



**Nationwide Life and Annuity Insurance Company**  
One Nationwide Plaza  
Columbus, OH 43215-2221

# Nationwide CareMatters<sup>®</sup> II

**Life insurance with cash indemnity  
long-term care benefits**

---

**Prepared for:** Valued Client

**Life Insurance Producer:**

**Prepared on:** October 24, 2024

**Valued Agent 0X88888**  
AIN  
2801 Townsgate Rd  
Westlake Village, CA 91361  
Phone: 800-350-2019

The insurance professional or company may contact you in response to your request for additional information.

The information contained herein was prepared to support the promotion, marketing, and/or sale of life insurance contracts, annuity contracts and/or other products and services provided by Nationwide Life and Annuity Insurance Company.

• Not a deposit • Not FDIC or NCUSIF insured • Not guaranteed by the institution • Not insured by any federal government agency • May lose value

# Rely on Nationwide® to be here for you

We work hard to help you protect what matters today and prepare you for what comes tomorrow. In fact, we've been helping members protect what's important since 1926 and **providing long-term care solutions for nearly 25 years**. We run our business to make sure we'll be here to protect you whenever you need us.

Nearly  
**100**  
years as a  
mutual company

Helping members protect  
what's important since  
**1926**

Offering  
**long-term care  
solutions**  
since 1999



received: 10/17/02  
affirmed: 12/22/21<sup>1</sup>



received: 3/10/09  
affirmed: 5/27/20<sup>1</sup>



received: 12/22/08  
affirmed: 4/19/22<sup>1</sup>

**FORTUNE**  
**100 Best**  
Workplaces for  
Diversity<sup>2</sup>

**We are a**  
**FORTUNE 100**  
company<sup>3</sup>

**FORTUNE**  
**100 Best**  
Companies to  
Work For<sup>4</sup>

<sup>1</sup> These ratings and rankings reflect rating agency assessment of the financial strength and claims-paying ability of Nationwide Life Insurance Company and Nationwide Life and Annuity Insurance Company. They are not intended to reflect the investment experience or financial strength of any variable account, which is subject to market risk. Because the dates are updated only when there's a change in the rating, the dates above reflect the most recent ratings we have received. They are subject to change at any time.

<sup>2</sup> "The 100 Best Workplaces for Diversity," [fortune.com/best-workplaces-for-diversity/2019/search/](https://fortune.com/best-workplaces-for-diversity/2019/search/) (2019).

<sup>3</sup> Based on revenue, Fortune magazine (June 2021).

<sup>4</sup> "100 Best Companies to Work For," [greatplacetowork.com/best-workplaces/100-best/2022](https://greatplacetowork.com/best-workplaces/100-best/2022) (2022).

# Your policy highlights

## Valued Client

(Male, 60 Couple Nontobacco, Alabama)

This policy covers a wide range of long-term care (LTC) services and pays the monthly benefit directly to you, the policyowner. Nationwide CareMatters® II was designed to put you in control of your future long-term care choices.

Please review the enclosed information with your insurance professional to determine whether Nationwide CareMatters II is right for you.

|   |   |
|---|---|
| <b>Guaranteed premium</b>   | <b>Annual Planned Premium: \$100,000.00</b>   |
| <b>Premium payment period</b>                                       | Single Premium  |
| <b>Refund of Premium on surrender</b>                               | Maximum LTC Benefit <sup>5</sup>  |
| <b>Total LTC benefit</b>  | <b>Day 1: \$594,549</b><br><b>Age 85: \$594,549</b>   |
| <b>Maximum monthly LTC benefit</b>                                  | <b>Day 1: \$8,258</b><br><b>Age 85: \$8,258</b>   |
| <b>LTC specified benefit period</b>                                 | 6 years   |
| <b>Inflation protection option</b>                                  | declined  |
| <b>Specified amount<br/>(amount accelerated for long-term care)</b> | \$198,182.90<br><br>Note: The Net Death Benefit may be higher in some years.<br>See Net Death Benefit column of the Tabular Detail. |
| <b>Guaranteed minimum death benefit</b>                             | \$39,636.58   |
| <b>Is Sales Proposal a MEC?<sup>6</sup></b>                         | Yes   |

<sup>5</sup> You have elected the Minimum Refund of Premium with Maximum LTC Benefit Option. The Refund of Premium value is equal to the Cash Surrender Value. This option provides the lowest Refund of Premium value in the early years and the most LTC benefit for a given Premium.

<sup>6</sup> LTC benefits paid from a MEC policy receive the same tax advantages as LTC benefits paid from a non-MEC policy. These LTC benefits are tax free subject to Internal Revenue Code limits

# The benefits of your linked-benefit policy

## Linked-benefit policies guarantee:



A premium that will never change



LTC benefits that will never go down<sup>7</sup>



A death benefit if you do not use your LTC benefit

## What helps set CareMatters II apart

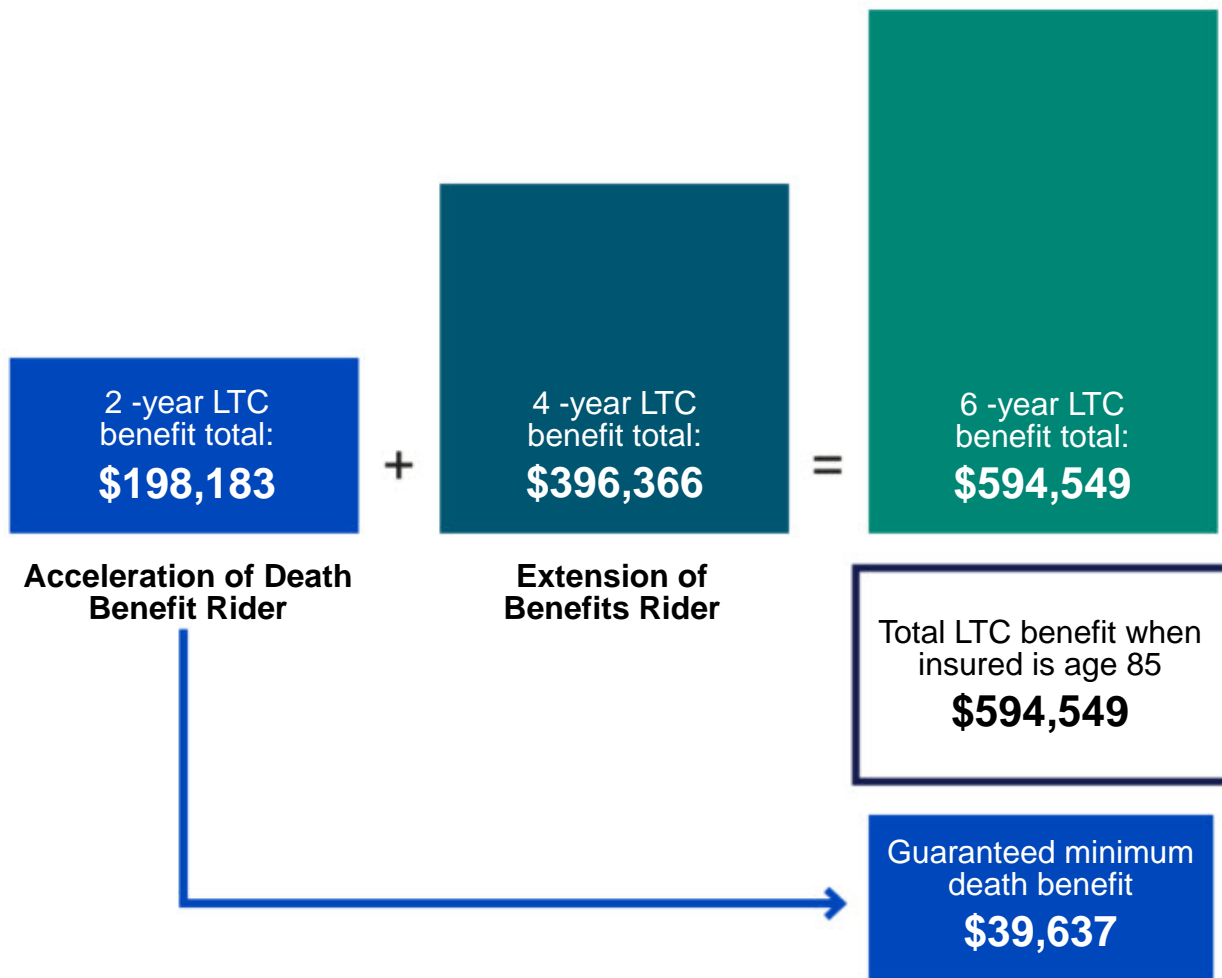
- ▶ Cash indemnity:
  - Clients may elect to receive up to 100% of their available monthly cash benefit
  - There's no need to submit monthly bills or receipts once the claim has been approved
  - 100% of the benefits can be used to pay for informal care<sup>8</sup>
  - Nationwide places no restrictions on how the benefit is used
- ▶ A guaranteed death benefit even if all LTC benefits have been paid
- ▶ Upon completion of the elimination period, benefits for the first 90 days will be paid retroactively along with benefits for month 4
- ▶ If you stop paying your scheduled premium, the policy will be converted to a paid-up policy with a reduced benefit
- ▶ International benefits (see key terms and definitions for details)
- ▶ Potential tax advantages because of separately identifiable LTC and life insurance premiums

<sup>7</sup> LTC benefits will never go down unless you choose to make changes to your policy, such as taking loans or partial surrenders from the policy or not paying scheduled premiums.

<sup>8</sup> The plan of care provided by a U.S.-licensed health care provider must state that informal care is appropriate.

# How CareMatters II works

**Guaranteed premium:** Single Premium \$100,000 Annual



## Monthly LTC Benefit day 1 of \$8,258 and \$8,258 when insured is age 85

Upon completion of the elimination period, benefits for the first 90 days will be paid retroactively along with benefits for month 4.

For example, at age 85 of the insured, the first benefit payment received after completion of the 90-calendar-day elimination period will total \$33,030 (which is 4 x \$8,258) because of the retroactive payment.

This scenario assumes that all premiums have been paid; no loans, partial surrenders or LTC benefits have been taken; and the full monthly LTC benefit is paid.

# Your policy guarantees

**Guaranteed premium: Single Premium \$100,000 Annual**



## Guaranteed LTC benefits

if you ever need care

A \$8,258 total monthly LTC benefit on day 1

A \$8,258 total monthly LTC benefit at age 85



## Guaranteed death benefit,

even if you use some or all of your LTC benefit

A \$198,183 guaranteed death benefit if you never need care

A guaranteed minimum death benefit of \$39,637, even if you use 100% of your LTC benefits



## Guaranteed money back

if you ever cancel the policy

**Year 20:** \$142,963 total received on surrender

**Year 30:** \$169,856 total received on surrender



## Guaranteed paid-up benefits

**Year 1:** \$8,258 monthly LTC benefit \$594,549 total LTC benefit

All these numbers represent end-of-the-year values and assume you've continued to pay your premium as scheduled and haven't taken any loans or partial surrenders.



**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Separately identifiable LTC and life insurance premiums

**Annual Planned Premium: \$100,000**

The Scheduled Premium breaks down as follows:

1. Life Insurance Premium: \$86,520.09
2. LTC Rider Premium: \$7,463.51
3. LTC Extension of Benefits Premium: \$6,016.40

**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Tabular Detail

|              |     |                | All Values and Benefits Guaranteed<br>Guaranteed 1.00% Interest Rate |                             |                   |                   |                         |                      |
|--------------|-----|----------------|--|-----------------------------|-------------------|-------------------|-------------------------|----------------------|
| End of Year  | Age | Premium        | Cash Value   | Total Received on Surrender | Net Death Benefit | Total LTC Benefit | Max Monthly LTC Benefit | IRR On Total Benefit |
| 1            | 60  | 100,000        | 85,933   | 85,933                      | 198,183           | 594,549           | 8,258                   | 170.40%              |
| 2            | 61  | 0              | 88,592   | 88,592                      | 198,183           | 594,549           | 8,258                   | 74.14%               |
| 3            | 62  | 0              | 91,306   | 91,306                      | 198,183           | 594,549           | 8,258                   | 50.03%               |
| 4            | 63  | 0              | 94,072   | 94,072                      | 198,209           | 594,549           | 8,258                   | 38.27%               |
| 5            | 64  | 0              | 96,884   | 96,884                      | 198,183           | 594,549           | 8,258                   | 31.15%               |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |
| 6            | 65  | 0              | 99,744   | 99,744                      | 198,192           | 594,549           | 8,258                   | 26.33%               |
| 7            | 66  | 0              | 102,652  | 102,652                     | 198,183           | 594,549           | 8,258                   | 22.84%               |
| 8            | 67  | 0              | 105,610  | 105,610                     | 198,183           | 594,549           | 8,258                   | 20.18%               |
| 9            | 68  | 0              | 108,617  | 108,617                     | 198,183           | 594,549           | 8,258                   | 18.09%               |
| 10           | 69  | 0              | 111,672  | 111,672                     | 198,218           | 594,549           | 8,258                   | 16.39%               |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |
| 11           | 70  | 0              | 114,768  | 114,768                     | 198,205           | 594,549           | 8,258                   | 14.99%               |
| 12           | 71  | 0              | 117,896  | 117,896                     | 198,184           | 594,549           | 8,258                   | 13.82%               |
| 13           | 72  | 0              | 121,045  | 121,045                     | 198,183           | 594,549           | 8,258                   | 12.81%               |
| 14           | 73  | 0              | 124,202  | 124,202                     | 198,183           | 594,549           | 8,258                   | 11.94%               |
| 15           | 74  | 0              | 127,358  | 127,358                     | 198,183           | 594,549           | 8,258                   | 11.19%               |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |
| 16           | 75  | 0              | 130,505  | 130,505                     | 198,183           | 594,549           | 8,258                   | 10.52%               |
| 17           | 76  | 0              | 133,640  | 133,640                     | 198,189           | 594,549           | 8,258                   | 9.93%                |
| 18           | 77  | 0              | 136,764  | 136,764                     | 198,183           | 594,549           | 8,258                   | 9.40%                |
| 19           | 78  | 0              | 139,873  | 139,873                     | 198,200           | 594,549           | 8,258                   | 8.93%                |
| 20           | 79  | 0              | 142,963  | 142,963                     | 198,183           | 594,549           | 8,258                   | 8.50%                |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |
| 21           | 80  | 0              | 146,024  | 146,024                     | 198,183           | 594,549           | 8,258                   | 8.11%                |
| 22           | 81  | 0              | 149,041  | 149,041                     | 198,183           | 594,549           | 8,258                   | 7.76%                |
| 23           | 82  | 0              | 152,004  | 152,004                     | 198,183           | 594,549           | 8,258                   | 7.43%                |
| 24           | 83  | 0              | 154,903  | 154,903                     | 198,183           | 594,549           | 8,258                   | 7.14%                |
| 25           | 84  | 0              | 157,720  | 157,720                     | 198,183           | 594,549           | 8,258                   | 6.86%                |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |

Based on Premium Outlay, coverage would continue to:

Insured's attained age: 120



**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Tabular Detail

|              |     |                | All Values and Benefits Guaranteed<br>Guaranteed 1.00% Interest Rate |                             |                   |                   |                         |                      |  |
|--------------|-----|----------------|--|-----------------------------|-------------------|-------------------|-------------------------|----------------------|--|
| End of Year  | Age | Premium        | Cash Value   | Total Received on Surrender | Net Death Benefit | Total LTC Benefit | Max Monthly LTC Benefit | IRR On Total Benefit |  |
| 26           | 85  | 0              | 160,437  | 160,437                     | 198,183           | 594,549           | 8,258                   | 6.61%                |  |
| 27           | 86  | 0              | 163,031  | 163,031                     | 198,183           | 594,549           | 8,258                   | 6.37%                |  |
| 28           | 87  | 0              | 165,480  | 165,480                     | 198,183           | 594,549           | 8,258                   | 6.15%                |  |
| 29           | 88  | 0              | 167,760  | 167,760                     | 198,183           | 594,549           | 8,258                   | 5.94%                |  |
| 30           | 89  | 0              | 169,856  | 169,856                     | 198,183           | 594,549           | 8,258                   | 5.75%                |  |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |  |
| 31           | 90  | 0              | 171,765  | 171,765                     | 198,183           | 594,549           | 8,258                   | 5.57%                |  |
| 32           | 91  | 0              | 173,490  | 173,490                     | 198,183           | 594,549           | 8,258                   | 5.40%                |  |
| 33           | 92  | 0              | 175,048  | 175,048                     | 198,183           | 594,549           | 8,258                   | 5.24%                |  |
| 34           | 93  | 0              | 176,463  | 176,463                     | 198,183           | 594,549           | 8,258                   | 5.09%                |  |
| 35           | 94  | 0              | 177,769  | 177,769                     | 198,183           | 594,549           | 8,258                   | 4.95%                |  |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |  |
| 36           | 95  | 0              | 179,030  | 179,030                     | 198,183           | 594,549           | 8,258                   | 4.82%                |  |
| 37           | 96  | 0              | 180,260  | 180,260                     | 198,183           | 594,549           | 8,258                   | 4.69%                |  |
| 38           | 97  | 0              | 181,424  | 181,424                     | 198,183           | 594,549           | 8,258                   | 4.57%                |  |
| 39           | 98  | 0              | 182,514  | 182,514                     | 198,183           | 594,549           | 8,258                   | 4.45%                |  |
| 40           | 99  | 0              | 183,516  | 183,516                     | 198,183           | 594,549           | 8,258                   | 4.35%                |  |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |  |
| 41           | 100 | 0              | 184,417  | 184,417                     | 198,183           | 594,549           | 8,258                   | 4.24%                |  |
| 42           | 101 | 0              | 185,224  | 185,224                     | 198,183           | 594,549           | 8,258                   | 4.14%                |  |
| 43           | 102 | 0              | 185,959  | 185,959                     | 198,183           | 594,549           | 8,258                   | 4.05%                |  |
| 44           | 103 | 0              | 186,628  | 186,628                     | 198,183           | 594,549           | 8,258                   | 3.96%                |  |
| 45           | 104 | 0              | 187,242  | 187,242                     | 198,183           | 594,549           | 8,258                   | 3.87%                |  |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |  |
| 46           | 105 | 0              | 187,825  | 187,825                     | 198,183           | 594,549           | 8,258                   | 3.79%                |  |
| 47           | 106 | 0              | 188,427  | 188,427                     | 198,183           | 594,549           | 8,258                   | 3.71%                |  |
| 48           | 107 | 0              | 189,064  | 189,064                     | 198,183           | 594,549           | 8,258                   | 3.64%                |  |
| 49           | 108 | 0              | 189,682  | 189,682                     | 198,183           | 594,549           | 8,258                   | 3.56%                |  |
| 50           | 109 | 0              | 190,280  | 190,280                     | 198,183           | 594,549           | 8,258                   | 3.49%                |  |
| <b>Total</b> |     | <b>100,000</b> |  |                             |                   |                   |                         |                      |  |

Based on Premium Outlay, coverage would continue to:

Insured's attained age: 120



**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Tabular Detail

|              |     |                | All Values and Benefits Guaranteed |                             |                   |                   |                         |                      |  |
|--------------|-----|----------------|------------------------------------|-----------------------------|-------------------|-------------------|-------------------------|----------------------|--|
|              |     |                | Guaranteed 1.00% Interest Rate     |                             |                   |                   |                         |                      |  |
| End of Year  | Age | Premium        | Cash Value                         | Total Received on Surrender | Net Death Benefit | Total LTC Benefit | Max Monthly LTC Benefit | IRR On Total Benefit |  |
| 51           | 110 | 0              | 190,860                            | 190,860                     | 198,183           | 594,549           | 8,258                   | 3.43%                |  |
| 52           | 111 | 0              | 191,424                            | 191,424                     | 198,183           | 594,549           | 8,258                   | 3.36%                |  |
| 53           | 112 | 0              | 191,973                            | 191,973                     | 198,183           | 594,549           | 8,258                   | 3.30%                |  |
| 54           | 113 | 0              | 192,510                            | 192,510                     | 198,183           | 594,549           | 8,258                   | 3.24%                |  |
| 55           | 114 | 0              | 193,037                            | 193,037                     | 198,183           | 594,549           | 8,258                   | 3.18%                |  |
| <b>Total</b> |     | <b>100,000</b> |                                    |                             |                   |                   |                         |                      |  |
| 56           | 115 | 0              | 193,558                            | 193,558                     | 198,183           | 594,549           | 8,258                   | 2.83%                |  |
| 57           | 116 | 0              | 194,080                            | 194,080                     | 198,183           | 594,549           | 8,258                   | 2.40%                |  |
| 58           | 117 | 0              | 194,613                            | 194,613                     | 198,183           | 594,549           | 8,258                   | 1.88%                |  |
| 59           | 118 | 0              | 195,182                            | 195,182                     | 198,183           | 594,549           | 8,258                   | 1.17%                |  |
| 60           | 119 | 0              | 195,881                            | 195,881                     | 198,183           | 594,549           | 8,258                   | 0.00%                |  |
| <b>Total</b> |     | <b>100,000</b> |                                    |                             |                   |                   |                         |                      |  |

Based on Premium Outlay, coverage would continue to:

Insured's attained age: 120



**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Signature Page

**Proposal as shown is a Modified Endowment Contract.**

I have received a copy of this proposal. I also understand this proposal is not a contract and that the terms of the policy constitute the actual agreement of coverage.

\_\_\_\_\_  
Applicant/Policy Owner

\_\_\_\_\_  
Date

I certify that this proposal has been presented to the applicant. I have made no representations that are inconsistent with the proposal.

\_\_\_\_\_  
Sales Representative

\_\_\_\_\_  
Date

Life Insurance underwritten by the Nationwide Life and Annuity Insurance Company, Columbus, Ohio.

**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Total Received on Surrender

- A. Guaranteed Cash Value  
 B. Accumulated Value Less Surrender Charges  
 C. Net Surrender Value (the greater of A or B)  
 D. Refund of Premium Value  
 E. Total Received On Surrender - The total dollar amount that will be paid upon surrender of the policy. The Total received On Surrender is the greater of the Net Surrender Value (C) and the Refund of Premium (D). If the Refund of Premium is greater than the Net Surrender Value, the excess will be refunded upon surrender. For example:
- If the Refund of Premium is \$100,000 and the Net Surrender Value is \$70,000, the Total Received on Surrender will be \$100,000. The \$100,000 will consist of the \$70,000 Net Surrender Value and \$30,000 Refund of Premium.
  - If the Refund of Premium is \$70,000 and the Net Surrender Value is \$100,000, the Total Received on Surrender will be \$100,000. The \$100,000 will consist of the \$100,000 Net Surrender Value.

| End of Year | Age | (A)<br>Guaranteed<br>Cash<br>Value | (B)<br>Accumulated<br>Value Less<br>Surrender Charges | (C)<br>Net<br>Surrender<br>Value | (D)<br>Refund<br>Of<br>Premium | (E)<br>Total Received<br>on<br>Surrender |
|-------------|-----|------------------------------------|---|----------------------------------|--------------------------------|--|
| 1           | 60  | 85,933                             | 56,591  | 85,933                           | N/A                            | 85,933                                   |
| 2           | 61  | 88,592                             | 55,534  | 88,592                           | N/A                            | 88,592                                   |
| 3           | 62  | 91,306                             | 54,352  | 91,306                           | N/A                            | 91,306                                   |
| 4           | 63  | 94,072                             | 53,036  | 94,072                           | N/A                            | 94,072                                   |
| 5           | 64  | 96,884                             | 51,589  | 96,884                           | N/A                            | 96,884                                   |
| 6           | 65  | 99,744                             | 50,013  | 99,744                           | N/A                            | 99,744                                   |
| 7           | 66  | 102,652                            | 48,313  | 102,652                          | N/A                            | 102,652                                  |
| 8           | 67  | 105,610                            | 46,924  | 105,610                          | N/A                            | 105,610                                  |
| 9           | 68  | 108,617                            | 45,415  | 108,617                          | N/A                            | 108,617                                  |
| 10          | 69  | 111,672                            | 43,776  | 111,672                          | N/A                            | 111,672                                  |
| 11          | 70  | 114,768                            | 42,858  | 114,768                          | N/A                            | 114,768                                  |
| 12          | 71  | 117,896                            | 40,039  | 117,896                          | N/A                            | 117,896                                  |
| 13          | 72  | 121,045                            | 37,028  | 121,045                          | N/A                            | 121,045                                  |
| 14          | 73  | 124,202                            | 33,831  | 124,202                          | N/A                            | 124,202                                  |
| 15          | 74  | 127,358                            | 30,448  | 127,358                          | N/A                            | 127,358                                  |
| 16          | 75  | 130,505                            | 26,876  | 130,505                          | N/A                            | 130,505                                  |
| 17          | 76  | 133,640                            | 23,105  | 133,640                          | N/A                            | 133,640                                  |
| 18          | 77  | 136,764                            | 19,114  | 136,764                          | N/A                            | 136,764                                  |
| 19          | 78  | 139,873                            | 14,878  | 139,873                          | N/A                            | 139,873                                  |
| 20          | 79  | 142,963                            | 10,391  | 142,963                          | N/A                            | 142,963                                  |

**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

# Total Received on Surrender

- A.** Guaranteed Cash Value  
**B.** Accumulated Value Less Surrender Charges  
**C.** Net Surrender Value (the greater of A or B)  
**D.** Refund of Premium Value  
**E.** Total Received On Surrender - The total dollar amount that will be paid upon surrender of the policy. The Total received On Surrender is the greater of the Net Surrender Value (C) and the Refund of Premium (D). If the Refund of Premium is greater than the Net Surrender Value, the excess will be refunded upon surrender. For example:
- If the Refund of Premium is \$100,000 and the Net Surrender Value is \$70,000, the Total Received on Surrender will be \$100,000. The \$100,000 will consist of the \$70,000 Net Surrender Value and \$30,000 Refund of Premium.
  - If the Refund of Premium is \$70,000 and the Net Surrender Value is \$100,000, the Total Received on Surrender will be \$100,000. The \$100,000 will consist of the \$100,000 Net Surrender Value.

