

सशैलवनधात्रीणां यथाधारो ऽहिनायकः ।  
सर्वेषां योगतन्त्राणां तथाधारो हि कुण्डली ॥ 3.1

सुप्ता गुरुप्रसादेन यदा जागर्ति कुण्डली ।  
तदा सर्वाणि पद्मानि भिद्यन्ते ग्रन्थयोऽपि च ॥ 3.2

प्राणस्य शून्यपदवी<sup>1</sup> तदा राजपथायते ।  
तदा चित्तं निरालम्बं तदा कालस्य वञ्चनम् ॥ (bcd om. E) [eye-skip] 3.3

शून्यपदवीति किम् । (om.  $\beta_\omega \delta_1 E \eta_1 \chi$ )

सुषुम्णा शून्यपदवी ब्रह्मरन्ध्रमहापथः ।  
श्मशानं शाम्भवी मध्यमार्गश्चेत्येकवाचकाः ॥ (a om. E) 3.4

तस्मात्सर्वप्रयत्नेन प्रबोधयितुमीश्वरीम् ।  
ब्रह्मद्वारमुखे सुप्तां मुद्राभ्यासं समाचरेत् ॥ 3.5

**1a** *saśaila* cett.] *saśaile*  $\beta_\omega$  om.  $\delta_2$  **vana** cett.] *vane*  $\gamma_1$  om.  $\delta_2$  **dhātṛīṇām** cett.] *dhātṛīṇām*  $\beta_1$  om.  $\delta_2$  **1b** *yathādhāro* cett.] om.  $\delta_2$  **'hināyakaḥ** cett.] *himālayaḥ*  $\gamma_2$  om.  $\delta_2$  **1c** *yoga* cett.] *haṭha*  $\beta_1 \beta_\omega$  om.  $\delta_2$  **tantrāṇām** cett. ( $\delta_2$  s.l.)] *śāstrāṇā*  $\delta_2$  इत् । **2b** *yadā jāgarti kuṇḍalī*  $\alpha_1 \beta_1 \beta_\omega \epsilon_3 \eta_2 \chi$ ] *yathā jāgarti kuṇḍalī*  $\beta_1 \epsilon_1 \epsilon_2 \eta_1$  *bodhitā sukhadā bhavet*  $\Gamma \Delta$  **2c** *tadā*  $\alpha_1 \beta_1 \beta_\omega \Gamma \epsilon_3 \chi$ ] *tathā*  $\Delta \epsilon_1 \epsilon_2 \eta_1 \eta_2$  **sarvāṇi padmāni** cett.] *padmāni sarvāṇi*  $\eta_2$  *pi sarvapadmāni*  $\delta_1$  **3a** *prāṇasya* cett.] *praṇamya*  $\delta_2 \epsilon_2$  *prāṇa*  $\beta_1$  **padavī** cett.] *padaviṃ*  $\delta_2 \epsilon_2 \epsilon_3 \eta_1$  **3b** *tadā*  $\alpha_1 \beta_\omega \Gamma \eta_2 \chi$ ] *tathā*  $\beta_1 \Delta$  *yathā*  $\eta_1$  **pathāyate** cett.] *padāyate*  $\eta_1$  **3c** *tadā*  $\alpha_1 \beta_1 \beta_\omega \gamma_2 \eta_2 \chi$ ] *tathā*  $\delta_1 \delta_3 \eta_1$  *yathā*  $\delta_2$  *yadā*  $\gamma_1$  **3d** *tadā*  $\alpha_1 \beta_1 \beta_\omega \Gamma \eta_2 \chi$ ] *tathā*  $\Delta \eta_1$  **4** *śūnyapadavīti kim*  $\alpha_1 \beta_1 \Gamma \delta_2 \delta_3$ ] *atha śūnyapadaviṃ iti kim ucyate*  $\eta_2$  **4b** *randhra*  $\gamma_1 \eta_1$ ] *randhram* cett. **pathaḥ**  $\epsilon_1 \eta_1 \eta_2 \chi$ ] *patham*  $\alpha_2 \beta_1 \beta_\omega \Gamma \Delta \epsilon_2$  *pathaḥ*  $\alpha_1 \epsilon_3$  **4c** *śmaśānam*  $\alpha_1 \beta_1 \beta_\omega E \eta_1 \eta_2 \chi$ ] *śmaśāne*  $\delta_1$  *śmaśāni*  $\gamma_2 \delta_2 \delta_3$  *aiśāni*  $\gamma_1$  **madhya**  $\alpha_1 \Gamma \delta_1 \delta_3 \epsilon_1 \epsilon_3 \chi$ ] *madhyam*  $\beta_1 \beta_\omega \eta_1 \eta_2$  *madhye*  $\epsilon_2$  *mudrā*  $\delta_2$  **4d** *mārgaś cety eka*  $\alpha_1 \beta_1 \beta_\omega \Gamma \delta_1 \epsilon_1 \epsilon_3 \chi$ ] *mārges cety eka*  $\eta_1$  *mārgapratyeka*  $\epsilon_2$  *mārgaḥ śūnyeva*  $\delta_2 \delta_3$  **vācakaḥ**  $\gamma_2 \eta_2 \chi$ ] *vācakā*  $\gamma_1$  *vācakaḥ*  $\alpha_1 \beta_1$  *vācaka*  $\beta_\omega$  *vācakam*  $\alpha_2 \Delta E \eta_1$  **5b** *prabodhayitum*  $\alpha_1 \Gamma \epsilon_1 \epsilon_3 \eta_2 \chi$ ] *prabodhayatam*  $\beta_1 \beta_\omega \epsilon_2 \eta_1$  *tām bodhayitum*  $\Delta$  **iśvarīm** cett.] *iśvari*  $\beta_\omega \gamma_1 \epsilon_2$  *iśvaram*  $\delta_1$  **5c** *dvāra* cett.] *dvāre*  $\epsilon_1 \epsilon_2$  **mukhe** cett.] *mukha*  $\gamma_1$  *sukhe*  $\epsilon_1$  **suptām** cett.] *supto*  $\beta_\omega$  **5d** *bhyāsaṃ samācaret*  $\alpha_1 \beta_2 \beta_\omega E \eta_1 \eta_2 \chi$ ] *bhyāseṇa bodhayet*  $\beta_1 \Gamma \Delta$

<sup>1</sup> E jump to शून्यपदवी in the next verse.

महामुद्रा महाबन्धो महावेधश्च खेचरी ।  
उड्डियानं मूलबन्धो बन्धो जालन्धराभिधः ॥ (bc om.  $\delta_1$ ) 3.6

करणी विपरीताख्या वज्रोली शक्तिचालनम् ।  
इदं मुद्रादिदशकं जरामरणनाशनम् ॥ 3.7

आदिनाथोदितं दिव्यमष्टैश्वर्यप्रदायकम् ।<sup>2</sup>  
वल्लभं सर्वसिद्धानां दुर्लभं मरुतामपि ॥ 3.8

गोपनीयं प्रयत्नेन यथा रत्नकरण्डकम् ।  
कस्यचिन्नैव वक्तव्यं कुलस्त्रीसुरतं यथा ॥ 3.9

वज्रोली त्वमरोली च सहजोली त्रिधा मताः ।  
एतेषां लक्षणं वक्ष्ये कर्तव्यं च विशेषतः ॥ ( $\beta_1\beta_\omega\eta_2$ ) 3.9\*1

अथ महामुद्रा ।

पादमूलेन वामेन योनिं संपीड्य दक्षिणम् ।  
पादं प्रसारितं धृत्वा कराभ्यां पूरयेन्मुखे<sup>#</sup> ॥ 3.10

**6c uḍḍiyanam**  $\gamma_1\delta_2\delta_3\eta_2$ ] uḍḍiyanam  $\beta_1\beta_\omega$  uḍḍiyanam  $\alpha_1^c\gamma_2\epsilon_2$  uḍḍiyanam  $\alpha_1^c$  uḍḍiyanō  $\eta_1$  uḍyā-  
nam  $\chi$  uḍyāṇa  $\epsilon_1\epsilon_3$  om.  $\delta_1$  **mūlabandho**  $\Gamma\delta_2\delta_3$ ] \*bandhas  $\beta_1$  \*bandhaḥ  $\eta_2$  \*bandham  $\alpha_1\alpha_2$   
\*bandha  $\beta_\omega$  \*bandhaś ca  $\epsilon_2\epsilon_3\chi$  \*bandhāś ca  $\eta_1$  om.  $\delta_1$  **6d bandho**  $\gamma_2\Delta\epsilon_2\eta_1\chi$ ] bandhā  $\gamma_1$   
tato  $\alpha_1\beta_1\beta_\omega\epsilon_1\epsilon_3\eta_2$  **jālandharā** cett.] jāladharā  $\gamma_1$  jālamjārā  $\eta_1$  **7a viparītākhyā** cett.]  
viparītākhyam  $\epsilon_2$  viparītāni  $\epsilon_1$  **7b vajroli** cett.] vajro  $\delta_1$  **7c idaṃ mudrādi**  $\alpha_1\alpha_2$ ] idaṃ  
tu mudrā  $\epsilon_1\epsilon_2$  idaṃ ca mudrā  $\beta_\omega\epsilon_3\eta_1\eta_2$  idaṃ hi mudrā  $\chi$  etad dhi mudrā  $\beta_1\Gamma\Delta$  **7d maraṇa**  
cett.] marṇavi  $\beta_\omega$  maṇa  $\gamma_1$  **nāśanam** cett.] varjitam  $\Delta$  **8a ādinātho** cett.] ādiśvaro  $\delta_1\delta_3$   
ādyēśvaro  $\delta_2$  **divyam** cett.] sarvam  $\eta_2$  **8b pradāyakam** cett.] phalapradam  $\beta_1$  **8c sid-**  
**dhānām** cett.] siddhinām  $\alpha_1\beta_\omega$  vidyānām  $\epsilon_3$  **9c vaktavyam** cett.] vaktavyā  $\eta_1$  kartavyam  
 $\beta_\omega\epsilon_1$  **9d kulastrīsuratam** cett.] kulastrīṣu ratam  $\eta_1$  kulastrīsukharatam *unm.*  $\beta_\omega$  **yathā**  
cett.] tathā  $\eta_2$  **9\*1a tv amarolī**  $\beta_1$ ] amaroliś  $\beta_\omega$  \*r amaroliś  $\eta_2$  **9\*1b sahajolī**  $\beta_1\beta_\omega$ ] saha-  
joliś  $\eta_2$  **matāḥ**  $\beta_1$ ] mataḥ  $\eta_2$  magah  $\beta_\omega$  **9\*1c eteśam**  $\beta_\omega$ ] etāsām  $\beta_1$  eteśā  $\eta_2$  **vakṣye**  
 $\eta_2$ ] vakṣe  $\beta_\omega$  **10 aṭha mahāmudrā**  $\beta_\omega\gamma_1\epsilon_2\chi$ ] tathā mahāmudrā  $\beta_1$  tatra mahāmudrā  $\beta_2\eta_1\eta_2$   
tatra mahāmudrā yathā  $\epsilon_1$  aṭha tatra mahāmudrā  $\epsilon_3$  om.  $\alpha_1\gamma_2\Delta$  **10b yoniṃ** cett.] yoni  $\alpha_1\beta_\omega$   
yoniḥ  $\epsilon_2$  **sampīḍya** cett.] pīḍya  $\epsilon_1\epsilon_2$  **10c pādām** cett.] pāda  $\eta_2$  padam  $\beta_\omega$  prasā<sup>a</sup>  $\chi$   
**prasāritam** cett.] prasāritam  $\beta_\omega$  prasāditam  $\eta_1$  \*ritam padam  $\chi$  **dhṛtvā**  $\gamma_2\delta_2\delta_3\epsilon_3\eta_1\eta_2$ ] kṛtvā  
 $\alpha_1\beta_1\beta_\omega\gamma_1\delta_1\epsilon_1\epsilon_2\chi$  **10d pūrayen** cett.] pūrayet  $\delta_2$  dhārayen  $\eta_2$  dhārayed  $\chi$  **mukhe**  $\alpha_1\beta_2\beta_\omega\epsilon_2$ ] mukham  $\beta_1\Gamma\delta_1\delta_3\epsilon_1\epsilon_3\eta_1\eta_2$  sukhām  $\delta_2$  dṛḍham  $\chi$

<sup>2</sup> In  $\epsilon_3$  this hemistich is found after pādas ab of the next verse.

- कण्ठे बन्धं समारोप्य धारयेद्वायुमूर्ध्वतः ।  
 यथा दण्डाहतः सर्पो दण्डाकारः प्रजायते ॥ 3.11
- ऋज्वीभूता तथा शक्तिः कुण्डली सहसा भवेत् ।  
 तदासौ मरणावस्था जायते द्विपुटाश्रिता<sup>#</sup> ॥ 3.12
- ततः शनैः शनैरेव रेचयेन्न तु वेगतः ।  
 इयं खलु महामुद्रा महासिद्धैः प्रदर्शिता ॥ 3.13
- महाक्लेशादयो<sup>#</sup> दोषा हीयन्ते मरणादयः ।  
 महामुद्रां च तेनैव वदन्ति विबुधोत्तमाः ॥ (cd om.  $\delta_1\delta_2$ ) 3.14
- चन्द्राङ्गे तु समभ्यस्य सूर्याङ्गे पुनरभ्यसेत् ।  
 यावत्तुल्या भवेत्संख्या ततो मुद्रां विसर्जयेत् ॥ (cd om.  $\epsilon_3$ ) 3.15

**11a** *kanṭhe* cett.] *kanṭha*  $\beta_\omega\Delta\epsilon_2$  **bandham**  $\alpha_2\gamma_2\delta_1\epsilon_1\epsilon_3\eta_2\chi$ ] *bandha*  $\beta_1\beta_\omega\gamma_1\eta_1$  *bandhaḥ*  $\epsilon_2$  *bandhe*  $\delta_2$  *budha*  $\alpha_1$  *madhye*  $\delta_3$  **11b** *dhārayed* cett.] *dhānayed*  $\delta_1$  **11c** *yathā* cett.] *pathi*  $\eta_1$  **daṇḍāhataḥ**  $\alpha_1\beta_2\beta_\omega\epsilon_1\epsilon_3\eta_2$ ] *daṇḍahataḥ*  $\beta_1\Gamma\Delta\epsilon_2\eta_1\chi$  **11d** *daṇḍākāraḥ* cett.] *daṇḍakāraḥ*  $\epsilon_2$  **prajāyate** cett.] *prayujyate*  $\eta_1$  *om.*  $\delta_3$  (lost up to 3.19c *saṁsthāpya*; one folio missing) **12a** *rjvibhūtā*  $\beta_2\gamma_2\delta_1\delta_2\epsilon_3\eta_1\eta_2\chi$ ] *rjvibhūtā*  $\beta_1$  *rujvibhūtā*  $\alpha_1\beta_\omega$  *rajvibhūtā*  $\epsilon_2$  *vajribhūtā*  $\epsilon_1$  *r\_* *bhūtā*  $\gamma_1$  **tathā** cett.] *yathā*  $\epsilon_2$  **śaktiḥ** cett.] *śakti*  $\beta_\omega\delta_1\epsilon_2\eta_1$  **12c** *tadāsau*  $\alpha_1\beta_1\beta_\omega\Gamma\epsilon_1\epsilon_2\eta_1$ ] *tathāsau*  $\delta_1\delta_2$  *tadā*  $sā$   $\epsilon_3\eta_2\chi$  **marañā** cett.] *marāṇa*  $\epsilon_1$  *marañi*  $\eta_1$  *ramaṇā*  $\beta_\omega$  *maṇā*  $\eta_2$  **vasthā** cett.] *vasthām*  $\gamma_2\delta_1\delta_2\eta_1$  *sthā*  $\epsilon_1$  **12d** *jāyate* cett.] *yāyate*  $\epsilon_1$  *harate*  $\Gamma\delta_1\delta_2$  **dvipuṭā**  $\alpha_1\beta_1\beta_\omega\delta_1\delta_2\eta_1\eta_2\chi$ ] *dvipuṭā*  $\gamma_1$  *nṛpuṭā*  $\epsilon_1\epsilon_2$  *tripuṭā*  $\epsilon_3$  *vapurā*  $\gamma_2$  **śrītā**  $\alpha_1\beta_2\beta_\omega\epsilon_2\eta_2$ ] *śrayām*  $\gamma_2$  *śrayā*  $\delta_1\delta_2\chi$  *śrayī*  $\gamma_1$  *ā[śr]i..*  $\eta_1$  *smṛtā*  $\epsilon_1$  *sanām*  $\epsilon_3$  *hi*  $sā$   $\beta_1$  **13a** *śanaiḥ śanair eva* cett.] *śanaiḥ* *śanair* *yeca*  $\gamma_1$  **13b** *recayen* cett.] *recayan*  $\epsilon_2$  **na tu** cett.] *na*  $ca$   $\beta_\omega$  *naiva*  $\chi$  **13c** *iyam* cett.] *idam*  $\beta_\omega$  **13d** *siddhaiḥ* cett.] *siddhiḥ*  $\epsilon_2\epsilon_3$  **pradarśitā**  $\alpha_2\chi$ ] *pradarśanā*  $\alpha_1$  *praśasyate* cett. *prajāyate*  $\epsilon_2$  **14a** *mahā* cett.] *mahān*  $\eta_2$  **kleśādayo**  $\alpha_1\beta_1\beta_\omega\eta_1\eta_2\chi$ ] *kleśā* *yato*  $\gamma_2$  *kleśa* *yato*  $\gamma_1$  *kleśāyātā*  $\beta_2$  *kleśā* *yathā*  $\epsilon_2$  *kleśa* *yathā*  $\epsilon_3$  *kleśā* *mahā*  $\delta_1\delta_2$  **doṣā** cett.] *doṣāḥ*  $\eta_2\chi$  *doṣa*  $\gamma_2$  **14b** *hiyante*  $\alpha_1$ ] *hriyamte*  $\alpha_2$  *kṣiyante*  $\beta_\omega\eta_2\chi$  *jīryante*  $\beta_1\beta_2\Gamma\delta_1\delta_2\epsilon_3\eta_1$  *jāyante*  $\epsilon_2$  **14c** *mudrām*  $\beta_1\beta_\omega\epsilon_3\eta_2\chi$ ] *mudrā[ś]*  $\eta_1$  *mudrā*  $\alpha_1\Gamma\epsilon_2$  *om.*  $\delta_1\delta_2$  (*Pādas c–d* omitted) **ca** cett.] *tu*  $\alpha_1$  **tenaiva** cett.] *tenai*  $\gamma_1$  *tenetām*  $\epsilon_3$  *om.*  $\delta_1\delta_2$  **14d** *vibudho* cett.] *vividho*  $\gamma_2$  *om.*  $\delta_1\delta_2$  **15a** *candrāṅge* cett.] *cāndrāṅge*  $\eta_1$  *candrāmgaṁ*  $\epsilon_2$  *candrāmśam*  $\delta_1\delta_2$  *tu* cett.] *ca*  $\beta_\omega\eta_2$  **15b** *sūryāṅge* cett.] *sūryāṅge°*  $\eta_1$  *sūryāmgaṁ*  $\epsilon_2$  *sūryāmśam*  $\delta_1\delta_2$  **punar abhyaset**  $\alpha_1\beta_1\beta_\omega\Gamma\eta_2\chi$ ] *tu* *samabhyaset*  $\delta_1\delta_2\epsilon_2\epsilon_3$  *°ṣu* *samabhyaset*  $\eta_1$  **15c** *tulyā*  $\alpha_1\beta_1\beta_\omega\Gamma\epsilon_2\eta_1\chi$ ] *saṁkhyā*  $\eta_2$  *tayor*  $\delta_1\delta_2$  *om.*  $\epsilon_3$  **bhavet** cett.] *bhavat*  $\gamma_2\eta_1$  *om.*  $\epsilon_3$  **saṁkhyā**  $\alpha_1\beta_1\beta_\omega\Gamma\eta_1\chi$ ] *saṁkṣā*  $\epsilon_2$  *tulyā*  $\eta_2$  *sāmyam*  $\delta_1\delta_2$  *om.*  $\epsilon_3$  **15d** *visarjayet* cett.] *visaryayet*  $\delta_1$  *vivarjayet*  $\beta_\omega$  *om.*  $\epsilon_3$

<sup>3</sup>  $\delta_1\delta_2$  have a different order for the following 4 verses: 16 → 15 → 13 → 14.

$\epsilon_1$  is lost after ततः शनैः शनैः.

न हि पथ्यमपथ्यं वा रसाः सर्वेऽपि नीरसाः ।  
अपि भुक्तं विषं घोरं पीयूषमिव जीर्यते ॥

3.16

क्षयकुष्ठगुदावर्तगुल्माजीर्णपुरोगमाः ।  
तस्य दोषाः क्षयं यान्ति महामुद्रां तु योऽभ्यसेत् ॥

3.17

कथितेयं महामुद्रा महासिद्धिकरी नृणाम्<sup>#</sup> ।  
गोपनीया प्रयत्नेन न देया यस्य कस्यचित् ॥

3.18

अथ महाबन्धः ।

पार्ष्णि वामस्य पादस्य योनिस्थाने नियोजयेत् ।  
वामोरूपरि संस्थाप्य दक्षिणं चरणं तथा ॥<sup>4</sup>

3.19

पूरयित्वा मुखे वायुं हृदये चिबुकं दृढम् ।  
निभृत्य योनिमाकुञ्च्य मनो मध्ये नियोजयेत् ॥

3.20

रेचयेच्च शनैरेव महाबन्धोऽयमुच्यते ॥

3.21

**16a** na hi pathyam apathyam vā cett.] nāpathyam na hi pathyam ca η<sub>2</sub> na hi madhyam vā (3 akṣaras missing) ε<sub>2</sub> **16c** api bhuktaṃ cett.] ahimuktaṃ ε<sub>2</sub>ε<sub>3</sub> **ghoraṃ** cett.] khāraṃ η<sub>1</sub> **16d** piyūṣam cett.] piyūṣam β<sub>ω</sub> **iva** cett.] api δ<sub>2</sub> **jīryate** cett.] jīryati Γχ jīryate δ<sub>1</sub> **17a** kuṣṭha cett.] kuṣṭham η<sub>1</sub> **gudā** cett.] mudā δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub> **17b** gulmājirṇa cett.] gulmajirṇa β<sub>1</sub> gulmapliha Γ **purogamāḥ** cett.] purogamā β<sub>ω</sub> jvarās tathā δ<sub>1</sub>δ<sub>2</sub> **17c** tasya doṣāḥ cett.] doṣāḥ sarve η<sub>1</sub>η<sub>2</sub> **17d** tu yo'bhyaset cett.] yo bhyaset δ<sub>2</sub> ca yo bhyaset β<sub>1</sub>ε<sub>3</sub> yomabhyaset β<sub>ω</sub> **18a** kathiteyaṃ cett.] kathitoyaṃ α<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub> **18b** mahāsiddhikarī nṛṇām (nṛṇā ε<sub>3</sub>η<sub>1</sub>) α<sub>3</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] jarāmṛtyuvinaśini α<sub>1</sub>β<sub>1</sub>Γδ<sub>1</sub>δ<sub>2</sub> nṛṇām mṛtyuvinaśini α<sub>2</sub> **18c** gopaniyā cett.] gopaniyaṃ β<sub>ω</sub>ε<sub>2</sub> gopaniyām η<sub>2</sub> **18d** deya cett.] deyaṃ β<sub>ω</sub> **19** atha cett.] om. Γδ<sub>2</sub> **19a** pārṣṇim α<sub>1</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] pārṣṇi β<sub>1</sub>β<sub>ω</sub>Υ<sub>2</sub>ε<sub>2</sub>η<sub>2</sub> yāsi Υ<sub>1</sub> **vāmasya** cett.] bhāgena η<sub>2</sub> **19b** niyojayet cett.] yojayet ε<sub>2</sub> **19d** dakṣiṇam cett.] dakṣaṇam β<sub>ω</sub> **tathā** cett.] tataḥ δ<sub>3</sub> **20a** mukhe α<sub>1</sub>β<sub>1</sub>ΓΔ] tato β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ tathā ε<sub>2</sub>ε<sub>3</sub> **vāyum** cett.] vāyu β<sub>ω</sub>Γ **20b** cibukaṃ cett.] sasvanam ε<sub>3</sub> svasanam ε<sub>2</sub> **dr̥ḍham** cett.] tathā β<sub>1</sub> **20c** nibhṛtya α<sub>1</sub>β<sub>ω</sub>] nibhṛtaṃ β<sub>1</sub> nivṛtya ε<sub>2</sub>ε<sub>3</sub> nispiḍya Γδ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>χ nipiḍya δ<sub>2</sub> nikṣipya η<sub>2</sub> **21a** recayec ca śanair eva (tu for ca δ<sub>2</sub>) α<sub>1</sub>α<sub>2</sub>Δ] dhārayitvā yathāśakti β<sub>1</sub>Γη<sub>1</sub>χ dhārayitvā yathāśaktiā β<sub>2</sub>β<sub>ω</sub>ε<sub>3</sub>η<sub>2</sub> cālayitvā yathāśaktiā ε<sub>2</sub> **21b** mahābandho'yaṃ ucyate α<sub>1</sub>α<sub>2</sub>Δ] recayed anilaṃ śanaiḥ β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ

<sup>4</sup> In ε<sub>2</sub>ε<sub>3</sub> this and the following two hemistiches are found after 3.21\*1ab. Probably they were omitted by eye-skip due to नियोजयेत् and inserted at a wrong place.

