

Eustace Miles's new book, "A Boy's Control of Self-Expression," aims to "get the boy to realize his responsibilities, not morbidly, but sensibly."

Let us compare his body and mind, as Shakespeare does, to a garden. In that garden a boy can plant at will good plants or bad weeds. The weeds will almost seem to plant themselves. The plants he alone can plant, at least after he has reached a certain age. * * * In other words, let him turn his mind away from the weeds of thought and to attractive and useful occupations.

The "ideal" which the author tries to describe is "purity"—purity in thought. It has been his plan to keep in sight of a single idea, and that is:

Fairly considering all that I know now, what training of body and mind should I choose if I were allowed to become a boy again, and if I wanted to prevent the most serious mistakes as easily as possible and with as little attention to them as possible, so as to avoid morbidness or crankiness or priggishness?

The introductory chapters are written chiefly for those who have the care of boys, and give some hints and suggestions for the guardian. These are followed by chapters on "Physical and External Helps" toward self-control, mental helps; and the book closes with some general remarks, the "opinion of a mother," a letter to a boy, "A Defense of Latin—Rightly Taught," and "A Theory About Excessive Blood Pressure." The volume has illustrations and diagrams. It bears the imprint of E. P. Dutton & Co.

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