| End of Year | Age | (A)<br>Guaranteed<br>Cash<br>Value | (B)<br>Accumulated<br>Value Less<br>Surrender Charges | (C)<br>Net<br>Surrender<br>Value | (D)<br>Refund<br>Of<br>Premium | (E)<br>Total Received<br>on<br>Surrender |
|-------------|-----|------------------------------------|---|----------------------------------|--------------------------------|--|
| 21          | 80  | 146,024                            | 5,645   | 146,024                          | N/A                            | 146,024                                  |
| 22          | 81  | 149,041                            | 647   | 149,041                          | N/A                            | 149,041                                  |
| 23          | 82  | 152,004                            | 0   | 152,004                          | N/A                            | 152,004                                  |
| 24          | 83  | 154,903                            | 0   | 154,903                          | N/A                            | 154,903                                  |
| 25          | 84  | 157,720                            | 0   | 157,720                          | N/A                            | 157,720                                  |
| 26          | 85  | 160,437                            | 0   | 160,437                          | N/A                            | 160,437                                  |
| 27          | 86  | 163,031                            | 0   | 163,031                          | N/A                            | 163,031                                  |
| 28          | 87  | 165,480                            | 0   | 165,480                          | N/A                            | 165,480                                  |
| 29          | 88  | 167,760                            | 0   | 167,760                          | N/A                            | 167,760                                  |
| 30          | 89  | 169,856                            | 0   | 169,856                          | N/A                            | 169,856                                  |
| 31          | 90  | 171,765                            | 0   | 171,765                          | N/A                            | 171,765                                  |
| 32          | 91  | 173,490                            | 0   | 173,490                          | N/A                            | 173,490                                  |
| 33          | 92  | 175,048                            | 0   | 175,048                          | N/A                            | 175,048                                  |
| 34          | 93  | 176,463                            | 0   | 176,463                          | N/A                            | 176,463                                  |
| 35          | 94  | 177,769                            | 0   | 177,769                          | N/A                            | 177,769                                  |
| 36          | 95  | 179,030                            | 0   | 179,030                          | N/A                            | 179,030                                  |
| 37          | 96  | 180,260                            | 0   | 180,260                          | N/A                            | 180,260                                  |
| 38          | 97  | 181,424                            | 0   | 181,424                          | N/A                            | 181,424                                  |
| 39          | 98  | 182,514                            | 0   | 182,514                          | N/A                            | 182,514                                  |
| 40          | 99  | 183,516                            | 0   | 183,516                          | N/A                            | 183,516                                  |

**Nationwide CareMatters® II**

**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco

**Specified Amount:** \$198,182.90

**Maximum Monthly LTC Benefit:** \$8,257.62

**LTC Benefit Period:** 6 years

**Inflation Protection Option:** Declined

**Refund of Premium Option:** Maximum LTC Benefit

**Premium Payment Period:** Single Premium

**Scheduled Premium:** \$100,000.00 Annual

# Total Received on Surrender

- A.** Guaranteed Cash Value  
**B.** Accumulated Value Less Surrender Charges  
**C.** Net Surrender Value (the greater of A or B)  
**D.** Refund of Premium Value  
**E.** Total Received On Surrender - The total dollar amount that will be paid upon surrender of the policy. The Total received On Surrender is the greater of the Net Surrender Value (C) and the Refund of Premium (D). If the Refund of Premium is greater than the Net Surrender Value, the excess will be refunded upon surrender. For example:
- If the Refund of Premium is \$100,000 and the Net Surrender Value is \$70,000, the Total Received on Surrender will be \$100,000. The \$100,000 will consist of the \$70,000 Net Surrender Value and \$30,000 Refund of Premium.
  - If the Refund of Premium is \$70,000 and the Net Surrender Value is \$100,000, the Total Received on Surrender will be \$100,000. The \$100,000 will consist of the \$100,000 Net Surrender Value.

| End of Year | Age | (A)<br>Guaranteed<br>Cash<br>Value | (B)<br>Accumulated<br>Value Less<br>Surrender Charges | (C)<br>Net<br>Surrender<br>Value | (D)<br>Refund<br>Of<br>Premium | (E)<br>Total Received<br>on<br>Surrender |
|-------------|-----|------------------------------------|---|----------------------------------|--------------------------------|--|
| 41          | 100 | 184,417                            | 0   | 184,417                          | N/A                            | 184,417                                  |
| 42          | 101 | 185,224                            | 0   | 185,224                          | N/A                            | 185,224                                  |
| 43          | 102 | 185,959                            | 0   | 185,959                          | N/A                            | 185,959                                  |
| 44          | 103 | 186,628                            | 0   | 186,628                          | N/A                            | 186,628                                  |
| 45          | 104 | 187,242                            | 0   | 187,242                          | N/A                            | 187,242                                  |
| 46          | 105 | 187,825                            | 0   | 187,825                          | N/A                            | 187,825                                  |
| 47          | 106 | 188,427                            | 0   | 188,427                          | N/A                            | 188,427                                  |
| 48          | 107 | 189,064                            | 0   | 189,064                          | N/A                            | 189,064                                  |
| 49          | 108 | 189,682                            | 0   | 189,682                          | N/A                            | 189,682                                  |
| 50          | 109 | 190,280                            | 0   | 190,280                          | N/A                            | 190,280                                  |
| 51          | 110 | 190,860                            | 0   | 190,860                          | N/A                            | 190,860                                  |
| 52          | 111 | 191,424                            | 0   | 191,424                          | N/A                            | 191,424                                  |
| 53          | 112 | 191,973                            | 0   | 191,973                          | N/A                            | 191,973                                  |
| 54          | 113 | 192,510                            | 0   | 192,510                          | N/A                            | 192,510                                  |
| 55          | 114 | 193,037                            | 0   | 193,037                          | N/A                            | 193,037                                  |
| 56          | 115 | 193,558                            | 0   | 193,558                          | N/A                            | 193,558                                  |
| 57          | 116 | 194,080                            | 0   | 194,080                          | N/A                            | 194,080                                  |
| 58          | 117 | 194,613                            | 0   | 194,613                          | N/A                            | 194,613                                  |
| 59          | 118 | 195,182                            | 0   | 195,182                          | N/A                            | 195,182                                  |
| 60          | 119 | 195,881                            | 0   | 195,881                          | N/A                            | 195,881                                  |



**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## 7702 / 7702a

**MEP:** **\$13,910.88**

**NSP:** **\$85,959.83**

**Modified Endowment Premium (MEP):** As defined by the IRC Section 7702A, this premium represents the level annual premium required for seven years to mature the policy under guaranteed mortality charges at an annual interest rate of 3.75%.

**Net Single Premium (NSP):** This premium represents the single premium required to mature the policy under mortality charges, as defined in IRC Section 7702, at an annual interest rate of 3.75%.

Please see the proposal for further information on other important information and features.

**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Quick View

### All Values and Benefits are Guaranteed

| LTC Specified Benefit Period | Inflation Protection Option | Specified Amount | Total Benefit**<br>(Total LTC Benefit Plus Inflation)<br>(Day One) | Max Monthly LTC Benefit<br>(Day One) | Total Monthly*<br>Benefit<br>(Age 85) | Total Benefit**<br>(Total LTC Benefit Plus Inflation)<br>(Age 85) | Inflation Crossover Age** |
|------------------------------|-----------------------------|------------------|--|--------------------------------------|---------------------------------------|---|---------------------------|
| 2 Years                      | None                        | \$210,870        | \$210,870  | \$8,786                              | \$8,786                               | \$210,870   |                           |
| 2 Years                      | 3% Simple                   | \$187,809        | \$190,626  | \$7,825                              | \$13,694                              | \$331,483   | 65                        |
| 2 Years                      | 3% Compound                 | \$179,280        | \$181,969  | \$7,470                              | \$15,641                              | \$381,004   | 66                        |
| 2 Years                      | 5% Compound                 | \$137,455        | \$140,891  | \$5,727                              | \$19,395                              | \$477,107   | 69                        |
| 3 Years                      | None                        | \$205,647        | \$308,471  | \$8,569                              | \$8,569                               | \$308,471   |                           |
| 3 Years                      | 3% Simple                   | \$174,137        | \$269,042  | \$7,256                              | \$12,698                              | \$464,947   | 67                        |
| 3 Years                      | 3% Compound                 | \$164,593        | \$254,369  | \$6,858                              | \$14,359                              | \$532,593   | 68                        |
| 3 Years                      | 5% Compound                 | \$116,371        | \$183,429  | \$4,849                              | \$16,420                              | \$621,157   | 72                        |
| 4 Years                      | None                        | \$201,982        | \$403,964  | \$8,416                              | \$8,416                               | \$403,964   |                           |
| 4 Years                      | 3% Simple                   | \$165,830        | \$346,585  | \$6,910                              | \$12,092                              | \$595,329   | 68                        |
| 4 Years                      | 3% Compound                 | \$156,047        | \$326,421  | \$6,502                              | \$13,614                              | \$683,453   | 69                        |
| 4 Years                      | 5% Compound                 | \$104,840        | \$225,937  | \$4,368                              | \$14,793                              | \$765,101   | 74                        |
| 5 Years                      | None                        | \$200,091        | \$500,228  | \$8,337                              | \$8,337                               | \$500,228   |                           |
| 5 Years                      | 3% Simple                   | \$161,327        | \$427,517  | \$6,722                              | \$11,763                              | \$730,006   | 69                        |
| 5 Years                      | 3% Compound                 | \$154,245        | \$409,454  | \$6,427                              | \$13,456                              | \$857,306   | 69                        |
| 5 Years                      | 5% Compound                 | \$98,986         | \$273,481  | \$4,124                              | \$13,967                              | \$926,104   | 75                        |
| 6 Years                      | None                        | \$198,183        | \$594,549  | \$8,258                              | \$8,258                               | \$594,549   |                           |
| 6 Years                      | 3% Simple                   | \$158,386        | \$510,794  | \$6,599                              | \$11,549                              | \$867,162   | 69                        |
| 6 Years                      | 3% Compound                 | \$153,233        | \$495,586  | \$6,385                              | \$13,368                              | \$1,037,648   | 69                        |
| 6 Years                      | 5% Compound                 | \$95,827         | \$325,904  | \$3,993                              | \$13,521                              | \$1,103,627   | 75                        |
| 7 Years                      | None                        | \$197,388        | \$690,856  | \$8,224                              | \$8,224                               | \$690,856   |                           |
| 7 Years                      | 3% Simple                   | \$154,719        | \$590,251  | \$6,447                              | \$11,282                              | \$996,386   | 70                        |
| 7 Years                      | 3% Compound                 | \$151,962        | \$582,202  | \$6,332                              | \$13,257                              | \$1,219,003   | 69                        |
| 7 Years                      | 5% Compound                 | \$92,519         | \$376,647  | \$3,855                              | \$13,054                              | \$1,275,462   | 76                        |

\* To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.

\*\* The amounts shown in this column are cumulative and assume LTC benefits begin to be paid in that policy year and continue for the maximum number of full monthly LTC benefit payments for this row.

\*\*\* The Inflation Crossover Age is the age that the Total Monthly Benefit Per Insured is equal to or greater than the Max Monthly LTC Benefit Per Insured with no inflation added.



# Key terms and definitions

|                           |   |              |            |               |                |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
|---------------------------|---|--------------|------------|---------------|----------------|---------------|----------------|---|-----|-----|-----|-----|-----|---|-----|-----|-------|-------|-----|---|-----|-----|-----|-----|-----|---|-----|-----|-------|-------|-----|---|-----|-----|-----|-----|-----|---|------|------|-------|-------|-----|---|------|------|-----|-----|-----|---|------|------|-------|-------|-----|---|------|------|-----|-----|-----|----|------|------|-------|-------|-----|-----|------|------|------|------|
| Scheduled Premium         | <p>The amount of Life Insurance Premium and LTC Premium required on the first day of the Premium Payment Frequency for the Premium Payment Period you selected. As long as the premium obligation is met and no loans or partial surrenders are taken, the quoted benefits are guaranteed. For any scheduled premium after the first, there will be a 61-day grace period after the date we mail the grace period notice in which to make the premium payment.</p>  |              |            |               |                |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| Refund of Premium options | <p><b>1. Minimum Refund of Premium with Maximum LTC Benefit Option</b><br/>The refund of premium value is equal to the Cash Surrender Value.</p> <p>The following two options include a refund of premium on surrender, which ensures that if the total premium paid multiplied by the premium refund percentages (less any partial surrenders) exceeds the policy Cash Surrender Value, then the excess will be refunded upon surrender.</p>   |              |            |               |                |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
|                           | <p><b>2. One-Time Step-Up Option</b><br/>The premium refund percentages are as follows:</p> <table><tr><td>Years 1 - 10</td><td>80%</td></tr><tr><td>Years 11+</td><td>100%</td></tr></table>   | Years 1 - 10 | 80%        | Years 11+     | 100%           |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
|                           | Years 1 - 10  | 80%          |            |               |                |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
|                           | Years 11+   | 100%         |            |               |                |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
|                           | <p><b>3. Vested Option</b><br/>The premium refund percentages are as follows:</p> <table><tr><td>Policy Year</td><td>Single-Pay</td><td>5-Pay</td><td>10-Pay</td><td>Pay to age 65</td><td>Pay to age 100</td></tr><tr><td>1</td><td>85%</td><td>85%</td><td>85%</td><td>85%</td><td>N/A</td></tr><tr><td>2</td><td>88%</td><td>88%</td><td>86.5%</td><td>86.5%</td><td>N/A</td></tr><tr><td>3</td><td>91%</td><td>91%</td><td>88%</td><td>88%</td><td>N/A</td></tr><tr><td>4</td><td>94%</td><td>94%</td><td>89.5%</td><td>89.5%</td><td>N/A</td></tr><tr><td>5</td><td>97%</td><td>97%</td><td>91%</td><td>91%</td><td>N/A</td></tr><tr><td>6</td><td>100%</td><td>100%</td><td>92.5%</td><td>92.5%</td><td>N/A</td></tr><tr><td>7</td><td>100%</td><td>100%</td><td>94%</td><td>94%</td><td>N/A</td></tr><tr><td>8</td><td>100%</td><td>100%</td><td>95.5%</td><td>95.5%</td><td>N/A</td></tr><tr><td>9</td><td>100%</td><td>100%</td><td>97%</td><td>97%</td><td>N/A</td></tr><tr><td>10</td><td>100%</td><td>100%</td><td>98.5%</td><td>98.5%</td><td>N/A</td></tr><tr><td>11+</td><td>100%</td><td>100%</td><td>100%</td><td>100%</td><td>N/A</td></tr></table> | Policy Year  | Single-Pay | 5-Pay         | 10-Pay         | Pay to age 65 | Pay to age 100 | 1 | 85% | 85% | 85% | 85% | N/A | 2 | 88% | 88% | 86.5% | 86.5% | N/A | 3 | 91% | 91% | 88% | 88% | N/A | 4 | 94% | 94% | 89.5% | 89.5% | N/A | 5 | 97% | 97% | 91% | 91% | N/A | 6 | 100% | 100% | 92.5% | 92.5% | N/A | 7 | 100% | 100% | 94% | 94% | N/A | 8 | 100% | 100% | 95.5% | 95.5% | N/A | 9 | 100% | 100% | 97% | 97% | N/A | 10 | 100% | 100% | 98.5% | 98.5% | N/A | 11+ | 100% | 100% | 100% | 100% |
| Policy Year               | Single-Pay  | 5-Pay        | 10-Pay     | Pay to age 65 | Pay to age 100 |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 1                         | 85%   | 85%          | 85%        | 85%           | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 2                         | 88%   | 88%          | 86.5%      | 86.5%         | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 3                         | 91%   | 91%          | 88%        | 88%           | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 4                         | 94%   | 94%          | 89.5%      | 89.5%         | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 5                         | 97%   | 97%          | 91%        | 91%           | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 6                         | 100%  | 100%         | 92.5%      | 92.5%         | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 7                         | 100%  | 100%         | 94%        | 94%           | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 8                         | 100%  | 100%         | 95.5%      | 95.5%         | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 9                         | 100%  | 100%         | 97%        | 97%           | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 10                        | 100%  | 100%         | 98.5%      | 98.5%         | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
| 11+                       | 100%  | 100%         | 100%       | 100%          | N/A            |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
|                           |   |              |            |               |                |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |
|                           |   |              |            |               |                |               |                |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |     |     |       |       |     |   |     |     |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |   |      |      |       |       |     |   |      |      |     |     |     |    |      |      |       |       |     |     |      |      |      |      |

