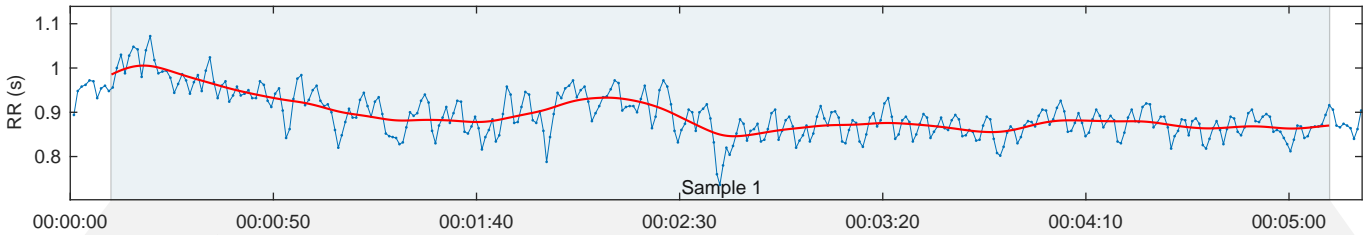
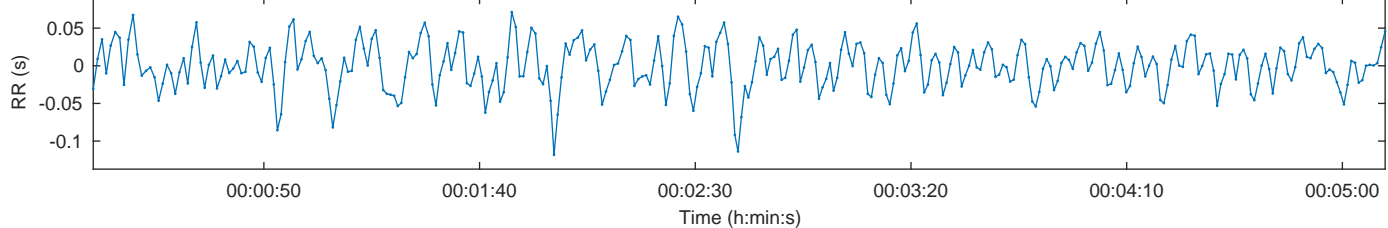


Person:			Measurement Info			Results for Sample	
Gender:	Male	Height:	180 cm	Date:		Sample start:	00:00:10
Age:	50 years	Weight:	78 kg	Start time:	00:00:00	Sample length:	00:05:00
Max HR:	170 bpm	BMI:	24.1 kg/m ²	Duration:	00:05:18	Analysis samples:	1
			Trend removal:			Smoothn priors:	none
			Artefact corr.:			Beats corrected:	Uncorrected

RR Time Series



Selected Detrended RR Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

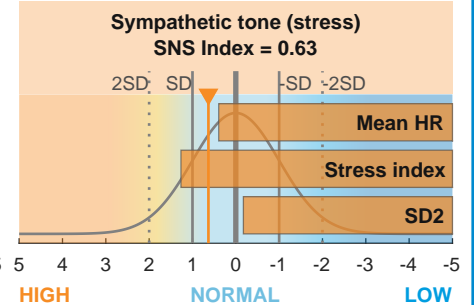
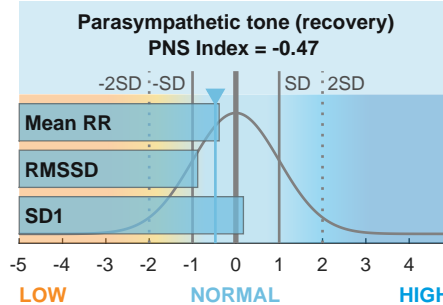
Mean RR 891 ms
RMSSD 28.8 ms
SD1 34.8%

PNS Index = -0.47

Sympathetic Nervous System (SNS)

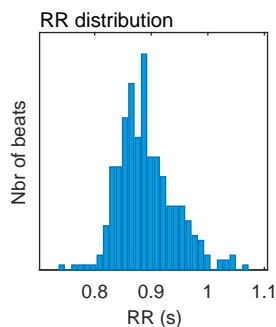
Mean HR 67 bpm
Stress index 12.9
SD2 65.2%

SNS Index = 0.63



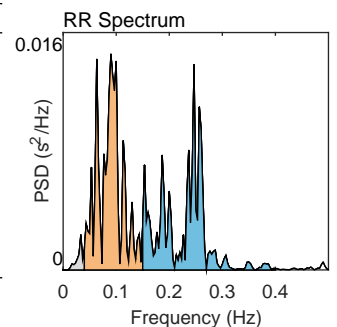
Time-Domain Results

Variable	Units	Value
Mean RR*	(ms)	891
Mean HR*	(bpm)	67
Min HR	(bpm)	58
Max HR	(bpm)	77
SDNN	(ms)	30.7
RMSSD	(ms)	28.8
NN50	(beats)	24
pNN50	(%)	7.14
RR triangular index		9.63
TINN	(ms)	165.0
Stress Index (SI)		12.9



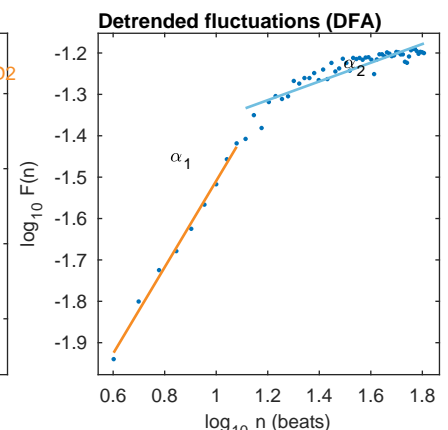
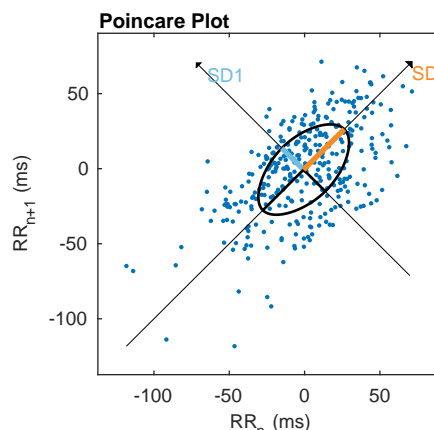
Frequency-Domain Results (FFT spectrum)

Variable	Units	VLF	LF	HF
Frequency band (Hz)		0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency (Hz)		0.033	0.090	0.247
Power	(ms ²)	23	571	486
Power	(log)	3.118	6.347	6.186
Power	(%)	2.09	52.87	45.03
Power	(n.u.)		54.00	45.99
Total power		(ms ²)	1080	
Total Power		(log)	6.984	
LF/HF ratio			1.174	
RESP		(Hz)	-	



Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	20.4
SD2	(ms)	38.2
SD2/SD1		1.874
Approximate Entropy (ApEn)		1.129
Sample Entropy (SampEn)		1.754
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		1.043
Long-term fluctuations, α_2		0.226



*Results are calculated from the non-detrended selected RR series.