Introduction:

My name is Mitra Ghafari. I decided to develop this website because health is essential to living life to the fullest. When a person leads a healthy lifestyle, the body remains healthy, and the mind is active and fresh. Living a healthy life would extend longevity and regenerate the body and mind. Good health is of core importance to human happiness. Not only should everyone pay attention to their health, but all governments should pay attention to these issues and set and administer national healthcare standards.

Website layout:

My website Technology is based on HTML, CSS, and JavaScript. All the page is responsive and creates dynamic changes to the appearance of a website, depending on the screen size used to view it. For developing responsive pages, I used flexbox and changed all the elements depend on the width screen.

/\* mobile \*/

@media only screen and (max-width: 480px){

    form > fieldset{

        flex: 1 1 250px;

        max-width: 300px;

    }

    h1,h2{

        font-size: medium;

    }

    nav{

        font-size: smaller;

    }

    p{

        font-size:small ;

    }

}

/\* tablet \*/

@media only screen and (min-width: 481px){

    form > fieldset{

        flex: 1 1 250px;

        max-width: 300px;

    }

    h1,h2{

        font-size: x-large;

    }

    nav{

        font-size: smaller;

    }

    p{

        font-size:large;

    }

}

/\* desktop \*/

@media only screen and (min-width: 769px){

    form > fieldset{

        flex: 1 1 500px;

        max-width: 600px;

    }

    h1,h2{

        font-size: xx-large;

    }

    nav{

        font-size: large;

    }

    p{

        font-size:xx-large ;

    }

}

You can see the structure of my index page as below

Graphical user interface, text, application, email

Description automatically generated

Website organization:

My website is a health center website. The main page contains a video describing the health Center and its services. second page provides some information about who eligible for access to Services. people can make an appointment on third page and view the report of the information they submit on the forth page

Main page:

Graphical user interface, text, application, chat or text message

Description automatically generated

Second page:

Text

Description automatically generated

Third page

Graphical user interface

Description automatically generated

Forth page I get the result with chrome

Calendar

Description automatically generated

Content declaration:

https://www.pptgrounds.com/health/5920-cardiogram-on-a-blue-backgrounds

https://bphc.hrsa.gov/about-health-centers/what-health-center

The highlight (bragging) part:

I try to use local storage and I have many problems to use it, but I found saving the data to local storage and use it in different page depend on the browser. You can see how to enable local storage in different browser as bellow.

<https://voicethread.com/howto/enabling-cookies/>

Link to the GitHub:

<https://github.com/mitraghafari/Project_MGH57090>

References:

<https://www.starhealth.in/blog/health-and-its-importance>