

Sidra Game

GAME MANUAL

This game was developed for and published by
en.v, Kuwait, as part of the Sidra Project.

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A print-and-play version is available at: <https://www.project-sidra.org/the-game>

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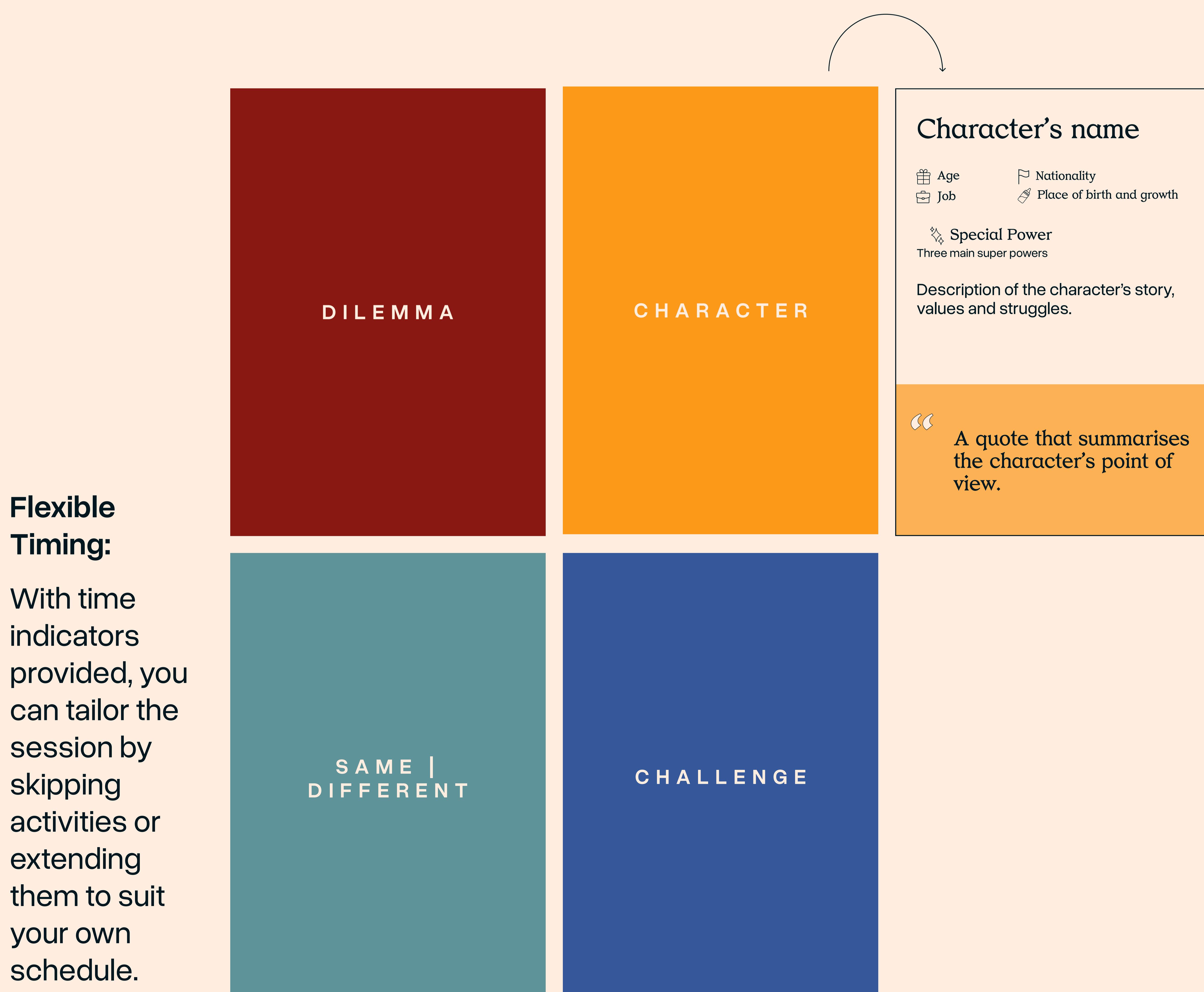
The Game's Goal

The Sidra Game aims to help players **discuss, explore, and understand** what it means to **feel at home in Kuwait**. This feeling of belonging—or lack thereof—is examined through various interconnected topics including food, religion, work, safety, healthcare, transportation, education, intergenerational culture, nature, and politics.

Game Structure

The Sidra Game is divided into four engaging activities, each with its card deck, offering unique perspectives and fostering rich discussions:

- **Dilemmas** – Prioritize values through playful dilemmas.
- **Characters** – Step into diverse perspectives with character cards.
- **Same | Difference** – Discover similarities and differences between characters.
- **Challenges** – Solve thought-provoking challenges as a team.



Dilemma

This playful introduction challenges players to make tough choices, revealing **how they value** certain aspects of life over others when faced with dilemmas. In a lighthearted way, it sets the tone for **deeper reflection** on the factors influencing our sense of belonging.

Duration 20 Minutes

Materials Dilemma cards, pen, paper

Setup

- Divide players into small groups of 3 to 4.
- Ensure everyone has a pen and paper.
- Place Dilemma cards in a face-down stack for each group.

Activity

1 Choose a starting player to draw a scenario card and read it to the group.

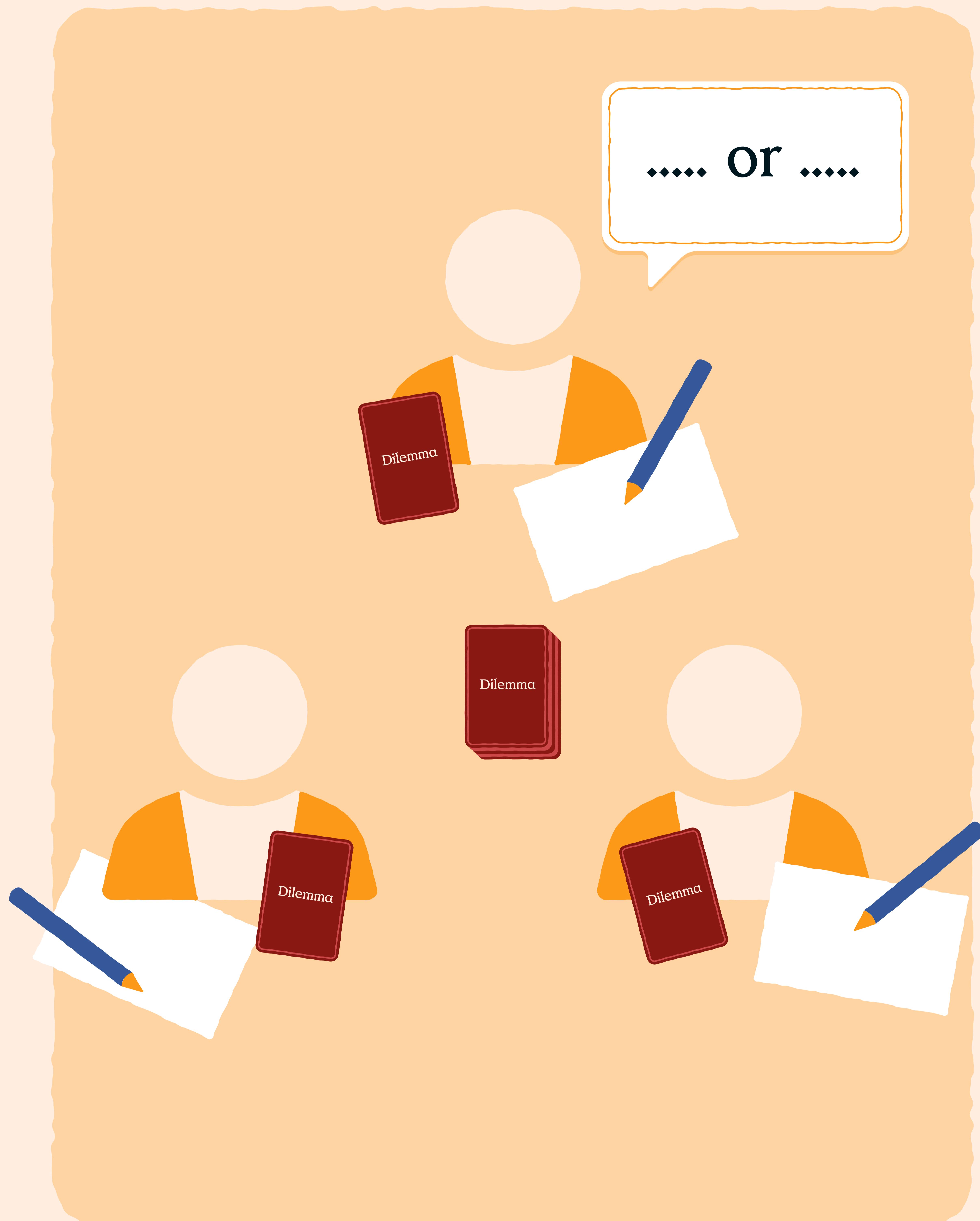
2 Each player considers their choice, and writes down the key points of their reasoning.

