SDS 291 Final Project Report

Miya Dang, Mia Tran, Alua Birgebayeva 2025-04-28

Abstract

This study examines clinical predictors of mortality among patients with heart failure using the Heart Failure Clinical Records Dataset from the UCI Machine Learning Repository. The dataset contains detailed medical profiles of 299 patients, including demographic, clinical, and laboratory variables. Our objective was to build an interpretable and statistically robust model that could identify individuals at elevated risk of death during their follow-up period. After exploratory analysis and variable selection through backward elimination using nested F-tests (retention threshold: p < 0.1), we developed a logistic regression model with five significant predictors: age, ejection fraction, serum creatinine, serum sodium, and follow-up time. Model diagnostics revealed no violations of key assumptions, and performance metrics indicated strong predictive ability, with sensitivity of 81.3%, specificity of 79.3%, accuracy of 79.9%, and an AUC of 0.8935. These results demonstrate that a small set of routinely collected clinical variables can provide valuable insight into patient prognosis and support early intervention in heart failure care.

Introduction

Heart failure is a chronic, progressive condition affecting over 64 million people globally and is a leading cause of morbidity and mortality, particularly among older adults (Savarese & Lund, 2017). Timely identification of high-risk patients is critical in managing the disease and preventing adverse outcomes. In clinical practice, easily accessible indicators such as age, kidney function, and cardiac performance are often used to guide care decisions. However, the predictive value of these factors—especially in combination—requires careful statistical modeling to ensure reliability and interpretability.

In this project, we seek to answer the following research question: Which clinical and demographic variables are most predictive of mortality in patients with heart failure? To address this, we utilized the Heart Failure Clinical Records Dataset, which includes 13 variables measured during the follow-up of 299 patients. Our primary outcome of interest is DEATH_EVENT, a binary indicator of whether the patient died during the follow-up period.

Prior research has explored predictors of heart failure outcomes using machine learning and traditional statistical models. For example, Choi et al. (Choi & Lee, 2017) and Ahmad et al. (Ahmad et al., 2018) identified low ejection fraction and elevated serum creatinine as important mortality indicators, while Sulaiman et al. (Sulaiman et al., 2020) highlighted the role of sodium levels in

cardiac function. While these studies provided clinical insights, many models lacked transparency, and few incorporated robust diagnostic checks to assess model assumptions and outliers.

To fill this gap, our study applies a multiple logistic regression framework combined with backward elimination to select a parsimonious set of predictors. We evaluate the model through statistical diagnostics, including leverage, residuals, Cook's distance, and multicollinearity analysis. We also assess model performance using classification metrics and the ROC curve. By focusing on routinely available variables and prioritizing interpretability, our goal is to create a model that is both clinically meaningful and methodologically sound—supporting real-world applications in early risk assessment for heart failure patients.

Methods

Dataset Description

The dataset we analyzed in this study is the Heart Failure Clinical Records Dataset, originally sourced from the UCI Machine Learning Repository (Chicco & Jurman, 2020). It contains the medical records of 299 patients who experienced heart failure, collected during their clinical follow-up period. Each observation is a patient profile. The response variable, DEATH_EVENT, is a binary outcome indicating whether a patient died during the follow-up period (1 = deceased, 0 = alive). All eleven explanatory variables were initially considered, including demographic factors, clinical profile, as well as laboratory blood tests measurements. Details about each variable can be seen in Table 1. No missing data were reported in the dataset.

Data Processing and Exploratory Data Analysis

The dataset was imported into R, and all categorical variables were recoded into factors.

An exploratory data analysis was performed using summary statistics and visualizations. The median age of participants was 60 years (IQR: 51–70), and 32% died during the follow-up period. The median serum creatinine level was 1.10 mg/dL (IQR: 0.90–1.40), and the median ejection fraction was 38% (IQR: 30–45). Two boxplots were created to compare the distributions of ejection fraction (%) and serum creatinine (mg/dL) by death event (Figure 1). These plots indicated that patients who died tended to have lower ejection fractions and higher serum creatinine levels, supporting the inclusion of these variables in subsequent modeling.

Table 1: Summary of Heart Failure Dataset

Characteristic	N = 299
age: age of the patient (years)	60 (51, 70)
anaemia: decrease of red blood cells or hemoglobin $(0 = No, 1 = Yes)$	
0	170~(57%)
1	129~(43%)
creatinine_phosphokinase: level of the CPK enzyme in the blood (mcg/L) $$	$250 \ (115, 582)$
diabetes: if the patient has diabetes $(0 = No, 1 = Yes)$	
0	174~(58%)
1	125~(42%)
ejection_fraction: $\%$ of blood leaving the heart at each contraction ($\%$)	38 (30, 45)
high_blood_pressure: if the patient has hypertension $(0 = No, 1 = Yes)$	
0	194~(65%)
1	105 (35%)
platelets: platelets in the blood (kiloplatelets/mL)	262,000 (212,000, 304,00
serum_creatinine: level of serum creatinine in the blood (mg/dL)	$1.10 \ (0.90, \ 1.40)$
serum_sodium: level of serum sodium in the blood (mEq/L)	137 (134, 140)
sex: $0 = \text{Woman}, 1 = \text{Man}$	
0	105 (35%)
1	194 (65%)
smoking: if the patient smokes $(0 = No, 1 = Yes)$	
0	203~(68%)
1	96 (32%)
time: length of follow-up period (days)	115 (73, 205)
DEATH_EVENT: if the patient died during the follow-up period $(0 = No, 1 = Yes)$,
Alive	203~(68%)
Deceased	96 (32%)