मतमत्र तु केषांचित् कण्ठबन्धं विसर्जयेत् ।

राजदन्तबिलं तत्र<sup>#</sup> जिह्वयोत्तम्भयेदिति ॥<sup>5</sup> (om.  $\alpha_1 \alpha_2 \Delta$ )

3.21\*1

अयं खलु महाबन्धो महासिद्धिप्रदायकः ।

कालपाशमहाबन्धविमोचनविचक्षणः ॥<sup>6</sup> (cd om.  $\alpha_1$ )

3.22

सव्याङ्गे च समभ्यस्य दक्षिणाङ्गे समभ्यसेत् ॥ (om.  $\Delta$ )<sup>7</sup>

3.23

अयं च सर्वनाडीनामूर्ध्वगतिविबोधकः ।

त्रिवेणीसङ्गमं धत्ते केदारं प्रापयेन्मनः<sup>#</sup> ॥

3.24

**21\*1a** matam atra cett.] matam etat  $\eta_1$  matāntare  $\beta_\omega$  matārettamamtra  $\eta_2$  tu cett.] ca  $\Gamma$   
**21\*1b** kaṇṭha cett.] kaṇṭhe  $\eta_2$  bandhaṃ cett.] bandha  $\beta_\omega$  yaṃ  $\gamma_1$  visarjayet  $\beta_2 \beta_\omega \varepsilon_2 \varepsilon_3$ ] vivarjayet  $\eta_1 \eta_2 \chi$  tu varjayet  $\beta_1 \Gamma$  **21\*1c** rājadantabilam tatra  $\beta_1$ ] rājadantabilam jatra  $\beta_\omega$  rājadantabalam haṃti  $\varepsilon_2 \varepsilon_3$  rājadantadvayaṃ tatra  $\Gamma$  rājadantasthajihvāyā(m)  $\eta_1 \chi$  rājadantasya jihvāyām  $\eta_2$  **21\*1d** jihvayottambhayed  $\beta_1 \varepsilon_2 \varepsilon_3$ ] jihvayottambhaved  $\beta_\omega \Gamma$  bandhaś ca stambhayed  $\eta_1$  bandhaḥ śasto bhaved  $\eta_2 \chi$  iti  $\beta_1 \beta_\omega \Gamma \varepsilon_2 \varepsilon_3 \chi$ ] dhitaḥ  $\eta_2$  dhi tat  $\eta_1$  **22a** ayam cett.] asaṃ  $\alpha_2$  amuṃ  $\alpha_1$  khalu cett.] śalu  $\beta_\omega$  kila  $\eta_1 \eta_2$  yogī  $\alpha_2$  yoga  $\alpha_1$  bandho cett.] bandhaḥ  $\eta_2$  bandhaṃ  $\alpha_1$  **22b** mahā cett.] sahā  $\gamma_1$  sarva  $\eta_2$  pradāyakaḥ cett.] pradāyakaṃ  $\alpha_1$  **22c** pāśa cett.] pāśaṃ  $\gamma_1$  bandha cett.] bandho  $\alpha_2 \gamma_1$  baddho  $\varepsilon_2$  **22d** vimocana cett.] mocayec ca  $\beta_\omega$  vicakṣaṇaḥ cett.] vicakṣaṇam  $\beta_\omega$  **23a** ca samabhyasya  $\alpha_1 \alpha_2 \gamma_2 \varepsilon_2 \varepsilon_3 \eta_1 \eta_2$ ] tu samabhyasya  $\chi$  pūrvam abhyasya  $\beta_1 \beta_2 \beta_\omega$  om.  $\gamma_1$  **23b** dakṣiṇāṅge sam°  $\beta_1 \varepsilon_3 \eta_1$ ] dakṣiṇāṅge ca sam°  $\alpha_1 \alpha_2 \varepsilon_2$  sam°  $\gamma_1$  dakṣiṇāṅge punar  $\beta_\omega \gamma_2 \chi$  dakṣiṇāṅge punar  $\beta_2$  dakṣiṇe punar  $\eta_2$  **24a** ca cett.] tu  $\gamma_2 \delta_2 \delta_3 \chi$  **24b** ūrdhvaṃ cett.] ūrdhva  $\alpha_1 \eta_1 \gamma_1 \chi$  gativibodhakaḥ  $\alpha_1 \beta_2 \beta_\omega \varepsilon_3 \eta_1 \eta_2$ ] gatini-bodhakaḥ  $\varepsilon_2$  gatinirodhakaḥ  $\chi$  gamanabodhakaḥ  $\beta_1 \Gamma \Delta$  **24d** prāpayen manaḥ cett.] prāpaye naraḥ  $\eta_1$  prāpaye naraṃ  $\varepsilon_2$

<sup>5</sup> In  $\varepsilon_2 \varepsilon_3$  the 2nd hemistich is found between 3.28 and 3.29.

<sup>6</sup>  $\chi$  has a different verse order: 3.24ab  $\rightarrow$  3.22abcd  $\rightarrow$  3.24cd.

<sup>7</sup>  $\alpha_1 \alpha_2$  have this verse here.  $\Delta$  omits it. The other mss have it after 3.21.

अथ महावेधः । (Γδ<sub>2</sub>δ<sub>3</sub>ε<sub>2</sub>)

रूपलावण्यसंपन्ना यथा स्त्री पुरुषं विना ।

महामुद्रामहाबन्धौ निष्कलौ वेधवर्जितौ ॥ (cd om. ε<sub>3</sub>)

3.25

इति महाबन्धः । (η<sub>1</sub>)

अथ महावेधः । (β<sub>ω</sub>ε<sub>3</sub>η<sub>2</sub>χ)

महाबन्धस्थितो योगी कृत्वा पूरकमेकधीः ।

वायूनां गतिमावृत्य निभृतं<sup>#</sup> कण्ठमुद्रया ॥

3.26

समहस्तयुगो भूमौ स्फिजौ संताडयेच्छनैः ।

पुटद्वयं समाक्रम्य वायुः स्फुरति सत्वरं ।

बन्धेनानेन योगीन्द्रः साधयेत्सर्वमीप्सितम् ॥ (Γ)

3.27

सोमसूर्याग्निसंबन्धो<sup>#</sup> जायते चामृताय वै<sup>#</sup> ।

मृतावस्था समुत्पन्ना ततो मृत्युभयं कुतः<sup>#</sup> ॥

3.28

**25** *atha mahāvedhaḥ* [β<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>] mahāvedhaḥ Γδ<sub>2</sub> **25a** *sampannā* cett.] sampannam η<sub>2</sub> sam-  
patti γ<sub>1</sub> samyuktā δ<sub>1</sub> **25b** *stri puruṣaṃ* cett.] nārī patiṃ δ<sub>1</sub> **25c** *bandhau* [β<sub>1</sub>γ<sub>2</sub>Δχ]  
bandho α<sub>1</sub>α<sub>2</sub>β<sub>2</sub>β<sub>ω</sub>γ<sub>1</sub>ε<sub>2</sub>η<sub>2</sub> bandha η<sub>1</sub> om. ε<sub>3</sub> **25d** *niṣphalau* [γ<sub>2</sub>Δη<sub>2</sub>χ] niṣphalo β<sub>1</sub>γ<sub>1</sub> niṣkalaḥ  
α<sub>2</sub> niṣkalā α<sub>1</sub> mahābandham ε<sub>2</sub> mahāvedha(m) β<sub>ω</sub>η<sub>1</sub> om. ε<sub>3</sub> **vedhavarjitau** [β<sub>1</sub>ΓΔχ] ved-  
havarjitau α<sub>2</sub>β<sub>2</sub> vedhavarittina α<sub>1</sub> vedhavarittitau η<sub>2</sub> vinā tathā ε<sub>2</sub>η<sub>1</sub> vinānyathā β<sub>ω</sub> om. ε<sub>3</sub>  
**26a** *mahābandha* [α<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] mahābandhaḥ (followed by a double daṇḍa and corrected to 'ved-  
haḥ) γ<sub>2</sub> mahābandho [β<sub>2</sub>γ<sub>1</sub> mahāvedhe β<sub>1</sub>Δ mahāvedha β<sub>ω</sub>η<sub>2</sub> **sthito** cett.] sthite γ<sub>1</sub> sthitau  
η<sub>2</sub> **26b** *ekadhīḥ* [β<sub>1</sub>γ<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] ekadhī α<sub>1</sub> ekadhā δ<sub>1</sub>ε<sub>2</sub> ekayā δ<sub>2</sub>δ<sub>3</sub> eva dhīḥ γ<sub>1</sub> eva dhī β<sub>ω</sub> eva ca  
dhā α<sub>2</sub> **26c** *vāyūnām* [γ<sub>2</sub>Δε<sub>3</sub>χ] vāyūnām η<sub>1</sub> vāyūnā α<sub>1</sub>α<sub>2</sub>β<sub>1</sub>β<sub>ω</sub>γ<sub>1</sub>ε<sub>2</sub>η<sub>2</sub> **gatim āvṛtya** cett.]  
gam āvṛtya α<sub>1</sub> gatim ākṛṣya α<sub>2</sub>ε<sub>3</sub> **26d** *mudrayā* cett.] mudrāyā η<sub>2</sub> om. γ<sub>1</sub> (jumped to pāda  
c after gamit) **27a** *samahasta* cett.] samahāsta α<sub>1</sub> samahastā η<sub>2</sub> samahaste γ<sub>1</sub> samau hasta  
β<sub>1</sub> **yugo** [β<sub>ω</sub>γ<sub>1</sub>δ<sub>1</sub>η<sub>2</sub>χ] yugau [β<sub>1</sub>γ<sub>2</sub>δ<sub>2</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub> yuge α<sub>1</sub>ε<sub>2</sub> **27b** *sphijau* [α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>γ<sub>2</sub>Δη<sub>2</sub>] sphicau  
γ<sub>1</sub>χ sphidau η<sub>1</sub> sphitau β<sub>1</sub> dvijāt ε<sub>2</sub> dvijā ε<sub>3</sub> **samtādayec** cett.] sam[c]ālayec η<sub>1</sub> nutādayec  
ε<sub>3</sub> **27c** *puṭadvayaṃ* cett.] jamghāyutaadvayaṃ γ<sub>1</sub> **samākramya** cett.] samākṛṣya α<sub>2</sub>γ<sub>2</sub>δ<sub>3</sub>  
ākṛṣya γ<sub>1</sub> atikramya χ **27d** *vāyuh* [β<sub>1</sub>γ<sub>2</sub>Δη<sub>1</sub>η<sub>2</sub>χ] vāyu α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>γ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub> **satvaram** [α<sub>1</sub>α<sub>2</sub>ε<sub>2</sub>η<sub>2</sub>] **27e** *yogīndrah*  
[γ<sub>2</sub>] yogīndra γ<sub>1</sub> **28a** *sambandho* [ε<sub>2</sub>χ] sambandhā β<sub>ω</sub>η<sub>1</sub> sambandhāj α<sub>1</sub>α<sub>2</sub>β<sub>1</sub>Γη<sub>2</sub> samdhānam  
Δε<sub>3</sub> **28b** *cāmṛtāya vai* [α<sub>1</sub>β<sub>2</sub>χ] cāmṛtāyate β<sub>1</sub>Γε<sub>2</sub>ε<sub>3</sub> vāmṛtāyate Δ cāmṛtāye vaiḥ η<sub>1</sub> ca mṛtāya  
vai β<sub>ω</sub> ca mṛturjayaḥ η<sub>2</sub> **28c** *mṛtāvasthā* cett.] mṛtāmasthā γ<sub>1</sub> **samutpannā** cett.] om.  
γ<sub>1</sub> **28d** *mṛtyubhayam kutaḥ* [α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>γ<sub>2</sub>Δε<sub>2</sub>] vāyūṃ virecayet ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ vāyūṃ nirundhayet  
kumbhakena γ<sub>1</sub>

महावेधोऽयमभ्यासान्महासिद्धिप्रदायकः ।  
वलीपलितरोग#घ्नः सेव्यते साधकोत्तमैः ॥ 3.29

एतत्त्रयं महागुह्यं जरामृत्युविनाशनम् ।  
वह्निवृद्धिकरं चैव अणिमादिगुणप्रदम् ॥ 3.30

अष्टधा क्रियते चैतद्यामे यामे दिने दिने ।  
पुण्यसंभारसम्भावि पापौघभिदुरं सदा ॥ 3.31

सम्यक्शिक्षावतामेव स्वल्पं प्रथमसाधने ।  
वह्निस्त्रीपथसेवानामादौ वर्जनमादिशेत् ॥<sup>8</sup> (cd om.  $\chi$ )<sup>9</sup> 3.32

अथ खेचरी ।

नासनं सिद्धसदृशं न कुम्भं केवलोपमम् ।  
न खेचरीसमा मुद्रा न नादसदृशो लयः ॥ ( $\Omega$ ) [= 1.43] 3.32\*1

**29a mahāvedho** cett.] mahābāṃdho  $\varepsilon_3$  **abhyāsān**  $\alpha_1\beta_1\beta_\omega\gamma_2\delta_2\delta_3\eta_2\chi$ ] abhyāsāt  $\gamma_1$  anabhyāsān  $\delta_1$  abhyāso  $\eta_1$  abhyasto  $\varepsilon_2\varepsilon_3$  **29b mahā** cett.] sarva  $\gamma_1$  **29c vali** cett.] valita *unm.*  $\eta_2$  vali  $\gamma_1\eta_1$  **palita** cett.] palita  $\gamma_2$  **roga** *em.* (cf. C8)] vega  $\Delta$  vedha  $\alpha_1\beta_1\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1$  vepa  $\chi$  bandha  $\eta_2$  **ghnaḥ** cett.] ghnāṃ  $\alpha_1\beta_\omega$  ghna  $\gamma_1$  **29d sādhakottamāiḥ** cett.] sādhakottamāṃ  $\beta_\omega$  **30a etat trayam mahā** cett.] mahāmudrātrayaṃ  $\varepsilon_3$  mahāmudrātrayaṃ *unm.*  $\eta_1$  **guhyam**  $\alpha_1\beta_1\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\chi$ ] guptaṃ  $\Delta$  mudrā  $\eta_2$  **30b vināśanam** cett.] vināśinī  $\eta_2$  **30c caiva**  $\alpha_1\beta_1\Gamma$ ] caivam  $\beta_\omega\varepsilon_2\varepsilon_3\eta_2$  caiva *hy*  $\chi$  caitad  $\Delta$  viśvam  $\eta_1$  **30d guṇa** cett.] gaṇa  $\varepsilon_2$  **pradam** cett.] pradī  $\gamma_1$  **31a caitad**  $\alpha_1\beta_1$ ] caiva  $\Delta\varepsilon_2\chi$  caivam  $\beta_2\Gamma$  caikam  $\beta_\omega\eta_1\eta_2$  caika  $\varepsilon_3$  **31b yāme yāme** cett.] yāmayāme  $\varepsilon_3$  yāmaṃ yamāṃ  $\eta_1$  **31c puṇya** cett.] puṇyaṃ  $\varepsilon_3$  sarva  $\eta_2$  **sambhāra**  $\alpha_1\gamma_2\Delta\varepsilon_2\chi$ ] sahāra  $\beta_\omega$  saṃcāra  $\eta_1\eta_2$  saṃsāra  $\varepsilon_3$  saṃdhāna  $\beta_1$  *om.*  $\gamma_1$  **sambhāvi**  $\beta_\omega\Gamma\varepsilon_2$ ] sambhāvi  $\alpha_1\alpha_2$  sabhāvi  $\eta_1$  saṃdhāvi  $\eta_2$  saṃdhāvi  $\beta_1\varepsilon_3\chi$  saṃpādi  $\Delta$  **31d pāpaugha** cett.] pāprogha  $\gamma_2$  padhau \_ dhava  $\gamma_1$  **32a śikṣāvatām** cett.] śikṣāvatā  $\beta_1$  śiṣyāvatām  $\alpha_2\varepsilon_2$  jijñāsātām  $\eta_2$  **eva**  $\alpha_2\beta_2\Gamma\Delta\varepsilon_3$ ] evaṃ  $\alpha_1\beta_\omega\varepsilon_2\eta_1\eta_2\chi$  bhavyaṃ  $\beta_1$  **32b sādhanam**  $\alpha_2\beta_1\gamma_1\Delta\varepsilon_2\varepsilon_3\eta_1$ ] sādhanaiḥ  $\alpha_1$  sādhanam  $\beta_\omega\gamma_2\eta_2\chi$  **32c sevānām** cett.] sevācanām  $\varepsilon_2$  sevānām  $\eta_2$  sevānam  $\eta_1$  sevenam  $\gamma_1$  *om.*  $\chi$  **32d ādiśet**  $\alpha_1\alpha_2\beta_1\varepsilon_2\varepsilon_3\eta_1$ ] ādṛśyet  $\beta_\omega$  ācāret  $\Gamma\Delta\eta_2$  *om.*  $\chi$  **33 atha** cett.] *om.*  $\Gamma\delta_2$  **32\*1b kumbham** *em.*] kumbha  $\beta_\omega\varepsilon_\omega\eta_\omega$  kuṃbhaka  $\delta_\omega$  **kevalopamam** *em.*] kevalokanam  $\beta_\omega\eta_\omega$  sadṛśo nilaḥ  $\varepsilon_\omega$  samonilaṃ  $\delta_\omega$

<sup>8</sup>  $\Gamma$  adds here: महासुद्रा महाबन्धो महावेधश्च नित्यशः । एतत्त्रयं प्रयत्नेन चतुर्वारं करोति यः । षण्मासाभ्यन्तरे मृत्युं जयत्येव न संशयः ॥ (= Śivasamhitā xx)

<sup>9</sup>  $\chi$  has this line just before 1.61.

छेदनचालनदोहैः कलां तु संवर्धयेत्तावत् ।

यावदियं भ्रूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥<sup>10</sup>

3.33

सुहीपत्तनिभं शस्त्रं सुतीक्ष्णं स्निग्धनिर्मलम् ।

समादाय ततस्तेन रोममात्रं समुच्छिदेत् ॥ (ε<sub>3</sub>Ωχ)

3.33\*1

कृत्वा सैन्धवपथ्यादिचूर्णिताभ्यां प्रघर्षयेत् ।

पुनः सप्तदिने प्राप्ते रोममात्रं समुच्छिदेत् ॥ (ε<sub>3</sub>Ωχ)

3.33\*2

एवं क्रमेण षण्मासं नित्ययुक्तं समाचरेत् ।

षण्मासाद्रसनामूलशराबन्धं विनश्यति ॥ (ε<sub>3</sub>Ωχ)

3.33\*3

अथ वागीश्वरीधाम शिरो वस्त्रेण वेष्टयेत् ।

शनैरुत्कर्षयेद्योगी कालवेलाविधानवित् ॥ (Ω)

3.33\*4

**33a chedana** β<sub>ω</sub>γ<sub>1</sub>δ<sub>1</sub>δ<sub>3</sub>δ<sub>ω</sub>ε<sub>3</sub>η<sub>1</sub>χ] chedanam η<sub>2</sub>ε<sub>ω</sub>η<sub>ω</sub> chedanais β<sub>1</sub> khedana δ<sub>2</sub> vedana ε<sub>2</sub> rasanā γ<sub>2</sub> damaged α<sub>1</sub> cālanadohaiḥ γ<sub>2</sub>Δδ<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] cāladohaiḥ γ<sub>1</sub> cālanam doham ε<sub>ω</sub> cālanam dohau β<sub>ω</sub>η<sub>2</sub>η<sub>ω</sub> cālanair dasyai β<sub>1</sub> damaged α<sub>1</sub> kalām β<sub>1</sub>γ<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>χ] kalam γ<sub>1</sub> kalāḥ α<sub>1</sub>ε<sub>ω</sub> kalā β<sub>ω</sub>η<sub>ω</sub> kāla η<sub>2</sub> jihvām Δδ<sub>ω</sub> krameṇa ε<sub>3</sub> tu Γ] vai Δ jihvām ε<sub>3</sub> krameṇa α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>η<sub>ω</sub>ε<sub>ω</sub> kramenātha χ om. δ<sub>ω</sub> samvardhayet Γδ<sub>ω</sub>] pravardhayet ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub> vardhayet α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>Δε<sub>2</sub>ε<sub>ω</sub>η<sub>ω</sub>χ tāvat β<sub>1</sub>γ<sub>2</sub>Δδ<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>χ] tāt η<sub>2</sub> om. α<sub>1</sub>β<sub>ω</sub>γ<sub>1</sub>η<sub>1</sub>ε<sub>ω</sub>η<sub>ω</sub> **33b yāvad iyaṃ** ΓΔδ<sub>ω</sub>] sā yāvad α<sub>1</sub>β<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ sā ε<sub>2</sub> yāvad β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub> bhrūmadhyaṃ cett.] bhrūmadhya δ<sub>1</sub>η<sub>1</sub> sprśati ε<sub>ω</sub> sprśati cett.] sparśati γ<sub>1</sub> viśa α<sub>1</sub> bhrūmadhyaṃ ε<sub>ω</sub> tadā khecarisiddhiḥ Γδ<sub>3</sub>δ<sub>ω</sub>ε<sub>3</sub>η<sub>2</sub>χ] tadā sidhyati khecarī ε<sub>ω</sub> tadānīm khecarisiddhiḥ α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>η<sub>ω</sub> tadānīm hi khecarisiddhiḥ ε<sub>2</sub> tadānī siddhiḥ η<sub>1</sub> tadā khecarī bhavati δ<sub>1</sub> **33\*1a snuhi** δ<sub>ω</sub>χ] snuhi ε<sub>3</sub>ε<sub>ω</sub>η<sub>ω</sub> śnuhi β<sub>ω</sub> **33\*1d samucchidet** β<sub>ω</sub>ε<sub>ω</sub>] samucchinet ε<sub>3</sub>η<sub>ω</sub>χ samucchinḍyāt δ<sub>ω</sub> **33\*2a kṛtvā** ε<sub>3</sub>Ω] tataḥ χ saindhavapathyādi β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] saindhavapathyābhyām χ saindhavapakṣyādi ε<sub>3</sub> **33\*2c punaḥ** ε<sub>3</sub>β<sub>3</sub>η<sub>ω</sub>δ<sub>ω</sub>χ] tataḥ ε<sub>ω</sub> **33\*2d samucchidet** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] samucchinet χ punaḥ chidet ε<sub>3</sub> samutthiyāt δ<sub>ω</sub> **33\*3a śaṇmāsam** β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>χ] śaṇmāse η<sub>ω</sub> śaṇmāsān ε<sub>3</sub> **33\*3b nitya** β<sub>ω</sub>δ<sub>ω</sub>ε<sub>3</sub>ε<sub>ω</sub>] nityam χ netya η<sub>ω</sub> yuktaṃ β<sub>ω</sub>ε<sub>3</sub>ε<sub>ω</sub>η<sub>ω</sub>] yuktaḥ χ muktaṃ δ<sub>ω</sub> **33\*3c śaṇmāsād** Ωχ] śaṇmāse ε<sub>3</sub> mūla β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>χ] mūlam ε<sub>3</sub> **33\*3d śarābandham** β<sub>ω</sub>] śarābandham δ<sub>ω</sub> śarābandho η<sub>ω</sub> śarābandhaḥ ε<sub>3</sub>χ śarābandho ε<sub>ω</sub> **vinaśyati** Ω] prapaśyati ε<sub>3</sub>χ **33\*4d vidhānavit** β<sub>ω</sub>δ<sub>ω</sub>] vidhānataḥ ε<sub>ω</sub>η<sub>ω</sub>

<sup>10</sup> Based on ΓΔ. The metre is Upagiti.

