



```
In [2]: ! pip install numpy matplotlib
import numpy as np
from numpy.linalg import eigh, norm
import matplotlib.pyplot as plt
rng = np.random.default_rng()
```

Requirement already satisfied: numpy in c:\users\codet\appdata\local\programs\python\python313\lib\site-packages (2.2.4)  
 Requirement already satisfied: matplotlib in c:\users\codet\appdata\local\programs\python\python313\lib\site-packages (3.10.7)  
 Requirement already satisfied: contourpy>=1.0.1 in c:\users\codet\appdata\local\programs\python\python313\lib\site-packages (from matplotlib) (1.3.3)  
 Requirement already satisfied: cycler>=0.10 in c:\users\codet\appdata\local\programs\python\python313\lib\site-packages (from matplotlib) (0.12.1)  
 Requirement already satisfied: fonttools>=4.22.0 in c:\users\codet\appdata\local\programs\python\python313\lib\site-packages (from matplotlib) (4.61.0)  
 Requirement already satisfied: kiwisolver>=1.3.1 in c:\users\codet\appdata\local\programs\python\python313\lib\site-packages (from matplotlib) (1.4.9)  
 Requirement already satisfied: packaging>=20.0 in c:\users\codet\appdata\local\programs\python\python313\lib\site-packages (from matplotlib) (25.0)  
 Requirement already satisfied: pillow>=8 in c:\users\codet\appdata\local\programs\python\python313\lib\site-packages (from matplotlib) (12.0.0)  
 Requirement already satisfied: pyparsing>=3 in c:\users\codet\appdata\local\programs\python\python313\lib\site-packages (from matplotlib) (3.2.5)  
 Requirement already satisfied: python-dateutil>=2.7 in c:\users\codet\appdata\roaming\python\python313\site-packages (from matplotlib) (2.9.0.post0)  
 Requirement already satisfied: six>=1.5 in c:\users\codet\appdata\roaming\python\python313\site-packages (from python-dateutil>=2.7->matplotlib) (1.17.0)

[notice] A new release of pip is available: 25.2 -> 25.3  
 [notice] To update, run: python.exe -m pip install --upgrade pip

```
In [3]: # Helper functions
def sqrtm_spd(A, eps=1e-12):
    """Matrix square root of a symmetric positive definite matrix A."""
    w, v = eigh(A)
    w_clipped = np.clip(w, eps, None)
    return (v * np.sqrt(w_clipped)) @ v.T

def inv_sqrtm_spd(A, eps=1e-12):
    """Inverse square root of a symmetric positive definite matrix A."""
    w, v = eigh(A)
    w_clipped = np.clip(w, eps, None)
    return (v * (1.0 / np.sqrt(w_clipped))) @ v.T
```

```
In [4]: # Covariance matrix constructors
def make_sigma_identity(d):
    """Simple  $\Sigma = I$ ."""
    return np.eye(d)

def make_sigma_log_spectrum(d, kappa=10.0):
    """
     $\Sigma$  with log-spaced eigenvalues between 1 and kappa.
    """
```

```

# eigenvalues log-spaced in [1, kappa]
eigvals = np.exp(np.linspace(0.0, np.log(kappa), d))
Q, _ = np.linalg.qr(rng.normal(size=(d, d)))
return Q @ np.diag(eigvals) @ Q.T

def make_sigma_random_spd(d, scale=1.0):
    """
     $\Sigma = A A^T / d$ , random SPD with mild conditioning.
    """
    A = rng.normal(size=(d, d))
    return (A @ A.T) / (d * scale)

```

In [5]: *# Single spike models*

```

def make_T_spike(d, beta=3.0):
    """
     $T = I + (\beta - 1) u u^T$  (single spike).
     $\beta \geq 1$  controls spike strength.
    """
    u = rng.normal(size=d)
    u /= norm(u)
    return np.eye(d) + (beta - 1.0) * np.outer(u, u), u

def make_T_diag(d, kappa=10.0):
    """
    T diagonal with log-spaced eigenvalues between 1 and kappa.
    """
    eigvals = np.exp(np.linspace(0.0, np.log(kappa), d))
    return np.diag(eigvals)

def make_H(Sigma, T):
    Sigma_sqrt = sqrtm_spd(Sigma)
    return Sigma_sqrt @ T @ Sigma_sqrt

def sample_G_hat(d, m, Sigma=None):
    """
    Sample empirical second-moment  $\hat{G} = (1/m) \sum g_i g_i^T$ 
    with  $g_i \sim N(0, \Sigma)$ . If Sigma is None, use identity.
    """
    if Sigma is None:
        # Sigma = I: gradients are standard normal
        G_hat = np.zeros((d, d))
        for _ in range(m):
            g = rng.normal(size=d)
            G_hat += np.outer(g, g)
        G_hat /= m
        return G_hat
    else:
        # General Sigma via its sqrt
        Sigma_sqrt = sqrtm_spd(Sigma)
        G_hat = np.zeros((d, d))
        for _ in range(m):
            z = rng.normal(size=d)

```

```

        g = Sigma_sqrt @ z
        G_hat += np.outer(g, g)
    G_hat /= m
    return G_hat

```

```

In [ ]: def sample_gradient(Sigma):
        """
        Sample  $g \sim N(0, \Sigma)$ .
        """
        d = Sigma.shape[0]
        z = rng.normal(size=d)
        # Using Cholesky or sqrtm; for large d, we'd want a more efficient factori
        Sigma_sqrt = sqrtm_spd(Sigma)
        return Sigma_sqrt @ z

def build_ema_G(Sigma, beta=0.99, n_steps=5000, G0=None):
    """
    Build EMA preconditioner:
         $G_t = \beta * G_{t-1} + (1 - \beta) * g_t g_t^T$ 
    Returns the final  $G_t$ .
    """
    d = Sigma.shape[0]
    if G0 is None:
        G = np.zeros((d, d))
    else:
        G = G0.copy()

    for _ in range(n_steps):
        g = sample_gradient(Sigma)
        G = beta * G + (1.0 - beta) * np.outer(g, g)
    return G

```

```

In [7]: # The curvature after preconditioning, and its spectrum

```

```

def preconditioned_curvature(H, G_hat):
    """
    Compute  $H' = G_{\text{hat}}^{-1/2} H G_{\text{hat}}^{-1/2}$ .
    """
    G_inv_sqrt = inv_sqrtm_spd(G_hat)
    return G_inv_sqrt @ H @ G_inv_sqrt

def spectrum(A):
    """
    Return sorted eigenvalues (ascending).
    Assumes A is symmetric.
    """
    w, _ = eigh(A)
    return np.sort(w)

```

## Experiment 1 for Claim 1

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In [45]: d = 128

```

```

gamma_list = [0.1, 0.2, 0.3, 0.4, 0.5, 0.6]
kappa_T = 10.0
n_trials = 50 # feel free to increase if it's fast

# Build T and H (Sigma = I)
T = make_T_diag(d, kappa=kappa_T)
H = T.copy()

results = []

for gamma in gamma_list:
    m = int(d / gamma) # m ≈ d / gamma
    lambda_min_S = []
    lambda_max_S = []
    lambda_min_Hp = []
    lambda_max_Hp = []
    kappa_Hp = []

    for _ in range(n_trials):
        # Sample G_hat
        G_hat = sample_G_hat(d, m, Sigma=None) # Sigma = I

        #  $S = \text{Sigma}^{-1/2} G_{\text{hat}} \text{Sigma}^{-1/2} = G_{\text{hat}}$  when Sigma = I
        S = G_hat

        # Preconditioned curvature  $H' = G_{\text{hat}}^{-1/2} H G_{\text{hat}}^{-1/2}$ 
        G_inv_sqrt = inv_sqrtm_spd(G_hat, eps=1e-10)
        H_prime = G_inv_sqrt @ H @ G_inv_sqrt

        # Spectra
        eig_S = spectrum(S)
        eig_Hp = spectrum(H_prime)

        lambda_min_S.append(eig_S[0])
        lambda_max_S.append(eig_S[-1])

        lambda_min_Hp.append(eig_Hp[0])
        lambda_max_Hp.append(eig_Hp[-1])
        kappa_Hp.append(eig_Hp[-1] / eig_Hp[0])

