Out[49]: Country Age Gender Cholesterol_Level Blood_Pressure Smoking_History Alcohol_Cor 0 Germany 39 Male 210.091036 173.301650 Never 1 88 Male 163.998730 137.381678 Former Egypt 2 Spain 60 Female 263.502590 139.737677 Former 3 Canada 25 Female 292.003927 85.992807 Former France 54 Former Female 267.736563 119.882856 Pakistan 89 Male 192.824536 84.614988 Current Germany 37 Female 248.192810 119.187008 Current 7 Nigeria 67 Female 190.648952 88.151404 Current Vietnam 36 Female 167.748324 174.399328 Never 170.507186 164.832277 Canada 67 Female Former

10 rows × 30 columns

Data Overview

This dataset contains 623,027 rows and 30 columns, representing various demographic, medical, lifestyle, and environmental factors that may contribute to heart disease and heart attack outcomes.

Detailed Description

- 1. Demographic Information
 - Country: The country where the individual resides.
 - Age: The individual's age in years.

• Gender: The gender of the individual (Male/Female).

2. Medical & Health Indicators

- **Cholesterol_Level**: The total cholesterol level in mg/dL.
- Blood_Pressure: The measured blood pressure in mmHg.
- **Smoking_History**: The individual's smoking status (Never, Former, or Current).
- Alcohol_Consumption: The amount of alcohol consumed per week.
- Physical_Activity: The individual's activity level (Active/Sedentary).
- **Obesity**: Indicates whether the individual is obese (Yes/No).
- Diabetes: Indicates whether the individual has diabetes (Yes/No).
- Family_History: Whether the individual has a family history of heart disease (Yes/No).
- Stress_Levels: A numerical value representing the individual's stress level.
- **Dietary_Habits**: The quality of the individual's diet (Healthy, Moderate, or Unhealthy).

3. Heart-Related Conditions

- Heart_Attack_History: Indicates whether the individual has had a previous heart attack (Yes/No).
- Chest_Pain: Indicates whether the individual experiences chest pain (Yes/No).
- Exercise_Induced_Angina: Whether chest pain occurs due to exercise (Yes/No).
- **Resting_ECG**: The result of an electrocardiogram taken at rest (Normal/Abnormal).
- Max_Heart_Rate_Achieved: The maximum heart rate the individual can achieve during
 physical activity.
- **Thalassemia**: A hereditary blood disorder affecting hemoglobin (Normal, Fixed Defect, or Reversible Defect).
- HDL_Cholesterol: High-density lipoprotein (HDL) cholesterol level in mg/dL.
- LDL_Cholesterol: Low-density lipoprotein (LDL) cholesterol level in mg/dL.
- **Triglycerides**: The level of triglycerides in mg/dL.

4. Risk Factors & Outcome

- Heart_Disease_Risk: The estimated risk level of developing heart disease (Low, Medium, or High).
- Medication_Adherence: Whether the individual follows prescribed medications (Yes/No).

5. Environmental & Socioeconomic Factors

- Urbanization_Level: The individual's living environment (Urban, Suburban, or Rural).
- Air_Pollution_Exposure: The individual's exposure to air pollution.
- Access_To_Healthcare: The quality of healthcare access (Good/Poor).
- Education_Level: The highest level of education attained (None, Primary, Secondary, or Tertiary).

- Note: This column has 155,697 missing values.
- Income_Level: The individual's income category (Low/Medium/High).