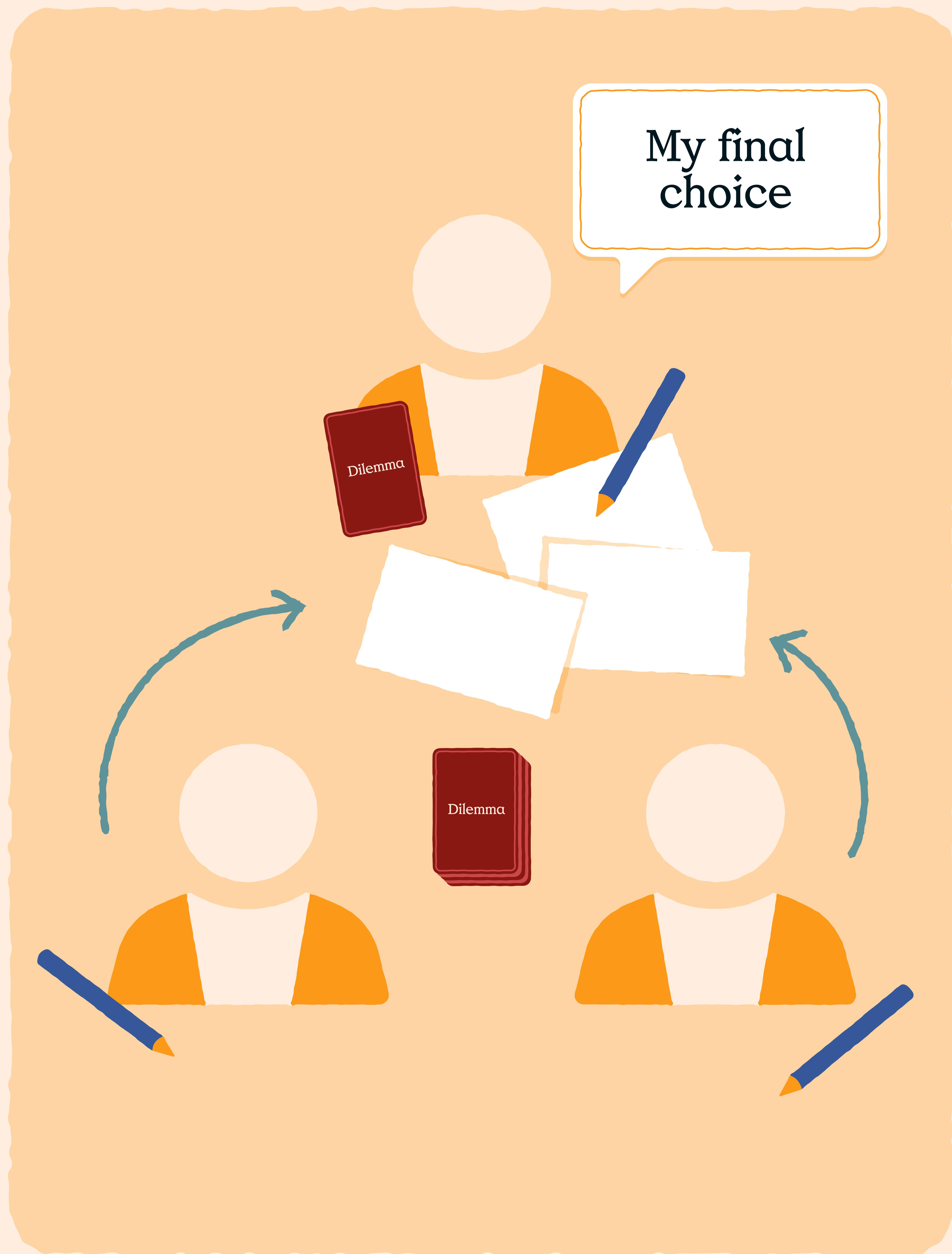
3 Starting with the player to the starting player's right, each reveals their decision and explains their reasoning.

4 The starting player goes last, considering the group's input before making their final decision.

The next player now picks and reads a scenario.
Repeat the steps until all players have read and resolved a scenario.

Reflection Share new insights and experiences gained from this activity.





Character

Players are introduced to different characters living in Kuwait, offering fresh perspectives on **what it means to feel at home—or not**. Character cards allow participants to step into **someone else's shoes** quickly.

Duration 5 minutes + 1 minute intro per participant

Materials Character cards

Setup Shuffle the deck of Character cards and get it ready for distribution.

Instructions for the game master

In your own words, explain the next activity:

“It’s time to get into character! Shortly, each of you will receive a Character card. If a card feels too similar to your real-life personality, feel free to ask for another one.

Take five minutes to get to know your character by reading through their age, occupation, nationality, place of birth and upbringing, limitations, and what matters to them.

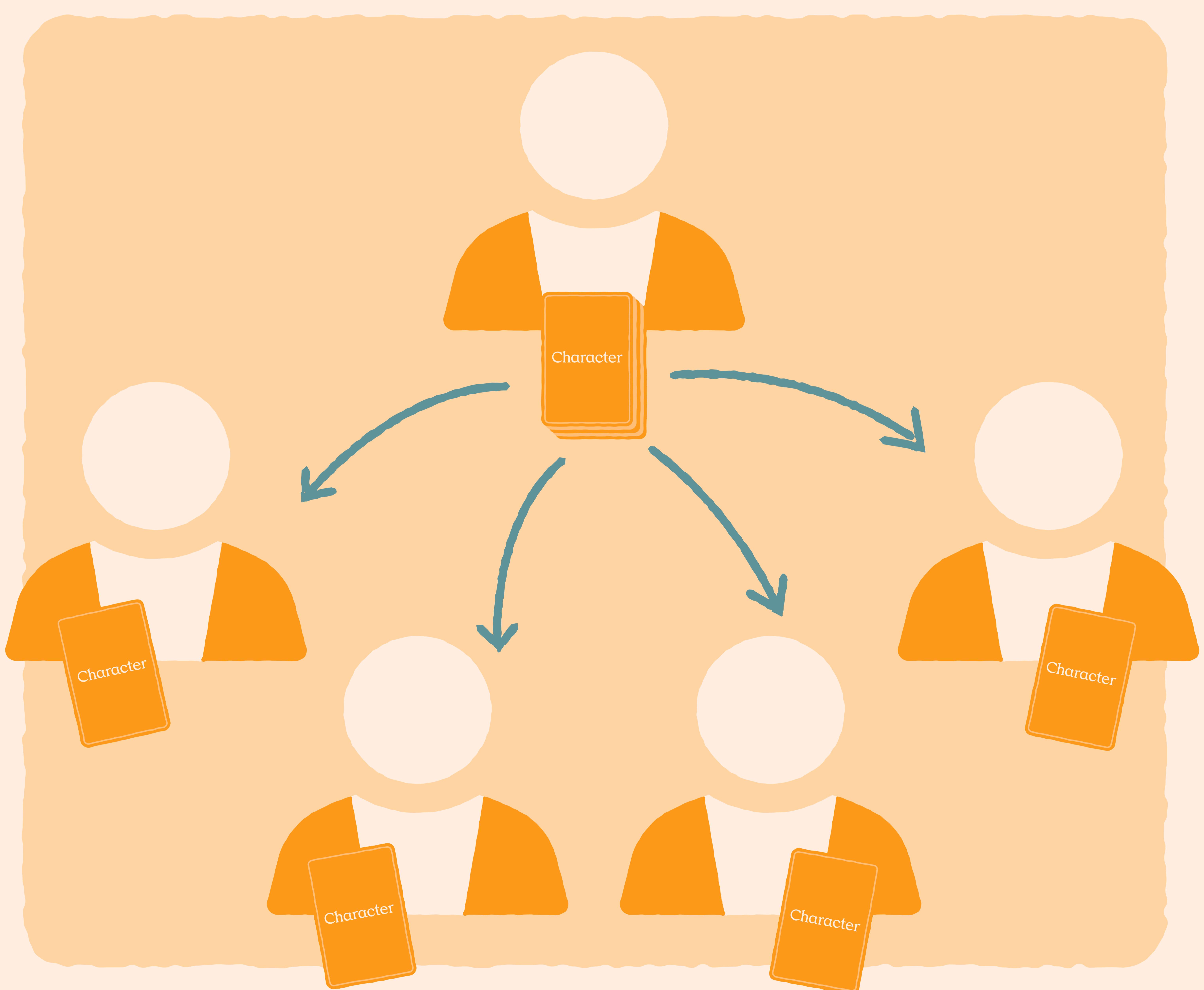
To bring your character to life, you may imagine their appearance, gestures, walk, hobbies, or favorite foods. When ready, introduce yourself briefly to the group as your character (speaking in first-person) by sharing who you are, what you do, and what your favorite food is.

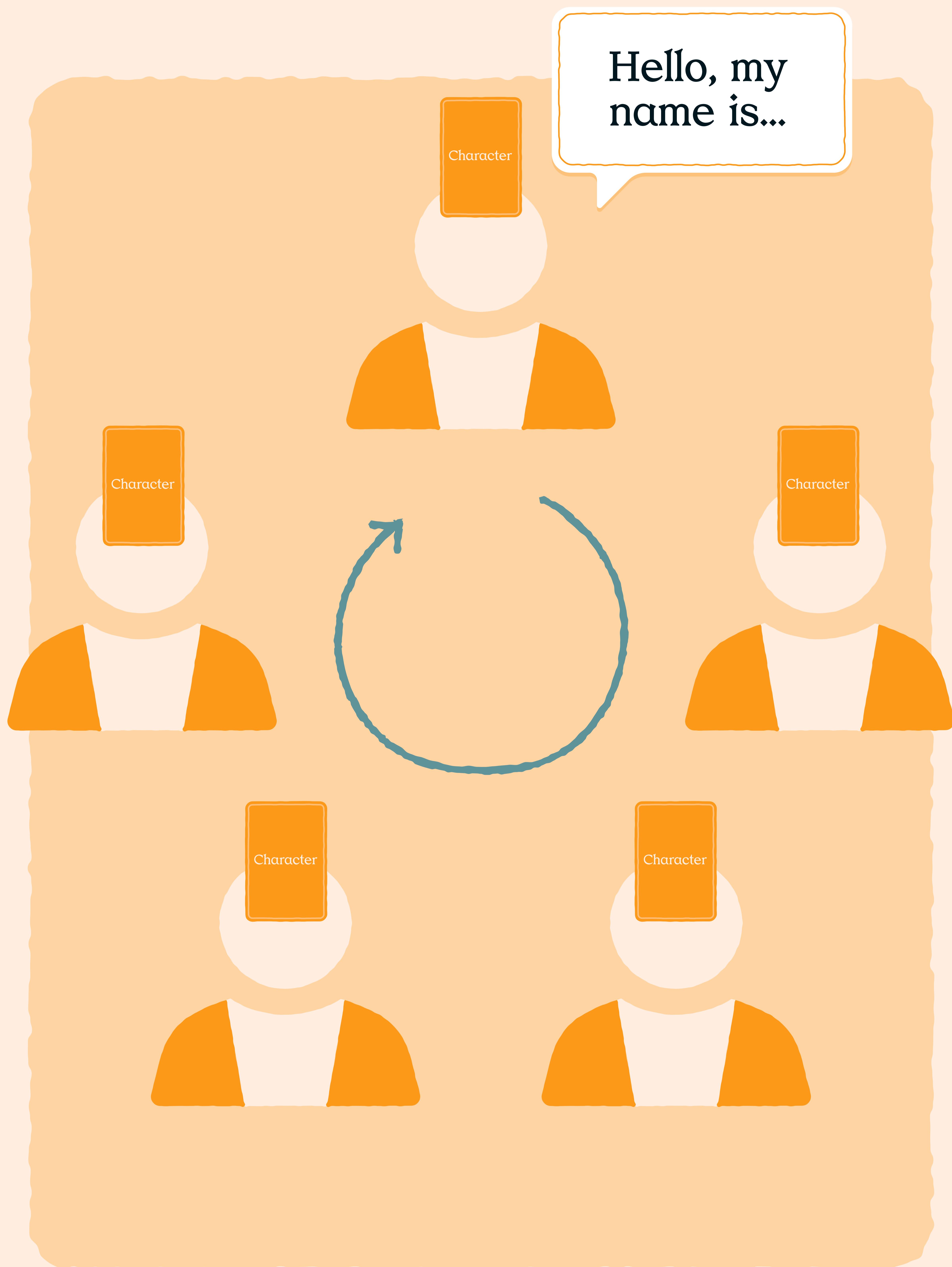
It might feel a bit uncomfortable to act as someone from a very different background, but that’s okay. It’s not about realism or perfect role-play but about your effort to empathize with the characters, see the world through their eyes, and engage with scenarios you might not encounter in your own lives.”

