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**Tesis Doctoral por compendio de publicaciones**

# **Muscular pattern based on multichannel surface EMG during voluntary contractions of the upper-limb**

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# Abstract

Extraction of neuromuscular information is an important and extensively researched issue in biomedical engineering. Information on muscle control can be used in numerous human-machine interfaces and control applications, including rehabilitation engineering, e.g., prosthetics, exoskeletons and rehabilitation robots.

Neuromuscular information can be extracted at the brain level, peripheral nerves, or muscles. Among these options, muscle interface is the only viable way of information extraction in everyday life. Although brain and nerve recordings are promising, they usually require invasive measurement and achieve relatively low extraction speed which prevents real time control. Even though in electromyographic (EMG) recordings information is not obtained directly from neural cells, it contains similar information as nerve recording. Information contained in action potential of the innervated muscle fibers (MUAP) is equivalent to the information contained in the action potential of corresponding motor neurons. Moreover, muscles contain multiple motor units that activate simultaneously so their electrical activity sums on the surface of the skin, resulting in a relatively high amplitude compared to the other bioelectrical signals. Therefore, due to the richness of neural information, noninvasiveness and high signal-to-noise ratio, the surface EMG is extensively used for man-machine interfacing, especially in commercial/clinical upper-limb prosthetic control.

Motivation and merit of this thesis lies in the fact that information associated with muscular pattern during exercises can be very useful in different applications such as monitoring patients' control strategies during recovery, personalizing rehabilitation processes to increase their effectiveness or to provide information to be used for control of external devices (EMG based control of prosthesis or exoskeletons).

Within this doctorate a pattern recognition approach was used to assess neuromuscular information and to identify subjects' intended motion based on multichannel surface electromyographic recordings. Research was focused on control strategies of upper-limb, both in normal subjects and in patients with impaired mobility caused by incomplete spinal cord injury. Methods which are proposed can be used for the design and monitoring of rehabilitation therapies intended for patients with neuromuscular impairment, as well for the control of external devices like rehabilitation robots, exoskeletons, prostheses and even virtual games. However, that is in the domain of future applications and is not the scope of the thesis.



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# Chapter 1

## Introduction

Performing a movement is a complicated process that involves many physiological entities working in high coherence. It involves bones, tendons, nerves, and many other working in perfect harmony. Even the simplest movements are rarely performed using just one muscle. Everything we do involves high muscular coordination and constant and precise regulation. While standing, muscles of legs and trunk are constantly simultaneously co-contracting, maintaining balance. Muscle is a body tissue capable of transforming chemical energy to force. There are several muscle types: smooth, building internal organs, cardiac, building the heart, and skeletal. Only skeletal muscles can be controlled voluntarily and are used in locomotion. They are usually connected to bones with tendons (collagen fibers), as shown in figure 1.1.

The neurons controlling the movement are organized in hierarchical fashion (Widmaier et al., 2014). In the highest level of hierarchy, the movement is conceived. Here the complex plan of intention is made. Very little is known about the exact location of neurons responsible for this task. Higher centers then transmit this command to the middle level structures, where the task is elaborated. Simultaneously, this middle level neurons receive the information from the receptors in muscles, skin, tendons, and joint, but also from the visual system. Planning of the movement that is about to be performed is performed with respect to the space this movement will occupy, and detailed control signals for each muscle involved in the movement are generated. Centers involved in this tasks are located in cerebral cortex, cerebellum, subcortical nuclei, and brainstem. The information is then transmitted to the lowest level of the motor hierarchy:

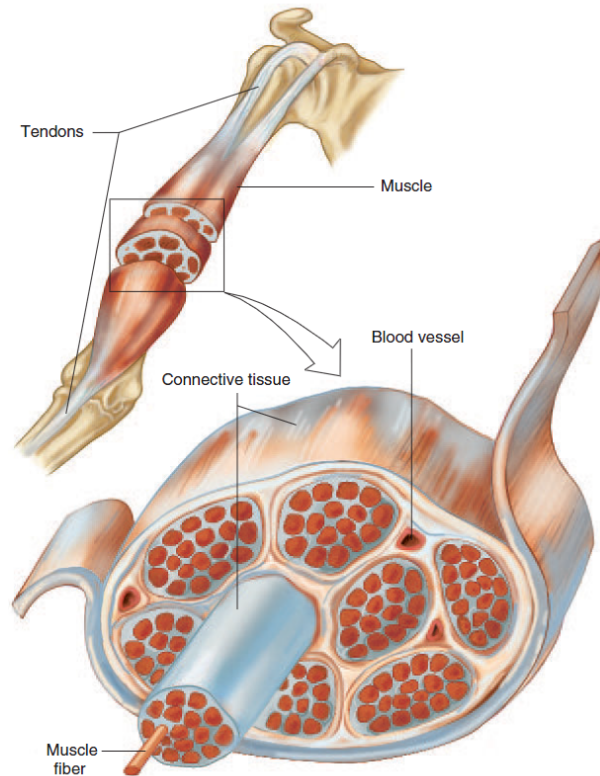


Figure 1.1: Organization of skeletal muscle with attachment to the bone. Retrieved from (Widmaier et al., 2014)

spinal cord and brainstem. Here the information is transmitted over motor neurons to the muscles. The selection of motor neurons involved in the task and timing is performed at this level. Organization and locations of the neural system for motor control can be seen in figure 1.2.

## 1.1 Muscle physiology

Elementary building block of a muscle is muscle cell, or muscle fiber - *myocyte*. They are ensheated by *endomysium*, a connective tissue that contains nerves and capillaries. Myocytes are organized in bundles of 10 to 100 fibers, which are called *fascicles*, and they are surrounded by sheath of connective tissue, *perimysium*. Group of fascicles is finally grouped together and enveloped by *epimysium*, forming a muscle.

*Sarcolemma* is the cell membrane of myocyte, consisting of a lipid bilayer that contains intracellular

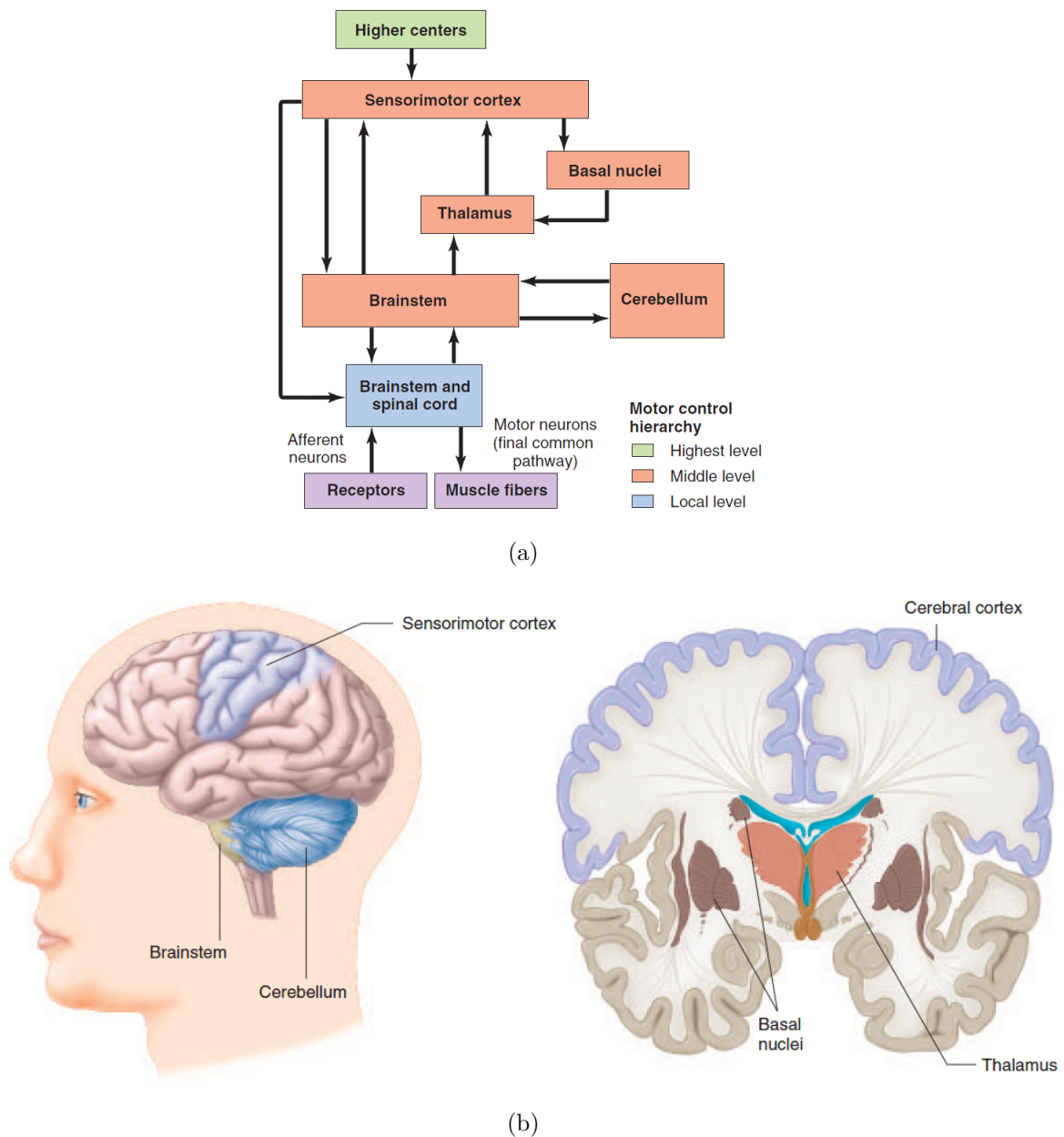


Figure 1.2: Figure describes **a)** hierarchical organization of neural system for motor control and **b)** side view and cross section of the brain showing motor control centers. Retrieved from (Widmaier et al., 2014)

liquid, *myoplasma*. In the myoplasma, thin and thick filaments are serially connected, forming *sarcomeres*, which are longitudinally connected in *myofibrils* that extend through entire length of the myocyte. During shortening of muscle fibers, thin and thick filaments of sarcomeres are pulled together by cross-bridges between them. Total shortening of myofibril is summation of shortenings of sarcomeres of which it is composed.

