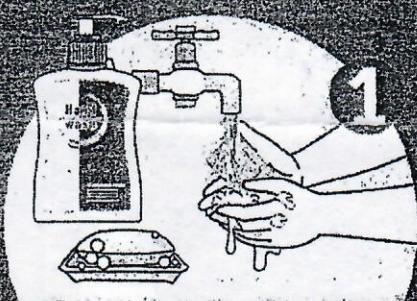




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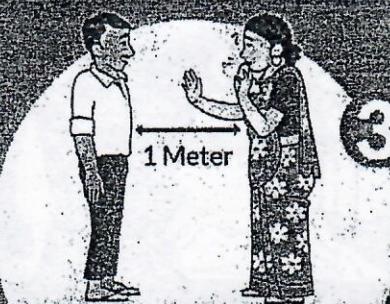
Reduce the risk of Coronavirus infection Follow these important precautions



Wash hands with soap and water frequently



When coughing and sneezing, cover mouth and nose with handkerchief, tissue or elbow



Avoid close contact with anyone with cold, cough or flu like symptoms



If you have cough, fever or difficulty in breathing, contact a doctor immediately

Stay protected!

Stay safe from
Coronavirus!

If you have returned from Wuhan, China, in January 2020, then get yourself tested for COVID-19. To know about the centres for testing, call the Ministry of Health and Family Welfare Helpline.

If you have returned from China to the last 15 days or have been in contact with any person infected by coronavirus, then limit your contact with others and use a separate room for sleeping.

If you develop fever, cough and difficulty in breathing within 14 days of return from China, immediately call the Ministry of Health and Family Welfare Helpline.



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or email at ncov2019@gmail.com



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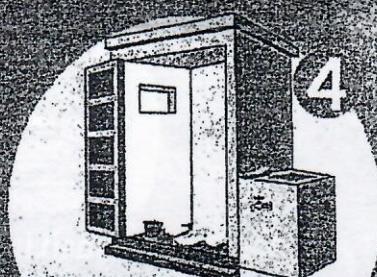
Reduce the risk of Coronavirus infection Follow these important precautions



After coughing and sneezing



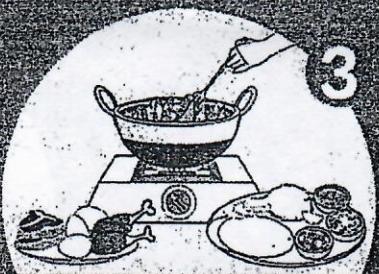
Remember
to wash
hands
with soap
frequently



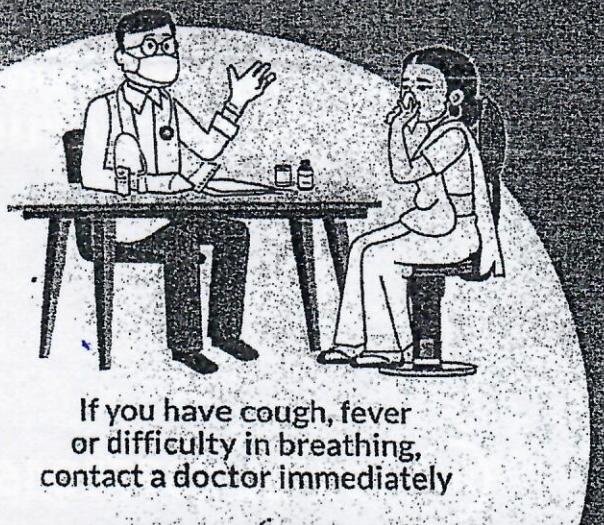
After using toilet



Clean your hands before and
after caring for sick person



Before cooking, after cooking
and before eating food



If you have cough, fever
or difficulty in breathing,
contact a doctor immediately

Stay
protected!

Stay safe from
Coronavirus!

If you have returned
from Wuhan, China after
January 15, then get
yourself tested for
2019-nCoV. To know
about the centres for
testing, call the Ministry
of Health and Family
Welfare Helpline.