Optional safety rules are included on page 21 to ensure a comfortable and supportive environment, especially for exploring sensitive topics.

Distribute a random Character card to each player after your explanation, trying to assign them a demographic profile very different from their own.

Pick a remaining card and demonstrate this yourself, showing participants how to introduce themselves in character and how long to speak (max 1 minute).





Same | Different

In this fast-paced activity, players identify **similarities** and **differences** between the characters they embody. The game is designed to highlight both the **commonalities** and **unique experiences** of people in Kuwait in a fun and interactive way.

Duration	5–20 minutes
Materials	Character cards, Same Different cards
Setup	<ul style="list-style-type: none">• Ensure there is an even number of players.• Each player should keep their Character card from the previous game module.• Shuffle the Same Different cards and prepare them for use.• Set a timer for each round.

Instructions for the game master

Instruct the group to sit in a circle and count off “1, 2, 1, 2” sequentially around the circle.

Round 1

Read out the “Same” text on a randomly drawn card (e.g. same food dish that makes them feel at home), then set the timer for 1–2 minutes. In the first round, each person with a “1” should turn to the “2” seated to their right. These pairs will discuss in-character what they have in common.

For everything a pair has in common, they award themselves one point. At the end of the round, everyone compares scores, and a winning pair is declared. If time permits, the winning pair can share the things their characters could have in common.

Round 2

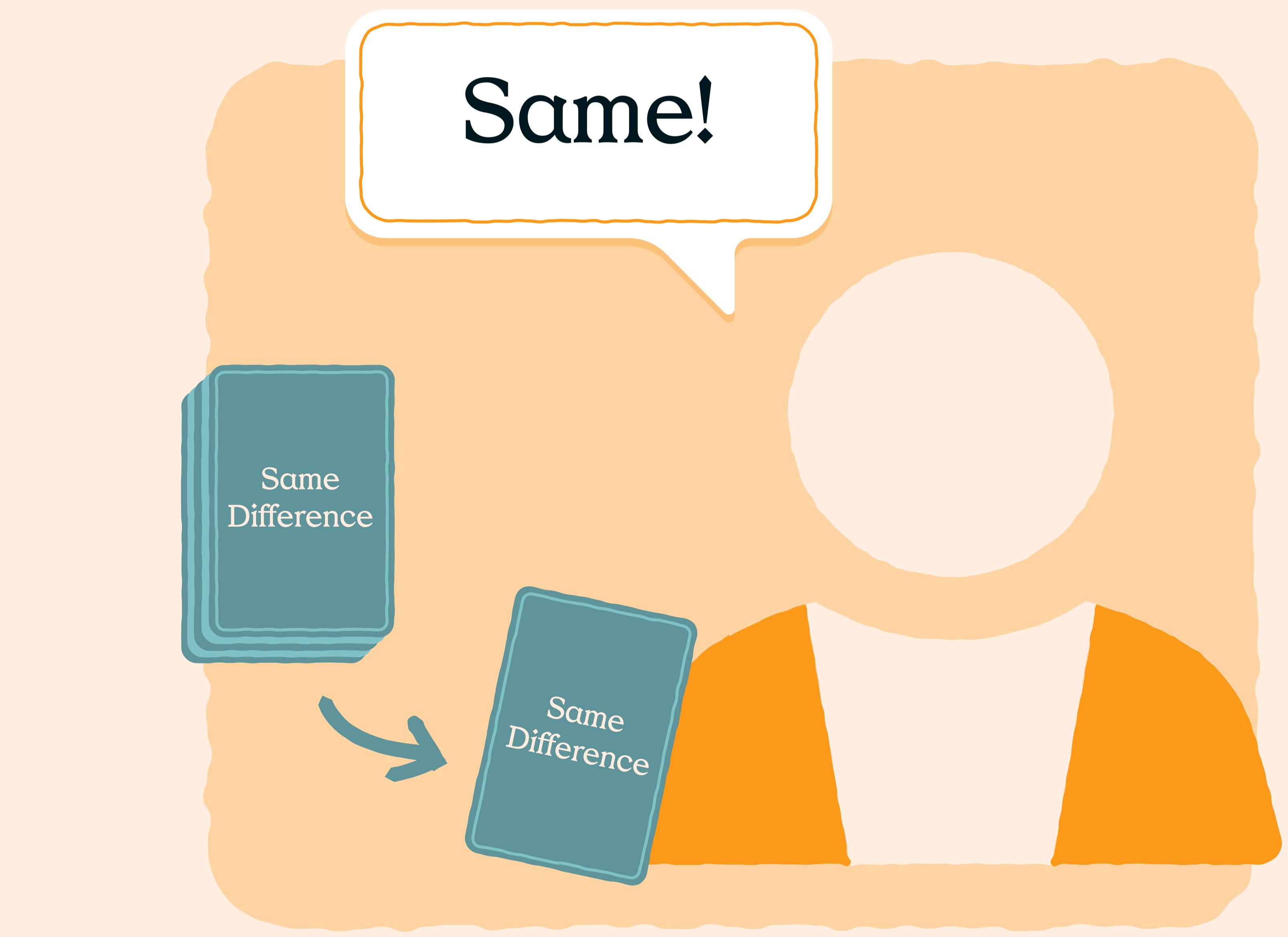
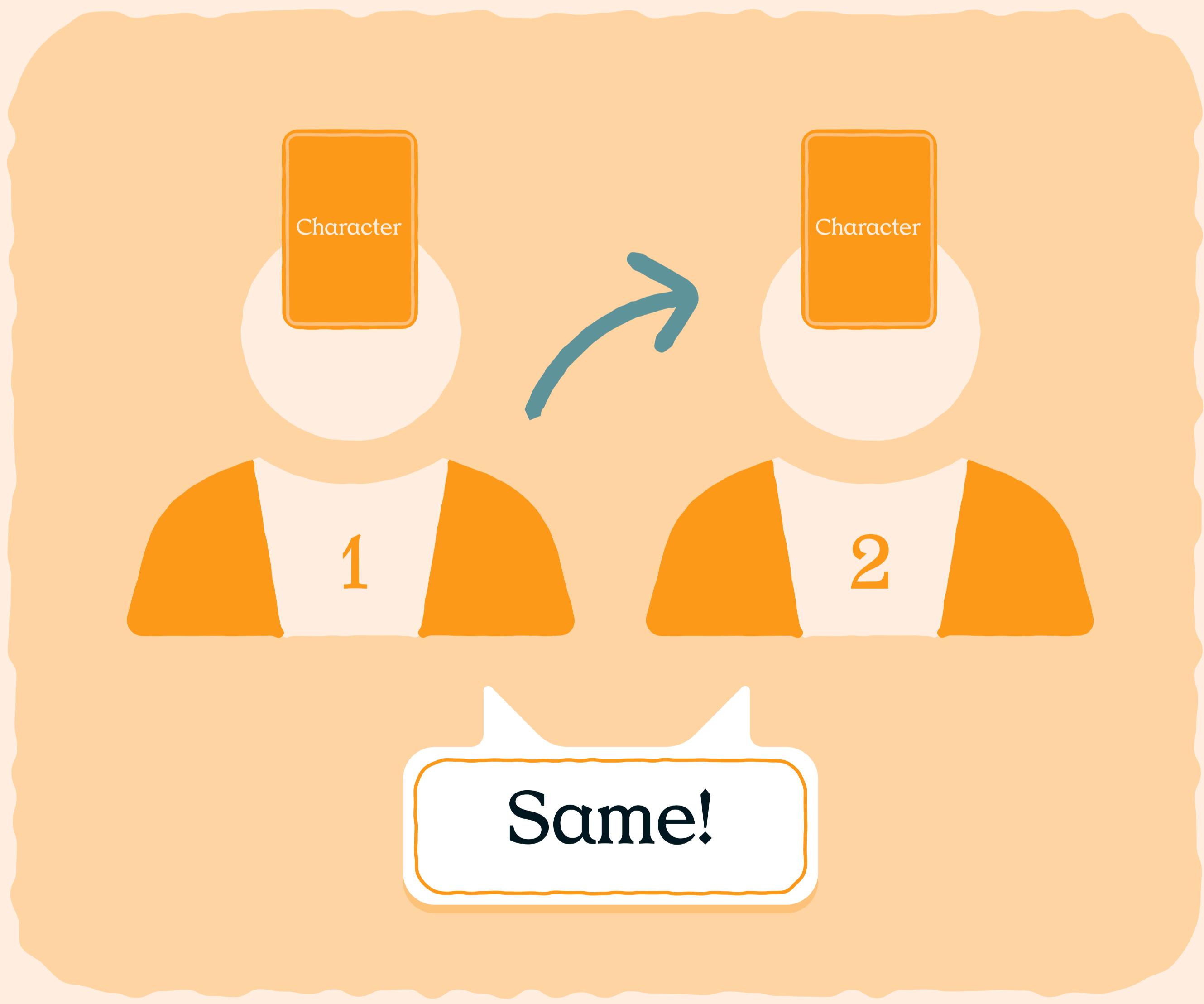
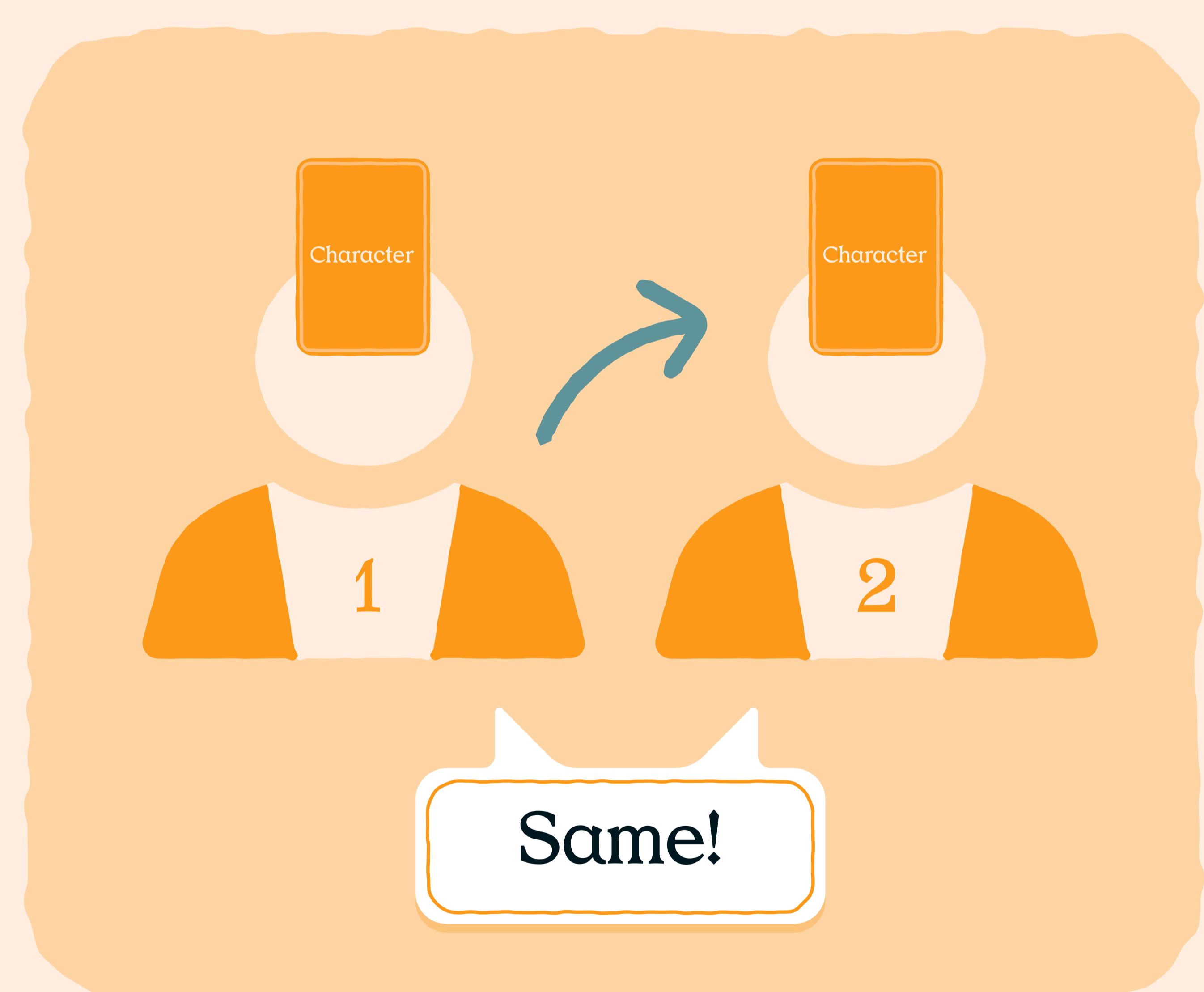
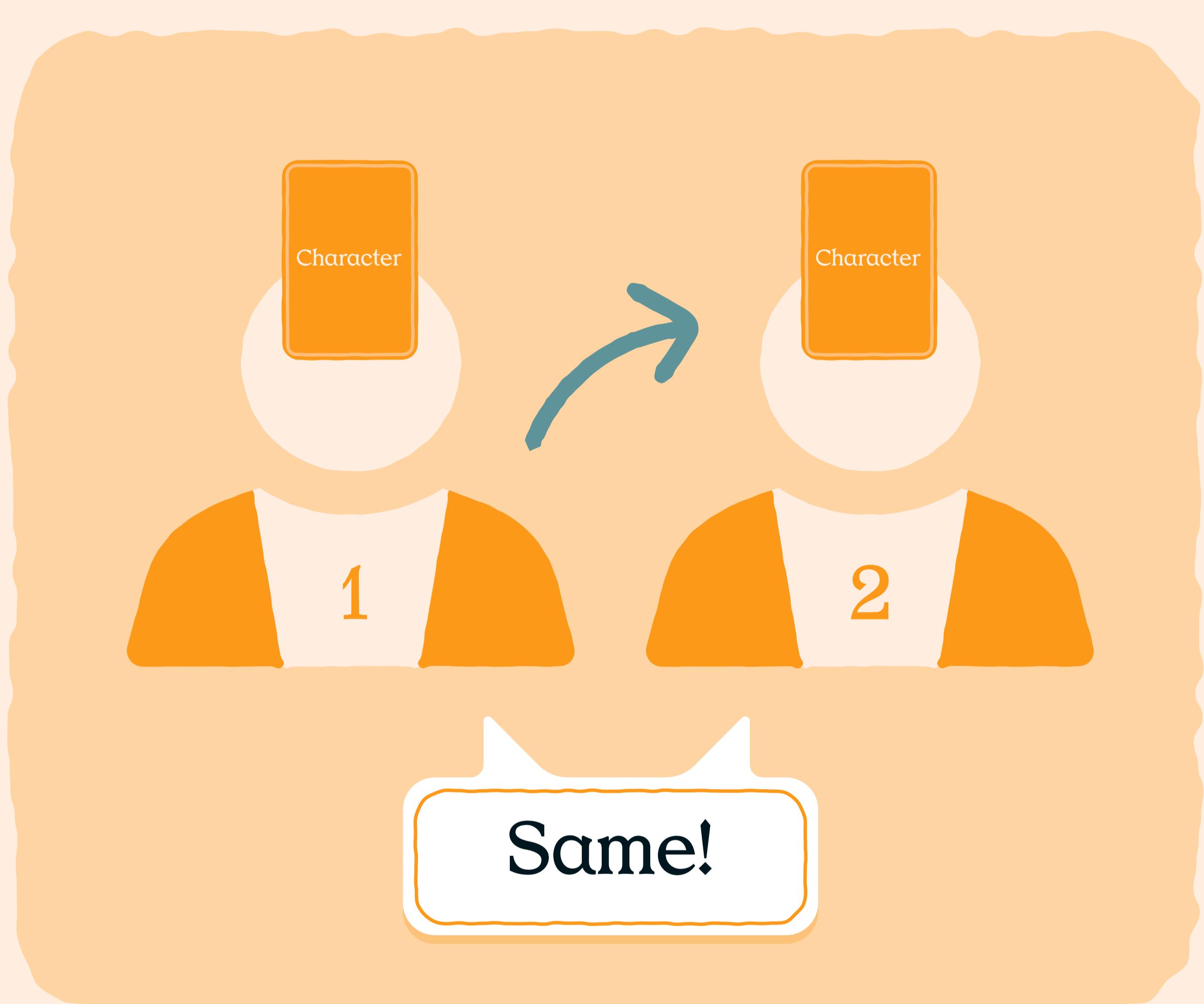
In this next round, each “1” should turn to the “2” seated to their left to form new pairs. This round works the same way as round 1, but this time read out the “Difference” text of a new card (e.g. different religious clothing).

