
 OSPITAL NG PARANAQUE 		Document Code: OSPAR-ADS-NDS-023
		Implementation Date: 2019
ANCILLARY DIVISION HOSPITAL POLICIES AND PROCEDURES MANUAL APPROVAL MATRIX		Page No. 1 of 2
Policy Title: NUTRITION AND DIETETICS SERVICE POLICY ON NUTRITION COUNSELING / DIET COUNSELING		Section / Department: NUTRITION AND DIETETICS SERVICE
Prepared By: Kara Angelica L. Benavente, RND, MPA Chief Dietitian, Nutrition and Dietetics Service	Reviewed By: Redentor P. Alquiros, MD Chief of Clinics Darius J. Sebastian, MD, MPH, PHSAE Hospital Administrator, Ospital ng Parañaque	Approved by: Jefferson R. Pagsisihan, MD, MHM Hospital Director, Ospital ng Parañaque

OBJECTIVES:

This policy ensures nutrition/diet counseling is properly done in a systematic way and guarantees nutrition education is readily accessible to in-patients and out-patients.



COVERAGE:

This policy covers this section.

POLICY:

1. The concerned patient, whether admitted or out-patient, shall have a referral slip from the attending physician.
2. There shall be a log book for proper documentation and copy of assessment form to be filed in Nutrition and Dietetics Service.
3. Nursing department shall inform Nutrition and Dietetics Service for in-patient diet instruction through the diet list (written in remarks) and/ or phone call.
4. The need for nutrition education or diet instruction shall be acted upon within 24 hours.
5. The patient shall be assessed in consideration with the following information:
 - Personal Information
 - Socioeconomic status
 - A. Cultural and religious practices.
 - B. Educational level and occupation
 - C. Civil status and number of children
 - D. Physical activity
 - E. Cigarettes/alcohol consumption
 - Nutrition
 - A. Appetite
 - B. Food Allergies
 - C. Food likes/ dislikes
 - D. Dentition/mastication

SCHEDULE FOR POLICY REVIEW: This policy shall be reviewed when deemed necessary.

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- Medical History
 - A. Past and present medical condition
 - B. Immediate family health condition
 - Physical Assessment
 - A. Height, Weight
 - B. Body frame, Physical appearance
 - C. DBW, BMI
 - Biomedical Data (if applicable)
 - A. Significant laboratory information related to medical condition/nutritional status
6. Dietitian shall review nutrition care plan and monitor progress every week. Progress will be recorded in the nutrition care plan form.

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