Each motor neuron at the neuromuscular junction innervates several muscle fibers, forming the

smallest functional unit called *motor unit*. It was firstly defined by Liddell and Sherrington in 1925 (Liddell and Sherrington, 1925; Sherrington, 1925) and is composed of motor neuron with axon and dendrites, and muscle fibers that axon innervates (Duchateau and Enoka, 2011). Since motor neuron with a single action potential usually evokes action potentials simultaneously in all belonging muscle fibers, by observing action potentials of the muscle fibers, information on activity of motor neurons in spinal cord or brain stem can be inferred (Merletti and Farina, 2016). Pool of motor neurons that innervates entire muscle generally ranges from ten to thousand, depending on the muscle (Merletti and Farina, 2016).

By the characteristics of muscle fiber, there are three main types of muscle fibers:

**Fast twitch, fatigable fibers (FF, or type IIb):** This fiber type have high levels of ATP (source of energy) for anaerobic energy supply, and are dominantly present in pale muscles. They are of glycolytic type and work well in ischemic or low oxygen conditions. Regarding contraction properties, they are characterized by fast twitch, large forces and high nerve conduction velocity, but they get fatigued faster than the other muscle fiber types.

**Fast twitch, fatigue-resistant (FR, or type IIa):** These are oxidative glycolytic fibers, characterized by fast twitch and are resistant to fatigue. They have intermediate conduction velocity.

**Slow twitch, very resistant to fatigue (S, or type I):** They are slow oxidative fibers and do not work well in low oxygen conditions. They generate small forces, have slow twitch and are characterized by lower nerve conduction velocity. This fiber type is very resilient to fatigue because of high oxidative metabolism and energy efficiency. They are present in high percentage in red muscles, such as soleus.

Muscle fibers innervated by the same motor neuron have similar histochemical and contractile characteristics, and can be said that motor unit is composed of the muscle fibers of the same type.

Force that muscle fibers generate depends on firing frequency of the action potentials (rate coding) innervating the neuromuscular junction, and the recruitment strategy by which the motor units are activated, i.e., the number of activated motor units. Firing frequency and

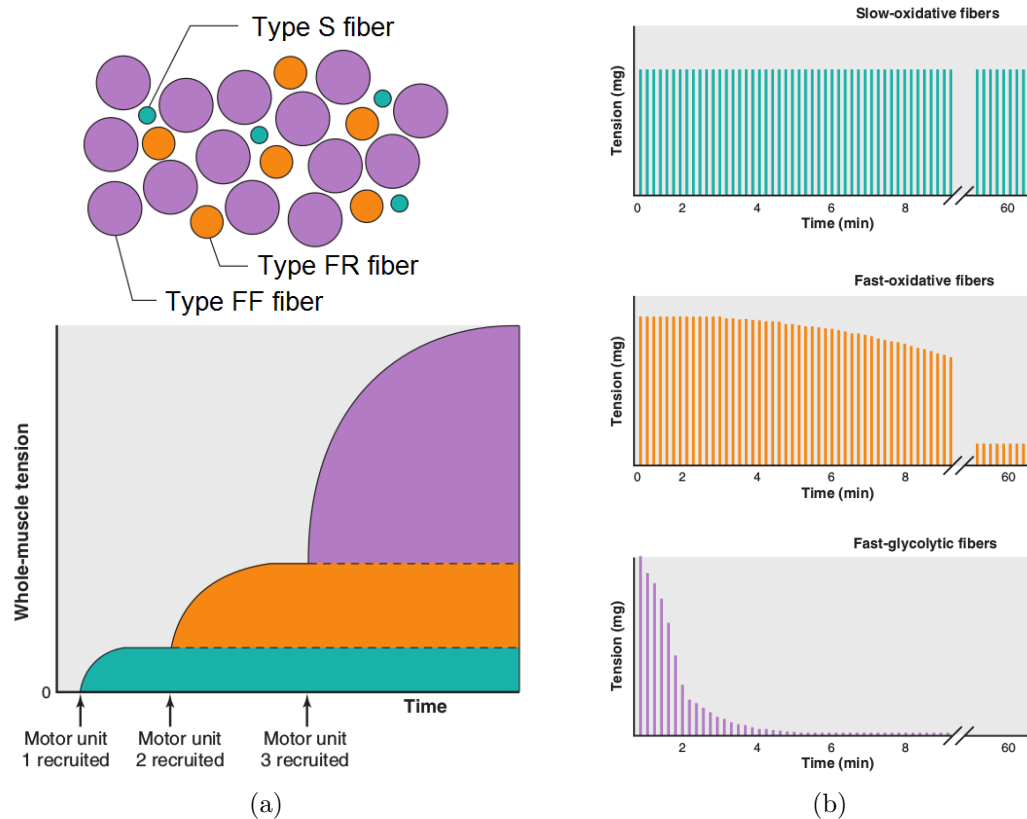


Figure 1.3: Figure describes characteristics of different types of muscle fibers. In **a)** is a diagram of different muscle fibers in muscle cross section (top), and muscle tension produced by recruitment of different types of muscle fiber (bottom), whereas in **b)** is the illustration of the time interval during which specific muscle fibers can remain tension. It can be noted that type S fibers are activated first, generate low force level, and are resistant to fatigue. On the other hand, type FF fibers are activated last, generate high forces, and develop fatigue fastest. Retrieved from (Widmaier et al., 2014)

the recruitment strategy depend on the speed and force of contraction. Muscle units with low threshold are activated firstly, resulting in low force and high endurance, i.e., resistance to fatigue. If greater force is required, muscle units with higher threshold that are prone to fatigue are activated (Freund et al., 1975; Merletti and Parker, 2004). This was firstly proposed by Henneman et al. in 1965 (Henneman et al., 1965), who state that order of recruitment of motor neurons is based on size principle, that is, neurons with smaller axons are recruited at lower effort levels and with increase in force, larger motoneurons are recruited. Therefore, S type muscle units, which have the smallest motoneurons are recruited first, followed by FR type units, and finally FF units. The recruitment strategy and resistance to fatigue can be seen in figure 1.3.

## 1.2 Muscle contraction

Skeletal muscles are activated voluntarily by electro-chemical impulses of motor neurons. The process is described in this chapter in summarized version. For more detailed description, the reader is pointed to medical literature (e.g. Widmaier2014).

During the stable state when there are no stimuli, i.e., in the resting state, the interior of the myocyte is at higher electrical potential that the exterior. This difference in potential is usually around 80 mV and it is caused by the higher concentration of positive ions, namely  $\text{Na}^+$ , outside of the sarcolemma (Nazmi et al., 2016), as shown in figure 1.4.

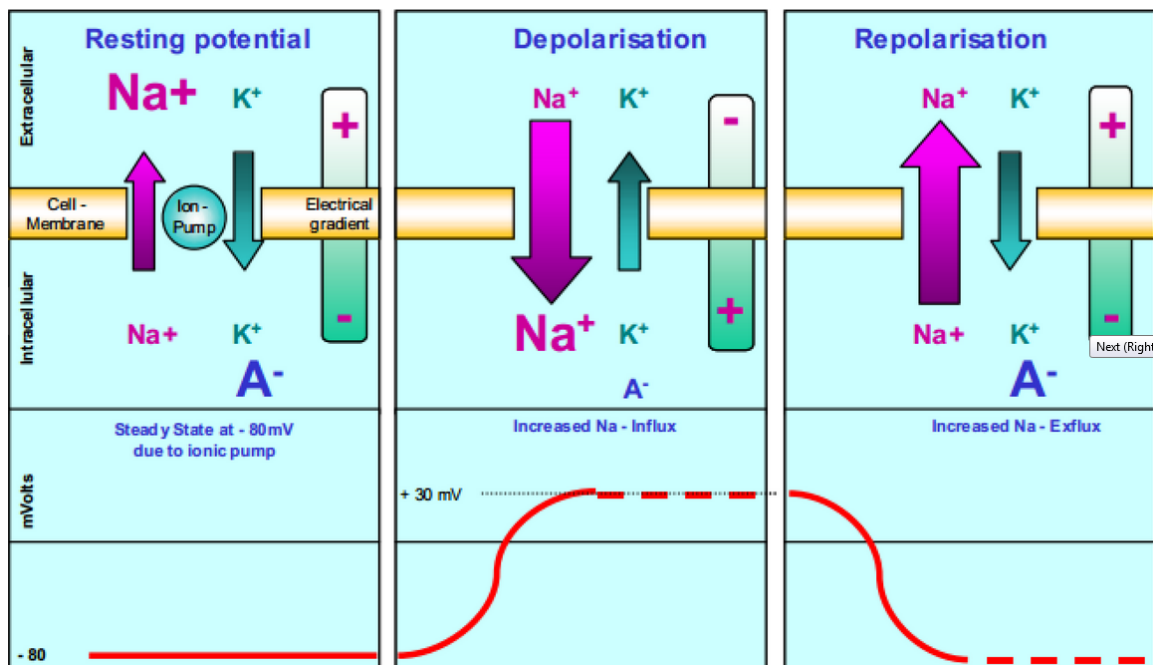


Figure 1.4: Illustration of depolarization/repolarization of the muscle fiber. Adopted from (Nazmi et al., 2016).

