Passwords are no longer accepted on GitHub, so you may have to make a **personal access token**

Profile picture → Settings → Developer Settings → Personal access tokens → Tokens (classic) → Generate new token (classic)

Set your token expiration to "never" and apply it to everything in the list (this is bad but do it anyway)

SAVE YOUR TOKEN SOMEWHERE!

Use this token as if it were your password when prompted for your username and password during a push

To avoid having to retype your credentials each time, use the git credential helper command before your push:

>\$ git config credential.helper store >\$ git push <...whatever...>