
 <b>OSPITAL NG PARANAQUE</b> 		Document Code: <b>OSPAR-ADS-NDS-025</b>
		Implementation Date: 2019
<b>ANCILLARY DIVISION HOSPITAL POLICIES AND PROCEDURES MANUAL APPROVAL MATRIX</b>		Page No. <b>1 of 2</b>
<b>Policy Title:</b> <b>NUTRITION AND DIETETICS SERVICE</b> <b>POLICY ON BLENDERIZED FEEDING</b>		Section / Department: <b>NUTRITION AND DIETETICS SERVICE</b>
<b>Prepared By:</b>  <b>Kara Angelica L. Benavente, RND, MPA</b> Chief Dietitian, Nutrition and Dietetics Service	<b>Reviewed By:</b>  <b>Redentor P. Alquiros, MD</b> Chief of Clinics  <b>Darius J. Sebastian, MD, MPH, PHSAE</b> Hospital Administrator, Ospital ng Parañaque	<b>Approved by:</b>  <b>Jefferson R. Pagsisihan, MD, MHM</b> Hospital Director, Ospital ng Parañaque

**CLASSIFICATION:** COMPREHENSIVE

**OBJECTIVES:**

This policy ensures nutritious and safe preparation of blenderized feeding for patients.

**COVERAGE:**



This policy covers this section and Nursing Services Division.

**POLICY:**

- Diet prescriptions from the Physician shall be reported in the diet census sheet with the following information:
  - Calories per day and caloric density
  - Type of formula
  - Frequency of feeding
- Blenderized Feeding shall be prepared two (2) times a day and delivered within the following schedule:
  - 6:00 - 7:00 am in the morning and 3:00- 4:00 pm in the afternoon.
- Each bottle of blenderized feeding shall have a label containing important information, such as the name of the patient, room and bed number, and diet prescription.
- The patients' information and diet prescription shall be written/label in receiving Form/logbook to be signed by Nurse on duty.
- This section shall be notified by the nurse on duty for any additional request for blenderized feeding or changes.

**SCHEDULE FOR POLICY REVIEW:** This policy shall be reviewed when deemed necessary.

6. Additional request for blenderized feeding shall be done immediately.
7. Unauthorized personnel are prohibited in the blenderized feeding preparation area while the preparation is ongoing.

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8. Blenderized feeding shall be pure NUTRITIONALS or MIXTURE of natural food at least 40% Natural and 60% Nutritionals.
9. Paper cups with LID shall be used as the container of Blenderized feeding.
10. RND on duty shall monitor the use of paper cups and LID.
11. Chief Dietitian, RND on duty and assigned dietary personnel shall make the blenderized feeding.
12. Blenderized Feeding Preparation Guidelines
  - A. Personnel must wear Hairnet, Apron and closed shoes before entering the preparation area.
  - B. Wash hands thoroughly before, after and when necessary.
  - C. Organize the food items, utensils and equipment to be used in the preparation
  - D. Clean the utensils and equipment
  - E. Pour a boiling water over the utensils to be used before using
  - F. Use plastic gloves if available; if not, use appropriate utensils for food items.
  - G. Place the weighed food items first and add remaining hot water up to the prescribed quantity of the tube feeding.
  - H. Pour the tube feeding into the clean bottle using a strainer and a funnel.
  - I. Seal the bottle with clean aluminum foil.
  - J. Attached the slip of paper containing patient's information.
  - K. Wash and clean the utensils, equipment and the preparation area after use.
  - L. Organize and store utensils and equipment properly.
  - M. After the delivery, person in charge shall collect empty blenderized feeding bottles.

**SCHEDULE FOR POLICY REVIEW:** This policy shall be reviewed when deemed necessary.