Motor neurons transfer nerve impulses that control the muscle from spinal cord to neuromuscular junction. At the nerve endings, action potentials induce the opening of calcium channels, which enables calcium from extracellular fluid to enter axon terminals and trigger the release of the neurotransmitter *acetylcholine*. Acetylcholine is released to the narrow space between the axon and sarcolemma of the myocyte, and causes sodium channels in sarcolemma to open and allow the flow of  $\text{Na}^+$  and  $\text{K}^+$  ions in both directions.  $\text{Na}^+$  ions now flow into the myoplasm by diffusion due to higher concentration of  $\text{Na}^+$  ions outside of the membrane, but because of similar



gradient, concentrations of the  $K^+$  ions don't change a lot. This process causes depolarization of sarcolemma during which the outside potential of the muscle cell is at lower voltage than inside potential by around 30 mV. Depolarization is immediately followed by repolarization, a process during which the electrochemical balance and the resting potential of the cell are restored. It is achieved by flushing the  $Na^+$  ions outside of the sarcolemma by the *ion pump*. The process can be seen in figures 1.4 and 1.5.

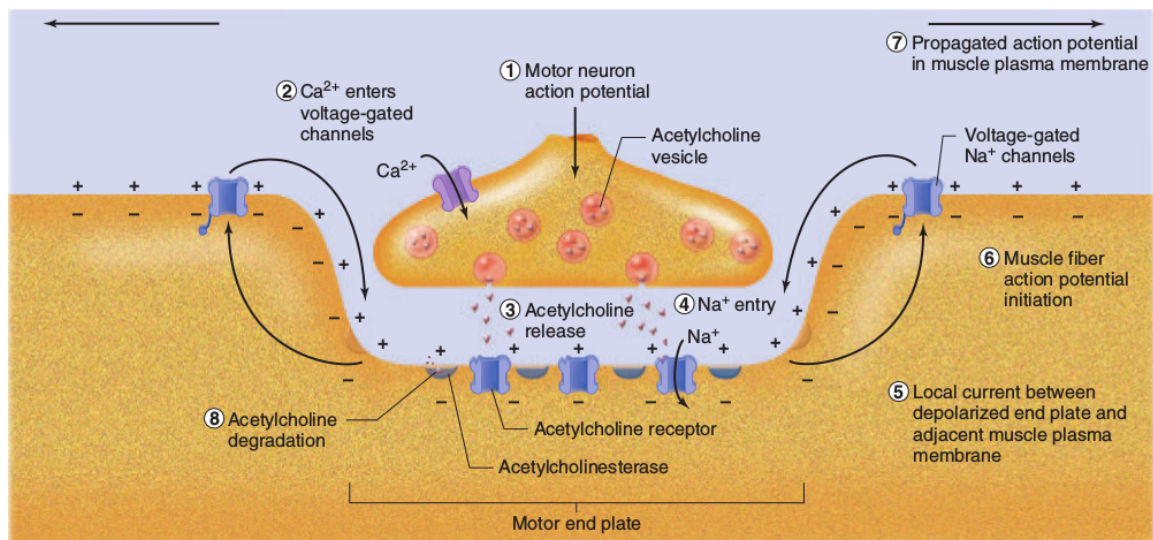


Figure 1.5: Illustration of generation of action potential. Retrieved from (Widmaier et al., 2014).

If the amount of acetylcholine is sufficient for the excitation, depolarization/repolarization wave, that is, action potential, propagates longitudinally from the neuromuscular junction towards the ends of the muscle fiber causing contraction (Henneberg, 1999). Speed of action potential propagation is called *conduction velocity* and typically ranges around 4 m/s.

Detailed analysis of muscle physiology can be found elsewhere (Squire, 1986; Widmaier et al., 2014).

### 1.3 Muscle fatigue

Muscle fatigue is a continuous process that starts at the moment when muscle unit activates. If muscle keeps contracting long enough, eventually it will stop contracting because of electrophysiological inability to maintain the contraction. This moment is called the failure point (De Luca, 1984). The failure point depends on many different factors physiological characteristics,

but also on the number of muscle fibers and proportion of Type I/Type II muscle fibers. Muscles with higher proportion of Type I fibers do not fatigue easily and recover sooner than type II fibers. However, type II fibers are able to generate higher forces (Kupa et al., 1995).

Factors causing fatigue can be found in the muscle itself, in which case we talk about *peripheral fatigue*, but can also

Muscle during contraction develops muscle fatigue. It is characterized by decrease of conduction velocity **Wdimaier**. Although muscle fatigue begins to develop at the beginning of contractions, it is a challenge to grade it during contraction. What

## 1.4 Surface electromyography

Muscle unit action potential (MUAP) is the combination of action potentials generated by the single motor unit. Myoelectric signal is a superposition of electrical activity (propagating action potentials) produced by the muscle fibers while contracting.

EMG signals could be recorded either non-invasively (surface EMG, sEMG) or invasively with needle and wire electrodes (intramuscular EMG, iEMG) (Marateb et al., 1999). Although iEMG signal is usually with higher quality (in terms of signal-to-noise ratio), it was shown that both approaches provide a similar identification rate of upper-arm motor task (Hargrove et al., 2007).

Surface electromyographic signal (sEMG) is the sum of the electrical activity of the muscle fibers recorded on the surface of the skin. Since muscle fibers are activated by the impulse train of the innervating motor neurons, i.e. neural drive to the muscle, sEMG is the convolution of motor neuron spike trains by the motor unit action potential recorded on the electrodes (Farina et al., 2010, 2014a):

$$sEMG(t) = \sum_{i=1}^M \sum_{j=-\infty}^{+\infty} MUAP_i(t) \delta(t - t_{i,j}) \quad (1.1)$$

, where  $M$  is the number of active motor units,  $MUAP_i(t)$  is the action potential waveform of the  $i^{th}$  motor unit recorded by the electrodes, and  $t_{i,j}$  is the time of the discharge of the  $i^{th}$  motor neuron. This model assumes there is no interference and that neuromuscular junction never fails, which is not the case. In the equation,  $MUAP_i(t)$  is related to the electrophysiological

state of the muscle fiber membranes and conduction properties of the tissue through which the potential propagates, whereas neural information is contained in motor neuron spike trains  $\delta(t-t_{i,j})$  (Farina et al., 2014b). It is important to notice that following this model, sEMG reflects all information that is present in motor neuron. Therefore, it is more appropriate to extract motor control information carried by motor neurons using sEMG, than directly by invasive measurement of electrical potential of the motor neuron. The advantage of the sEMG is that multiple fibers are activated simultaneously, generating bioelectrical signal with relatively high SNR, which can be measured on the surface of the skin. In this context, sEMG can be considered as the amplified neural signal, whereas muscle can be considered as biological amplifier of nerve activity (Farina et al., 2014a). Origin of sEMG signal can be seen in figure 1.7.

Depending on number of electrodes used for the recording. the following classification exists: monopolar, bipolar, linear electrode array, and high-density EMG (see Figure 1.8)

Technological advancement of EMG acquisition systems enables use of high-density electromyography (HD-EMG) (Zwarts et al., 2004). Using an array of closely spaced electrodes organized in a quadrature grid, a wide muscle area is recorded. This technology is the only one that allows insights into spatial distribution of motor units in a muscle. By observing the amplitude or intensity of signals recorded in different channels, it is possible to analyze how different muscle regions activate depending on joint position (Vieira et al., 2010), contraction level (Holtermann et al., 2005), and duration of movement and fatigue (Tucker et al., 2009; Staudenmann et al., 2014).

In addition, activation of individual motor units, i.e. individual motor neuron spike train, can be extracted from the HD-EMG recordings using Blind Source Separation methods (Holobar and Zazula, 2007; Holobar et al., 2010), which can be a valuable information in force estimation because motor unit recruitment and firing frequency depend primarily on force level (Merletti and Parker, 2004). Several authors have used this approach instead of the traditional one based on intramuscular (invasive) EMG. One of the obvious advantages of this method is that is safe and not painful, although it has not been implemented in clinical practice yet. Using this technique, authors in (Holobar et al., 2010) were able to extract 6 to 7 motor units starting from contractions at 5% MVC and up to 20% MVC with associated discharge rates between 10 pps

and 12 pps. However, one of the current limitations is that the intensity of isometric contraction must remain constant during the measurement.

