24-26m bake, 19h prep

 $\frac{1}{16}$ tsp instant yeast* 120g AP Flour

113g Water, Cool

*sub: 25g sourdough starter

DOUGH:

 $1\frac{1}{2}$ tsp yeast 225g Water, lukewarm

All the Starter

12g Salt

420g AP Flour

Mix all of the **STARTER** ingredients.

Cover and Rest at Room Temp, 14h.

Dough

Mix everything together into soft, smooth dough:

Stand Mixer: 4 min, med-low speed.

In lightly greased bowl, Cover and Rest: 45m. Gently deflate, fold edges to center, turn over and return to bowl.

Cover and Rest: 45m. Turn out to lightly greased surface.

Deflate, divide to thirds, round each.

Cover and Rest: 15-60m.

Flatten and elongate each piece:

Fold almost in half, press seam w/ palm, rotate 180°, repeat 4x.

Seam down, cup fingers and roll into 16" logs. Taper each end to point. Place seam down in couche folds. Let Rise 45m.

Preheat Oven to **450F** with a cast iron pan, and boil $1\frac{1}{2}$ cup Water. Slice with Lame at 45° angle, 3-5 times.

Bake on stone or sheet, 24-28m. Add water to cast iron at start.

Remove and cool, or turn off oven and crack till cool.