# Key terms and definitions

|  |   |
|--|---|
| <b>Specified Amount</b>                        | An amount used to determine LTC benefits and the death benefits. It is also used to determine policy charges and deductions from the Accumulated Value. The Specified Amount is not always the same amount as the Net Death Benefit. Please refer to the Net Death Benefit description below or to the tabular detail.  |
| <b>LTC Specified Benefit Period</b>            | This represents the total time LTC benefits may be paid under your policy if the Maximum Monthly LTC Benefit is taken continuously  |
| <b>Inflation protection options</b>            | Nationwide CareMatters II offers inflation protection options of 3% Simple, 3% Compound, or 5% Compound. The monthly Inflation Protection Rider amount is in addition to the maximum monthly LTC Benefit amount provided by the LTC Rider or the LTCEB Rider, if elected.   |
| <b>Total long-term care (LTC) benefit</b>      | <p>The total maximum amount of LTC benefits available to you from your Nationwide CareMatters II policy. This amount does not include the inflation protection option you may have elected.</p> <p>Once all LTC benefits have been paid, no further LTC benefits will be available. However, the guaranteed minimum death benefit will be paid to beneficiaries upon the death of the insured.</p> <p>The lifetime maximum of LTC benefits and any death benefit will decrease if you choose to make changes to your policy, such as taking loans or partial surrenders from the policy or not paying scheduled premiums.</p> |
| <b>Maximum Monthly LTC Benefit</b>             | The amount you will be paid every month if you choose to receive the full LTC benefit amount. It does not include amounts that might be provided by any inflation protection option you might have elected.   |
| <b>Maximum Monthly Inflation Rider Benefit</b> | The full amount of the benefit available under the inflation protection option after the Maximum Monthly LTC Benefit is taken. This amount is in addition to the Maximum Monthly LTC Benefit.   |
| <b>Total monthly benefit</b>                   | The total benefit amount available to you every month. If an inflation protection option is elected, the total monthly benefit you receive will be the Maximum Monthly LTC Benefit plus the Maximum Monthly Inflation Benefit available. The full Maximum Monthly LTC Benefit must be taken before the Inflation Protection Rider Benefit is available.   |
| <b>Cash Value</b>                              | The amount equal to the greater of the Accumulated Value of this policy or the Guaranteed Cash Value.   |
| <b>Total received on surrender</b>             | The total dollar amount that will be paid upon surrender of the policy. The total received on surrender is equal to the Net Surrender Value plus any refund of premium.   |

# Key terms and definitions

|   |  |
|---|--|
| <b>Net Death Benefit</b>                | The death benefit amount that will be paid to your beneficiary if the insured dies while the policy is in force. This amount is net of any outstanding policy indebtedness and LTC benefits paid. Assuming no loans, partial surrenders or LTC benefits have been paid, this amount will never be less than the total premiums paid. The Net Death Benefit may be higher in some years based on the Specified Amount, Accumulated Value, Guaranteed Cash Value and IRC 7702 corridor factors.  |
| <b>Guaranteed minimum death benefit</b> | As long as your policy stays in force, we guarantee we will pay your beneficiaries a death benefit of at least 20% of the Specified Amount, even if the death benefit amount quoted is exhausted by the payment of LTC benefits. This death benefit will be lower if loans or partial surrenders are taken.  |
| <b>Reduced paid-up benefit</b>          | If a lapse occurs due to failure to pay scheduled premium, the policy will be converted to a paid-up policy in which the Specified Amount is reduced based on the percentage of the total required premium that has been paid.   |
| <b>Qualification for LTC benefits</b>   | <p>To be considered a "chronically ill individual", a licensed health care practitioner must certify within the preceding 12-month period that the insured:</p> <ul style="list-style-type: none"> <li>• Is unable to perform, without substantial assistance from another person, at least 2 activities of daily living (bathing, dressing, eating, continence, toileting, transferring) due to a loss of functional capacity for a period of at least 90 days OR</li> <li>• Requires substantial supervision to protect the insured from threats to health and safety due to severe cognitive impairment</li> <li>• Services that meet the requirements of §7702(B)(c)(1) of the Internal Revenue Code of 1986, as amended, as follows: necessary diagnostic, preventive, therapeutic, curative, treatment, mitigation and rehabilitative services, and Maintenance or Personal Care Services which are required by a Chronically Ill individual, and are provided pursuant to a Plan of Care prescribed by a Licensed Health Care Practitioner</li> </ul> <p>Before benefits begin, the insured must satisfy a 90-calendar-day elimination period. Upon meeting the elimination period, it is satisfied for life of the policy in the event you have more than one LTC claim.</p> |

# Key terms and definitions

|   |  |
|---|--|
| <b>Qualification for LTC benefits continued</b> | <p>The LTC claim must be recertified at least every 12 months but may be sooner based on the insured's recoverability or condition.</p> <p><b>Exclusions</b></p> <ol style="list-style-type: none"> <li>1. Intentionally self-inflicted injuries or attempts at suicide (either while sane or insane)</li> <li>2. Committing or attempting to commit a felony</li> <li>3. Alcoholism or drug addiction, unless addiction results from administration of drugs for treatment prescribed by a Physician</li> <li>4. War or any act of war, whether declared or undeclared</li> </ol> <p><b>Preexisting conditions limitations</b></p> <p>A preexisting condition is any condition for which the Insured received medical advice, or treatment was recommended by, or received from, a health care services provider in the 6 months preceding the Policy Date. We will not pay benefits for Qualified Long-Term Care Services received wholly or in part due to a preexisting condition which is not disclosed in the application if the need for services begins during the first 6 months after the Policy Date.</p> |
| <b>Tax Qualification</b>                        | <p>CareMatters II is designed to qualify as life insurance under laws of the United States of America, including the Internal Revenue Code of 1986, as amended. This policy is also intended to be federally tax qualified under section 7702B(b) of the Internal Revenue Code of 1986, as amended. Tax treatment for citizens of, and US residents subject to taxation in, foreign countries may be different.</p> <p>Neither Nationwide nor its representatives give legal or tax advice. Please consult with your attorney or tax advisor for answers to your specific tax questions.</p>   |
| <b>International benefits</b>                   | <p>100% of the maximum monthly benefit amount from the LTC Rider and 100% of any LTC Inflation Protection Rider benefit while benefits are paid under the LTC Acceleration Rider. This is available while the insured is living outside of the U.S.; no international benefits are available under the LTC Extension of Benefits Rider or any LTC Inflation Protection Rider benefit associated with it.</p> <p>Extension of benefits availability will resume if the insured returns to the U.S. and the maximum lifetime benefit amount is not exhausted.</p>  |
| <b>LTC Rider</b>                                | <p>(Form ICC18-NWLA-584) This rider provides LTC benefits as an acceleration of the death benefit.</p>   |

# Key terms and definitions

|   |  |
|---|--|
| <b>LTC Extension of Benefits Rider</b>                            | <p>(Form ICC18-NWLA-585) This rider provides benefits once the benefits provided by the LTC rider are exhausted.</p> <p><b>Note:</b> The issuance of the Long-Term Care Rider ("LTC Rider") and Long-Term Care Extension of Benefits Rider ("LTCEB Rider") (together, "Riders") described in this outline is based upon your responses to the questions on your application.</p>   |
| <b>Renewal and Termination</b>                                    | <p>The policy this rider is attached to is noncancelable. This means that the policyowner has the right, subject to the terms of your policy, to continue the policy, provided they pay the scheduled premium on time. Nationwide cannot change any of the terms of the policy on its own and cannot change the scheduled premium.</p> <p>Election of the LTC Rider and LTCEB Rider is irrevocable. Termination of the riders will result in the automatic termination of the policy. The Riders will also terminate upon termination of the Policy or the date of the second Insured's death.</p>   |
| <b>Accelerated Death Benefit (ADB) for Terminal Illness Rider</b> | <p>(Form ICC13-NWLA-495)</p> <ul style="list-style-type: none"> <li>• The ADB Rider advances a portion of the policy's death benefit in the event of a terminal illness (with a life expectancy of 12 months or less).</li> <li>• The rider is attached to the policy at the time the policy is issued.</li> <li>• There is no upfront charge for this rider; however, charges and adjustments will apply at the time the claim is approved.</li> <li>• The receipt of an accelerated death benefit payment may be taxable or may affect Medicaid or public assistance eligibility. Nationwide does not provide tax or legal advice, so you should consult your personal financial advisor to assess the impact of this benefit.</li> <li>• Nationwide reserves the right to require the base policy Specified Amount be at least \$50,000 on the Benefit Effective Date; the remaining Specified Amount, after payment of the ADB Rider Benefit, must be at least the minimum Specified Amount.</li> <li>• The maximum amount of the ADB Rider Benefit to be paid if the insured meets the requirements of the Eligibility and Conditions for Payment section of the ADB Rider cannot exceed 50% of the base policy Eligible Specified Amount.</li> </ul> |

# Key terms and definitions

## Accelerated Death Benefit for Critical Illness Rider

(Form ICC20-NWLA-606)

This rider is automatically added to eligible policies at issue. A charge will only occur if the rider benefit is paid.

This rider permits a request for an elected portion of the base policy's Specified Amount when the Insured is diagnosed with any of the following as described in the rider, including any required period of survival or treatment:

- Cancer
- Heart attack
- Heart valve replacement
- Kidney failure
- Major organ transplant
- Paralysis
- Stroke
- Sudden cardiac arrest

The maximum annual benefit is the lesser of 10% of the specified amount or \$25,000 per event and is paid as a lump sum. A maximum of 5 claims are allowed.

An administrative charge of up to \$250 dollars, and any due and unpaid premium or policy charges and a loan repayment for any outstanding policy loan, are deducted from the benefit payment. In addition, the Specified Amount and other policy values are reduced each time an accelerated death benefit payment is made. The reduction in the Specified Amount will be more than one dollar for each dollar of benefit received by the Policy Owner based on factors that exist at the time of claim including interest rates and age of insured at the time of claim. The reduction factor includes the cost of accessing the death benefit early. Benefits provided by other riders may also be impacted or require termination when a benefit under the Critical Illness Rider is paid.

Benefits may be taxable under certain circumstances. Consult your tax advisor.

Limitations on availability and the amount of the benefit apply. If the policy specified amount at the time of claim is at or near the minimum stated specified amount in the policy, benefits may not be available. Please request a copy of the rider for details.