 $[\]overline{\ ^{1}\ \mathrm{Median}\ (\mathrm{Q1},\,\mathrm{Q3});\,\mathrm{n}\ (\%)}$

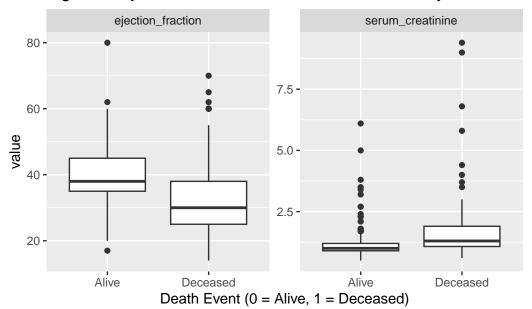


Figure 1. Ejection Fraction and Serum Creatinine by Death Eve

Variable Selection

To identify potential predictors of mortality, we applied backward elimination to a full multiple logistic regression model containing 11 predictors. The selection process used nested F-tests with a retention threshold of p < 0.1. Variables with the highest p-values were removed sequentially until all remaining predictors had p-values below the threshold. Variables removed sequentially included anaemia, smoking, high_blood_pressure, diabetes, platelets, creatinine_phosphokinase, and sex. The final model retained five predictors: age, ejection_fraction, serum_creatinine, serum_sodium, and time.

The population form of the final model is defined as follows:

$$logit(P(Deceased = 1)) = \beta_0 + \beta_1 \text{ (Age)} + \beta_2 \text{ (Eject Frac)} + \beta_3 \text{ (Serum Creatinine)} + \beta_4 \text{ (Serum Sodium)} + \beta_5 \text{ (Time)}$$

Where:

- logit(P(Deceased = 1)): The log-odds of the probability that the binary outcome "Deceased" equals 1.
- β_0 : The intercept, the baseline log-odds of death when all predictors are zero. This is not particularly meaningful on its own, but it serves as a baseline for predictions.
- β_1 : The slope for Age, the change in the log-odds of death for each 1 year increase in age, holding other variables constant.
- β_2 : The slope for Ejection Fraction, the change in the log-odds of death for each 1% increase in ejection fraction (percentage of blood leaving the heart at each contraction), holding other variables constant.

- β_3 : The slope for Serum Creatinine, the change in the log-odds of death for each 1 mg/dL increase in the level of serum creatinine in the blood, holding other variables constant.
- β_4 : The slope for Serum Sodium, the change in the log-odds of death for each 1 mEq/L increase in the level of serum sodium in the blood, holding other variables constant.
- β_5 : The slope for Time, the change in the log-odds of death for each 1 day increase in the length of the follow-up period, holding other variables constant.

Table 2: Coefficient Estimates from Final Model

	Estimate	Std. Error	t value	Pr(> t)
(Intercept)	9.4930	5.4058	1.7561	0.07907
age	0.0425	0.0150	2.8255	0.00472
ejection_fraction	-0.0734	0.0158	-4.6518	0.00000
$serum_creatinine$	0.6860	0.1740	3.9415	0.00008
$serum_sodium$	-0.0646	0.0384	-1.6822	0.09254
time	-0.0209	0.0029	-7.1657	0.00000

Model Diagnostics: Influential Points and Model Assumptions

We then investigated influential observations and assessed model assumptions to ensure the reliability of our logistic regression model. To identify unusual points, we examined leverage, studentized residuals, and Cook's distance for all observations. Observations with leverage values greater than $\frac{2(k+1)}{n}$ and studentized residuals > 2 or < -2 were flagged as potentially influential. Initially, we used a threshold of $\frac{4}{n}$ for Cook's distance, which flagged 29 observations as influential, which is nearly 10% of the dataset. However, upon visual inspection of the Cook's distance plot, most of these points clustered closely with the rest of the data and did not appear to exert a disproportionate influence on the model. Only three observations (rows 132, 218, and 229) were clearly distant from the majority, with Cook's distance values exceeding 0.05. We therefore adopted 0.05 as a more appropriate threshold and focused on these three points, which were also consistently flagged across all diagnostic metrics. Further inspection revealed that these three observations had unusually high serum creatinine levels (6.1, 9.0, and 5.0). While these values are high, they are not uniquely extreme within the dataset as several other cases also exhibited elevated serum creatinine levels above 3.0. These high values are clinically plausible and likely reflect cases of severe kidney dysfunction, a condition frequently associated with heart failure and increased mortality risk. Therefore, there is no indication that these values are due to data entry or recording errors. Additionally, serum creatinine remained a statistically significant and clinically meaningful predictor in both the original model and the clean model that excluded them, with consistent effect sizes and p-values. Importantly, model performance metrics such as AIC, deviance, and coefficient estimates did not change substantially after excluding these observations. Based on this evidence, we concluded that the flagged cases represent valid and meaningful variation in the data and chose to retain them in the final model to maintain the integrity and generalizability of our findings.

We assessed multicollinearity among our predictors by calculating Variance Inflation Factors (VIFs). All VIFs fell between 1.03 and 1.13, indicating minimal correlation among the covariates and reassuring us that our coefficient estimates are stable and interpretable. Next, we generated a

deviance-residual plot to evaluate model fit and again identify any unusual observations. The residuals are scattered randomly around zero without any clear pattern across the observation index, suggesting the model does not systematically over- or under-predict in different regions of the data. Moreover, all deviance residuals lie within the range of -3 to +3, and there are no points that stand apart from the main cluster. Together, these diagnostics confirm that our model assumptions hold and that no extreme outliers warrant removal.