    # Aggregate
    lambda_min_S = np.array(lambda_min_S)
    lambda_max_S = np.array(lambda_max_S)
    lambda_min_Hp = np.array(lambda_min_Hp)
    lambda_max_Hp = np.array(lambda_max_Hp)
    kappa_Hp = np.array(kappa_Hp)

    # Theoretical MP edges
    lam_minus = (1 - np.sqrt(gamma))**2
    lam_plus = (1 + np.sqrt(gamma))**2

    # Theoretical H' bounds
    eig_T = spectrum(T)

```

```

lam_min_T = eig_T[0]
lam_max_T = eig_T[-1]
kappa_T_emp = lam_max_T / lam_min_T

lb_Hp = lam_min_T / (1 + np.sqrt(gamma))**2
ub_Hp = lam_max_T / (1 - np.sqrt(gamma))**2
kappa_bound = kappa_T_emp * (1 + np.sqrt(gamma))**2 / (1 - np.sqrt(gamma))

results.append(
    dict(
        gamma=gamma,
        m=m,
        lam_minus=lam_minus,
        lam_plus=lam_plus,
        lam_min_S_mean=lambda_min_S.mean(),
        lam_max_S_mean=lambda_max_S.mean(),
        lam_min_S_q5=np.quantile(lambda_min_S, 0.05),
        lam_min_S_q95=np.quantile(lambda_min_S, 0.95),
        lam_max_S_q5=np.quantile(lambda_max_S, 0.05),
        lam_max_S_q95=np.quantile(lambda_max_S, 0.95),
        lam_min_Hp_mean=lambda_min_Hp.mean(),
        lam_max_Hp_mean=lambda_max_Hp.mean(),
        lam_min_Hp_q5=np.quantile(lambda_min_Hp, 0.05),
        lam_min_Hp_q95=np.quantile(lambda_min_Hp, 0.95),
        lam_max_Hp_q5=np.quantile(lambda_max_Hp, 0.05),
        lam_max_Hp_q95=np.quantile(lambda_max_Hp, 0.95),
        kappa_Hp_mean=kappa_Hp.mean(),
        kappa_Hp_q5=np.quantile(kappa_Hp, 0.05),
        kappa_Hp_q95=np.quantile(kappa_Hp, 0.95),
        lb_Hp=lb_Hp,
        ub_Hp=ub_Hp,
        kappa_bound=kappa_bound,
        kappa_T_emp=kappa_T_emp,
    )
)

```

results

```

Out[45]: [{'gamma': 0.1,
  'm': 1280,
  'lam_minus': np.float64(0.46754446796632404),
  'lam_plus': np.float64(1.732455532033676),
  'lam_min_S_mean': np.float64(0.47567972347083676),
  'lam_max_S_mean': np.float64(1.7083739957904873),
  'lam_min_S_q5': np.float64(0.4583880267764845),
  'lam_min_S_q95': np.float64(0.49084031892908353),
  'lam_max_S_q5': np.float64(1.6770236422795908),
  'lam_max_S_q95': np.float64(1.7457920865265182),
  'lam_min_Hp_mean': np.float64(0.8645339221305055),
  'lam_max_Hp_mean': np.float64(13.37785777806388),
  'lam_min_Hp_q5': np.float64(0.833018864416662),
  'lam_min_Hp_q95': np.float64(0.8890356136463019),
  'lam_max_Hp_q5': np.float64(12.982164727975446),
  'lam_max_Hp_q95': np.float64(14.050533456737025),
  'kappa_Hp_mean': np.float64(15.479285706561628),
  'kappa_Hp_q5': np.float64(14.882292033580582),
  'kappa_Hp_q95': np.float64(16.180656026479838),
  'lb_Hp': np.float64(0.5772153925510174),
  'ub_Hp': np.float64(21.388339901650326),
  'kappa_bound': np.float64(37.05434778363072),
  'kappa_T_emp': np.float64(10.000000000000002)},
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  'm': 640,
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  'lam_plus': np.float64(2.0944271909999155),
  'lam_min_S_mean': np.float64(0.31411862457827117),
  'lam_max_S_mean': np.float64(2.053711572649849),
  'lam_min_S_q5': np.float64(0.2967888779714568),
  'lam_min_S_q95': np.float64(0.33359687968741963),
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  'lam_max_S_q95': np.float64(2.1318959486114935),
  'lam_min_Hp_mean': np.float64(0.7867513374363487),
  'lam_max_Hp_mean': np.float64(17.4704944132441),
  'lam_min_Hp_q5': np.float64(0.7422786131157324),
  'lam_min_Hp_q95': np.float64(0.822594785162641),
  'lam_max_Hp_q5': np.float64(16.61362964594663),
  'lam_max_Hp_q95': np.float64(18.460465082832844),
  'kappa_Hp_mean': np.float64(22.229578336308123),
  'kappa_Hp_q5': np.float64(20.68295486323115),
  'kappa_Hp_q95': np.float64(24.02572524837783),
  'lb_Hp': np.float64(0.47745751406263154),
  'ub_Hp': np.float64(32.72542485937368),
  'kappa_bound': np.float64(68.54101966249682),
  'kappa_T_emp': np.float64(10.000000000000002)},
{'gamma': 0.3,
  'm': 426,
  'lam_minus': np.float64(0.2045548849896678),
  'lam_plus': np.float64(2.395445115010332),
  'lam_min_S_mean': np.float64(0.21202982562882258),
  'lam_max_S_mean': np.float64(2.3391565839676685),
  'lam_min_S_q5': np.float64(0.1946617061194701),
  'lam_min_S_q95': np.float64(0.23131156505225503),

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'lam_max_S_q5': np.float64(2.2745717662168583),
'lam_max_S_q95': np.float64(2.3903822194686435),
'lam_min_Hp_mean': np.float64(0.7242266959789154),
'lam_max_Hp_mean': np.float64(23.93842516243709),
'lam_min_Hp_q5': np.float64(0.6913149832223281),
'lam_min_Hp_q95': np.float64(0.7673839132253416),
'lam_max_Hp_q5': np.float64(22.206015321133584),
'lam_max_Hp_q95': np.float64(26.113946024458993),
'kappa_Hp_mean': np.float64(33.071935892957825),
'kappa_Hp_q5': np.float64(30.5294287964557),
'kappa_Hp_q95': np.float64(35.8810051426708),
'lb_Hp': np.float64(0.4174589489585057),
'ub_Hp': np.float64(48.88663500021086),
'kappa_bound': np.float64(117.10525100054822),
'kappa_T_emp': np.float64(10.000000000000002)},
{'gamma': 0.4,
 'm': 320,
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 'lam_min_S_q95': np.float64(0.1589569489402688),
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 'kappa_Hp_q95': np.float64(54.897778619273446),
 'lb_Hp': np.float64(0.3752470442573562),
 'ub_Hp': np.float64(74.02530733520423),
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 'kappa_T_emp': np.float64(10.000000000000002)},
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 'lam_plus': np.float64(2.914213562373095),
 'lam_min_S_mean': np.float64(0.09265274579756026),
 'lam_max_S_mean': np.float64(2.8368486210580057),
 'lam_min_S_q5': np.float64(0.0814639841112012),
 'lam_min_S_q95': np.float64(0.10466134580306287),
 'lam_max_S_q5': np.float64(2.725259366300481),
 'lam_max_S_q95': np.float64(2.9702184046245774),
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 'lam_max_Hp_mean': np.float64(49.66950485949501),
 'lam_min_Hp_q5': np.float64(0.6013556104784524),
 'lam_min_Hp_q95': np.float64(0.6613310818239413),
 'lam_max_Hp_q5': np.float64(42.144661487596515),
 'lam_max_Hp_q95': np.float64(56.758480296030456),