## Nationwide CareMatters® II

**Input Summary - Ledger  
Case File: [Untitled]****Screen: Insured**

|                       |        |   |     |
|-----------------------|--------|---|-----|
| Revised Illustration? | No     | Issue Age or D.O.B. (mm/dd/yyyy)              | 60  |
| Issue State           | AL     | Tobacco User?                                 | No  |
| First Name            | Valued | Married / Civil Union / Domestic Partnership? | Yes |
| Last Name             | Client |   |     |
| Sex                   | Male   |   |     |

**Screen: Face Amount and Premium**

|                            |                     |                          |      |
|----------------------------|---------------------|--------------------------|------|
| Specify Premium or Benefit | Premium             | Benefit Duration         | 6    |
| Premium or Benefit Amount  | 100000              | Inflation Benefit Option | None |
| Scheduled Premium          | Single Premium      | Future LTC Benefit Age   | 85   |
| Refund of Premium          | Maximum LTC Benefit | Lump Sum Premium         | 0    |
| Premium Mode               | Annual              | 1035 Exchange?           | No   |

**Screen: Interest Rate and Income**

|                 |       |
|-----------------|-------|
| Guaranteed Rate | 1.00% |
|-----------------|-------|

**Screen: Output Design**

|                     |     |                          |   |
|---------------------|-----|--------------------------|---|
| General Ledger      | Yes | OCC Report               | Yes                                     |
| Annual Cost Summary | Yes | Monthly Cost Summary     | Yes                                     |
| Display IRR Column  | Yes | Which Illustration?      | Guaranteed Interest, Guaranteed Charges |
| Quick View          | Yes | Years For Monthly Output | 1                                       |
| Premium Summary     | Yes |                          |   |





## Nationwide CareMatters® II

All guarantees and benefits of the insurance policy are backed by the claims-paying ability of the issuing insurance company. Policy guarantees and benefits are not backed by the broker/dealer and/or insurance agency selling the policy, nor by any of their affiliates, and none of them make any representations or guarantees regarding the claims-paying ability of the issuing insurance company.

Nationwide CareMatters II is a cash indemnity product that pays LTC benefits when one or both of the insured persons are certified to have a qualifying condition and a need for LTC services. Bills and receipts showing actual expenses do not have to be submitted for payment of benefits once a claim has been approved. Each year, the policyowner can receive, tax free, the greater of the HIPAA per diem amount or actual LTC costs incurred. However, benefits may be taxable under certain circumstances. You should consult with your tax and legal advisors about your specific situation.

Keep in mind that the payment of Long-Term Care Rider benefits, as an acceleration of the death benefit, will reduce both the death benefit and net surrender value of the policy. Additionally, loans and withdrawals will also reduce both the net surrender value and the death benefit. Care should be taken to make sure that life insurance needs continue to be met even if the rider pays out in full or after money is taken from the policy. There is no guarantee that the rider will cover the entire cost for all of the insureds' long-term care, as this may vary with the needs of each insured. One of the insureds may exhaust the entire long-term care benefit. Nationwide pays the long-term care benefit to the policyowner; there is no guarantee the policyowner will use the benefit for long-term care expenses if the policy is owned by someone other than the insured.

The policy this rider is attached to is noncancelable. This means that the policyowner has the right, subject to the terms of your policy, to continue the policy, provided they pay the scheduled premium on time. Nationwide cannot change any of the terms of the policy on its own and cannot change the scheduled premium.

When choosing a product, make sure that life insurance and long-term care insurance needs are met. CareMatters II is not intended to be a primary source of life insurance protection, so make sure life insurance needs have been covered by appropriate products. Because personal situations may change (e.g., marriage, birth of a child or job promotion), so can life insurance and long-term care insurance needs. Care should be taken to ensure these strategies and products are suitable. Associated costs, as well as personal and financial objectives, time horizons and risk tolerance, should all be weighed before purchasing CareMatters II. Life insurance, and long-term care coverage linked to life insurance, may have fees and charges associated with it that include the costs of insurance, which vary based on characteristics of each insured such as sex, tobacco use, health and age, and additional charges for riders that customize a policy to fit individual needs.

CareMatters II has exclusions, limitations, reductions of benefits and terms under which the product may be continued in force or discontinued. For more details on cost and coverage options, contact your financial professional.

The insurance professional or company may contact you in response to your request for additional information. Approval for coverage under the policy and riders is subject to underwriting and may require a medical exam. Nationwide CareMatters II may not be available in every state. Please contact Nationwide to determine product availability in your state.

The information contained herein was prepared to support the promotion, marketing, and/or sale of life insurance contracts, annuity contracts and/or other products and services provided by Nationwide Life and Annuity Insurance Company.

The Medical Care Component of the Consumer Price Index for All Urban Consumers, Unadjusted (the "Index"), is maintained by the U.S. Bureau of Labor Statistics. Nationwide's use of the Index is not sponsored, endorsed or promoted by the U.S. Bureau of Labor Statistics, the U.S. government or any of its agencies. Inclusion of the Index in an insurance product is not a recommendation by the U.S. government to buy such a product. Neither the U.S. government nor the U.S. Bureau of Labor Statistics guarantees the adequacy, accuracy, timeliness or the completeness of Nationwide's use of the Index. The actual rate of inflation in long-term care costs may be different than the experience of the Index.

Products are issued by Nationwide Life and Annuity Insurance Company, Columbus, Ohio

Nationwide, the Nationwide N and Eagle, Nationwide is on your side, Nationwide CareMatters, Nationwide CareMatters II and CareMatters II are service marks of Nationwide Mutual Insurance Company. © 2022 Nationwide





**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Annual Cost Summary

|              |     | Premium                |                  | Charges                 |                       |                  | Distributions      |             | Policy Values   |           |                   |
|--------------|-----|------------------------|------------------|-------------------------|-----------------------|------------------|--------------------|-------------|-----------------|-----------|-------------------|
| Yr           | Age | Life Insurance Premium | Premium Load     | Admin & Per Unit Charge | Base Specified Amount | Base COI Charge  | Total Loan Balance | Withdrawal  | Interest        | EOY CV    | Net Death Benefit |
| 1            | 60  | 86,520.09              | 21,630.02        | 953.40                  | 198,183               | 1,062.00         | 0.00               | 0.00        | 637.98          | 63,512.65 | 198,183           |
| 2            | 61  | 0.00                   | 0.00             | 953.40                  | 198,183               | 1,159.56         | 0.00               | 0.00        | 623.70          | 62,023.39 | 198,183           |
| 3            | 62  | 0.00                   | 0.00             | 953.40                  | 198,183               | 1,270.20         | 0.00               | 0.00        | 608.21          | 60,408.00 | 198,183           |
| 4            | 63  | 0.00                   | 0.00             | 953.40                  | 198,183               | 1,386.12         | 0.00               | 0.00        | 591.43          | 58,659.91 | 198,209           |
| 5            | 64  | 0.00                   | 0.00             | 953.40                  | 198,183               | 1,499.16         | 0.00               | 0.00        | 573.30          | 56,780.65 | 198,183           |
| 6            | 65  | 0.00                   | 0.00             | 953.40                  | 198,183               | 1,609.80         | 0.00               | 0.00        | 553.95          | 54,771.40 | 198,192           |
| 7            | 66  | 0.00                   | 0.00             | 953.40                  | 198,183               | 1,712.52         | 0.00               | 0.00        | 533.30          | 52,638.78 | 198,183           |
| 8            | 67  | 0.00                   | 0.00             | 953.40                  | 198,183               | 1,812.12         | 0.00               | 0.00        | 511.42          | 50,384.68 | 198,183           |
| 9            | 68  | 0.00                   | 0.00             | 953.40                  | 198,183               | 1,909.32         | 0.00               | 0.00        | 488.36          | 48,010.32 | 198,183           |
| 10           | 69  | 0.00                   | 0.00             | 953.40                  | 198,183               | 2,014.56         | 0.00               | 0.00        | 464.06          | 45,506.42 | 198,218           |
| 11           | 70  | 0.00                   | 0.00             | 953.40                  | 198,183               | 2,133.24         | 0.00               | 0.00        | 438.37          | 42,858.15 | 198,205           |
| 12           | 71  | 0.00                   | 0.00             | 953.40                  | 198,183               | 2,276.64         | 0.00               | 0.00        | 411.12          | 40,039.23 | 198,184           |
| 13           | 72  | 0.00                   | 0.00             | 953.40                  | 198,183               | 2,439.48         | 0.00               | 0.00        | 382.04          | 37,028.39 | 198,183           |
| 14           | 73  | 0.00                   | 0.00             | 953.40                  | 198,183               | 2,595.12         | 0.00               | 0.00        | 351.09          | 33,830.96 | 198,183           |
| 15           | 74  | 0.00                   | 0.00             | 953.40                  | 198,183               | 2,748.24         | 0.00               | 0.00        | 318.30          | 30,447.62 | 198,183           |
| 16           | 75  | 0.00                   | 0.00             | 953.40                  | 198,183               | 2,901.48         | 0.00               | 0.00        | 283.63          | 26,876.37 | 198,183           |
| 17           | 76  | 0.00                   | 0.00             | 953.40                  | 198,183               | 3,064.68         | 0.00               | 0.00        | 247.05          | 23,105.34 | 198,189           |
| 18           | 77  | 0.00                   | 0.00             | 953.40                  | 198,183               | 3,246.72         | 0.00               | 0.00        | 208.34          | 19,113.56 | 198,183           |
| 19           | 78  | 0.00                   | 0.00             | 953.40                  | 198,183               | 3,449.88         | 0.00               | 0.00        | 167.33          | 14,877.61 | 198,200           |
| 20           | 79  | 0.00                   | 0.00             | 953.40                  | 198,183               | 3,657.48         | 0.00               | 0.00        | 123.85          | 10,390.58 | 198,183           |
| <b>Total</b> |     | <b>86,520.09</b>       | <b>21,630.02</b> | <b>19,068.00</b>        |                       | <b>43,948.32</b> |                    | <b>0.00</b> | <b>8,516.83</b> |           |                   |

Not valid without compliance ledgers dated 10/24/2024



**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Annual Cost Summary

|              |     | Premium                |                  | Charges                 |                       |                  | Distributions      |             | Policy Values   |          |                   |
|--------------|-----|------------------------|------------------|-------------------------|-----------------------|------------------|--------------------|-------------|-----------------|----------|-------------------|
| Yr           | Age | Life Insurance Premium | Premium Load     | Admin & Per Unit Charge | Base Specified Amount | Base COI Charge  | Total Loan Balance | Withdrawal  | Interest        | EOY CV   | Net Death Benefit |
| 21           | 80  | 0.00                   | 0.00             | 953.40                  | 198,183               | 3,869.76         | 0.00               | 0.00        | 77.83           | 5,645.25 | 198,183           |
| 22           | 81  | 0.00                   | 0.00             | 953.40                  | 198,183               | 4,074.36         | 0.00               | 0.00        | 29.27           | 646.76   | 198,183           |
| 23           | 82  | 0.00                   | 0.00             | 953.40                  | 198,183               | 488.04           | 0.00               | 0.00        | 0.18            | 0.00     | 198,183           |
| 24           | 83  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 25           | 84  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 26           | 85  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 27           | 86  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 28           | 87  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 29           | 88  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 30           | 89  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 31           | 90  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 32           | 91  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 33           | 92  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 34           | 93  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 35           | 94  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 36           | 95  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 37           | 96  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 38           | 97  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 39           | 98  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| 40           | 99  | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00     | 198,183           |
| <b>Total</b> |     | <b>86,520.09</b>       | <b>21,630.02</b> | <b>38,136.00</b>        |                       | <b>52,380.48</b> |                    | <b>0.00</b> | <b>8,624.11</b> |          |                   |

Not valid without compliance ledgers dated 10/24/2024



**Prepared For:** Valued Client // Male/60/Couple Non-Tobacco  
**Specified Amount:** \$198,182.90  
**Maximum Monthly LTC Benefit:** \$8,257.62  
**LTC Benefit Period:** 6 years  
**Inflation Protection Option:** Declined  
**Refund of Premium Option:** Maximum LTC Benefit  
**Premium Payment Period:** Single Premium  
**Scheduled Premium:** \$100,000.00 Annual

## Annual Cost Summary

|              |     | Premium                |                  | Charges                 |                       |                  | Distributions      |             | Policy Values   |        |                   |
|--------------|-----|------------------------|------------------|-------------------------|-----------------------|------------------|--------------------|-------------|-----------------|--------|-------------------|
| Yr           | Age | Life Insurance Premium | Premium Load     | Admin & Per Unit Charge | Base Specified Amount | Base COI Charge  | Total Loan Balance | Withdrawal  | Interest        | EOY CV | Net Death Benefit |
| 41           | 100 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 42           | 101 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 43           | 102 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 44           | 103 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 45           | 104 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 46           | 105 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 47           | 106 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 48           | 107 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 49           | 108 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 50           | 109 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 51           | 110 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 52           | 111 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 53           | 112 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 54           | 113 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 55           | 114 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 56           | 115 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 57           | 116 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 58           | 117 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 59           | 118 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| 60           | 119 | 0.00                   | 0.00             | 953.40                  | 198,183               | 0.00             | 0.00               | 0.00        | 0.00            | 0.00   | 198,183           |
| <b>Total</b> |     | <b>86,520.09</b>       | <b>21,630.02</b> | <b>57,204.00</b>        |                       | <b>52,380.48</b> |                    | <b>0.00</b> | <b>8,624.11</b> |        |                   |

Not valid without compliance ledgers dated 10/24/2024

## Annual Cost Summary

|                        |  |
|------------------------|--|
| Rider Costs:           | The rider costs column reflects the sum of the costs of all possible riders for each product including any increase in coverage costs.   |
| Base Specified Amount: | The Specified Amount column reflects either the initial specified amount or the specified amount after increases or decreases due to withdrawals, option changes, etc.                 |
| Net Amount at Risk:    | The Net Amount at Risk column is equal to the Death Benefit discounted for interest less Cash Value.   |
| Base COI Charge:       | The Base COI Charge column is calculated as the Net Amount at Risk per \$1,000 times the base COI rate.  |
| Net Cash Value (CV):   | The net Cash Value column is equal to the previous End of Month Cash Value + premium - premium load - fees and/or charges - base COI.  |
| Interest:              | The Interest column is equal to the monthly effective rate of return times the net cash value. When loans are taken, the loan interest credited will be reflected here as well.        |
| EOM (Y) Cash Value:    | The End of Month (Year) Cash Value column is equal to the sum of the net Cash Value and the Investment Gain/Loss.  |
| Net Death Benefit:     | The Net Death Benefit column reflects the end of year death benefit less any indebtedness. The Net Death Benefit column can increase or decrease with changes to the specified amount. |