ε<sub>2</sub>ε<sub>3</sub> (Giti?): छेदनचालनदोहैः कलां क्रमेण (प)वर्धयेत्तावत् । सा यावद्भ्रूमध्यं स्पृशति तदानीं हि खेचरीसिद्धिः ॥

η<sub>2</sub> (Ārya): छेदनचालनदोहैः कलां क्रमेण प्रवर्धयेत्तावत् । सा यावद्भ्रूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥

β<sub>ω</sub> (Anuṣṭubh): छेदनं चालनं दोहौ, कलाक्रमेण वर्धयेत् । यावद्भ्रूमध्यं स्पृशति तदानीं खेचरीसिद्धिः (ः) ॥

Perhaps to read: छेदनचालनदोहैः, कलां क्रमाद्धर्धयेत्तावत् । सा यावद्भ्रूमध्यं, स्पृशति तदा खेचरीसिद्धिः ॥



वितस्तिप्रमितं दैर्घ्यं विस्तारं चतुरङ्गुलम् । मृदुलं धवलं प्रोक्तं वेष्टिताम्बरलक्षणम् ॥ (Ω) [= 3.111]	3.33*5
पुनः षण्मासमात्रेण पुनः संकर्षणात्प्रिये । भ्रूमध्यावधि वर्धेत तिर्यक्कर्णबिलावधि ॥ (Ω)	3.33*6
अधस्ताच्चिबुकं मूलं प्रयाति क्रमकारिता । क्रोशादूर्ध्वं च क्रमति तिर्यक्संख्यावधि प्रिये ॥ (Ω)	3.33*7
पुनः संवत्सरोद्देवि द्वितीया चैव लीलया । ब्रह्मरन्धान्तमावृत्य तिष्ठेत्परमवन्दिते ॥ (Ω)	3.33*8
स्वतालुमूलं संघृष्य सप्तवासरमात्मनि । स्वगुरूक्तप्रकारेण मलं सर्वं विशोषयेत् ॥ (Ω)	3.33*9
अङ्गुल्यग्रेण संघृष्य जिह्वां तत्र निवेशयेत् । शनैः शनैर्मस्तकाच्च महावज्रकपाटभिः ॥ (Ω)	3.33*10
पूर्वबीजयुतां विद्यां व्याख्यातामतिदुर्लभाम् । अस्याः षडङ्गं कुर्वीत तया षट्क्रभिन्नया ॥ (Ω)	3.33*11
खे निरस्तसकलक्रियाक्रमे या चितिश्वरति शाश्वतोदये । सा शिवत्वसमवायकारिणी खेचरी च भवखेदहारिणी ॥ (Ω)	3.33*12
क्रमेणैव प्रकर्तव्याभ्यासेन वरवर्णिनि । युगपद्यतते तस्य शरीरं विलयं व्रजेत् ॥ (Ω)	3.33*13

**33\*5a** pramitaṃ β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] pratima η<sub>ω</sub> **dairghyam** β<sub>ω</sub>η<sub>ω</sub>] dairghye ε<sub>ω</sub>δ<sub>δ</sub> dairghya δ<sub>δ</sub> **33\*5b** vistāraṃ β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] vistāre ε<sub>ω</sub> **33\*5d** veṣṭitāmbara β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] veṣṭitādhāra ε<sub>ω</sub> **33\*7a** cibukaṃ mūlaṃ ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] cibukamūla β<sub>ω</sub> **33\*7b** kramakāritā β<sub>ω</sub>δ<sub>ω</sub>] kramakāritāḥ ε<sub>ω</sub> tramakārikā η<sub>ω</sub> **33\*7c** ca β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] om. ε<sub>ω</sub> **kramati** β<sub>ω</sub>η<sub>ω</sub>] krāmati δ<sub>ω</sub> kramati ε<sub>ω</sub> **33\*7d** saṃkhyā β<sub>ω</sub>δ<sub>ω</sub>] saṃsthā ε<sub>ω</sub>η<sub>ω</sub> **33\*8c** randhrāntam β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] raṇdhraṃ tam η<sub>ω</sub> **33\*8d** tiṣṭhet β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] viṣṭaitet η<sub>ω</sub> **paramavandite** β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] paramavidite η<sub>ω</sub> **33\*11a** bīja ε<sub>ω</sub>η<sub>ω</sub>] vīya β<sub>ω</sub> vīrya δ<sub>ω</sub> **33\*11b** vyākhyātām ati β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] vikhyātām api ε<sub>ω</sub> **33\*11c** ṣaḍaṇ-gaṃ β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] ṣaḍaṇhva η<sub>ω</sub> **33\*12a** nirasta β<sub>ω</sub>δ<sub>ω</sub>] cirasta η<sub>ω</sub> lirasta ε<sub>ω</sub> **33\*12b** yā citiś carati em. (cf. Yoginīhṛdaya)] yācitas carati η<sub>ω</sub> yā cittaś carati β<sub>ω</sub> °ṇa cittaś carati δ<sub>ω</sub> cittam ācarati ε<sub>ω</sub> **33\*12c** samavāya β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] samavāyi δ<sub>ω</sub> **kāriṇī** ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] kariṇī β<sub>ω</sub> **33\*12d** ca bhava β<sub>ω</sub>η<sub>ω</sub>] {{ca}} bhavati δ<sub>ω</sub> bhavati ε<sub>ω</sub> **33\*13a** prakartavyā β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] pravartavyā δ<sub>ω</sub> **33\*13b** varṇini β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] varṇini δ<sub>ω</sub> **33\*13c** yatate β<sub>ω</sub>η<sub>ω</sub>δ<sub>δ</sub>] yatete δ<sub>δ</sub> utpadyate ε<sub>ω</sub> **ta-sya** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] samyak ε<sub>ω</sub>

तस्माच्छनैः शनैः कार्योऽभ्यासो न युगपत्प्रिये ।

एवं वर्षत्रयं कृत्वा ब्रह्मद्वारं विशेद्भुवम् ॥ (Ω)

3.33\*14

सद्वक्राणि विभिद्य शक्तिभुजर्गी प्रोत्थाप्य मूलस्थितां

भित्त्वा ग्रन्थित्रयं च पश्चिमशिराप्राकाररूपं महत् ।

नीत्वा प्राणमतः शिरोबिलमलं निर्मथ्य चित्तेन तत्

लिङ्गं यः पिबतीन्दुमण्डलगलन्मुक्तः स साक्षाच्छिवः ॥ (Ω)

3.33\*15

नित्यं यस्तूर्ध्वजिह्वो यदि पिबति पुमान्सप्तधारामृतौघं

सुस्वादं शीतलाङ्गं दुरितभयहरं क्षुत्पिपासानिवारि ।

पिण्डस्थैर्यं हि तस्माद्भवति मृतपथा मृत्युरोगाद्भवन्ति

दौर्भाग्यं याति नाशं प्रसरति सकलं याति कालं भ्रमित्वा ॥ (Ω)

3.33\*16

तीक्ष्णकं हरते व्याधिं कटुकं कुष्ठनाशनम् ।

घृतस्वादूपमं चैव अमरत्वं लभेद्भुवम् ॥ (Ω)

3.33\*17

मधुस्वादूपमं चैव शास्त्रमुद्गिरते बहु ।

लङ्घुषण्डकपाद्यानि पक्वान्नि अनेकशः ॥ (Ω)

3.33\*18

दिव्यकल्पं रमेन्नित्यं उत्कृष्टो जायते ध्रुवम् ।

तन्मयत्वमवाप्नोति कोशकारीव कीटकः ॥ (Ω)

3.33\*19

**33\*14b** 'bhyāso na β<sub>ω</sub>δ<sub>ω</sub>] bhyāsena ε<sub>ω</sub>η<sub>ω</sub> **priye** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] kriye ε<sub>ω</sub> **33\*14c evaṃ** ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] eva β<sub>ω</sub> **33\*14d viśed** ε<sub>ω</sub>δ<sub>ω</sub>] vaśed η<sub>ω</sub> biśe β<sub>ω</sub> **33\*15a vibhidya** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] vibhedyā ε<sub>ω</sub> **bhujagīm** ε<sub>ω</sub>δ<sub>ω</sub>] bhujamgi β<sub>ω</sub> bhujamgīm η<sub>ω</sub> **protthāpya** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] protthāya δ<sub>ω</sub> **33\*15b śirā** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] śirām ε<sub>ω</sub> **rūpaṃ** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] rūpām ε<sub>ω</sub> **33\*15c tat** β<sub>ω</sub>ε<sub>ω</sub>] tal η<sub>ω</sub>δ<sub>ω</sub> **33\*15d pibati** ε<sub>ω</sub>δ<sub>ω</sub>] pibate β<sub>ω</sub>η<sub>ω</sub> **muktaḥ sa śākṣācchivaḥ** β<sub>ω</sub>ε<sub>ω</sub>] muktaś ca śākṣācchivaḥ δ<sub>ω</sub> muktaḥ kṣamāddhivaḥ η<sub>ω</sub> **33\*16a yas tūrdhva** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] yasphūrja δ<sub>ω</sub> **jihvo yadi** ε<sub>ω</sub>] jihvo-gradī β<sub>ω</sub> jihvāgrayā δ<sub>ω</sub> jihvā yadi η<sub>ω</sub> **taughaṃ** β<sub>ω</sub>ε<sub>ω</sub>] tauṣaṃ η<sub>ω</sub> tauccaṃ δ<sub>ω</sub> **33\*16b susvādaṃ** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] su[kha]daṃ δ<sub>ω</sub> **33\*16c mṛtapathā** ε<sub>ω</sub>η<sub>ω</sub>] mṛtayathā β<sub>ω</sub> mṛtaṃ yathā δ<sub>ω</sub> **rogād** β<sub>ω</sub>δ<sub>ω</sub>] rogod ε<sub>ω</sub> śeśād η<sub>ω</sub> **bhavanti** β<sub>ω</sub>η<sub>ω</sub>] bhavati δ<sub>ω</sub> bhavaṃtu ε<sub>ω</sub> **33\*16d daurbhāgyaṃ** ε<sub>ω</sub>δ<sub>ω</sub>] daurbhyāgyaṃ β<sub>ω</sub>η<sub>ω</sub> **kālaṃ** β<sub>ω</sub>η<sub>ω</sub>] kālo ε<sub>ω</sub>δ<sub>ω</sub> **33\*17a tikṣṇakaṃ** ε<sub>ω</sub>δ<sub>ω</sub>] tikṣṇake β<sub>ω</sub> tikṣṇako η<sub>ω</sub> **harate** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] harati ε<sub>ω</sub> **33\*17b kaṭukaṃ kuṣṭhanāśanam** β<sub>ω</sub>δ<sub>ω</sub>] kaṭutvaṃ kuṣṭhanāśanam ε<sub>ω</sub> kaṭukuṭivinaśanam η<sub>ω</sub> **33\*17c ghrta** β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] dhṛtvā η<sub>ω</sub> **33\*17d labhed** β<sub>ω</sub>ε<sub>ω</sub>] labhate η<sub>ω</sub>δ<sub>ω</sub> **33\*18b udgirate** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] udgirati δ<sub>ω</sub> **bahu** ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] bahuḥ β<sub>ω</sub> **33\*18c laḍḍu** ε<sub>ω</sub>] laḍu β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub> **śaṇḍakapādyāni** β<sub>ω</sub>η<sub>ω</sub>] khaṇḍakapādyāni δ<sub>ω</sub> piṇḍakakhādyāni ε<sub>ω</sub> **33\*18d pakvānnāni** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] pakvānyanmāny ε<sub>ω</sub> **33\*19a kalpaṃ** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] kalpai ε<sub>ω</sub> **ramen** cett.] racen ε<sub>ω</sub> krīḍen δ<sub>ω</sub> **33\*19d kośakārīva** δ<sub>ω</sub>] kauśakārīva β<sub>ω</sub> kośakāri ca ε<sub>ω</sub> kauṣṭakārīva η<sub>ω</sub>

कपालकुहरे जिह्वा प्रविष्टा विपरीतगा ।  
भ्रुवोरन्तर्गता दृष्टिमुद्रा भवति खेचरी ॥<sup>11</sup> 3.34

कलां पराङ्मुखीं कृत्वा त्रिपथे परिवर्तयेत् ।  
सा भवेत्खेचरी मुद्रा व्योमचक्रं तदुच्यते ।  
रसनामूर्ध्वगां कृत्वा<sup>12</sup> क्षणार्धं यदि तिष्ठति ।  
क्षणेन मुच्यते योगी व्याधिमृत्युजरादिभिः ॥ (om. α<sub>1</sub>) 3.35

न रोगो मरणं तस्य न निद्रा न क्षुधा तृषा ।  
न च मूर्छा भवेत्तस्य यो मुद्रां वेत्ति खेचरीम् ॥<sup>13</sup> 3.36

पीड्यते न स रोगेण लिप्यते न स कर्मणा ।  
बाध्यते न स कालेन यो मुद्रां वेत्ति खेचरीम् ॥ (α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ) 3.1

चित्तं चरति खे यस्माज्जिह्वा चरति खे गता ।  
तेनैषा खेचरी नाम मुद्रा सिद्धैर्नमस्कृता ॥ (om. γ<sub>1</sub>) [= 4.25\*4] 3.37

**34b** praviṣṭā viparītāgā cett.] pra+++++ α<sub>1</sub> **34c** antargatā cett.] antagatā α<sub>1</sub> madhye  
gatā β<sub>1</sub> **dṛṣṭir** cett.] dṛṣṭi α<sub>1</sub>γ<sub>1</sub>ε<sub>3</sub> **34d** khecarī cett.] carī η<sub>1</sub> **35a** kālām cett.] kalā  
γ<sub>1</sub> kālām η<sub>2</sub> **parāṇmukhīm** β<sub>2</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] parāṇmukhī β<sub>ω</sub>Γδ<sub>3</sub>η<sub>2</sub> avāṇmukhī β<sub>1</sub> **kṛtvā**  
β<sub>1</sub>β<sub>ω</sub>Δε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] kṛtya η<sub>2</sub> nītvā Γ **35b** tripathe β<sub>ω</sub>Δε<sub>3</sub>χ] tripatham ε<sub>2</sub> tripatha β<sub>1</sub> **pari-**  
**vartayet** ε<sub>3</sub>] parivarjayet β<sub>1</sub>β<sub>ω</sub>δ<sub>1</sub>ε<sub>2</sub> parivardhayet δ<sub>2</sub>δ<sub>3</sub> pariyojayet χ **35c** sā β<sub>1</sub>Δε<sub>2</sub>ε<sub>3</sub>χ] sa  
β<sub>ω</sub> **bhavet khecarī** β<sub>1</sub>β<sub>ω</sub>δ<sub>2</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>χ] bhat ṣecarī δ<sub>1</sub> **35f** yadi cett.] api η<sub>2</sub>χ **35g** kṣaṇena  
β<sub>ω</sub>γ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] kṣaṇe [ca] γ<sub>1</sub> viṣayair Δ viṣair vi° β<sub>2</sub>χ duḥkhair vi° β<sub>1</sub> **yogī** cett.] om. γ<sub>2</sub>  
**35h** vyādhi cett.] vyādhijanma γ<sub>2</sub> **36a** rogo cett.] roga η<sub>1</sub> rogān η<sub>2</sub> **tasya** cett.] tandrā χ  
**36b** kṣudhā trṣā cett.] kṣudhā nandaṭ δ<sub>3</sub> trṣā kṣudhā (tṛkhā δ<sub>1</sub>) β<sub>1</sub>δ<sub>1</sub> **36c** ca cett.] bhra β<sub>ω</sub> om.  
δ<sub>3</sub> **bhavet** cett.] bhave η<sub>2</sub> tu bhavet δ<sub>3</sub> **tasya** cett.] ta + α<sub>1</sub> **36d** yo mudrām vetti cett.]  
damaged α<sub>1</sub> **khecarīm** γ<sub>2</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] khecarī α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>γ<sub>1</sub>δ<sub>3</sub> **1a** pīḍyate α<sub>1</sub>β<sub>2</sub>χ] bādhyate  
β<sub>1</sub>β<sub>ω</sub>η<sub>2</sub> chādyate η<sub>1</sub> **sa** β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ] ca α<sub>1</sub>α<sub>2</sub>β<sub>1</sub>β<sub>2</sub> **1b** lipyate na sa β<sub>1</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>] lipyate na ca χ  
na ca lipyati α<sub>2</sub>β<sub>2</sub> na ca lipyata α<sub>1</sub> **1c** bādhyate α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ] khādyate β<sub>1</sub> **sa** β<sub>1</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ]  
ca α<sub>1</sub>α<sub>2</sub>β<sub>2</sub> **1d** yo mudrām vetti α<sub>1</sub>β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>η<sub>2</sub>χ] yasya mudrāsti η<sub>1</sub> **khecarīm** α<sub>1</sub>η<sub>2</sub>χ] khecarī  
β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>η<sub>1</sub> **37a** cittam cett.] citte δ<sub>1</sub> ci + α<sub>1</sub> **carati khe** cett.] damaged α<sub>1</sub> **yasmāḥ** cett.]  
yasyā β<sub>ω</sub> + .āj α<sub>1</sub> **37c** tenaiṣā α<sub>1</sub>β<sub>2</sub>ε<sub>3</sub>χ] tenaiva β<sub>ω</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub> teneyam β<sub>1</sub>γ<sub>2</sub>Δ **nāma** α<sub>1</sub>β<sub>2</sub>ε<sub>3</sub>χ]  
mudrā cett. **37d** mudrā α<sub>1</sub>β<sub>2</sub>ε<sub>3</sub>χ] sarva β<sub>1</sub>β<sub>ω</sub>γ<sub>2</sub>Δε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>

<sup>11</sup> χ has this verse at the very beginning of the Khecarī-section.

<sup>12</sup> The Pādas in grey scale are not found in Γη<sub>1</sub>η<sub>2</sub>, but in β<sub>1</sub>β<sub>ω</sub>Δε<sub>2</sub>ε<sub>3</sub>χ. α<sub>1</sub> omits the whole verse.  
α<sub>2</sub>α<sub>3</sub> have this verse without the grey-scaled part.

<sup>13</sup> In γ<sub>2</sub> this verse is found after 3.37.

खेचर्या मुद्रितं येन विवरं लम्बिकोर्ध्वतः ।

तस्य न क्षरते बिन्दुः कामिन्याश्लेषितस्य च ॥

3.38

चलितोऽपि यदा बिन्दुः संप्राप्तश्च हुताशनम् ।

व्रजत्यूर्ध्वं हतः शक्त्या<sup>#</sup>निबद्धो योनिमुद्रया ॥<sup>14</sup>

3.39

( $\beta_\omega \eta_2$  have 3.42 *indhanāni* here.)

कपालकुहरे जिह्वा कलासंधानमुद्रया । ( $\alpha_1 \beta_1 \beta_\omega \Gamma \varepsilon_2 \varepsilon_3$ )

3.39\*1

ऊर्ध्वजिह्वः स्थितो भूत्वा सोमपानं करोति यः ।

मासार्धेन न संदेहो मृत्युं जयति योगवित् ॥

3.40

नित्यं सोमकलापूर्णं शरीरं यस्य योगिनः ।

तक्षकेणापि दष्टस्य विषं तस्य न सर्पति ॥<sup>15</sup> (om.  $\alpha_1 \alpha_2$ )

3.41

**38a** *khecaryā* cett.] *khecaryām*  $\beta_\omega$  **38b** *vivaram* cett.] *viviram*  $\delta_2$  *vicaran/ram*  $\beta_1 \eta_1$  **lam-**  
**bikordhvataḥ** cett.] *lampikordhvataḥ*  $\delta_2 \delta_3$  *damaged*  $\alpha_1$  **38c** *tasya na*  $\beta_1 \beta_\omega \gamma_1 \varepsilon_2 \varepsilon_3 \eta_1 \eta_2$ ] + [s]ya  
na  $\alpha_1$  na *tasya*  $\gamma_2 \Delta \chi$  **38d** *śleṣitasya* cett.] *liṅgitasya*  $\Gamma \delta_2$  *liṅgitena*  $\beta_1$  **39a** *calito* cett.]  
*calitā*  $\gamma_1$  *calate*  $\delta_1$  *calato*  $\alpha_1$  **39b** *saṃprāptaś*  $\beta_\omega \Gamma \delta_1 \eta_2$ ] *saṃprāpto*  $\alpha_1 \beta_1 \delta_2 \delta_3 \varepsilon_2 \varepsilon_3 \eta_1 \chi$  **ca**  
**hutāśanam**  $\Gamma \delta_1$ ] *pi hutāśanam*  $\delta_2 \delta_3$  *cāgnimaṇḍalam*  $\beta_\omega \eta_2$  *vahnimaṇḍalam*  $\beta_1$  *yonimaṇḍalam*  
 $\alpha_2 \varepsilon_3 \eta_1 \chi$  *yogimaṇḍalam*  $\alpha_1$  *yonimaṇḍalam*  $\varepsilon_2$  **39c** *vrajaty* cett.] *vṛjamty*  $\alpha_1$  *jajaty*  $\gamma_1$  *vra-*  
*jan*  $\delta_3$  **ūrdhvam** cett.] *pūrvam*  $\delta_3$  *ū* +  $\alpha_1$  **hataḥ śaktyā** *em.* (cf. VM)] *hṛtaḥ śaktyā*  $\chi$   
*hatachantkā*  $\gamma_1$  *haṭhāc chaktyā*  $\beta_1 \beta_\omega \gamma_2 \varepsilon_2 \varepsilon_3 \eta_1 \eta_2$  *haṭhāt śaktyā*  $\alpha_2$  *hi tacchaktyā*  $\delta_2 \delta_3$  *hi tadbhuk-*  
*tyā*  $\delta_1$  *damaged*  $\alpha_1$  **39d** *nibaddho*  $\alpha_2 \alpha_3 \beta_1 \varepsilon_2 \varepsilon_3 \chi$ ] *nibadhno*  $\eta_1$  *niruddho*  $\Gamma \delta_2 \delta_3$  *nirodho*  $\beta_\omega \eta_2$   
*viruddhe*  $\delta_1$  *damaged*  $\alpha_1$  **yonī**  $\alpha_1 \beta_1 \Gamma \Delta \varepsilon_2 \varepsilon_3 \eta_1 \chi$ ] *yoga*  $\beta_2 \beta_\omega \eta_2$  **39\*1b** *kalā*  $\beta_\omega \varepsilon_3$ ] *kālā*  $\Gamma \varepsilon_2$   
*kālā*  $\alpha_1$  *kṛtvā*  $\beta_1$  **saṃdhāna**  $\alpha_1 \beta_1 \beta_\omega \varepsilon_3$ ] *saṃdhāra*  $\varepsilon_2$  *saṃhāra*  $\Gamma$  **mudrayā**  $\alpha_1 \Gamma \varepsilon_2 \varepsilon_3$ ] *var-*  
*jitā*  $\beta_\omega$  **40a** *ūrdhva* cett.] *ūrdhvam*  $\varepsilon_2$  **jihvaḥ**  $\gamma_2 \delta_1 \delta_3 \chi$ ] *jihva*  $\gamma_1$  *jihvā*  $\alpha_1 \beta_1 \beta_\omega \delta_2 \varepsilon_2 \varepsilon_3 \eta_1 \eta_2$   
**sthīto**  $\alpha_1 \alpha_2 \beta_\omega \eta_2$ ] *sthiro*  $\beta_1 \beta_2 \Gamma \Delta \varepsilon_3 \eta_1 \chi$  *sito*  $\varepsilon_2$  **40b** *karoti yaḥ* cett.] *karoti saḥ*  $\beta_1$  *karo* ++  $\alpha_1$   
**40c** *māsārdhena na* cett.] *māsārdhena tu*  $\beta_1$  *damaged*  $\alpha_1$  **41a** *pūrṇam* cett.] *pūrṇa*  $\gamma_1 \varepsilon_2$   
*pūrṇe*  $\eta_2$  **41b** *yoginaḥ*  $\beta_1 \Gamma \Delta \varepsilon_2 \chi$ ] *yoginam*  $\beta_\omega$  *dehinaḥ*  $\varepsilon_3 \eta_1 \eta_2$  **41c** *daṣṭasya*  $\beta_1 \gamma_2 \delta_1 \varepsilon_3 \eta_2 \chi$ ] *dṛṣṭasya*  
 $\beta_\omega \gamma_1 \eta_1$  *daṣṭasya*  $\varepsilon_2$  *dagdhasya*  $\delta_2 \delta_3$  **41d** *sarpati* cett.] *sparśati*  $\beta_\omega$  *pīḍyate*  $\gamma_1$

<sup>14</sup>  $\beta_1$  has this verse between 3.41ab and cd.

<sup>15</sup>  $\beta_\omega$  adds here: तस्मादिदं प्रकुर्वीत नित्ययुक्तः समाहितः.

- इन्धनानि यथा वह्निस्तैलवर्ति च दीपकः ।  
तथा सोमकलापूर्णं देही देहं न मुञ्चति ॥<sup>16</sup> 3.42
- गोमांसं भक्षयेन्नित्यं पिबेदमरवारुणीम् ।  
कुलीनं तमहं मन्ये इतरे कुलघातकाः ॥ 3.43
- गोशब्देनोदिता जिह्वा तत्प्रवेशो हि तालुनि ।  
गोमांसभक्षणं तत्तु महापातकनाशनम् ॥ 3.44
- जिह्वाप्रवेशसंभूतवह्निनोत्पादितः खलु ।  
चन्द्रात्स्त्रवति यः सारः सा स्यादमरवारुणी ॥ (om.  $\eta_1 \epsilon_3$ )<sup>17</sup> 3.45

**42a** *indhanāni* cett.] yindhanāni  $\beta_\omega$  **yathā** cett.] *om.*  $\delta_2$  **42b** *tailavartim*  $\beta_\omega \delta_1 \delta_2 \epsilon_3 \chi$ ] *tailavarti*  $\alpha_1 \delta_3 \epsilon_2$  *tailavarti*  $\beta_1 \Gamma \eta_2$  *tailāvṛtti*  $\eta_1$  **ca** cett.] *va*  $\eta_1$  **dīpakah** cett.] *dīpikah*  $\eta_1$  **42c** *soma* cett.] *sarva*  $\epsilon_2$  **pūrṇam** cett.] *pūrṇa*  $\eta_2$  *pūrṇo*  $\gamma_2 \epsilon_2$  **42d** *dehī deham* cett.] *deham* *dehī*  $\beta_1 \epsilon_3$  *damaged*  $\alpha_1$  **na muñcati**  $\Gamma \Delta \epsilon_2 \eta_1 \chi$ ] *na mucyati*  $\eta_2$  *na mucyati*  $\epsilon_3$  *na mucyate*  $\beta_1 \beta_\omega$   $+++ ti$   $\alpha_1$  **43a** *gomāmsam* cett.] *gomāmsa*  $\gamma_2 \delta_1 \eta_2$  **43b** *amara* cett.] *amṛta*  $\delta_3$  **vāruṇīm** cett.] *vāruṇī*  $\beta_\omega \epsilon_2 \epsilon_3$  **43c** *tam* cett.] *tum*  $\gamma_2$  **manye** cett.] *manya*  $\chi$  *vidyām*  $\beta_\omega$  *vimdyām*  $\eta_2$  **43d** *itare*  $\alpha_1 \beta_1 \beta_\omega \eta_2 \chi$ ] *tv itare*  $\epsilon_3 \eta_1$  *cetare*  $\epsilon_2$  *netarān*  $\Gamma \Delta$  **kulaghātakāḥ** cett.] *kulaghātakān*  $\Gamma \Delta$  *kuṣvaghātakāḥ*  $\alpha_1$  **44a** *noditā jihvā* cett.] *nāditā* *jihvā*  $\gamma_1$  *damaged*  $\alpha_1$  **44b** *tatpraveśo* cett.]  $+ [t]praveśo$   $\alpha_1$  **hi** cett.] *di*  $\gamma_1$  **tāluni** cett.] *tāluniṃ*  $\eta_2$  **44c** *māmsa* cett.] *māmsam*  $\epsilon_2 \epsilon_3 \eta_1$  *māsam*  $\gamma_1$  **bhakṣaṇam** cett.] *bhakṣaṇe*  $\alpha_1$  **tat tu**  $\alpha_1 \beta_2 \beta_\omega \gamma_2 \Delta \eta_1 \eta_2 \chi$ ]  $_{-rttu}$   $\gamma_1$  *tac* *ca*  $\epsilon_3$  *caitāt*  $\epsilon_2$  *hy etan*  $\beta_1$  **45b** *vahninotpāditaḥ*  $\gamma_2 \delta_2 \epsilon_2 \chi$ ]  $^{\circ}ditam$   $\delta_1$   $^{\circ}ditā$   $\beta_1 \delta_3$   $^{\circ}di + \alpha_1$  *vahninonnāpitā*  $\beta_\omega$  *vahninottāpito*  $\eta_2$  *vahnir utpāditaḥ*  $\gamma_1$  **khalu**  $\alpha_2 \Gamma \Delta \epsilon_2 \chi$ ] *daram*  $\beta_\omega \eta_2$  *surāḥ*  $\beta_1$  *damaged*  $\alpha_1$  **45c** *candrāt sravati*  $\beta_1 \beta_\omega \Gamma \delta_2 \epsilon_2 \eta_2 \chi$ ] *candraḥ* *sravati*  $\delta_3$  *candrā dravati*  $\delta_1$   $+++ [t]i$   $\alpha_1$  **yaḥ sārāḥ**  $\gamma_2 \delta_1 \delta_2 \eta_2 \chi$ ] *yaḥ sārā*  $\gamma_1$  *yat sārām*  $\alpha_1 \beta_1 \epsilon_2$  *yaḥ sārām* *tasmād idam*  $[m]akurvīta$  *nityayuktaḥ* *samāhitaḥ* (the same hemistich is inserted after 3.42)  $\beta_\omega$  *yaḥ samyak*  $\delta_3$  **45d** *sā* cett.] *sa*  $\delta_2$  **amaravāruṇī** cett.] *aṃmavāruṇī*  $\eta_2$

<sup>16</sup>  $\Gamma \Delta$  add here: रसनां वेशयेदूर्ध्वं पिबेत्तत्सावितं जलम्

<sup>17</sup> In  $\eta_1$  the second half is added in the margin sec. m.: तस्मा[त्स]रति य[त्सा]रं सा स्यादमरवारुणी.