Model Performance

We evaluated the model's performance using sensitivity, specificity, accuracy, and the area under the ROC curve (AUC). To reduce the risk of missing actual mortality cases, we selected a lower classification threshold of $\pi_0 = 0.3$, prioritizing sensitivity over specificity. Using this cutoff, we calculated the corresponding performance metrics to assess how well the model distinguishes between patients who survived and those who died.

- Sensitivity (0.8125): The model correctly identifies 81.3% of individuals who died (DEATH_EVENT = 1). This indicates strong performance in detecting patients at high risk of death, which is especially important in clinical settings where failing to identify at-risk patients could have serious consequences.
- Specificity (0.7931034): The model correctly classifies 79.3% of individuals who survived (DEATH_EVENT = 0). This means it is also reasonably effective at minimizing false positives, avoiding misclassifying living patients as deceased.
- Accuracy (0.7993311): The model achieves an overall accuracy of approximately 79.9%, meaning it correctly classifies nearly 80% of all cases, whether alive or dead. This suggests strong overall predictive ability.
- AUC (0.8935242): The model has excellent discriminative ability, with an AUC of 0.8935. This indicates that it can distinguish between patients who died and those who survived substantially better than random chance, and approaches the performance of a highly reliable classifier.

Results

The final analysis included all 299 patients in the dataset. Although three observations were flagged as potentially influential, they were retained in the model after further diagnostics. Out of these 299 patients, 32% died during the follow-up period.

The response variable, DEATH_EVENT, indicates whether a patient died during the follow-up period (1 = deceased, 0 = alive). The explanatory variables retained in the final model were age (in years), ejection fraction (percentage of blood leaving the heart per contraction), serum creatinine (mg/dL), serum sodium (mEq/L), and time (length of follow-up in days). These variables were selected through backward elimination using nested F-tests with a retention threshold of p < 0.1. The table below summarizes the estimated odds ratios, 95% confidence intervals, and p-values for each predictor in the model.

Table 3: Final Model: Odds Ratios and 95% Confidence Intervals

Predictor	Odds Ratio	95% CI (Low)	95% CI (High)	p-value
Age	1.043	1.014	1.076	0.005
Ejection Fraction	0.929	0.899	0.957	0.000
Serum Creatinine	1.986	1.421	2.874	0.000
Serum Sodium	0.937	0.868	1.011	0.093
Follow-up Time	0.979	0.973	0.985	0.000

Each predictor in the final model had a clear association with the probability of death.

- Age: Each additional year increased the odds of death by approximately 4.3% (OR = 1.043, 95% CI: [1.014, 1.076], p = 0.005).
- Ejection Fraction: Each 1% increase reduced the odds of death by 7.1% (OR = 0.929, 95% CI: [0.899, 0.957], p < 0.001).
- Serum Creatinine: Each 1 mg/dL increase more than doubled the odds of death (OR = 1.986, 95% CI: [1.421, 2.874], p < 0.001).
- Serum Sodium: While not statistically significant, the odds ratio suggests a 6.3% decrease in risk per unit increase (OR = 0.937, 95% CI: [0.868, 1.011], p = 0.093).
- Follow-up Time: Each additional day of follow-up was associated with a 2.1% decrease in the odds of death (OR = 0.979, 95% CI: [0.973, 0.985], p < 0.001).

To evaluate model performance, we selected a classification threshold of $\pi=0.3$ to prioritize sensitivity. The model correctly identified 81.3% of patients who died (sensitivity) and 79.3% of patients who survived (specificity). Overall classification accuracy was 79.9%. The area under the ROC curve (AUC) was 0.8935, indicating excellent discriminative ability.

Figure 1 shows boxplots of ejection fraction and serum creatinine by survival outcome. Patients who died had noticeably lower ejection fractions and higher creatinine levels, reinforcing their inclusion in the final model.

These findings address our research question by identifying five routinely available variables that effectively predict mortality among patients with heart failure.

Discussion

This study set out to answer the question: Which variables best predict death during the follow-up period after a heart failure diagnosis? Using logistic regression and backward elimination, we identified five key predictors: age, ejection fraction, serum creatinine, serum sodium, and follow-up time.

Our results show that these variables are strong predictors of mortality. Older patients, those with lower ejection fractions, and those with higher serum creatinine levels were significantly more likely to die during follow-up. While serum sodium was not statistically significant at the 5% level (p = 0.093), its clinical relevance and borderline confidence interval supported its inclusion. Patients

with longer follow-up times were less likely to die, suggesting that time itself may reflect survival resilience.

These findings directly answer our research question and are supported by both statistical metrics and clinical interpretability. As shown in Table 3, odds ratios for the significant predictors were all in directions consistent with medical expectations. Figure 1 further reinforced these relationships, visually demonstrating that patients who died had lower ejection fractions and higher serum creatinine. Model performance metrics, including a high AUC (0.8935), sensitivity (81.3%), and specificity (79.3%), indicate that the model performs well as a classification tool.

Despite these strengths, our analysis has several limitations. First, the dataset contains only 299 observations, which limits the generalizability of our findings. All data came from a single source, and we do not have access to variables such as treatment type, comorbidities, or socioeconomic status. These missing factors may introduce omitted variable bias. Additionally, our model assumes linearity in the log-odds and does not explore potential interactions or non-linear effects.

Still, the study has notable strengths. The final model is interpretable, relies on common clinical measures, and passed all major diagnostic checks (e.g., residuals, Cook's distance, VIFs). Our variable selection process used nested F-tests, and we retained cases flagged as influential only after confirming they did not distort results. These decisions reflect a balance between statistical rigor and real-world applicability.

