# 1.1 Introduction to regression analysis

### What is regression analysis?

**Regression Analysis** investigates the functional relationship between statistical variables. Data are usually **multiple observations of a random vector**  $(Y, \mathbf{x})$ .

- $\mathbf{x} = (X_1, \dots, X_p)^{\top}$  is a p-vector of variables termed: *explanatory variables*, regressors, predictors, input variables or *independent variables*.
- Y is called: response variable, target variable, output variable, outcome variable or dependent variable. It may be continuous ( $\in \mathbb{R}$ ), discrete ( $\in \{1, \ldots, K\}$ ) or ordinal (ordered discrete).

Response variables are usually treated as **random variables**, while predictors are treated as **fixed observations**.

## Response and explanatory variables

Response and explanatory variables are measures on one of the following scales:

- **nominal:** when Y is classified into categories, which can be only two (*binary outcome*) or several (*multinomial outcome*)
- **ordinal:** when Y is recorded in classes
- **continuous:** when Y is measured on a continuous scale, at least in theory.

Nominal and ordinal data are discrete variables and can be *qualitative* or *quantitative* (e.g. **counts**). Continuous data are *quantitative*.

 $\mathbf{x}$  can also be quantitative or qualitative. In particular, when the explanatory variable is qualitative, it is often called *factor*. A quantitative explanatory variables is called *covariate*.

Response	Explanatory	Method
Continuous	Binary	t-test
Continuous	Nominal, $> 2$ categories	ANOVA
	Ordinal	ANOVA
	Continuous	Multiple regression
Binary	Categorical	Contingency tables
	Continuous	Logistic or probit regression
Nominal, > 2 categories	Nominal	Contingency tables
	Categorical & Continuous	Nominal logistic regression
Ordinal	Categorical & Continuous	Ordinal logistic regression
Counts	Categorical	Log-linear models
	Categorical & Continuous	Poisson regression

## Regression

We aim to find a "good" functional relationship of the form  $Y=f(\mathbf{x})+\varepsilon$ , where  $\varepsilon$  is a random error term independent of  $\mathbf{x}$  with mean zero.

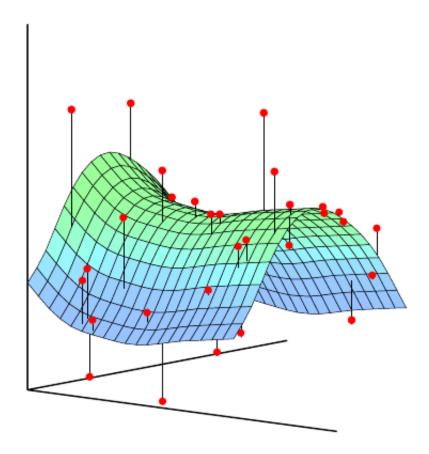


Figure 1.1.1: Regression of Y (vertical, continuous) on  $\left(X_{1},X_{2}\right)$  (horizontal).

## "Applied" regression analysis

**Applied** means: "If there is no way to calculate it, we won't talk about it."

On the other hand, we want to understand the underlying computational methods and algorithms. This will be impossible without understanding the theory.

"There is nothing more practical than a good theory."

— Kurt Lewin

### General framework of statistical learning

**Statistical learning** refers to a vast set of tools for understanding data. It splits into *supervised* and *unsupervised* methods. All the methods presented in this course are within the framework of supervised learning.

**Regression** fits into the framework of *supervised methods*, which requires a statistical model for predicting or estimating an output based on one or more inputs.

In contrast, *unsupervised methods* cover situations where there are inputs but no supervising output. In these type of analysis we learn about relationships and structure of data. Example of unsupervised analysis is **cluster analysis**.

### Knowledge assumed

You need to have a fairly good understanding of linear algebra:

- · vector spaces,
- linear independence,
- matrix multiplication,
- diagonalisation,
- projections,
- ...

#### Need to know multivariate calculus:

- partial derivatives,
- critical points,
- integrals,
- ...

It's also good to have some previous exposure to **computational software** (R):

- data types,
- · manipulation of arrays,
- some idea of optimisation,
- ...

#### And finally, you need to know some **probability theory and statistics**:

- important distributions (normal, Poisson, ...),
- · conditional probability,
- conditional expectation,
- covariance matrix,
- asymptotic normality of maximum likelihood estimators,
- ...