मूर्धः षोडशपत्तपद्मगलितं प्राणादवासं हठा-  
 दूर्ध्वास्यो रसनां नियम्य विवरे शक्तिं परां चिन्तयेत् ।  
 उत्कल्लोलकलाजलं च विमलं धारामृतं<sup>#</sup> यः पिबेत्  
 निर्दोषः स मृणालकोमलतनुर्योगी चिरं जीवति ॥<sup>18</sup>

3.46

चुम्बन्ती यदि लम्बिकाग्रमनिशं जिह्वा रसस्यन्दिनी  
 सक्षारा कटुकाथ दुग्धसदृशी मध्वाज्यतुल्याथवा ।  
 व्याधीनां हरणं जरान्तकरणं शास्त्रागमोद्गीरणं  
 तस्य स्यादमरत्वमष्टगुणवत्सिद्धाङ्गनाकर्षणम् ॥

3.47

एकं सृष्टिमयं बीजं एका मुद्रा च खेचरी ।  
 एको देवो निरालम्ब एकावस्था मनोन्मनी ॥ [= 4.44\*1]

3.48

**46a mürdhnaḥ**  $\beta_{\omega}\Delta\epsilon_3\chi$ ] mürdhneḥ  $\eta_2$  mürddhūḥ  $\gamma_2$  mürddham  $\alpha_2\epsilon_2$  mürddhvaḥ  $\alpha_1$  mürddha  
 $\eta_1$  bhürddhaḥ  $\gamma_1$  ürdhvaṃ  $\beta_1$  **pattrapadma**  $\alpha_2\delta_2\delta_3\epsilon_3\chi$ ] padmapattra  $\alpha_1\beta_1\beta_{\omega}\gamma_2\delta_1\eta_1\eta_2$  patrap-  
 atra  $\epsilon_2$  *om.*  $\gamma_1$  **haṭhād** cett.] haṭhām  $\beta_{\omega}$  **46b ürdhvāsyo** cett.] ürdhvoso  $\gamma_1$  ürdhvoso  $\delta_3$   
 varddhāsyō  $\beta_{\omega}$  **rasanām** cett.] rasanā  $\epsilon_2$  ramanā  $\gamma_1$  **niyāmya**  $\alpha_1\beta_1\gamma_2\Delta\epsilon_3\chi$ ] niyasya  $\gamma_1\epsilon_2$   
 ca yāmya  $\eta_1$  vidhāya  $\beta_{\omega}\eta_2$  **vivare** cett.] vicare  $\gamma_1$  vivaraṃ  $\Delta$  vidhivat  $\beta_1$  **śaktim** cett.]  
 śaktiḥ  $\gamma_2$  **cintayet** cett.] cintayat  $\gamma_1$  cintayan  $\delta_2\delta_3\chi$  **46c utkallola**  $\alpha_1\beta_1\beta_{\omega}\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] uttakallola  
 $\eta_2$  tatkalola  $\gamma_2\delta_1$  tatkalola  $\delta_2$  taptalola  $\gamma_1$  **kalājalām**  $\alpha_1\beta_1\Gamma\Delta\epsilon_2\epsilon_3\eta_1\chi$ ] jalāku-  
 lām  $\beta_{\omega}\eta_2$  **ca**  $\alpha_1\beta_1\gamma_2\Delta\epsilon_2\eta_1\chi$ ] su  $\beta_{\omega}\eta_2$  ya  $\gamma_1$  *om.*  $\epsilon_3$  **dhārāmṛtaṃ** cett.] dhārāmayaṃ  
 $\chi$  **46d nirdoṣaḥ sa** cett.] nirdoṣaṃ sa  $\eta_1$  nirdoṣo 'sya  $\epsilon_2$  nirvyādhiḥ sa  $\chi$  **komala** cett.]  
 komale  $\gamma_1$  **tanur**  $\alpha_2\beta_1\beta_{\omega}\gamma_2\Delta\eta_2$ ] tanu  $\gamma_1$  vapur  $\alpha_1\beta_2\epsilon_2\epsilon_3\eta_1\chi$  **47a cumbanti** cett.] vipitiṃ  
 $\gamma_1$  **lambikāgram anīṣaṃ jihvā** cett.] lampikāgram anīṣaṃ jihvā  $\delta_2\delta_3$  **rasa** cett.] śiraḥ  $\beta_{\omega}\eta_2$   
**47b sakṣārā** cett.] sakṣārā  $\alpha_1\delta_1\epsilon_2$  sakṣāra  $\eta_2$  **kaṭukātha**  $\alpha_1\alpha_2$ ] kaṭukāmla  $\gamma_2\Delta\epsilon_3\chi$  vaṭukāmla  
 $\gamma_1$  kaṭukāsa  $\eta_1$  kaṭukādyā  $\beta_{\omega}\eta_2$  kaṭutikta  $\epsilon_2$  kaṭutyakta  $\beta_1$  **dugdha** cett.] dugdham  $\gamma_2$  du  $\gamma_1$   
**sadr̥śi** cett.] sādṛśi  $\delta_1$  sadṛśiṃ  $\gamma_2$  sadṛśā  $\alpha_1\alpha_2\eta_1$  lavaṇā  $\epsilon_2\epsilon_3$  **madhvājya** cett.] madhvādyā  
 $\beta_{\omega}\eta_2$  vaddhājya  $\epsilon_2$  **tulyā** cett.] tulyām  $\beta_{\omega}$  tulyaṃ  $\eta_2$  **thavā**  $\alpha_2\Gamma\Delta$ ] tathā  $\alpha_1\beta_1\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$   
 $\text{savā } \epsilon_3$  **47c jarāntakaraṇaṃ** cett.] jvarāntakaraṇaṃ  $\delta_1\delta_2$  jvarāntahkaraṇaṃ  $\delta_3$  jarāpraśa-  
 manaṃ  $\beta_1$  **śāstrāgamodgīraṇaṃ**  $\beta_1\beta_{\omega}\gamma_2\epsilon_3\eta_2$ ] śāstrāgamodgīraṇaṃ  $\eta_1$  śāstrāgamodīraṇaṃ  
 $\alpha_1\chi$  śāstrapramodīraṇaṃ  $\gamma_1$  śāstrāgamoddhāraṇaṃ  $\Delta\epsilon_2$  **47d tasya syād** cett.] tasyād  $\gamma_1$   
**amaratvam** cett.] amarakṣaṃ  $\gamma_1$  aramatvam  $\beta_{\omega}$  iha siddhir  $\Delta$  **guṇavat**  $\alpha_1\alpha_2\beta_2\eta_1$ ] guṇā-  
 vat  $\epsilon_3$  guṇitaṃ  $\beta_1\beta_{\omega}\Gamma\delta_1\epsilon_2\eta_2\chi$  guṇitā  $\delta_2\delta_3$  **siddhāṅganā**  $\alpha_2\beta_1\beta_2\delta_2\delta_3\eta_1\epsilon_2\epsilon_3\eta_2\chi$ ] siddhāṅgaṇā  
 $\alpha_1\beta_{\omega}\gamma_1\delta_1$  siddhāṅgānā  $\gamma_2$  **karṣaṇaṃ** cett.] karṣaṇā  $\gamma_1$  **48a ekaṃ** cett.] eka  $\delta_3$  evaṃ  $\gamma_1$   
**sṛṣṭi** cett.] ṛṣṭi  $\epsilon_2$  **mayam** cett.] midam  $\beta_1$  layam  $\epsilon_2$  **48b ca** cett.] tu  $\delta_3\epsilon_2$  **48c devo**  
 cett.] devā  $\gamma_1$  nirā  $\alpha_1$  **nirālamba**  $\beta_{\omega}\eta_1\chi$ ] nirālambaś  $\gamma_2\Delta$  nirāśambaś  $\gamma_1$  nirālamba  $\alpha_2\beta_1\epsilon_2\epsilon_3$   
 nirālambaṃ  $\eta_2$  'lambo deva  $\alpha_1$  **48d ekā**  $\alpha_1\beta_1\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$ ] caikā  $\Delta$  cakā  $\gamma_1$  caiśā  $\gamma_2$  hy ekā  $\alpha_2\epsilon_3$

<sup>18</sup>  $\chi$  has a different verse order from here.

सुषिरं ज्ञानजनकं पञ्चस्रोतःसमन्वितम् ।

तिष्ठते खेचरी मुद्रा तस्मिन्शून्ये निरञ्जने ॥  $(\beta_{\omega}\eta_2\chi)$  [= 4.25\*2]

3.48\*1

पाताले यद्विशति सुषिरं मेरुमूले तदस्ति

तत्त्वं चैतत्प्रवदति सुधीस्तन्मुखं निम्नगानाम् ।

चन्द्रात्सारः खवति<sup>19</sup> वपुषस्तेन मृत्युर्नराणां

तं बध्नीयात्सुकरणमुद्रा नान्यथा कायसिद्धिः ॥<sup>#</sup><sub>(om.  $\alpha_1\Delta$ )</sub><sup>20</sup> [= 4.25]

3.49

मूलबन्धः<sup>21</sup> ॥

पार्ष्णिभागेन संपीड्य योनिमाकुञ्चयेद्बुद्धम् ।

अपानमूर्ध्वमाकृष्य मूलबन्धोऽयमुच्यते ॥

3.50

अधोगतिमपानं वै ऊर्ध्वगं कुरुते बलात् ।

आकुञ्चनेन तं प्राहुर्मूलबन्धं तु योगिनः ॥

3.51

**48\*1a**  $\text{suṣīraṃ } \chi$ ]  $\text{sukhiraṃ } \eta_2$   $\text{suciraṃ } \beta_{\omega}$  **48\*1b**  $\text{srotaḥ } \eta_2\chi$ ]  $\text{srotaḥ } \beta_{\omega}$  **48\*1c**  $\text{tiṣṭhate } \chi$ ]  $\text{tiṣṭhamti } \beta_{\omega}$   $\text{tiṣṭhamti } \eta_2$  **49a**  $\text{pātāle yad viśati } \Gamma$ ]  $\text{pātālād yad viśati } \beta_1$   $\text{pātāle yadvitaya } \epsilon_4$   $\text{pātāle yadvitanta } \epsilon_3$   $\text{pātāle yadinaya } \epsilon_2$   $\text{pātāle yadvita } \eta_1$   $\text{yat prāleyaṃ cāpihita } \beta_{\omega}$   $\text{yat prāleyaṃ pihita } \alpha_2$   $\text{yat prāleya pihita } \eta_2$   $\text{yat prāleyaṃ prahita } \chi$  **suṣīraṃ**  $\epsilon_3\epsilon_4\chi$ ]  $\text{suṣīraṃ } \beta_1$   $\text{sukhiraṃ } \beta_{\omega}\Gamma\eta_2$   $\text{sukhire } \alpha_2$   $\text{sukhiraṃ } \epsilon_2$   $\text{stu[v]ijamaṃ/me } \eta_1$  **mūle tad asti**  $\beta_1$ ]  $\text{mūle yad asti } \gamma_2$   $\text{mūle yad asti } \alpha_2$   $\text{mūle tad asmin } \epsilon_2\epsilon_3\epsilon_4$   $\text{mūle pakṣasti } \gamma_1$   $\text{mūlad } \eta_1$   $\text{mūrdhhyataḥthyāṃ } \beta_{\omega}$   $\text{mūrdhni sthitaṃ } \eta_2$   $\text{mūrdhāntarasthaṃ } \chi$  **49b**  $\text{tattvaṃ caitat } \beta_1$ ]  $\text{tadvac caitat } \Gamma\epsilon_2$   $\text{tadvac caitā } \epsilon_4$   $\text{taddac caitat } \epsilon_3$   $\text{tasmims tattvaṃ } \beta_{\omega}\eta_2\chi$   $\text{tasmitvaṃ } \alpha_2$   $\text{asmi[m]s tatvaṃ yat } \eta_1$  **sudhis** cett.]  $\text{sudhī } \epsilon_4$   $\text{sudhās } \gamma_1$  **tan mukhaṃ** cett.]  $\text{tat sukhaṃ } \beta_1$  **nimnagānām** cett.]  $\text{niṣagmanām } \gamma_1$  **49c**  $\text{candrāt sārāḥ}$  cett.]  $\text{candrasāro } \eta_1$   $\text{candrā sārāḥ } \epsilon_3$   $\text{candrāt sārāṃ } \alpha_2\beta_1$   $\text{candraḥ sārāḥ } \epsilon_2$  **śravati/śravati** cett.]  $\text{grasati } \beta_2$   $\text{rapati } \gamma_1$   $\text{[sra]vamyai } \eta_1$  **vapuṣas** cett.]  $\text{vapuṣes } \eta_2$   $\text{vapayuṣes } \beta_{\omega}$   $\text{vapuṣā } \beta_1$  *om.*  $\epsilon_3$  **mṛtyur** cett.]  $\text{mrtyun } \beta_{\omega}\eta_2$  *om.*  $\epsilon_3$  **49d** **taṃ** cett.]  $\text{tad } \chi$  **badhniyāt** cett.]  $\text{cha\_yāt } \gamma_1$  *om.*  $\epsilon_3$  **sukaraṇamṛdā**  $\alpha_2\beta_1\epsilon_4$ ]  $\text{pakaraṇamṛdā } \epsilon_2$   $\text{kakaraṇam amṛtaṃ } \eta_1$   $\text{sukaraṇam atho } \beta_{\omega}\eta_2$   $\text{sukaraṇam adho } \chi$   $\text{sukhakaram atho } \gamma_2$   $\text{sukhakaraṇam artho } \gamma_1$  *om.*  $\epsilon_3$  **nānyathā** cett.]  $\text{nāmārthā } \gamma_1$  *om.*  $\epsilon_3$  **kāya**  $\beta_1\beta_{\omega}\Gamma\epsilon_2\eta_2\chi$ ]  $\text{kārya } \alpha_2\eta_1\epsilon_4$  *om.*  $\epsilon_3$  **50** **mūlabandhaḥ**  $\gamma_2\Delta$ ]  $\text{atha mūlabandhaḥ } \alpha_1\beta_1\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$   $\text{atha mūle bandhaḥ } \delta_3$  *om.*  $\gamma_1\epsilon_4$  **50a** **pārṣṇi** cett.]  $\text{pādima } \gamma_1$  **50b** **akuñcayed** cett.]  $\text{ākumcaned } \alpha_1$   $\text{ākum } \gamma_1$  **gudam** cett.]  $\text{dṛḍhaṃ } \eta_1\eta_2$  *om.*  $\gamma_1$  **50d** **'yam ucyate** cett.]  $\text{'yam īritāḥ } \delta_2$   $\text{'yam iṣyate } \beta_1\beta_{\omega}$   $\text{mayiṣyate } \alpha_1$   $\text{'bhidhiyate } \chi$  **51a** **adhogatim**  $\text{Be}_4\eta_1\chi$ ]  $\text{adhogatam } \alpha_1\Gamma\Delta\epsilon_2\eta_2$  **apānaṃ vai**  $\alpha_1\beta_1\Gamma\epsilon_2\epsilon_4\eta_2$ ]  $\text{apānaṃ vā } \chi$   $\text{apānaṃ ca } \beta_{\omega}$   $\text{apānaṃ tu } \Delta$   $\text{apānaivam } \eta_1$  **51b** **ūrdhvagaṃ** cett.]  $\text{mūrdhhaḥ } \alpha_1$   $\text{vidyūrdhagaṃ } \beta_{\omega}$  **balāt**  $\alpha_1\beta_1\beta_{\omega}\epsilon_4\eta_1\eta_2\chi$ ]  $\text{haṭhāt } \Gamma\Delta\epsilon_2$  **51c** **akuñcanena** cett.]  $\text{akuñcya tena } \eta_2$  **taṃ** cett.]  $\text{ta } \delta_1$   $\text{te } \delta_2$   $\text{tu } \beta_1$  **prāhur** cett.]  $\text{grāhyaṃ } \epsilon_2\epsilon_4$  **51d** **mūlabandham** cett.]  $\text{mūlabandho } \eta_2$  **tu**  $\beta_1\beta_2\Gamma\Delta$ ]  $\text{hi } \alpha_1\beta_{\omega}\epsilon_2\epsilon_4\eta_1\eta_2\chi$

<sup>19</sup>  $\epsilon_3$  jumps to Jālandharabandha (3.67) from here. For the lost part (3.50–66)  $\epsilon_5$  is used instead.

<sup>20</sup>  $\beta_1\beta_2$  has this verse immediately after 3.38,  $\alpha_1\Delta$  in Ch. 4 (4.25), and  $\Gamma$  in both Ch. 3 and 4.

<sup>21</sup>  $\beta_{\omega}\chi$  have the Mūlabandha section after the Uḍḍiyāna. Cf. 3.6.

गुदं पाष्ण्या तु संपीड्य वायुमाकुञ्चयेद्वलात् ।  
वारं वारं यथा चोर्ध्वं समायाति समीरणः ॥ 3.52

प्राणापानौ नादबिन्दू मूलबन्धेन चैकताम् ।  
गत्वा योगस्य संसिद्धिं यच्छतो नात्र संशयः ॥ 3.53

अपानप्राणयोरैक्यं क्षयो मूत्रपुरीषयोः ।  
युवा भवति वृद्धोऽपि सततं मूलबन्धनात् ॥<sup>22</sup> 3.54

अपाने चोर्ध्वगे जाते संप्राप्ते वह्निमण्डलं ।  
तदानलशिखा दीर्घा वर्धते वायुनाहता ॥ 3.55

ततो यातौ<sup>#</sup> वह्न्यपानौ प्राणमुष्ण स्वरूपकम् ।  
तेनात्यन्तप्रदीप्तस्तु ज्वलनो देहजस्तथा ॥ 3.56

**52a** gudam cett.] gulpha  $\varepsilon_2$  pārṣṇī°  $\beta_1$  pārṣṇyā tu  $\alpha_1\beta_\omega\Delta\eta_2\chi$ ] pārśnī tu  $\gamma_2$  pādarmyām tu  $\gamma_1$  pārṣṇyā ca  $\varepsilon_2\varepsilon_4\eta_1$  °nā gudam  $\beta_1$  sampiḍya cett.] āpiḍya  $\beta_1$  **52b** vāyum ā°  $\alpha_1\beta_1\beta_\omega\Gamma\eta_1\eta_2\chi$ ] vāyunā  $\varepsilon_2\varepsilon_4$  yonim ā°  $\Delta$  balāt cett.] balat  $\gamma_2$  **52c** yathā  $\alpha_1\beta_1\beta_\omega\varepsilon_2\varepsilon_4\eta_1\eta_2\chi$ ] tathā  $\Gamma\Delta$  **53a** nādabindū cett.] nādabindu  $\alpha_1\beta_\omega\varepsilon_2\eta_2$  **53b** caikatām cett.] caikatā  $\beta_1\varepsilon_2$  cakataṃ  $\gamma_1$  caikataḥ  $\beta_\omega$  **53c** saṃsiddhiṃ  $\alpha_1\beta_1\beta_\omega\gamma_2\delta_1\delta_2\varepsilon_4\eta_1\chi$ ] saṃsiddhir  $\gamma_1\delta_3\varepsilon_2$  saṃsiddhyaiḥ  $\eta_2$  **53d** yacchato  $\beta_\omega\chi$ ] yakṣyato  $\beta_1$  yichato  $\alpha_1$  gacchato  $\Delta\varepsilon_2$  gacchate  $\gamma_2$  gacchata  $\gamma_1$  gacchata°  $\varepsilon_4$  prāpnoty e°  $\eta_1$  pamāta  $\eta_2$  nātra cett.] °sya na  $\varepsilon_4$  °va na  $\eta_1$  tra na  $\eta_2$  **54a** °yor aikyaṃ cett.] °yor aikya  $\gamma_1$  °yor aikye  $\eta_2$  °yoś caikyam  $\delta_2$  °yor aikyāt  $\varepsilon_4$  **54b** kṣayo cett.] kṣayān  $\gamma_1\varepsilon_4$  **54d** bandhanāt cett.] bandhataḥ  $\delta_1$  **55a** apāne cett.] apāna  $\chi$  apānam  $\beta_\omega\gamma_2$  cordhvage jāte cett.] cordhvage yāte  $\delta_1$  cordhvam āpāte  $\eta_2$  ūrdhvage jāte  $\chi$  **55b** saṃprāpte  $\beta_1\beta_2\Gamma\Delta\varepsilon_2$ ] saṃyāte  $\beta_\omega$  prayāte  $\alpha_1\alpha_2\varepsilon_4\eta_1\eta_2\chi$  vahnimaṇḍalam  $\alpha_1\beta_\omega\chi$ ] vahnimaṇḍale  $\beta_1\Gamma\Delta\varepsilon_2\varepsilon_4\eta_1$  nāb-himaṇḍalam  $\eta_2$  **55c** tadānala cett.] tadānale  $\varepsilon_2$  tathānala  $\eta_1$  tathānala  $\delta_3\eta_2$  **55d** vardhate vāyunāhatā  $\alpha_1\beta_1\beta_\omega\Gamma\varepsilon_2$ ] bāṃdhane vāyunāhatā  $\Delta$  kriyate vāyunāhatāḥ  $\eta_2$  jāyate vāyunāhatā  $\chi$  vāyunā vardhate hatā  $\varepsilon_4$  vāyunā preritā tathā  $\eta_1$  **56a** tato cett.] yātā  $\eta_1$  yātau  $\beta_1$ ] yāto  $\eta_1\chi$  yāte  $\eta_2$  yātau  $\gamma_2\Delta\varepsilon_4$  jāta  $\gamma_1$  jāto  $\beta_\omega$  vahnim  $\varepsilon_2$  vahnypānau  $\gamma_2\Delta\varepsilon_4\eta_1\chi$ ] vahnipānau  $\alpha_1$  vahnionau  $\eta_2$  bāhyapānau  $\beta_1$  bāṃdhapānau  $\gamma_1$  vardhapānai  $\beta_\omega$  apānai ca  $\varepsilon_2$  **56b** prāṇam uṣṇa  $\alpha_3\beta_1\varepsilon_2\varepsilon_4\chi$ ] prāṇam uṣma  $\beta_\omega\gamma_2$  prāṇamukta  $\delta_1\delta_3$  prāṇamuk-tam  $\delta_2$  prāṇamūla  $\alpha_1\alpha_2\eta_1\eta_2$  svarūpakam cett.] svarūpakāḥ  $\eta_2$  svarūpakau  $\eta_1$  svarūpavat  $\delta_3$  **56c** tenātyanta  $\Gamma\Delta\eta_1\chi$ ] tenātyantaṃ  $\alpha_1$  tenābhyanta  $\beta_\omega$  tenābhyantaḥ  $\eta_2$  tenāyamaṇa  $\beta_1$  tatotyantaṃ  $\varepsilon_4$  tailābhyantaḥ  $\varepsilon_2$  pradīptas tu cett.] pradīpas tu  $\varepsilon_4\eta_1$  pradīpāsau  $\varepsilon_2$  **56d** jvalano dehajas tathā cett.] jvalato dehataḥ tadā  $\beta_1$  kuto dehaḥkṣayas tadā  $\eta_2$

<sup>22</sup>  $\gamma_1$  adds the following verse here: बन्धमूलं येन तेन तेन विघ्नं निवारितः । अजरामरतां याति यथा पद्ममुखो हरः ॥



तेन कुण्डलिनी सुप्ता संतप्ता संप्रबुध्यते ।  
दण्डाहता भुजङ्गीव निश्चस्य<sup>#</sup> ऋजुतां व्रजेत् ॥

3.57

बिलं प्रविष्टेव ततो ब्रह्मनाड्यन्तरं व्रजेत् । (ab om. Δ)  
तस्मान्नित्यं मूलबन्धः कर्तव्यो योगिभिः सदा ॥

3.58

अथ उड्डियानबन्धः ।

बद्धो येन सुषुम्णायां प्राणस्तुड्डीयते यतः ।  
तस्मादुड्डीयानख्यो<sup>#</sup>ऽयं योगिभिः समुदाहृतः ॥

3.59

उड्डीनं कुरुते यस्मादविश्रान्तं महास्वगः ।  
उड्डियानं तदेव स्यात्तत्र<sup>#</sup> बन्धो विधीयते ॥

3.60

उदरे पश्चिमं तानं<sup>#</sup> नाभेरूर्ध्वं च कारयेत् ।  
उड्डियानो ह्यसौ बन्धो मृत्युमातङ्गकेसरी ॥ (cd om. β<sub>ω</sub>)

