

Milestone 3

Anisha Gondes, Mikayla Lamping, Michaela Suski

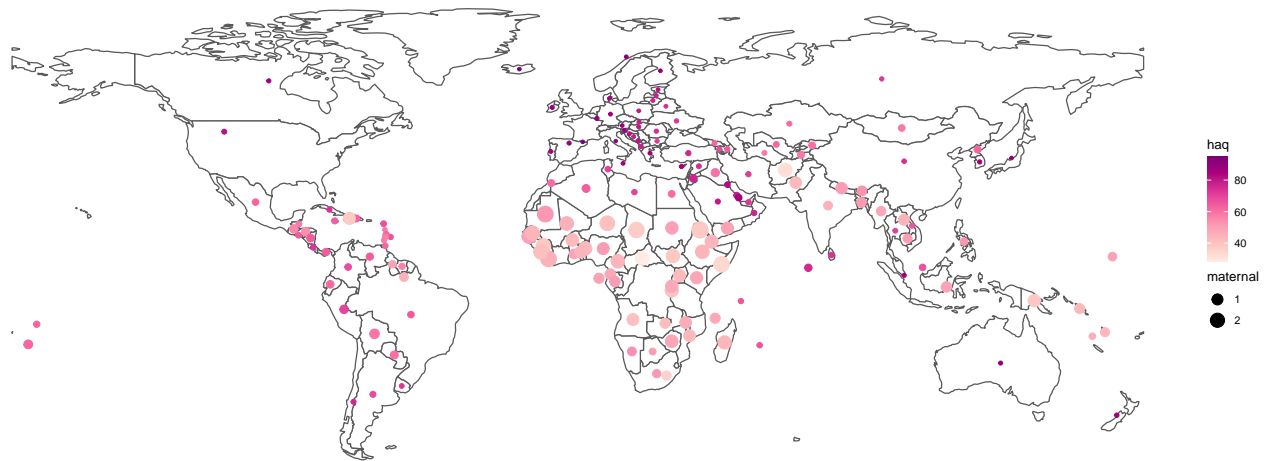
4/10/2022

What Influences the Decision to Have or Not Have Children?

There are many reasons why women all over the world choose not to become pregnant and have children. Across different geographies, populations, and cultures, these reasons may be financial, social, physical or otherwise. This report aims to help visualize the reasons why women may not want to have children or become pregnant.