6. Heart Attack Outcome

• **Heart_Attack_Outcome**: The final outcome of a heart attack (Survived/Died).

```
In [50]: print("Amount of rows: ", df.shape[0])
         print(df.isnull().sum())
        Amount of rows: 623027
        Country
                                         0
                                         0
        Age
        Gender
                                         0
        Cholesterol_Level
        Blood_Pressure
                                         0
        Smoking_History
                                         0
        Alcohol_Consumption
                                         0
        Physical_Activity
                                         0
        Obesity 0
        Diabetes
                                         0
                                         0
        Family_History
                                         0
        Stress_Levels
        Dietary_Habits
                                         0
        Heart_Attack_History
                                         0
        Chest_Pain
                                         0
                                         0
        Exercise_Induced_Angina
        Resting_ECG
                                         0
        Max_Heart_Rate_Achieved
                                         0
        Thalassemia
                                         0
        HDL_Cholesterol
                                         0
        LDL_Cholesterol
        Triglycerides
                                         0
        Heart_Disease_Risk
                                         0
        Medication_Adherence
                                         0
        Urbanization_Level
                                         0
        Air_Pollution_Exposure
                                         0
        Access_To_Healthcare
                                         0
                                    155697
        Education Level
        Income_Level
                                         0
        Heart_Attack_Outcome
                                         0
        dtype: int64
In [51]: for column in df.columns:
             if df[column].dtype == type(object):
                  le = LabelEncoder()
                  df[column] = le.fit_transform(df[column])
         df.head(10)
```

Out[51]:		Country	Age	Gender	Cholesterol_Level	Blood_Pressure	Smoking_History	Alcohol_Cor
	0	7	39	1	210.091036	173.301650	2	
	1	5	88	1	163.998730	137.381678	1	
	2	20	60	0	263.502590	139.737677	1	
	3	3	25	0	292.003927	85.992807	1	
	4	6	54	0	267.736563	119.882856	1	
	5	14	89	1	192.824536	84.614988	0	
	6	7	37	0	248.192810	119.187008	0	
	7	13	67	0	190.648952	88.151404	0	
	8	24	36	0	167.748324	174.399328	2	
	9	3	67	0	170.507186	164.832277	1	

10 rows × 30 columns

Encoding Categorical Data

Example

Before Encoding

Name	Gender
Alice	Female
Bob	Male
Carol	Female
Dave	Male

After Encoding

Name	Gender
Alice	1
Bob	0
Carol	1
Dave	0

Why is this done?

Machine learning models require numerical input, so categorical values (like "Male" or "Female") must be converted into numbers.

```
In [52]: # drop unnecessary columns
    df = df.drop(columns=['Heart_Attack_Outcome'])
    df = df.drop(columns=['Medication_Adherence'])

# Define target variable
    X = df.drop(columns=['Heart_Disease_Risk'])
    y = df['Heart_Disease_Risk']
```

Data Preparation

- 1. Drop Unnecessary Columns:
 - Heart_Attack_Outcome
 - Medication_Adherence

These columns are not needed.

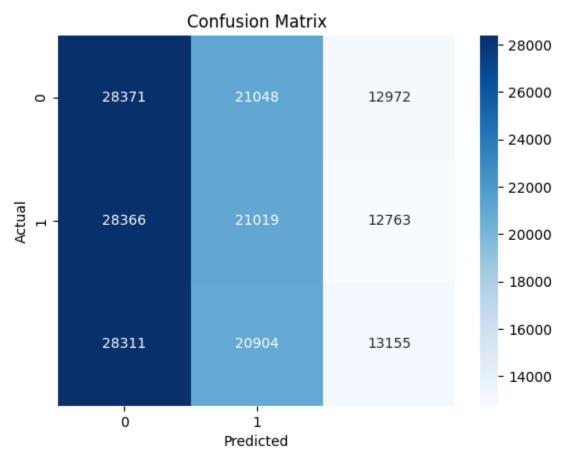
2. Define Target Variable:

In [53]: # Split data

- Features (X): All columns except Heart_Disease_Risk .
- Target (y): The Heart_Disease_Risk column.

```
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.3, random_sta
         test_size=0.3 = 70% training data and 30% testing data
         random_state=42 = ensures that every time you run the code, you get the same results.
In [54]:
         # Train k-NN model
         knn = KNeighborsClassifier()
         knn.fit(X_train, y_train)
         ▼ KNeighborsClassifier (i) ?
Out[54]:
         KNeighborsClassifier()
In [55]: # Predict
         y_pred = knn.predict(X_test)
         cm = confusion_matrix(y_test, y_pred)
         sns.heatmap(cm, annot=True, fmt="d", cmap="Blues", xticklabels=[0, 1], yticklabels=
In [56]:
         plt.xlabel("Predicted")
         plt.ylabel("Actual")
```

```
plt.title("Confusion Matrix")
plt.show()
```



Confusion Matrix

The confusion matrix helps visualise the model's performance by showing the number of correct and incorrect predictions.