## Monthly Cost Summary - Guaranteed Interest, Guaranteed Charges

|       |    | Premium                |              |            |      | Charges                 |                    |                 | Policy Values |              |           |                   |
|-------|----|------------------------|--------------|------------|------|-------------------------|--------------------|-----------------|---------------|--------------|-----------|-------------------|
| Yr    | Mo | Life Insurance Premium | Premium Load | Withdrawal | Loan | Admin & Per Unit Charge | Net Amount At Risk | Base COI Charge | Interest      | Loan Balance | EOM CV    | Net Death Benefit |
| 1     | 1  | 86,520.09              | 21,630.02    | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 53.69         | 0.00         | 64,775.81 | 198,183           |
| 1     | 2  | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 53.59         | 0.00         | 64,661.45 | 198,183           |
| 1     | 3  | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 53.50         | 0.00         | 64,547.00 | 198,183           |
| 1     | 4  | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 53.40         | 0.00         | 64,432.45 | 198,183           |
| 1     | 5  | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 53.31         | 0.00         | 64,317.81 | 198,183           |
| 1     | 6  | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 53.21         | 0.00         | 64,203.07 | 198,183           |
| 1     | 7  | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 53.12         | 0.00         | 64,088.24 | 198,183           |
| 1     | 8  | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 53.02         | 0.00         | 63,973.31 | 198,183           |
| 1     | 9  | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 52.93         | 0.00         | 63,858.29 | 198,183           |
| 1     | 10 | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 52.83         | 0.00         | 63,743.17 | 198,183           |
| 1     | 11 | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 52.74         | 0.00         | 63,627.96 | 198,183           |
| 1     | 12 | 0.00                   | 0.00         | 0.00       | 0.00 | 79.45                   | 112,250.00         | 88.50           | 52.64         | 0.00         | 63,512.65 | 198,183           |
| Total |    | 86,520.09              | 21,630.02    | 0.00       | 0.00 | 953.40                  |                    | 1,062.00        | 637.98        |              |           |                   |

Not valid without compliance ledgers dated 10/24/2024



## Monthly Cost Summary

|                     |  |
|---------------------|--|
| Rider Costs:        | The rider costs column reflects the sum of the costs of all possible riders for each product including any increase in coverage costs.   |
| Net Amount at Risk: | The Net Amount at Risk column is equal to the Death Benefit discounted for interest less Cash Value.   |
| Base COI Charge:    | The Base COI Charge column is calculated as the Net Amount at Risk per \$1,000 times the base COI rate.  |
| Interest:           | The Interest column is equal to the monthly effective rate of return times the net cash value. When loans are taken, the loan interest credited will be reflected here as well.        |
| EOM (Y) Cash Value: | The End of Month (Year) Cash Value column is equal to the sum of the net Cash Value and the Investment Gain/Loss.  |
| Net Death Benefit:  | The Net Death Benefit column reflects the end of year death benefit less any indebtedness. The Net Death Benefit column can increase or decrease with changes to the specified amount. |

This supplemental report assumes that the currently illustrated nonguaranteed elements will continue unchanged for all years shown. This is not likely to occur, and actual results may be more or less favorable than those shown.

Please see the basic illustration for further information on the guaranteed elements and other important information.



Before investing, understand that mutual funds, annuities and life insurance products are not insured by the FDIC, NCUSIF, or any other Federal government agency; are not deposits or obligations of, guaranteed by, or insured by, the depository institution where offered or any of its affiliates; involve investment risk, including possible loss of value.



**Long-Term Care Insurance Outline of Coverage  
for Long-Term Care Rider (ICC18-NWLA-584)  
and Long-Term Care Extension of  
Benefits Rider (ICC18-NWLA-585)  
Nationwide Life And Annuity Insurance Company**  
PO Box 182835, Columbus, Ohio 43218-2835 • 1-800-848-6331

**NOTICE TO BUYER: THE RIDERS DESCRIBED IN THIS OUTLINE MAY NOT COVER ALL THE COSTS ASSOCIATED WITH LONG-TERM CARE INCURRED BY THE BUYER DURING THE PERIOD OF COVERAGE. THE BUYER IS ADVISED TO REVIEW CAREFULLY ALL POLICY AND RIDER LIMITATIONS.**

**CAUTION:** The issuance of the Long-Term Care Rider ("LTC Rider") and Long-Term Care Extension of Benefits Rider ("LTCEB Rider"), if elected, (together, "Riders") described in this outline is based upon your responses to the questions on your application. A copy of your application is enclosed. If your answers are incorrect or untrue, Nationwide Life and Annuity Insurance Company ("Nationwide") has the right to deny benefits or rescind these Riders. The best time to clear up any questions is now, before a claim arises! If, for any reason, any of your answers are incorrect, contact us at the address above.

**These Riders are attached to an individual Policy of life insurance.**

**PURPOSE OF OUTLINE OF COVERAGE.** This Outline of Coverage provides a very brief description of the important features of the LTC Rider and LTCEB Rider. You should compare this Outline of Coverage to outlines of coverage for other riders available to you. This Outline of Coverage is not the insurance contract, but only a summary of coverage. Only the Riders, and the individual life insurance Policy to which they are attached, contain governing contractual provisions. This means both the Policy and Riders themselves set forth, in detail, the rights and obligations of both you and Nationwide. It is, therefore, important that you **READ YOUR POLICY AND RIDERS CAREFULLY.**

**FEDERAL TAX CONSEQUENCES.** THE LTC RIDER AND LTCEB RIDER ARE BOTH INTENDED TO BE A FEDERALLY TAX-QUALIFIED LONG-TERM CARE INSURANCE CONTRACT UNDER SECTION 7702B OF THE INTERNAL REVENUE CODE OF 1986, AS AMENDED. **Benefits paid under these Riders may be taxable, depending on your specific circumstances. As with all tax matters, you should consult your personal tax advisor to assess the impact of this benefit.**

**TERMS UNDER WHICH THESE RIDERS MAY BE CONTINUED IN FORCE OR DISCONTINUED.**

**RENEWABILITY.** The Policy these Riders are attached to is noncancellable. This means you have the right, subject to the terms of your Policy, to continue your Policy as long as you pay your Scheduled Premium on time. Nationwide cannot change any of the terms of your Policy on its own and cannot change the Scheduled Premium you currently pay.

**WAIVER OF PREMIUM.** These Riders do not contain a waiver of premium provision. However, if the Accumulated Value has been reduced to less than the required monthly deductions while Rider benefits are being received, any monthly deductions that would otherwise cause the Accumulated Value to be less than zero will be waived. Depending on the Premium Payment Period elected, the Waiver of Premium Endorsement may be available at time of issue. This endorsement waives Premium for the LTC Rider, LTCEB Rider, and LTC Inflation Protection Rider while the Insured is receiving long-term care benefits.

**TERMS UNDER WHICH THE COMPANY MAY CHANGE PREMIUMS.** These Riders are attached to a fixed premium universal life insurance policy which requires payment of all Scheduled Premium as stated in the Policy Specification Pages. The amount of the Scheduled Premium is fixed at issue, so we can never increase the Scheduled Premium for the Policy and attached Riders.

**TERMS UNDER WHICH THESE RIDERS MAY BE RETURNED AND PREMIUM REFUNDED.** To be certain that you are satisfied with these Riders, you have a thirty day "free look." Within thirty days after you receive these Riders, you may return it to our Home Office or to the representative who delivered it. We will then void these Riders and the Policy as if it had never been in force and refund to the payor all Life Insurance Premium and Total LTC Premium paid, including any fees and charges, within thirty days.

***Partial Refund of LTC Premium on Surrender***

Based on the refund of premium option elected, you may be entitled to a partial refund of premium upon Surrender, if the total Scheduled Premium paid less partial Surrenders multiplied by the Premium Refund Percentage, exceeds the greater of the Cash Surrender Value or the LTC Benefits Paid, the excess amount is refunded up to the Total LTC Premium paid.

***Partial Refund of LTC Premium on Death***

Based on the refund of premium option elected, you may be entitled to a partial refund of premium upon the death of the Insured, if the total Scheduled Premium less partial Surrenders, exceeds the greater of the death benefit or LTC Benefits Paid, the excess amount will be refunded up to the Total LTC Premium paid.



**THESE RIDERS ARE NOT MEDICARE SUPPLEMENT COVERAGE.** If the Insured is eligible for Medicare, review the “Guide to Health Insurance for People with Medicare” available from us upon request. Receipt of benefits under these Riders may adversely affect your eligibility for governmental benefits or public assistance programs such as Medicaid. Neither Nationwide Life and Annuity Insurance Company nor its agents can represent Medicare, the federal government, or any state government.

**LONG-TERM CARE COVERAGE.** These Riders are designed to provide coverage for one or more necessary, or diagnostic, preventive, therapeutic, rehabilitative, Maintenance or Personal Care services, provided in a setting other than an acute care unit of a Hospital, such as in a nursing home, in the community or in the home. These Riders provide coverage in the form of a fixed dollar cash indemnity benefit for Qualified Long-Term Care Services, and is subject to an Elimination Period, limitations, and exclusions described in these Riders.

**BENEFITS PROVIDED BY THESE RIDERS.** These Riders interact with the Policy to which they are attached. Upon meeting the eligibility requirements for payment of benefits, we will pay a monthly benefit for the elected period, to the Policy Owner while the Insured is receiving Qualified Long-Term Care Services. The monthly benefit amount is not based on the number of days of services received and is not based on actual expenses incurred.

The LTC Rider provides for acceleration of the Policy Specified Amount until that Rider’s benefit limit has been reached. The LTCEB Rider, if elected, extends the benefits provided by the LTC Rider after the LTC Rider’s benefit limit has been reached, up to the Lifetime Total Maximum Amount of LTC Benefits. The Policy Owner has the option to receive a monthly Rider benefit payment equal to or less than the maximum monthly Rider benefit amount. However, the monthly Rider benefit payment requested must be greater than or equal to the minimum monthly Rider benefit amount stated on the Policy Specification Pages, or no less than as required by applicable laws and regulations in the State of Issue.

#### **LTC Rider Benefit Amounts:**

**Maximum Lifetime LTC Rider Benefit Amount.** The maximum benefit payable under the LTC Rider. It is the Policy Specified Amount multiplied by the quantity (Cash Surrender Value minus Indebtedness) divided by the Cash Surrender Value. The initial Maximum Lifetime LTC Rider Benefit Amount is stated on the initial Policy Specification Pages.

**Maximum Monthly LTC Rider Benefit Amount.** The maximum monthly benefit payable under the LTC Rider. The Maximum Monthly LTC Rider Benefit Amount is based on the Policy Specified Amount, and is calculated by dividing the Maximum Lifetime LTC Rider Benefit Amount by the number of months you elected on the application to receive LTC Rider benefit payments. It is stated on the Policy Specification Pages. The initial Maximum Monthly LTC Rider Benefit Amount is set on the Policy Date.

#### **LTCEB Rider Benefit Amounts:**

**Maximum Lifetime LTCEB Rider Benefit Amount.** The maximum benefit payable under the LTCEB Rider. It is equal to the number of months you elected on the application to receive LTCEB Rider benefit payments multiplied by the initial Maximum Monthly LTC Rider Benefit Amount. The initial Maximum Lifetime LTCEB Rider Benefit Amount is stated on the initial Policy Specification Pages.

**Maximum Monthly LTCEB Rider Benefit Amount.** The maximum monthly benefit available under the LTCEB Rider. The Maximum Monthly LTCEB Rider Benefit Amount is equal to the Maximum Monthly LTC Rider Benefit Amount. It is stated on the Policy Specification Pages. The initial Maximum Monthly LTCEB Rider Benefit Amount is set on the Policy Date. The Maximum Monthly LTCEB Rider Benefit Amount is recalculated any time the Maximum Lifetime LTCEB Rider Benefit Amount is recalculated.

**Lifetime Total Maximum Amount of LTC Benefits.** The maximum benefit payable under the LTC Rider, and the LTCEB Rider, if elected. This amount is equal to the Maximum Lifetime LTC Rider Benefit Amount, plus the Maximum Lifetime LTCEB Rider Benefit Amount if the LTCEB Rider is elected. The Lifetime Total Maximum Amount of LTC Benefits is stated on the Policy Specification Pages.

**Lapse Protection Feature.** While benefits are being received under the Riders, coverage under the Policy and attached Riders will not lapse; however, you must continue to pay your Scheduled Premium to maintain current Policy and rider benefit amounts. If the Accumulated Value is insufficient to cover all monthly deductions, any monthly deductions that would otherwise cause the Accumulated Value to be less than zero will be waived for the Rider benefit payment period. If there is Policy Indebtedness, as soon as you are no longer receiving LTC benefits, you may have to make sufficient loan repayment to prevent your Policy from lapsing.

