 23, 2016 | Mother Baby Friendly Hospital Initiative and Breastfeeding | BGH-MC Under Five Conference Room/ Department of Health and Baguio General |

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| | | Hospital and Medical Center |
| May 31, 2016 | 5 th Regional Health Research Conference | CCA Theater, SLU, Baguio City |
| November 25, 2016 | MCNAP Malpresentation/ Position Workshop | Manila Hotel, Manila Maternal and Child Nurses Association of the Philippines, Inc. |
| November 25, 2016 | MCNAP Updates on Suturing Methods Workshop | Manila Hotel, Manila Maternal and Child Nurses Association of the Philippines, Inc. |
| November 25, 2016 | MCNAP Reproductive Health: Family Planning Workshop | Manila Hotel, Manila Maternal and Child Nurses Association of the Philippines, Inc. |
| November 26, 2016 | 1 st International Maternal and Child Nursing Conference | Manila Hotel, Manila Maternal and Child Nurses Association of the Philippines, Inc. |
| December 1-2 2016 | Training-Workshop on Principles of Health Research Ethics and Good Clinical Practice | College of Nursing Seminar Room, UP Manila UP Manila and National Institutes of Health |

SUBJECTS TAUGHT

| UNDERGRADUATE LEVEL | GRADUATE LEVEL |
|--|---|
| Nursing Care Management 101 (Care of Individuals, families with Maternal and Child Health) | Maternal and Child Nursing 2 (Perinatal Nursing) |
| Nursing Care Management 102 (Care of Mother, Child and Family and Population Group at-risk or with problems) | Maternal and Child Nursing 1 (Child Development and Adjustment) |
| Nursing Care Management 101a Skills Lecture | Research |
| Nursing Care Management 102a Skills Lecture | |
| Nursing Care Management 101a Return Demonstration | |
| Nursing Care Management 101a Return Demonstration | |
| Health Ethics | |