Similar algorithms can also be used to separate EMG activity of adjacent muscles (Farina et al., 2004; Holobar and Farina, 2014). This method can be a powerful tool in task identification (Naik et al., 2007), because it could minimize crosstalk effect from nearby muscles. Consequently, extracted features would characterize only the target muscles. However, HD-EMG can be corrupted by low quality channels, which are a common issue in measurements due to well-known artifacts, such as: electrode displacement, bad electrical contact between skin and the electrode, movement of cables, electromagnetic interference, etc. (Clancy et al., 2002). Affected channels differentiate themselves in amplitude and spectral content, which makes them outliers that compromise classification. To cope with this problem, authors in (Rojas-Martínez et al., 2012) developed an expert system for detection, removal and interpolation of HD-EMG channels corrupted by artifacts.

## 1.5 Task identification

The central nervous system (CNS) is responsible for processing information received from all parts of the body. The two main organs of the CNS are the brain and the spinal cord and are entirely composed of two kinds of specialized cells: neurons and glia. The brain is the most complex part of the human body and exerts a centralized control over the other organs. Neurons, the basic working units of the brain, are designed to transmit information within the brain to other nerve cells and to communicate with muscles and gland cells. The complex architecture of the brain is built on the extensive number of interconnected neurons sharing information through specialized connections called synapses. This connection allows neurons to communicate through an electrical or chemical signals, producing ionic currents that generate electric and magnetic fields.

The CNS is organized in multiple levels, from simple connections between cells to coordinated cell populations, building a complex architecture of interconnected brain regions. The neural processes at this last level are produced by the dynamic coordination of smaller elements. In the cerebral cortex, all this brain activity is summed and its electric and magnetic fields can be

measured on the scalp surface.

In most of the commercial prosthesis (Parker and Scott, 1986), sEMG of two muscles is recorded. In this simple scheme a single Degree-of-Freedom (DOF) can be controlled: the EMG amplitude of one muscle controls the output of one direction, whereas the EMG amplitude of the other muscle controls the other direction. If prosthesis needs to operate in multiple DOFs, a subject needs to switch between currently active DOF either by co-contraction or by pressing a switch button. In any case, the method is not intuitive nor efficient for the user (Farina et al., 2014a).

Pattern recognition is an alternative to conventional control algorithms. The prerequisite of using pattern recognition for task identification is the presence of a pattern that can be extracted from the EMG signal. Major advancement over conventional conventional switching myocontrol is the possibility of.

Pattern recognition approach does not support proportional and simultaneous control for multiple motor tasks. Therefore, tasks need to be performed sequentially. This type of control prevents the user from achieving a fluid movement, but also demands planning of movement execution. Although pattern recognition improves the possibility, it has serious limitations.

This implies sequential control which prevents the subject from doing fluent, e.g. Davidge et al. designed a system where movements that combine DoFs are labeled as unique classes in LDA problem, whereas Young et al. (Young et al., 2013) propose system of parallel LDA classifiers that use conditional probabilities to separate between combination of tasks.

Proportional review (Fougner et al., 2012) Force can be estimated based on the EMG : (Staudenmann et al., 2010)

In pattern recognition, there is still a large gap between industry and practice (Jiang et al., 2012).

On the other hand, one of the disadvantages of pattern recognition is the fact that in spite of the high accuracy, an error could lead to the completely unwanted task. Also, although identification rate is usually very high during the stationary task, errors often occur during transition between tasks. This problems can be partially prevented by employing the e.g. majority voting principle (Englehart and Hudgins, 2003) (300ms, LDA), or decision-based velocity ramp that attenuates

the velocity of a movement after the change of a task (Simon et al., 2011).

Challenges in pattern recognition are electrode shift (Hargrove et al., 2008; Young et al., 2011), change in arm posture (Fougner et al., 2011), slow time dependent changes (Farina et al., 2014a) such as fatigue (Tkach et al., 2010), and change in electrode-skin impedance (?).

Future works: dynamic system, hybrid system

### 1.5.1 Pattern recognition

Given the one to one relationship between the neural commands and the activation of motor units in the muscles, surface electromyography (sEMG) has been used for more than a half of century as a noninvasive and natural way of extracting motor control information for identification of motion intention. Such information is used in numerous applications in rehabilitation engineering, e.g., prosthetics (Li et al., 2010; Young et al., 2013; Stango et al., 2015), exoskeletons (Vaca Benitez et al., 2013) and rehabilitation robots (Dipietro et al., 2005; Marchal-Crespo and Reinkensmeyer, 2009). Ideally, an identification system should fulfill the following criteria (Farina et al., 2014a):

- Intuitive control: simultaneous and proportional
- Insensitive to changes in electrode - skin impedance,
- Adaptive to changes during the use, i.e. fatigue, electrode-skin impedance change due to sweating and drying of conductive gel
- Insensitive to precise position of electrodes
- Fast and easy training procedure (ideally none)
- Real time identification, i.e. time delay less than 300 ms (Oskoei and Hu, 2007)
- Low computation complexity which enables implementation in battery-powered device

Pattern recognition – based control strategy enables proportional usage of multiple DoFs without switching between states, which makes it more intuitive. According to Oskoei et al. (Oskoei and Hu, 2007), this strategy includes four main modules:

**Data segmentation:** Comprises various techniques and methods that are used to handle data before feature extraction

**Feature extraction:** This module computes and presents preselected features for a classifier. Features, instead of raw signals, are fed into a classifier to improve classification efficiency. Selection or extraction features is one of the most critical stages in myoelectric control design.

**Classification:** A classification module recognizes signal patterns, and classifies them into pre-defined categories. Due to the complexity of biological signals, and the influence of physiological and physical conditions, the classifier should be adequately robust.

**Controller:** Generates output commands based on signal patterns and control schemes. Post-processing methods, such as majority voting, which are often applied after classification to eliminate destructive jumps and make a smooth output, are included in this module too.

The main drawback of this method is that only one movement can be activated at the time. Any task that requires more than one DoF must be performed sequentially. However, several authors recently proposed solutions which enable simultaneous control (Young et al., 2013; Kamavuako et al., 2013; Baker et al., 2010). A variety of classifiers (e.g. hidden Markov model, support vector machine, artificial neural network, fuzzy logic and linear discriminant analysis) (Oskoei and Hu, 2007) has been used in myocontrol research. Nevertheless, multiple authors agree that the identification does not significantly depend on the classifier type (Hargrove et al., 2007; Zhang and Zhou, 2012; Hakonen et al., 2015). Therefore, simple and easy to train classifiers like linear discriminant analysis (LDA) are preferred (Li et al., 2010; Englehart et al., 1999; Tkach et al., 2010; Li et al., 2014; Hakonen et al., 2015). On the other hand, finding an appropriate set of features is challenging (Englehart et al., 1999; Tkach et al., 2010; Liu and Zhou, 2013). In literature, a lot of feature types were considered:

**Time domain features:** mean absolute value (Hudgins et al., 1993), integrated EMG (Park and Lee, 1998), variance (Park and Lee, 1998; Zardoshti-Kermani et al., 1995), root mean square (Farrell and Weir, 2008), waveform length (Hudgins et al., 1993), zero crossing (Hudgins et al., 1993), log detector (Tkach et al., 2010), Wilson amplitude (Zardoshti-

Kermani et al., 1995), slope sign change (Hudgins et al., 1993), autoregressive coefficients (Hargrove et al., 2007), Cepstral coefficients (Park and Lee, 1998), mean absolute value slope (Phinyomark et al., 2012a), histogram of EMG (Phinyomark et al., 2012a; Zardoshti-Kermani et al., 1995)

**Frequency domain features:** mean frequency (Phinyomark et al., 2012b), median frequency (Phinyomark et al., 2012b), modified mean frequency (Phinyomark et al., 2009)

**Time-frequency domain features:** short time Fourier transform (Englehart et al., 2003, 2001), continuous wavelet transform (Englehart et al., 2003, 2001), discrete wavelet transform (Englehart et al., 2003), stationary wavelet transform (Englehart et al., 2003), wavelet packet transform (Englehart et al., 2003, 2001; Chu et al., 2006)

**Spatial domain features:** Experimental periodogram (Stango et al., 2015), center of gravity (Rojas-Martínez et al., 2012, 2013)

Time domain features are commonly used (Hakonen et al., 2015) because they achieve high identification accuracy and are computationally efficient.

However, Zwartz et al. (Zwarts and Stegeman, 2003) pointed out that single channel EMG disregards important spatial aspects of MUAP propagation, which are essential for the force-generating capacity of the muscle, and, if not well addressed, can lead to incorrect conclusions. Moreover, since muscles do not activate homogeneously, single bipolar channel EMG has some serious drawbacks, which can be overcome by using 2D electrode arrays: high density EMG (HD-EMG).

In HD-EMG measurements, multiple EMG channels are recorded using an array of closely spaced electrodes placed over the wide area of the muscle. This type of recording is more reliable because it can record activations in different parts of the muscle and increase redundancy. Commonly, authors in literature report identification based on HD-EMG and time domain features or autoregressive features calculated for each channel (Hakonen et al., 2015). Zhang et al. (Zhang and Zhou, 2012), for example, used combination of these features with dimensionality reduction to identify 20 wrist and hand movements, and Muceli and Farina (Muceli and Farina,



2012) performed estimation of hand kinematics during more than 20 movements using EMG envelopes as features with reduced dimensionality of channels.

