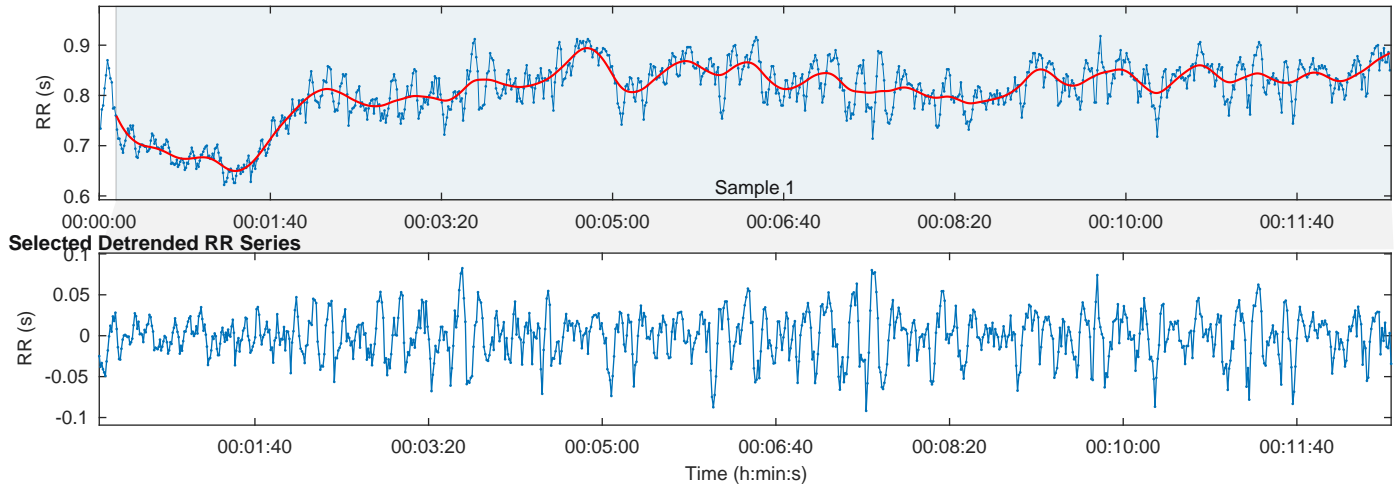


Person:			Measurement Info			Results for Sample	
Gender:	Male	Height:	180 cm	Date:		Sample start:	00:00:10
Age:	50 years	Weight:	78 kg	Start time:	00:00:00	Sample length:	00:12:25
Max HR:	170 bpm	BMI:	24.1 kg/m2	Duration:	00:12:35	Beats corrected:	Uncorrected
			Trend removal:			Smoothn priors:	none
			Artefact corr.:				
			Analysis samples:			1	

RR Time Series



Autonomic nervous system indexes

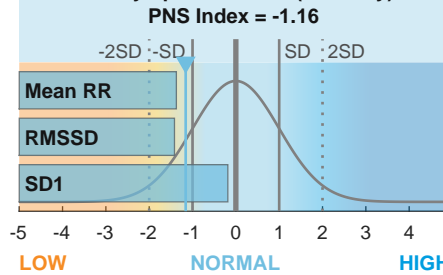
Parasympathetic Nervous System (PNS)

Mean RR	RMSSD	SD1
802 ms	20.8 ms	29.0%
PNS Index = -1.16		

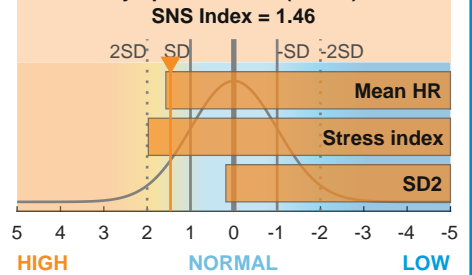
Sympathetic Nervous System (SNS)

Mean HR	Stress index	SD2
75 bpm	14.8	71.0%
SNS Index = 1.46		

Parasympathetic tone (recovery)

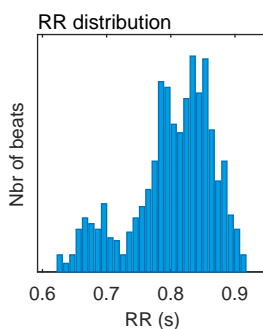


Sympathetic tone (stress)



Time-Domain Results

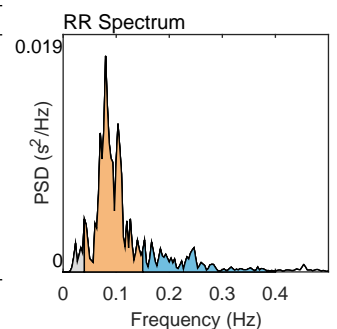
Variable	Units	Value
Mean RR*	(ms)	802
Mean HR*	(bpm)	75
Min HR	(bpm)	66
Max HR	(bpm)	95
SDNN	(ms)	27.4
RMSSD	(ms)	20.8
NN50	(beats)	25
pNN50	(%)	2.70
RR triangular index		7.67
TINN	(ms)	139.0
Stress Index (SI)		14.8



Frequency-Domain Results (FFT spectrum)

Variable	Units	VLF	LF	HF
Frequency band (Hz)		0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency (Hz)		0.040	0.080	0.153
Power	(ms ²)	38	605	148
Power	(log)	3.643	6.405	4.996
Power	(%)	4.83	76.47	18.69
Power	(n.u.)		80.35	19.64

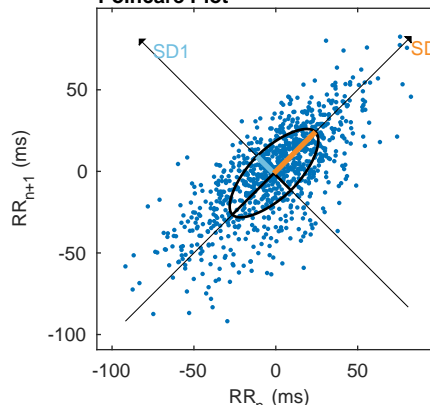
Total power	(ms ²)	791		
Total Power	(log)	6.673		
LF/HF ratio		4.092		
RESP	(Hz)	-		



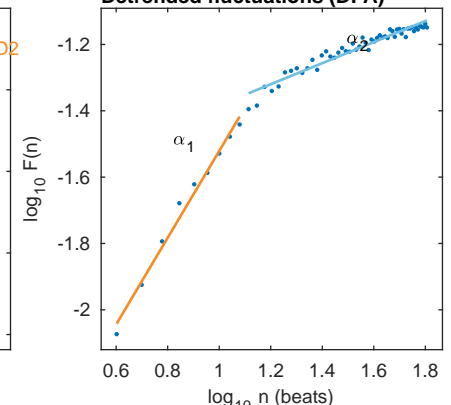
Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	14.7
SD2	(ms)	35.9
SD2/SD1		2.443
Approximate Entropy (ApEn)		1.475
Sample Entropy (SampEn)		1.647
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		1.308
Long-term fluctuations, α_2		0.318

Poincare Plot



Detrended fluctuations (DFA)



*Results are calculated from the non-detrended selected RR series.