3.61

**57b samtaptā** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>Γε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>χ] satatam Δε<sub>2</sub> **samprabudhyate** α<sub>1</sub>β<sub>1</sub>Γε<sub>4</sub>η<sub>2</sub>χ] samprabudhyati η<sub>1</sub> sa prabudhyate β<sub>ω</sub> sā prabuddhyate δ<sub>2</sub> sā prabodhyate δ<sub>3</sub> samprabodhyate ε<sub>2</sub> sānubodhyate δ<sub>1</sub> **57d niśvasya** α<sub>1</sub>β<sub>2</sub>ε<sub>4</sub>χ] viśvasya β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub> niścayam δ<sub>2</sub> niścayād δ<sub>3</sub> niścitam Γδ<sub>1</sub>ε<sub>2</sub> **rjutām vrajet** cett.] rujutām vrjet α<sub>1</sub> rijutām iyāt η<sub>2</sub> **58a praviṣṭeva** α<sub>1</sub>Γδ<sub>1</sub>ε<sub>2</sub>ε<sub>4</sub>η<sub>1</sub>χ] praviṣṭe ca β<sub>1</sub> praviṣṭam ca β<sub>ω</sub> praviṣṭas ca η<sub>2</sub> om. Δ **tato** cett.] to γ<sub>1</sub> om. Δ **58b brahma** cett.] tha\_ γ<sub>1</sub> om. Δ **nādyantaram** cett.] nādyāntaram β<sub>1</sub>ε<sub>4</sub> nādyantare η<sub>2</sub> om. Δ **58c tasmān** cett.] tato δ<sub>2</sub> **n nityam** cett.] nityo ε<sub>2</sub> **59 atha uddīyānabandhaḥ** γ<sub>1</sub>] atha uddīyānam bandhaḥ η<sub>2</sub> atha uddīyānabandhaḥ ε<sub>2</sub> atha uddīyānabandhaḥ χ uddīyānabandhaḥ δ<sub>2</sub> uddīyānam bandhaḥ γ<sub>2</sub> athodddīyānam α<sub>1</sub> athodddīyānam β<sub>ω</sub> athodddīyānam β<sub>1</sub> athodddīyānabandhaḥ δ<sub>3</sub> athodddīyānabandhaḥ η<sub>1</sub> om. δ<sub>1</sub>ε<sub>4</sub> **59a baddho** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>γ<sub>2</sub>δ<sub>1</sub>δ<sub>2</sub>χ] bandho δ<sub>3</sub>ε<sub>2</sub> ūrdhvo η<sub>1</sub>η<sub>2</sub> ūrdhvā ε<sub>4</sub> vidrā γ<sub>1</sub> **yena suṣuṃpnāyam** cett.] kṣitāḥ suṣuṃpnāyāḥ η<sub>2</sub> **59b prāṇas** cett.] prāṇam β<sub>1</sub>ε<sub>2</sub>η<sub>1</sub> **tūddīyate** α<sub>1</sub>γ<sub>2</sub>δ<sub>1</sub>ε<sub>4</sub>η<sub>2</sub>χ] tūddīyate β<sub>ω</sub> tudīyate γ<sub>1</sub> tūddīyate δ<sub>2</sub> tūyate δ<sub>3</sub> uddīyate ε<sub>2</sub> uddīyate β<sub>1</sub> udyayate η<sub>1</sub> **yataḥ** cett.] punaḥ δ<sub>3</sub> **59c tasmād** cett.] tasmātu γ<sub>2</sub> tasmāc ca η<sub>2</sub> **uddīyānākhyo m.c.** δ<sub>1</sub>δ<sub>3</sub>χ] uddīyānākhyo γ<sub>2</sub>η<sub>2</sub> uddīyānākhyo η<sub>1</sub> uddīyānākhyo γ<sub>1</sub> uddīyānākhyo ε<sub>2</sub> uddīyānākhye α<sub>1</sub>ε<sub>4</sub> uddīyānākhye β<sub>ω</sub> uddīyānākhyam β<sub>1</sub> uddīyamāno δ<sub>2</sub> **'yam** cett.] sau δ<sub>2</sub> tad β<sub>1</sub> om. η<sub>2</sub> **59d samudāhṛtaḥ** cett.] samudāhṛtam β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub> **60a uddīnam** Δχ] uddīnam β<sub>ω</sub> udyānam β<sub>1</sub>ε<sub>4</sub> udyānam α<sub>1</sub>γ<sub>2</sub> uddīyānam γ<sub>1</sub>η<sub>2</sub> uddīyānam η<sub>1</sub> uddīyānam ε<sub>2</sub> **kurute** cett.] kṛyate γ<sub>2</sub> kṛte ε<sub>2</sub> **60b aviśrāntam** β<sub>1</sub>β<sub>ω</sub>Δε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ] aviśrānta α<sub>1</sub>α<sub>2</sub>β<sub>2</sub> aviśrānto γ<sub>2</sub>ε<sub>4</sub> aviśrāntā γ<sub>1</sub> **60c uddīyānam** Γη<sub>2</sub>] uddīyānam Δε<sub>4</sub>χ uddīyānam α<sub>1</sub>ε<sub>2</sub>η<sub>1</sub> uddīyānam β<sub>ω</sub> uddīyānam β<sub>1</sub> **eva** cett.] evam δ<sub>1</sub> evaḥ ε<sub>2</sub> **60d tatra** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>4</sub>η<sub>1</sub>χ] kṣetra η<sub>2</sub> mūla Δ **vidhiyate** α<sub>2</sub>β<sub>1</sub>γ<sub>2</sub>ε<sub>4</sub>] 'bhidhiyate cett. nigadyate γ<sub>1</sub> **61a udare** cett.] udarāt β<sub>ω</sub> **paścimam** α<sub>2</sub>β<sub>1</sub>γ<sub>2</sub>δ<sub>3</sub>η<sub>1</sub>χ] paścima α<sub>1</sub>γ<sub>1</sub>η<sub>2</sub> paścime β<sub>ω</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>ε<sub>4</sub> **tānam** β<sub>1</sub>Γδ<sub>1</sub>δ<sub>3</sub>ε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>χ] tānam α<sub>1</sub>α<sub>2</sub>δ<sub>2</sub>ε<sub>2</sub> bhāge β<sub>ω</sub> **61b ūrdhvaṃ** cett.] ūrdhve η<sub>2</sub> **ca** cett.] tu ε<sub>2</sub>η<sub>2</sub> **61c uddīyāno** Γδ<sub>1</sub>η<sub>2</sub>] uddīyāno δ<sub>2</sub>δ<sub>3</sub>ε<sub>4</sub>χ uddīyāno η<sub>1</sub> uddīyāno α<sub>1</sub>ε<sub>2</sub> uddīyāno β<sub>1</sub> om. β<sub>ω</sub> **asau** α<sub>1</sub>β<sub>1</sub>Γε<sub>2</sub>ε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>χ] asam δ<sub>3</sub> ayaṃ δ<sub>1</sub>δ<sub>2</sub> om. β<sub>ω</sub> **61d kesarī** cett.] khecarī ε<sub>4</sub> om. β<sub>ω</sub>

उड्डियानं तु सहजं गुरुणा कथितं सदा<sup>#</sup> ।  
अभ्यसेदस्ततन्द्रस्तु<sup>#</sup> वृद्धोऽपि तरुणो भवेत् ॥

3.62

नाभेरूर्ध्वमधश्चापि तानं कुर्यात्प्रयत्नतः ।  
षण्मासमभ्यसन्मृत्युं जयत्येव न संशयः ॥

3.63

सति वज्रासने पादौ<sup>#</sup> कराभ्यां धारयेद्दृढम् ।  
गुल्फदेशसमीपे च<sup>#</sup> कन्दं तत्र प्रपीडयेत् ॥<sup>23</sup>

3.64

पश्चिमं तानमुदरे कारयेद्दृढये गले<sup>#</sup> ।  
शनैः शनैर्यथा प्राणस्तुन्दसंधिं न गच्छति<sup>#</sup> ॥ (om.  $\chi$ )

3.65

सर्वेषामेव बन्धानामुत्तमो ह्युड्डियानकः ।  
उड्डियाने दृढे बन्धे मुक्तिः स्वाभाविकी भवेत् ॥

3.66

**62a uḍḍiyānaṃ**  $\Gamma\delta_1\eta_2$ ] uḍḍiyānaṃ  $\eta_1$  uḍḍiyānaṃ  $\delta_2\delta_3\epsilon_4\chi$  uḍḍiyānaṃ  $\alpha_1\epsilon_2$  uḍḍiyānaṃ  $\beta_1$  uḍḍiyānaṃ  $\beta_\omega$  **sahajaṃ** cett.] yaḥ sahate  $\gamma_2$  **62b guruṇā** cett.] gurūṇāṃ  $\beta_\omega$  **sadā**  $\alpha_1\beta_1\beta_\omega\epsilon_2\epsilon_4\eta_1\eta_2\chi$ ] yathā  $\Gamma\Delta$  **62c abhyāsed/-set** cett.] abhyāsen  $\gamma_1$  abhyāsāt  $\beta_\omega$  abhyāsa°  $\beta_1$  **astatandras tu** < °tadras tu  $\alpha_1\alpha_2$ ] asya taṃtrasya  $\epsilon_2$  asya taṃtram tu  $\epsilon_4$  tad atandras tu  $\gamma_2\Delta$  na taṃdras tu  $\gamma_1$  °taḥ svatantras tu  $\beta_1$  yo hy atandras  $\eta_1$  satataṃ yas tu  $\beta_\omega\eta_2\chi$  **62d vṛddho** cett.] vṛddhā  $\gamma_1$  **taruṇo bhavet**  $\alpha_1\alpha_2\beta_2\beta_\omega\epsilon_2\eta_1\eta_2$ ] taruṇāyate  $\beta_1\Gamma\Delta\epsilon_4\chi$  **63a ante nābher** **add. pāthāntaram**  $\beta_1$  **nābher** cett.] nābhed  $\gamma_2$  **adhaś cāpi** cett.] adho vāpi  $\Delta$  adhaḥkāya  $\eta_1$  avasthāpya  $\beta_1$  **63b tānaṃ**  $\beta_1\Gamma\Delta\epsilon_4\eta_2\chi$ ] tānaṃ  $\alpha_1\beta_2\beta_\omega\epsilon_2\eta_1$  **prayatnataḥ** cett.] ca yatnataḥ  $\eta_2$  **63c śaṇmāsam** cett.] yogī sam°  $\eta_1\eta_2$  **abhyasan**  $\alpha_1\beta_2\Gamma\eta_2$ ] abhyasen  $\beta_\omega\delta_2\delta_3\epsilon_2\epsilon_4\eta_1\chi$  abhyaseni  $\delta_1$  ca samabhyān  $\beta_1$  **63d jayaty eva na saṃśayaḥ** cett.] mūlaṃ jayaty asaṃśayaḥ  $\beta_1$  **64a vajrāsane** cett.] vajrāsanaṃ  $\gamma_1$  vajrāsanaṃ  $\alpha_1$  **64b karābhyāṃ dhārayed dṛḍham** (dhārayad  $\eta_2$ ) cett.] karābhyā dhārayaṃ dṛḍhaṃ  $\eta_1$  karābhyāṃ kāraye dṛḍhaṃ  $\alpha_1$  karā\_ sandhāraye dṛḍhe  $\gamma_1$  **64c deśa** cett.] deśe  $\epsilon_2$  deśaṃ  $\alpha_1$  **samīpe ca**  $\alpha_1\beta_1\beta_\omega\Gamma\epsilon_4\eta_1\eta_2\chi$ ] samīpaṃ ca  $\delta_2\delta_3\epsilon_2$  samīpaṃ tu  $\delta_1$  **64d kandaṃ** cett.] kaṇḍhaṃ  $\delta_1$  skandaṃ  $\delta_3$  **tatra**  $\beta_1\Gamma\Delta\epsilon_2\epsilon_4\chi$ ] tacca  $\beta_\omega\eta_2$  tava  $\alpha_1$  tasya  $\eta_1$  **prapīdayet**  $\beta_1\Gamma\Delta\epsilon_2\epsilon_4\chi$ ] prapīdyate  $\alpha_1\beta_\omega\eta_1\eta_2$  **65a paścimaṃ tānaṃ** cett.] paścimaṃ tānaṃ  $\beta_2\eta_1$  paścimatānaṃ  $\alpha_1\beta_\omega$  **udare**  $\alpha_1\beta_1\beta_\omega\gamma_2\Delta\epsilon_4$ ] udara  $\gamma_1$  udaraṃ  $\epsilon_2$  upari  $\eta_1\eta_2$  **65b kārayed** cett.] pīdayed  $\eta_2$  **dhṛdaye** †gale†  $\alpha_1\beta_1\beta_\omega\gamma_2\epsilon_4\eta_1\eta_2$ ] dhṛdaye gataiḥ  $\gamma_1$  udare hr̥di  $\delta_1$  cibukaṃ hr̥di  $\delta_3$  cibukaṃ hr̥dā  $\delta_2$  vṛddhidam śanaīḥ  $\epsilon_2$  **65c śanair yathā** cett.] śanair [yato]  $\epsilon_4$  **om.**  $\gamma_1$  **prāṇās**  $\alpha_1\beta_\omega\Delta\eta_1$ ] prāṇās  $\Gamma$  prāṇaṃ  $\beta_1\epsilon_2\epsilon_4$  prāṇo  $\eta_2$  **65d tunda**  $\alpha_1\beta_1\gamma_2\delta_1\delta_2\epsilon_2$ ] tuda  $\beta_\omega\eta_1$  taṃda  $\gamma_1$  tadā  $\delta_3$  nāḍi  $\eta_2$  ūrdhva  $\epsilon_4$  **saṃdhiṃ**  $\alpha_1\beta_2\Gamma\delta_1\delta_3\epsilon_4\eta_1$ ] saṃdhi  $\beta_\omega\epsilon_2\eta_2$  siṃdhiṃ  $\delta_2$  siddhiṃ  $\beta_1$  **na**  $\alpha_1\beta_1\beta_\omega\Gamma\epsilon_2\epsilon_4\eta_1$ ] ca  $\Delta$  ni°  $\eta_2$  **66b uttamo** cett.] uttamaṃ  $\epsilon_2$  **hy uḍḍiyānakah**  $\Gamma\Delta\epsilon_4\eta_2\chi$ ] hy uḍḍiyānakah  $\eta_1$  hy uḍḍiyānakah  $\alpha_1$  hy uḍḍiyānakam  $\epsilon_2$  hy uḍḍiyānakah  $\beta_1$  hy uḍḍiyānakah  $\beta_\omega$  **66c uḍḍiyāne**  $\Gamma\delta_1\eta_2\chi$ ] uḍḍiyāne  $\delta_2\delta_3\epsilon_4$  uḍḍiyāne  $\alpha_1\epsilon_2$  uḍḍiyāne  $\eta_1$  uḍḍiyāne  $\beta_1$  uḍḍiyāne  $\beta_\omega$  **dṛḍhe** cett.] kṛte  $\Gamma\Delta$  **bandhe** cett.] baddhe  $\beta_1$  **66d muktiḥ**  $\alpha_1\beta_2\beta_\omega\epsilon_2\epsilon_4\eta_2\chi$ ] muktiṃ  $\eta_1$  mūlaṃ  $\beta_1\Gamma\Delta$  **svābhāviki**  $\alpha_1\beta_2\beta_\omega\epsilon_2\epsilon_4\chi$ ] svābhāvaki  $\eta_2$  svābhāvikam  $\beta_1\Delta\eta_1$  svabhāvikam  $\gamma_2$  bhāvikam  $\gamma_1$

<sup>23</sup> In  $\chi$  this verse appears much later as 3.114 in the printed edition.

अथ जालन्धरबन्धः ।

कण्ठमाकुञ्च्य हृदये स्थापयेच्चिबुकं दृढम् । [ε<sub>3</sub> resumes]

बन्धो जालन्धराख्योऽयं अमृताव्ययकारकः ॥

3.67

बध्नाति हि शिराजालमधोगामि नभोजलम् ।

ततो जालन्धरो बन्धः कण्ठदुःखौघनाशनः ॥

3.68

जालन्धरे कृते बन्धे कण्ठसंकोचलक्षणे ।

न पीयूषं पतत्यग्नौ न च वायुः प्रधावति ॥

3.69

कण्ठसंकोचनेनैव द्वे नाड्यौ स्तम्भयेदृढं ।

मध्यचक्रमिदं ज्ञेयं षोडशाधारबन्धनम् ॥ (cd om. η<sub>1</sub>)

3.70

बन्धत्रयमिदं श्रेष्ठं महासिद्धैर्निषेवितम् ।

सर्वेषां हठतन्त्राणां साधनं योगिनो विदुः ॥ (om. Δ)<sup>24</sup>

3.71

**67** atha jālandharabandhaḥ β<sub>1</sub>δ<sub>3</sub>ε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>χ] jālandharabandhaḥ γ<sub>2</sub>δ<sub>2</sub> atha nāsaṃdharabandhaḥ γ<sub>1</sub> atha jālaṃdharibandhaḥ ε<sub>2</sub> atha jālaṃdharah α<sub>1</sub> atha jālaṃdharam β<sub>ω</sub> om. δ<sub>1</sub> **67b** cibukam dṛḍham β<sub>1</sub>γ<sub>2</sub>χ] dṛḍham icchayā β<sub>2</sub>β<sub>ω</sub>Δη<sub>1</sub>η<sub>2</sub> dṛḍham icchayā α<sub>1</sub> dṛḍham icchayet ε<sub>2</sub> dṛḍhaniś-cayāt ε<sub>3</sub> om. γ<sub>1</sub> **67d** amṛtāvayakāraḥ ε<sub>3</sub>] amṛtāvayakāraḥ β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub> amṛtāvapakāraḥ α<sub>1</sub> amṛtākṣayakāraḥ δ<sub>1</sub> amṛtākṣayakāraḥ δ<sub>3</sub> amṛtākṣarakāraḥ δ<sub>2</sub> mṛtyor mṛtyuḥ paro mataḥ (mṛtaḥ γ<sub>1</sub>) Γ mṛtyumātamaṅgakesarī β<sub>1</sub> jarāmṛtyuvinaśakaḥ η<sub>1</sub>η<sub>2</sub>χ **68a** badhnāti hi α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] badhnāti ha γ<sub>1</sub> badhnātiha Δ badhnātiḥ γ<sub>2</sub> śirā (sirā χ) β<sub>1</sub>γ<sub>2</sub>δ<sub>1</sub>η<sub>2</sub>χ] śiro β<sub>ω</sub>γ<sub>1</sub>δ<sub>2</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub> śilā α<sub>1</sub> jālam cett.] jālām β<sub>ω</sub> **68b** adhogāmi α<sub>1</sub>β<sub>1</sub>γ<sub>2</sub>Δε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] adhogāmi γ<sub>1</sub> madhyegāmi β<sub>ω</sub> nādhāyāti η<sub>1</sub> **68d** kaṇṭha α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>γ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>χ] kaṇṭhe γ<sub>1</sub>Δη<sub>1</sub>η<sub>2</sub> duḥkhaugha cett.] **69c** pataty cett.] prayāty δ<sub>1</sub> kṣaraty γ<sub>1</sub> **69d** pradhāvati α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>] prakupyati Δη<sub>1</sub>χ **70a** saṃkocanenaiva cett.] saṃkocane dehe η<sub>1</sub> **70b** dve nāḍyau α<sub>1</sub>β<sub>1</sub>γ<sub>2</sub>Δε<sub>3</sub>η<sub>2</sub>χ] dvau nāḍyau ε<sub>2</sub> γ<sub>2</sub>pc dvināḍyau β<sub>1</sub> \_ nā \_ γ<sub>1</sub> nāḍyau ca η<sub>1</sub> gap β<sub>ω</sub> stambhayed α<sub>1</sub>β<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] stambhite ΓΔε<sub>2</sub> gap β<sub>ω</sub> dṛḍham α<sub>1</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ] dhruvam β<sub>2</sub>Γδ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub> dhruve δ<sub>2</sub> dhruvam ε<sub>3</sub> dhruvam β<sub>1</sub> gap β<sub>ω</sub> **70c** madhyacakraṃ α<sub>1</sub>β<sub>1</sub>γ<sub>2</sub>Δε<sub>2</sub>ε<sub>3</sub>χ] madhyakram γ<sub>1</sub> madhye cakram β<sub>ω</sub> madhyam cakram η<sub>2</sub> om. η<sub>1</sub> jñeyam cett.] ya γ<sub>1</sub> om. η<sub>1</sub> **71b** mahāsid-dhair α<sub>1</sub>γ<sub>2</sub>ε<sub>2</sub>] mahāsiddhaiḥ η<sub>1</sub>η<sub>2</sub>χ mahāsiddhe γ<sub>1</sub> mahāsiddhi β<sub>1</sub>ε<sub>3</sub> mahāsiha β<sub>ω</sub> niṣevi-tam α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ΓΔε<sub>2</sub>] ca sevitaṃ η<sub>1</sub>η<sub>2</sub>χ pradāyakam ε<sub>3</sub> **71c** haṭha α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>γ<sub>2</sub>χ] yoga γ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub> **71d** sādhanam cett.] sāranaṃ γ<sub>1</sub>

<sup>24</sup> In χ this verse is found after 3.74.

अधस्तात्कुञ्चनेनाशु कण्ठसंकोचने कृते ।

मध्ये पश्चिमतानेन स्यात्प्राणो ब्रह्मनाडिगः ॥  $(\Gamma\eta_1\eta_2)^{25}$  [= 2.46]

3.72

मूलस्थानं समाकुञ्च्य उड्डियानं तु कारयेत् । (ab om.  $\Delta\eta_2$ )

इडां च पिङ्गलां बद्धा वाहयेत्पश्चिमं पथम् ॥ (cd om.  $\eta_2$ )

3.73

अनेनैव विधानेन प्रयाति पवनो लयम् ।

ततो न जायते मृत्युर्जरारोगादिकं तथा ॥

3.74

अथ विपरीतकरणी ।

यत्किञ्चित् खवते चन्द्राद् अमृतं दिव्यरूपि च ।

तत्सर्वं ग्रसते सूर्यस् तेन पिण्डं विनाशि च ॥ (om.  $\alpha_1\epsilon_3\eta_1\eta_2$ )<sup>26</sup>

3.75

तत्रास्ति करणं दिव्यं सूर्यस्य मुखबन्धनम्<sup>#</sup> ।

गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥ (om.  $\alpha_1\epsilon_3\eta_1\eta_2$ )

3.76

**72a** kuñcanenaśu  $\eta_1\eta_2$ ] kuñcanenaiva  $\Gamma$  **72b** samkocane kṛte  $\eta_1\eta_2$ ] samkocanena ca  $\Gamma$   
**72c** madhye  $\eta_1$ ] madhya  $\Gamma\eta_2$  **73a** samākuñcya  $\alpha_1\beta_1\beta_\omega\epsilon_3\eta_1\chi$ ] samākṛṣya  $\Gamma\epsilon_2$  om.  $\Delta\eta_2$   
**73b** uḍḍiyānaṁ  $\Gamma\epsilon_3\chi$ ] uḍḍiyānaṁ  $\eta_1$  uḍḍiyānaṁ  $\alpha_1\epsilon_2$  uḍḍiyānaṁ  $\beta_1$  uḍḍiyānaṁ  $\beta_\omega$  om.  $\Delta\eta_2$   
**73c** idāṁ ca piṅgalāṁ  $\beta_\omega\gamma_2\Delta\epsilon_3\chi$ ] idā ca piṅgalā  $\alpha_1\beta_1\gamma_1\epsilon_2$  idāpiṅgalāṁ  $\eta_1$  om.  $\eta_2$  **baddhvā**  
 cett.] baddhā  $\epsilon_2$  om.  $\eta_2$  **73d** paścimaṁ  $\alpha_2\beta_1\Gamma\Delta\epsilon_2\eta_1$ ] paścimāṁ  $\beta_\omega$  paścimā  $\alpha_1\epsilon_3$  om.  $\eta_2$   
 paścime  $\chi$  **patham** cett.] pathi  $\chi$  om.  $\eta_2$  **74a** anenaiva vidhānena cett.] brahmasthā-  
 nasthito rodhaḥ  $\eta_2$  **74b** prayāti  $\Gamma\epsilon_3\eta_1\eta_2\chi$ ] sevayet  $\alpha_1\alpha_2\beta_1\beta_\omega\delta_1\delta_3$  [s[e[vay]e[t]  $\delta_2$  vaśayet  $\epsilon_2$   
**pavano layam**  $\beta_\omega\gamma_2\epsilon_3\eta_1\eta_2\chi$ ] pavano laṅgaṁ  $\gamma_1$  pavanālayam  $\alpha_1\alpha_2\beta_1\delta_2\epsilon_2$  pavanānalam  $\delta_3$  paścimā-  
 nalam  $\delta_1$  **74c** mṛtyur  $\alpha_1\beta_1\beta_\omega\gamma_2\delta_3\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] mṛtyu  $\delta_1\delta_2$  mṛtyuṁ  $\gamma_1$  **74d** jarārogādikaṁ  
 $\Gamma\delta_2\delta_3\epsilon_2\eta_1\chi$ ] jarārogādikā  $\alpha_2\beta_1\beta_\omega$  jarārogādikas  $\alpha_1$  jarāmohādikaṁ  $\epsilon_3$  jvaro rogādikas  $\delta_1$  nāsyā  
 jarādikaṁ  $\eta_2$  **tathā** cett.] vyathā  $\alpha_2$  kathā  $\beta_1\beta_\omega$  tadā  $\alpha_1$  **75** atha  $\alpha_1\beta_1\beta_\omega\gamma_1\delta_3\epsilon_2\epsilon_3\eta_1\eta_2$ ] om.  
 $\gamma_2\Delta\chi$  **viparītakaraṇi**  $\beta_1\beta_\omega\Gamma\delta_2\epsilon_3\eta_1\eta_2$ ] viparītakaraṇiṁ  $\alpha_1$  viparītakaraṇaṁ  $\epsilon_2$  viparītakam  $\delta_3$   
 om.  $\delta_1\chi$  **75a** sravate  $\beta_1\beta_\omega\gamma_2\Delta\epsilon_2\chi$ ] sravanaṁ  $\gamma_1$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **candrād**  $\beta_1\gamma_2\Delta\chi$ ] can-  
 dra  $\beta_\omega$  caṁdrāṁ  $\epsilon_2$  ceda«m»  $\gamma_1$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **75b** divyarūpi ca  $\Gamma\Delta$ ] divyarūpiṇaṁ  $\epsilon_2$   
 divyarūpiṇaḥ  $\beta_1\chi$  divyarūpagah  $\beta_\omega$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **75c** sūryas  $\beta_1\beta_\omega\Gamma\Delta\chi$ ] roho  $\epsilon_2$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$   
**75d** piṇḍaṁ  $\beta_1\beta_\omega\gamma_2\Delta\epsilon_2$ ] piḍaṁ  $\gamma_1$  piṇḍo  $\chi$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **vināsi** ca  $\Gamma\delta_2\delta_3\epsilon_2$ ] vinasyati  $\delta_1$   
 jarāyutaṁ  $\beta_1\beta_\omega$  jarāyutaḥ  $\chi$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **76a** tatrāsti  $\beta_1\beta_\omega\Gamma\delta_1\delta_3\epsilon_2\chi$ ] tato sti  $\delta_2$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$   
**76b** bandhanam cett.] vañcanam  $\chi$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **76c** jñeyam  $\beta_1\beta_\omega\gamma_2\Delta\epsilon_2\chi$ ] \_yaṁ  $\gamma_1$  om.  
 $\alpha_1\epsilon_3\eta_1\eta_2$  **76d** na tu  $\beta_1\beta_\omega\gamma_2\Delta\epsilon_2\chi$ ] rtu  $\gamma_1$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$

<sup>25</sup>  $\alpha_1\beta_1\beta_\omega\epsilon_2\epsilon_3\chi$  have this verse in chp. 2.  $\Gamma\eta_1\eta_2$  have this in both chapters.  $\Delta$  does not have it at all.

