How to use Cricut



And make T-Shirts



Youth Leadership Institute



Table of Contents



| What is Cricut? | - | - | - | - | - | - | - | - | - | - | - | - | - | Slide 3 |
|----------------------|-------|--------|-------|-------|--------|-------|------|---|---|---|---|---|---|----------|
| This Tutorial will h | nelp | you | Des | ign a | a T-S | hirt | - | - | - | - | - | - | - | Slide 4 |
| Getting Situated | - | - | - | - | - | - | - | - | - | - | - | - | - | Slide 5 |
| 1st Method – Crea | ating | g yo | ur De | esigr | n in C | Canv | as | - | - | - | - | - | - | Slide 6 |
| 2nd Method – Inc | orpo | oratii | ng O | utsic | de Me | edia | - | - | - | - | - | - | - | Slide 7 |
| 3rd Method – Usii | ng F | rem | ade | Cric | ut De | esigr | าร - | - | - | - | - | - | - | Slide 8 |
| Printing the Desig | ın | - | - | - | - | - | - | - | - | - | - | - | - | Slide 9 |
| Pressing the Desi | gn | - | - | - | - | - | - | - | - | - | - | - | - | Slide 10 |
| Pressing the Desi | gn d | cont. | . – | - | - | - | - | - | - | - | - | - | - | Slide 11 |

What is Cricut?



Cricut is a brand of cutting machines for homecraft, DIY, and designing.

It is able to cut, draw, score, and engrave paper, felt, vinyl, leather, and wood.

This tutorial will use:

- Cricut Explore 3
- EasyPress 2, EasyPress Mat, Fine Point Blade
- 2 colors of Smart Iron-On vinyl material.
- A safety knife

This Tutorial will Help you Design a T-Shirt





Getting Situated



- 1. Gather your equipment:
 - a. Cricut Explore 3, EasyPress 2, press mat, and safety knife.
- 2. Gather your materials:
 - a. Smart Iron-On Vinyl sheets, and t-shirts
- 3. Open your web browser.
- Download Cricut Design Space at https://design.cricut.com/
- 5. Search for your Cricut machine(s) (Cricut Explore 3 and Easy Press 2).
- 6. Select your machine and begin a download of the Design Space platform.
- 7. Open the Cricut Design Space.
- Open Canvas.
 - a. A blank page with grids should open.









1st Method – Creating your Design in Canvas



- Click on the "Text" tab from the vertical menu on the left.
- Type 2 separate lines: "Youth Leadership Institute" and "Use Your Voice"
- 3. Change the font if necessary.
- 4. Resize the 1st block of text to be 15cm wide.
- 5. Resize the 2nd block of text to be slightly smaller.
- 6. Position the 2 blocks of text strategically.
 - a. If applicable, select both of them and click "Weld" on the bottom right of the screen.

(15 cm) (9cm)

[Youth Leadership Institute] + [Use Your Voice]

2nd Method – Incorporating Outside Media



- Click on the "Upload" tab from the vertical menu on the left.
- 2. Click on "Upload an Image"
- 3. Select a .png of the yli icon.
- 4. Select Simple, Moderately Complex, or Complex
 - a. If you are unsure which one, choose complex
- 5. Remove the image's background if needed or applicable.
- 6. Resize the image as needed per centimeter.



3rd Method – Using Premade Cricut Designs



- 1. Click on the "Images" tab from the vertical menu on the left.
- 2. Utilize the search bar or filters to find a design that speaks to you.
- 3. Select an image to place onto your grid.
 - a. Simple shapes and designs are sometimes easier to find than to make from scratch.
- 4. Click and drag the bottom right corner of the image to resize it.
 - a. Size the image to fit your needs, 10cm should be suitable.
- 5. Repeat this process if additional designs are desired.

Printing the Design



- 1. Press "Make It" on the top right of the screen.
- 2. Select "Without Mat" or "On Mat"
- 3. Review your image, before it gets printed, and mirror the image if needed.
 - a. Mirroring is important because you don't want text to be backwards!
- 4. Select your Base Material: Smart Iron-On
 - a. Pressure can be set at Default
- 5. Load the Fine-Point Blade into clamp B if necessary.
- 6. Load materials and press the "Load/Unload" button



- 7. Press "Go" on the Cricut Machine
- 8. Cut off the extra vinyl material once the machine has finished printing.

Pressing the Design onto a T-Shirt



- 1. Remove the opaque vinyl layer from the transparent designed layer.
- 2. Set the EasyPress aside, set the temperature to 145°C and timer to 30 sec.
 - a. The EasyPress will beep once the temperature is ready.
- 3. Use the heated press to smoothen out the shirt before moving forward.
- 4. Set the transparent piece of vinyl, with the design facing down, onto the shirt.
- 5. Set the EasyPress onto the design.
- 6. Start the 30 second timer by pressing the Cricut button.



- a. The EasyPress will beep once the timer has finished.
- 7. Flip the shirt onto its other side
- 8. Continue on next slide.

Pressing the Design onto a T-Shirt cont.



- 9. Place the EasyPress onto the flipped side of the shirt.
- 10. Decrease the timer to 15 sec.



- 12. Remove the EasyPress and flip the shirt back to its design side.
- 13. Peel off the transparent film, leaving the design on the fabric.
- 14. Repeat this process with other designs.
- 15. You have successfully pressed a design onto a t-shirt using Cricut!