In summary, this analysis provides strong evidence that five routine clinical measures can meaningfully predict death in heart failure patients. However, our conclusions are specific to the dataset at hand and should not be generalized without further validation. These findings offer a starting point for clinicians or researchers seeking to build early warning tools using accessible patient data.

Discussion (Mia suggestion)

This study set out to answer the question: Which clinical and demographic variables are most predictive of mortality in patients with heart failure? Using logistic regression with backward elimination, we identified five key predictors: age, ejection fraction, serum creatinine, serum sodium, and follow-up time.

Our results show that each of these variables provides meaningful insight into patient mortality risk. Older age, lower ejection fraction, and higher serum creatinine levels were strongly associated with increased likelihood of death — findings consistent with established clinical knowledge (Ahmad et al., 2018; Choi & Lee, 2017). Although serum sodium was not statistically significant at the 5% level, its direction of effect and borderline p-value suggest potential clinical importance, especially given its role in fluid regulation and heart function (Sulaiman et al., 2020). Interestingly, longer follow-up time was associated with a lower risk of death, which may reflect that patients who survived longer had milder disease progression or more successful interventions.

These findings address our research question while balancing statistical rigor and clinical interpretability. The model's strong performance (AUC = 0.8935, sensitivity = 81.3%) suggests it could serve as a practical tool for early risk stratification in heart failure patients. Its reliance on routinely collected clinical data also enhances its real-world utility.

However, this analysis is limited by its sample size (n = 299) and the absence of variables like treatment regimen, comorbidities, or socioeconomic status, which may influence mortality risk.

Furthermore, the model assumes linear relationships and does not include potential interaction effects.

Despite these limitations, our approach offers several strengths. We applied rigorous diagnostic checks to confirm model assumptions, retained potentially influential cases only after verification, and prioritized simplicity for interpretability.

In sum, our study demonstrates that a small, interpretable set of clinical variables can effectively predict mortality in heart failure patients. Future work should validate this model on larger, more diverse populations and explore enhancements through interaction terms or non-linear modeling. Nonetheless, our findings provide a foundation for developing accessible, evidence-based tools to support clinical decision-making and early intervention.

Data Analysis Appendix

Import dataset, preparing data, load packages

```
# Loading necessary packages
library(kableExtra)
library(gtsummary)
library(ggplot2)
library(tidyr)
library(pROC)
library(car)
library(dplyr)
library(broom)
# Reading csv
heart_data <- read.csv("heart_failure_clinical_records_dataset.csv")
# Factoring categorical variables
heart_data$anaemia <- factor(heart_data$anaemia)</pre>
heart_data$diabetes <- factor(heart_data$diabetes)</pre>
heart data$high blood pressure <- factor(heart data$high blood pressure)
heart_data$sex <- factor(heart_data$sex)</pre>
heart_data$smoking <- factor(heart_data$smoking)</pre>
heart_data$DEATH_EVENT <- factor(heart_data$DEATH_EVENT, levels = c(0,1),
                          labels = c("Alive", "Deceased"))
```

EDA

```
anaemia ~ "anaemia: decrease of red blood cells or hemoglobin
\hookrightarrow (0 = No, 1 = Yes)",
              creatinine_phosphokinase ~ "creatinine_phosphokinase: level of
   the CPK enzyme in the blood (mcg/L)",
              diabetes ~ "diabetes: if the patient has diabetes (0 = No, 1 =
   Yes)",
              ejection_fraction ~ "ejection_fraction: % of blood leaving the
   heart at each contraction (%)",
              high_blood_pressure ~ "high_blood_pressure: if the patient has
    hypertension (0 = No, 1 = Yes)",
              platelets ~ "platelets: platelets in the blood
   (kiloplatelets/mL)",
              sex ~ "sex: 0 = Woman, 1 = Man",
              serum_creatinine ~ "serum_creatinine: level of serum
   creatinine in the blood (mg/dL)",
              serum_sodium ~ "serum_sodium: level of serum sodium in the

→ blood (mEq/L)",
              smoking ~ "smoking: if the patient smokes (0 = No, 1 = Yes)",
              time ~ "time: length of follow-up period (days)",
              DEATH_EVENT ~ "DEATH_EVENT: if the patient died during the

    follow-up period (0 = No, 1 = Yes)"

            )) %>%
  as_kable_extra(format = "latex", booktabs = TRUE, caption = "Summary of
   → Heart Failure Dataset")
# Accompanying graph
# Reshape data to long format
heart_data_long <- heart_data %>%
  pivot_longer(
    cols = c(ejection_fraction, serum_creatinine),
    names_to = "variable",
    values_to = "value"
# Create labels for faceting
variable labels <- c(</pre>
  "ejection_fraction" = "Ejection Fraction (%)",
  "serum_creatinine" = "Serum Creatinine (mg/dL)"
# Create combined plot
ggplot(heart_data_long, aes(x = factor(DEATH_EVENT), y = value)) +
  geom_boxplot() +
  facet_wrap(~ variable, scales = "free_y") +
  labs(x = "Death Event (0 = Alive, 1 = Deceased)",
       title = "Figure 1. Ejection Fraction and Serum Creatinine by Death

→ Event"

  )
```

