Public Speaking - Foundational

The Foundational Learning Path is designed to provide you with the basic knowledge to become more confident in every day public speaking and help you learn new tricks such as storytelling, using comedy, and Zoom tips.

Curated by Jessica Pham



Progress

0% complete 0/11



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Welcome to Speakers Academy

Quick introduction from Toptal Community Program Manager Jessica Pham on what to expect from this program.

Link • 2min



Speakers Academy Workbook

Open the link and make a copy that you will be able to edit as you follow along in the program.

Link • Omin



Master Public Speaking to Become a Leader at Work. Speak Up!

Master your communication toolkit, learn to speak up, harness your mindset, and be taken seriously at work and in life.

û 21 of 23 items • 1hr 19min

1 of 3 9/4/2023, 10:47 PM



TED's secret to great public speaking

There's no single formula for a great talk, but there is a secret ingredient that all the best ones have in common. TED curator Chris Anderson shares this secret -- along with four ways to make it work for you. Do you have what it takes to share an idea worth spreading?

Link • 8min



Speak Like a Pro: Public Speaking for Professionals

Master presentation skills and impromptu speaking, conquer speech anxiety, and get your point across to any audience

û 35 of 36 items • 1hr 12min



Presentation Skills: The Complete Guide

Presentation, public speaking, influence, persuasion, communication, leadership, self-confidence

û 35 of 35 items • 1hr 42min



Your body language may shape who you are

(NOTE: Some of the findings presented in this talk have been referenced in an ongoing debate among social scientists about robustness and reproducibility. Read "Criticisms & updates" below for more details as well as Amy Cuddy's response.) Body language affects how others see us, but it may also change how we see ourselves. Social psychologist Amy Cuddy argues that "power posing" -- standing in a posture of confidence, even when we don't feel confident -- can boost feelings of confidence, and might have an impact on our chances for success.

Link • 20min



Confidence on Zoom: Tips and Tools to Look Like a Pro

Everything you need to be at ease with the technology + ready to speak and present yourself with authenticity on Zoom.

26 of 50 items • 1hr 40min

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Presentation Skills: Give More Powerful, Memorable Talks

Improve your public speaking skills by using proven branding techniques to make your presentations stand out and shine

û 26 of 26 items • 1hr 30min



Sign Up for a Toptal TopTalks Event (Optional)

TopTalks are a series of TED-style presentations in under 10-minutes, hosted over Zoom, showcasing a well-informed idea on any topic. Your talk could be a tech demo, an interesting take on a topic, an issue unknown to others, or even a project you are proud of. All public speaking levels are welcome. These events are only available to the Toptal Community and is a safe space for presenters to have a platform to test a new idea they have been working on, prepare for an external meetup or conference talk, or simply to practice your public speaking skills.

Link • Omin





A message from Community Program Manager Jessica Pham

Congratulations!! You're halfway through Speakers Academy!

Link • 1min

English

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