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'kappa_Hp_mean': np.float64(78.33595405541182),
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'kappa_Hp_q95': np.float64(89.46464916778602),
'lb_Hp': np.float64(0.3431457505076198),
'ub_Hp': np.float64(116.56854249492386),
'kappa_bound': np.float64(339.7056274847716),
'kappa_T_emp': np.float64(10.000000000000002)},
{'gamma': 0.6,
 'm': 213,
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 'lam_plus': np.float64(3.149193338482967),
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 'lam_min_S_q5': np.float64(0.04889944837276513),
 'lam_min_S_q95': np.float64(0.06333814104811804),
 'lam_max_S_q5': np.float64(2.9249335740957303),
 'lam_max_S_q95': np.float64(3.215334145139818),
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 'lam_min_Hp_q95': np.float64(0.6291174220502082),
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 'kappa_Hp_q95': np.float64(151.43317609089237),
 'lb_Hp': np.float64(0.3175416344814578),
 'ub_Hp': np.float64(196.8245836551855),
 'kappa_bound': np.float64(619.8386676965937),
 'kappa_T_emp': np.float64(10.000000000000002)}}]

```

Plot 1: Show that MP law holds for our setup

```

In [46]: # Extract arrays for plotting
gammas = np.array([r["gamma"] for r in results])
lam_minus = np.array([r["lam_minus"] for r in results])
lam_plus = np.array([r["lam_plus"] for r in results])
lam_min_S_mean = np.array([r["lam_min_S_mean"] for r in results])
lam_max_S_mean = np.array([r["lam_max_S_mean"] for r in results])

plt.figure(figsize=(6, 4))

# empirical means
plt.plot(gammas, lam_min_S_mean, marker='o', label="E[λ_min(S)]")
plt.plot(gammas, lam_max_S_mean, marker='s', label="E[λ_max(S)]")

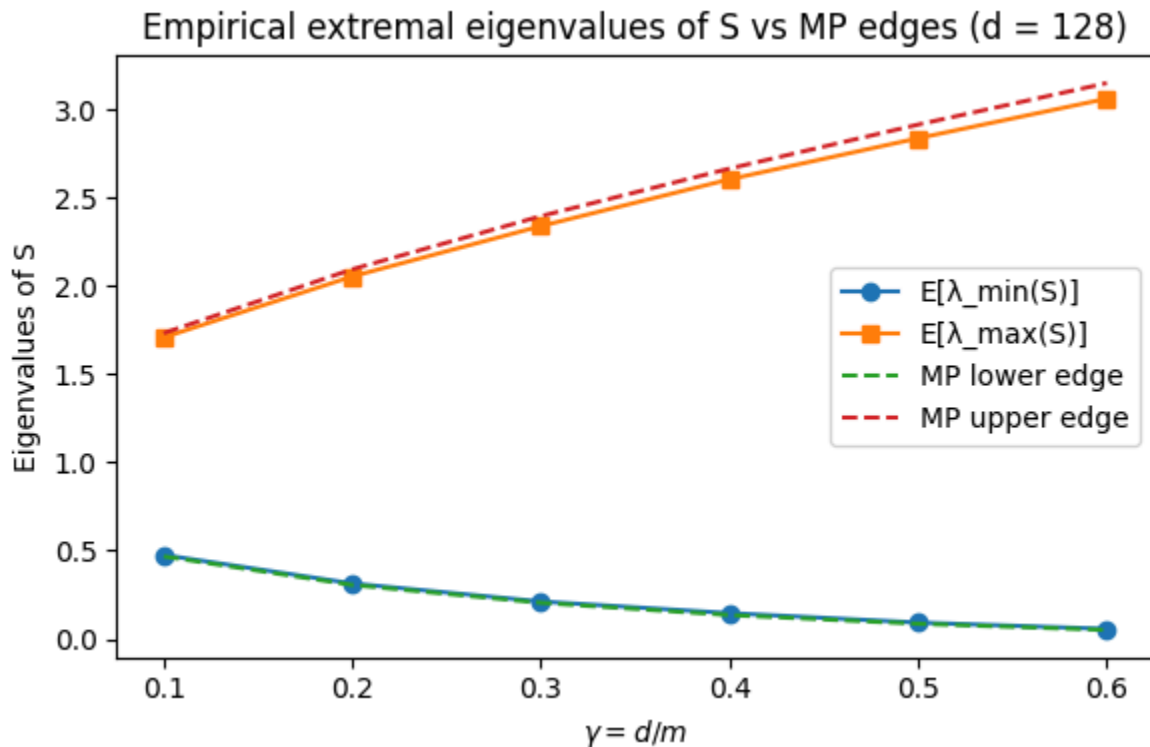
# theoretical MP edges
plt.plot(gammas, lam_minus, linestyle='--', label="MP lower edge")
plt.plot(gammas, lam_plus, linestyle='--', label="MP upper edge")

plt.xlabel(r"$\gamma = d/m$")
plt.ylabel("Eigenvalues of S")
plt.title("Empirical extremal eigenvalues of S vs MP edges (d = 128)")

```



```
plt.legend()
plt.tight_layout()
plt.show()
```



Plot 2:

```
In [47]: lam_min_Hp_mean = np.array([r["lam_min_Hp_mean"] for r in results])
lam_max_Hp_mean = np.array([r["lam_max_Hp_mean"] for r in results])
lb_Hp = np.array([r["lb_Hp"] for r in results])
ub_Hp = np.array([r["ub_Hp"] for r in results])

plt.figure(figsize=(6, 4))