If you have returned
from China in the last
15 days or have been in
contact with any person
affected by COVID-19,
then limit your contact
with others and use a
separate room for
sleeping.

If you develop fever,
cough and difficulty
in breathing within
28 days of return
from China,
immediately call the
Ministry of Health
and Family Welfare
Helpline.



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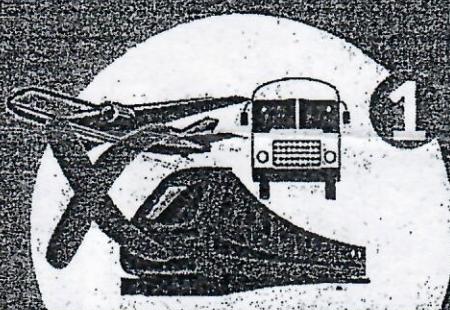
or email at ncov2019@gmail.com



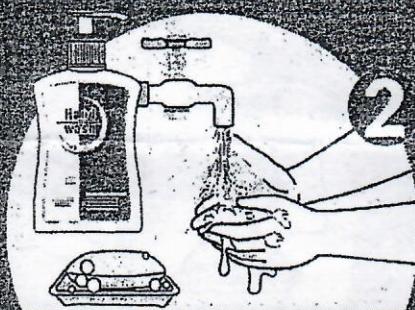
Ministry of Health & Family Welfare
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(S)

Reduce the risk of Coronavirus infection Follow these important precautions



Avoid travel if you are suffering from fever and cough



Wash your hands frequently with soap and water



Share your travel history with your health worker (ASHA/ ANM)



If you have cough, fever or difficulty in breathing, contact a doctor immediately

Stay protected!

Stay safe from
Coronavirus!

If you have never returned from Wuhan, China after January 15, then get yourself tested for 2019-nCoV. To know about the centres for testing, call the Ministry of Health and Family Welfare Helpline:

If you have returned from China in the last 14 days or have been in contact with any person affected by coronavirus from China, then limit your contact with others and use a separate room for sleeping. If you develop fever, cough and difficulty in breathing within 14 days of return, immediately call the Ministry of Health and Family Welfare Helpline:



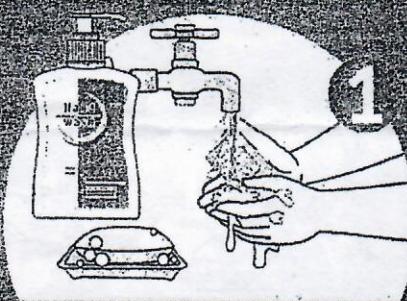
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or email at ncov2019@gmfji.gov.in



स्वास्थ्य एवं परिवार कल्याण मंत्रालय
भारत सरकार

कोरोना वायरस संब्रहण का खतरा घटाएं ये सरल उपाय अपनाएं



नियमित रूप से साबुन
और पानी से हाथ धोएं



खौसते या छोकते समय नाक
और मुँह टिशू या कोहनी से ढकें



जिस व्यक्ति में खौसी, जुकाम या
बुखार के लक्षण हों उससे दूरी बनाएं



अगर खौसी, बुखार या साँस
लेने में परेशानी हो तो तुरंत
डॉक्टर से संपर्क करें

सुरक्षित
रहें!

कोरोना वायरस
से बचे रहें!

यदि आपने पिछले 15 दिनों में
बाहर चढ़ाना चाहा तो जल्दी से
मायका नाप लें। 2019-nCoV
को निवारित करने के लिए इसका
उपयोग बहुत बढ़ा गया है।
जल्दी से नाप लेने का लक्ष्य यह
कि विदेशी वायरस को भारतीय
परिवार लक्ष्यांकित करना है।
जल्दी से नाप लेने का लक्ष्य यह
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परिवार लक्ष्यांकित करना है।



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आईपीले को 110/2019/प्रतिवाद