Table 4: Summary of Heart Failure Dataset

Characteristic	N = 299
age: age of the patient (years)	60 (51, 70)
anaemia: decrease of red blood cells or hemoglobin $(0 = No, 1 = Yes)$	
0	170 (57%)
1	129~(43%)
creatinine_phosphokinase: level of the CPK enzyme in the blood (mcg/L)	250 (115, 582)
diabetes: if the patient has diabetes $(0 = No, 1 = Yes)$	
0	174 (58%)
1	125~(42%)
ejection_fraction: % of blood leaving the heart at each contraction (%)	38 (30, 45)
high_blood_pressure: if the patient has hypertension $(0 = No, 1 = Yes)$	
0	194 (65%)
1	$105\ (35\%)$
platelets: platelets in the blood (kiloplatelets/mL)	262,000 (212,000, 304,00
serum_creatinine: level of serum creatinine in the blood (mg/dL)	$1.10 \ (0.90, \ 1.40)$
serum_sodium: level of serum sodium in the blood (mEq/L)	137 (134, 140)
sex: $0 = \text{Woman}, 1 = \text{Man}$	
0	105~(35%)
1	194 (65%)
smoking: if the patient smokes $(0 = No, 1 = Yes)$,
0	203~(68%)
1	96 (32%)
time: length of follow-up period (days)	115 (73, 205)
DEATH_EVENT: if the patient died during the follow-up period $(0 = No, 1 = Yes)$	
Alive	203~(68%)
Deceased	96 (32%)
1 Madian (O1 O2), n (07)	

¹ Median (Q1, Q3); n (%)

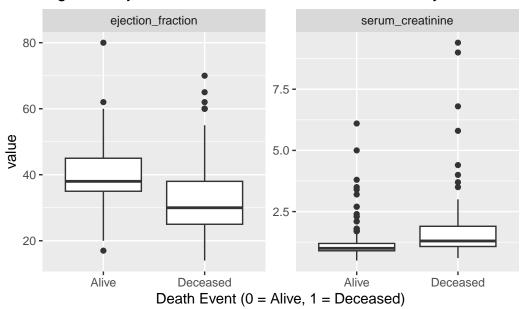


Figure 1. Ejection Fraction and Serum Creatinine by Death Eve

Select variables

```
# Selecting variables by doing backward elimination using nested F test
\hookrightarrow (p-value = 0.1)
heart_full <- glm(DEATH_EVENT ~ age + anaemia + creatinine_phosphokinase +
diabetes + ejection_fraction + high_blood_pressure + platelets +

    serum_creatinine + serum_sodium + sex + smoking + time, data =

   heart data, family = "binomial")
# drop1(heart_full, test = "F")
drop1_heart <- update(heart_full, . ~ . - anaemia)</pre>
# drop1(drop1_heart, test = "F")
drop1_heart <- update(drop1_heart, . ~ . - smoking)</pre>
# drop1(drop1_heart, test = "F")
drop1_heart <- update(drop1_heart, . ~ . - high_blood_pressure)</pre>
# drop1(drop1_heart, test = "F")
drop1_heart <- update(drop1_heart, . ~ . - diabetes)</pre>
# drop1(drop1_heart, test = "F")
drop1_heart <- update(drop1_heart, . ~ . - platelets)</pre>
# drop1(drop1_heart, test = "F")
drop1_heart <- update(drop1_heart, . ~ . - creatinine_phosphokinase)</pre>
# drop1(drop1 heart, test = "F")
drop1_heart <- update(drop1_heart, . ~ . - sex)</pre>
# drop1(drop1_heart, test = "F")
```

```
# Final model after moving variables
final_model <- drop1_heart

final_model_table <- summary(final_model)$coefficients
final_model_table |>
  kbl(col.names = c("Estimate", "Std. Error", "t value", "Pr(>|t|)"),
    align = "c",
  booktabs = TRUE,
  linesep = "",
  digits = c(4, 4, 4, 5),
  caption = "Coefficient Estimates from Final Model") |>
  kable_classic(full_width = FALSE, latex_options = c("HOLD_position"))
```

Table 5: Coefficient Estimates from Final Model

	Estimate	Std. Error	t value	Pr(> t)
(Intercept)	9.4930	5.4058	1.7561	0.07907
age	0.0425	0.0150	2.8255	0.00472
$ejection_fraction$	-0.0734	0.0158	-4.6518	0.00000
$serum_creatinine$	0.6860	0.1740	3.9415	0.00008
$serum_sodium$	-0.0646	0.0384	-1.6822	0.09254
time	-0.0209	0.0029	-7.1657	0.00000