<sup>26</sup> \* has this pair of verses in Ch. 4: यत्किञ्चित्खवते चन्द्रादमृतं दिव्यरूपिणः । तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं जरायुतं ॥  
 तत्रास्ति करणं दिव्यं सूर्यस्य परिवन्धनं । गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥

ऊर्ध्वं नाभिरधस्तालुरुर्ध्वं भानुरधः शशी ।  
करणी विपरीताख्या गुरुवाक्येन लभ्यते ॥ (cd om.  $\beta_1\delta_1\delta_2\epsilon_2\eta_2$ ) 3.77

करणी विपरीताख्या सर्वव्याधिविनाशिनी । (ab om.  $\delta_3\chi$ )  
नित्यमभ्यासयुक्तस्य जठराग्निविवर्धनी ॥ 3.78

आहारो बहुलस्तस्य संपाद्यः साधकस्य तु ।  
अल्पाहारो यदि भवेदग्निर्देहं दहेत्क्षणात् ॥ 3.79

अधःशिराश्चोर्ध्वपादः क्षणं स्यात्प्रथमे दिने ।  
क्षणाच्च किञ्चिदधिकमभ्यसेच्च दिने दिने ॥ (cd om.  $\delta_1$ ) 3.80

वलिश्च पलितं चैव षण्मासोर्ध्वं न दृश्यते ।  
याममात्रं तु यो नित्यमभ्यसेत्स तु कालजित् ॥ 3.81

अत्रत्या वज्रोली ग्रन्थान्ते लिखिता । क्रमप्राप्ताप्यत्र त्यक्ता । असाधारणप्राण्यनुष्ठे  
यत्वात्तस्याः । ( $\Delta$ )<sup>27</sup>

**77a** ūrdhvaṃ nābhir cett.] ūrdhvanābhor  $\gamma_1$  ūrdhvanābher  $\chi$  ūrdhvaṃ nābher  $\beta_1$  ad-  
has tālor  $\beta_1\beta_\omega\delta_1\epsilon_2\epsilon_3\eta_2$ ] adhas tālu  $\alpha_1\gamma_2\delta_2\eta_1$  adhas tālum  $\delta_3$  asāluktar  $\gamma_1$  adhas tālor  $\chi$   
**77b** ūrdhvaṃ cett.] ūrdhva  $\gamma_1\delta_1$  ūrdhvo  $\eta_1$  **77c** karaṇī viparītākhyā  $\alpha_1\Gamma\delta_3\eta_1\chi$ ] karaṇaṃ  
viparītākhyam  $\beta_\omega\epsilon_3$  om.  $\beta_1\delta_1\delta_2\epsilon_2\eta_2$  **77d** labhyate  $\alpha_1\beta_\omega\gamma_1\epsilon_3\eta_1\chi$ ] gamyate  $\gamma_2\delta_3$  om.  $\beta_1\delta_1\delta_2\epsilon_2\eta_2$   
**78a** viparītākhyā cett.] viparītākhyam  $\beta_1$  viparītākṣam  $\epsilon_2$  om.  $\delta_3\chi$  **78b** vināśinī cett.]  
vināśanī  $\epsilon_2$  vināśanaṃ  $\beta_1\beta_\omega$  om.  $\delta_3\chi$  **78d** vivardhanī  $\alpha_1\gamma_2\epsilon_2\epsilon_3\eta_1$ ] vivardhinī  $\gamma_1\Delta\eta_2\chi$  vi-  
vardhanaṃ  $\beta_1\beta_\omega$  **79b** tu cett.] ca  $\gamma_1\delta_2\chi$  **79c** alpāhāro  $\alpha_1\beta_1\beta_\omega\eta_1\eta_2\chi$ ] anāhāro  $\Gamma\delta_1\delta_3\epsilon_2\epsilon_3$   
anāhāre  $\delta_2$  **yadi bhaved** cett.] nirāhārah  $\eta_2$  **79d** agnir deham  $\alpha_1\beta_\omega\Delta\epsilon_3$ ] agnideham  $\beta_2\Gamma\epsilon_2$   
deham agnir  $\eta_1$  agnidāho  $\beta_1$  agnir daha°  $\chi$  kṣudhālasya  $\eta_2$  **dahet** cett.] haret  $\beta_2\epsilon_3$  bhavet  $\beta_1$   
°ti tat  $\chi$  vaśe  $\eta_2$  **kṣaṇāt** cett.] kramāt  $\alpha_1$  tataḥ  $\gamma_2$  bhavet  $\eta_2$  **80a** śīrās cordhva  $\beta_1\chi$ ] śīrās  
cordhva  $\alpha_1\beta_\omega\delta_1\epsilon_2\epsilon_3\eta_1\eta_2$  śīrā ūrdhva  $\gamma_2\delta_2$  śīrā ūrdhva  $\gamma_1$  śīrā ūrdhva  $\delta_3$  **pādaḥ**  $\alpha_1\beta_1\Gamma\Delta\epsilon_3\chi$ ]   
pāda  $\beta_\omega\epsilon_2$  pādaḥ  $\eta_1\eta_2$  **80b** kṣaṇaṃ syāt cett.] kṣīnaṃ syāt  $\delta_1$  lakṣaṇaṃ  $\eta_2$  **80c** kṣaṇāc  
ca  $\alpha_1\beta_1\beta_\omega\epsilon_3\eta_1\eta_2\chi$ ] kṣaṇāt tu  $\Gamma$  kṣaṇārdham  $\delta_3\epsilon_2$  kṣaṇārdhe  $\delta_2$  om.  $\delta_1$  **adhikam** cett.] apika  
 $\gamma_1$  om.  $\delta_1$  **80d** abhyasec ca cett.] abhyasetva  $\gamma_2$  bhyarccayec ca  $\gamma_1$  om.  $\delta_1$  **81a** valīś ca  
 $\alpha_1\beta_1\beta_\omega\eta_1$ ] valitaṃ  $\gamma_1\Delta\epsilon_2\epsilon_3\eta_2\chi$  calitaṃ  $\gamma_2$  **palitaṃ** cett.] palitaś  $\beta_1$  **81b** ṣaṇmāsordhvaṃ  
na  $\chi$ ] ṣaṇmāsārdhān na  $\alpha_1\beta_1\epsilon_3$  ṣaṇmāsārdham na  $\beta_\omega$  ṣaṇmāsārdhena  $\Gamma\Delta$  ṣaṇmāsārdhe ca  $\epsilon_2$   
ṣaṇmāsāt tu na  $\eta_1\eta_2$  **drśyate**  $\alpha_1\beta_1\beta_\omega\epsilon_3\eta_1\eta_2\chi$ ] naśyati  $\Gamma\Delta\epsilon_2$  **81c** yāmamātram tu cett.]  
yāmamātram ca  $\epsilon_3$  yo māsatraya  $\delta_3$  māsatrayaṃ tu  $\eta_2$  **nityam** cett.] gnibhyam  $\gamma_1$  **81d** ab-  
hyaset cett.] aset  $\delta_1$  **tu** cett.] su  $\gamma_2$  ca  $\epsilon_2$  **kālajit** cett.] kālavit  $\epsilon_2$  **82** granthānte  
likhitā  $\delta_1$ ] granthāntare likhitā vartate  $\delta_2$  granthāntare tu likhitāsīt  $\delta_3$  **kramaprāptāpy atra**  
**tyaktā**  $\delta_2\delta_3$ ] om.  $\delta_1$  **aśādhāraṇa**  $\delta_2$ ] aśādhāraṇaṃ  $\delta_1$  aśāraṇa  $\delta_3$

<sup>27</sup> In  $\Delta$  the Vajroli section is found at the end of the work.

अथ वज्रोली ।<sup>28</sup>

स्वेच्छया वर्तमानोऽपि योगोक्तैर्नियमैर्विना ।  
वज्रोलीं यो विजानाति स योगी सिद्धिभाजनम्<sup>#</sup> ॥ 3.82

तत्र वस्तुद्वयं वक्ष्ये दुर्लभं यस्य कस्य चित् ।  
क्षीरं चैकं द्वितीयं तु नारी च वशवर्तिनी ॥ 3.83

मेहनेन शनैः सम्यगूर्ध्वाकुञ्चनमभ्यसेत् ।  
पुरुषो वापि नारी वा वज्रोलीसिद्धिमाप्नुयात् ॥ 3.84

यत्नतः शरनालेन फूत्कारं वज्रकन्दरे ।  
शनैः शनैः प्रकुर्वीत वायुसंचारकारणात् ॥ (om.  $\gamma_1$ ) 3.85

नार्या भगे पतद्विन्दुमभ्यासेनोर्ध्वमाहरेत् ।  
चलितं च स्वकं बिन्दुमूर्ध्वमाकृष्य रक्षयेत् ॥ (cd om.  $\Delta$ ) 3.86

**82b yogoktair**  $\beta_1\beta_\omega\gamma_2\delta_1\eta_1\eta_2\chi$ ] yogoktair  $\gamma_1$  yogoktar  $\epsilon_2$  yogokta  $\alpha_2\epsilon_3$  yogoktam  $\alpha_1$  niyamair  $\delta_3$  niyamair vinā cett.] vividhais tathā  $\delta_3$  **82c vajrolīm yo**  $\beta_1\delta_1\epsilon_3\eta_1\eta_2\chi$ ] vajroli yo  $\beta_\omega\Gamma\delta_3\epsilon_2$  vajrālī yo  $\alpha_1$  vijānāti cett.] bhijānāti  $\Gamma$  **82d siddhibhājanam** cett.] 'bhājanah  $\gamma_1$  siddhimān bhavet  $\eta_2$  **83a vastu** cett.] castu  $\alpha_1$  bheda  $\epsilon_2$  **vakṣ(y)e** cett.] manye  $\gamma_2$  api  $\gamma_1$  **83b cit** cett.] tu  $\epsilon_3$  **83c caikam**  $\alpha_1\beta_2\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] caiva  $\eta_2$  ekam  $\beta_1\Gamma$  **83d ca** cett.] tu  $\delta_3$  **84a mehanena**  $\alpha_1\beta_1\gamma_2\epsilon_2\epsilon_3\chi$ ] mehanaiva  $\gamma_1$  mohanena  $\delta_1$  mohanenā  $\delta_3$  medhrenaena  $\beta_\omega$  medhrena  $unm.$   $\eta_1$  mahānibham  $\eta_2$  śanaiḥ cett.] sadā  $\delta_1$  **84b ūrdhvākuñcanam**  $\alpha_1\beta_1\beta_\omega\gamma_1\delta_1\delta_3\epsilon_2\epsilon_3\chi$ ] ūrdhva kiṃcanam  $\gamma_2$  kṛtvā kuñcanam  $\eta_2$  gudākuñcanam  $\eta_1$  **84c vāpi nāri vā** cett.] vāpi vā nāri  $\delta_3$  'py atha vā nāri  $\chi$  **84d vajroli**  $\alpha_1\beta_1\beta_\omega\gamma_1\delta_3\epsilon_2\epsilon_3\eta_2\chi$ ] vajrolīm  $\delta_1\eta_1$  vajrolīḥ  $\gamma_2$  siddhim āpnuyāt cett.] siddhibhājanam  $\gamma_2$  siddhibhājanah  $\gamma_1$  **85a yatnataḥ**  $\alpha_1\beta_2\beta_\omega\delta_1\epsilon_2\epsilon_3\chi$ ] prayatnataḥ  $\gamma_2\eta_1\eta_2$  prayatnāt  $\beta_1$  śaranālena  $\alpha_1\beta_1\beta_\omega\delta_1\delta_3$ ] śalanolena  $\epsilon_2$  śatanārīṇām  $\epsilon_3$  śastanālena  $\chi$  śironāle  $\gamma_2\eta_1\eta_2$  **85b phūtkāram**  $\alpha_1\delta_3\epsilon_2\eta_1\chi$ ] phutkāram  $\beta_\omega$  pūtkāram  $\delta_1\epsilon_3$  phūtkārah  $\gamma_2\eta_2$  sphūtkāram  $\beta_1$  **vajra** cett.] kambu  $\gamma_2\eta_2$  **kandare**  $\beta_1\beta_\omega\epsilon_2\epsilon_3\chi$ ] kandhare  $\alpha_1\gamma_2\delta_1\delta_3\eta_1\eta_2$  **85c śanaiḥ** cett.] śanah  $\eta_2$  prakurvīta cett.] prakurvaṃti  $\beta_1\eta_2$  **86a nāryā**  $\beta_1\Gamma\delta_1\delta_3\epsilon_2\epsilon_3$ ] nāri  $\alpha_2\chi$  mār्या  $\alpha_1$  bhāryā  $\beta_\omega\eta_1\eta_2$  **bhage** cett.] bhāge  $\alpha_1$  **patad** cett.] pated  $\gamma_2$  ca tad  $\epsilon_2$  **bindum**  $\alpha_1\beta_1\Gamma\delta_1\delta_3\epsilon_2\epsilon_3\chi$ ] bindhuḥm  $\beta_\omega$  bindur  $\eta_1\eta_2$  **86b āharet** cett.] āruhet  $\delta_3$  **86c ca svakam**  $\alpha_1\alpha_2$ ] tu svakam  $\beta_1\beta_2\Gamma\epsilon_2$  tu sukaṃ  $\beta_\omega$  ca nijaṃ  $\epsilon_3\chi$  patitaṃ  $\eta_1$  calitaṃ  $\eta_2$  om.  $\delta_1\delta_3$  **86d ūrdhvam ākr̥ṣya rakṣayet** cett.] ūrdhvam ākr̥ + + +  $\alpha_1$  ūrdhvam āhṛtya rakṣayet  $\epsilon_3$  abhyāsenordhvam āharet  $\epsilon_2$  om.  $\delta_1\delta_3$

<sup>28</sup> In  $\beta_1\eta_2$  this header is found after *vinā* of the next line.

- एवं रक्षति यो बिन्दुं मृत्युं जयति योगवित् । [3.87–3.113a lost α<sub>1</sub>]  
 मरणं बिन्दुपातेन जीवितं बिन्दुधारणात् ॥ (cd om. δ<sub>1</sub>) 3.87
- सुगन्धिर्योगिनो देहो जायते बिन्दुधारणात् ।<sup>29</sup> (ab om. δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub>)  
 यावद्विन्दुः स्थिरो देहे तावन्मृत्युभयं कुतः ॥ 3.88
- चित्तायत्तं नृणां शुक्रं शुक्रायत्तं हि जीवितम् ।  
 तस्माच्छुक्रं मनश्चैव रक्षणीयं प्रयत्नतः ॥ 3.89
- ऋतुमत्या रजोऽप्येवं स्त्रिया<sup>#</sup> बिन्दुं च रक्षयेत् ।  
 मेद्रेणाकर्षयेद्धूर्वं सम्यगभ्यासयोगतः ॥ 3.90
- अयं योगः पुण्यवतां धन्यानां तत्त्वशालिनाम् । (ab om. α\*)  
 निर्मत्सराणां सिध्येत न तु मत्सरशालिनाम् ॥ (cd om. α\*δ<sub>3</sub>)<sup>30</sup> 3.91

**87a rakṣati yo** η<sub>1</sub>η<sub>2</sub>] tu rakṣayed α<sub>2</sub>β<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub> samrakṣayed δ<sub>1</sub>δ<sub>3</sub>χ surakṣayed ε<sub>3</sub> **87c bindu**  
 cett.] vida ε<sub>2</sub> om. δ<sub>1</sub> **87d jivitaṃ** cett.] jivanam β<sub>1</sub>γ<sub>2</sub>χ jī γ<sub>1</sub> om. δ<sub>1</sub> **bindudhāraṇāt**  
 cett.] bindurakṣaṇāt ε<sub>3</sub> om. γ<sub>1</sub>δ<sub>1</sub> **88a sugandhir** em.] sugandhi α<sub>2</sub>BΓδ<sub>1</sub>ε<sub>3</sub> sugandho ε<sub>2</sub>χ  
 om. δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub> **deho** β<sub>1</sub>Γε<sub>2</sub>] dehe δ<sub>1</sub>ε<sub>3</sub>χ deham β<sub>2</sub>β<sub>ω</sub> om. δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub> **88b dhāraṇāt** β<sub>ω</sub>γ<sub>1</sub>γ<sub>2</sub>δ<sub>1</sub>ε<sub>2</sub>χ]  
 rakṣaṇāt β<sub>1</sub>ε<sub>3</sub> om. δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub> **88c binduḥ** γ<sub>1</sub>δ<sub>3</sub>η<sub>2</sub>χ] bindu Bγ<sub>2</sub>δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub> **sthīro** α<sub>2</sub>Γδ<sub>1</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ]  
 sthito Bδ<sub>3</sub>ε<sub>3</sub> **dehe** cett.] deho Γ **88d mṛtyubhayaṃ kutaḥ** Bδ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] kālabhayaṃ kutaḥ  
 Γε<sub>2</sub>χ jivanam ucyate ε<sub>3</sub> **89a cittāyattaṃ** cett.] cittamattaṃ γ<sub>1</sub> manomayaṃ α<sub>2</sub> manodhinam  
 β<sub>1</sub>β<sub>ω</sub> **śukraṃ** cett.] śuklam β<sub>ω</sub> **89b śukrāyattaṃ** cett.] śuklāyattaṃ β<sub>ω</sub> śukrādhinam β<sub>1</sub>  
**hi** β<sub>ω</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>] tu α<sub>2</sub>β<sub>1</sub>Γδ<sub>1</sub> ca δ<sub>3</sub>ε<sub>3</sub>χ **jivitaṃ** cett.] jivanam β<sub>1</sub>γ<sub>2</sub> **89c manaś** cett.] rajaś  
 η<sub>2</sub> rakṣa<sup>a</sup> δ<sub>3</sub> **caiva** cett.] caivaṃ η<sub>1</sub> 'ñīyaṃ δ<sub>3</sub> **89d rakṣaṇīyaṃ** cett.] yogibhiś ca δ<sub>3</sub>  
**90a ṛtumatyā** β<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>χ] bindumadhye δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub> **'py evaṃ** β<sub>1</sub>Γδ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] thevaṃ β<sub>ω</sub>  
 py eva η<sub>2</sub> **90b striyā** Γ] bijam δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub> vīryam α<sub>2</sub> jivam δ<sub>3</sub> nijam χ jayaṃ β<sub>ω</sub> bimḍum β<sub>1</sub>  
**bindum** cett.] bindu β<sub>ω</sub>η<sub>2</sub> rakṣe β<sub>1</sub> **ca** cett.] tu β<sub>1</sub>ε<sub>2</sub>η<sub>1</sub> pra<sup>a</sup> δ<sub>3</sub> **rakṣayet** cett.] rakṣayan  
 β<sub>ω</sub> tamnnayet δ<sub>1</sub> 'pālayet δ<sub>3</sub> yogavit β<sub>1</sub> **90c medhreṇā** cett.] medhreṇa δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub> medhrā  
 γ<sub>1</sub> medhrām ā η<sub>2</sub> **karṣayed** cett.] karṣayaḥ β<sub>ω</sub> kuṃcayed η<sub>2</sub> **90d yogataḥ** Γδ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>  
 yogavān α<sub>3</sub>β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub> yogavit η<sub>2</sub>χ pāṭavāt α<sub>2</sub>β<sub>1</sub> **91b dhanyānām** cett.] dhīrāṇām χ **śālinām**  
 β<sub>1</sub>γ<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>] śālinam β<sub>ω</sub>ε<sub>2</sub> sattinām γ<sub>1</sub> darsinām η<sub>2</sub>χ **91c sidhyeta** β<sub>2</sub>β<sub>ω</sub>γ<sub>1</sub>δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>] siddheta  
 γ<sub>2</sub> vai sidhyen (but sidhyeta in mss?) χ siddhet η<sub>2</sub> siddhānām β<sub>1</sub> **91d śālinām** β<sub>1</sub>β<sub>ω</sub>Γδ<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>χ]  
 śālinam ε<sub>2</sub> śīlinam η<sub>2</sub>

<sup>29</sup> ε<sub>3</sub> has this hemistich after the first half of the next verse.

<sup>30</sup> In ε<sub>3</sub> Pāda b and d are transposed; χ has this verse at the end of the Sahajoli section.

अथ सहजोली । (Y<sub>2</sub>η<sub>2</sub>χ)

सहजोली चामरोली वज्रोल्या एव भेदतः ।

जलेषु<sup>#</sup> भस्म निक्षिप्य दग्धगोमयसम्भवं ॥ (cd om. α\*β<sub>1</sub>β<sub>ω</sub>γ<sub>1</sub>) 3.92

वज्रोलीमैथुनादूर्ध्वं स्त्रीपुंसोः स्वाङ्गलेपनम् ।

आसीनयोः सुखेनैव मुक्तव्यापारयोः क्षणम् ॥ 3.93

सहजोलिरियं प्रोक्ता श्रद्धेया योगिभिः सदा ।

अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (cd om. α\*γ<sub>1</sub>) [cf. 3.101\*1cd] 3.94

अथ अमरोली । (Y<sub>2</sub>Δε<sub>3</sub>η<sub>2</sub>χ)

पित्तोल्बणत्वात्प्रथमाम्बुधारां

विहाय निःसारतयान्त्यधाराम् ।

निषेव्यते शीतलमध्यधारा

कापालिकैः खण्डमतैरमर्याः ॥ (om. γ<sub>1</sub>)<sup>31</sup> 3.95

**92 atha sahajoli** Y<sub>2</sub>η<sub>2</sub>] atha sahajoliḥ χ **92a sahajoli** β<sub>1</sub>δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] sahajoliś β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>χ **cā-**  
**maroli** β<sub>1</sub>δ<sub>1</sub>δ<sub>3</sub>] cāmaroli β<sub>ω</sub>ε<sub>2</sub> cāmarolir ε<sub>3</sub>χ vāmaroli η<sub>2</sub> cāmaroli ca η<sub>1</sub> cāmaroliś ca Γ **92b va-**  
**jrolyā** cett.] vajrolyante δ<sub>1</sub>δ<sub>3</sub> vajroli β<sub>1</sub> **eva bhedataḥ** β<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>] ekabhedataḥ η<sub>2</sub> bheda  
ekataḥ χ prakīrtitā δ<sub>1</sub> pracodyate δ<sub>3</sub> **92c jaleṣu bhasma** Y<sub>2</sub>δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] jale subhasma χ jale  
bhasmani δ<sub>3</sub> **niḥkṣipya** δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] niḥkṣipya Y<sub>2</sub> **92d dagdha** Y<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] dagdham  
ε<sub>2</sub> **sambhavam** Y<sub>2</sub>δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] sambhave δ<sub>3</sub> **93a vajrolimaithunād** cett.] vajrolimithunād  
ε<sub>3</sub> **93b puṃsoḥ** Y<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ] puṃso β<sub>ω</sub> puṃsā Y<sub>1</sub> puṃsau ε<sub>3</sub> puṃsoś β<sub>1</sub>δ<sub>1</sub>δ<sub>3</sub> **svāṅga**  
Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] svāṅgu β<sub>ω</sub> cāṅga β<sub>1</sub>δ<sub>1</sub>δ<sub>3</sub> **93c āsinayoḥ** cett.] anenaiva ε<sub>3</sub> **sukhenaiva**  
cett.] mukhenaiva η<sub>2</sub> **93d vyāpārayoḥ** β<sub>1</sub>Γδ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>χ] vyāpārayo ε<sub>2</sub>η<sub>2</sub> vyāpāramo β<sub>ω</sub> vyāpārālā°  
δ<sub>1</sub> **kṣaṇam** β<sub>1</sub>β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] kṣaṇāt Γχ **94a sahajolir** β<sub>ω</sub>Y<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>χ] sahajoli β<sub>1</sub>Y<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub>  
**94b śraddheyā** β<sub>2</sub>β<sub>ω</sub>χ] śraddhayā α\*β<sub>1</sub>δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub> sādhyeyā η<sub>2</sub> siddhaye ε<sub>3</sub> sevyate Γε<sub>2</sub> **94d bhoge**  
β<sub>ω</sub>Y<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>] bhoga β<sub>1</sub>ε<sub>2</sub>η<sub>1</sub>χ yoga δ<sub>3</sub> **gap** δ<sub>1</sub> **bhukte** β<sub>ω</sub>Y<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>] yukto χ mukte ε<sub>2</sub> mukti  
δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub> yoge β<sub>1</sub> **'pi muktidaḥ** β<sub>1</sub>β<sub>ω</sub>Y<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] vimuktidaḥ δ<sub>3</sub>η<sub>1</sub> pradāyakah δ<sub>1</sub> **95 atha**  
**amaroli** Y<sub>2</sub>η<sub>2</sub>] athāmaroli χ āthamaroli ε<sub>3</sub> tatrāmaroli δ<sub>1</sub>δ<sub>3</sub> **95a pittolbaṇatvāt** β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>χ]  
pitvā anut β<sub>1</sub> virttanatvādyat ε<sub>2</sub> viḥāya nityām η<sub>2</sub> viḥāya niv..h Y<sub>2</sub> **prathamāmbu** δ<sub>3</sub>η<sub>1</sub>χ]  
prathamām ca β<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub> prathamām ca Y<sub>2</sub> prathamām vi β<sub>ω</sub> prathamām *unm.* δ<sub>1</sub> **dhārām**  
cett.] *om.* δ<sub>1</sub> **95b niḥsāratayāntya** δ<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] niḥsāratapāṃsu β<sub>1</sub> niḥsārabhayāntya δ<sub>3</sub>  
niḥsāralayāntya Y<sub>2</sub> niḥsārayāntya β<sub>ω</sub> niḥsmāratayāntya ε<sub>2</sub> **95c niṣevyate** cett.] niṣevite β<sub>1</sub>  
niṣevyate η<sub>1</sub> nikhyevyate β<sub>ω</sub> **dhārā** β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] dhārām β<sub>1</sub>Y<sub>2</sub>δ<sub>3</sub>η<sub>1</sub> dhārāḥ δ<sub>1</sub> **95d kṣā-**  
**likaiḥ** β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>] kṣālikaiḥ Y<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub> kṣālikaiḥ β<sub>1</sub> kṣālike χ **khaṇḍamatāir** β<sub>1</sub>β<sub>ω</sub>η<sub>1</sub>]   
khaṇḍamatāir ε<sub>2</sub> khaṇḍamate ε<sub>3</sub>χ kaṇṭhamatāir δ<sub>1</sub>δ<sub>3</sub> kuṇṭhamatāir Y<sub>2</sub>η<sub>2</sub> **amaryāḥ** δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>]   
amaryā β<sub>1</sub> aryā β<sub>ω</sub> amedhyā η<sub>2</sub> amedhya η<sub>1</sub> amedhyām Y<sub>2</sub> 'maroli χ 'maroli ε<sub>3</sub>

<sup>31</sup> Y<sub>2</sub> seems to have supplied this verse and the next one from a ms belonging to the ε-group.