Confusion Matrix Breakdown

This matrix shows the model is preforming very poorly from the high number of misclassifications

- If the actual class is 0, the model correctly guessed 28,371 times but also mistakenly guessed Class 1 (21,048 times) and Class 2 (12,972 times).
- If the actual class is 1, the model got it right 21,019 times, but incorrectly guessed Class 0 (28,366 times) and Class 2 (12,763 times).
- If the actual class is 2, the model guessed it right 13,155 times, but mistakenly called it Class 0 (28,311 times) or Class 1 (20,904 times).

```
In [57]: # Evaluate
        print("Accuracy:", accuracy_score(y_test, y_pred))
        print("Classification Report:\n", classification_report(y_test, y_pred))
       Accuracy: 0.3346280810447865
       Classification Report:
                    precision recall f1-score
                                                 support
                 0
                        0.33 0.45
                                          0.38 62391
                 1
                        0.33
                               0.34
                                          0.34
                                                 62148
                        0.34
                                 0.21
                                          0.26
                                                 62370
          accuracy
                                          0.33
                                                 186909
                      0.34
                                 0.33
                                         0.33
                                                 186909
          macro avg
       weighted avg
                       0.34
                                 0.33
                                          0.33
                                                 186909
```

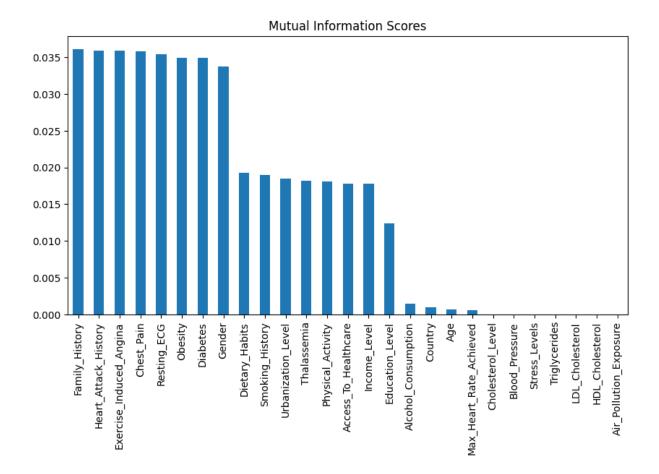
- The model is best at predicting Class 0 higher recall of 45% and worst at class 2 21%.
- Precision is nearly the same for all classes, meaning the model doesn't strongly favour one class over the others.
- The macro average and weighted average are both around 0.33, showing that performance is fairly low across all classes.

```
In [58]: from sklearn.feature_selection import mutual_info_classif

# Compute Mutual Information
mi_scores = mutual_info_classif(X, y)
mi_series = pd.Series(mi_scores, index=X.columns).sort_values(ascending=False)

plt.figure(figsize=(10, 5))
mi_series.plot(kind='bar')
plt.title("Mutual Information Scores")
plt.show()
```

7 of 19 04/03/2025, 00:08



Mutual Information (MI) Scores

Mutual Information (MI) measures how much one variable tells us about another. In this case, it shows how much each feature contributes to predicting heart disease risk

The model relies most heavily on features like Exercise-Induced Angina, Heart Attack History, Chest Pain, and Resting ECG.

Features like Air Pollution Exposure and LDL Cholesterol may not be as useful for predicting heart disease in this dataset.

```
In [59]: # Grouping Columns

df['Age'] = pd.cut(df['Age'], bins=[0, 35, 60, 80, 100], labels=['Young', 'Middle-a
    df['Cholesterol_Level'] = pd.cut(df['Cholesterol_Level'], bins=[0, 200, 240, 280, 3
    df['Blood_Pressure'] = pd.cut(df['Blood_Pressure'], bins=[0, 120, 130, 140, 190], 1
    df['Alcohol_Consumption'] = pd.cut(df['Alcohol_Consumption'], bins=[0, 1, 2, 3, 4],
    df['LDL_Cholesterol'] = pd.cut(df['LDL_Cholesterol'], bins=[0, 100, 130, 160, 190],
    df['Triglycerides'] = pd.cut(df['Triglycerides'], bins=[0, 150, 200, 500, 1000], la
    df['Air_Pollution_Exposure'] = pd.cut(df['Air_Pollution_Exposure'], bins=[0, 25, 50])
```

Grouping Columns

i Grouped nnumerical data to see if it would make a difference on predictions

Example with age

Young 0 - 35 Middle-aged 36 - 60 Senior 61 - 80 Elderly 81 - 100

why?

