



**Saint Louis University**  
Graduate Program, School of Nursing



# CURRICULUM VITAE

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## EDUCATIONAL BACKGROUND:

LEVEL	SCHOOL	Field of Specialization	YEAR GRADUATED/ UNITS EARNED	DEGREE
Post Graduate	Saint Louis University		2018 / 42 units	Doctor of Philosophy in Nursing
Post Graduate	Saint Louis University	Adult Health Care	2011	Master in Nursing
College	Saint Louis University		2007	Bachelor of Science in Nursing
High School	University of Baguio Science High		2003	

## WORK EXPERIENCE:

YEAR	POSITION	COMPANY/INSTITUTION	No. of Years
2008 to present	Faculty	Saint Louis University	9
2013 to 2016	Reviewer	Saint Louis University Nursing Review Program	3
July 10 to Aug. 3, 2015	Visiting professor	Boromarajonani College of Nursing, Lampang, Thailand	
2007 to 2008	Nurse Fellow	Baguio General Hospital and Medical Center	1
2007 to 2008	Trainer	Adrena Care Academy of Baguio, Inc.	1

## PROFESSIONAL ORGANIZATION MEMBERSHIP or AFFILIATIONS

NAME OF ORGANIZATION	POSITION
Philippine Nurses Association	Member
SLU Alumni Foundation Inc. College of Nursing	Member
Operating Room Nurses Association of the Philippines, Inc.	Member
Philippine Nursing Research Society, Inc.	Member

**RESEARCH INVOLVEMENT****A. FACULTY RESEARCH (SY June 2009- Mar 2017)**

DATE	TITLE	SPONSORING AGENCY	ROLE
AY 2017- 2018	Evidence-based practices in Mentoring Student Nurses in Placement: A systematic review and meta-analysis	Saint Louis University Commission on Higher Education	Lead Author
AY 2013-2014	Mapping of the initial care when a child is diagnosed with type 1 diabetes (Pre-proposal)	Saint Louis University	Research assistant
AY 2013-2014	A tracer study of SLU-SON BSN graduates (Pre-proposal)	Saint Louis University	Lead Author

**B. RESEARCH PRESENTATIONS (SY June 2009- Mar 2017)**

DATE	TITLE	SPONSORING AGENCY	ROLE
February 7-9, 2018	Evidence-based Practices in Mentoring Student Nurses in Clinical Placement : A Systematic Review and Meta-Analysis	Boromarajonani College of Nursing, Lampang Thailand	
January 20, 2016	Stress level and management strategies of call center agents	SLU SON;Manila Tytana Colleges	Research promoter
AY 2015-2016	Attitudes of Student Nurses on Older Person Care	SLU SON	Research promoter
Aug. 5-7, 2015	Gerontological nursing clinical placements: A comparison between two nursing schools in the Philippines and Thailand	Boromarajonani College of Nursing, Lampang, Thailand	Research presenter
AY 2012-2013	Practice behaviors of nurses regarding chemotherapy	SLU SON	Research promoter
AY 2011-2012	Knowledge and attitude of community folks on disaster preparedness in selected barangays of Baguio City	SLU SON	Research promoter

**C. PUBLICATIONS**

TITLE	JOURNAL/PAPER	DATE
Self-Assessed Level of Confidence of Public Health Nurses in Baguio City, Philippines on Global Competencies	Philippine Journal of Nursing	Vol. 85/ July-Dec 2015
A concept analysis of mentoring	Philippine Journal of Nursing	Vol. 84/ July-Dec 2014

