
 <b>OSPITAL NG PARANAQUE</b> 		Document Code: OSPAR-ADS-PTRM-0009 Issue Date:
<b>HOSPITAL POLICIES AND PROCEDURES MANUAL</b>		Page No. of
<b>Policy Title:</b> <b>POLICY ON DUTIES OF COMPANION OF PATIENT</b>		Section / Department <b>PT AND REHABILITATION MEDICINE</b>
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## Statement of Policy

There shall be a written guideline regarding the duties of companions of patients of the PTRM Section, regardless of the type and degree of professional training they have received, to ensure patient safety and highest quality of care to our patients.

## Policy Guidelines

### The Companion shall:

1. Partake with the PT-in-Charge in providing vital information regarding patient's medical history, medications, ward/hospital room/ home environmental set-up and safety issues, and other pertinent information for evaluation and ongoing documentation purposes
2. Partake with the PT-in-Charge regarding the instruction of ward or home instructions and exercises, and consequent follow-up of the ward/home instructions given
3. Cooperate with the PT-in-Charge regarding patient education, discussion of patient's general medical condition from a rehabilitation standpoint, risk factor modification, goal-setting, and plan of treatment care for the patient
4. Assist the PT-in-Charge in bed-mobility/ transfer/ sitting/ standing/ ambulation, and other type of exercise programs or activities, prior instruction and close supervision and/or assistance of the PT-in-Charge of the patient.
5. Provide wheelchair mobility for the patient within the hospital.
6. Assist the patient in toileting (bedpan/commode/urinal or accompanying the patient to the comfort rooms needed), dressing, feeding, grooming, hygiene activities
7. Provide prescribed medications to patients as scheduled, or as needed.
8. The Companion are not allowed to perform the following:
9. Take vital signs, nor perform other evaluation procedures
10. Initiate any physical therapy activity (bed-mobility/ transfers/ sitting/ standing/ ambulation, other exercise programs) without prior instruction, and supervision or assistance, from the PT-in-Charge
11. Operate any physical therapy machine, nor provide any modalities to the patient.
12. Adjust patient's attachments (oxygen equipment, IV line, etc), except for nurses
13. Provide any assistance to other patients or physical therapists at the PTRM.
14. Perform other duties assigned to physical therapists, and PT technician/ PT Aide.