Helps in identifying trends and patterns

```
In [60]: category_columns = ['Age', 'Cholesterol_Level', 'Blood_Pressure', 'Alcohol_Consumpt
le = LabelEncoder()

# encoding
for column in category_columns:
    df[column] = le.fit_transform(df[column])

df.head(10)
```

Out[60]:		Country	Age	Gender	Cholesterol_Level	Blood_Pressure	Smoking_History	Alcohol_Cor
	0	7	1	1	0	2	2	
	1	5	0	1	2	1	1	
	2	20	1	0	1	1	1	
	3	3	3	0	3	3	1	
	4	6	1	0	1	3	1	
	5	14	0	1	2	3	0	
	6	7	1	0	1	3	0	
	7	13	2	0	2	3	0	
	8	24	1	0	2	2	2	
	9	3	2	0	2	2	1	

10 rows × 28 columns

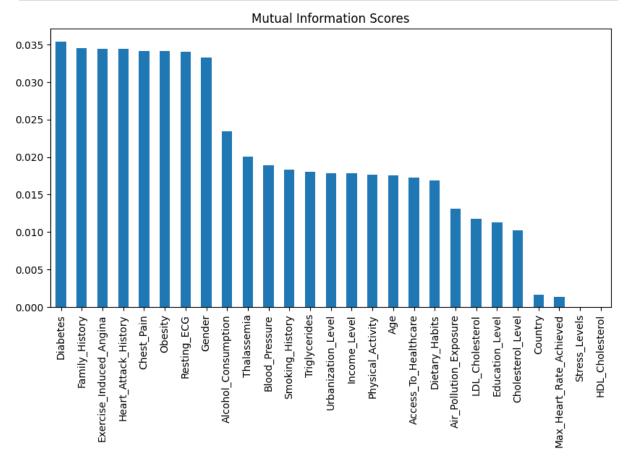
```
In [61]: from sklearn.feature_selection import mutual_info_classif

X = df.drop(columns=['Heart_Disease_Risk'])
y = df['Heart_Disease_Risk']

# Compute Mutual Information
mi_scores = mutual_info_classif(X, y)
mi_series = pd.Series(mi_scores, index=X.columns).sort_values(ascending=False)

plt.figure(figsize=(10, 5))
mi_series.plot(kind='bar')
plt.title("Mutual Information Scores")
```





aftermath of grouping

Features That Became More Important:

Categorical features like Family History, Gender, and Obesity gained relevance. Exercise-Induced Angina and Alcohol Consumption became more impactful.

Features That Became Less Important:

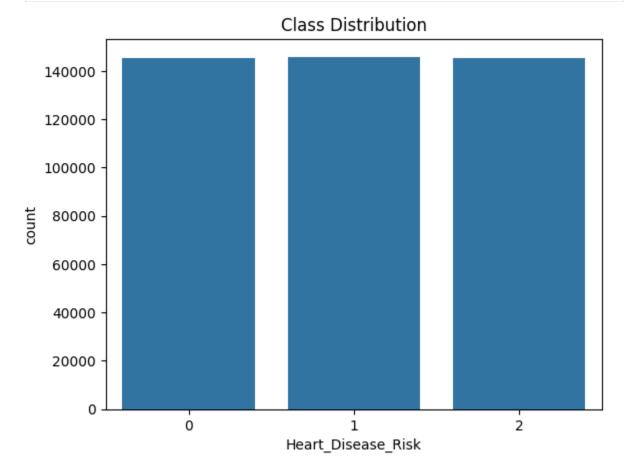
Continuous variables like Age, Blood Pressure, and Cholesterol Levels lost some predictive power. Resting ECG and Diabetes became slightly less influential. Air Pollution Exposure remained among the least important features.

```
In [ ]: # select top 5 features from mi_scores
top_features = mi_series.head(5).index
X = X[top_features]
```