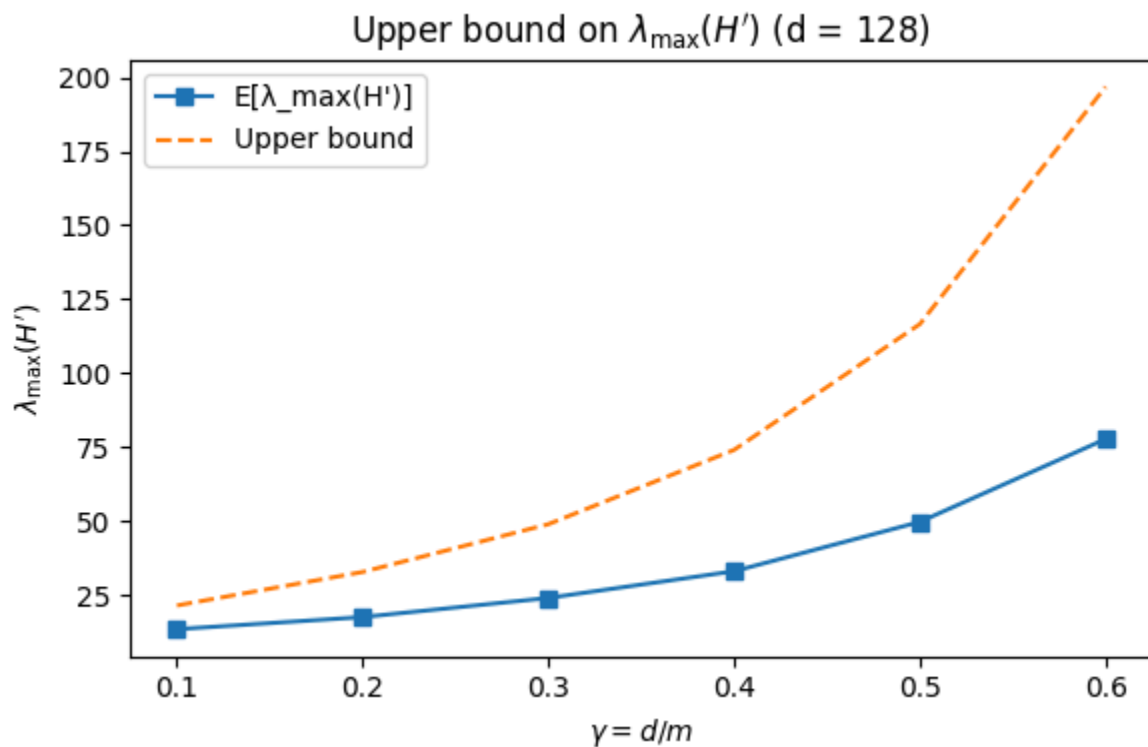
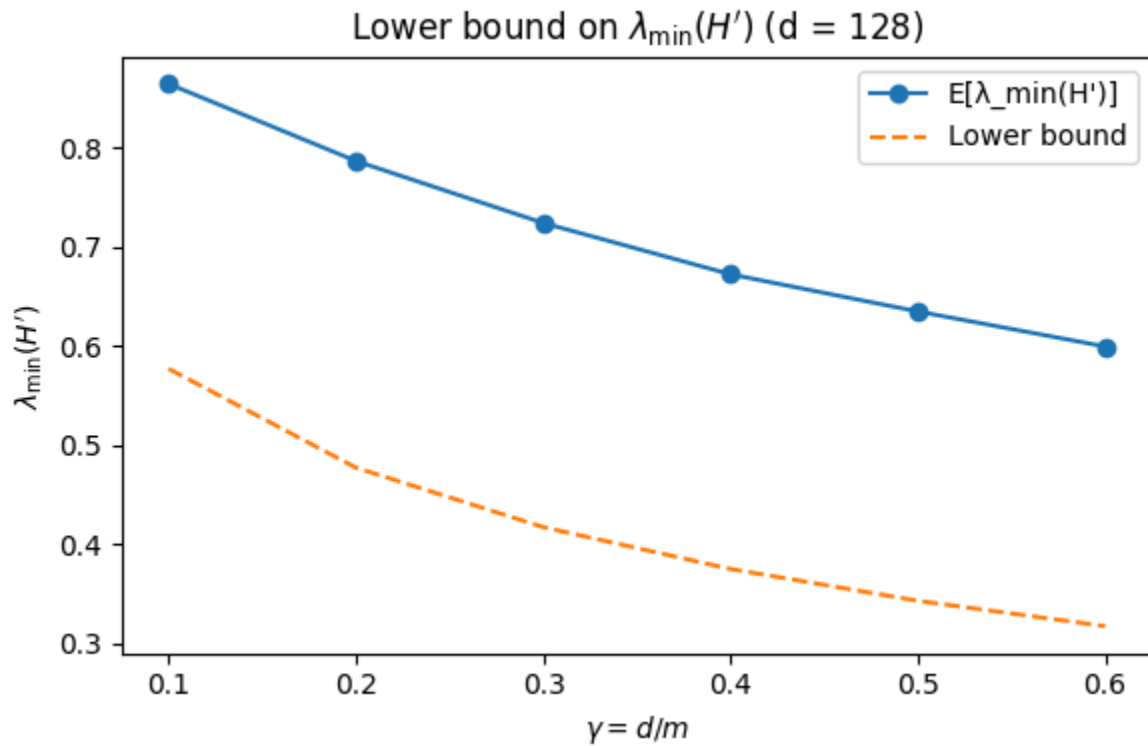
#  $\lambda_{\min}(H')$ 
plt.plot(gammas, lam_min_Hp_mean, marker='o', label=r" $E[\lambda_{\min}(H')]$ ")
plt.plot(gammas, lb_Hp, linestyle='--', label="Lower bound")

plt.xlabel(r" $\gamma = d/m$ ")
plt.ylabel(r" $\lambda_{\min}(H')$ ")
plt.title(r"Lower bound on  $\lambda_{\min}(H')$  ( $d = 128$ )")
plt.legend()
plt.tight_layout()
plt.show()

plt.figure(figsize=(6, 4))

#  $\lambda_{\max}(H')$ 
plt.plot(gammas, lam_max_Hp_mean, marker='s', label=r" $E[\lambda_{\max}(H')]$ ")
plt.plot(gammas, ub_Hp, linestyle='--', label="Upper bound")
```

```
plt.xlabel(r"$\gamma = d/m$")
plt.ylabel(r"$\lambda_{\max}(H')$")
plt.title(r"Upper bound on $\lambda_{\max}(H')$ (d = 128)")
plt.legend()
plt.tight_layout()
plt.show()
```

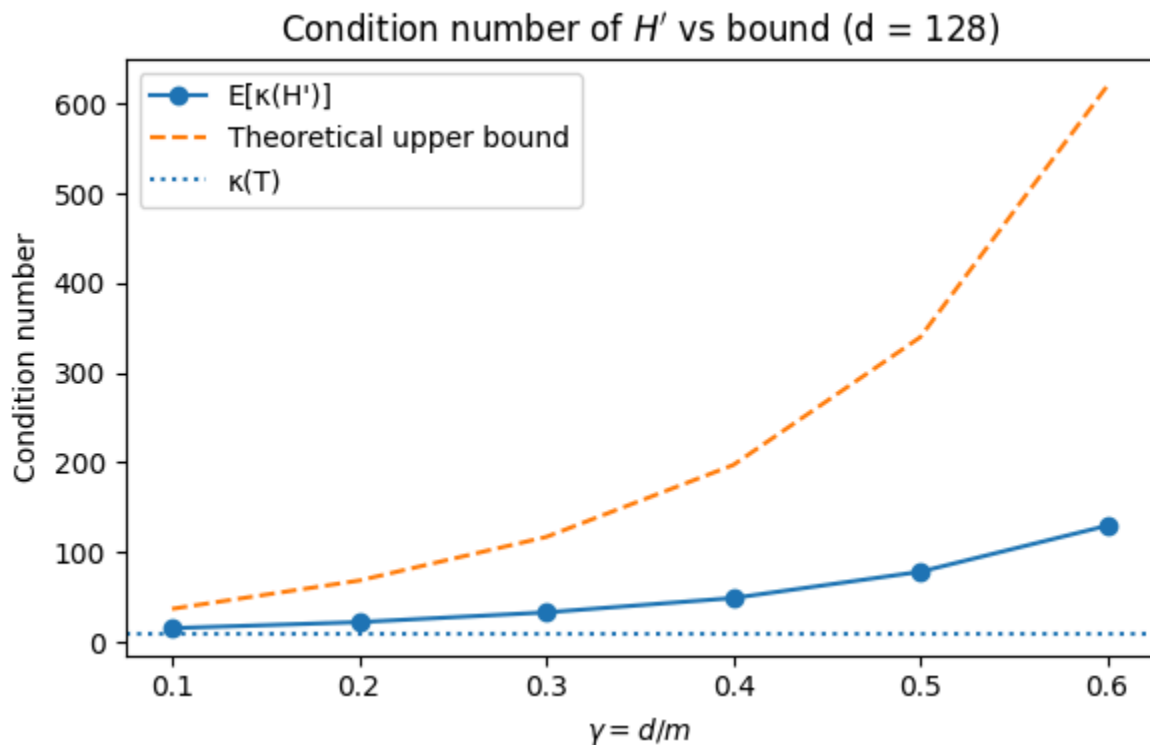


```
In [48]: kappa_Hp_mean = np.array([r["kappa_Hp_mean"] for r in results])
kappa_bound = np.array([r["kappa_bound"] for r in results])
kappa_T_emp = results[0]["kappa_T_emp"] # same for all gammas

plt.figure(figsize=(6, 4))

plt.plot(gammas, kappa_Hp_mean, marker='o', label=r"E[κ(H')]")
plt.plot(gammas, kappa_bound, linestyle='--', label="Theoretical upper bound")
plt.axhline(kappa_T_emp, linestyle=':', label=r"κ(T)")

plt.xlabel(r"$\gamma = d/m$")
plt.ylabel(r"Condition number")
plt.title(r"Condition number of $H'$ vs bound (d = 128)")
plt.legend()
plt.tight_layout()
plt.show()
```



## Theorem 2

```
In [1]: import numpy as np
import matplotlib.pyplot as plt

rng = np.random.default_rng(0)

def make_spike_T(d, beta):
    """
    One-spike covariance:
    T = I + (beta - 1) u u^T
    with u random unit vector.
```