A Global Context

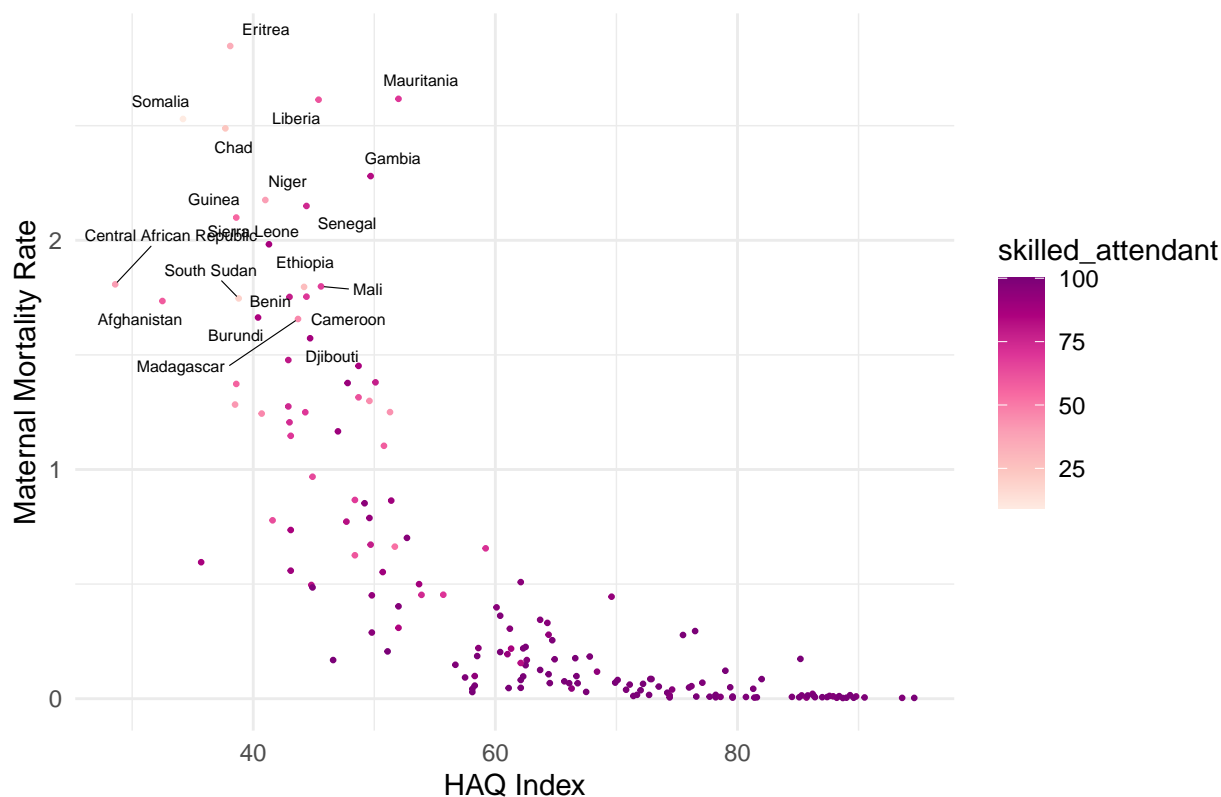
Though maternal health outcomes are improving by the day, huge disparity still exists in different areas of the world. Lower- and middle-income countries do not have the same access to quality healthcare facilities or medical professionals as upper-income countries. Maternal mortality is closely linked to these factors, as demonstrated in the following plots.



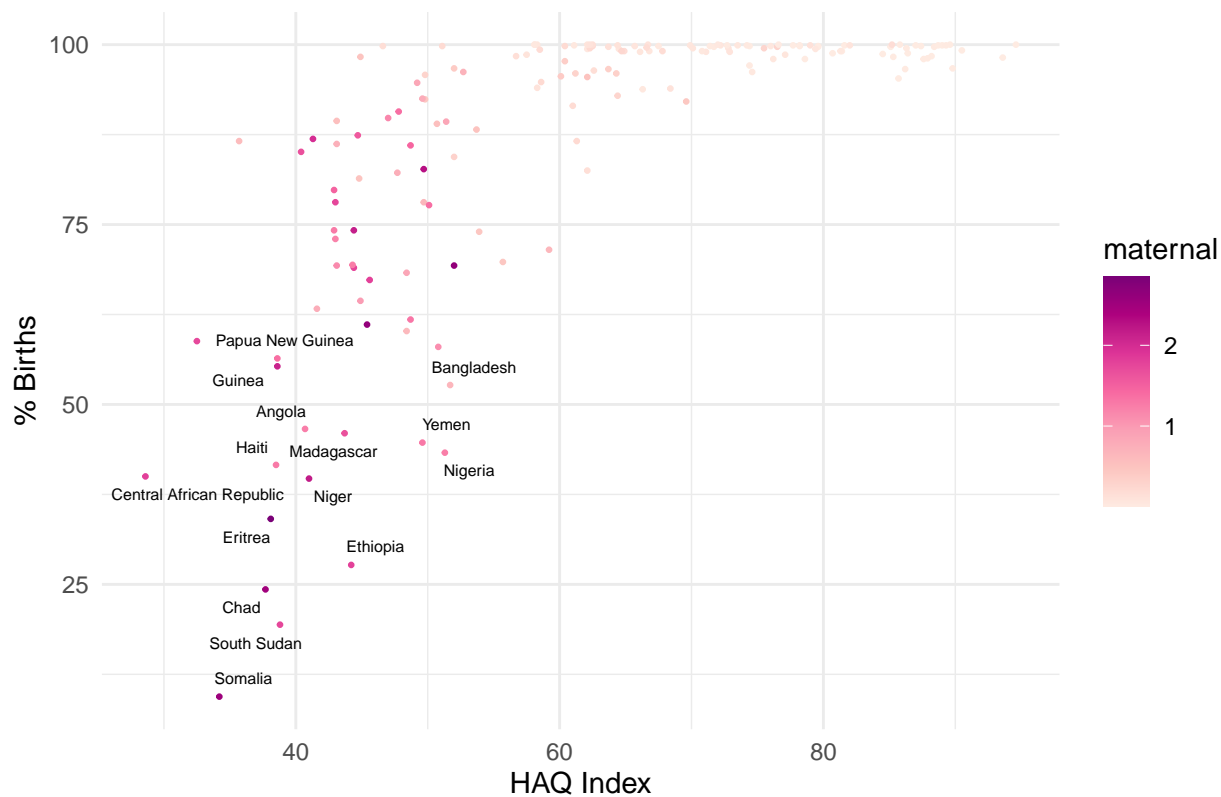
The world map shows how countries with lower Healthcare Access and Quality (HAQ) Indexes (represented by a lighter pink) are largely also associated with higher maternal mortality rates (represented by larger circles). The largest circles are also the lightest pinks, whereas the dark pink circles are much less perceptible.