But HD-EMG recordings also allow calculation of two-dimensional activation maps where intensity of each pixel represents the intensity of a corresponding EMG channel (see figure 1.9). Consequently, information on spatial distribution of EMG intensity over the muscle is provided. Recent studies show that changes in spatial activation pattern are related to duration of movement and fatigue (Tucker et al., 2009; Staudenmann et al., 2014), position of joint (Vieira et al., 2010) and the level of contraction (Holtermann et al., 2005). Since spatial distribution contains a lot of information on the muscle, it is acknowledged as a valuable feature in identification of motion intention (Stango et al., 2015; Hakonen et al., 2015; Rojas-Martínez et al., 2013). For example, Stango et al. (Stango et al., 2015) used spatial characteristics of HD-EMG recording of the forearm muscles to identify 8 hand and wrist tasks (4 degrees of freedom). They fed support vector machine classifier with a statistical measure of spatial correlation, i.e. variogram and achieved high identification results (95% accuracy). Furthermore, they proved that proposed spatial features are robust to electrode shift.

Most of pattern recognition identification methods are subject-specific. They usually achieve very high identification results, but require time consuming training procedure for every patient individually. This could be avoided by building a single identifier for a group of patients, i.e. group-specific identifier. However, inter-subject variability is a big concern in design of a group-specific pattern recognition-based identifier. Individuals differ from each other in a lot of physiological parameters, e.g., conductivity of subcutaneous tissue, and limb dimension. Nevertheless, by comparing HD-EMG activation maps between normal subjects it has been shown that inter-subject activation patterns exists for different tasks and levels of contraction (Rojas-Martínez et al., 2012).

In (Rojas-Martínez et al., 2013) authors demonstrate that by using intensity and spatial features extracted from activation maps it is possible to construct an inter-subject identification method based on LDA classifier not only for different tasks, but also for different effort levels. Authors reported that in healthy subjects identification performance improves by adding spatial features in the identification, which proves that spatial distribution is less sensitive to inter-subject

variability. They achieved sensitivity higher than 75% for identification of four upper-limb tasks at three different effort levels and more than 90% sensitivity when identifying only four tasks and no effort level. Also, they report higher classification results when using classification in two steps (in first step task is classified, and in the second step level of effort), rather than a single step classification.

### 1.5.2 Application to patients with neuromuscular impairment

According to World Health Organization, each year there are 500 000 spinal cord injuries [56] and 15 million strokes (of which 5 million result with death and 5 million with permanent disability) [57] every year. Furthermore, number of people who are older than 60 years will increase to 22% of the world population by 2050 and will count 2 billion people [58]. Unfortunately, in affected patients motor control can be impaired as a result of damaged nerves and they often suffer from uncoordinated movements, lack of force, and spasticity. During recovery process, rehabilitation robots that stimulate neuroplasticity are commonly used (Vaca Benitez et al., 2013; Dipietro et al., 2005; Marchal-Crespo and Reinkensmeyer, 2009).

Patients can still have uncoordinated movements, and lack of force, or, in more difficult cases, they can weakly activate their muscles, but cannot perform the movement. If their motion intention could be extracted in real time, it would allow them to control assistive devices and maximize the benefits of robotic-aided therapies where it has been proved that the active participation improves the medical condition of the patient (Hogan et al., 2006).

It is already shown that intensity-related and task-specific activation patterns exist in patients with neurological disorders and that motion intention can be extracted from EMG. In other words, movement that patient is trying to perform can be predicted using the recorded myoelectric activity. Liu and Zhou (Liu and Zhou, 2013) were able to successfully perform identification of tasks using time domain and autoregressive model features in patients with incomplete spinal cord injury, whereas Zhang and Zhou (Zhang and Zhou, 2012) identified tasks in patients with stroke using a similar feature set.

Physical injury to the brain, spinal cord, or nerves, is usually the cause of neurological disorders. Stroke is a serious life-threatening condition that occurs when the blood supply to the brain is

interrupted, resulting in severe disability among survivors. Brain damage due to stroke can affect important areas that control everything we do, including how we move different parts of our body.

In disabling neurological disorders, treatment and rehabilitation should start as soon as possible after the diagnosis. This situation is critical in stroke patients where rehabilitation usually begins two days after the stroke has occurred. Early intervention can improve bodily functions and even achieve remarkable recoveries, and should be continued as necessary after release from the hospital to become as independent as possible. Rehabilitation can help regain control of weak limbs, or learn new ways of using them again, that is, to relearn skills that are lost when part of the brain is damaged, mainly associated with motor capabilities.

Human-machine interfaces cannot only translate brain signals to control targets, but also can combine with a muscle-based output. This hybrid approach is composed of multimodal data from the brain (EEG) and from the muscles (EMG), especially important for patients with residual muscular activity. Additionally, corticomuscular coherence assessed through both EEG and EMG signals is a promising measure to evaluate the motor recovery of stroke patients. This Project is on monitoring the patient's progress during the rehabilitation program, and biomarkers composed of EMG and EEG information will be very interesting. For example, Transcranial Magnetic Stimulation (TMS) has been used to probe corticospinal physiology and to map the primary motor cortex (M1) representations of upper limb muscles following stroke.

its application to pattern recognition to provide a control signal to interfaces like prostheses or rehabilitation robots, particularly for stroke or other neuromuscular disorders

Common manifestations of upper extremity motor impairment include muscle weakness or contracture, changes in muscle tone, joint laxity, and impaired motor control. These impairments induce disabilities in common activities such as reaching, picking up objects, and holding onto objects.

The aim of this research line is to analyze biological signals of patients undergoing stroke rehabilitation and extract measures that reflect the current degree of recovery and neuromuscular ability, and to define and evaluate expert-based quantitative indices for predicting the final clinical outcome of the standard 6-month rehabilitation. This latter aim would be very useful for

the physicians leading the therapy and would save a lot of time and resources. For example, if a patient is not able to achieve true recovery of the affected motor function, he could start with an alternative treatment immediately and learn a compensatory motor task, improving its quality of life faster. According to rehabilitation professionals, these particular cases are very difficult to identify early on, and it takes months before realizing that a different approach is needed. On the other hand, if the measure indicates a good recovery potential, it would be possible to tailor a patient-oriented rehabilitation program that would maximize its effect.

Neural data can be inferred from HD-EMG signal using HD-EMG decomposition to spike train of individual motor units (Holobar et al., 2014, Negro et al., 2016). This technique enables measuring of valuable information about muscle unit recruitment: muscle fiber conduction velocity, location of the innervation zones, estimation of muscle fatigue, and estimation of number, type and the spatial distribution of muscle fibers (Marateb et al., 2016). Other potential measures that can be found in the literature are the clustering index (Zhang et al., 2017), measures based on textural and spatial analysis of HD-EMG activation maps (Rasool et al., 2017), the coherence between muscle units (Dai et al., 2017), or measures based on muscle synergies (Li et al., 2016). The advantages of the HD-EMG lie in the large amount of recorded information, which enables minimizing the effect of electrodes shift and allows choosing an appropriate subset of channels for further analysis. Features will be designed by optimizing its robustness to electrode shift and minimizing the number of electrodes, which is an important issue in HD-EMG analysis (Pan et al., 2015), but also in EEG analysis and BCI systems (Alotaiby et al., 2015, Tam et al., 2011).

Stroke patients often do not have the ability to achieve a specific task, even though they maintain correct neuromuscular activation, due to spasticity or insufficient contraction (i.e. insufficient force) (Liu et al., 2016). However, it can be possible to observe both, the neural and muscular response (potentials) to motor intention in absence of joint movement. Lack of movement can be a misleading factor in clinical assessment and the design of the rehabilitation program. Accurate task identification would provide clinicians with the patient's real capabilities and potential.

### 1.5.3 Doctoral thesis overview

This doctoral thesis is presented as the compendium of three publications.

The Doctoral Thesis is organized by chapters as follows:

- **Chapter 2: Problem statement**

This chapter states the problem and provides the objectives of Doctoral Thesis.

- **Chapter 3: Spatial distribution of HD-EMG improves identification of task and force in patients with incomplete spinal cord injury**

This chapter represents the first publication of the compendium of publications. Using spatial distribution of myoelectric intensity task identification was performed on patients with incomplete spinal cord injury. This work proves the positive contribution of spatial features in pattern recognition technique of identification of motor tasks. Not only that the identification rate increases, but the features show resilience to slow time dependent changes in the myoelectric signal, such as fatigue and drying of electrolytic gel

- **Chapter 4: Prediction of isometric motor tasks and effort levels based on high-density EMG in patients with incomplete spinal cord injury**

In this publication, the similarity of intensity and spatial distribution of intensity was investigated between patients with incomplete spinal cord injury. The results show that the repeatable pattern exists between different patients and, moreover, for the patients with similar level of injury this patterns are more similar.

- **Chapter 5: A Novel Spatial Feature for the Identification of Motor Tasks Using High-Density Electromyography**

This chapter summarizes the third publication of the compendium. The novel feature was designed for task identification. It is based on probability density function of HD-EMG activation maps. Classifier based on this new feature show higher identification rate, as well as fidelity to fatigue.

- **Conclusions**

In the last chapter, the conclusions and main contributions of the Thesis are provided. Also, the guidelines for the future work are stated, as well as list of publications derived from the Thesis.

