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950 N Washington St Suite 322 Alexandria, VA 22314

### **DEMOGRAPHIC INFORMATION**

#### **DATE:**

Client Name:	Home Phone:	
Address:	Cell Phone:	
	Work Phone:	
DOB & Age:	Email Address:	
SSN:	Contact Person & Relationship to Client:	
Referral Source:	Emergency Contact Phone Number:	

INSURNCE & BENEFIT INFORMATION (if applicable)

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Insurance Company:	Provider Services Phone #:	
Insurance ID #:	Group #:	
Subscriber Name:	Client Relationship to Subscriber:	
Subscriber DOB:	Subscriber Employer:	
Subscriber SSN:	Policy Effective Date:	
Co-pay/Co-Insurance:	Deductible (Amount met?):	
# Visits Allowed:	Preauthorization Required?	

## **CANCELLATION POLICY & OUTSTANDING BALANCES**

A 24-hour advance notice is required for cancellation of your scheduled appointment. A missed appointment fee will be charged (varies based on location) to the credit card on file. After 60 days, any unpaid balance will be charged to the credit card on file. You will be refunded for upon the receipt of insurance payments for outstanding dates of service.

## **CERTIFICATION AND AUTHORIZATION (if applicable)**

I certify that the above information is correct. I authorize the release of any medical information necessary to process this claim. I request that payments be made directly to Healthy Minds

Therapy, PLLC on my behalf. Therefore my signature will be on file to file with my insurance company.

Signature of Parent	Date	

# CHILD/ADOLESCENT INTAKE FORM

Child	's Name:	Date of Birth:	Age:	Sex:
Race	Ethnicity:		1	
0	American Indian/Alaskan Native	ġ.		
0	Asian			
0	Black/ African American			
	Hispanic/Latino			
	Hawaiian/Pacific Islander			
0	White/Caucasian			
0	Other	<del></del>		
Schoo	ol:		Grade:	
Legal	Guardian (s):	I	Relation to Ch	ild:
Ü				
Perso	n Filling Out This Form:			
0	Mother			
0	Father			
0	Stepmother			
0	Stepfather			
0	Other			
Biolo	gical Parents' Marital Status:			
0	Married			
0	Never Married			
0	Partnered			
0	Separated			
0	Divorced			
0	Widowed			

Describe the problem that brings you here today:	
Child Intake Form (Version 1/2018)	2

## **Current Symptoms Include (please check all that apply):**

- I have no problems or concern bringing me here
- o Aggression, violence
- Anger
- Anxiety
- Difficulty concentrating
- Career concerns
- Parenting concerns (your own child)
- Delusions (false ideas/hallucinations)
- Drug or Alcohol
  Dependence
- o Depression
- o Divorce/Separation
- Eating problems
- Fatigue/low energy
- o Fears, phobias
- o Financial problems
- Grief

- o Health, medical concerns
- o Interpersonal conflicts
- Irritability
- Legal matter problems
- o Loneliness
- Martial/relationship problems
- Memory problems
- Mood swings
- o Nervousness/tension
- o Obsessions/compuls ions
- Chronic pain
- Panic or anxiety attacks
- Perfectionism
- o School problems
- o Self-esteem
- o Sexual problems

- Shyness, oversensitive to criticism
- Sleep problems
- Smoking and tobacco use
- Spiritual, moral, religious, ethical issues
- o Stress
- Suicidal thoughts
- Thought disorganization and confusion
- Withdrawal or isolation
- o Work problems
- o Other

How long have these diffic	ulties been present?		
What are your GOALS for tr	eatment?		

## MENTAL HEALTH AND MEDICAL HISTORY

Describe any stressors that might be affecting your child now (i.e. death, divorce,	
trauma):	
	к

or psychia	child been diagnosed with tric disorder, such as Atte Disorder (LD), Anxiety or	ntion Deficit/Hyperactiv	ity Disord		
	Me	ntal Health History			
U	nild received a previous eval		YES	NO	
Previous Menta	l Health Treatment or Ev	aluation			
Date(s)	Therapist/Facility	Reason for seeking treatment/evaluation			Outcome/was treatment helpful?
	ne (if applicable):				
Psychiatrist Add					
Psychiatrist pho	one#				
Diagnosis:					

Medication	Dosage	Reason for prescription	How long on dication?	Prescribing physician	Is medication helpful?
ndicate any sign	ificant illness	ses/conditions tha	t your child has ha	d and treatment f	or these
	or boon taker	n to the Emergency	Room or been adr	nitted to the hosp	sita12 If
las your child eve YES, please list w	rhy and how	old your child wa	s at the time of the	visit.	mar: 11

Does your child have any sleeping difficulties (i.e., trouble falling asleep, staying asleep, waking)? YES OR NO

Does your child have any unusual eating patterns or habits? YES OR NO

# **HOME INFORMATION**

Place of birth:	Where ra	ised:	Raised by who?
Mother's Name:	Age:	Education:	Occupation:
			Occupation:
Stepfather (if applicable)	Age:	Education:	Occupation:
Stepmother (if applicable)	Age: _	Education:	Occupation:
Age of child at separation? Describe the current custodial arm			of the child?
Adults, siblings and/or others		nmily home:	History of problems with
Name		aild	behavior, learning, or psychiatric? (i.e. ADHD, depression, anxiety, substance, etc.)
What was your child's	birth order?	out of	

Is there a family history of mental health issues in the child's biological family? (i.e. ADHD, learning problems, depression, anxiety, bipolar disorder, schizophrenia, substance abuse, etc.)? If YES, please describe:
CHILD'S BIRTH AND DEVELOPMENTAL HISTORY
Were there any problems with the pregnancy or birth of your child? Did the biological mother use any tobacco, medication, street drugs or alcohol while pregnant with this child? If yes, please describe.
Did your child have any developmental delays in early childhood (crawling, walking, talking, toileting, etc.)? If yes, please describe.
EDUCATIONAL HISTORY
Early School Performance
Did you or any teachers have any concerns about your child's early school performance? Please describe:
Please describe your child's significant strengths and weaknesses in his/her academic performance.

Has your child changed schools for reasons other than normal academic progression? Has your child skipped or repeated any grades in school? If YES, when and for what reason?
Recent School Performance
Do you or any teachers have any concerns about your child's <u>recent</u> academic performance?
Has your child's school performance in (or attitude toward) school changed in the last two years? If YES, please explain.
Does your child have any special needs or accommodations at school? Does your child receive any special services at school?
BEHAVIOR
Do you have any concerns regarding your child's behavior either at home, in public or at school? If YES, please explain.

	Signature of Parent	Date
•	ates that I have voluntarily and accurate ent will be considered as valid as an origi	
Is there any other infor working with your child	mation that you think may help me ind?	_
Other:		
Please list your child's e	extracurricular activities or social organ	nizations.
Please describe any conget along with other chil	cerns you or others may have regardin ldren or your child's ability to interact	ng your child's ability to with adults.
About how many close t	friends does your child have? NC THREE FOUR OR MORE	ONE ONE
	SOCIAL SKILLS	
How do you handle discipline in your family? Do you feel these methods are successful in managing your child's behavior?		