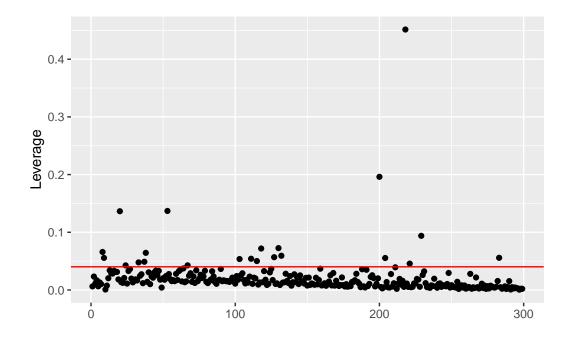
Model diagnose

	age	anaemia	creatini	ine_phospho	kinase	diabetes	ejection_fract	tion	
8	60	1			315	1		60	
9	65	0			157	0		65	
20	48	1			582	1		55	
24	53	0			63	1		60	
33	50	1			249	1		35	
37	90	1			60	1		50	
38	82	1			855	1		50	
53	60	0			3964	1		62	
67	42	1			250	1		15	
103	80	0			898	0		25	
111	85	0			129	0		60	
115	60	1			754	1		40	
118	85	1			102	0		60	
127	46	0			168	1		17	
130	53	1			270	1		35	
132	60	1			1082	1		45	
200	60	0			1211	1		35	
204	60	0			59	0		25	
218	54	1			427	0		70	
221	73	0			582	0		20	
229	65	0			56	0		25	
283	42	0			64	0		30	
	high	n_blood_p		_	serum_c		serum_sodium		_
8			0	454000		1.10		1	1
9			0	263358		1.50		0	0
20			0	87000		1.90		0	0
24			0	368000		0.80		1	0
33			1	319000		1.00		0	0
37			0	226000		1.00		1	0
38			1	321000		1.00		0	0
53			0	263358		6.80	146	0	0
67			0	213000		1.30	136	0	0
103			0	149000		1.10	144	1	1
111			0	306000		1.20	132	1	1
115			1	328000		1.20	126	1	0
118			0	507000		3.20	138	0	0
127			1	271000		2.10	124	0	0
130			0	227000		3.40	145	1	0
132			0	250000		6.10	131	1	0
200			0	263358		1.80	113	1	1
204			1	212000		3.50	136	1	1
218			1	151000		9.00	137	0	0
221			0	263358		1.83		1	0
229			0	237000		5.00	130	0	0
283			0	215000		3.80	128	1	1
	time	DEATH_E	EVENT						

10 Deceased

```
9
      10
            Deceased
20
      15
            Deceased
24
      22
                Alive
33
      28
            Deceased
37
            Deceased
      30
38
      30
            Deceased
53
            Deceased
      43
67
      65
            Deceased
103
      87
                Alive
111
      90
            Deceased
115
      91
                Alive
118
      94
                Alive
127
            Deceased
     100
130
     105
                Alive
132
     107
                Alive
200
     186
                Alive
204
     187
                Alive
218
     196
            Deceased
            Deceased
221
     198
229
     207
                Alive
283
     250
                Alive
```

```
case_influence |> ggplot(aes(x = row_id, y = .hat)) + geom_point() +
  geom_hline(yintercept = 2*k_plus_one/n, col = "red") +
  xlab("") + ylab("Leverage")
```

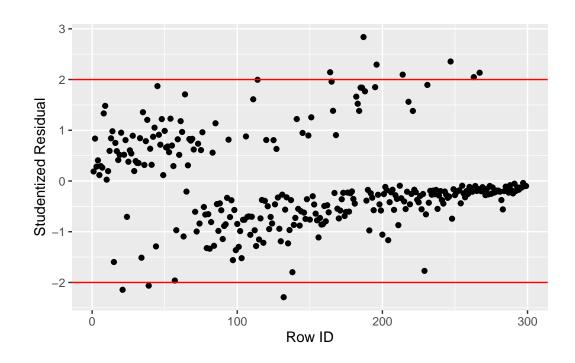


```
# Studentized residuals
  case_influence <- case_influence |> mutate(.stu.resid =

¬ rstudent(final_model))

  stu_resid_id <- case_influence |> filter(.stu.resid < -2 | .stu.resid > 2)
   heart_data[stu_resid_id, ]
    age anaemia creatinine_phosphokinase diabetes ejection_fraction
21
     65
                                        52
                                                  0
                                                                    25
39
     60
              0
                                     2656
                                                  1
                                                                    30
                                                                    45
132
     60
                                     1082
                                                  1
164
     50
                                     2334
                                                                    35
                                                  1
187
     50
                                      582
                                                  0
                                                                    50
196
     77
              1
                                      418
                                                  0
                                                                    45
214
     48
              1
                                      131
                                                  1
                                                                    30
              0
                                                  0
                                                                    25
247
     55
                                     2017
263
     65
              1
                                       258
                                                  1
                                                                    25
267
     55
              0
                                     1199
                                                  0
                                                                    20
    high_blood_pressure platelets serum_creatinine serum_sodium sex smoking
21
                            276000
                                                1.30
                                                               137
                       1
39
                       0
                            305000
                                                2.30
                                                                              0
                                                               137
                                                                     1
132
                       0
                            250000
                                                6.10
                                                               131
                                                                     1
                                                                              0
164
                       0
                             75000
                                                0.90
                                                               142
                                                                     0
                                                                              0
187
                       0
                            153000
                                                0.60
                                                               134
                                                                     0
                                                                              0
196
                       0
                                                1.80
                                                                              0
                            223000
                                                               145
                                                                     1
214
                       1
                            244000
                                                1.60
                                                               130
                                                                     0
                                                                              0
247
                       0
                            314000
                                                1.10
                                                               138
                                                                     1
                                                                              0
263
                       0
                            198000
                                                1.40
                                                                              0
                                                               129
                                                                     1
267
                       0
                            263358
                                                1.83
                                                               134
                                                                     1
                                                                              1
    time DEATH EVENT
21
      16
               Alive
39
      30
               Alive
     107
132
               Alive
164
     126
            Deceased
187
     172
            Deceased
196
     180
            Deceased
214
    193
            Deceased
247
     214
            Deceased
263
     235
            Deceased
267
     241
            Deceased
  # Plotting the studentized residuals against the observation row numbers
  case influence |>
    ggplot(aes(x = row_id, y = .stu.resid)) + geom_point() +
    geom_hline(yintercept = -2, col = "red") +
```

```
geom_hline(yintercept = 2, col = "red") +
xlab("Row ID") + ylab("Studentized Residual")
```



```
# Determining which observations have unusually large studentized residuals
stu_resid_id <- case_influence |>
   filter(.stu.resid < -2 | .stu.resid > 2) |>
   select(row_id) |>
   pull()
heart_data[stu_resid_id, ]
```