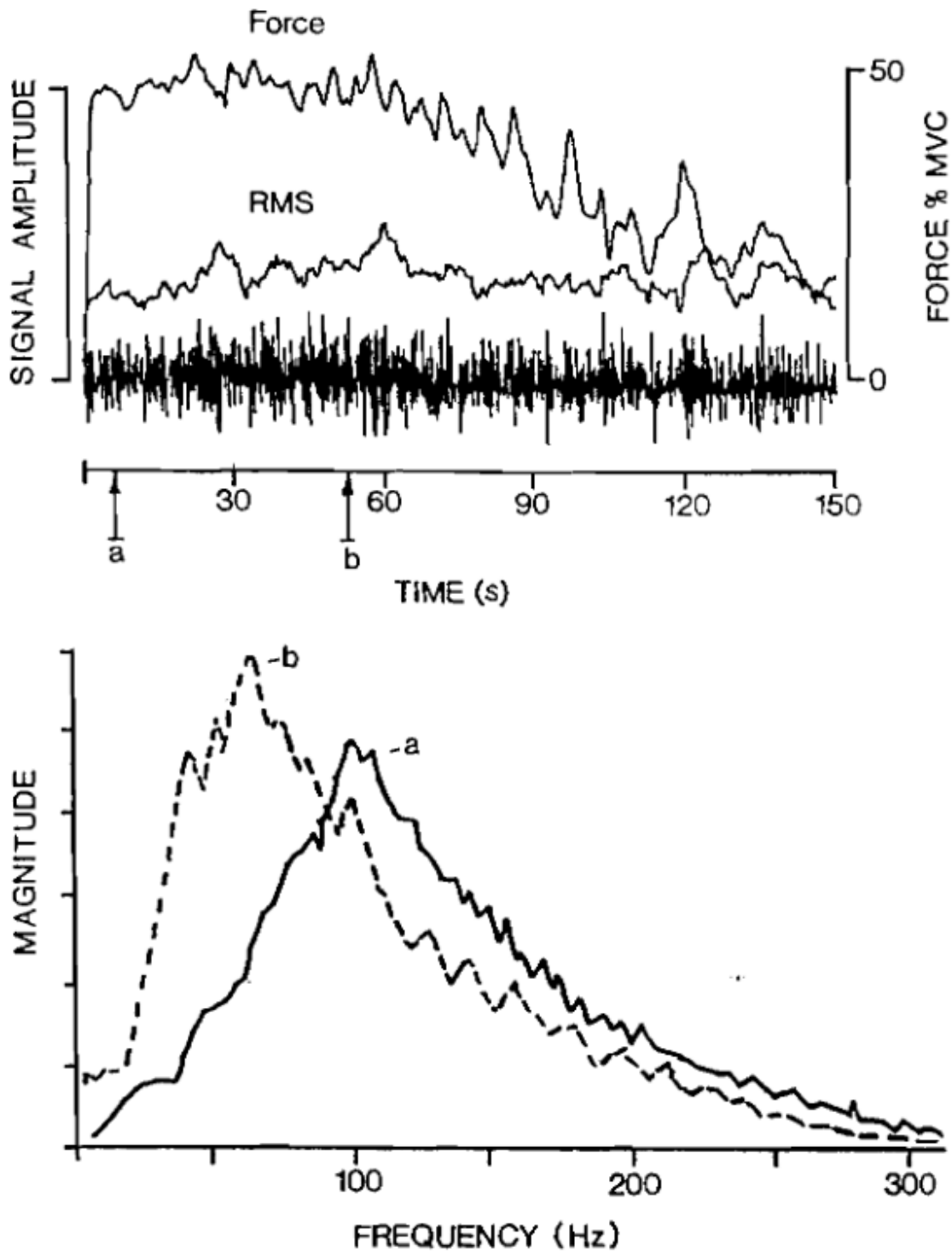


Figure 1.6: Illustration of force and EMG signal recorded during fatiguing exercise (top), and frequency spectra of corresponding EMG signal (bottom) recorded at the beginning of the exercise (a), and at the end of the exercise (b). Retrieved from (De Luca, 1984).

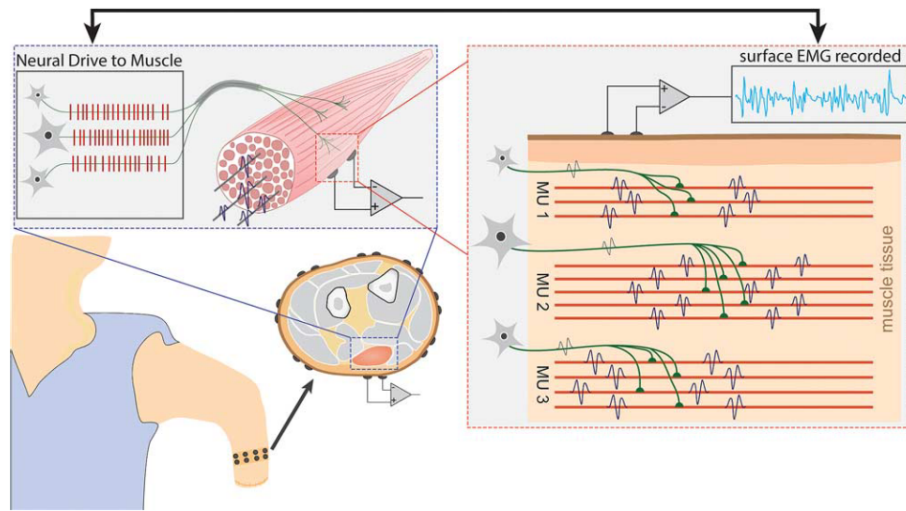


Figure 1.7: Origin of sEMG signal. SEMG signal is a sum of each motor unit action potential recorded on the electrodes convoluted by belonging motor neuron spike train. Retrieved from (Farina et al., 2014a).

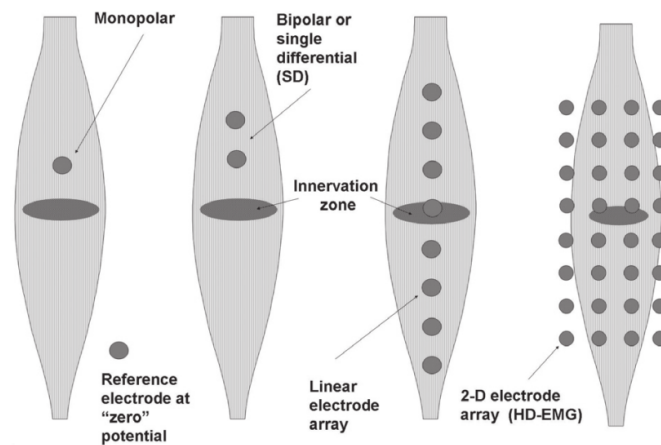


Figure 1.8: Four types of recording surface EMG signal: monopolar, bipolar, linear electrode array, HD-EMG. Figure was modified from (Merletti et al., 2010)

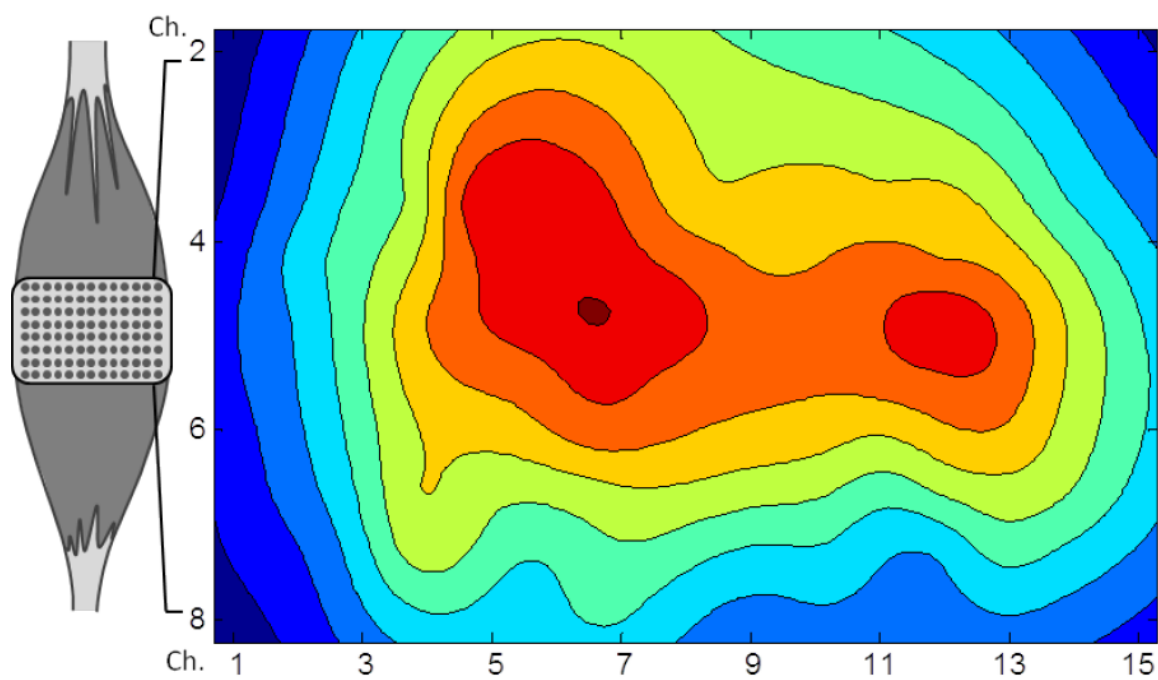


Figure 1.9: The figure represents the HD-EMG activation map recorded on the biceps brachii muscle during flexion. Distinct activation of the two heads can be noticed in the map. Modified from Monica



## Chapter 2

# Problem statement

### 2.1 Introduction

Voluntary movements are achieved by the contraction of skeletal muscles controlled by the Central and Peripheral Nervous system. The contraction is initiated by the release of a neurotransmitter that promotes a reaction in the walls of the muscular fiber, producing a biopotential known as Motor Unit Action Potential (MUAP) that travels from the neuromuscular junction to the tendons. The surface electromyographic signal records the continuous activation of such potentials over the surface of the skin and constitutes a valuable tool for the diagnosis, monitoring and clinical research of muscular disorders. Moreover, the use of electrode arrays facilitate the investigation of the peripheral properties of the active Motor Units such as: conduction velocity and fatigue (Soares et al., 2015); anatomical characteristics in terms of location of the innervation zones (Beck et al., 2012), the spatial composition of the muscle, that is, muscle compartmentalization (Vieira et al., 2010); and change in spatial distribution of MUAPs with exercise and pain (Madeleine et al., 2006). This last property of the muscles has proven to be very useful to infer motion intention not only regarding the direction of the movement but also its power (Rojas-Martínez et al., 2013).