Repeat these rounds as desired, alternating between “Same” and “Different” texts.

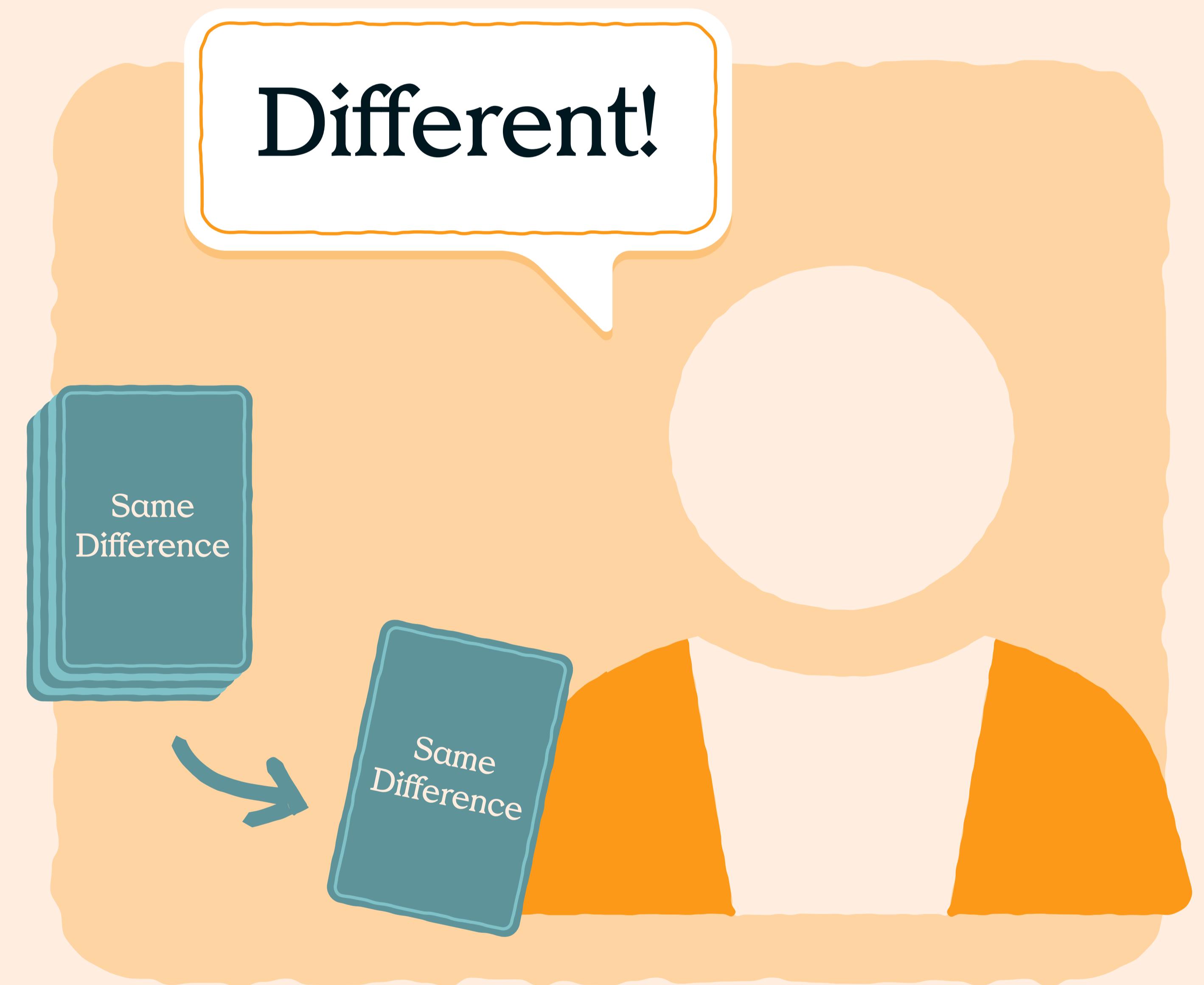
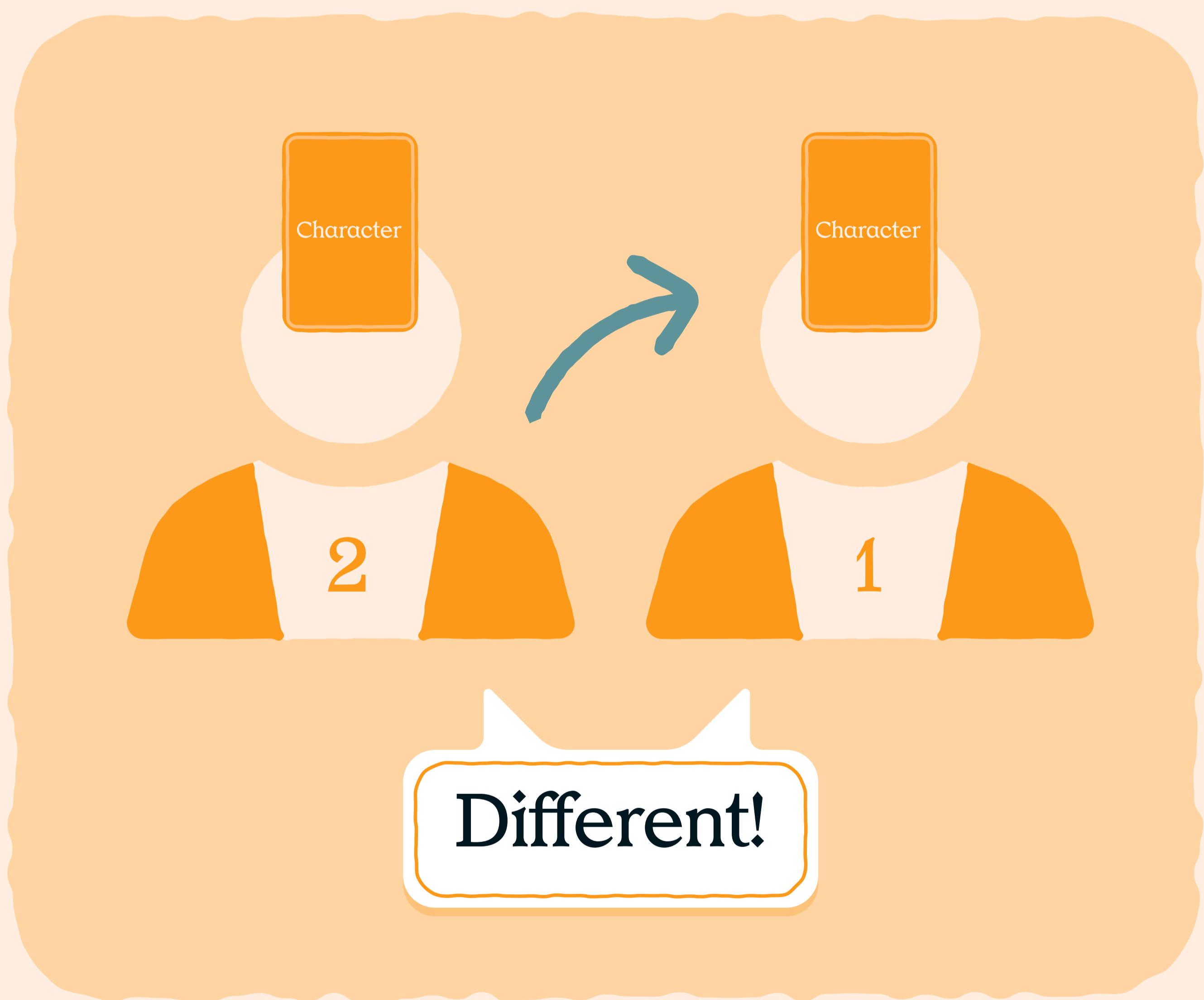
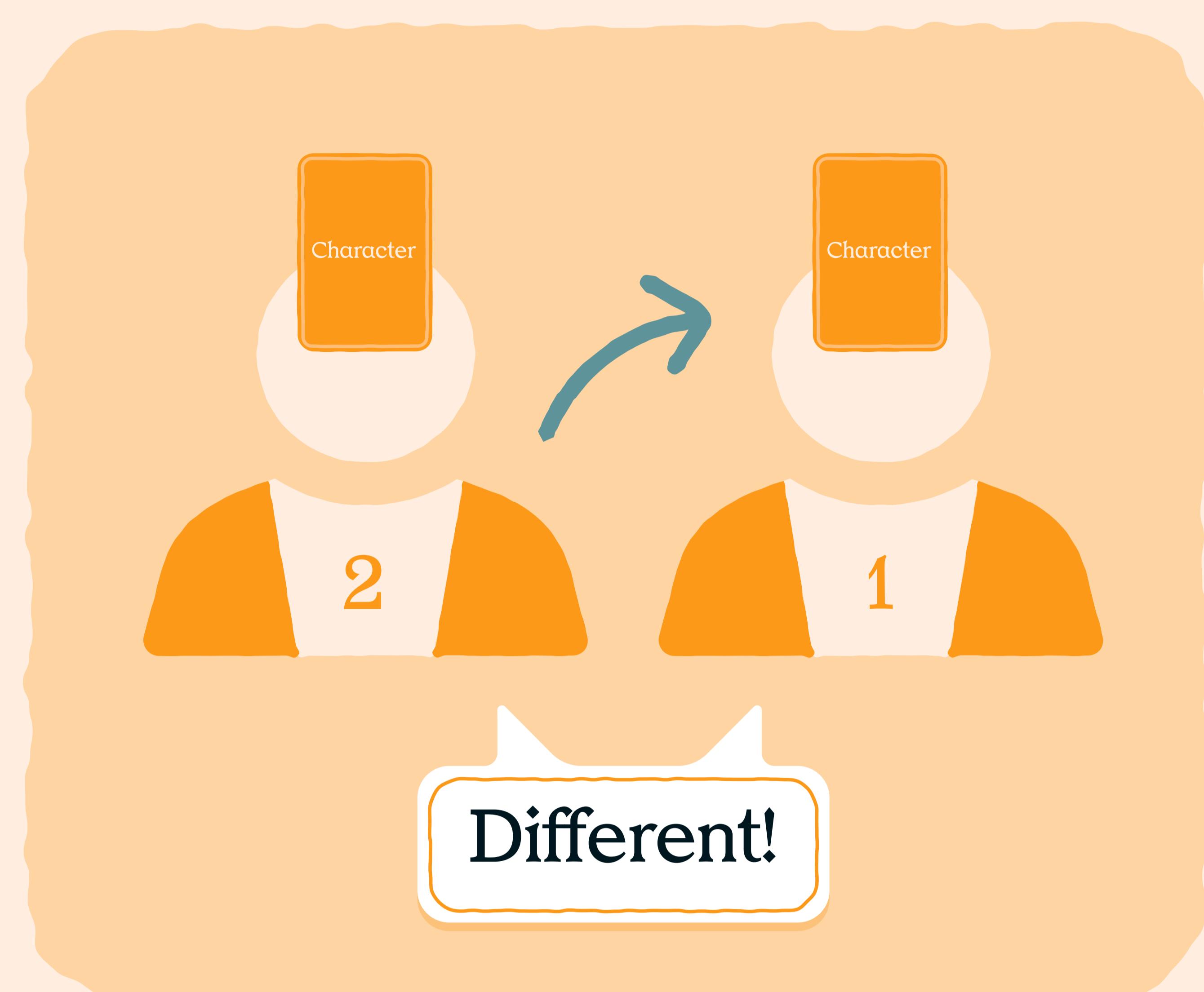
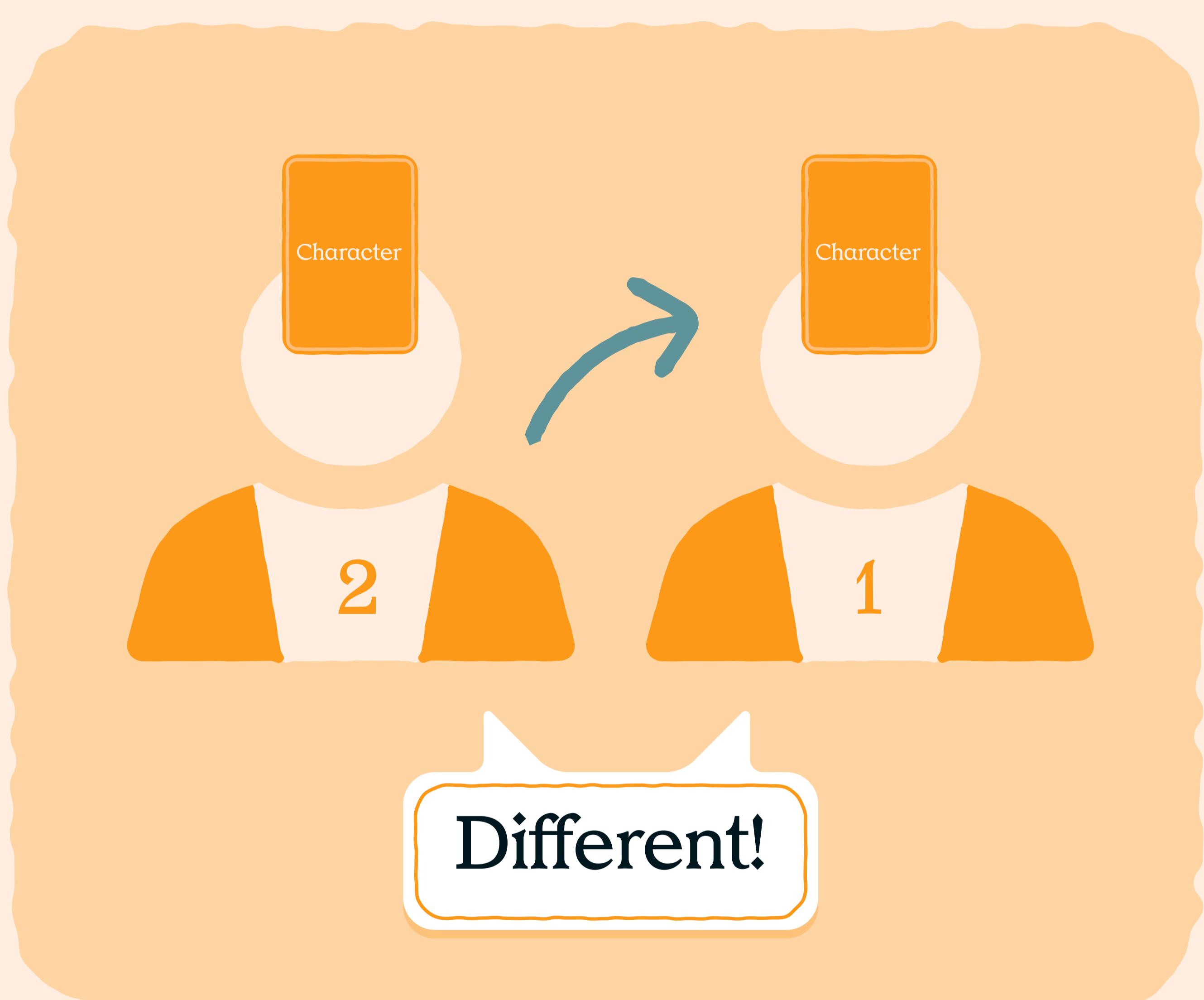
Reflection

Encourage participants to share new insights, experiences, and questions gained from this activity.

