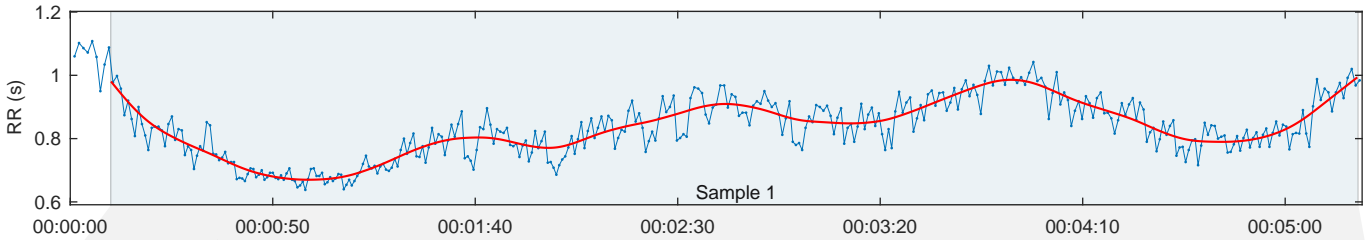
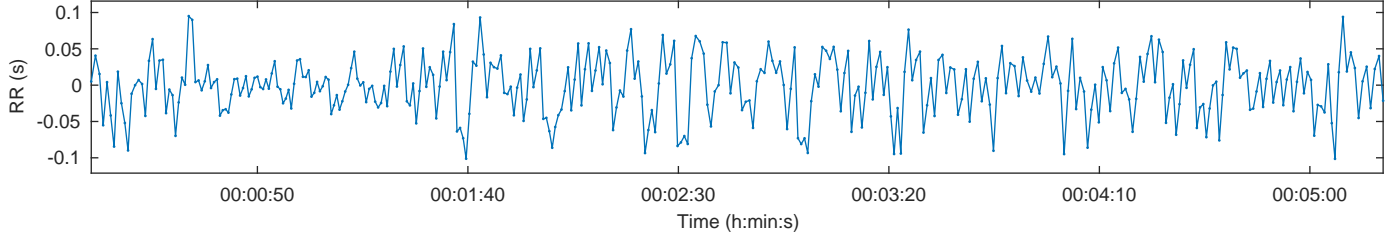


Person:			Measurement Info			Results for Sample	
Gender:	Male	Height:	180 cm	Date:		Sample start:	00:00:11
Age:	50 years	Weight:	78 kg	Start time:	00:00:00	Sample length:	00:05:08
Max HR:	170 bpm	BMI:	24.1 kg/m ²	Duration:	00:05:19	Analysis samples:	1
			Trend removal:			Smoothn priors:	none
			Artefact corr.:			Beats corrected:	Uncorrected

RR Time Series



Selected Detrended RR Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

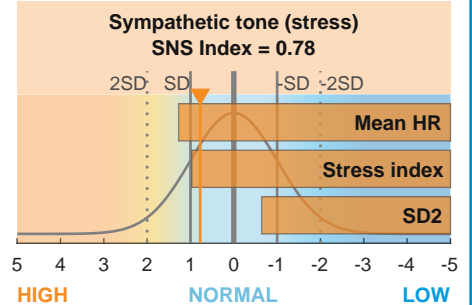
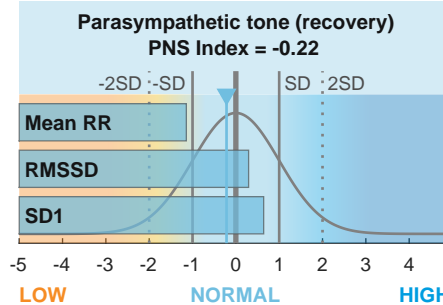
Mean RR 823 ms RMSSD 46.4 ms SD1 42.3%

PNS Index = -0.22

Sympathetic Nervous System (SNS)

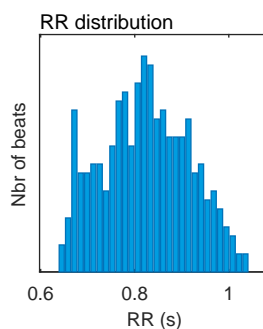
Mean HR 73 bpm Stress index 12.2 SD2 57.7%

SNS Index = 0.78



Time-Domain Results

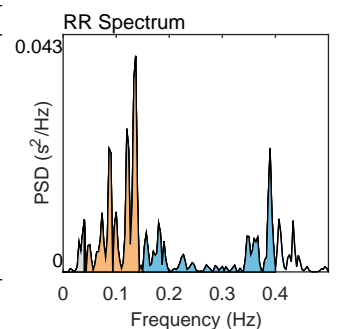
Variable	Units	Value
Mean RR*	(ms)	823
Mean HR*	(bpm)	73
Min HR	(bpm)	60
Max HR	(bpm)	92
SDNN	(ms)	39.3
RMSSD	(ms)	46.4
NN50	(beats)	113
pNN50	(%)	30.29
RR triangular index		10.69
TINN	(ms)	169.0
Stress Index (SI)		12.2



Frequency-Domain Results (FFT spectrum)

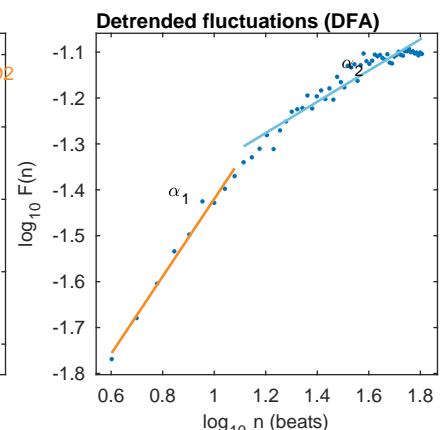
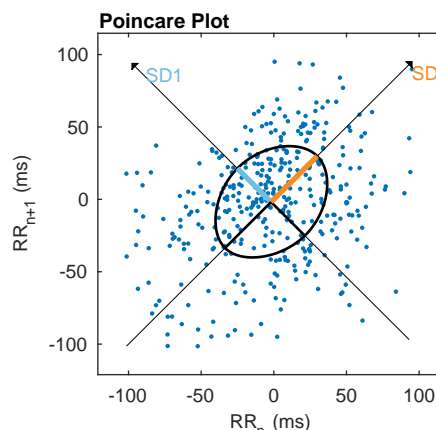
Variable	Units	VLF	LF	HF
Frequency band (Hz)		0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency (Hz)		0.040	0.137	0.390
Power	(ms ²)	77	967	610
Power	(log)	4.348	6.874	6.413
Power	(%)	4.67	58.43	36.84
Power	(n.u.)		61.29	38.64

Total power	(ms ²)	1655		
Total Power	(log)	7.412		
LF/HF ratio		1.586		
RESP	(Hz)	-		



Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	32.9
SD2	(ms)	44.9
SD2/SD1		1.366
Approximate Entropy (ApEn)		1.139
Sample Entropy (SampEn)		1.879
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		0.843
Long-term fluctuations, α_2		0.340



*Results are calculated from the non-detrended selected RR series.