	Diabetes	Family_History	Exercise_Induced_Angina	Heart_Attack_History	\
0	0	1	1	1	
1	1	0	1	1	
2	1	0	1	1	
3	1	1	0	1	
4	0	0	1	0	
	Chest_Pai	n			
0		1			
1		0			
2		0			
3		1			
4		1			

KNN struggles with too many features so here i grab the top five from that graph

```
In [65]: # Split data
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.3, random_sta)
In [66]: import seaborn as sns
import matplotlib.pyplot as plt
sns.countplot(x=y_train)
plt.title("Class Distribution")
plt.show()
```



This graph shows that there is no imbalance in the dataset SMOTE will not provide any help

```
In [67]: scaler = StandardScaler()
         X_train_scaled = scaler.fit_transform(X_train)
         X_test_scaled = scaler.transform(X_test)
In [68]: | from sklearn.experimental import enable_halving_search_cv
         from sklearn.neighbors import KNeighborsClassifier
         from sklearn.model_selection import HalvingGridSearchCV
         # Define the parameter grid
         param_grid = {
             'n_neighbors': [3, 5, 7, 9, 11, 13, 15],
             'weights': ['uniform', 'distance'],
             'metric': ['euclidean', 'manhattan']
         # Initialize the KNN model
         knn = KNeighborsClassifier()
         grid_search = HalvingGridSearchCV(
             estimator=KNeighborsClassifier(),
             param_grid=param_grid,
             cv=3,
             factor=2,
             scoring='accuracy',
             n_{jobs=-1}
         # Fit the grid search to the data
         grid_search.fit(X_train_scaled, y_train)
         # Get the best parameters and best score
         best_params = grid_search.best_params_
         best_score = grid_search.best_score_
         print(f"Best Parameters: {best_params}")
         print(f"Best Score: {best_score}")
         # Train the KNN model with the best parameters
         knn = grid_search.best_estimator_
         knn.fit(X_train_scaled, y_train)
        Best Parameters: {'metric': 'manhattan', 'n_neighbors': 15, 'weights': 'uniform'}
        Best Score: 0.3329572814198252
Out[68]:
                           KNeighborsClassifier
         KNeighborsClassifier(metric='manhattan', n neighbors=15)
```

HalvingGridSearchCV

Finds the best hyperparameters for a K-Nearest Neighbours (KNN) model using

HalvingGridSearchCV. Instead of testing every possible combination like GridSearchCV, it removes weaker options early to speed up the process.

Steps Explained

1. Setting Up the Parameter Grid

A dictionary (param_grid) lists different options for KNN:

- n_neighbors: The number of neighbours to check [3, 5, 7, 9, 11, 13, 15].
- weights: Whether all neighbours are equal (uniform) or closer ones matter more (distance).
- metric: How distance is measured (euclidean or manhattan).

2. Using HalvingGridSearchCV to Find the Best Settings

- HalvingGridSearchCV starts with all options but removes half (factor=2) in each round.
- It tests each setting 3 times (cv=3) to get a more accurate result.
- It looks for the best accuracy (scoring='accuracy').
- n_jobs=-1 lets it run on multiple CPU cores to speed up processing.

3. Training the Final KNN Model

- The search tests different settings and **chooses the best one** (best_params).
- It prints the best accuracy score (best_score).
- A final **KNN model** is trained using these best settings.