## 2.2 Task identification

Something on task identification Problems

## 2.3 Objectives

### Main objective

This doctoral thesis addresses the problem of extraction of information from muscular patterns obtained from multichannel surface electromyography and associated with different movement directions. The aim of the thesis is to analyze the muscular pattern of upper-limb muscles during isometric contractions and its relationship to neuromuscular disorders, particularly to incomplete spinal cord injury. This information can be useful for the identification of motion intention, i.e. identification of intended motor task and force based on EMG.

### Specific objectives

To achieve the main objective, this thesis strives for the following specific objectives:

- I To develop a pattern recognition-based procedure for identification of task and force of isometric contractions (i.e. extract motor intention). For this assignment, different features and methods for their selection as well as classification techniques will be evaluated and compared in order to choose the best-suited solution. Special attention will be paid to features related to spatial distribution of myoelectric intensity recorded over the surface of the muscle. This is a new and unexplored approach that has proven to have high potential in identification.
- II To test stability and robustness of extracted features regarding physiological and non-physiological changes which are consequences of long-term contractions (i.e. myoelectric fatigue and gel drying).
- III To publish the obtained results and conclusions in high-impact journals, as well as in international and national conferences.

Methods were applied to control subjects as well as to patients with incomplete spinal cord injury with reduced mobility of the upper-limb.

## 2.4 Thesis framework

This thesis and the published articles that provide its content as a compendium were developed in the *Department of Automatic Control (ESAI)* of the *Universitat Politècnica de Catalunya (UPC)* under the framework of the brain research line of the *BIOsignal Analysis for Rehabilitation and Therapy Research Group (BIOART)*, which belongs to the *Biomedical Signals and Systems* division of the *Biomedical Engineering Research Centre (CREB)* of UPC that belongs to the Biomedical Research Networking Center in Bioengineering, Biomaterials and Nanomedicine (CIBER-BBN). The research was done with the collaboration of the Institut Guttman in Badalona (Spain) and the Laboratory of Engineering of Neuromuscular System and Motor Rehabilitation at the Politecnico di Torino.

Furthermore, this work has been supported by multiple funding projects:

1. Ayudas para la contratación de personal investigador novel (FI-DGR 2014). *Agencia de Gestión de Ayudas Universitarias y de Investigación (AGAUR) - Generalitat de Catalunya.*
2. Sistemas multicanal de análisis y sensorización para rehabilitación y monitorización clínica. (DPI2011-22680) *Ministerio de Economía, Industria y Competitividad (MINECO)*
3. Design of methods for assessing processes of neurological and neuromuscular decline associated with aging. (DPI201459049R) *Ministerio de Economía, Industria y Competitividad (MINECO)*

## Chapter 3

# Conclusion

### 3.1 Summary

Task identification and movement estimation based on EMG are very popular topics involving different areas in machine learning and, particularly, pattern recognition with many possible applications in assistive and rehabilitation devices. The emergence of high-density EMG (HD-EMG) opened new possibilities for extracting neural information and it has been reported that spatial distribution of HD-EMG intensity is a valuable feature in identification of isometric tasks.

This Doctoral thesis investigates further the spatial muscle co-activation patterns of myoelectric activity extracted from the HD-EMG activation maps. HD-EMG was measured on five muscles of forearm and upper arm in monopolar configuration. Measurements were performed on the group of healthy subjects and on the group of patients with incomplete spinal cord injury.

In the chapters 3 and 4, co-activation patterns of patients with incomplete spinal cord injury were analyzed by the means of pattern-recognition-based identification of task and effort level. In chapter 3, co-activation patterns were analyzed for each patient individually, whereas in chapter 4, co-activation patterns were analyzed within the group of patients. In spite the great diversity between different patients and their levels and types of injury, similarities between activation patterns were found not only in intensity of myoelectric signal, but also in spatial distribution.

In the chapter 5, novel feature for task identification was proposed. The feature is based on

spatial distribution of myoelectric activity recorded by HD-EMG. This new feature was evaluated in identification of task and identification of task and effort level in healthy subjects. The evaluation was performed for each subject individually.

## 3.2 Main conclusions

In chapter 3, intensity activation maps were calculated for each muscle and different features were extracted: the average intensity of an HD-EMG map, and the center of gravity of an HD-EMG maps. Using the extracted feature sets, a successful patient-specific task identification method was designed. It is capable to estimate with high accuracy not only the motor task, but also the force. This implies that patients with incomplete spinal cord injury have repeatable co-activation muscular pattern not only in intensity, but also in spatial distribution of intensity over the muscle. Moreover, the results lead to the conclusion that spatial distribution of myoelectric activity has significant and discriminative power in classification. Furthermore, adding information on spatial distribution of myoelectric intensity improves not only identification result, but also resilience to fatigue and time effect.

Furthermore, in chapter 4 it was discovered that the repeatable patterns in intensity and spatial distribution exist not only for each patient individually, but the pattern exist for the entire group of patient. To demonstrate the existence of distinguishable group-specific patterns in HD-EMG, the identification of different tasks was performed, where classifier was not trained exclusively using the samples of a single patient, but it was trained using the samples of all patients, and tested using the samples of all patients, i.e., group-specific classifier was designed. The existence of the patterns is an interesting result because there is a high level of variability between patients due to the nature of the injury. Co-activation patterns were found not only between different tasks, but also between different effort levels. Group-specific identification of motion intention in patients with neuromuscular impairment could potentially improve the translation of pattern recognition techniques to clinical practice. Also, the results show that the similarity is greater between patients with similar level of lesion. This could also have an interesting implication in translation to the clinical practice because patients with the similar level of injury could be able to use the same assistive/rehabilitation devices with greater ease.

Finally, in chapter 5, a novel feature for identification of task and effort level was designed. It is based on the locations of local maxima of the probability density function of HD-EMG activation maps. The feature was tested on the population of healthy subjects in subject-specific approach, that is, classifier was trained for each subject individually. The feature yields higher identification indices compared to the more classical features, especially in task identification at very low effort level. By analyzing the influence of fatigue and other time-dependent changes (e.g. drying of conductive gel) on identification, novel feature had a very good performance. Since the goal of this study was to analyze different feature sets rather than classification methods, LDA was utilized given that this method is the most commonly used, and is generally recommended for myoelectric interfaces (Hakonen et al., 2015).

The proposed motor task identification method based on spatial information of myoelectric distribution could contribute to the human-machine interface technology. There are many possible applications for this type of technology, for example computer games, exoskeletons, automatic wheelchairs, rehabilitation robots, prostheses, etc. Nowadays, field of brain-computer interface (BCI) technology is advancing very fast with high investments of leading global corporations. However, non-invasive BCI is still an open problem with low output rate, which can be greatly improved by using EMG-based identification of motor intention. Müller-Putz et al. (Müller-Putz et al., 2015) suggest non-invasive hybrid brain-computer interfaces (hybrid BCI) designed as EEG-based system, supplemented with other biological and mechanical signals. Joining EEG and EMG recordings in identification of task intention significantly improves the accuracy of individual EEG or EMG system. EMG usually has higher SNR ratio than EEG and it is widely used in the identification of the motion intention, however, it is prone to malfunction due to fatigue. When fatigue occurs, the supplemented EEG input keeps the identification stable, and increases the robustness of the system. Thus, advances in obtaining methods more robust to fatigue or time effect are very interesting.

Some patients with neuromuscular impairment can weakly activate their muscles, but insufficiently to generate a movement. In these patients, as well as in patients that can generate only weak movements, HD-EMG maps can still be generated and used in identification of motion intention, as demonstrated in this study. This approach could supplement the existing BCI or inertial sensors based prostheses and result in a device with a better performance. For example,

Rohm et al. (Rohm et al., 2013) performed a very interesting study with a single SCI patient. Their neuroprosthesis consisted of a functional electrical stimulation of the forearm and upper arm muscles, and a semiactive elbow orthosis. Using BCI and a shoulder joystick, the patient was able to perform complex hand and elbow tasks from everyday life (e.g. eating an ice cream cone). The reported performance of that study was 70%, which was remarkable considering the fact that the patient did not have any control over involved muscles. However, performance of similar patients could be increased using hybrid BCI if myoelectric activation exists.

