



10 TIPS **FOR PUBLIC** **SPEAKING**

1. Know your material
2. Practise, Practise, Practise
3. Know the Audience
4. Know the room
5. Relax
6. Visualise yourself giving your speech
7. Realise that people want you to succeed
8. Don't apologise
9. Concentrate on the message – not the medium
10. Gain experience



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Toastmasters is the answer!

The question is do you want to learn to:

- Speak more confidently & competently
- Think clearly and quickly
- Listen effectively
- Control your nervousness
- Create a positive first impression

CLUB NAME Toastmasters

Meeting Date and time

Meeting Location

Email:

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Contact Phone Number



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