	age	${\tt anaemia}$	creating	ine_phospho	okinase	diabetes	ejection_fract	cion	
21	65	1			52	0		25	
39	60	0			2656	1		30	
132	60	1			1082	1		45	
164	50	1			2334	1		35	
187	50	0			582	0		50	
196	77	1			418	0		45	
214	48	1			131	1		30	
247	55	0			2017	0		25	
263	65	1			258	1		25	
267	55	0			1199	0		20	
	high	n_blood_p	ressure	platelets	serum_o	creatinine	serum_sodium	sex	smoking
21	Ū		1	276000		1.30	137	0	0
39			0	305000		2.30	137	1	0

```
0
                             75000
                                                0.90
                                                               142
164
                                                                     0
187
                       0
                            153000
                                                0.60
                                                               134
                                                                     0
196
                       0
                            223000
                                                1.80
                                                               145
                                                                     1
214
                       1
                            244000
                                                1.60
                                                               130
                                                                     0
                       0
                            314000
                                                1.10
247
                                                               138
                                                                     1
263
                       0
                            198000
                                                1.40
                                                               129
                                                                     1
267
                            263358
                                                1.83
                                                               134
                                                                     1
    time DEATH_EVENT
21
      16
               Alive
39
      30
               Alive
132
    107
               Alive
164
     126
            Deceased
187
     172
            Deceased
196
    180
            Deceased
214
    193
            Deceased
247
     214
            Deceased
263 235
            Deceased
267 241
            Deceased
  # Cook's distance
  case_influence |> select(.cooksd)
# A tibble: 299 x 1
        .cooksd
          <dbl>
 1 0.0000183
 2 0.00167
 3 0.0000777
 4 0.000247
 5 0.00000726
 6 0.0000977
 7 0.0000608
8 0.0166
 9 0.0191
10 0.000000448
# i 289 more rows
  case_influence |> filter(.cooksd > 0.05)
# A tibble: 3 x 14
  DEATH_EVENT
                 age ejection_fraction serum_creatinine serum_sodium time
  <fct>
              <dbl>
                                 <int>
                                                    <dbl>
                                                                 <int> <int>
1 Alive
                  60
                                     45
                                                      6.1
                                                                   131
                                                                          107
2 Deceased
                  54
                                     70
                                                      9
                                                                   137
                                                                          196
```

132

0

250000

6.10

131

1

0

0

0

0

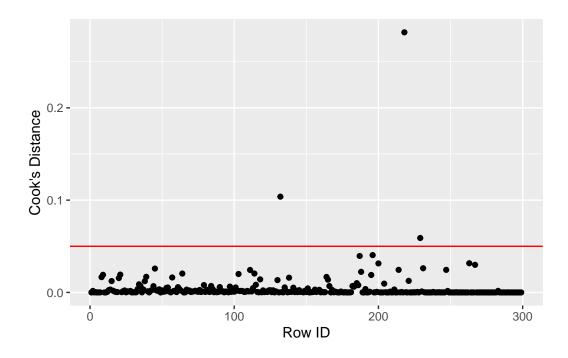
0

0

0

1

```
3 Alive
                 65
                                   25
                                                                 130
                                                                        207
# i 8 more variables: .fitted <dbl>, .resid <dbl>, .hat <dbl>, .sigma <dbl>,
  .cooksd <dbl>, .std.resid <dbl>, row_id <int>, .stu.resid <dbl>
  cooksd_id <- case_influence |> filter(.cooksd > 0.05) |> select(row_id) |>
   → pull()
  heart_data[cooksd_id, ]
    age anaemia creatinine_phosphokinase diabetes ejection_fraction
                                                 1
132 60
                                     1082
218 54
              1
                                      427
                                                 0
                                                                  70
229
    65
              0
                                       56
                                                 0
                                                                  25
   high_blood_pressure platelets serum_creatinine serum_sodium sex smoking
                           250000
132
                                                6.1
                                                             131
                                                                   1
                                                                            0
218
                      1
                           151000
                                                9.0
                                                             137
                                                                   0
229
                      0
                           237000
                                                5.0
                                                             130
                                                                   0
                                                                            0
    time DEATH_EVENT
    107
               Alive
132
218
    196
            Deceased
229
    207
               Alive
  # Plotting the Cook's distances against the observation row numbers
  case_influence |>
    ggplot(aes(x = row_id, y = .cooksd)) +
    geom_point() +
    geom_hline(yintercept = 0.05, col = "red") +
    xlab("Row ID") + ylab("Cook's Distance")
```



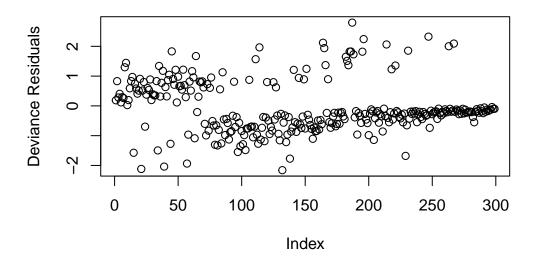
Call:

```
glm(formula = DEATH_EVENT ~ age + anaemia + creatinine_phosphokinase +
    diabetes + ejection_fraction + high_blood_pressure + platelets +
    serum_creatinine + serum_sodium + sex + smoking + time, family = "binomial",
    data = heart_data_clean)
```

Coefficients:

