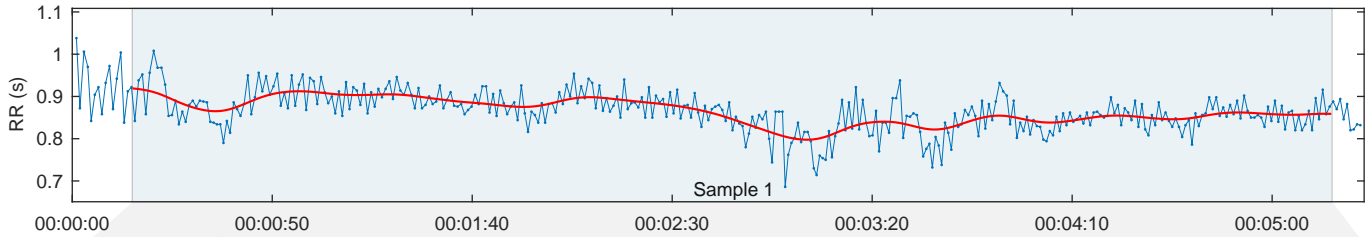
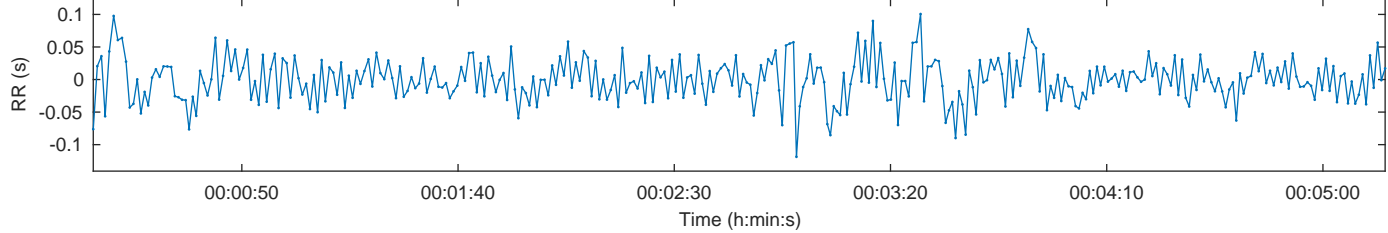


Person:			Measurement Info			Results for Sample	
Gender:	Male	Height:	180 cm	Date:		Sample start:	00:00:16
Age:	50 years	Weight:	78 kg	Start time:	00:00:00	Sample length:	00:05:00
Max HR:	170 bpm	BMI:	24.1 kg/m2	Duration:	00:05:23	Analysis samples:	1
						Beats corrected:	Uncorrected

RR Time Series



Selected Detrended RR Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

Mean RR 863 ms RMSSD 44.8 ms SD1 48.7%

PNS Index = 0.00

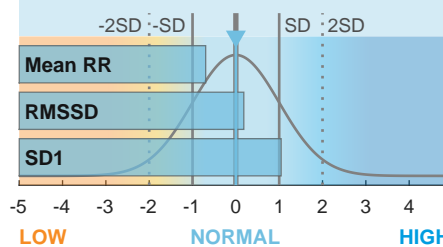
Sympathetic Nervous System (SNS)

Mean HR 69 bpm Stress index 11.9 SD2 51.3%

SNS Index = 0.44

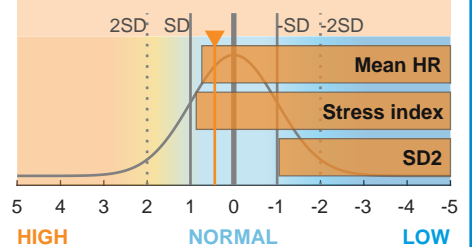
Parasympathetic tone (recovery)

PNS Index = 0.00



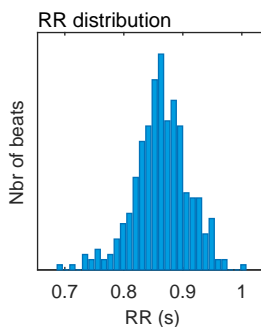
Sympathetic tone (stress)

SNS Index = 0.44



Time-Domain Results

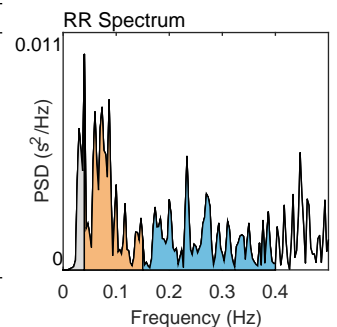
Variable	Units	Value
Mean RR*	(ms)	863
Mean HR*	(bpm)	69
Min HR	(bpm)	62
Max HR	(bpm)	81
SDNN	(ms)	32.6
RMSSD	(ms)	44.8
NN50	(beats)	92
pNN50	(%)	26.59
RR triangular index		9.91
TINN	(ms)	176.0
Stress Index (SI)		11.9



Frequency-Domain Results (FFT spectrum)

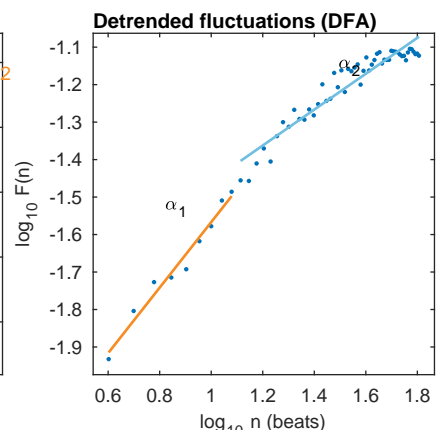
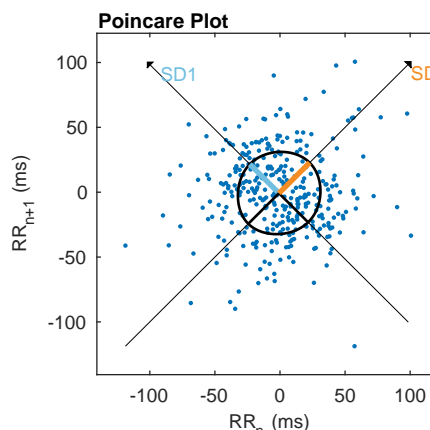
Variable	Units	VLF	LF	HF
Frequency band (Hz)		0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency (Hz)		0.040	0.040	0.233
Power	(ms ²)	90	332	335
Power	(log)	4.501	5.806	5.815
Power	(%)	11.89	43.82	44.21
Power	(n.u.)		49.74	50.18

Total power	(ms ²)	758		
Total Power	(log)	6.631		
LF/HF ratio		0.991		
RESP	(Hz)	-		



Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	31.7
SD2	(ms)	33.3
SD2/SD1		1.051
Approximate Entropy (ApEn)		1.163
Sample Entropy (SampEn)		2.085
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		0.874
Long-term fluctuations, α_2		0.479



*Results are calculated from the non-detrended selected RR series.