```

    Returns (T, u).
    """
    u = rng.normal(size=d)
    u /= np.linalg.norm(u)
    T = np.eye(d) + (beta - 1.0) * np.outer(u, u)
    return T, u

def sample_spiked_G_hat(T, m):
    """
    Sample G_hat = (1/m) sum g_i g_i^T with g_i ~ N(0, T).
    Uses  $T^{1/2} * z$ ,  $z \sim N(0, I)$ .
    """
    d = T.shape[0]
    T_sqrt = sqrtm_spd(T)
    G_hat = np.zeros((d, d))
    for _ in range(m):
        z = rng.normal(size=d)
        g = T_sqrt @ z
        G_hat += np.outer(g, g)
    G_hat /= m
    return G_hat

def spectrum(A):
    w = np.linalg.eigvalsh(A)
    return np.sort(w)

```

Diagram showing the BBP phase transitions detectability

```

In [18]: # Config
d = 128
gamma = 0.5
m = int(d / gamma)
# n_trials = 50
n_trials = 20

beta_vals = np.linspace(0.5, 20.0, 30) # sweep across threshold
beta_c = 1.0 + np.sqrt(gamma)
print("BBP threshold beta_c =", beta_c)

lam_max_means = []
lam_max_std = []

def bbp_outlier(beta, gamma):
    return beta * (1.0 + gamma / (beta - 1.0))

mp_upper = (1.0 + np.sqrt(gamma))**2

for beta in beta_vals:
    lam_max_list = []
    for _ in range(n_trials):
        T, u = make_spike_T(d, beta)
        G_hat = sample_spiked_G_hat(T, m)
        eig_G = spectrum(G_hat)

```

```

        lam_max_list.append(eig_G[-1])
    lam_max_list = np.array(lam_max_list)
    lam_max_means.append(lam_max_list.mean())
    lam_max_std.append(lam_max_list.std())

lam_max_means = np.array(lam_max_means)
lam_max_std = np.array(lam_max_std)

# Theoretical curve for outlier: only valid for beta > beta_c
bbp_curve = np.where(
    beta_vals > beta_c,
    bbp_outlier(beta_vals, gamma),
    mp_upper
)

plt.figure(figsize=(7, 4))
plt.errorbar(beta_vals, lam_max_means, yerr=lam_max_std, fmt='o', label="Empirical")
plt.axhline(mp_upper, color='gray', linestyle='--', label="MP upper edge")
plt.plot(beta_vals, bbp_curve, linestyle='--', color='C1', label="BBP prediction")
plt.axvline(beta_c, color='red', linestyle=':', label=r"BBP threshold $\beta_c$")
plt.xlabel(r"Spike strength $\beta$")
plt.ylabel(r"Top eigenvalue $\lambda_{\max}(\hat{G})$")
plt.title(f"BBP transition: d={d}, gamma={gamma}, m={m}")
plt.legend()
plt.tight_layout()
plt.show()

```

BBP threshold  $\beta_c = 1.7071067811865475$

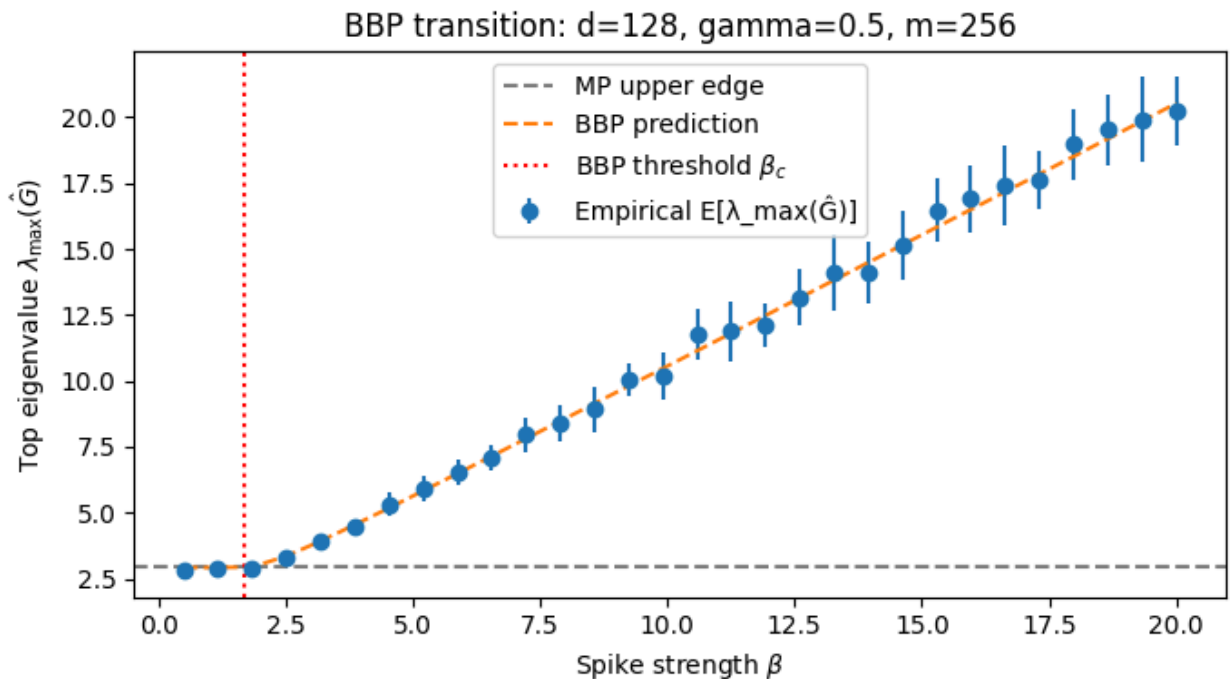


Diagram showing the eigenvector alignment

In [20]: overlap\_means = []

```

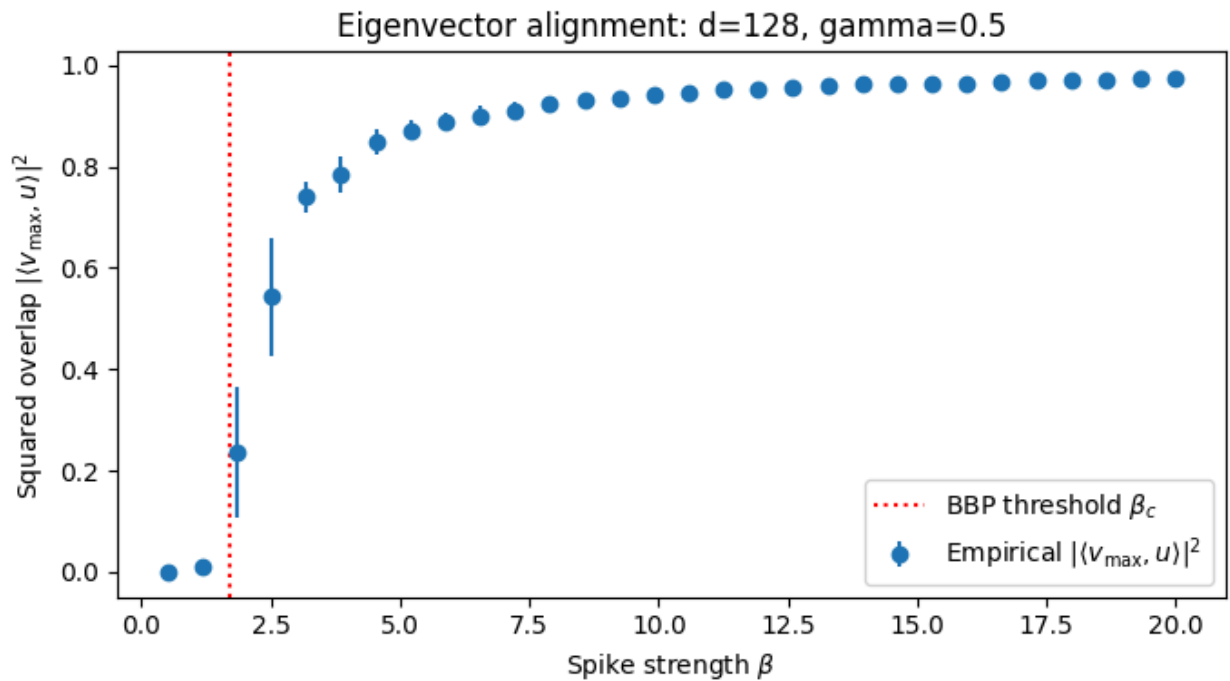
overlap_std = []