**D. OTHER RESEARCH INVOLVEMENT (SY June 2009- Mar 2018)**

TITLE	SPONSORING AGENCY	DATE AND VENUE	ROLE
Health Promoting Lifestyle of Older Adults	Saint Louis University	SY 2016 – 2017	Research promoter
Effects of SMS Reminders on Glycemic Control Index among Type 2 Diabetes Mellitus Patients: A Systematic Review	Saint Louis University	SY 2016 – 2017	Thesis Adviser
Effectiveness of a teaching module in the treatment regimen adherence	Saint Louis University	June 11, 2016 July 21, 2016	Panel Member

among the hypertensives		December 13, 2016; January 13, 2017 SLU SON Library	
To prone or not to prone: development of a clinical practice guideline for the pronation of mechanically ventilated adults	Saint Louis University	June 11, 2016 Silang Building Room 505	Panel Member
Self-assessed Level of Confidence of Public Health Nurses in Baguio City, Philippines on Global Competencies	Saint Louis University Graduate Program (Phd in Nursing)	SY 2015-2016	Lead Researcher
Attitudes of Filipino 4 <sup>th</sup> Year Student Nurses towards Caring Older Persons	Saint Louis University	SY 2015 – 2016	Research promoter
Compliance and barriers to breast cancer screening methods among women in Baguio City, Philippines	Saint Louis University	Aug-Dec 2014 (1 <sup>st</sup> sem AY 2014-15)	Research promoter
Effectiveness of diabetic booklet in behavioral modification of patients with T2DM (ORAL DEFENSE)	Saint Louis University	March 24, 2015	Panel member
Effectiveness of diabetic booklet in behavioral modification of patients with diabetes: type 2 (TEXTUAL DEFENSE: MSN)	Saint Louis University	March 10, 2015	Panel member
Stress level and management strategies of call center agents	Saint Louis University	Jan-May 2015 (2 <sup>nd</sup> sem AY 2014-2015)	Research promoter
Waste Management: Styro and Plastic Free Silang (QUALITY IMPROVEMENT PROJECT)	Saint Louis University	SY 2014-2015	Adviser/ QI Promoter
Dietary behavior of patients with diabetes: type 2 (PROPOSAL DEFENSE: MSN)	Saint Louis University	Nov. 18, 2013	Panel member
Practice behaviors of nurses regarding chemotherapy	Saint Louis University	AY 2012- 2013	Research promoter
Knowledge and attitude of community folks on disaster preparedness in selected barangays of Baguio City	Saint Louis University	AY 2011- 2012	Research promoter

**EXTENSION AND OUTREACH (SY June 2009- Mar 2018)**

<b>TITLE</b>	<b>SPONSORING AGENCY</b>	<b>DATE &amp; VENUE</b>	<b>ROLE</b>
Integrating Evidence-based Approach at Baguio General Hospital and Medical Center (BGHMC) nursing service	SLU SON in partnership with BGHMC	Aug. 1, 2016 to May 31, 2017	Team member
18 <sup>th</sup> Regional Nursing Research Congress, 2 <sup>nd</sup> SON Gawad 2017; Jesusa B. Lara Lecture Series 2017	SLU SON in partnership with SLU AFICON	SY 2016-2017	Member of the working committee
Enhancing Nursing Research Competencies Towards Global Competitiveness	SLU SON in partnership with ADPCN-CAR	March 23, 2016 Decaestecker Hall, SLU	Member of the working committee
Acute respiratory infection extension program	SLU SON and Poblacion, Buguias, Benguet	Poblacion, Buguias, Benguet 2014 to 2016	Member
<b>BALIKTURO ACTIVITIES:</b> Trends in hospice care; Traumatic brain injury and touch points on nursing negligence; Updates in gerontological nursing; Job's Fair 2015 (June 18, 2015)	Saint Louis University School of Nursing and Alumni Foundation Inc. College of Nursing (AFICON)	Jan. 28, 2015 (S501); June 11, 2015 (A503); April 12, 2015 (S504)	Vice President (AFICON)
Saving lives through first aid: a revisit	Provincial social welfare and development office, La Trinidad, Benguet	March 17, 2014/ Community Hall of Taloy Norte, Tuba, Benguet, Philippines	Participant
"We Care" Medical Mission	Baguio Congressman's Social Responsibility Foundation Inc.	October 27, 2013; Irisan Elementary School, Irisan, Baguio City	Participant

