

# Children Dharma Camp

**Ages 6-12**

**June 15 – 19, 09**  
(Monday-Friday)  
**9 AM – 4 PM**



## **Meditation forms:**

Tai Chi, Yoga, walking, sitting, lying down, chanting, green tea.

## **Activities:**

dharma play, games, songs, cooking, TaeKwonDo, journal writing & drawing, and many art projects.

Campers should bring their lunch except Friday.  
Snacks will be provided.

## **Fee**

Suggested donation (range \$150-\$200)

Won-Buddhism Meditation Temple  
(8021 Old NC 86, Chapel Hill)  
919-933-6946

[www.wonbuddhismnc.org](http://www.wonbuddhismnc.org)

# Teen Dharma Camp

**Ages 12-16**

**August 10 – 12, 09**

(Mon-Wed, 3 days)

**9 AM – 5 PM**

## **Meditation forms:**

Tai Chi, Yoga, walking, sitting, lying down, chanting, green tea.

## **Activities:**

dharma play, games, songs, journal writing/drawing, art projects.

Campers should bring their lunch. Snacks will be provided.

## **Fee**

Suggested donation \$100

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