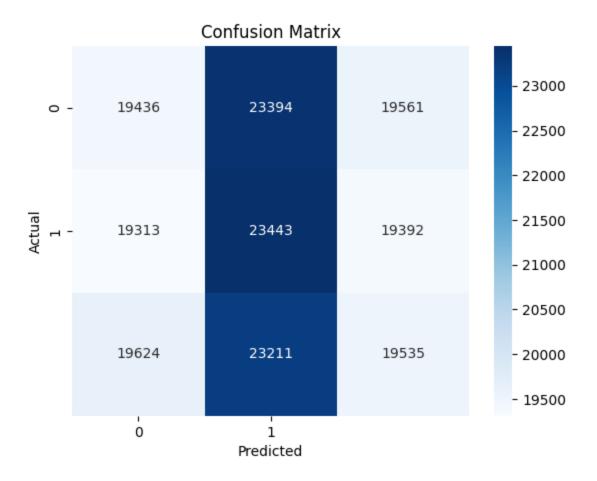
Why Use HalvingGridSearchCV?

- Much faster than GridSearchCV because it removes weak settings early.
- Uses cross-validation (cv=3) to avoid overfitting.
- Runs in parallel (n_jobs=-1) to make it quicker.

```
In [71]: # Predict using the trained model
    y_pred = knn.predict(X_test_scaled)

# Compute the confusion matrix
    cm = confusion_matrix(y_test, y_pred)

In [72]: sns.heatmap(cm, annot=True, fmt="d", cmap="Blues", xticklabels=[0, 1], yticklabels=
    plt.xlabel("Predicted")
    plt.ylabel("Actual")
    plt.title("Confusion Matrix")
    plt.show()
```



```
In [73]: # Evaluate
    print("Accuracy:", accuracy_score(y_test, y_pred))
    print("Classification Report:\n", classification_report(y_test, y_pred))
```

Accuracy: 0.3339272052175123

Classification Report:

	precision	recall	f1-score	support
0	0.33	0.31	0.32	62391
1	0.33	0.38	0.35	62148
2	0.33	0.31	0.32	62370
accuracy			0.33	186909
macro avg	0.33	0.33	0.33	186909
weighted avg	0.33	0.33	0.33	186909

```
In [84]: df2 = pd.read_csv('heart_attack_predictions.csv')

df = df.drop(columns=['Heart_Disease_Risk'])

# combine high and medium risk and put into new column

df['Heart_Disease_Risk'] = df2['Heart_Disease_Risk'].replace('High', 'Medium'))

# encode the target variable

df['Heart_Disease_Risk'] = le.fit_transform(df['Heart_Disease_Risk']))

X = top_features
y = df['Heart_Disease_Risk']
```

<pre>df.head()</pre>			

Out[84]:		Country	Age	Gender	Cholesterol_Level	Blood_Pressure	Smoking_History	Alcohol_Cor
	0	7	1	1	0	2	2	
	1	5	0	1	2	1	1	
	2	20	1	0	1	1	1	
	3	3	3	0	3	3	1	
	4	6	1	0	1	3	1	

5 rows × 28 columns

Combining High and Medium Risk

model was struggled with classification when all three classes were separate so I tried megring high and medium

```
In [87]: # Select the top features from the DataFrame
X = df[top_features]

# split data
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.3, random_sta)

In [88]: from imblearn.over_sampling import SMOTE

smote = SMOTE(random_state=42)
X_train, y_train = smote.fit_resample(X_train, y_train)
```

What is SMOTE?

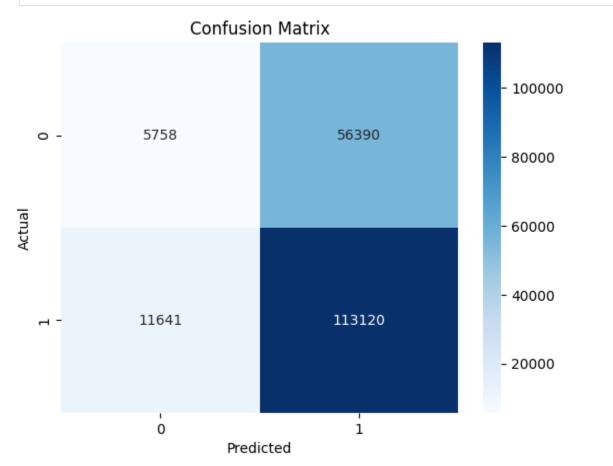
Synthetic Minority Over-sampling Technique (SMOTE) is a resampling method used to handle class imbalance in datasets. It works by generating synthetic samples for the minority class instead of just duplicating existing instances. This helps balance the dataset and improves model performance on underrepresented classes.

