

SEGAMAYA:

Seguridad Alimentaria Mam y Achí



SEGAMAYA was implemented by CRS, in coordination with local partners, Caritas San Marcos and Caritas Baja Verapaz, from 2007-2012. Both geographic areas have chronic malnutrition rates higher than the 49.8% national average.

SEGAMAYA improved food security for 12,000 vulnerable rural families through improved agricultural productivity, sustainable use of natural resources, diversified livelihoods, and improved health and nutritional interventions for pregnant women and children under 36 months.

Achievements over Five Year Project Period:

1. A 12.7 percentage point reduction in chronic malnutrition among children 6-59 months of age
2. A 20.4% increase in exclusive breastfeeding behavior in the first 6 months
3. Dietary diversity increased; the average family consumed an additional 1.3 food groups

Project Area:

Baja Verapaz

- Majority Achí population
- 50% of the population with very high or high vulnerability to food insecurity

San Marcos

- Majority Mam population
- 61% of the population with very high or high vulnerability to food insecurity

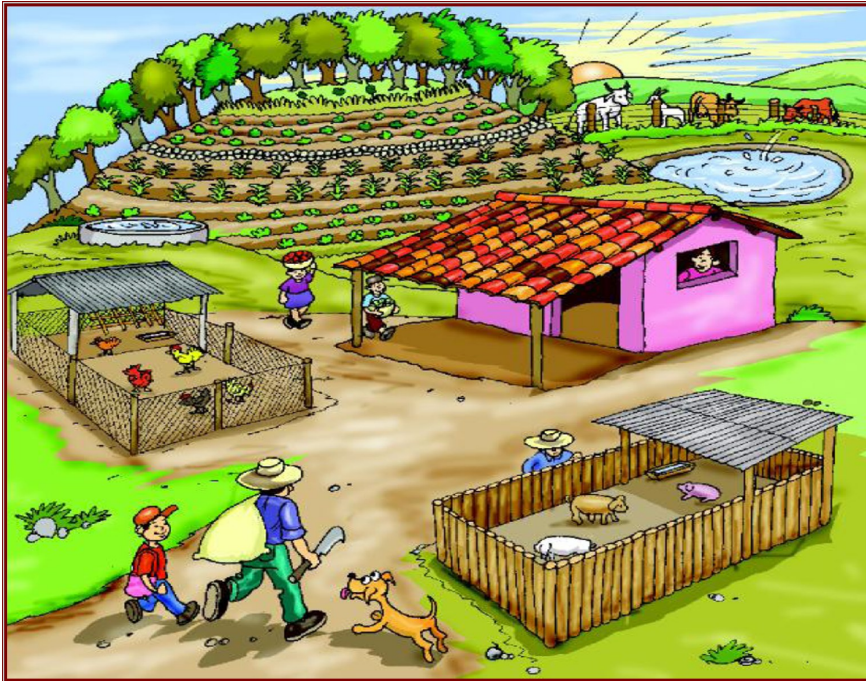
Lessons Learned:

- ◇ Improve guidelines and methodologies for complementary feeding
- ◇ Increase focus on mothers during pregnancy (inclusion of TBAs)
- ◇ Improve coordination with government agencies like SESAN and MAGA
- ◇ Integration of all project activities and inter-disciplinary project team



SEGAMIL:

Seguridad Alimentaria Enfocada en los Primeros 1,000 Días de Vida



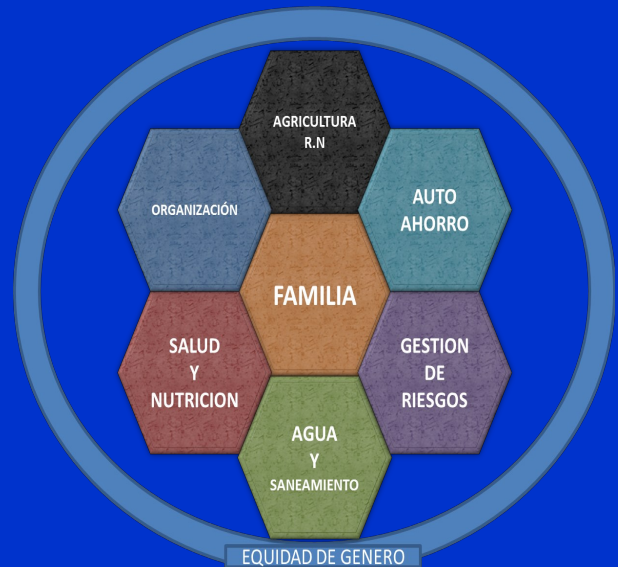
Project Basics

- ◇ Fully integrated food security project to be implemented in 4 municipalities in Totonicapán and 4 in San Marcos
- ◇ 10,500 beneficiary families served by project activities each year
- ◇ 2 key local partners (Caritas San Marcos and ADIPO) with over 60 years experience combined working in the Western Highlands.
- ◇ 3rd Title II food security project administered by CRS/GT over the past decade

Integrated Training Strategy: Food Security Field Schools (ECAs)

The food security field schools set up in each community will welcome participating families to attend 14 monthly training sessions. Sessions will be facilitated by an integrated team of agricultural/natural resources and health/nutrition community volunteers for a fully blended learning experience with a focus on joint-decision making in the home.

Field schools will use hands-on learning and highlight the links between each sector to encourage families' understanding of how agriculture, water and sanitation, natural resource management, and the layout of the home plot ultimately affect the health and nutrition of the family, community, and micro-watershed ecosystem.



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