Round 1



Round 2



Challenge

Teams tackle **thought-provoking challenges** related to previously explored topics, working together to devise solutions. The game master serves as the jury and announces the winning team at the end of the game, adding both a **competitive** and **collaborative** edge to the experience.

Duration	20 minutes
Materials	Character cards, Challenge cards
Setup	<ul style="list-style-type: none">Divide participants into small groups of 2–5 players.Players retain their Character card from the previous module.Shuffle the Challenge cards.

Instructions for the game master

Draw and read out a Challenge card. Each group gets 7 minutes to devise a solution to the challenge, ensuring that each character's needs and values are considered.

Explain that players should discuss how their characters' special powers could contribute to creating a practical and balanced solution. Teams must meet three criteria for their solution:

1. Feasibility in the near future
2. Realistic implementation
3. Benefit for ALL characters involved

Win Condition At the end of a round, each group presents their idea to the other ones. The facilitator (or a chosen jury) will decide which solution is the most compelling and explain why it was chosen.

Reflection Encourage participants to share their experiences, insights, and lessons learned from this activity.





Safety Rules

The following safety rules are recommended yet optional. The facilitator can decide whether to include some, all, or none of them.

Duration 3 minutes

Setup Stand or sit in a circle so that everyone can see one another.

Instructions for the game master

Explain that the group will follow three basic safety principles:

1 Open Door

At any time, for any reason, a player may leave the game without explanation and judgment.

2 Play to Lift

Support your fellow players by helping their characters shine. Interact in ways that encourage them to bring their characters to life. Use “yes, and...” statements to build on their contributions.

3 Stop

Agree on a stop word that any player or facilitator can use to immediately halt all role-play activities—for example, “Cut!” This word should only be used if something is getting out of hand or in case of an accident. Once the word is used, everyone stops role-playing to address and resolve the issue.

Reassure players that simply introducing these rules fosters a sense of awareness and responsibility within the group, often creating a safe and supportive space without the rules ever needing to be applied.

De-role and debrief

The full game session concludes with a **de-roling** and **debriefing** process. This provides players with an opportunity to step out of their characters and reflect on how the experience has influenced their understanding of feeling at home in Kuwait.

Duration 5–10 minutes

Setup Participants stand or sit in a circle.

Instructions for the game master

De-roling: To step out of their character roles, participants jump up and down, shake, and wiggle their bodies as if physically "shaking off" the character and returning to themselves.

Once everyone has completed the de-roling process, it's time for the final debrief.

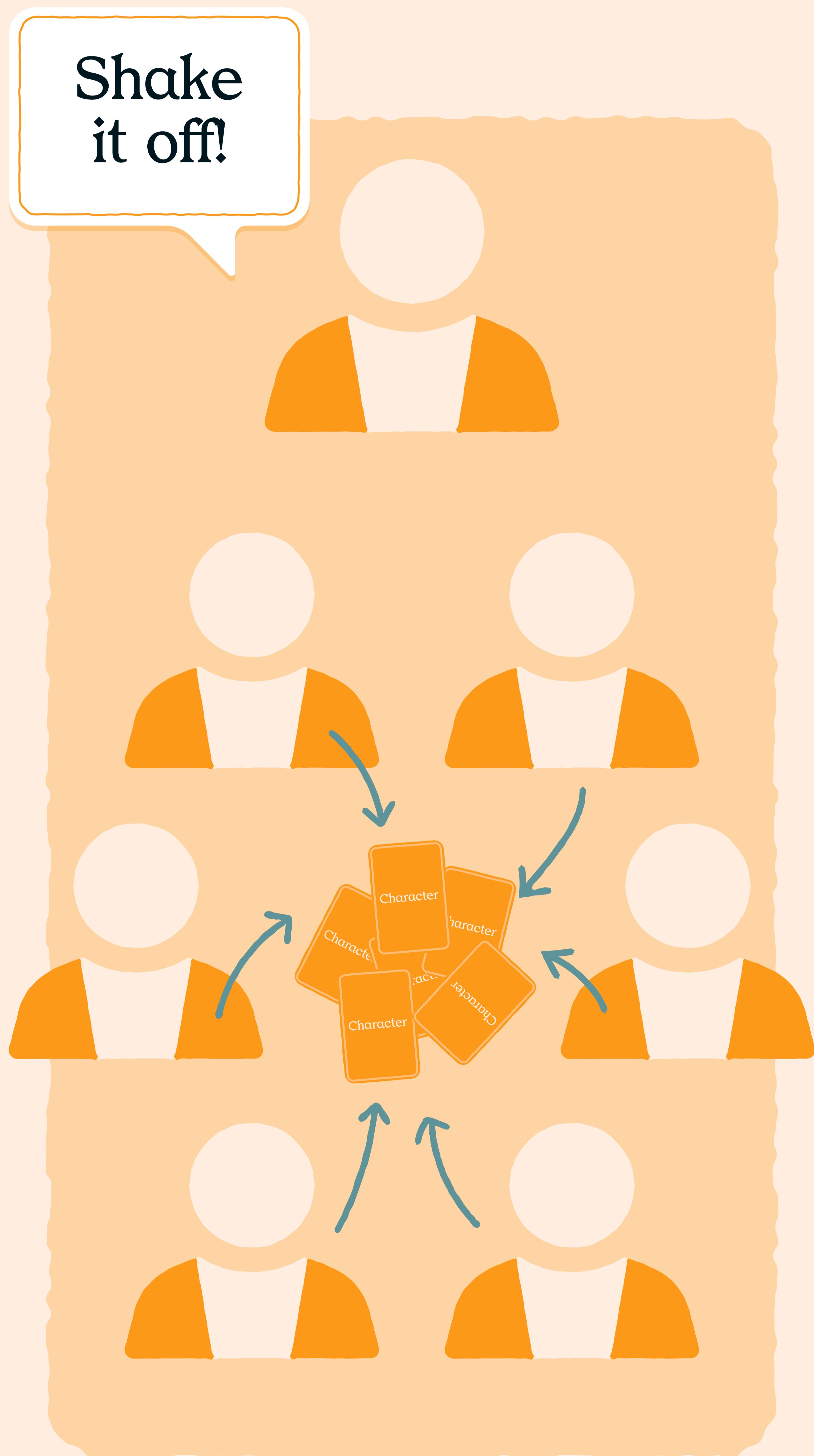
1. Ask participants reflective questions, such as:

- a. How did it feel to step out of your real identity and step into your character's persona?
- b. Was it challenging to impersonate another person?
- c. What insights did this exercise provide about yourself and how you view or interact with others?
- d. What did you discover about the notion of feeling at home in Kuwait?

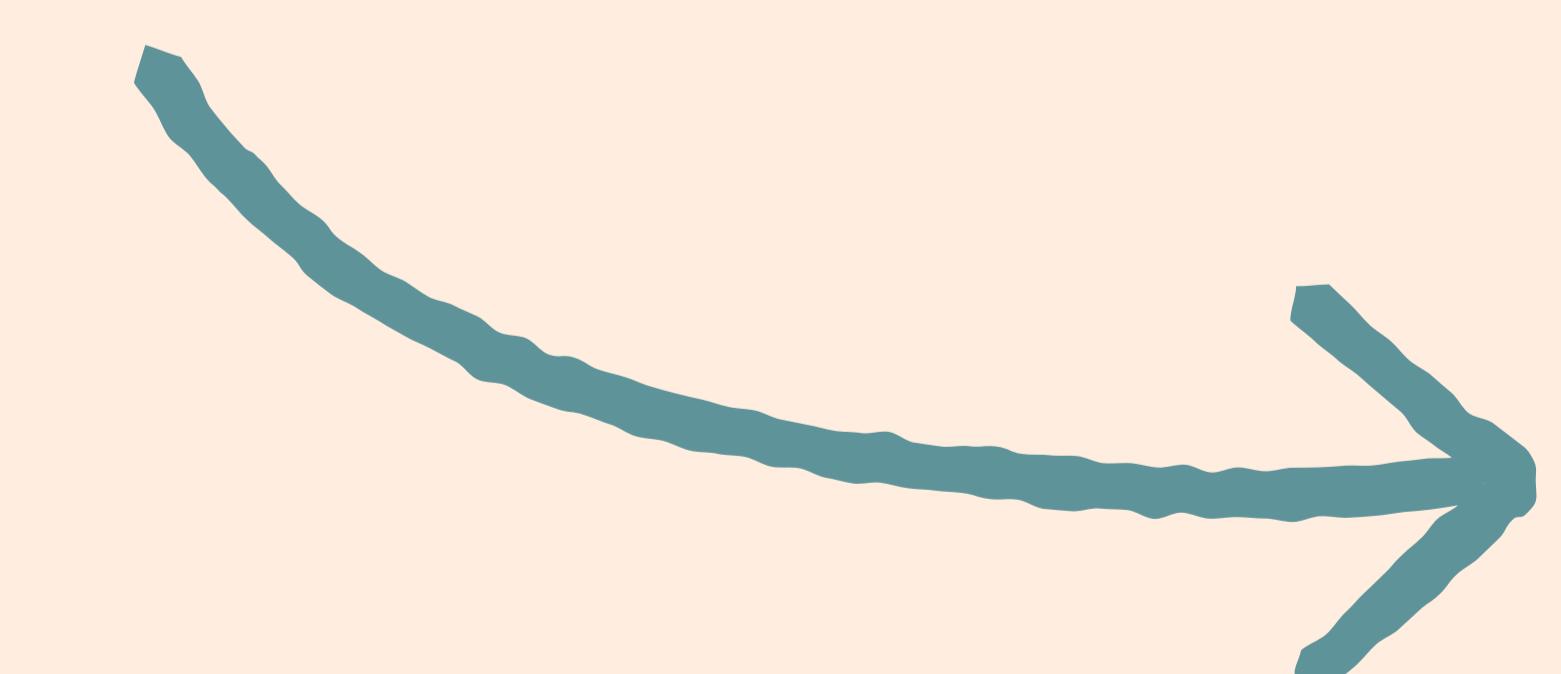
2. Closing reflection: stand in a circle, and have each participant share, clockwise, a word or two that represents something positive they are taking away from the experience.