**SPECIAL TRAINING/S RELATED TO (SY June 2009- Mar 2017)**

<b>TITLE OF TRAINING</b>	<b>VENUE/INSTITUTION</b>	<b>DATE</b>
Mentoring Program	Trinity University of Asia	March 20-21, 2015
Medical Transcription	Center for Technical Excellence Integrated School, Inc.	Sept. 15-Oct7, 2014
Regular IV training	ANSAP	Sept. 26-28, 2014

**SEMINARS ATTENDED AS A PARTICIPANT (SY June 2011- Mar 2017)**

<b>TITLE OF SEMINAR</b>	<b>SPONSORING AGENCY</b>	<b>DATE/VENUE</b>
The 4 <sup>th</sup> International Conference: Qualitative Research in Nursing, Health, and Social Sciences	Boromarajonani College of Nursing Lampang, Thailand	February 7 – 9, 2018
Mixed methods research design	SLU Graduate Program	Jan. 24, 2017/ Silang 303 SLU
The critical steps for successful research: the key to getting started	SLU School of Nursing (SON)	Jan.11-12,2017/ A.Roces Board Room SLU
Grounded theory as qualitative research methodology	SLU School of Nursing	October 10, 2016/ Adenauer 503 SLU
Sufficiency economic theory	SLU School of Nursing	October 8, 2016/ Silang 504 SLU

Quality improvement theory	SLU School of Nursing	Sept. 9, 2016/ Rizal 308 AV Room SLU
The Filipino Nurse in a Dynamic Glocal Environment	11 <sup>th</sup> Regional Student Nurses' Congress: ADPCN-CAR	March 4, 2016
Writing for Publication and Collaborative Research	Saint Louis University-School of Nursing and Graduate Program	January 29, 2016
Enhancing the Integration of relevant Nursing Concepts and Techniques in the BSN curriculum	SLU School of Nursing	January 13, 2016 SLU Adenauer 503
Leadership and Innovations in Older Person Care	Boromarajonani College of Nursing, Lampang, Thailand	Aug. 5-7, 2015 Lampang, Thailand
Peripherally inserted central catheter: Basic nursing care	Saint Louis University-School of Nursing and SLU College of Nursing Alumni Association	June 22, 2015 SLU Adenauer 503
Nursing scholarship in ASEAN perspective	SLU SON and SLU CON Alumni Association	Mar 15, 2015 Gerard Decaestecker Building, SLU Navy Base Campus
Scientific session 2015	SLU SON and SLU CON Alumni Association	Mar 15, 2015 Gerard Decaestecker Building, SLU Navy Base Campus
6 <sup>th</sup> JBL lecture series	SLU SON and SLU CON Alumni Association	Mar 15, 2015 Gerard Decaestecker Building, SLU Navy Base Campus
Revisiting outcome-based education and assessment of teaching strategies	Saint Louis University School of Nursing	Jan 17, 2015 Adenauer 503
Trends in hospice care	SLU SON and SLU CON Alumni Association	Jan.28. 2015 S-501
Basic IV training program	SLU Hospital of the Sacred Heart and Association of Nursing Administrators and Supervisors of the Philippines (ANSAP)	Sept.26-28, 2014 Baguio City
Aligning skills with outcome-based education	Saint Louis University School of Nursing	Aug 2, 2014 Adenauer 503
Outcome-based education in the BSN curriculum	Saint Louis University School of Nursing	June 13 & 14, 2014 Adenauer 503
Traumatic brain injury and touch points on nursing negligence	Saint Louis University School of Nursing and SLU CON Alumni Association	June 11, 2014 Adenauer 503
Research proposal development	Saint Louis University School of Nursing	June 6 & 10, 2014 Adenauer 503
Orientation Program orientation and proposal development	Saint Louis University School of Nursing	June 5, 2014 Adenauer 503
ASEAN integration 2015, Nursing core competencies, Amendments in the Philippine Nursing Law, and the Overview of Outcome-based Education	Saint Louis University School of Nursing	June 2, 2014 Paiko Beach Resort, Caba, La Union
Updates in gerontological nursing	SLU School of Nursing and SLU CON Alumni Association	April 12, 2014 Silang 504
Comprehensive course evaluation of nursing core competencies	Saint Louis University School of	Feb 25, 2014 Adenauer 504