	Estimate	Std. Error	z value	Pr(> z)	
(Intercept)	1.169e+01	5.895e+00	1.984	0.04727 *	
age	4.913e-02	1.642e-02	2.993	0.00276 *	*
anaemia1	3.327e-03	3.739e-01	0.009	0.99290	
creatinine_phosphokinase	2.349e-04	1.844e-04	1.273	0.20285	

```
diabetes1
                         2.052e-01 3.597e-01 0.570 0.56847
                        -8.256e-02 1.775e-02 -4.652 3.28e-06 ***
ejection_fraction
high_blood_pressure1
                        -2.114e-01 3.749e-01 -0.564 0.57286
platelets
                        -1.010e-06 1.928e-06 -0.524 0.60038
                        8.737e-01 2.931e-01 2.981 0.00287 **
serum creatinine
serum_sodium
                        -7.895e-02 4.104e-02 -1.924 0.05439 .
                        -5.389e-01 4.266e-01 -1.263 0.20659
                        -6.404e-02 4.229e-01 -0.151 0.87963
smoking1
                        -2.144e-02 3.126e-03 -6.860 6.88e-12 ***
time
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
(Dispersion parameter for binomial family taken to be 1)
   Null deviance: 371.53 on 295
                                 degrees of freedom
Residual deviance: 209.31 on 283 degrees of freedom
AIC: 235.31
Number of Fisher Scoring iterations: 6
  # Multicollinearity
  vif(final_model)
             age ejection_fraction serum_creatinine
                                                         serum_sodium
                          1.133484
                                                             1.028355
        1.053111
                                           1.079122
            time
        1.096862
  # Checking conditions using Deviance residual plot
  plot(residuals(final_model, type = "deviance"), ylab = "Deviance Residuals")
```



Model performance

```
new_data <- read.csv("heart_failure_clinical_records_dataset.csv")</pre>
new_data$anaemia <- factor(new_data$anaemia)</pre>
new_data$diabetes <- factor(new_data$diabetes)</pre>
new_data$high_blood_pressure <- factor(new_data$high_blood_pressure)</pre>
new_data$sex <- factor(new_data$sex)</pre>
new_data$smoking <- factor(new_data$smoking)</pre>
new_data$DEATH_EVENT <- factor(new_data$DEATH_EVENT, levels = c(0,1),</pre>
                          labels = c("Alive", "Deceased"))
# Get predicted probabilities for new data
new_pred <- augment(final_model, newdata = new_data, type.predict =</pre>

    "response")

# Classify using 0.3 threshold
new_classify <- new_pred |>
  mutate(pred = ifelse(.fitted > 0.3, "Deceased", "Alive"))
# Actual vs. Predicted table with margins
compare_table <- new_classify |>
  select(DEATH_EVENT, pred) |>
  table() |>
  addmargins()
# Calculate sensitivity, specificity, accuracy
```

```
sensitivity <- compare_table[2, 2] / compare_table[2, 3]</pre>
  specificity <- compare_table[1, 1] / compare_table[1, 3]</pre>
  accuracy <- (compare_table[1, 1] + compare_table[2, 2]) / compare_table[3,</pre>
  # Create ROC object
  voting_roc <- roc(</pre>
    response = new_classify$DEATH_EVENT,
    predictor = new_classify$.fitted,
    quiet = TRUE
  # Calculate AUC
  auc_value <- auc(voting_roc)</pre>
  # Results
  cat("Sensitivity:", sensitivity, "\n")
Sensitivity: 0.8125
  cat("Specificity:", specificity, "\n")
Specificity: 0.7931034
  cat("Accuracy:", accuracy, "\n")
Accuracy: 0.7993311
  cat("AUC:", auc_value, "\n")
AUC: 0.8935242
Results section
  broom::tidy(final_model, conf.int = TRUE, exponentiate = TRUE) %>%
    filter(term != "(Intercept)") %>%
  mutate(term = dplyr::recode(term,
    "age" = "Age",
    "ejection_fraction" = "Ejection Fraction",
```

Table 6: Final Model: Odds Ratios and 95% Confidence Intervals

Predictor	Odds Ratio	95% CI (Low)	95% CI (High)	p-value
Age	1.043	1.014	1.076	0.005
Ejection Fraction	0.929	0.899	0.957	0.000
Serum Creatinine	1.986	1.421	2.874	0.000
Serum Sodium	0.937	0.868	1.011	0.093
Follow-up Time	0.979	0.973	0.985	0.000

Ahmad, T., Lund, L. H., Rao, P., Ghosh, R., Warier, P., Vaccaro, B., Dahlström, U., O'Connor, C. M., Felker, G. M., Desai, N. R., et al. (2018). Machine learning methods improve prognostication, identify clinically distinct phenotypes, and detect heterogeneity in response to therapy in a large cohort of heart failure patients. *Journal of the American Heart Association*, 7(8), e008081. https://doi.org/10.1161/JAHA.117.008081

Chicco, D., & Jurman, G. (2020). Heart failure clinical records data set. https://archive.ics.uci.edu/ml/datasets/Heart+failure+clinical+records. https://archive.ics.uci.edu/ml/datasets/Heart+failure+clinical+records

Choi, E., & Lee, J. (2017). Predicting mortality in heart failure patients with reduced or mildly reduced ejection fraction. *Journal of Cardiovascular Ultrasound*, 25(1), 1–10. https://doi.org/10.4250/jcu.2017.25.1.1

Savarese, G., & Lund, L. H. (2017). Global public health burden of heart failure. Cardiac Failure Review, 3(1), 7–11. https://doi.org/10.15420/cfr.2016:25:2

Sulaiman, N., Chen, W., et al. (2020). Serum sodium as a predictor of outcomes in heart failure: A review of the evidence. *Heart and Lung*, 49(5), 430–436. https://doi.org/10.1016/j.hrtlng. 2020.05.001