for beta in beta_vals:
    overlaps = []
    for _ in range(n_trials):
        T, u = make_spike_T(d, beta)
        G_hat = sample_spiked_G_hat(T, m)
        # top eigenvector of G_hat
        w, V = np.linalg.eigh(G_hat)
        v_top = V[:, -1]
        # squared overlap  $|\langle v_{\text{top}}, u \rangle|^2$ 
        overlaps.append((v_top @ u)**2)
    overlaps = np.array(overlaps)
    overlap_means.append(overlaps.mean())
    overlap_std.append(overlaps.std())

overlap_means = np.array(overlap_means)
overlap_std = np.array(overlap_std)

plt.figure(figsize=(7, 4))
plt.errorbar(beta_vals, overlap_means, yerr=overlap_std, fmt='o', label=r"Empirical")
plt.axvline(beta_c, color='red', linestyle=':', label=r"BBP threshold  $\beta_c$ ")
plt.xlabel(r"Spike strength  $\beta$ ")
plt.ylabel(r"Squared overlap  $|\langle v_{\text{max}}, u \rangle|^2$ ")
plt.title(f"Eigenvector alignment: d={d}, gamma={gamma}")
plt.legend()
plt.tight_layout()
plt.show()

```



## Diagram showing the effect on preconditioned curvature $H'$

```
In [19]: def preconditioned_curvature(T, G_hat):
    G_inv_sqrt = inv_sqrtm_spd(G_hat, eps=1e-10)
    return G_inv_sqrt @ T @ G_inv_sqrt

rayleigh_means = []
rayleigh_std = []
lam_max_Hp_means = []

for beta in beta_vals:
    rq_vals = []
    lam_max_vals = []
    for _ in range(n_trials):
        T, u = make_spike_T(d, beta)
        G_hat = sample_spiked_G_hat(T, m)
        H_prime = preconditioned_curvature(T, G_hat)

        # eigen-decomp of G_hat
        w_G, V_G = np.linalg.eigh(G_hat)
        v_top = V_G[:, -1]
        # Rayleigh quotient along v_top
        rq = float(v_top.T @ H_prime @ v_top)
        rq_vals.append(rq)

        # lambda_max(H')
        eig_Hp = spectrum(H_prime)
        lam_max_vals.append(eig_Hp[-1])

    rq_vals = np.array(rq_vals)
    lam_max_vals = np.array(lam_max_vals)
    rayleigh_means.append(rq_vals.mean())
    rayleigh_std.append(rq_vals.std())
    lam_max_Hp_means.append(lam_max_vals.mean())

rayleigh_means = np.array(rayleigh_means)
rayleigh_std = np.array(rayleigh_std)
lam_max_Hp_means = np.array(lam_max_Hp_means)

# Theoretical shrinkage beta / lambda_out (only meaningful above threshold)
theoretical_rq = np.empty_like(beta_vals)
for i, beta in enumerate(beta_vals):
    if beta > beta_c:
        lambda_out = bbp_outlier(beta, gamma)
        theoretical_rq[i] = beta / lambda_out
    else:
        theoretical_rq[i] = np.nan # undefined / not BBP regime

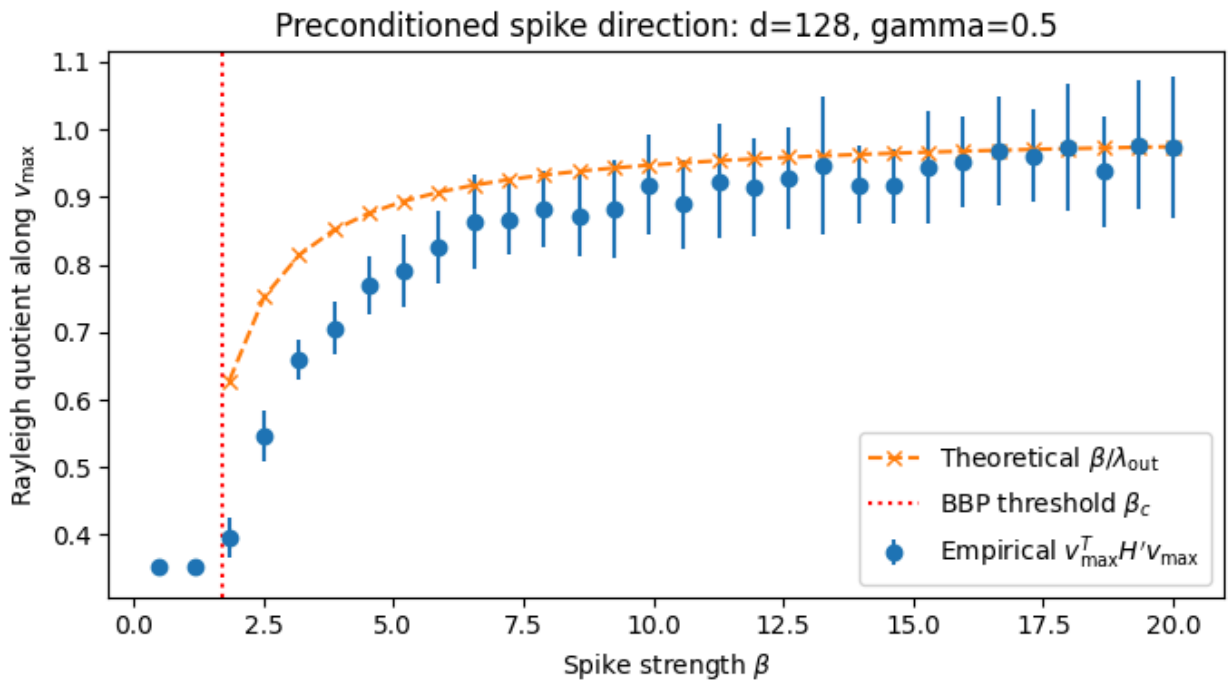
plt.figure(figsize=(7, 4))
plt.errorbar(beta_vals, rayleigh_means, yerr=rayleigh_std, fmt='o', label=r"Empirical")
plt.plot(beta_vals, theoretical_rq, 'x--', label=r"Theoretical $\beta / \lambda_{out}$")
plt.axvline(beta_c, color='red', linestyle=':', label=r"BBP threshold $\beta_c$")
plt.xlabel(r"Spike strength $\beta$")
```

```

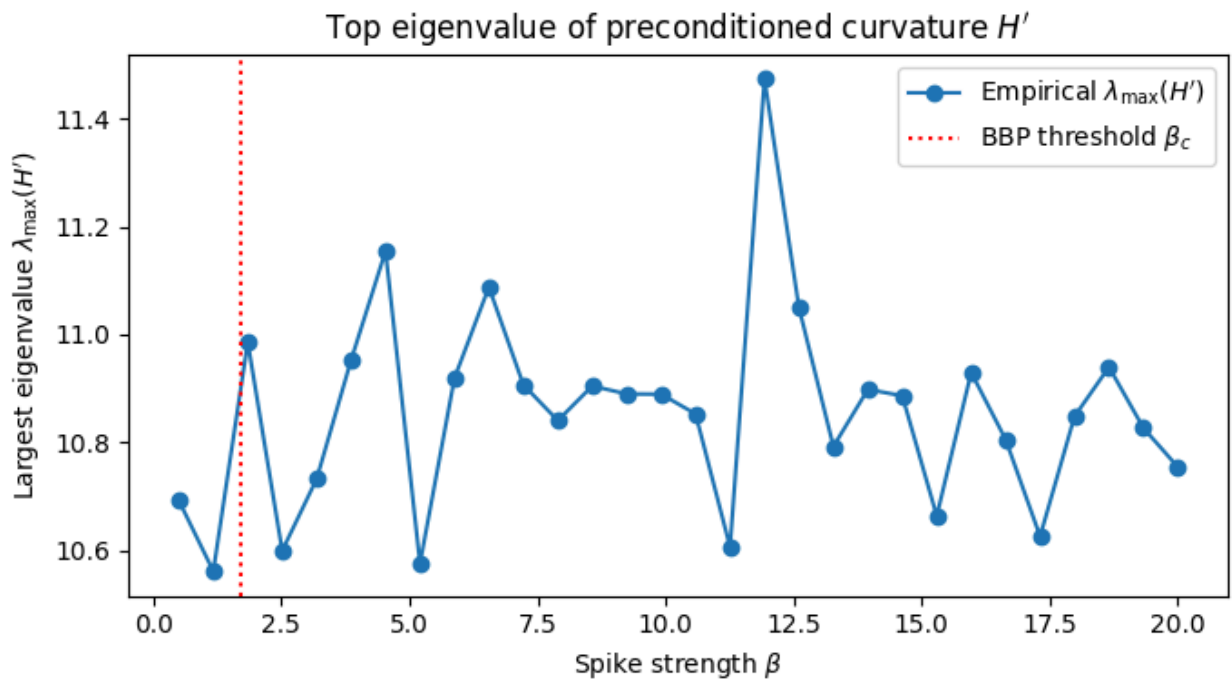
plt.ylabel(r"Rayleigh quotient along  $v_{\max}$ ")
plt.title(f"Preconditioned spike direction: d={d}, gamma={gamma}")
plt.legend()
plt.tight_layout()
plt.show()