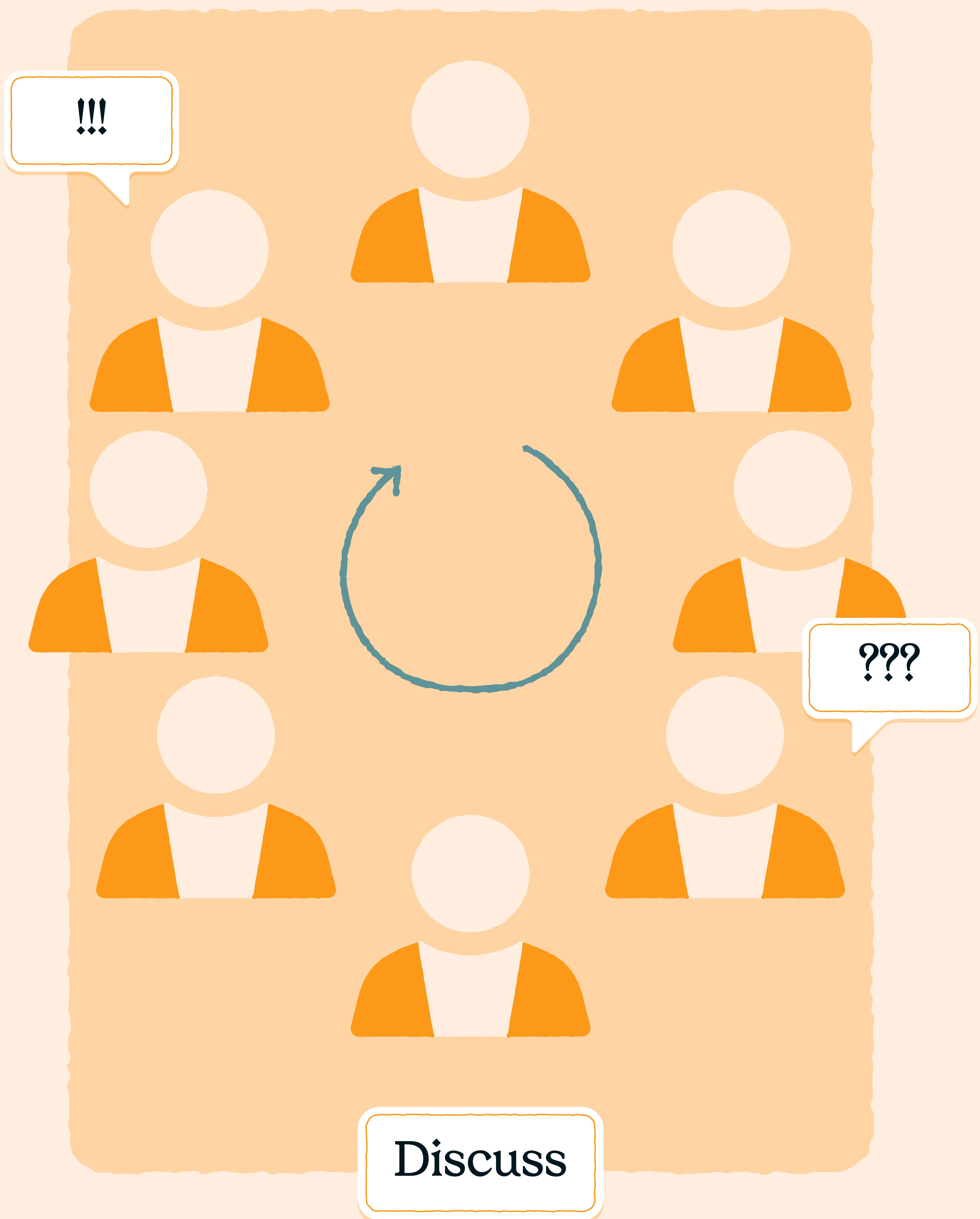
Express gratitude to the group for their courage and willingness to step out of their comfort zones during these exercises.

If some participants appear emotionally unsettled after the session, acknowledge their feelings and offer to discuss their experience further, either immediately or in the following days. While you may not be able to provide direct solutions, it's essential to validate the emotions that emerged during the game. Optional: Offer additional de-roling or debriefing for those who might need it.



That's it, you've completed the session!
Well done.





Rana

38
Teacher

Sri Lankan
Kuwait

Special Power
educated, experienced, intercultural

Rana's experience in diverse educational systems enables her to **foster inclusivity** and make **meaningful connections across cultures**. Rana is a dedicated teacher who **values diversity** and **multiculturalism**. As a lifelong resident of Kuwait, she **struggles** with societal limitations such as **restricted access to free medical treatment** and obtaining a **driver's license** due to her Asian background, which impacts her job opportunities and sense of belonging.

“ Once I applied for a job at an American school and then the first thing they asked me was, what's your nationality? The moment I said that I was Sri Lankan, they were very dismissive... I mean, you've spent your childhood, you've spent your adulthood, and then people say that this is not your home. Then where is it?”

Suzanne

43
Pastry Chef

Filipino
Philippines

Special Power
kitchen-savvy, hardworking, determined

Her **baking expertise** has empowered her to overcome challenges and build a **respected career**. Suzanne **started as a domestic worker** in Kuwait and transitioned into a successful career as a pastry chef. She **values the work and financial security** that Kuwait has given her but also **struggles with limited legal protection** under the Kafala system. Providing for her kids and being around the Filipino community is what keep her motivated.

“ Also, before, long time ago, they did not allow us to go out. For six years I was taking care of the house and the babies... But we need to understand that we are here for work. I came here for work only, nothing else. And I'm also grateful to them for accepting me, they were good to me.”

Eva

24
University Student

Egyptian-Romanian
Kuwait

Special Power
empathetic, adaptable, cultured

Eva bridges cultures through her **dual heritage and multilingual abilities**, navigating diverse communities with empathy. Raised in Kuwait by her **Egyptian father** and **Romanian mother**, she cherishes the freedom of summers in Romania and thrives in connecting with like-minded people.

Though valuing her independence, Eva faces mobility **challenges** without a driver's license due to her **lack of citizenship** and struggles with **fluency in Arabic**, making it harder to relate to Arabs and feel fully at ease.

“ I haven't made new friends outside of university and school friends, so I don't go out and socialize... You can't go into a restaurant or something and just talk to people. That's something that we would do in Romania.”

Ali

43
IT

Indian
Kuwait

Special Power
professional, reliable, insightful.

Ali's deep history in Kuwait gives him rich cultural insights into the country. He is part of **one of the first Indian families in Kuwait**, having lived in the country since the 1980s. As part of the **Indian community**, he has a strong reputation for his **professional expertise**. He **values** Kuwait's **safety, work-life balance**, and the strong ties within the Indian community. Despite his lifelong connection with the country, Ali faces **challenges** stemming from the **lack of citizenship rights**.

“ Business wise, we get a lot of respect as well. We know people know we're a business community, so they know that these guys will be doing fair business.”

Nate

21
Student

Filipino
Kuwait

Special Power
self-confident, diligent, progressive

Nate's **self-confidence** and **determination** empower him to envision a **fulfilling future** despite challenges. He is a Kuwaiti-born Filipino student who **values** his experience **growing up immersed in Indian culture**. He values the comforts of the Filipino community, but often **feels stereotyped** and **limited by societal expectations**. He seeks inclusion and opportunities that allow him to reach his potential.

“ I feel like if I didn't go to an Indian school, I would not be where I am right now. I feel like I've learned so much from being in a different community...I feel like Kuwait for me is a double-edged sword because I feel like it's given me so much as a person who lives here, but also is preventing me from becoming more.”

Rochelle

26
University Student

Lebanese
Lebanon

Special Power
dreamer, studious, communicative

Rochelle's **creative mindset** and **adaptability** allow her to envision countless possibilities for her future and her **English skills** provide her with the opportunity to engage in different kinds of jobs. She is a free-spirited Lebanese student, **values self-expression** and **freedom**. She often feels out of place in conservative settings and **struggles to find progressive communities** in Kuwait. She searches for a community that values her and in which she feels comfortable.

“ I used to cry before going to my classes. It's fine now that I'm more towards the end of my studies because I know I will be getting out of here, but the first few semesters were bad... No diversity in students (all Kuwaitis), not being able to communicate freely, openly. I even had to change the way I dress.

Rani

44
Oil Engeneer

Indian
India

Special Power
fluent, focused, adaptive

Rani's **fluent Arabic** allows her to blend seamlessly into Kuwaiti society, making her a **bridge between communities**. She is an Indian expatriate who fulfilled her dream of working in Kuwait's oil sector. Rani **values the stability and lifestyle** Kuwait offers but **feels constrained by unequal pay and separation from her family** due to the country's strict visa laws.

“ I can speak very good Arabic... So many times, when I have to go somewhere or I have to introduce myself for a second or for a minute, people think that I'm Kuwaiti.”

Sarah

29
Psychologist

Jordanian
Kuwait

Special Power
empathic, perceptive, multicultural

Sarah's personal experiences equip her with unique insights into **counseling** and **empathy** as well as a **deep respect for individualism** over group conformity.

She **values individuality and freedom** but faces **cultural and societal constraints** that often leave her with feelings of identity dissonance. She yearns for **acceptance** and **belonging** and a **social identity** that she can be part of and accepted in as an individual, regardless of background or religion.

“ The older I get, the more I realize that life here is very limiting, at least for personal growth, because there is so little that you can experience other than eating outside, going to indoor gym or to the movies.”

Abu Ibrahim

53
Building Caretaker

Egyptian
Egypt

Special Power
resilient, responsible, hardworking, devout

Abu Ibrahim's time in the **army** made him capable of withstanding the **harshest challenges** life throws at him. Although the lack of a degree prevents Abu Ibrahim from getting the benefits afforded to educated employees, he **values hard work**. He is a **religious** and **respectable man** who abides by the rules of the country he lives in. Despite **limited freedoms** as a **caretaker**, he finds purpose in supporting his family back in Egypt, prioritizing **financial stability**.

“ One should respect whatever place he is in. If I am in Kuwait, I should respect the people in Kuwait. I have come here to work. Better to mind our own business, not to get involved in anything. Work in Kuwait is better now. In Egypt, the social and financial life is a bit weak. But thanks to God, everything is fine.”

Abdo

39
Human Resources Manager

Sudanese
Kuwait

Special Power
self-confidence, sociable, adaptive

Abdo's upbringing in a **safe environment** has shaped his **confidence** provided him with valuable skills and traits. He **grew up in Kuwait**, finding safety and comfort in its community. Despite this, the **lack of permanent residency** and **limited opportunities** for **social interaction** within the small Sudanese community affect his well-being.

“ I'd say my favorite memories are just in Salmiya, and how safe it was. Us as kids going out, playing soccer, going to the grocery store. Kids nowadays don't get that feeling of going out and interacting with people, socializing with strangers... random people you don't even know. I'd say Kuwait, to me, it's my first home.”

Arman

31
Photographer

Indian
India

Special Power
creative, artistic, connected

Arman's **photography skills** and **English fluency** allow him to **connect** with a diverse range of clients and get to know people from varied contexts and backgrounds. As a freelance photographer, he **values** the **opportunities** Kuwait provides but **faces language barriers** that hinder his interactions, especially with government officials. He finds comfort in the **Indian community** of his neighborhood, which helps him feel more at home.