	Nursing	
Scaling Up partnerships for graduate education and research	SLU School of Nursing	Feb 20-21, 2014 Century park hotel, Manila, Philippines
Scientific session 2014	Saint Louis University-School of Nursing	Jan 17, 2014 SLU Center for Culture and the Arts Theater
5 <sup>th</sup> Jesusa B Lara lecture series	Saint Louis University-School of Nursing	Jan 17, 2014 SLU Center for Culture and the Arts Theater
International trends in nursing specialties: A closer look at nursing roles and challenges	SLU School of Nursing	Jan 8, 2014 SLU Center for Culture and the Arts Theater
6 <sup>th</sup> national nursing research conference: Adventures of nursing research: Bridging gaps in nursing research	Saint Louis University-School of Nursing	Nov 30, 2013 Crown legacy hotel, Baguio City
An introduction to NVivo: A user's perspective	Saint Louis University-School of Nursing	Nov 24, 2012 Rizal 408
Forum on evidence-based nursing practice	Saint Louis University-School of Nursing	Sept 6, 2013 Jose Burgos Building, Presidential board room
The ABCs of chemotherapy	Saint Louis University-School of Nursing	April 30, 2013 St. Luke's Medical Center, Conference rooms 3 and 4.
Enhancing competency in utilizing health assessment tools	Saint Louis University-School of Nursing	April 19, 2013 Adenauer 504
Review of IMCI	Saint Louis University-School of Nursing	April 3, 2013 Rizal 408
Table of specifications: test construction strategies	Saint Louis University-School of Nursing	April 3, 2013 Rizal 601

#### SEMINARS ATTENDED as a Resource Speaker (SY June 2011- Mar 2017)

TITLE OF SEMINAR	SPONSORING AGENCY	DATE/VENUE
Prevention & Control of Acute Respiratory Tract Infection (ARI)	Saint Louis University SON & Municipality of Buguias, Benguet	January 15, 2017 Poblacion, Buguias, Benguet
Integrating evidence-based approach at Baguio General Hospital and Medical Center Nursing Service	Saint Louis University SON & Baguio General Hospital and Medical Center (BGHMC)	January 13, 2017 BGHMC Alumni Hall
First Aid and Basic Life Support	Saint Louis University SON and NSTP	Dec. 21, 2016 SLU Adenauer building, Room 503
Blended Learning and Evaluation	ADPCN Region I	Dec. 4, 2015 Hotel Le Duc, Tapuac District, Dagupan, Pangasinan
Establishing Family-Based Acute Respiratory Infection Extension Program	Saint Louis University-School of Nursing	May 24, 2015 Poblacion, Buguias Benguet
Bridging the gap: theory and practice through	SLU and Northern Luzon	Jan. 18, 2015

OBE and EBP.	Adventist College	Nursing Audio Visual Room, NLAC, Sison, Pang.
Health assessment skills congress	Saint Louis University-School of Nursing	April 15, 2014 SLU Adenauer 507
Aligning Nursing Skills with OBE	Saint Louis University-School of Nursing	Aug. 2, 2014 SLU Adenauer 503
First Aid Trainging Seminar	Maryhurst Seminary and SON	July 2, 2014

#### SUBJECTS TAUGHT

UNDERGRADUATE LEVEL	GRADUATE LEVEL
Emergency and disaster nursing	Disaster Nursing
Critical care nursing	Medical-Surgical Nursing 3
Oncology nursing	
Communicable diseases: Competency appraisal	
Infection and inflammation: Competency appraisal	
CardioPulmoHema (CPH): Competency appraisal	
Critical care nursing: Competency appraisal	
Health assessment: Lecture and Skills RD	
Assistive devices: Rehabilitation Nursing	