

UserName
Survey

Listed Exercises:

Exercise 1. Description

Exercise completed?

Difficulty 1-5?

Comfort 1-5?

Length 1-3?

Exercise 2. Description

Exercise completed?

Difficulty 1-5?

Comfort 1-5?

Length 1-3?

Exercise 3. Description

Exercise completed?

Difficulty 1-5?

Comfort 1-5?

Length 1-3?

Adjust Weights