“ Even when I'm traveling to India, I get bored. I want to come back to Kuwait because of the work, because of the environment. I'm so accustomed to Kuwait.”

Jasem

26
Entrepreneur

Kuwaiti
Kuwait

Special Power
connected, resourceful, ambitious

Jasem's **deep roots in Kuwait** grant him a sense of connection, power, comfort, and safety within his community. He **cherishes** his **family ties** and the **cultural traditions** of Kuwait. However, **financial struggles** and the **social pressure** of upholding his family's reputation by adhering to the luxurious lifestyle of his acquaintances **challenge** him. He **values** Kuwait's **cultural traditions** and his ties with the country.

“ If you have roots here, I would say it's easy [finding a community]. I always feel a bit safe and comfortable because my family's always around. It's easier 'cause we just have that natural connection anyway.”

Hajar

34
Supervisor

Kuwaiti
Kuwait

Special Power
ambitious, determined, critical

Hajar, a **Kuwaiti woman** working at the Ministry of Electricity, believes **special powers are reserved** for those with connections and **higher positions**. While she enjoys a **simple and comfortable life**, she feels her **career growth is hindered by nepotism and inequality** in Kuwait. Hajar also wishes for **more accessible, well-maintained public spaces** to spend quality time with friends and family outside her home.

“ My life is happy and comfortable but I can see that there is still inequality in most public sectors. I can't have the same opportunities even if I am more skilled. Kuwaiti women are shaped by a dynamic interplay of tradition and modernity while enjoying many rights and opportunities.”

Hanan

26
Admin

None (Bidoon)
India

Special Power
community-aware, dreamer, focused

Hanan's deep ties to **Bidoon culture** give her strength through **family** and **community**, despite challenges. Born and raised in Kuwait, she hopes to stay and raise her own family. However, **lacking the financial and educational benefits** granted to citizens limits her opportunities. Despite these barriers, Hanan **values multicultural connections** and enjoys welcoming friends from diverse backgrounds into her home, though she faces constraints in fully embracing this desire.

“ My relationship with my classmates and professors was good since we all spoke Kuwaiti. The only difference was that I didn't receive the pocket money that my classmates received - I didn't mind that as I could drive and worked part time to make up”

Priya

38
Domestic Worker

Indian
India

Special Power
driven, resilient

Priya, an **Indian mother** and **domestic worker** in Kuwait, endures harsh conditions to **support her family**, setting her apart despite feeling she has no special powers. She hasn't seen her children in four years, as they remain in India. Priya faces **language barriers** and **financial struggles**, longing for better job opportunities, healthcare access, and respect for immigrants like herself, while striving tirelessly for a better future.

“ I feel okay in Kuwait, I can support my family and my children's education but I get scared to injure myself as I would have to pay for additional hospital expenses. I save as much as I can to help my family. I wish there were better social and job opportunities and equality for everyone in Kuwait.”

Nasser

34
Accountant

Pakistani
Kuwait

Special Power
refined, cunning, sharp

Despite challenges his **technical expertise** in accounting enables him to thrive professionally in this field. Nasser **appreciates** Kuwait's **luxurious lifestyle** and has great memories of growing up in the country, but he **struggles** with **cultural** and **language barriers** that hinder his interactions with others. He longs to engage in **activities** that connect him to his **Pakistani roots**, as he does not visit Pakistan often.

“ If they visited any of the malls they would understand the luxurious lifestyle of people living here in Kuwait, and they would actually like that as well.”

Sukri
Student

CHARACTER

Safety

CHALLENGE

Food

CHALLENGE

Religion

CHALLENGE

Work

CHALLENGE

Healthcare

CHALLENGE

Transportation

CHALLENGE

Education

CHALLENGE

New Collaboration

Imagine a work-related event that everyone would love to attend, where people from both local and international organizations build stronger ties to Kuwait.

New Tradition

Imagine a new tradition where people from all religions come together and share their unique ways of celebrating their religious beliefs.

New Education

Imagine a simple change in education that makes learning and studying in Kuwait fairer and more engaging.

New Transportation

Imagine a transportation concept that allows everyone to move around Kuwait with ease.

New Ritual

Imagine a food ritual that brings everyone together and gives them a sense of belonging in Kuwait and that everyone would love to join.

New Care Service

Imagine a new care service that ensures everyone has equal access to appropriate healthcare.

Sukri

24
Student

Kuwaiti
U.S.

❖ Special Power
sociable, adaptable, bright-spirited

Sukri's **diverse background** gives her the ability to **bridge cultures** and connect with people from different walks of life. Born in Thailand, raised in the U.S., and now living in Kuwait, she **embraces a multicultural identity**. While she **appreciates** Kuwait's **traditions** and **dynamic social life**, she faces **challenges** with **language barriers** and **cultural norms**, often feeling like an outsider. She is vocal about laws affecting **women's rights**, such as the inability of Kuwaiti women to pass citizenship to their children, and hopes for more inclusive opportunities.

“ The culture shock was huge and I didn't like that I couldn't just speak the way I normally could...No matter where I travelled I believe we genuinely have the best food places here in Kuwait. And our desert is such a nice experience, you can do so many activities ”

New Support System

Imagine a new organization, space, or community in Kuwait where everyone feels safe and supported.

Generation

CHALLENGE

Culture

CHALLENGE

Politics

CHALLENGE

Nature

CHALLENGE

DILEMMA

DILEMMA

DILEMMA

DILEMMA

New Ecosystem

Imagine ways in which humans and nature (plants and animals) coexist as part of a balanced ecosystem, either inside or outside their homes.

What would you prefer?

Homeland Ties

You come back home to Kuwait after university abroad and you experience a sense of belonging, but you feel like you've lost many personal freedoms.

Distant Liberty

You stay abroad after finishing your studies and lose your connection to home but gain more freedom to explore your individuality.

New Politics

Imagine ways for the Kuwaiti government to gain the confidence of its citizens, making them feel like they belong in Kuwait.

What would you prefer?

Language Limits

Fluent in English, international business networks are at your fingertips. However, without Arabic and the influential "Wasta," local bureaucratic tasks become nearly impossible.

Local Leverage

With "Wasta", you navigate local bureaucracy effortlessly. However, not speaking English makes international prospects non-existent.

New Connection

Imagine a new way for people from different cultures to explore, celebrate, and embrace their differences, so that everyone feels at home.

What would you prefer?

Solo Success

You secure a high-paying job with a work VISA in Kuwait, but your family can't join due to VISA restrictions.

Family First

You remain in your home country earning a lower salary, but you are surrounded by loved ones.

New Ritual

Imagine shared activities for different generations to reconnect and overcome generation gaps.

What would you prefer?

Bubble Banquet

There are culinary delights everywhere, but every meal is shared only with the exact same people in your social bubble.

Networking Nibble

Restaurants and cafés offer opportunities to make new social connections and networks, but food is very expensive and lacks flavor.

DILEMMA

Safety

SAME | DIFFERENT

Food

SAME | DIFFERENT

Religion

SAME | DIFFERENT

Work

SAME | DIFFERENT

Healthcare

SAME | DIFFERENT

Transportation

SAME | DIFFERENT

Education

SAME | DIFFERENT

Same

Find something you have in common when it comes to work and think about how it gives you a feeling of belonging (or not).

Same

Find something you have in common when it comes to religion and think about how it gives you a feeling of belonging (or not).

Different

Find something that makes you different when it comes to work, and think about how it gives you a sense of belonging (or not).

Different

Find something that makes you different when it comes to religion and think about how it gives you a sense of belonging (or not).

finding work / respect at work / working conditions / meaningful work

respect for practice / place of worship / religious clothing

Same

Find something you have in common when it comes to education and think about how it gives you a feeling of belonging (or not).

Same

Find something you have in common when it comes to transportation and think about how it gives you a feeling of belonging (or not).

Different

Find something that makes you different when it comes to education and think about how it gives you a sense of belonging (or not).

Different

Find something that makes you different when it comes to transportation and think about how it gives you a sense of belonging (or not).

applying / available studies / student exchange / certification

getting around / traffic / public transport / cars / driver's license

Same

Find something you have in common when it comes to food and think about how it gives you a feeling of belonging (or not).

Different

Find something that makes you different when it comes to food and think about how it gives you a sense of belonging (or not).

finding ingredients / local food / comfort food / sharing meals

Same

Find something you have in common when it comes to healthcare and think about how it gives you a feeling of belonging (or not).

Different

Find something that makes you different when it comes to healthcare and think about how it gives you a sense of belonging (or not).

finding doctors / hospitals / available medicine / appropriate care

What would you prefer?

Faithful Glance

Being a woman brings a lot of unwanted attention from men, but expressing faith through the Hijab or prayer is always respected.

Silent Whispers

Women walk comfortably and are treated with utmost respect, but showcasing faith invites ridicule and whispered remarks behind their backs.

Same

Find something you have in common when it comes to safety and think about how it gives you a feeling of belonging (or not).

Different

Find something that makes you different when it comes to safety and think about how it gives you a sense of belonging (or not).

public safety / online safety / safe community / support

Generation

SAME | DIFFERENT

Culture

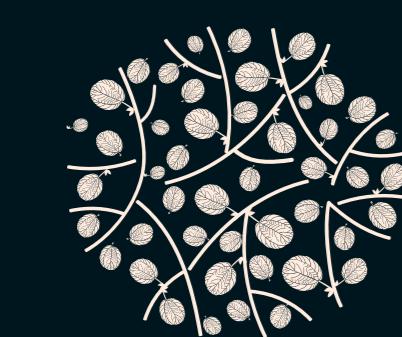
SAME | DIFFERENT

Nature

SAME | DIFFERENT

Politics

SAME | DIFFERENT



Sidra Game

Same

Find something you have in common when it comes to politics and think about how it gives you a feeling of belonging (or not).

Different

Find something that makes you different when it comes to politics and think about how it gives you a sense of belonging (or not).

voting / government programme / trust in authorities / human rights

Same

Find something you have in common when it comes to the natural environment and think about how it gives you a feeling of belonging (or not).

Different

Find something that makes you different when it comes to the natural environment and think about how it gives you a sense of belonging (or not).

natural landscape / vegetation / animals / climate / houseplants

Same

Find something you have in common when it comes to your cultural background and think about how it gives you a feeling of belonging (or not).

Different

Find something that makes you different when it comes to your cultural background and think about how it gives you a sense of belonging (or not).

nationality / ancestry / tradition / communication / community

Same

Find something you have in common when it comes to your generation and think about how it gives you a feeling of belonging (or not).

Different

Find something that makes you different when it comes to your generation and think about how it gives you a sense of belonging (or not).

family values / language use / taboos / technological literacy

