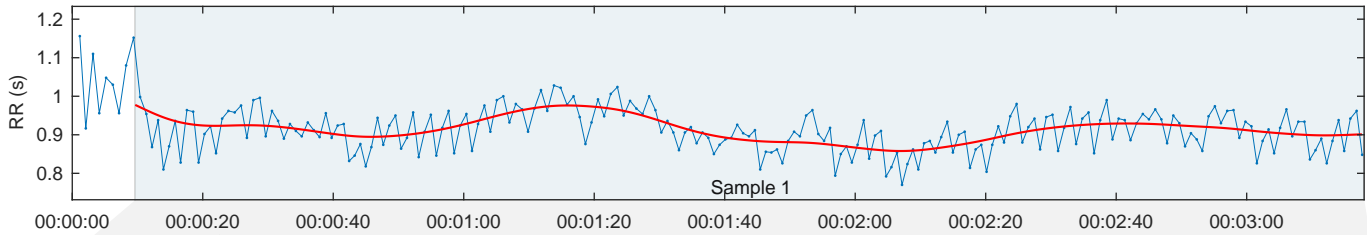
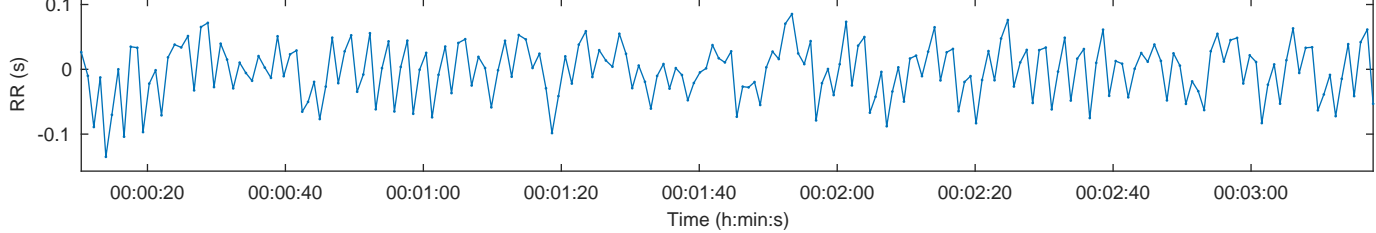


Person:			Measurement Info			Results for Sample	
Gender:	Male	Height:	180 cm	Date:		Sample start:	00:00:10
Age:	50 years	Weight:	78 kg	Start time:	00:00:00	Sample length:	00:03:08
Max HR:	170 bpm	BMI:	24.1 kg/m ²	Duration:	00:03:18	Analysis samples:	1
			Trend removal:			Beats corrected:	Uncorrected
			Smoothn priors:				
			Artefact corr.:				

RR Time Series



Selected Detrended RR Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

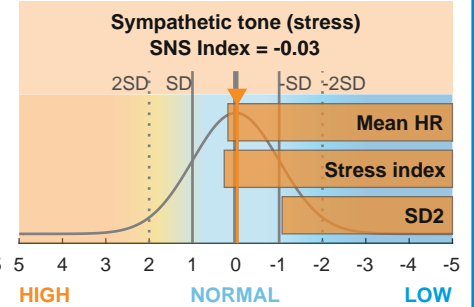
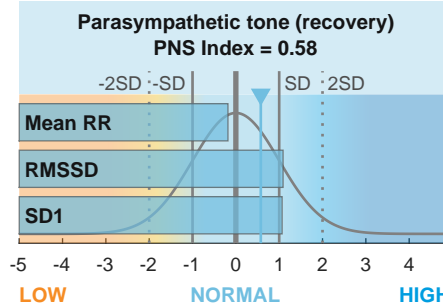
Mean RR RMSSD SD1
910 ms 58.4 ms 49.1%

PNS Index = 0.58

Sympathetic Nervous System (SNS)

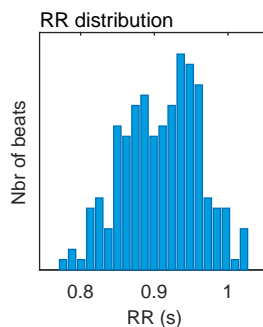
Mean HR Stress index SD2
66 bpm 10.4 50.9%

SNS Index = -0.03



Time-Domain Results

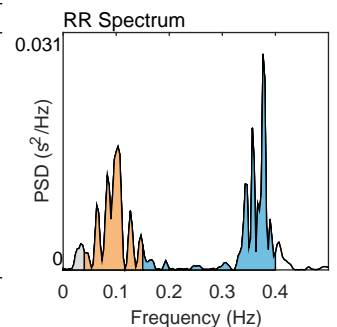
Variable	Units	Value
Mean RR*	(ms)	910
Mean HR*	(bpm)	66
Min HR	(bpm)	60
Max HR	(bpm)	74
SDNN	(ms)	42.1
RMSSD	(ms)	58.4
NN50	(beats)	98
pNN50	(%)	47.57
RR triangular index		10.89
TINN	(ms)	207.0
Stress Index (SI)		10.4



Frequency-Domain Results (FFT spectrum)

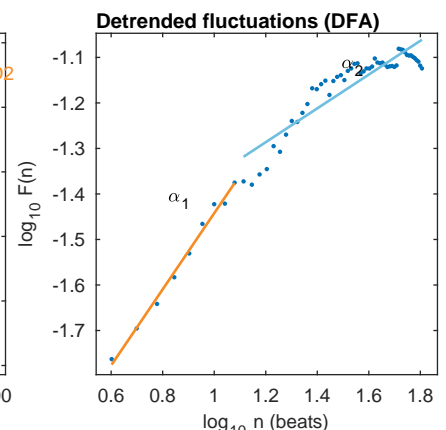
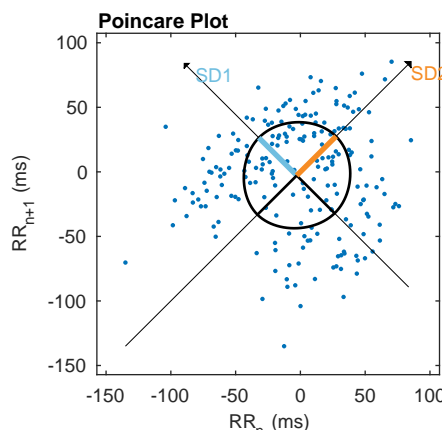
Variable	Units	VLF	LF	HF
Frequency band (Hz)		0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency (Hz)		0.033	0.103	0.377
Power	(ms ²)	56	625	678
Power	(log)	4.028	6.438	6.519
Power	(%)	4.13	45.92	49.78
Power	(n.u.)		47.89	51.92

Total power	(ms ²)	1361		
Total Power	(log)	7.216		
LF/HF ratio		0.922		
RESP	(Hz)	-		



Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	41.4
SD2	(ms)	42.9
SD2/SD1		1.037
Approximate Entropy (ApEn)		0.905
Sample Entropy (SampEn)		1.992
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		0.836
Long-term fluctuations, α_2		0.371



*Results are calculated from the non-detrended selected RR series.