**ELIGIBILITY FOR PAYMENT OF BENEFITS.** In order for Rider benefits to be payable, the total amount of benefits paid under the applicable Rider must not have reached the maximum lifetime Rider benefit amount under that Rider. Additionally, we must verify the following requirements have been met:

1. the Insured is Chronically Ill. This means, the Insured has been certified, within the preceding twelve months, by a Licensed Health Care Practitioner other than the owner or employee of an LTC Service Provider or Immediate Family of the Policy Owner or Insured, as:
  - a. being unable to perform, without Substantial Assistance from another individual, at least two Activities of Daily Living (i.e., Bathing, Continence, Dressing, Eating, Toileting, and Transferring) for a period of at least ninety days due to a loss of functional capacity; or
  - b. requiring Substantial Supervision to protect the individual from threats to health and safety due to severe Cognitive Impairment;
2. the Insured must be receiving Qualified Long-Term Care Services specified in a Plan of Care submitted to us;
3. the Elimination Period has been satisfied. The Elimination Period only has to be satisfied once while these Riders are in effect;
4. no exclusions as stated in the applicable Rider apply; and
5. the Policy Owner may be required to provide a signed acknowledgment of concurrence with the payment from all parties with an interest in the Policy, including, but not limited to assignees.

#### *Recertification*

At least once every twelve months, but no more frequently than every ninety days, a Licensed Health Care Practitioner must certify that the Insured requires Substantial Supervision to protect the individual from threats to health and safety due to severe Cognitive Impairment and/or is unable to perform, without Substantial Assistance from another individual, two or more Activities of Daily Living for at least ninety days due to a loss of functional capacity. Additionally, the Licensed Health Care Practitioner must either prescribe a new Plan of Care or reconfirm the existing Plan of Care.

#### **DEFINED TERMS USED IN THIS OUTLINE OF COVERAGE**

**Activities of Daily Living.** Those activities that measure the Insured's ability for self-care. The six Activities of Daily Living used in these Riders to determine the level of care needed by the Insured are:

1. "Bathing" – washing oneself in either a tub or shower, including getting into and out of the tub or shower, or by sponge bath.
2. "Continence" – ability to control one's bowel and/or bladder function, or the ability to perform associated personal hygiene (including caring for a catheter or colostomy bag) when unable to control one's bowel and/or bladder function.
3. "Dressing" – putting on and taking off all items of clothing, and attaching any necessary braces, fasteners, or prosthesis.
4. "Eating" – feeding oneself by getting food into the body from a receptacle (such as a plate, cup or table) or by a feeding tube or intravenously.
5. "Toileting" – getting to and from the toilet, getting on and off the toilet, and performing associated personal hygiene.
6. "Transferring" – means moving in and out of a bed, chair, or wheelchair.

**Adult Day Care Services/Facility.** A state licensed or certified program for a specified number of individuals providing Qualified Long-Term Care Services, including social or health-related or both types of services. These services are provided during the day in a community group setting for the purpose of supporting frail, impaired elderly or other disabled adults who can benefit from care in a group setting outside the home.

**Chronically Ill.** An Insured who has been certified, within the preceding twelve months, by a Licensed Health Care Practitioner other than the owner or employee of a Long-Term Care Service Provider or Immediate Family of the Policy Owner or Insured as:

1. being unable to perform, without Substantial Assistance from another individual, at least two Activities of Daily Living for a period of at least ninety days due to a loss of functional capacity; or
2. requiring Substantial Supervision to protect the individual from threats to health and safety due to severe Cognitive Impairment.

**Cognitive Impairment.** A deficiency in the Insured's short or long-term memory, orientation as to person, place and time, deductive or abstract reasoning, or judgment as it relates to safety awareness. Included are nervous or mental disorders of organic origin, including Alzheimer's Disease and senile dementia, which are determined by clinical diagnosis or tests.

**Hands-On Assistance.** The physical assistance of another person without which the individual would be unable to perform the Activities of Daily Living.

**Home Health Care Agency.** A public or private entity, with a valid operating certificate, in states where required, that provides in-home Qualified Long-Term Care Services delivered through licensed practical nurses, registered nurses, or other skilled or unskilled medical personnel. If the jurisdiction does not license or certify such facilities, then the Home Health Care Agency must: (1) be primarily engaged in providing residential health care services; and (2) operate under policies and procedures established by a group of professionals, including at least one Physician and one nurse.

**Home Health Care Services.** Medical or non-medical Maintenance or Personal Care Services, Homemaker Services, and Hospice Care delivered in a private home, as part of the Insured's Plan of Care. Home Health Care Services can include Qualified Long-Term Care Services provided by skilled or unskilled medical personnel of a Hospital or Home Health Care Agency, or by unskilled individuals in the Insured's home.

**Immediate Family.** The Insured's or Policy Owner's spouse or other legally recognized partner, children, grandchildren, parents, grandparents, brothers and sisters, aunts and uncles, cousins, including adopted, in-laws, and step-relatives of any of the listed persons and their spouses or legally recognized partners.

**Licensed Health Care Practitioner.** A Physician, as defined in §1861(r)(1) of the Social Security Act, as amended; a registered professional nurse; licensed social worker; or other individual who meets requirements prescribed by the Secretary of the Treasury. The Licensed Health Care Practitioner must be acting within the scope of his or her license when providing: (a) a certification and/or recertification that the Insured is Chronically Ill; or (b) an individualized Plan of Care for the Insured.

**Long-Term Care Facility.** Any facility, other than a Hospital, which provides Skilled Nursing Care, Intermediate Care, or Custodial Care, and is licensed or certified by the appropriate state licensing agency. If the jurisdiction does not license or certify such facilities, then it must also have: (1) a registered graduate nurse on duty at all times to supervise 24-hour nursing service; (2) a Physician to supervise the operation of the facility; (3) a planned program of policies and procedures developed with the advice of a professional group of at least one Physician and one nurse; and (4) a Physician available to furnish emergency medical care.

**Maintenance or Personal Care Services.** Any care of which the primary purpose is the provision of needed assistance with any of the disabilities as a result of which the individual is a Chronically Ill individual, including the protection from threats to health and safety due to severe Cognitive Impairment. Maintenance or Personal Care Services also include, but are not limited to, assistance provided pursuant to a Plan of Care by any skilled or unskilled person of your choice.

**Period of Care.** A Period of Care begins immediately following the Insured being certified as Chronically Ill and receiving Qualified Long-Term Care Services. Instances where the Insured's condition improves and then relapses will be deemed a single Period of Care if the receipt of Qualified Long-Term Care Services:

1. is for the same condition;
2. is not separated by more than ninety days; and
3. occurs while this Rider is In Force.

A new Period of Care begins each time the Insured begins receiving Qualified Long-Term Care Services for a new condition or one unrelated to the current certification.

**Physician.** A person licensed to practice medicine or surgery in the state where such functions are performed, as defined in §1861 (r)(1) of the Social Security Act, as amended. Physician does not include the Policy owner, the Insured or any Immediate Family of either. The Physician must perform only those services permitted by his or her license.

**Plan of Care.** A written document which prescribes Qualified Long-Term Care Services based on an assessment by a Licensed Health Care Practitioner indicating that the Insured is Chronically Ill. The individualized plan developed by a Licensed Health Care Practitioner must specify the type of medical treatment (including medication and therapy), non-medical assistance and services, frequency of services, and most appropriate providers of all services the Insured requires. The Plan of Care must be appropriate and consistent with generally accepted standards of care for persons who are Chronically Ill.

**Qualified Long-Term Care Services.** Services that meet the requirements of §7702(B)(c)(1) of the Internal Revenue Code of 1986, as amended, as follows: necessary diagnostic, preventive, therapeutic, curative, treatment, mitigation and rehabilitative services, and Maintenance or Personal Care Services which are required by a Chronically Ill individual, and are provided pursuant to a Plan of Care prescribed by a Licensed Health Care Practitioner.

**Standby Assistance.** The presence of another person within arm's reach of the individual that is necessary to prevent, by physical intervention, injury to the individual while the individual is performing the Activities of Daily Living (such as being ready to catch the individual if the individual falls while getting into or out of the bathtub or shower as part of bathing, or being ready to remove food from the individual's throat if the individual chokes while eating).

**Substantial Assistance.** Hands-on Assistance and/or Standby Assistance.

**Substantial Supervision.** Continual supervision by another person. This may include cuing by verbal prompting, gestures or other demonstrations and must be necessary to protect an individual with severe Cognitive Impairment from threats to his or her health or safety, such as may result from wandering.

**EXCLUSIONS AND PREEXISTING CONDITIONS LIMITATIONS.** These Riders do not pay benefits for Qualified Long-Term Care Services that result from:

1. intentionally self-inflicted injuries or attempts at suicide (either while sane or insane);
2. committing or attempting to commit a felony;
3. alcoholism or drug addiction, unless addiction results from administration of drugs for treatment prescribed by a Physician; or
4. war or any act of war, whether declared or undeclared.

Preexisting condition refers to any condition for which the Insured received medical advice or treatment in the six months preceding the Policy Date. The receipt of Qualified Long-Term Care Services, due to preexisting conditions stated in the application, are covered under the Riders, subject to the eligibility requirements listed in the Riders. We will not pay benefits for Qualified Long-Term Care Services received wholly or in part due to a preexisting condition which is not disclosed in the application if the need for services begins during the first six months after the Policy Date.

**THIS POLICY MAY NOT COVER ALL THE EXPENSES ASSOCIATED WITH YOUR LONG-TERM CARE NEEDS.**

**INTERNATIONAL BENEFITS.** The LTC Rider provides benefits for Qualified Long-Term Care Services received outside of the United States or its territories or possessions, according to the requirements of the International Claims section of the LTC Rider. The available International LTC Rider Benefits are 100% of the Maximum Monthly LTC Rider Benefit Amount, until the Maximum Lifetime LTC Rider Benefit Amount is exhausted, while the Insured is receiving care outside of the United States. The LTCEB Rider does not provide benefits for Qualified Long-Term Care Services received outside of the United States, its territories or possessions.

As long as the Insured is receiving Qualified Long-Term Care Services outside of the United States, its territories or possessions, and is receiving International LTC Rider benefit payments, International LTC Inflation Protection Rider Benefit Payments are available if the Long-Term Care Fixed Rate Inflation Protection Rider is elected. International LTC Inflation Protection Rider Benefits available are 100% of the Maximum Monthly LTC Inflation Protection Rider Benefit Amount.

If the Insured returns to the United States and is determined to be eligible for benefits under the LTC Rider or LTCEB Rider, if elected, and Qualified Long-Term Care Services are provided in the United States, the Maximum Monthly LTC Rider Benefit Amount (or Maximum Monthly LTCEB Benefit Amount, if applicable), and the Maximum Monthly LTC Inflation Protection Rider Benefit Amount will be available until the Lifetime Total Maximum Amount of LTC Benefits is exhausted.

**RELATIONSHIP OF COST OF CARE AND BENEFITS.** Because the costs of Qualified Long-Term Care Services will likely increase over time, you should consider how the benefits of this plan may be adjusted, and whether you desire to adjust them. These Riders do not provide for inflation protection coverage; however, the optional Long-Term Care Fixed Rate Inflation Protection Rider is available.

**INFLATION PROTECTION.** Nationwide offers the Long-Term Care Fixed Rate Inflation Protection Rider. If you elect the optional Inflation Protection Rider at application, a monthly inflation benefit is paid in addition to the maximum monthly LTC Rider benefit, or maximum monthly LTCEB Rider benefit if the LTCEB Rider is elected. This optional Inflation Protection coverage can help long-term care benefits keep up with long-term care expenses as they increase over time. The maximum monthly inflation protection benefit available depends on the Inflation Protection Option that is in effect. You can choose 5% Compound Inflation Protection, 3% Compound Inflation Protection or 3% Simple Inflation Protection as described below. Benefits under the Long-Term Care Inflation Protection Rider are noncumulative. If you reject the optional Long-Term Care Inflation Protection Rider by indicating so in the application, you will not be able to increase your benefits later. An additional premium will be charged based on the inflation option selected.

### **3% Simple Inflation Protection:**

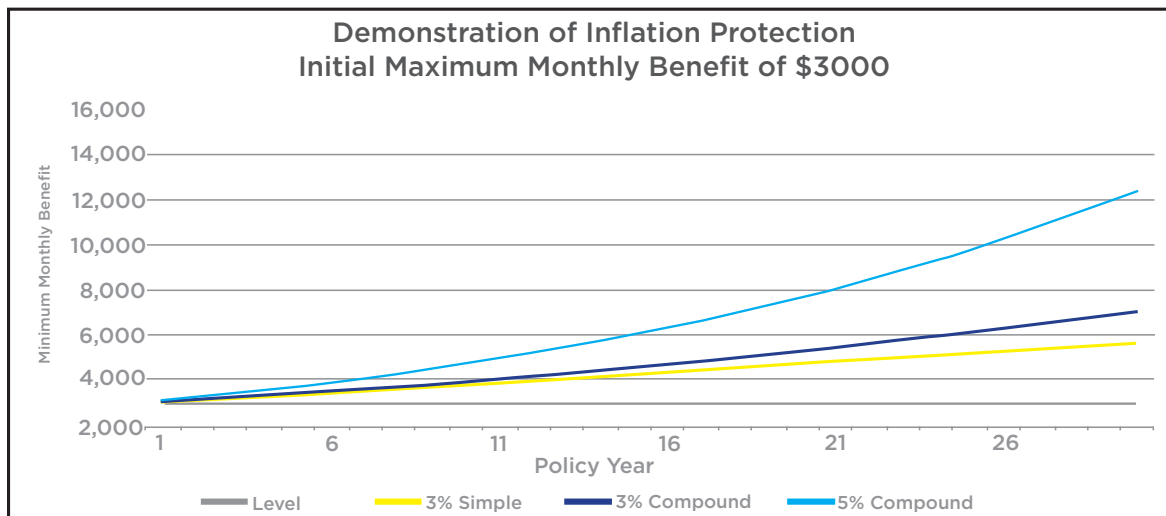
Under this option, the Maximum Monthly LTC Inflation Protection Rider Benefit Amount will increase on each Policy Anniversary by 3% of the Maximum Monthly LTC Rider Benefit Amount (or Maximum Monthly LTCEB Rider Benefit Amount, if applicable).

