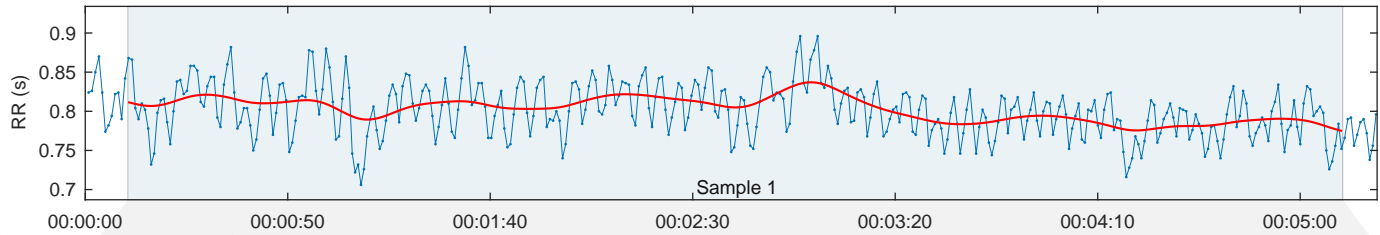
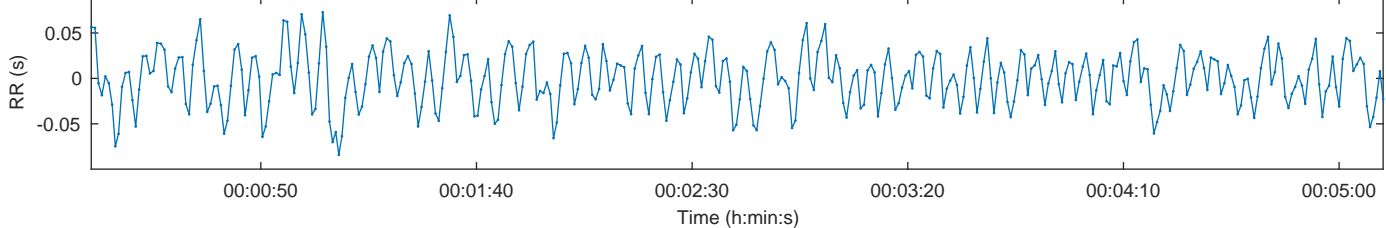


Person:			Measurement Info			Results for Sample	
Gender:	Male	Height:	180 cm	Date:		Sample start:	00:00:11
Age:	50 years	Weight:	78 kg	Start time:	00:00:00	Sample length:	00:05:00
Max HR:	170 bpm	BMI:	24.1 kg/m2	Duration:	00:05:19	Analysis samples:	1
			Trend removal:			Smoothn priors:	none
			Artefact corr.:			Beats corrected:	Uncorrected

RR Time Series



Selected Detrended RR Series



Autonomic nervous system indexes

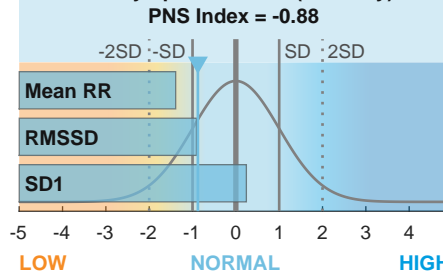
Parasympathetic Nervous System (PNS)

Mean RR	RMSSD	SD1
801 ms	28.4 ms	35.9%
PNS Index = -0.88		

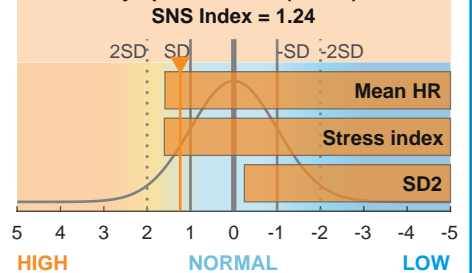
Sympathetic Nervous System (SNS)

Mean HR	Stress index	SD2
75 bpm	13.8	64.1%
SNS Index = 1.24		

Parasympathetic tone (recovery)

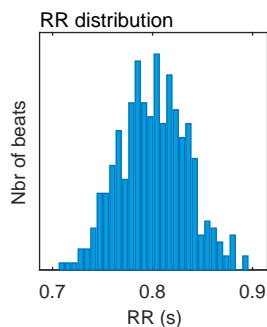


Sympathetic tone (stress)



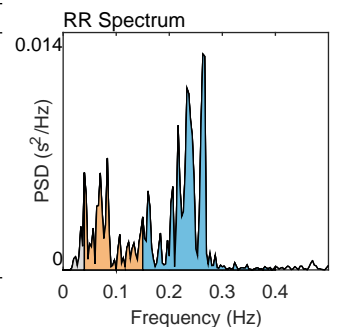
Time-Domain Results

Variable	Units	Value
Mean RR*	(ms)	801
Mean HR*	(bpm)	75
Min HR	(bpm)	70
Max HR	(bpm)	83
SDNN	(ms)	29.1
RMSSD	(ms)	28.4
NN50	(beats)	24
pNN50	(%)	6.42
RR triangular index		9.87
TINN	(ms)	149.0
Stress Index (SI)		13.8



Frequency-Domain Results (FFT spectrum)

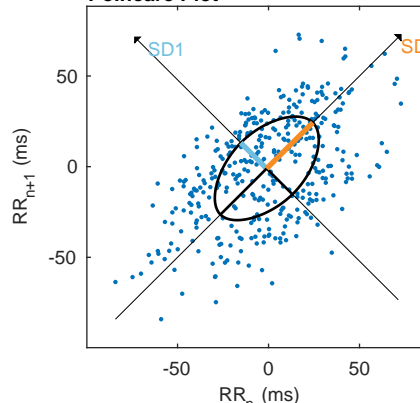
Variable	Units	VLF	LF	HF
Frequency band (Hz)		0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency (Hz)		0.040	0.083	0.263
Power	(ms ²)	31	206	494
Power	(log)	3.439	5.330	6.203
Power	(%)	4.26	28.20	67.52
Power	(n.u.)		29.46	70.52
Total power		(ms ²)	732	
Total Power		(log)	6.595	
LF/HF ratio			0.418	
RESP		(Hz)	-	



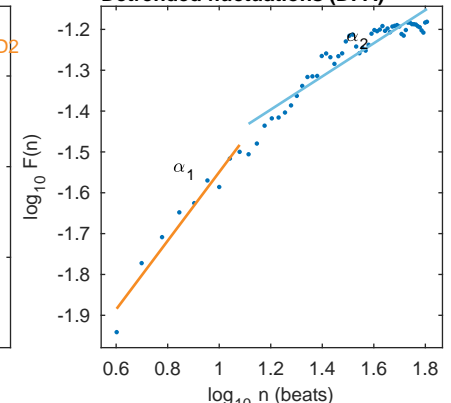
Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	20.1
SD2	(ms)	35.9
SD2/SD1		1.787
Approximate Entropy (ApEn)		1.148
Sample Entropy (SampEn)		1.635
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		0.841
Long-term fluctuations, α_2		0.406

Poincare Plot



Detrended fluctuations (DFA)



*Results are calculated from the non-detrended selected RR series.