The relationship between HAQ Index and Maternal Mortality Rate is also shown in the following scatterplot. Additionally, the relationship between HAQ Index and Birth Attendant Skill is also explored. Birth Attendant Skill refers to the percentage of births that were attended by skilled medical professionals.

Maternal Mortality Rate vs. Heathcare Access and Quality Index



% Births with Skilled Personnel vs. Heathcare Access and Quality Index

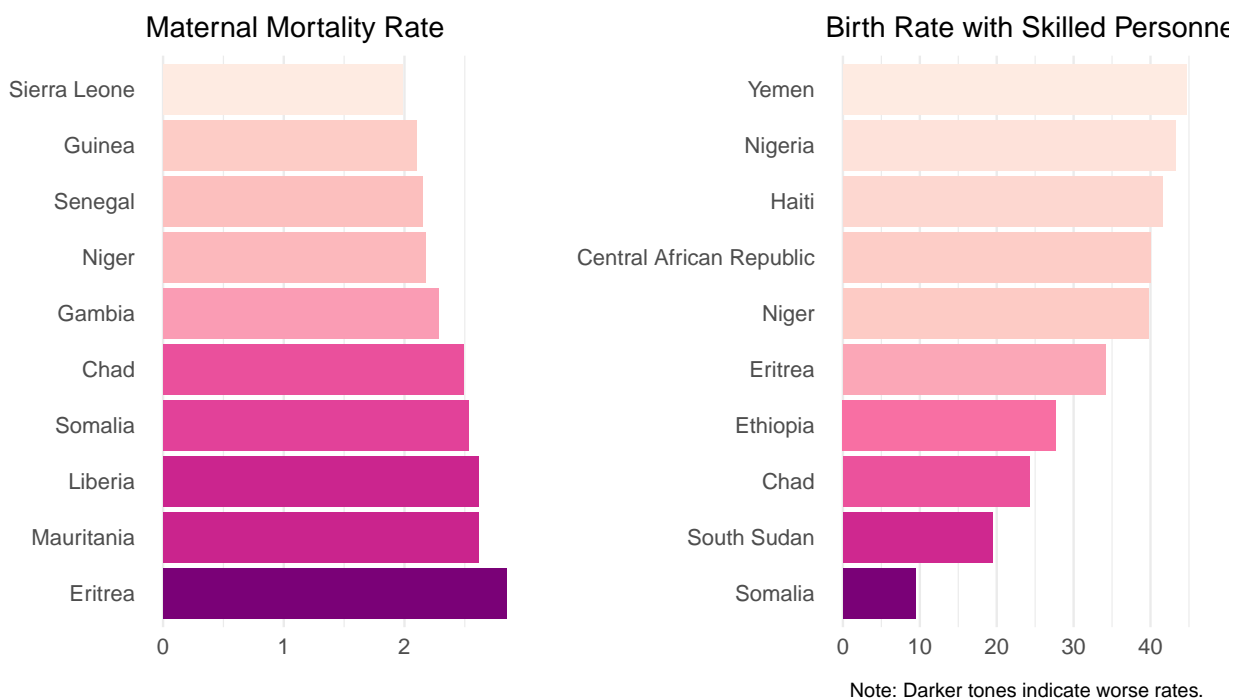


Both plots show how lower quality healthcare and limited access to it is related to both factors influencing birth outcomes (% skilled attendants) as well as the outcomes themselves (maternal mortality).