### 3% Compound Inflation Protection:

Under this option, the Maximum Monthly LTC Inflation Protection Rider Benefit Amount on the first Policy Anniversary will be equal to 3% of the Maximum Monthly LTC Rider Benefit Amount (or Maximum Monthly LTCEB Rider Benefit Amount, if applicable). On each Policy Anniversary afterwards, the Maximum Monthly LTC Inflation Protection Rider Benefit Amount will increase by an amount that is 3% higher than the previous year's increase.

### 5% Compound Inflation Protection:

Under this option, the Maximum Monthly LTC Inflation Protection Rider Benefit Amount on the first Policy Anniversary will be equal to 5% of the Maximum Monthly LTC Rider Benefit Amount (or Maximum Monthly LTCEB Rider Benefit Amount, if applicable). On each Policy Anniversary afterwards, the Maximum Monthly LTC Inflation Protection Rider Benefit Amount will increase by an amount that is 5% higher than the previous year's increase.



**ALZHEIMER'S DISEASE AND OTHER ORGANIC BRAIN DISORDERS.** These Riders provide coverage for Insureds clinically diagnosed as having Alzheimer's Disease or related degenerative and dementing illnesses.

**PREMIUM.** In addition to the fixed premium for the life insurance Policy, there are fixed premiums for the LTC Rider, LTCEB Rider, if elected, and Long-Term Care Fixed Rate Inflation Protection Rider, if elected. This Policy is noncancellable, meaning we guarantee that the Policy and all attached riders will not lapse as long as all Scheduled Premiums are paid and no Policy loans are taken. Please refer to your Policy for details on how deductions taken from the Accumulated Value may affect your Net Surrender Value and your Death Benefit Proceeds. Please refer to your sales proposal to see Scheduled Premiums for each benefit period and inflation protection option available.

**ADDITIONAL FEATURES.** These Riders will be medically underwritten.

**Nonforfeiture Benefit.** If the Policy enters the grace period due to nonpayment of Scheduled Premium, the Policy Owner will have the option to Surrender the Policy or elect the reduced paid-up insurance option of the Nonforfeiture section of the Policy, as long as the Minimum Specified Amount, as stated on the Policy Specification Pages, is met. Electing the reduced paid-up insurance option may result in a reduction in the Policy Specified Amount. This reduction in the Specified Amount will cause a reduction to the following values as of the effective date of that reduction: the Maximum Monthly LTC Rider Benefit Amount; the Maximum Lifetime LTC Rider Benefit Amount; Maximum Monthly LTCEB Rider Benefit Amount; the Maximum Lifetime LTCEB Rider Benefit Amount; and the Lifetime Total Maximum Amount of LTC Benefits.

**CONTACT THE STATE AGENCY LISTED IN A SHOPPER'S GUIDE TO LONG-TERM CARE INSURANCE IF YOU HAVE GENERAL QUESTIONS REGARDING LONG-TERM CARE INSURANCE. CONTACT NATIONWIDE IF YOU HAVE SPECIFIC QUESTIONS REGARDING YOUR LONG-TERM CARE RIDER OR LONG-TERM CARE EXTENSION OF BENEFITS RIDER.**





Nationwide CareMatters® II

# Frequently asked questions

## What is the difference between cash indemnity and reimbursement policies?

Cash indemnity policies provide a monthly check for the amount you elect up to the maximum amount of long-term care (LTC) benefit you qualify for, even if your expenses are less or you are not paying a caregiver, because it is not based on actual expenses incurred. No bills, receipts or any other type of monthly paperwork is required once a claim is approved, unlike reimbursement policies. Nationwide CareMatters® II is a cash indemnity policy.

Reimbursement policies require the submission of bills and receipts each month for LTC costs incurred. These policies specify which types of LTC expenses are covered, and you (or the facility) will be reimbursed only for the exact amount of qualifying expenses up to the maximum benefit amount.

## Are there any limits on how I can spend my monthly LTC benefit?

No. Once you qualify for benefits, payments (up to the maximum amount you qualify for) are sent each month to the policyowner. Nationwide® places no restrictions on how LTC benefit payments are used. Under certain circumstances, benefits may be taxable. Please consult a tax advisor.

## Do I have to take the maximum LTC benefit amount?

No. You may take less than the maximum monthly LTC benefit amount that you qualify for in your policy. Taking less money can help extend the length of time your benefit is available. However, if inflation protection is elected, the maximum monthly LTC benefit amount must be requested in order to receive the inflation protection benefit. Please be aware that a minimum allowable amount also applies to what you may request each month. Benefit planning decisions can be complex and have consequences. Please consult your LTC benefit planning advisor.<sup>1</sup>

## Will there still be a death benefit if I start using LTC benefits?

Yes. Your beneficiaries will receive either the policy death benefit reduced by the LTC benefits paid or the minimum death benefit, whichever is greater. The death benefit may be reduced by LTC benefits paid, outstanding loans, unpaid monthly deductions and partial surrenders.

<sup>1</sup> The available lifetime maximum LTC benefit amount is the maximum monthly LTC benefit dollar amount paid over the total benefit period in years you select at issue. The maximum monthly benefit available is the sum of the benefits paid by the LTC Rider, the LTC Extension of Benefits Rider and any Inflation Protection Rider option selected at issue.

## How does inflation protection affect my policy?

Inflation protection, if elected, will provide an additional amount to your maximum monthly LTC benefit. The additional benefit provided by electing inflation protection helps offset rising LTC costs. Benefits provided by inflation protection are in addition to the total LTC benefits and maximum monthly LTC benefit available. The benefit amount requested each month will be paid first from the Long-Term Care Rider or Long-Term Care Extension of Benefits (LTCEB) Rider up to the maximum monthly LTC benefit and then from the Inflation Protection Rider up to the maximum monthly inflation benefit. Inflation benefits not taken in a given month will not be available in future months.

## Can the policy lapse while I am collecting LTC benefits?

While the insured is receiving LTC benefits, your policy will not lapse. However, if you are in the premium payment period and scheduled premium is not paid, then the policy will be converted to reduced paid-up insurance and the monthly LTC benefit will be reduced. Note that if you elected the pay to age 100 premium payment option, the portion of the premium that pays for long-term care (i.e., LTC Rider, LTCEB Rider, Inflation Protection Rider) will be waived while LTC benefits are being paid. Please refer to the premium summary page for premium detail.

If there is policy indebtedness, as soon as you are no longer receiving LTC benefits, you may have to make sufficient loan repayment to prevent your policy from lapsing.

## Can I use my CareMatters benefits for more than one LTC claim?

Yes. If you receive benefits for an LTC claim and then recover, you may use any remaining available LTC benefits for future LTC claims. Future claims do not have to be related to the original claim. Each claim must meet the eligibility requirements of the LTC Rider or LTCEB Rider. You may use your LTC benefits multiple times until they are exhausted.

## How would inflation protection work once I recover and am no longer on claim?

Upon recovering from a claim, your remaining available LTC benefits will continue to increase annually following the inflation protection option you selected when you purchased your policy.

## What is HIPAA?

HIPAA stands for the Health Insurance Portability and Accountability Act. HIPAA establishes a per diem amount. The HIPAA per diem amount usually increases each year. For 2024, it is \$410 per day (or \$12,300 in a 30-day month).

## How much of my LTC benefit will be tax free?

The amount of tax-free LTC benefits you can receive across all policies in a given year is the greater of:

- The HIPAA per diem amount for that year, or
- The actual qualified long-term care expenses incurred

## Do I have access to my cash value?

Yes. Loans and partial surrenders are allowed on this policy. However, loans and partial surrenders will decrease the death and LTC benefits. No loans or partial surrenders are permitted while LTC benefits are being paid. The policy may also be surrendered at any time for its net surrender value, which can be seen in the tabular detail of the sales proposal.

## Why is the death benefit higher at issue?

The Internal Revenue Code requires a minimum death benefit relative to the policy's cash value based on your age. This requirement can result in a minimum required death benefit greater than that produced by the elected specified amount and is why the net death benefit may be higher in some years. Please refer to the tabular detail for specific values in a given year.

## How do I qualify for LTC benefits?

The following things must happen in order for you to qualify for monthly LTC benefits:

1. A U.S.-licensed health care practitioner must certify the insured as:
  - a. requiring substantial supervision to protect the individual from threats to health and safety due to severe cognitive impairment, and/or
  - b. being unable to perform, without substantial assistance from another individual, two or more of the activities of daily living for at least 90 days due to a loss of functional capacity; the activities of daily living are bathing, continence, dressing, eating, toileting and transferring
2. Upon filing a claim, a plan of care must be created describing the LTC services needed for treatment (whether formal or informal); the plan of care and condition(s) in item 1 must be recertified at least once annually by a U.S.-licensed health care practitioner.

## When will I start receiving my LTC benefits?

1. There is a 90-calendar-day elimination period beginning immediately after the date you're certified as chronically ill and start receiving LTC services.
2. Once the 90-calendar-day elimination period has been met, LTC benefits for the first 90 days will be paid along with LTC benefits for month four.
3. Upon meeting the elimination period, it is satisfied for the life of the policy in the event you have more than one LTC claim.

## Is special pricing available if both my spouse and I buy a policy?

Individuals who are married or in a legally recognized domestic partnership or civil union receive a lower rate that will result in a larger pool of LTC benefits for the same cost or the same pool of LTC benefits at a lower cost, depending on which is requested. This rate is applied if one or both spouses purchase a policy.

## Can I pool benefits with my spouse or transfer benefits?

No. Each spouse must purchase his or her own policy, and no benefits can be transferred between policies.

## What if I use only some of my LTC benefits?

Your beneficiaries will receive either the remaining policy death benefit not used for LTC benefits or the minimum death benefit, whichever is greater.

## Are any expenses excluded from coverage?

Nationwide places no restrictions on how the benefits are spent.





This material is not a recommendation to buy or sell a financial product or to adopt an investment strategy. Investors should discuss their specific situation with their financial professional.

All guarantees and benefits of the insurance policy are backed by Nationwide Life and Annuity Insurance Company. Policy guarantees and benefits are not backed by the broker/dealer and/or insurance agency selling the policy, nor by any of their affiliates, and none of them make any representations or guarantees regarding the claims-paying ability of the issuing insurance company.

Nationwide CareMatters II is a cash indemnity product that pays LTC benefits when the insured person is certified to have a qualifying condition and a need for LTC services. Bills and receipts showing actual expenses do not have to be submitted for payment of benefits once a claim has been approved. Each year, the policyowner can receive, tax free, the greater of the HIPAA per diem amount or actual LTC costs incurred. However, benefits may be taxable under certain circumstances. Taxpayers should consult with their tax and legal advisors about their specific situation.

The policy that this rider is attached to is noncancelable. This means that you have the right, subject to the terms of your policy, to continue your policy, provided you pay your scheduled premium on time. Nationwide cannot change any of the terms of your policy on its own and cannot change the scheduled premium.

Keep in mind that the payment of long-term care rider benefits, as an acceleration of the death benefit, will reduce both the death benefit and cash surrender value of the policy. Additionally, loans and withdrawals will also reduce both the cash value and the death benefit.

Care should be taken to make sure that life insurance needs continue to be met even if the rider pays out in full or after money is taken from the policy. Costs for long-term care vary by person, and there is no guarantee that the rider will cover all long-term care costs. Nationwide pays the long-term care benefit to the policyowner. If the insured is not the policyowner, there is no guarantee that benefits will be used to pay for long-term care.

When choosing a product, make sure that life insurance and long-term care insurance needs are met. CareMatters II is not intended to be a primary source of life insurance protection, so make sure life insurance needs have been covered by appropriate products. Because personal situations may change (e.g., marriage, birth of a child or job promotion), so can life insurance and long-term care insurance needs. Care should be taken to ensure that these strategies and products are suitable. Associated costs, as well as personal and financial objectives, time horizons and risk tolerance, should all be weighed before purchasing CareMatters II. Life insurance, and long-term care coverage linked to life insurance, has fees and charges associated with it that include costs of insurance, which vary based on characteristics of the insured such as sex, health, age and tobacco use; and additional charges for riders that customize a policy to fit individual needs.

CareMatters II has exclusions, limitations, reductions of benefits, and terms under which the product may be continued in force or discontinued. For more details on cost and coverage options, contact your insurance professional. The insurance professional or company may contact you in response to your request for additional information.

Approval for coverage under the policy and riders is subject to underwriting and may require a medical exam.

Nationwide CareMatters II might not be available in every state. Please contact Nationwide to determine product availability in your state.

The information contained herein was prepared to support the promotion, marketing and/or sale of life insurance contracts, annuity contracts and/or other products and services provided by Nationwide Life and Annuity Insurance Company.

Products are issued by Nationwide Life and Annuity Insurance Company, Columbus, Ohio.

Nationwide, the Nationwide N and Eagle, Nationwide is on your side and Nationwide CareMatters are service marks of Nationwide Mutual Insurance Company. © 2024 Nationwide (01/24)