

Assignment Name: Storyboard
 Group Name: Codebreakers

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StoryBoard Mithun Sangeeth

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Panel 1: Nicole and Any meet after a long time near a fitness centre while they were running. They talk to each other about what they do to keep themselves fit.

Panel 2: Nicole is a 24 year old who enjoys running, doing yoga and eating healthy diet food.

Panel 3: Nicole received her degree in BA Anthropology and is working as a Sales Worker. She got the job because she got a new job.

Panel 4: Nicole is suffering from a health disease which is very critical. She is afraid of losing her loved ones because of this disease. She goes to a hospital and takes the medicine.

Panel 5: The doctor advised Nicole to start doing yoga everyday which will make her mentally and physically very fit. Nicole downloaded an app which tracks her blood pressure monitor, maintain calorie intake and many more ways to improve their health for a better living.

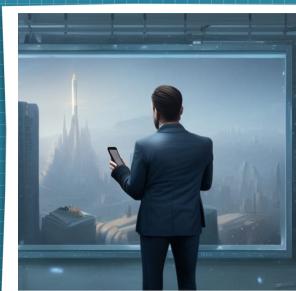
Panel 6: The app helped Nicole maintain a proper diet which the right amount of nutrition required for her. She started getting better as days went by and she decided to travel and eat things on her Goals list. She wants to travel to 2 new countries in 2 years.

Panel 7: After getting better in health she flew to New York for her vacation and explore the place. She met a group of friends and used the app with them which helped them have fun together like playing video games and using different apps.

Tyrek Brunson



John wanted to improve his health by exercising regularly, but his busy work schedule made it difficult for him to find time to hit the gym or go for a jog. He spent most of his day sitting in front of a computer, and by the time he got home, he was too tired to even think about working out.



While scrolling through his phone, he came across a new fitness app that promised to help him get in shape by incorporating exercise into his daily routine.



He downloaded the app and was prompted to enter his work address and the time he needed to arrive. The app then generated a personalized route for him to jog to work, taking into account the distance and terrain to ensure that he got the most exercise possible while also arriving on time for his job.



As he got more comfortable with the app and the route, he started to notice a significant improvement in his health and energy levels. He was no longer feeling sluggish and tired after work, and he found himself more focused and productive during work.

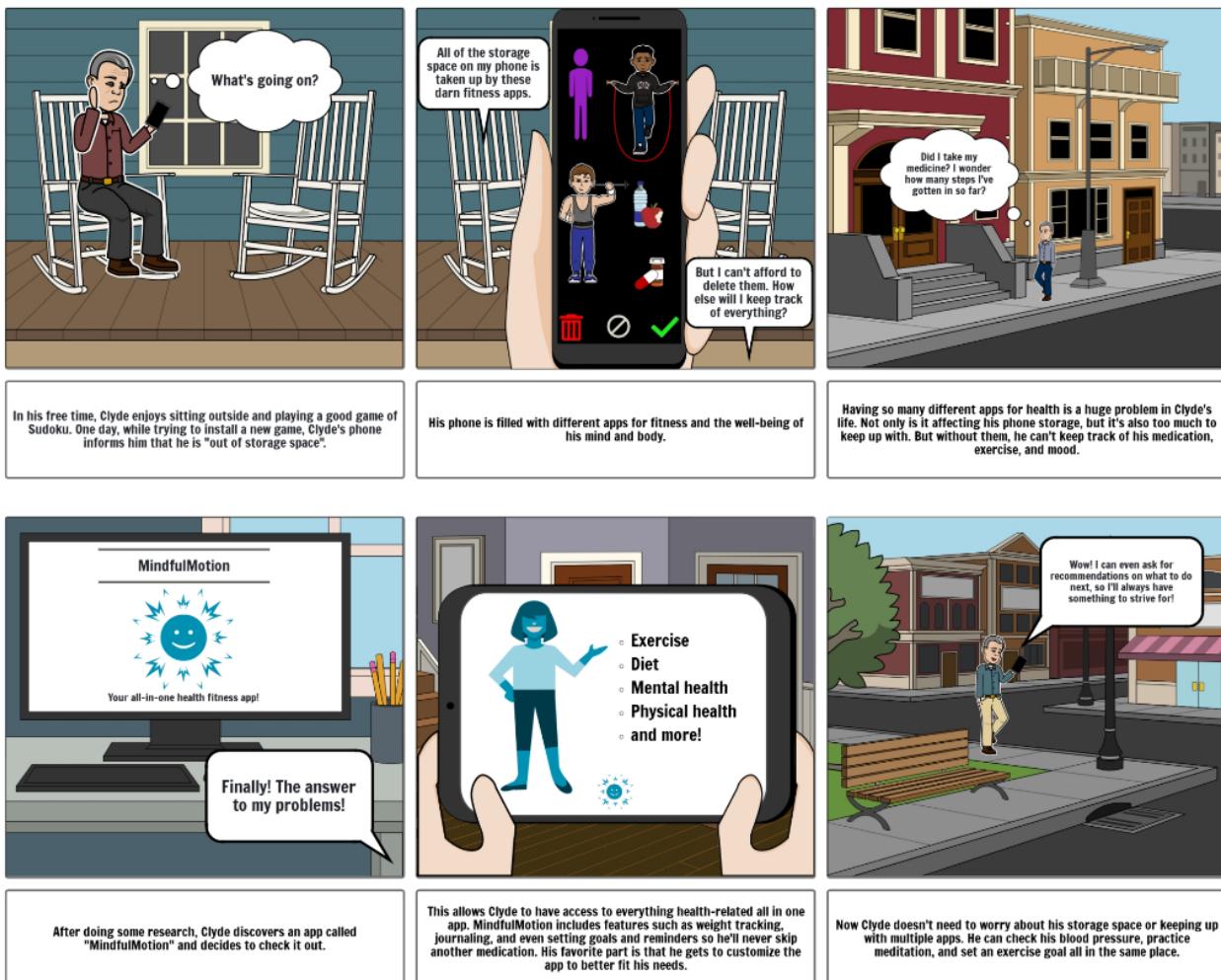


Because of the convenience and ease of use in the app, he didn't need to sacrifice any of his work hours to exercise. Instead, he was able to incorporate physical activity into his daily routine without disrupting his busy schedule.



John continued to use the app and jog to work every day, even on weekends when he had more free time. He found that it not only helped him improve his physical health but also his mental health as he felt more refreshed and energized throughout the day.

Shanteria Edwards



Jenna Stover

