
 OSPITAL NG PARANAQUE 		Document Code: OSPAR-ADS-NDS-027
		Implementation Date: 2019
ANCILLARY DIVISION HOSPITAL POLICIES AND PROCEDURES MANUAL APPROVAL MATRIX		Page No. 1 of 4
Policy Title: NUTRITION AND DIETETICS SERVICE POLICY ON EMERGENCY FEEDING		Section / Department: NUTRITION AND DIETETICS SERVICE
Prepared By: Kara Angelica L. Benavente, RND, MPA Chief Dietitian, Nutrition and Dietetics Service	Reviewed By: Redentor P. Alquiros, MD Chief of Clinics Darius J. Sebastian, MD, MPH, PHSAE Hospital Administrator, Ospital ng Paranaque	Approved by: Jefferson R. Pagsisihan, MD, MHM Hospital Director, Ospital ng Paranaque

CLASSIFICATION: COMPREHENSIVE

OBJECTIVES:

This policy ensures the availability of safe and nutritious food for patients and personnel during disasters and emergencies.

COVERAGE:



This policy covers all divisions in Ospital ng Paranaque.

POLICY:

1. Dietitian shall develop a 7-day menu for emergency or disaster event that consists of simplified and nutritious meals.
 - Menu shall be easily available and require minimum preparation.
 - Meals should meet daily calories and protein allowances.
2. Meals shall be served depending on the stages of emergency.
 - **For early emergency period** – stimulating warm drinks and easy to serve snacks preferably high in carbohydrates.
 - **For immediate period** – full, nourishing meals one-dish meal that is easy and safe to prepare, transport and serve
 - **For extended operations** – one-dish meal with fruits, and rice served 2 to 3 times a day.
3. Disposable items, adequate for at least 3 days must be stocked at all times.
4. Food items designated in the emergency menu must be available at all times, Food items must be stored properly, must be dated, and changed according to shelf life; approximately 6 months
5. During the emergency, Dietitian shall be in contact with senior officer to determine the following:
 - Probable location of mass feeding centers
 - Existing physical resources
 - Estimated number of victims

SCHEDULE FOR POLICY REVIEW: This policy shall be reviewed when deemed necessary.

- Available feeding personnel in addition to dietary personnel



 OSPITAL NG PARANAQUE 		Document Code: OSPAR-ADS-NDS-027
		Implementation Date: 2019
ANCILLARY DIVISION HOSPITAL POLICIES AND PROCEDURES MANUAL APPROVAL MATRIX		Page No. 2 of 4
Policy Title: NUTRITION AND DIETETICS SERVICE POLICY ON EMERGENCY FEEDING		Section / Department: NUTRITION AND DIETETICS SERVICE
Prepared By: Kara Angelica L. Benavente, RND, MPA Chief Dietitian, Nutrition and Dietetics Service	Reviewed By: Redentor P. Alquiros, MD Chief of Clinics Darius J. Sebastian, MD, MPH, PHSAE Hospital Administrator, Ospital ng Paranaque	Approved by: Jefferson R. Pagsisihan, MD, MHM Hospital Director, Ospital ng Paranaque

Sample Menu for Various Situations

Breakfast	Lunch	Supper	Snack
<i>NO FUEL, NO WATER</i> Canned/ tetra pack/ bottled fruit juice <u>Crackers</u>	<u>Canned / tetra pack / bottled fruit juice</u> Canned pork& beans Crackers	Canned vegetables <u>Sardines</u> Crackers / buns Canned / tetra pack / bottled fruit juice	Biscuits Canned / tetra pack / bottled fruit juice
<i>FUEL AVAILABLE, NO WATER</i> Canned / tetra pack / bottled fruit juice Bread, if available or crackers	Canned vegetables Sautéed corned beef Buns Canned / tetra pack / bottled fruit juice	<u>Sautéed tuna</u> Bread with margarine Canned / tetra pack / bottled fruit juice	Biscuits Canned / tetra pack / bottled fruit juice
<i>WATER AVAILABLE, NO FUEL</i> Canned / tetra pack / bottled fruit juice Bread, if available or crackers	Canned Soup Luncheon meat Bread Candies	<u>Canned Vegetables</u> Canned tuna Bread Canned \ tetra pack / bottled fruit juice	Bread if available with Liver spread or Biscuits Canned / tetra pack / bottled fruit juice
<i>WATER AND FUEL AVAILABLE</i> Champorado Fried Fish Coffee / tea / milk /	<u>Noodle Soup</u> Chicken Adobo Rice	Pork Nilaga Rice Banana or Canned	Bread / margarine Fruit Cocktail

SCHEDULE FOR POLICY REVIEW: This policy shall be reviewed when deemed necessary.