plt.figure(figsize=(7, 4))
plt.plot(beta_vals, lam_max_Hp_means, 'o-', label=r"Empirical  $\lambda_{\max}(H')$ ")
plt.axvline(beta_c, color='red', linestyle=':', label=r"BBP threshold  $\beta_c$ ")
plt.xlabel(r"Spike strength  $\beta$ ")
plt.ylabel(r"Largest eigenvalue  $\lambda_{\max}(H')$ ")
plt.title(f"Top eigenvalue of preconditioned curvature  $H'$ ")
plt.legend()
plt.tight_layout()
plt.show()

```







## Experiment 3

### Experiment 1 for theorem 3

```
In [21]: # Basic helpers
def spiked_T(d, beta, rng):
    """Construct  $T = I + (\beta - 1) u u^T$  with  $\|u\|=1$ ."""
    u = rng.normal(size=d)
    u /= np.linalg.norm(u)
    T = np.eye(d) + (beta - 1.0) * np.outer(u, u)
    return T, u

def op_norm(A):
    """Operator norm (spectral norm) of a symmetric matrix."""
    # For symmetric A, spectral norm = max |eigenvalue|
    vals = np.linalg.eigvalsh(A)
    return np.max(np.abs(vals))

def principal_angle_1d(v, w):
    """Principal angle between 1D subspaces span{v}, span{w}."""
    v = v / np.linalg.norm(v)
    w = w / np.linalg.norm(w)
    c = np.abs(np.dot(v, w))
    c = np.clip(c, -1.0, 1.0)
    return np.arccos(c) # in radians
```

```
In [23]: # Simulation parameters
d = 128
```

```

gamma = 0.5
m_eff = int(d / gamma) # effective sample size ~ 256
rho = 1.0 / m_eff      # EMA rate

beta_spike = 3.0       # supercritical spike strength (> 1 + sqrt(gamma))
T, u = spiked_T(d, beta_spike, rng)
H = T                  # curvature proxy for these experiments

T_steps = 800          # total time steps
burn_in = 200          # discard early steps when analyzing

# Initialize G_0 reasonably close to T (short warm-up)
G = T.copy()
Gs = [G.copy()]

for t in range(1, T_steps + 1):
    g = rng.multivariate_normal(mean=np.zeros(d), cov=T)
    G = (1.0 - rho) * G + rho * np.outer(g, g)
    Gs.append(G.copy())

len(Gs), Gs[0].shape

```

Out[23]: (801, (128, 128))

```

In [24]: eigvals = []
         eigvecs = []

         for G in Gs:
             vals, vecs = np.linalg.eigh(G)
             # sort in descending order
             idx = vals.argsort()[::-1]
             vals = vals[idx]
             vecs = vecs[:, idx]
             eigvals.append(vals)
             eigvecs.append(vecs)

         eigvals = np.array(eigvals) # shape: (T_steps+1, d)

```

```

In [25]: taus = [1, 2, 4, 8, 16]
         max_tau = max(taus)

         t0_indices = np.arange(burn_in, T_steps - max_tau, 5) # sample base times evenly
         records_dk = [] # (tau, t0, delta_G, sin_theta, gap_t)

         for tau in taus:
             for t0 in t0_indices:
                 G_t = Gs[t0]
                 G_ttau = Gs[t0 + tau]

                 # Matrix drift
                 delta_G = op_norm(G_ttau - G_t)

```

```

# Outlier (leading eigenvector) at t and t+tau
v0 = eigvecs[t0][:, 0]
v_tau = eigvecs[t0 + tau][:, 0]

theta = principal_angle_1d(v0, v_tau)
sin_theta = np.sin(theta)

# Empirical eigengap between outlier and bulk:
gap_t = eigvals[t0][0] - eigvals[t0][1]

records_dk.append((tau, t0, delta_G, sin_theta, gap_t))

len(records_dk)

records_dk = np.array(records_dk)
taus_rec = records_dk[:, 0]
t0_rec = records_dk[:, 1]
delta_G_rec = records_dk[:, 2]
sin_theta_rec = records_dk[:, 3]
gap_rec = records_dk[:, 4]

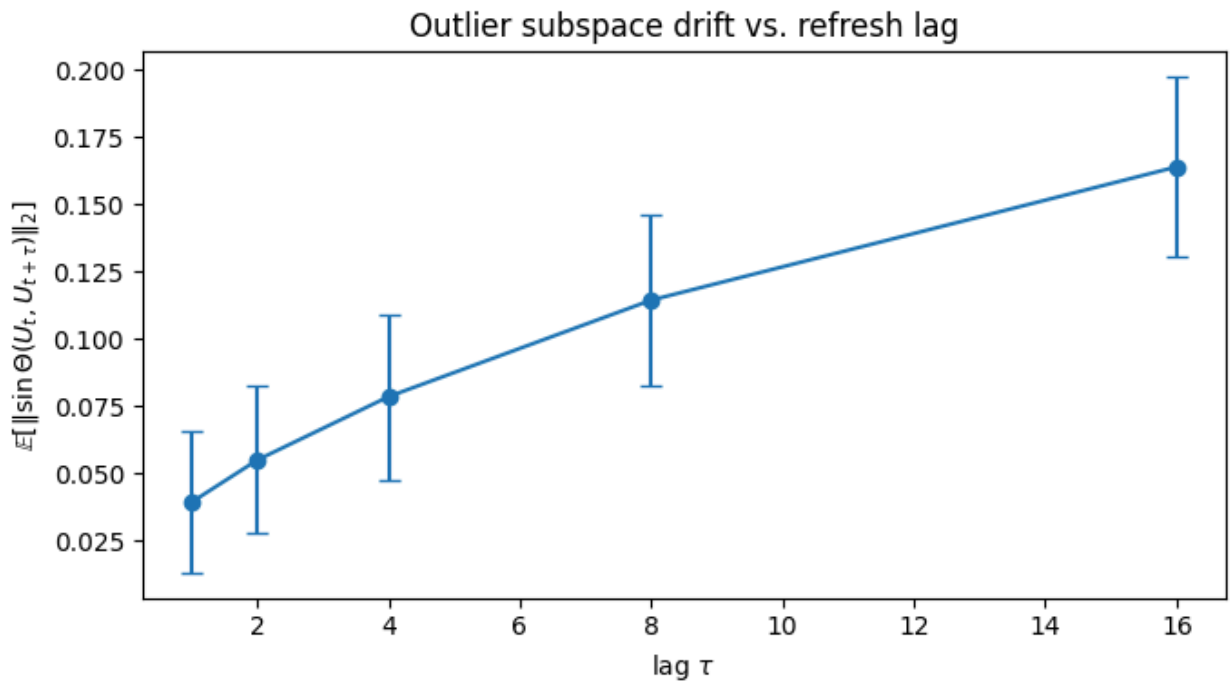
means = []
stds = []