Why Use SMOTE?

- Helps balance the dataset by generating synthetic examples.
- Improves the model's ability to detect minority class instances.
- Reduces overfitting compared to simple oversampling methods.

```
from sklearn.experimental import enable_halving_search_cv
from sklearn.neighbors import KNeighborsClassifier
from sklearn.model_selection import HalvingGridSearchCV
# Define the parameter grid
param_grid = {
    'n_neighbors': [3, 5, 7, 9, 11, 13, 15],
    'weights': ['uniform', 'distance'],
    'metric': ['euclidean', 'manhattan']
}
# Initialize the KNN model
knn = KNeighborsClassifier()
grid_search = HalvingGridSearchCV(
    estimator=KNeighborsClassifier(),
    param_grid=param_grid,
    cv=3,
    factor=4,
    scoring='accuracy',
    n_{jobs=-1}
# Fit the grid search to the data
grid_search.fit(X_train, y_train)
# Get the best parameters and best score
best_params = grid_search.best_params_
best_score = grid_search.best_score_
print(f"Best Parameters: {best_params}")
print(f"Best Score: {best_score}")
```

```
Best Parameters: {'metric': 'manhattan', 'n_neighbors': 15, 'weights': 'uniform'}
        Best Score: 0.4999379806499628
In [92]: # Scale the data after applying SMOTE
         X_train_scaled = scaler.fit_transform(X_train)
         X_test_scaled = scaler.transform(X_test)
         # Train the KNN model with the best parameters
         knn = grid_search.best_estimator_
         knn.fit(X_train_scaled, y_train)
Out[92]:
                                                                i ?
                          KNeighborsClassifier
         KNeighborsClassifier(metric='manhattan', n_neighbors=15)
In [93]: # Predict using the trained model
         y_pred = knn.predict(X_test_scaled)
         # Compute the confusion matrix
         cm = confusion_matrix(y_test, y_pred)
         sns.heatmap(cm, annot=True, fmt="d", cmap="Blues", xticklabels=[0, 1], yticklabels=
In [94]:
         plt.xlabel("Predicted")
         plt.ylabel("Actual")
         plt.title("Confusion Matrix")
         plt.show()
```



```
In [95]: # Evaluate
    print("Accuracy:", accuracy_score(y_test, y_pred))
    print("Classification Report:\n", classification_report(y_test, y_pred))
```

Accuracy: 0.6360207373641719

Classification Report:

	precision	recall	f1-score	support
0 1	0.33 0.67	0.09 0.91	0.14 0.77	62148 124761
accuracy macro avg weighted avg	0.50 0.56	0.50 0.64	0.64 0.46 0.56	186909 186909 186909

Model Performance Analysis

Accuracy:

• The model achieved an **accuracy of 63.6%**, which is better than random guessing but still **not ideal**.

Class Imbalance Issues:

- There is a class imbalance, with 124,761 samples in Class 1 and only 62,148 in Class
 0.
- The model heavily **favours Class 1**, as seen in the recall score.

Precision, Recall, and F1-Score:

Class 0 (Low Risk)

- **Precision: 33%** → Low confidence in predictions for this class.
- Recall: 9% → The model misses most actual Low Risk cases.
- **F1-Score: 14%** → Poor balance between precision and recall.

Class 1 (Medium/High Risk)

- **Precision: 67%** → Fairly reliable when predicting "High/Medium Risk."
- Recall: 91% → The model correctly finds most cases in this category.
- **F1-Score: 77%** → Good performance, but at the cost of misclassifying Low Risk cases.

Macro vs Weighted Averages:

- Macro Avg (50% recall, 50% precision, 46% F1-score) → Indicates the model struggles overall due to imbalance.
- Weighted Avg (56% recall, 64% precision, 56% F1-score) → Performance is heavily

skewed towards Class 1.

Key Issues:

High recall for risk cases (Class 1) means most at-risk individuals are detected. **Very poor classification of Class 0 (Low Risk)** leads to **many false positives**.

Further adjustments are needed to improve the model's balance across both classes.

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