

Q1 Question and criteria clear  
 Q2 Protocol mentioned  
 Q3 Study type selection explained  
 Q4 Comprehensive literature search performed  
 Q5 Data extraction done in duplicate  
 Q6 Excluded studies listed with justifications  
 Q7 Included studies described in detail  
 Q8 Risk of bias assessed  
 Q9 Study funding and conflict of interest extracted  
 Q10 Appropriate meta analysis methods  
 Q11 Included risk of bias in meta analysis  
 Q12 Observed heterogeneity discussed  
 Q13 Publication bias quantified  
 Q14 Review funding and conflict of interest disclosed

1																
2																
3																
4																
5																
6																
7																
8																