for tau in taus:
    mask = (taus_rec == tau)
    means.append(np.mean(sin_theta_rec[mask]))
    stds.append(np.std(sin_theta_rec[mask]))

plt.figure(figsize=(7, 4))
plt.errorbar(taus, means, yerr=stds, marker="o", capsize=4)
plt.xlabel(r"lag  $\tau$ ")
plt.ylabel(r" $\mathbb{E}[\sin\Theta(U_t, U_{t+\tau})^2]$ ")
plt.title("Outlier subspace drift vs. refresh lag")
plt.tight_layout()
plt.show()

print("Mean eigengap between  $\lambda_1$  and  $\lambda_2$  over  $t_0 \geq \text{burn\_in}$ :",
      gap_rec.mean())
print("Min eigengap over sampled  $t_0$ :",
      gap_rec.min())

```



Mean eigengap between  $\lambda_1$  and  $\lambda_2$  over  $t_0 \geq \text{burn\_in}$ : 1.2036517649726104  
Min eigengap over sampled  $t_0$ : 0.7777202366814442

## Experiment 2 for theorem 3

```
In [ ]: H_op_norm = np.max(np.linalg.eigvalsh(H))
        H_op_norm
```

```
Out[ ]: np.float64(3.0)
```

```
In [27]: taus2 = [1, 2, 4, 8, 16]
        max_tau2 = max(taus2)
        t0_indices2 = np.arange(burn_in, T_steps - max_tau2, 5)

        records_stale = [] # (tau, t0, ΔG, ΔH, bound, |Δλ_max|, |Δλ_min|)

        for tau in taus2:
            for t0 in t0_indices2:
                G_t = Gs[t0]
                G_ttau = Gs[t0 + tau]

                # Matrix drift
                delta_G = op_norm(G_ttau - G_t)

                # Minimum eigenvalue (for alpha)
                lam_min_t = eigvals[t0][-1]
                lam_min_ttau = eigvals[t0 + tau][-1]
                alpha = min(lam_min_t, lam_min_ttau)

                # Preconditioners
                G_t_inv_sqrt = inv_sqrt_psd(G_t)
```

```

G_ttau_inv_sqrt = inv_sqrt_psd(G_ttau)

# Fresh vs stale H'
H_fresh = G_ttau_inv_sqrt @ H @ G_ttau_inv_sqrt
H_stale = G_t_inv_sqrt @ H @ G_t_inv_sqrt

delta_H = op_norm(H_stale - H_fresh)

# Eigenvalues
lam_fresh = np.linalg.eigvalsh(H_fresh)
lam_stale = np.linalg.eigvalsh(H_stale)

delta_lam_max = np.abs(lam_stale[-1] - lam_fresh[-1])
delta_lam_min = np.abs(lam_stale[0] - lam_fresh[0])

# Theoretical bound
bound = (H_op_norm / (alpha ** 2)) * delta_G

records_stale.append(
    (tau, t0, delta_G, delta_H, bound, delta_lam_max, delta_lam_min)
)

records_stale = np.array(records_stale)
records_stale.shape

```

Out[27]: (585, 7)

```

In [28]: taus_s = records_stale[:, 0]
t0_s = records_stale[:, 1]
delta_G_s = records_stale[:, 2]
delta_H_s = records_stale[:, 3]
bound_s = records_stale[:, 4]
delta_lam_max_s = records_stale[:, 5]
delta_lam_min_s = records_stale[:, 6]

ratio_s = delta_H_s / bound_s # how tight is the bound?

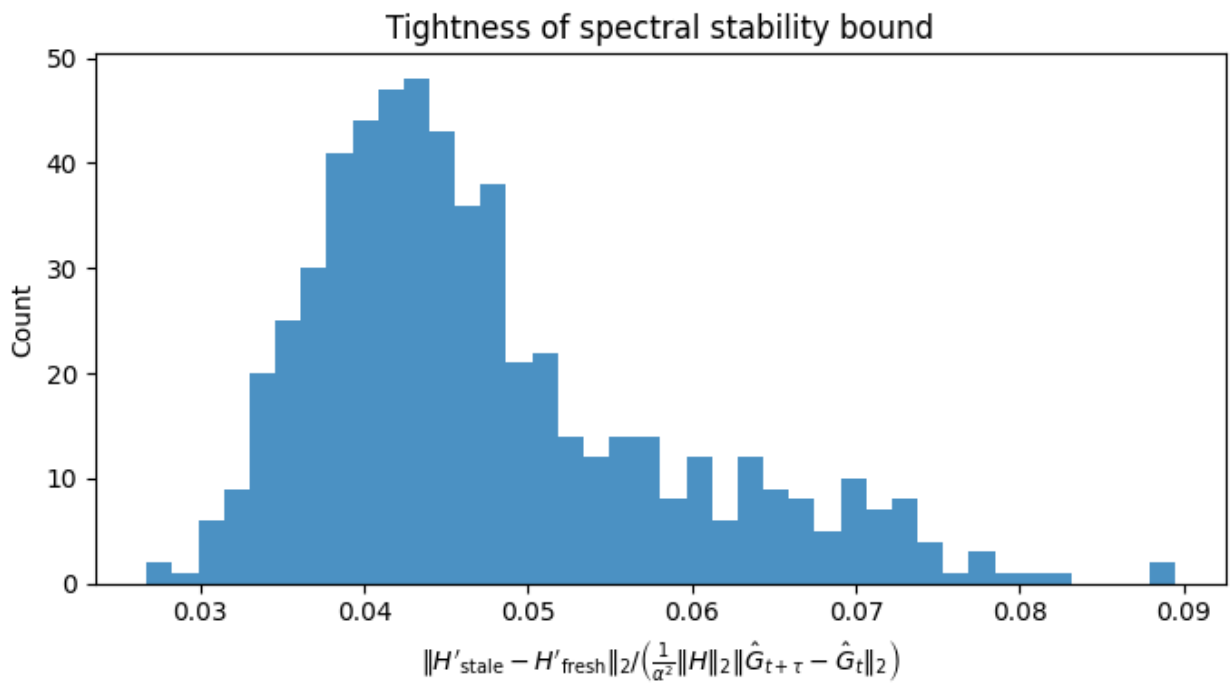
```

```

In [29]: plt.figure(figsize=(7, 4))
plt.hist(ratio_s, bins=40, alpha=0.8)
plt.xlabel(r" $\|H'_{\mathrm{stale}} - H'_{\mathrm{fresh}}\|_2 / \left(\frac{1}{\alpha^2} \right)$ ")
plt.ylabel("Count")
plt.title("Tightness of spectral stability bound")
plt.tight_layout()
plt.show()

print("Mean ratio:", np.mean(ratio_s))
print("Max ratio:", np.max(ratio_s))

```



Mean ratio: 0.047420530891105955

Max ratio: 0.08943701977392546

```
In [30]: means_max = []
stds_max = []
means_min = []
stds_min = []

for tau in taus2:
    mask = (taus_s == tau)
    means_max.append(np.mean(delta_lam_max_s[mask]))
    stds_max.append(np.std(delta_lam_max_s[mask]))
    means_min.append(np.mean(delta_lam_min_s[mask]))
    stds_min.append(np.std(delta_lam_min_s[mask]))

plt.figure(figsize=(7, 4))
plt.errorbar(taus2, means_max, yerr=stds_max, marker="o", capsize=4,
             label=r"$|\Delta\lambda_{\max}|$")
plt.errorbar(taus2, means_min, yerr=stds_min, marker="s", capsize=4,
             label=r"$|\Delta\lambda_{\min}|$")
plt.xlabel(r"lag $\tau$")
plt.ylabel("Average spectral edge change")
plt.title("Edge eigenvalue inflation vs. refresh lag")
plt.legend()
plt.tight_layout()
plt.show()
```

Edge eigenvalue inflation vs. refresh lag