Density function from which modes were extracted represents RMS activation maps of the HD-EMG. Although the feature proved to be useful, by calculating RMS value, the information is partially lost. Therefore, the modes, or other statistical measures of the raw HD-EMG, i.e. joint distribution of instantaneous EMG amplitude over the electrode array, could also be a useful feature in identification of motion intention. Furthermore, in the literature, features are often calculated for each channel separately and then selected prior the classification using the, e.g., sequential method (Hargrove et al., 2009; Li et al., 2017), selection based on common spatial patterns (Geng et al., 2014), or based on the independent component analysis clustering (Naik et al., 2016). Modes of the HD-EMG density function could be correlated with the channels with discriminative information and could be a useful tool in channel selection.

Finally, the mean shift algorithm can be used for clustering and, since it was shown that the algorithm is most effective in low-dimensional data, image segmentation is one of its most successful applications (Comaniciu and Meer, 2002). A mode of the density estimate, or in this case, a channel selected by the mean shift algorithm, can be considered as a cluster representative (Hennig et al., 2015), related to the possible image segments, where spatial (pixel locations) and range features (the intensity of the grayscale value) are considered. The advantage of the mean shift is that it can be used for clustering non-convex shapes, albeit, it could segment complex non-convex regions in the activation maps. Since segmentation of the muscle activation map can improve the neuromuscular activity estimation (Vieira et al., 2010), this could be a reason why mean shift features improved the performance of the movement detection system compared with previously published attributes. In addition, the algorithm only requires setting one parameter, bandwidth ( $h$ ) and, unlike in the similar methods, it is not necessary to define the number of expected clusters. This is a big advantage because it does not require a priori knowledge on the

number of clusters.

As a limitation of the study, it should be noted that the proposed features were tested only in highly controlled conditions of isometric contractions. The experiments during non-isometric contractions should be performed in order to validate the quality of the features in dynamic and more natural movements. Also, the experiment included only four tasks related to the elbow joint. Further analysis should include higher number of more complex tasks related to hand and shoulder. Moreover, all results were obtained during offline analysis. To evaluate practical aspects of the features, the experiment should be repeated using online identification and considering multiple transitions between tasks.

### 3.3 Main contributions

The original contributions provided by the compendium of publications of this thesis are:

- The definition of a novel pattern-recognition algorithm for task and force identification. The method was based on combination of intensity and spatial distribution of intensity of myoelectric signal. The algorithm was validated in the group of patients with incomplete spinal cord injury in terms of robustness during slow time dependent changes, such as fatigue and drying of conductive gel. The results prove the existence of repeatable co-activation pattern in intensity and spatial distribution for each patient. Furthermore, the pattern exist for different tasks, but also for different effort levels
- The co-activation pattern in intensity and its spatial distribution of HD-EMG was identified for the group of patients with spinal cord injury. After the injury there is a coherence between activation patterns of different patients, both task-related and force-related. This coherence can be observed in intensity of HD-EMG, but also in spatial distribution of intensity. Furthermore, greater similarity was found within the group of patients with similar level of injury. This result implies the possibility of building assistive/rehabilitation device for the group of patients with significantly lower training time.
- Definition of novel statistical spatial feature derived from the HD-EMG. It was used for



identification of task and effort level in group of healthy subjects. This feature is based on the probability density function of the HD-EMG activation map.

### 3.4 Future Work

The work developed in this thesis open new possibilities in the brain research line of the *BIOsignal Analysis for Rehabilitation and Therapy Research Group (BIOART)* to which the candidate belongs. Some of the most interesting further possibilities are the following:

#### Dynamic contractions

The use of spatial information of myoelectric activity is a novel method which already showed very good results in identification of tasks, both in healthy subjects and in patients with incomplete spinal cord injury during isometric contractions. Isometric contractions are standard to the field of work, that is, pattern recognition for control of human-machine interfaces and are a good starting point to test the new feature with respect to more classical features. Recordings during isometric contractions provide measurements with more controlled conditions, i.e., minimized influences related to relative shift of recording electrodes with respect to source of the signal – muscle fiber. Therefore it is a good practice to start using new features in graduate analysis in order to establish reliable and precisely the circumstances in which features are useful. However, further studies are necessary to consider non-isometric contractions, which are closer to real conditions. One of this study was already performed within the scope of the thesis and the results are published:

Rojas-Martínez, M., Alonso, J.F., Jordanić, M., Romero, S., Mañanas, M.A. **Identificación de tareas isométricas y dinámicas del miembro superior basada en EMG de alta densidad.** *Revista Iberoamericana de Automática e Informática Industrial*, Accepted for publication 2017, JCR 0.390, Q4 in Automation and Control Systems (57/60)

#### Generalized mean shift approach

In chapter 5 is explained the motor task identification algorithm that uses the novel spatial feature. This spatial feature is based on the modes of the probability density function of HD-EMG activation maps. Instead, the viability of features based on the modes of the probability density function of raw HD-EMG signal should be explored. Since the information is partially lost by calculating the RMS value of the signal to obtain the activation maps, using joint distribution of instantaneous EMG amplitude over the electrode could provide higher identification results.

### Mean shift approach for channel selection

Geng et al. recently proposed a more advanced channel selection method based on common spatial patterns (Geng et al., 2014) and Naik et al. propose the channel selection based on the independent component analysis (Naik et al., 2016). Modes of the HD-EMG density function, a novel feature proposed in chapter 5 could be correlated with the channels with discriminative information and could be a useful tool in channel selection.

### Real time application

The task identification system cannot find application without ability of online processing. Therefore, appropriate recording device along with an optimized processing unit should be built. The device should be able to process the task identification in real time using optimized firmware.

### Hybrid brain-computer interface

The fusion of EEG and EMG could further improve the results of upper-limb task identification, the study we performed using only HD-EMG recordings both in healthy subjects and iSCI patients. This type of study can have impact on numerous fields of application including brain – computer interfaces (BCI). A goal could be to exploit the fusion of cerebral and neuromuscular information and to quantify the improvements when the innovative technique of HD-EMG is joined with the cerebral activity, what was recently called by the research community a *hybrid BCI* (Muller-Putz et al., 2015; Rohm et al., 2013).

### Increase of identification fidelity

Fidelity of the identification could be increased further by using an adaptive model of classifier that is being constantly updated throughout the exercise in order to compensate for the changes in the myoelectric signal caused by, e.g., fatigue. There are several recent publications on this subject (Hahne et al., 2015; Vidovic et al., 2016; Sensinger et al., 2009).

### Spatial distribution of frequency

Features extracted from frequency/scale domain proved to be very useful in identification of motor task (Oskoei and Hu, 2007). In future works, it would be interesting to investigate the spatial distribution of frequency over the muscle in search of the discriminative feature.

## 3.5 Publications derived from the thesis

### 3.5.1 Journal papers

- Jordanić, M., Rojas-Martínez, M., Mañanas, M.A., Alonso, J.F., Marateb, H.R. A Novel Spatial Feature for the Identification of Motor Tasks Using High-Density Electromyography. *Sensors*, 17(7): 1597, 2017, JCR 2.077, Q1 in Instruments and instrumentation (10/58)
- Rojas-Martínez, M., Alonso, J.F., Jordanić, M., Romero, S., Mañanas, M.A. Identificación de tareas isométricas y dinámicas del miembro superior basada en EMG de alta densidad. *Revista Iberoamericana de Automática e Informática Industrial*, Accepted for publication 2017, JCR 0.390, Q4 in Automation and Control Systems (57/60)
- Jordanić, M., Rojas-Martínez, M., Mañanas, M.A., Alonso, J.F. Prediction of isometric motor tasks and effort levels based on high-density EMG in patients with incomplete spinal cord injury. *Journal of Neural Engineering*, 13(4): 46002, 2016, JCR 3.465, Q1 in Biomedical Engineering (13/77)
- Jordanić, M., Rojas-Martínez, M., Mañanas, M.A., Alonso, J.F. Spatial distribution of HD-EMG improves identification of task and force in patients with incomplete spinal cord injury. *Journal of NeuroEngineering and Rehabilitation*, 13(1): 41, 2016, JCR 3.222, Q1 in Rehabilitation (3/65)

### 3.5.2 Conference papers

- Jordanić, M., Rojas-Martínez, M., Mañanas, M.A. Muscle pattern from HD-EMG applied to identification of movement intention. Summer School on Neurorehabilitation (SSNR 2015), 2015, Valencia, Spain
- Jordanić, M., Rojas-Martínez, M., Alonso, J.F., Migliorelli, C., Mañanas, M.A. Use of frequency features of HD-EMG in identification of upper-limb motor task. *Cognitive Area Networks*, 4(1): 19:23, 9. Simposio CEA de Bioingeniería 2017, Badalona, Spain

- Jordanić, M., Rojas-Martínez, M., Mañanas, M.A., Alonso, J.F. Identificación de Contracciones Isométricas de la Extremidad Superior en Pacientes con Lesión Medular Incompleta mediante Características Espectrales de la Electromiografía de Alta Densidad (HD-EMG). Jornadas de Automática (Bioingeniería), 2017, Gijon, Spain

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