Chocolate drink	Fruit Cocktail	fruit	
-----------------	----------------	-------	--

 OSPITAL NG PARANAQUE 		Document Code: OSPAR-ADS-NDS-027
		Implementation Date: 2019
ANCILLARY DIVISION HOSPITAL POLICIES AND PROCEDURES MANUAL APPROVAL MATRIX		Page No. 3 of 4
Policy Title: NUTRITION AND DIETETICS SERVICE POLICY ON EMERGENCY FEEDING		Section / Department: NUTRITION AND DIETETICS SERVICE
Prepared By: Kara Angelica L. Benavente, RND, MPA Chief Dietitian, Nutrition and Dietetics Service	Reviewed By: Redentor P. Alquiros, MD Chief of Clinics Darius J. Sebastian, MD, MPH, PHSAE Hospital Administrator, Ospital ng Parañaque	Approved by: Jefferson R. Pagsisihan, MD, MHM Hospital Director, Ospital ng Parañaque

Foods to be Stockpiled for a Family of Six (6) for an Emergency Feeding

Food Item	One Week	Two Weeks
Milk, powder	3 packs- 200 grams	6 packs- 200 grams
Powdered, Chocolate drink	2 packs- 200 grams	4packs- 200grams
Rice / Substitute		
Rice	7 kilos	14 kilos
Biscuit	24 pieces- 25 grams	48 pieces- 25 grams
Bijon	½ kilo	1 kilo
Misua	¼ kilo	¼ kilo
Macaroni	½ kilo	1 kilo
Fortified Instant Noodles	3 packs- 55 grams	6 pack- 55 grams
Fruit and Vegetables		
Powdered Fruit Juice	2 packs- 200 grams	4 packs- 200 grams
Canned Mushroom	1 can- 420 grams	2 cans- 420 grams
Canned Green peas	1 can- 360 grams	2 cans- 360 grams
Canned Garbanzos	1 can- 420 grams	2 cans- 420 grams
Canned Sweet Corn Kernel	1 can- 420 grams	2 cans- 420 grams
Sugar	¼ kilo	½ kilo
Protein Sources (canned / dried)		
Luncheon Meat	2 cans- 350 grams	4 cans- 350 grams
Corned Beef	5 cans- 160 grams	10 cans- 1660 grams
Vienna Sausage	4 cans- 160 grams	8 cans- 160 grams
Pork & Beans	2 cans- 420 grams	4 cans- 420 grams
Canned Pusit	4 cans- 420 grams	8 cans- 420 grams
Sardines in Tomato Sauce	3cans- 420 grams	6 cans- 420 grams
Dried Fish, Tuyo / Dilis	¼ kilo	½ kilo
Dried Fish, Daing	½ kilo	1 kilo
Monggo Beans	½ kilo	1 kilo

SCHEDULE FOR POLICY REVIEW: This policy shall be reviewed when deemed necessary.



OSPITAL NG PARANAQUE



Document Code: **OSPAR-ADS-NDS-027**

Implementation Date: 2019

ANCILLARY DIVISION HOSPITAL POLICIES AND PROCEDURES MANUAL APPROVAL MATRIX

Page No. **4 of 4**

Policy Title:

NUTRITION AND DIETETICS SERVICE POLICY ON EMERGENCY FEEDING

Section / Department:

NUTRITION AND DIETETICS SERVICE

Prepared By:

Kara Angelica L. Benavente, RND, MPA
Chief Dietitian, Nutrition and Dietetics Service

Reviewed By:

Redentor P. Alquiros, MD
Chief of Clinics

Darius J. Sebastian, MD, MPH, PHSAE
Hospital Administrator, Ospital ng Paranaque

Approved by:

Jefferson R. Pagsisihan, MD, MHM
Hospital Director, Ospital ng Paranaque

Sample Menu of Stock foods for an Emergency Feeding for a Family of Six (6)

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Breakfast	Hot Milk <u>Biscuits</u>	Hot Choco Bijon with Sardines	Juice Biscuits	Macaroni Soup with Corned Beef	Juice Biscuits	Hot Milk Instant Canton	Hot Choco Biscuits
Lunch	Vienna Sausage Rice	Canned Pusit Rice	Corned beef with peas Rice	Luncheon Meat with Sweet corn Rice	Pork & Beans Rice	Dried Tuyo Rice	Luncheon meat with Mushroom Rice
Supper	Sardines Rice	Pork & Beans Rice	Canned Pusit Rice	Monggo with Daing Rice	Vienna Sausage Rice	Canned Pusit Rice	Corned Beef with Garbanzos Rice

SCHEDULE FOR POLICY REVIEW: This policy shall be reviewed when deemed necessary.