

## The 4-Hour Formula Maximises Performance and Profit (Paperback)



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### ***Reviews***

*Great e book and helpful one. It really is writter in straightforward terms and not hard to understand. You can expect to like how the blogger write this book.*  
***(Hudson Christiansen)***

## THE 4-HOUR FORMULA MAXIMISES PERFORMANCE AND PROFIT (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2018. Paperback. Condition: New. Language: English. Brand new Book. The 4-hour formula is a rigorously designed process that enables the transformation of an immature group into a high-performing team in precisely four hours. The formula proves the truth of the Swiss psychologist Jean Piaget's comment: "effective group work is truly individualising." If individuals work in high-performing teams, then their performance is maximised. My approach is based on developing positive attitudes and harnessing the power of positive action. It is the complete antithesis to the conventional approach, based on the belief that you had to have "blood on the carpet," before you could build a high performing team, i.e. you had to enter a storming stage (where individualism was at its peak) and then resolve all the personality and ego clashes (produce lots of blood) before you could move on. In fact, my formula is the only way to building high-performing teams, as evidenced by the following quote provided by Martin Pexton, Personnel Director of Allen & Overy (1990-2002), Corporate Development Director of London Merchant Securities (2002-2007) and MD of LMS Capital (2007-2009). "Rupert's principles and approach worked every time across job levels and national cultures. When his techniques have been practiced sufficiently to become habitual, they result in huge leaps forward in creativity and decision-taking. They also refresh the parts other approaches cannot reach, building strength and confidence for both the team and the individual. Creating and being part of a great team produces better results, makes work more rewarding and helps people to grow." Chapter 1, "Useful Tools and Techniques," provides a comprehensive set of tools and techniques. Their purpose is to ensure that you, the RTB (Rapid Team Builder), will be 100% confident of success before you deliver the formula to your...



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