अमरीं यत्पिबेन्नित्यं नस्यं कुर्वन्# दिने दिने ।

वज्रोलीं चाम्यसेत्सेयममरोलीति कथ्यते ॥<sup>32</sup> (om.  $\gamma_1$ )

3.96

पुंसो बिन्दुं समाकृष्य सम्यग्भ्यासपाटवात् ।

यदि नारी रजो रक्षेद्वज्रोल्या सा हि योगिनी ॥ (om.  $\alpha^*$ )

3.97

तस्याः किञ्चिद्रजो नाशं न गच्छति न संशयः ।

तस्याः शरीरे नादस्तु बिन्दुतामेव गच्छति ॥ (om.  $\alpha^*$ ) (cd om.  $\gamma_2$ )

3.98

स बिन्दुस्तद्रजश्चैव एकीभूय स्वदेहजम्# ।

वज्रोल्याभ्यासयोगेन सर्वसिद्धिः प्रजायते ॥ (om.  $\alpha^*$ )

3.99

रक्षेदाकुञ्चनेनोर्ध्वं या रजः सा हि योगिनी । ( $\alpha^*\gamma_2\eta_2\chi$ )<sup>33</sup>

अतीतानागतं वेत्ति खेचरी च भवेद्भुवम् ॥

3.100

**96a** amarīm  $\gamma_2\delta_1\delta_3\eta_2\chi$ ] amarī  $\beta_\omega\epsilon_2\epsilon_3\eta_1$  amarīm  $\beta_1$  yat em.] yah  $\beta_1\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\chi$  yo  $\gamma_2\eta_2$  piben cett.] piban  $\delta_3$  **96b** nasyam kurvan (naśyam  $\alpha_3\epsilon_2\epsilon_3$ )  $\alpha_3\beta_1\beta_\omega\delta_1\epsilon_2\epsilon_3\chi$ ] na samkurvan  $\delta_3$  nasyam kuryād  $\alpha_2\eta_1$  tasya kuryā  $\gamma_2$  tastham kuryād  $\eta_2$  **96c** vajrolīm cā  $\delta_1\delta_3$ ] vajrolī cā  $\beta_\omega\epsilon_2\epsilon_3\eta_1$  vajrolīm a  $\gamma_2\eta_2\chi$  vajrolī ka  $\beta_1$  **bhyaset seyam**  $\beta_\omega$ ] bhyasec ceyam  $\delta_1\delta_3\epsilon_3$  bhyasec ceya  $\epsilon_2$  bhyasen nityam  $\eta_1$  bhyaset satve  $\gamma_2$  bhyasec chattve  $\eta_2$  bhyaset samyak  $\chi$  thyate seyam  $\beta_1$  **96d** amaroliti cett.] sāmāroliti  $\chi$  amarolīm tu  $\epsilon_3$  **kathyate** cett.] kalpayet  $\epsilon_3$  kasyate  $\eta_2$  **97a** pumso  $\gamma_1\delta_1\delta_3\epsilon_2\epsilon_3\eta_2\chi$ ] pumsor  $\beta_1\gamma_2$  pumsām  $\beta_\omega\eta_1$  **bindum** cett.] bindu  $\beta_\omega\epsilon_2\epsilon_3\eta_2$  **samākṛṣya**  $\Gamma$ ] samākuñcya cett. **97b** pāṭavāt  $\beta_1\delta_1\delta_3\epsilon_3\chi$ ] pāṭavān  $\beta_\omega\Gamma\epsilon_2\eta_2$  pāravān  $\eta_1$  **97d** vajrolyā  $\beta_\omega\gamma_2\epsilon_2\eta_1\chi$ ] vajrolyām  $\delta_1$  vajrolyā  $\delta_3$  vajrolī  $\beta_1$  vajrolī  $\epsilon_3$  samyoge  $\eta_2$  om. (3.97d–3.101\*1a om. prob. by eye-skip)  $\gamma_1$  **sā hi**  $\beta_\omega$ ] saha  $\beta_1\gamma_2\epsilon_2$  sāpi  $\delta_1\epsilon_3\eta_1\chi$  syāpi  $\delta_3$  cāpi  $\eta_2$  om.  $\gamma_1$  **98c** tasyāḥ  $\beta_1\delta_1\delta_3\epsilon_3\eta_1\eta_2\chi$ ] yasyāḥ  $\epsilon_2$  asyāḥ  $\beta_\omega$  om.  $\Gamma$  **śārire** cett.] śārira  $\delta_3\epsilon_3$  om.  $\Gamma$  **nādas tu**  $\beta_1\beta_\omega\delta_3\epsilon_2\epsilon_3\eta_1$ ] nādas tat  $\eta_2$  nādātmā  $\delta_1$  nādas ca  $\chi$  om.  $\Gamma$  **98d** bindutām eva  $\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] bindus tam eva  $\eta_2$  vyaṁjātām eva  $\beta_1$  om.  $\Gamma$  **99b** ekī cett.] hy ekī  $\delta_3$  om.  $\gamma_1$  **bhūya**  $\beta_1\beta_\omega\gamma_2\delta_1\delta_3\epsilon_3\chi$ ] bhūyah  $\epsilon_2\eta_2$  bhūtaḥ  $\eta_1$  om.  $\gamma_1$  **svadehajam**  $\delta_3$ ] sadehajam  $\delta_1$  svadehajaiḥ  $\beta_1\eta_2$  svadehajau  $\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1$  svadehagau  $\chi$  om.  $\gamma_1$  **99c** vajrolyā  $\beta_1\beta_\omega\epsilon_2\epsilon_3\eta_1\eta_2$ ] vajrolyā  $\gamma_2\delta_1\delta_3\chi$  om.  $\gamma_1$  **99d** siddhiḥ  $\delta_3\eta_2$ ] siddhi  $\beta_\omega\eta_1$  siddhiṁ  $\beta_1\gamma_2\delta_1\epsilon_2\epsilon_3\chi$  om.  $\gamma_1$  **pra-jāyate**  $\beta_\omega\eta_1\eta_2$ ] prakurvate  $\gamma_2\delta_1\delta_3$  prakurvataḥ  $\epsilon_2\epsilon_3$  prayacchataḥ  $\chi$  prayacchati  $\beta_1$  om.  $\gamma_1$  **100a** rakṣed ākuñcanenordhvaṁ  $\alpha^*$  (rakṣed ākumbhanonordham  $\alpha_2$ , rakṣaṇe kuṁcanenorddhva  $\alpha_4$ , damaged  $\alpha_3$ )] rakṣed ākuñcanād ūrdhvaṁ  $\chi$  mehenākuñcanād ūrdhvaṁ  $\gamma_2$  meḍhrām ākuṁcanād ūrdhvaṁ  $\eta_2$  **100b** yā rajaḥ sā hi yoginī  $\chi$ ] yā rajaḥ saha yoginī  $\alpha_2$  rajasāpi hi yoginaḥ  $\gamma_2\eta_2$  **100c** atitānāgatam cett.] atitānāgate  $\beta_1$  atitānāgatiṁ  $\epsilon_3$  atitānām gatiṁ  $\epsilon_2$  om.  $\gamma_1$  **100d** khe-cari ca cett.] khecari (one syllable missing)  $\delta_1$  khecariṁ la°  $\delta_3$  khecaraś ca  $\eta_2$  om.  $\gamma_1$  **bhaved dhruvam** cett.] **bhate** dhruvam  $\delta_3$  prajāyate  $\gamma_2$  om.  $\gamma_1$

<sup>32</sup> In  $\chi$  the verse 3.122 is found after this

<sup>33</sup>  $\gamma_2$  has this hemistich between 3.96 and 3.97.

देहसिद्धिं च लभते वज्रोत्यभ्यासयोगतः ।

अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ [cd in  $\alpha_3\alpha_4\chi$ ; cf. 3.94cd]

3.101

तस्मादयं साधकाय भोगे भुक्तेऽपि मुक्तिदः<sup>#</sup> ॥ (ab om.  $\alpha^*\Gamma\chi$ )

तस्मात्पुण्यवतामेव अयं योगः प्रसिध्यति ॥<sup>34</sup> (cd om.  $\alpha^*\chi$ )

3.101\*1

अथ शक्तिचालनम् ।

कुटिलाङ्गी कुण्डलिनी भुजङ्गी शक्तिरीश्वरी ।

कुण्डल्यरुन्धती चेति शब्दाः पर्यायवाचकाः ॥ (om.  $\alpha^*$ )

3.102

उद्धाटयेत्कपाटं तु यथा कुञ्चिकया हठात् ।

कुण्डलिन्या तथा योगी मोक्षद्वारं विभेदयेत् ॥<sup>35</sup> (om.  $\alpha^*$ )

3.103

येन मार्गेण गन्तव्यं ब्रह्मस्थानं निरामयम् ।

मुखेनाच्छाद्य तद्वारं प्रसुप्ता परमेश्वरी ॥ (om.  $\alpha^*$ )

3.104

**101a ca** cett.] tu  $\eta_1$  om.  $\gamma_1$  **labhate** cett.] labhyeta  $\beta_1$  om.  $\gamma_1$  **101b vajrolyabhyāsa**  $\gamma_2\delta_1\delta_3\chi$ ] vajrolyābhyāsa  $\beta_1\beta_\omega\gamma_1\epsilon_2\epsilon_3\eta_1\eta_2$  **101c śubhakaro**  $\alpha_3\alpha_4$ ] puṇyakaro  $\chi$  **101d bhoge** **bhukte'pi muktidaḥ**  $\chi$ ] bhāvamukthivimukthidaḥ  $\alpha_3$  bhyāsyayuktasya muktida  $\alpha_4$  **101\*1a tas-** **mād ayaṃ**  $\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\eta_2$ ] yasmād ayaṃ  $\beta_1\beta_\omega$  **sādhakāya**  $\beta_1\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3$ ] sādhaḥ'o'yaṃ  $\eta_1$  sād- **hakānāṃ**  $\eta_2$  **101\*1b bhoge**  $\beta_\omega\eta_2$ ] bhoga  $\beta_1\delta_3\epsilon_2\epsilon_3\eta_1$  yoga  $\delta_1$  **bhukte** *em.*] bhukti  $\beta_\omega$   $\delta_{1pc}$ ? **mukte**  $\epsilon_2$  mukti  $\delta_1\delta_3\eta_1\eta_2$  yukto  $\epsilon_3$  yoge  $\beta_1$  **'pi muktidaḥ**  $\beta_1\beta_\omega\epsilon_2\epsilon_3$ ] vimuktidaḥ  $\delta_1\delta_3\eta_1\eta_2$  **101\*1c eva**  $\beta_1\Gamma\eta_2$ ] evam  $\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1$  **101\*1d ayaṃ yogah**  $\beta_1\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1$ ] eṣa yogah  $\delta_1\delta_3$  **yogo'yaṃ**  $\eta_2$  **prasidhyati**  $\beta_1\beta_\omega\Gamma\delta_1\delta_3\epsilon_2\epsilon_3\eta_1$ ] samprasidhyati  $\eta_2$  **102 atha**  $\beta_1\beta_\omega\epsilon_2\eta_1\eta_2\chi$ ] *om.*  $\Gamma\Delta\epsilon_3$  **śakticālanam**  $\beta_1\beta_\omega\gamma_2\Delta\epsilon_2\eta_1\chi$ ] śaktiyānam  $\gamma_1$  śakti  $\eta_2$  *om.*  $\epsilon_3$  **102a kuṭilāṅgī**  $\beta_1\beta_\omega\Delta\eta_1\eta_2\chi$ ] kuṇḍalāṅgī  $\gamma_2\epsilon_2\epsilon_3$  kundaliṅgī  $\gamma_1$  **102b śaktir īśvari**  $\beta_1\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] śak- **tir aīśvari**  $\delta_1\delta_2$  śaktir asvari  $\gamma_1$  śaktivardhinī  $\delta_3$  **102c kuṇḍaly**  $\beta_1\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] kuṭily  $\Delta$  **arundhati** cett.] ā[ku]ṇḍali  $\eta_1$  āceti rum°  $\eta_2$  **ceti**  $\eta_1$ ] veti  $\beta_\omega$  vati  $\epsilon_2$  caiva  $\epsilon_3$  caite  $\beta_1\chi$  **devī**  $\Gamma\delta_1\delta_3$  divī  $\delta_2$  dhamṭi  $\eta_2$  **102d śabdah paryāyavācakah** cett.] śabdah paryāyavācakah  $\delta_1\delta_3$  **103a udghāṭayet** cett.] udghāṭayati  $\epsilon_2$  **kapāṭam** cett.] kapāḥ  $\delta_3$  **tu** cett.] *om.*  $\epsilon_2$  **103b kuñcīkayā** cett.] kaṃcukayā  $\beta_1$  **103d vibhedayet** cett.] prabhedayet  $\gamma_1$  nirodhayet  $\gamma_2$  **104a mārgēṇa**  $\beta_1\beta_\omega\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] dvāreṇa  $\Gamma\Delta$  **104c ācchādyā** cett.] ākṣādyā/ājñādyā  $\delta_1$  āvādyā  $\epsilon_2$  **tadvāraṃ**  $\gamma_1\delta_3\eta_2$ ] tadvāraṃ  $\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\chi$  taṃ dvāraṃ  $\beta_1$  nadvāraṃ  $\delta_1$  tedvāraṃ  $\delta_2$

<sup>34</sup> In  $\gamma_1$  chap. 3 ends with this verse (the 100th!). Chap. 4 contains only 29 verses, which are the remaining verses of the usual Chap. 3. Chap. 5 corresponds to the usual Chap. 4.

<sup>35</sup> This verse and the next one are transposed in  $\epsilon_2$ .

- कन्दोर्ध्वं कुण्डली शक्तिः सुप्ता मोक्षाय योगिनाम् ।  
बन्धनाय च मूढानां यस्तां वेत्ति स योगवित् ॥ (om.  $\alpha^*$ ) 3.105
- अम्भोधिशैलद्वीपानामाधारः शेषकुण्डली । (ab om.  $\alpha^*\chi$ )  
अशेषयोगतन्त्राणामाधारः कुण्डली तथा ॥ (cd om.  $\alpha^*\eta_1\chi$ ) [cf. 3.1] 3.106
- कुण्डली कुटिलाकारा सर्पवत्परिकीर्तिता ।  
सा शक्तिश्चालिता येन स मुक्तो नात्र संशयः ॥ (om.  $\alpha^*$ ) [= 4.77\*1] 3.107
- गङ्गायमुनयोर्मध्ये बालरण्डा तपस्विनी ।  
बलात्कारेण गृहीयात्तद्विष्णोः परमं पदम् ॥ 3.108
- इडा भगवती गङ्गा पिङ्गला यमुना नदी ।  
इडापिङ्गलयोर्मध्ये बालरण्डा सरस्वती ॥ ( $\beta_1\beta_\omega\gamma_2\eta_1\eta_2\chi$ ) 3.108\*1
- पुच्छं प्रगृह्य भुजर्गीं सुप्तामुद्रोधयेदभीः ।  
निद्रां विहाय सा ऋज्वी ऊर्ध्वमुत्तिष्ठते हठात् ॥ 3.109

**105a** *kandordhvam*  $\Gamma\epsilon_2\epsilon_3$ ] *kandordhve* (kandho°  $\delta_{1ac}$ )  $\delta_1\delta_3\eta_1\eta_2\chi$  *kandorddha*  $\beta_\omega$  *kaṁthorddham*  $\beta_1$  *kuṇḍovvo*  $\delta_2$  **śaktiḥ/śaktir** cett.] *śakti*  $\beta_\omega$  **105b** *suptā*  $\beta_1\beta_\omega\epsilon_3\eta_1\eta_2\chi$ ] *buddhā*  $\Gamma\delta_2\epsilon_2$  *baddhā*  $\delta_1\delta_3$  **105c** *mūḍhānām* cett.] *mūrkhānām*  $\gamma_2$  **106a** *ambhodhi* cett.] *om.*  $\alpha^*\chi$  *śailadvipānām*  $\beta_\omega\Gamma\epsilon_3\eta_1\eta_2$ ] *śailordvagānām*  $\beta_1$  *plauladvipānām*  $\epsilon_2$  *dvīpaśailānām*  $\Delta$  *om.*  $\alpha^*\chi$  **106b** *ādhārah* cett.] *ādharaḥ*  $\gamma_2$  *ādhāram*  $\epsilon_2$  *om.*  $\alpha^*\chi$  **106c** *tantrānām* cett.] *jagatām*  $\eta_2$  *om.*  $\alpha^*\eta_1\chi$  **106d** *kuṇḍalī tathā* cett.] *kuṇḍalī* *yathā*  $\delta_1$  *śeṣakuṇḍalī*  $\epsilon_3$  *om.*  $\alpha^*\eta_1\chi$  **107a** *kuṭīlākārā*  $\beta_\omega\Gamma\Delta\epsilon_2\chi$ ] *kuṇḍilākārā*  $\epsilon_3$  *kuṇḍalākārā*  $\eta_1$  *kuṭīlākārī*  $\eta_2$  **108b** *bālaraṇḍā* cett.] *bālaraṇḍām*  $\chi$  *tapasvinī* cett.] *tapasvinī*  $\epsilon_2$  *tapaścānī*  $\delta_1$  *tapasvinim*  $\chi$  *sarasvatī*  $\beta_1\beta_2$  **108\*1d** *sarasvatī*  $\beta_1\beta_\omega\gamma_2\eta_1\eta_2$ ] *ca* *kuṇḍalī*  $\chi$  **109a** *pucchaṁ* cett.] *pucche*  $\delta_2\eta_2\chi$  *pragrhya*  $\beta_1\beta_\omega\Gamma\Delta\epsilon_2\eta_2\chi$ ] *nigrhya*  $\epsilon_3$  *grhya*  $\eta_1$  *bhujagīm*  $\beta_1\gamma_2\Delta$ ] *bhujagīm*  $\beta_\omega\gamma_1$  *bhujagīm*  $\eta_2$  *bhujagīmiva*  $\eta_1$  *illeg.*  $\epsilon_2$  **109b** *udbodhayec*  $\beta_1\beta_\omega\gamma_2\delta_1\delta_2\epsilon_3\eta_2$ ] *udbodhayec*  $\eta_1\chi$  *uddiyotayed*  $\delta_3$  *udrodhyamed*  $\gamma_1$  *illeg.*  $\epsilon_2$  *abhiḥ*  $\beta_2\Gamma$ ] *abhiḥ*  $\epsilon_3$  *apī*  $\Delta$  *ca* *tām*  $\beta_\omega\eta_1\eta_2\chi$  *balāt*  $\beta_1$  *illeg.*  $\epsilon_2$  **109c** *rjvī* cett.] *rjvim*  $\gamma_2$  *rujvī*  $\beta_\omega$  *rajvī*  $\epsilon_2$  *śaktir*  $\chi$  **109d** *ūrdhvam/ūrdham*  $\delta_2\delta_3\epsilon_3\eta_1\eta_2\chi$ ] *urddham*  $\gamma_1$  *mūrdham*  $\beta_1\beta_\omega\delta_1$  *kurddham*  $\epsilon_2$  *uttiṣṭhate* cett.] *ākṛṣyate*  $\epsilon_2$  *haṭhāt* cett.] *kṣaṇāt*  $\beta_1$

परिस्थिता चैव फणावती सा

प्रातश्च सायं प्रहरार्धमात्रं ।

प्रपूर्य सूर्यात्परिधानयुक्त्या

प्रगृह्य नित्यं परिचालनीया ॥<sup>#</sup> (om. α\*)

3.110

वितस्तिप्रमितं दीर्घं विस्तारे चतुरङ्गुलम् ।

मृदुलं धवलं प्रोक्तं वेष्टनाम्बरलक्षणम् ॥ [= 3.33\*5] (om. α\*)

3.111

<sup>36</sup>वज्रासनस्थितो योगी चालयित्वा तु कुण्डलीम् ।

कुर्यादनन्तरं भस्त्रीं कुण्डलीमाशु बोधयेत् ॥

3.112

भानोराकुञ्चनं कुर्यात्कुण्डलीं चालयेत्ततः ।

मृत्युवक्रगतस्यापि तस्य मृत्युभयं कुतः ॥

3.113

**110a** *paristhitā caiva* β<sub>1</sub>ΓΔε<sub>2</sub>] *paristhitasyaiva* ε<sub>3</sub> *paristhitā* [sai]va η<sub>1</sub> *pr̥stisthitasyaiva* β<sub>ω</sub> *avasthitasya* η<sub>2</sub> *avasthitā caiva* χ **110b** *prātas ca sāyaṃ* cett.] *prātas* tu sāyaṃ ε<sub>3</sub> *sāyaṃ ca prātaḥ* δ<sub>2</sub> *mātram* cett.] *rātram* β<sub>ω</sub> **110c** *prapūrya* cett.] *prapūrvva* γ<sub>1</sub> *prasūrya* η<sub>1</sub> *prasārya* β<sub>1</sub>η<sub>2</sub> *sūryāt* β<sub>2</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] *sauryā* δ<sub>1</sub> *saudhā* δ<sub>3</sub> *sācāryya* β<sub>1</sub> *tesau* δ<sub>2</sub> *ryāṣṇut* η<sub>2</sub> **110d** *paridhāna* cett.] *paridhāya* β<sub>ω</sub> *mavidhāna* β<sub>2</sub> *vidhāna* β<sub>1</sub> **111a** *yuktyā* β<sub>1</sub>η<sub>2</sub>χ] *yuktā* β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub> *muktā* Δ **111b** *nityaṃ paricālanīyā* β<sub>1</sub>χ] *niryāt paricālanīyā* β<sub>ω</sub> *niryāt paricālanīyāt* ε<sub>2</sub> *niryātya paricālanīyā* *unm.* ε<sub>3</sub> *niyāt\** *pavicālinī sā* γ<sub>1</sub> *niryātya avicālinī sā* γ<sub>2</sub>Δ *teyā paricālanīy[ai]* η<sub>1</sub> *paricālanīyā* η<sub>2</sub> **111a** *vitastipramitaṃ dīrghaṃ* β<sub>1</sub>ΓΔη<sub>2</sub>] *vitastipramitaṃ dairghyaṃ* β<sub>ω</sub>ε<sub>2</sub> *vitastipramita-dairghyaṃ* ε<sub>3</sub>η<sub>1</sub> *ūrdhvaṃ vitastimātraṃ tu* χ **111b** *vistāre* γ<sub>2</sub>ε<sub>2</sub>] *vistāraṃ* β<sub>1</sub>β<sub>ω</sub>γ<sub>1</sub>Δε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ **111c** *mṛḍulaṃ* cett.] *mṛlaṃ* δ<sub>1</sub> **111d** *dhavaṃ* cett.] *pavanaṃ* δ<sub>3</sub> **111d** *veṣṭanāmbara* ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] *veṣṭanāṃvala* γ<sub>2</sub> *vaṣṭanāṃcara* γ<sub>1</sub>ε<sub>2</sub> *vaṣṭanāmba* β<sub>1</sub> *vaṣṭanāṃ* ε<sub>2</sub> *veṣṭatāṃvara* β<sub>ω</sub> *veṣṭitāmbara* χ *veṣṭanādhāra* Δ **112a** *vajrāsana* cett.] *vajrāsane* β<sub>1</sub>χ **112b** *tu* β<sub>1</sub>β<sub>ω</sub>ΓΔε<sub>2</sub>] *ca* ε<sub>3</sub>η<sub>2</sub>χ *om.* η<sub>1</sub> **112c** *ante kuryād add.* *sūryabhedāt* γ<sub>1</sub>δ<sub>2</sub>δ<sub>3</sub> (as header δ<sub>3</sub>) *kuryād* β<sub>1</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ] *sūryād* Γδ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub> *tathā* δ<sub>2</sub> **112d** *anantaraṃ* cett.] *vanara* γ<sub>1</sub> *sūryāt* δ<sub>2</sub> **112d** *bhastrīm* ε<sub>3</sub>η<sub>2</sub>] *bhastrī* γ<sub>1</sub>Δ *bhasrī* γ<sub>2</sub> *bhastrī* β<sub>ω</sub>ε<sub>2</sub> *bhastrām* β<sub>1</sub>χ *illeg.* η<sub>1</sub> *om.* δ<sub>2</sub> **112d** *kuṇḍalīm āśu bodhayet* cett.] *om.* δ<sub>2</sub> **113a** *bhānor* cett.] *om.* δ<sub>2</sub> **113a** *ākuñcanaṃ kuryāt* cett.] *ākuñcanaṃ pu(?)ryāt* δ<sub>1</sub> *ākuñcanaivaṃ* η<sub>1</sub> *ākuñcanenaiva* η<sub>2</sub> *om.* δ<sub>2</sub> **113b** *cālayet* cett.] *bodhayet* α<sub>1</sub> **113c** *mṛtyu* cett.] *mṛtyor* η<sub>2</sub> **113c** *vaktra* cett.] *vaktraṃ* β<sub>ω</sub>

<sup>36</sup> χ has 3.64 before this verse.

