

Ending sentences to communicate clearly

(Section 5, Lecture 20)

When you raise the pitch at the end of your sentence and you are not asking a question you are speaking with an uplilt. In order to counteract this you need to end your sentences. As you're speaking it's important that your questions sound like questions and that your statements sound like statements, for your own clarity and the clarity of your audience.

There are many problems connected to the uplilt:

1. When a statement is asked as a question, it's really confusing to the audience.
2. An uplilt lessens our status as we are communicating that we question ourselves and do not consider ourselves an authority.
3. An uplilt can also be really distracting. People will focus on your uplilt as opposed to hear what you're trying to say.

Instructions

Practice reading Green Eggs and Ham out loud making sure to ask each question and make each statement. You can also practice letting your questions be questions and your statements be statements by reading part of an article out loud every morning. Pay attention to the punctuation and let your voice reflect where there's a question mark and where there's a period.

Homework

In order to counteract the uplilt decide before you speak whether you're making a statement or asking a question then speak accordingly. Notice how making a statement makes you feel. Notice the difference in how others listen to and hear you. When you hear yourself ask a question instead of make a statement, ask yourself why. What in the room is causing you to diffuse your power?