The item() method returns a node at the specified index in a NodeList object(list of nodes like array).

<!DOCTYPE html>

<html>

<head>

<title>remove</title>

<script type="text/javascript">

var removeListItem = function(){

var ulElement = document.getElementById('non\_metals');

alert(ulElement.getElementsByTagName('LI').item(0).innerText);

}

</script>

</head>

<body>

<div id="myDIV">

<ul id="non\_metals">

<li>sodium</li>

<li>magnessium</li>

<li>aluminuium</li>

<li>chlorium</li>

</ul>

<br>

<button onclick="removeListItem()">remove</button>

</div>

</body>

</html>