- नासादक्षिणमार्गवाहिपवनो प्राणेऽतिदीर्घाकृते  
चन्द्राम्भःपरिपूरितामृततनुः प्राग्घण्टिकायास्तथा ।  
सिञ्चन्कालविशालवह्निवशगान्धूरन्ध्रनाडीगणां-  
स्तत्कायं कुरुते पुनर्नवतरं जीर्णद्रुमस्कन्धवत् ॥<sup>#</sup> (om. α<sub>1</sub>)<sup>37</sup> 3.114
- कुण्डलीं चालयित्वा तु कुर्याद्ब्रह्मीं विशेषतः ।  
एवमभ्यस्यतो नित्यं यमिनः शङ्कते यमः ॥ (om. α<sub>1</sub>) 3.115
- तदाभ्यसेत्सूर्यभेदमुज्जायीं चापि शीतलीम् ।  
एवमभ्यासयुक्तस्य यमस्तु यमिनः कुतः ॥ (om. α<sub>1</sub>χ) 3.116
- सुहूर्तद्वयपर्यन्तं निर्भरं चालनादसौ ।  
ऊर्ध्वमाकृष्यते किञ्चित् सुषुम्णागतकुण्डली ॥ (cd om. Δ) 3.117

**114a dakṣiṇamārgavāhi** β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] dakṣiṇavāhimārga β<sub>1</sub> dakṣiṇavartmavāhi δ<sub>2</sub>δ<sub>3</sub> paścimavart-  
mavāhi δ<sub>1</sub> da...ṇa[vā]..mārgena η<sub>1</sub> **pavano** β<sub>1</sub>Υ<sub>2</sub>Δ] pavanot ε<sub>3</sub> pavanāt β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ pa-  
vana γ<sub>1</sub> **prāṇe** γ<sub>1</sub>] prāṇo β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ ghrāṇe β<sub>1</sub>Υ<sub>2</sub>δ<sub>2</sub>δ<sub>3</sub> ghrāṇo δ<sub>1</sub> **'tidirghikṛte** em.]  
'tidirghikṛtaś β<sub>ω</sub>δ<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ 'tidirghikṛteś γ<sub>2</sub> tidirghākṛtiś ε<sub>2</sub>η<sub>2</sub> tidirghākṛtaś γ<sub>1</sub> tirghikṛtiś ('kṛtaś pc?)  
δ<sub>1</sub> na dirghikṛtaḥ β<sub>1</sub> ca dirghikṛtaś δ<sub>3</sub> **114b candrāmbhaḥ** β<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] candrāmbhaḥ Γχ can-  
drāmtaḥ Δ camdrāmgāt β<sub>ω</sub> camdrād[vā] ε<sub>2</sub> **paripūrītāmṛtatanuḥ** β<sub>1</sub>Γε<sub>2</sub>η<sub>2</sub>χ] paripūrītāmṛ-  
tatanuḥ ε<sub>3</sub> paripūrītāmṛtyutanuḥ β<sub>ω</sub> paripūrītā..... η<sub>1</sub> paripūrya pūrītatanuḥ Δ **prāg** cett.]  
prā β<sub>1</sub>δ<sub>1</sub> **tathā** β<sub>1</sub>β<sub>ω</sub>Υ<sub>1</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>η<sub>2</sub>] tataḥ δ<sub>3</sub>χ tadā γ<sub>2</sub> sadā ε<sub>3</sub> *illeg.* η<sub>1</sub> **114c siñcan** em.  
(= Amaraughasāśana)] chindan ε<sub>2</sub>ε<sub>3</sub> chinna β<sub>ω</sub>η<sub>2</sub> chittvā χ chaṇḍaḥ β<sub>1</sub> bhindan γ<sub>2</sub>Δ bhidan γ<sub>1</sub>  
*illeg.* η<sub>1</sub> **vahni** cett.] pāsa ε<sub>3</sub> om. γ<sub>1</sub> **vaśagān** β<sub>ω</sub>Υ<sub>2</sub>δ<sub>2</sub>η<sub>1</sub>] vaśagāt η<sub>2</sub> vaśagā δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub> vaśanān  
ε<sub>2</sub> vaśagaṃ χ pavanān β<sub>1</sub> **bhrū** cett.] bhū ε<sub>3</sub> tū γ<sub>1</sub> bhr̥m β<sub>ω</sub> prāg η<sub>2</sub> **gaṇān/gaṇāms** cett.]  
gaṇāt η<sub>2</sub> gataṃ χ **114d tat** β<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] tam β<sub>2</sub>β<sub>ω</sub>ΓΔη<sub>1</sub> **jirṇa** β<sub>1</sub>β<sub>ω</sub>Υ<sub>2</sub>δ<sub>1</sub>δ<sub>2</sub>] jirṇaṃ δ<sub>3</sub>ε<sub>2</sub>  
chinna η<sub>2</sub>χ chinnaṃ ε<sub>3</sub> kṛta η<sub>1</sub> bhasma γ<sub>1</sub> **115a 'tvā tu** γ<sub>2</sub>Δε<sub>2</sub>χ] 'tvacca γ<sub>1</sub> 'tvātha β<sub>1</sub>ε<sub>3</sub>η<sub>2</sub>  
'tvādhaḥ β<sub>ω</sub> *illeg.* η<sub>1</sub> **115b kuryād bhastrīm** δ<sub>2</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>] kuryād bhastrī β<sub>ω</sub>δ<sub>1</sub>ε<sub>2</sub> kuryād bhastrām  
η<sub>2</sub> bhasrī kuryād Γ bhastrām kuryād β<sub>1</sub>χ **115c abhyasyato** η<sub>2</sub>χ] abhyasyatā β<sub>ω</sub> abhyasato δ<sub>3</sub>ε<sub>3</sub>  
abhyasato β<sub>1</sub>Γδ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub> ... syat. η<sub>1</sub> **115d yaminaḥ śaṅkate yamaḥ** cett.] yamino yamabhiḥ ku-  
taḥ χ **116a tadābhyaset** β<sub>ω</sub>Γδ<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>] tadābhyasyet η<sub>2</sub> tad abhyaset β<sub>1</sub>δ<sub>1</sub>ε<sub>3</sub> tam abhyaset δ<sub>3</sub>  
**sūryabhedam** cett.] sūryabhede ε<sub>3</sub> sūryabijam δ<sub>3</sub> **116b ujjāyīm** β<sub>1</sub>β<sub>ω</sub>Γδ<sub>2</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] ujjāi ε<sub>2</sub>  
ujjāyām ε<sub>3</sub> ujjāyām δ<sub>1</sub> **cāpi** cett.] vāpi ε<sub>3</sub> [vā].. η<sub>1</sub> api δ<sub>1</sub> **116c yukṭasya** cett.] yogena  
η<sub>2</sub> **116d yamas tu** ΓΔ] śramas tu ε<sub>3</sub> śamino ε<sub>2</sub>η<sub>1</sub> śamano β<sub>1</sub>β<sub>ω</sub>η<sub>2</sub> **yaminaḥ** cett.] yaminaṃ  
β<sub>ω</sub> **117b nirbharaṃ** ΓΔ] nirbhayaś α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>3</sub> nirbhayaṃś ε<sub>2</sub> nirbhayaṃ η<sub>1</sub>η<sub>2</sub>χ **calanād**  
**asau** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] calanād asau Δ vā diśodiśa η<sub>2</sub> **117c ākr̥ṣyate** cett.] ākr̥te ε<sub>3</sub> om.  
Δ **117d suṣumṇāgatakuṇḍalī** β<sub>1</sub>Γε<sub>3</sub>] suṣumṇā kuṇḍaligatā α<sub>2</sub>ε<sub>2</sub> suṣumṇā kuṇḍaligataḥ α<sub>1</sub>  
suṣumṇāṃ kuṇḍaligatām β<sub>2</sub> suṣumṇāṃ kuṇḍalī gatā β<sub>ω</sub> suṣumṇāyām samudgatā χ suṣumṇāyāḥ  
samuddhṛtaḥ η<sub>2</sub> om. Δη<sub>1</sub>

<sup>37</sup> In χ this verse is found after 3.121 together with the next one and has no commentary.

- तेन कुण्डलिनी तस्याः सुषुम्णायाः समुद्धृता ।  
जहाति तस्मात्प्राणोऽयं सुषुम्णां व्रजति स्वतः ॥ (om. Δ) 3.118
- तस्मात्संचालयेन्नित्यं शब्दगर्भा<sup>#</sup>मरुन्धतीम् ।  
तस्याः संचालनेनैव योगी रोगैः प्रमुच्यते ॥ (om. Δ) 3.119
- येन संचालिता शक्तिः स योगी सिद्धिभाजनम् ।  
किमत्र बहुनोक्तेन कालं जयति लीलया ॥ (om. Δ) 3.120
- ब्रह्मचर्यरतस्यैव नित्यं हितमिताशिनः ।  
मण्डलाद् दृश्यते सिद्धिः कुण्डल्यभ्यासयोगतः ॥ (om. α<sub>1</sub>) 3.121
- अभ्यासनिःसृतां चान्द्रीं विभूत्या सह मिश्रयेत् ।  
तद्धारणं तूत्तमाङ्गे दिव्यदृष्टिप्रदायकम् ॥ (om. Δ<sub>χ</sub>)<sup>38</sup> 3.122

**118a** tena kuṇḍalinī tasyāḥ α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] om. η<sub>1</sub> **118b** samuddhṛtā β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] samudbhutā α<sub>1</sub> mukhaṁ dhruvam β<sub>1</sub>β<sub>2</sub>χ **118c** jahāti cett.] na yāti η<sub>2</sub> **118d** svataḥ ε<sub>3</sub>η<sub>1</sub>χ] svanaḥ α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub> svayam β<sub>1</sub>Γ niścalaḥ η<sub>2</sub> **119a** tasmāt α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>Υ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] kas- māt γ<sub>1</sub> **119b** śabdagarbhāḥ β<sub>1</sub>β<sub>ω</sub>] śabdagaṁdhāḥ α<sub>1</sub> śambhugarbhāḥ Γε<sub>2</sub>ε<sub>3</sub> sukhasuptām χ suśasuptām η<sub>2</sub> illeg. η<sub>1</sub> **arundhatim** cett.] sarasvatīm β<sub>1</sub> **119c** tasyāḥ α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>3</sub>χ] ta- syāḥ η<sub>2</sub> yasyāḥ Γε<sub>2</sub> [ya].. η<sub>1</sub> **saṁcālanenaiva** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>χ] saṁcālanenāśu Γε<sub>3</sub> saṁcālayenāśu ε<sub>2</sub>η<sub>2</sub> .... lanen. ... η<sub>1</sub> **119d** rogaiḥ/rogair α<sub>1</sub>β<sub>1</sub>Υ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] [r]. .air γ<sub>1</sub> rogoḥ β<sub>ω</sub> rogāt η<sub>2</sub> **pramucyate** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ] vimucyate Γε<sub>2</sub>ε<sub>3</sub> **120a** saṁcālītā β<sub>1</sub>β<sub>ω</sub>Υ<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] saṁcalitā ε<sub>2</sub> saṁcalatā α<sub>1</sub> sa cālītā γ<sub>2</sub> **120b** siddhi α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] mukti Γ **bhājanam** cett.] bhā- janaḥ β<sub>1</sub> ..janaḥ η<sub>1</sub> **120d** jayati cett.] vrajati η<sub>2</sub> **121a** brahmacaryaratasyaiva Δη<sub>1</sub>χ] brahmacarye ca tasyaiva γ<sub>2</sub> brahmacatasyaiva γ<sub>1</sub> brahmacaryarataś caiva ε<sub>2</sub> brahmacaryavrata- syaiva β<sub>ω</sub>ε<sub>3</sub> brahmacaryavratam β<sub>1</sub> brahmadharmaratasyaiva η<sub>2</sub> **121b** hitamitāśinaḥ γ<sub>2</sub>δ<sub>3</sub>χ] hitamitāśanaḥ β<sub>ω</sub>Υ<sub>1</sub>δ<sub>1</sub>ε<sub>2</sub> hitamitāśanam β<sub>1</sub> hitamitāśanaḥ ε<sub>3</sub> mitahitāśinaḥ (\*śanaḥ δ<sub>2pc</sub>) δ<sub>2</sub>η<sub>2</sub> illeg. η<sub>1</sub> **121c** maṇḍalād β<sub>1</sub>Υ<sub>2</sub>δ<sub>2</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>χ] maṇḍalā β<sub>ω</sub>Υ<sub>1</sub>η<sub>2</sub> maṇḍali δ<sub>1</sub> illeg. η<sub>1</sub> **121d** kuṇḍalya β<sub>1</sub>Υ<sub>2</sub>ε<sub>3</sub>χ] kuṇḍalyā β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>η<sub>2</sub> kuṇḍalā δ<sub>2</sub> kuṇḍali γ<sub>1</sub> illeg. η<sub>1</sub> **yogataḥ** β<sub>1</sub>ΓΔη<sub>1</sub>η<sub>2</sub>] yogi- naḥ β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>χ **122a** abhyāsa α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>] abhyāsān χ abhyāsā η<sub>2</sub> **niḥśrītām** β<sub>1</sub>β<sub>ω</sub>ε<sub>3</sub>χ] niḥśrītā η<sub>1</sub> niḥśrītām η<sub>2</sub> niśrītā α<sub>1</sub> niḥśrītām ε<sub>2</sub> sahitām Γ **cāndrīm** α<sub>1</sub>β<sub>1</sub>ε<sub>2</sub>η<sub>2</sub>χ] cāndrī β<sub>ω</sub>ε<sub>3</sub>η<sub>1</sub> candram Γ **122b** miśrayet ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] miśritām β<sub>1</sub>β<sub>ω</sub> miśritām α<sub>1</sub> micchayet γ<sub>1</sub> mūrchayet γ<sub>2</sub> **122c** taddhāraṇam β<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>] taddhāraṇā Γ tadvāraṇam β<sub>ω</sub> tad[v/dh].... η<sub>1</sub> tad dhārayed α<sub>1</sub> tāṁ dhārayed η<sub>2</sub> dhārayed χ **tūttamāṅge** β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>] cottamāṅge γ<sub>2</sub> cottamāṅga γ<sub>1</sub> ut- tamāṅge α<sub>1</sub>η<sub>2</sub> uttamāṅgeṣu χ illeg. η<sub>1</sub> **122d** divya cett.] dirgha α<sub>3</sub>β<sub>1</sub>β<sub>ω</sub> **dr̥ṣṭipradāyakam** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>] dr̥ṣṭipradāyiniṁ Γ dr̥ṣṭipradāyiniṁ η<sub>2</sub> dr̥ṣṭiḥ prajāyate η<sub>1</sub>

<sup>38</sup> χ has this verse in the Vajrolī section, immediately after 3.96.

द्वासप्ततिसहस्राणां नाडीनां मलशोधने ।

कुतः प्रक्षालनोपायः कुण्डल्यभ्यासतो विना ॥ (om.  $\alpha_1\beta_\omega$ )

3.123

इति शक्तिचालनम् । ( $\varepsilon_2\varepsilon_3\eta_1\eta_2$ )

इति मुद्रा दश प्रोक्ता आदिनाथेन शम्भुना ।

एकैका तासु यमिनां महासिद्धिप्रदायिनी ॥<sup>39</sup>

3.124

राजयोगं विना पृथ्वी राजयोगं विना निशा ।

राजयोगं विना मुद्रा विचित्रापि न राजते ॥

3.125

मारुतस्य विधिं सर्वं मनोयुक्तं समभ्यसेत् ।

इतरत्र न कर्तव्या मनोवृत्तिर्मनीषिणा ॥

3.126

खिलापि# मध्यमा नाडी द्वाभ्यासेन योगिनाम् ।

आसनप्राणसंयाममुद्राभिः सरला भवेत् ॥

3.127

**123a** dvā  $\gamma_1\delta_1\delta_3\chi$ ] dvi  $\beta_1\gamma_2\delta_2\varepsilon_2\varepsilon_3\eta_1\eta_2$  **123b** śodhane  $\eta_2\chi$ ] śodhanam  $\beta_1\Gamma\Delta\varepsilon_2\varepsilon_3\eta_1$  **123c** ku-  
taḥ  $\Delta\varepsilon_3\chi$ ] kṛta  $\varepsilon_2$  gudaḥ  $\gamma_2$  guda  $\eta_1\eta_2$  aṃtaḥ  $\beta_1$  om.  $\gamma_1$  **prakṣālanopāyaḥ**  $\gamma_2\Delta\varepsilon_3\eta_2\chi$ ]   
“pāyam  $\varepsilon_2\eta_1$  prakṣālano vāyuh  $\beta_1$  om.  $\gamma_1$  **123d** kuṇḍalyabhyāsato vinā  $\gamma_2$ ] kuṇḍalyāb-  
hyāsato vinā  $\gamma_1\Delta$  kuṇḍalyabhyāsanād rte  $\beta_1\varepsilon_2\varepsilon_3$  kuṇḍalyabhyasanād rte  $\chi$  kuṇḍalyabhyāsa isyate  
 $\eta_2$  ku ... [bhyā] ..[mā] ...  $\eta_1$  **124a** daśa cett.] dabhā  $\alpha_1$  nava  $\Delta$  **124c** ekaikā tāsu  $\alpha_1\delta_2\delta_3\chi$ ]   
ekaikatāsu  $\varepsilon_2$  ekaiva tāsu  $\delta_1$  ekaikāpi su° *unm.*  $\Gamma$  karaṇe sarva  $\varepsilon_3$  kāraṇe sarva  $\eta_2$  kāraṇam sarva  
 $\beta_1\beta_\omega$  ka ... sarva  $\eta_1$  **yaminām**  $\alpha_1\Gamma\Delta\varepsilon_2\chi$ ] siddhānām  $\varepsilon_3\eta_1\eta_2$  siddhinām  $\beta_1\beta_\omega$  **124d** mahāsid-  
dhipradāyini  $\alpha_1\Gamma\Delta\varepsilon_2\chi$ ] ekaikāpi kṣamaiva sā  $\beta_1\beta_\omega\varepsilon_3\eta_1\eta_2$  ( $\eta_1$  partly illegible) **125a** prthvī cett.]  
prthvīm  $\eta_2$  siddhi  $\varepsilon_3$  vṛddhir  $\varepsilon_2$  **125b** niśā cett.] niśam  $\eta_2$  nyathā  $\gamma_1$  **125d** rājate cett.] śob-  
hate  $\beta_1\chi$  **126a** mārutasya vidhiṃ cett.] mārutābhyasanam  $\varepsilon_3\eta_1\eta_2$  **sarvaṃ** cett.] sarvām  $\beta_1$   
sarve  $\alpha_1$  siddhiṃ  $\delta_2\delta_3$  kiṃcin  $\eta_2$  **126b** samabhyaset cett.] samācāret  $\eta_1\eta_2$  **126d** maṇiṣiṇā  
 $\alpha_1\beta_1\Gamma\delta_1\varepsilon_3\eta_2\chi$ ] maṇiṣiṇām  $\beta_\omega\delta_2\delta_3\varepsilon_2$  ..[ni] ..n.  $\eta_1$  **127a** khilāpi  $\alpha_1\beta_1\beta_\omega\gamma_2\Delta$ ] sthirāpi  $\gamma_1$  calāpi  
 $\varepsilon_2\varepsilon_3$  iyaṃ tu  $\chi$  vināpi  $\eta_1\eta_2$  **madhyamā** cett.] madhyamām  $\eta_2$  *illeg.*  $\eta_1$  **nāḍī** cett.] ..ḍim  
 $\eta_1$  **127b** yoginām cett.] yoginā  $\beta_1$  yoginaṃ  $\beta_\omega$  yoginaḥ  $\eta_2$  **127c** āsana  $\alpha_1\beta_1\beta_\omega\delta_1\delta_2\eta_2\chi$ ]   
āsanam  $\Gamma\delta_3\varepsilon_2\varepsilon_3\eta_1$  **saṃyāma**  $\alpha_1\gamma_1\varepsilon_2\varepsilon_3\eta_1\chi$ ] saṃyama  $\beta_\omega$  saṃyāmair  $\beta_1\delta_2\delta_3$  saṃyāmai  $\gamma_2\delta_1$   
saṃyamair  $\eta_2$  **127d** saralā cett.] na calā  $\delta_1$  sabalā  $\varepsilon_3$  śavalā  $\varepsilon_2$

<sup>39</sup> Verse order of  $\chi$ : 3.127 → 3.128 → 3.125 → 3.126 → 3.124

उपासने विनिद्राणां राजयोगः समुद्रकः ।<sup>#</sup>

रुद्राणी सा परा मुद्रा भद्रां सिद्धिं प्रयच्छति ॥ (om. ε<sub>2</sub>)

3.128

उपदेशं हि मुद्राणां यो धत्ते सांप्रदायिकम् ।

स एवास्तु गुरुः स्वामी साक्षादीश्वर एव सः ॥ (om. α<sub>1</sub>)

3.129

तस्य वाक्यपरो भूत्वा योऽभ्यस्यति समाहितः ।

अणिमादिगुणैश्वर्यं जायते कालवञ्चनम् ॥ (om. α<sub>1</sub>η<sub>1</sub>)

3.130

इति स्वात्मारामयोगीन्द्रविरचितायां हठप्रदीपिकायां तृतीयोपदेशः ॥ ३ ॥

**128a upāsane** α<sub>1</sub>] upāsanaṃ Γ upāsana ḁ<sub>1</sub>ḁ<sub>3</sub> tathāsana ḁ<sub>2</sub> abhyāse.. η<sub>1</sub> abhyāseṣu β<sub>1</sub>β<sub>ω</sub>ε<sub>3</sub> abhyāsena η<sub>2</sub> abhyāse tu χ **vinidrāṇām** cett.] hi mudrāṇām η<sub>2</sub> **128b rājayogaḥ** ΓΔ] rā-jayoga α<sub>1</sub>α<sub>2</sub>α<sub>3</sub> anuddhṛta η<sub>1</sub> anuddhata ε<sub>3</sub> anudbhūta β<sub>1</sub> anudruta β<sub>2</sub> manudṛta β<sub>ω</sub> mano dhṛtvā χ tad udeti η<sub>2</sub> **samudrakah** γ<sub>2</sub>] samudravat α<sub>1</sub>α<sub>3</sub> samudbhavān α<sub>2</sub> samūcakah γ<sub>1</sub> samāh-nakah ḁ<sub>1</sub> samahnakah ḁ<sub>3</sub> samāhakah ḁ<sub>2</sub> samādhinām β<sub>1</sub>ε<sub>3</sub>η<sub>1</sub> samādhinā η<sub>2</sub>χ samādhiṣu β<sub>2</sub>β<sub>ω</sub> **128c rudrāṇi** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ΓΔε<sub>3</sub>χ] mudrāṇām η<sub>1</sub>η<sub>2</sub> **sā** ΓΔ] cā α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub> vā χ **128d bhadraṃ** cett.] bhavām γ<sub>1</sub> sadā α<sub>1</sub> **prayacchati** cett.] prayakṣati ḁ<sub>1</sub> **129a upadeśam** cett.] upadeśe η<sub>1</sub> upadeśo ε<sub>2</sub> **129b dhatte** β<sub>1</sub>β<sub>ω</sub>γ<sub>2</sub>Δε<sub>2</sub>η<sub>2</sub>] datte ε<sub>3</sub>χ dartte γ<sub>1</sub> ..[tte] η<sub>1</sub> **sāṃpradāyikam** β<sub>2</sub>β<sub>ω</sub>Δη<sub>1</sub>η<sub>2</sub>χ] \*yikām ε<sub>3</sub> \*yikaḥ Γ \*yakam ε<sub>2</sub> sāṃpradāyakah β<sub>1</sub> **129c evāstu** β<sub>2</sub>γ<sub>2</sub>Δε<sub>2</sub>η<sub>1</sub>] evastu β<sub>ω</sub> eva śrī ε<sub>3</sub>η<sub>2</sub>χ evavāca γ<sub>1</sub> vāstava β<sub>1</sub> **129d eva** cett.] eṣa ε<sub>2</sub> **saḥ** cett.] ca γ<sub>1</sub> **130a bhūtvā** ΓΔε<sub>3</sub>χ] nityam β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>η<sub>2</sub> **130b yo'bhyasyati** Δε<sub>3</sub>] yo bhyasati β<sub>1</sub> yo bhyaset su° γ<sub>1</sub> yo bhyaseta γ<sub>2</sub> yo bhyasena ε<sub>2</sub> yomabhyaset β<sub>ω</sub> athābhyāsa η<sub>2</sub> mudrābhyāse χ **130c guṇaiś-varyam** cett.] guṇaiḥ sārḍham ε<sub>3</sub>χ **130d jāyate** cett.] labhate η<sub>2</sub>χ **vañcanam** Δχ] vañcanāt Γ vañcakah β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub> **col iti svātmārāma** γ<sub>1</sub>η<sub>1</sub>] iti śrisvātmārāma β<sub>ω</sub> ti śrisadgu-rusvātmārāma α<sub>1</sub> ity ātmārāma η<sub>2</sub> iti śrisahajānaṃdasamṭānacimṭāmaṇisvātmārāma (cimṭāmaṇinā ε<sub>3</sub>) γ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub> iti β<sub>1</sub>Δ **yogindra** β<sub>ω</sub>Γη<sub>2</sub>] yogemdra α<sub>1</sub> yoginā ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub> om. β<sub>1</sub>Δ **viracitāyām** α<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] om. β<sub>1</sub>Δ **haṭhpradipikāyām** α<sub>1</sub>β<sub>ω</sub>γ<sub>2</sub>ḁ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] śrihaṭhpradipikāyām β<sub>1</sub>ḁ<sub>2</sub> haṭhayogavidyāyām ḁ<sub>1</sub> om. γ<sub>1</sub> **ante tṛtiyo° add.** mudrāvidhānam ε<sub>3</sub> **tṛtiyopadeśaḥ** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>γ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>] tṛtiya upadeśaḥ ḁ<sub>1</sub> tṛtiyoyam upadeśaḥ ḁ<sub>2</sub>ḁ<sub>3</sub> tṛtiyo dhyāyaḥ η<sub>1</sub>η<sub>2</sub> caturthopadeśa γ<sub>1</sub> (छ । ३ एन्दे wइथ्वत्रोली)



**List of Sigla**

$\alpha_1$	N3	Gr1	one folio is missing (3.87–3.113a) [ $\alpha^*$ is a reconstruction of Gr1 from the other mss of the group for the missing part of $\alpha_1$ ]
$\alpha_2$	J5	Gr1	consulted sporadically
$\alpha_3$	G4	Gr1	consulted sporadically
$\beta_1$	C6	Gr4b	contaminated with Gr3?
$\beta_2$	P11	Gr4b	consulted only when the reading of $\beta_1$ is unusual from the stemmatic point of view
$\beta_\omega$	V3	Gr6b	
$\gamma_1$	N23	Gr2	
$\gamma_2$	J7	Gr2	
$\delta_1$	V19	Gr3	
$\delta_2$	K3	Gr3	the Vajrolī section is lost
$\delta_3$	C7	Gr3	one folio is missing (3.11d–3.19c)
$\delta_\omega$	J6	Gr6a	collated only for 3.32*1–33*19
$\varepsilon_1$	P15	Gr4c	lost after 3.13a
$\varepsilon_2$	N19	Gr4c	
$\varepsilon_3$	V15	Gr4c	3.49c–3.67 omitted; contaminated with Gr3?
$\varepsilon_4$	J14	Gr4c	collated only for 3.49–66 as substitute for $\varepsilon_3$
$\varepsilon_\omega$	N26	Gr6c	collated only for 3.32*1–33*19
$\eta_1$	V1	Gr4c/4d	
$\eta_2$	J10	Gr4d	
$\eta_\omega$	N9	Gr6d	collated only for 3.32*1–33*19
$\chi$	Jyo	Gr4a	Brahmānanda's version, based on the edition 1972