These factors and outcomes are oftentimes geographically linked. The following barplots show how countries from similar regions, like Western Africa (Chad, Gambia, Nigeria, Senegal), are affected by a low number of births attended by skilled personnel as well as high mortality rates.

Maternal Mortality and Birth Attendant Skill

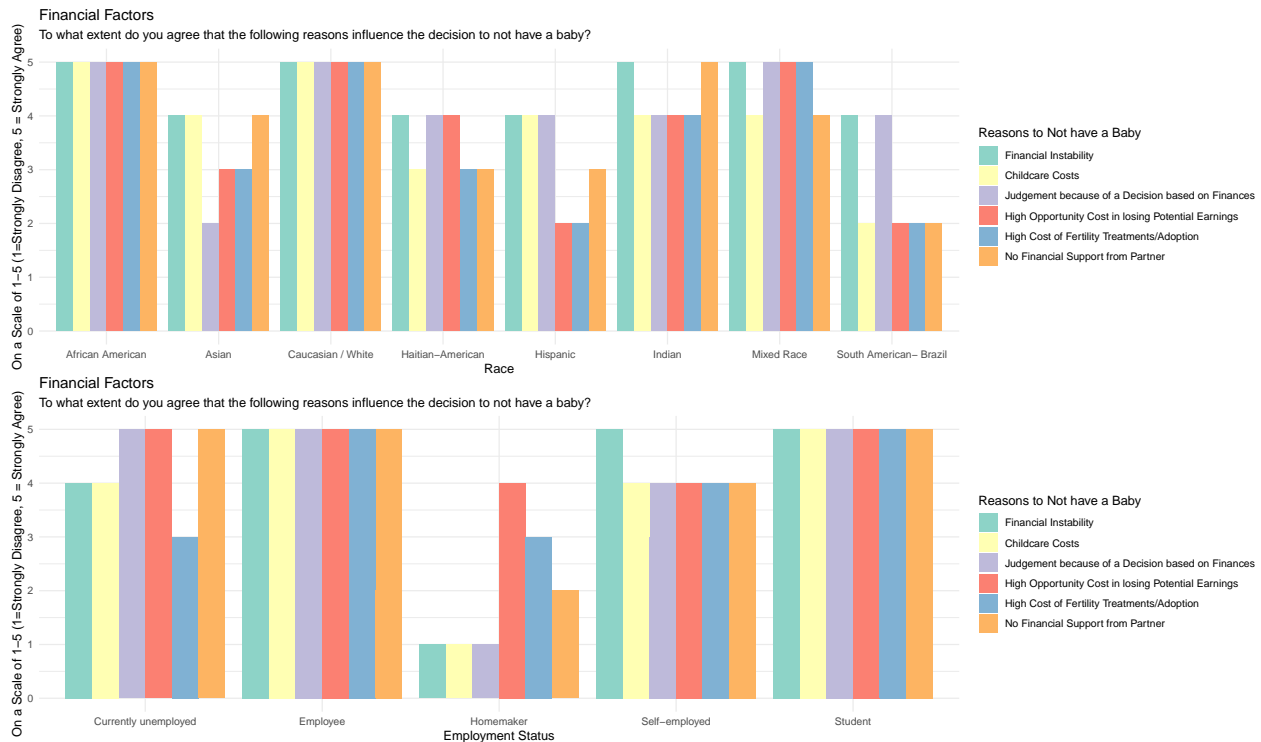
The countries with the highest maternal mortality and lowest skilled attendant rates, respectively.



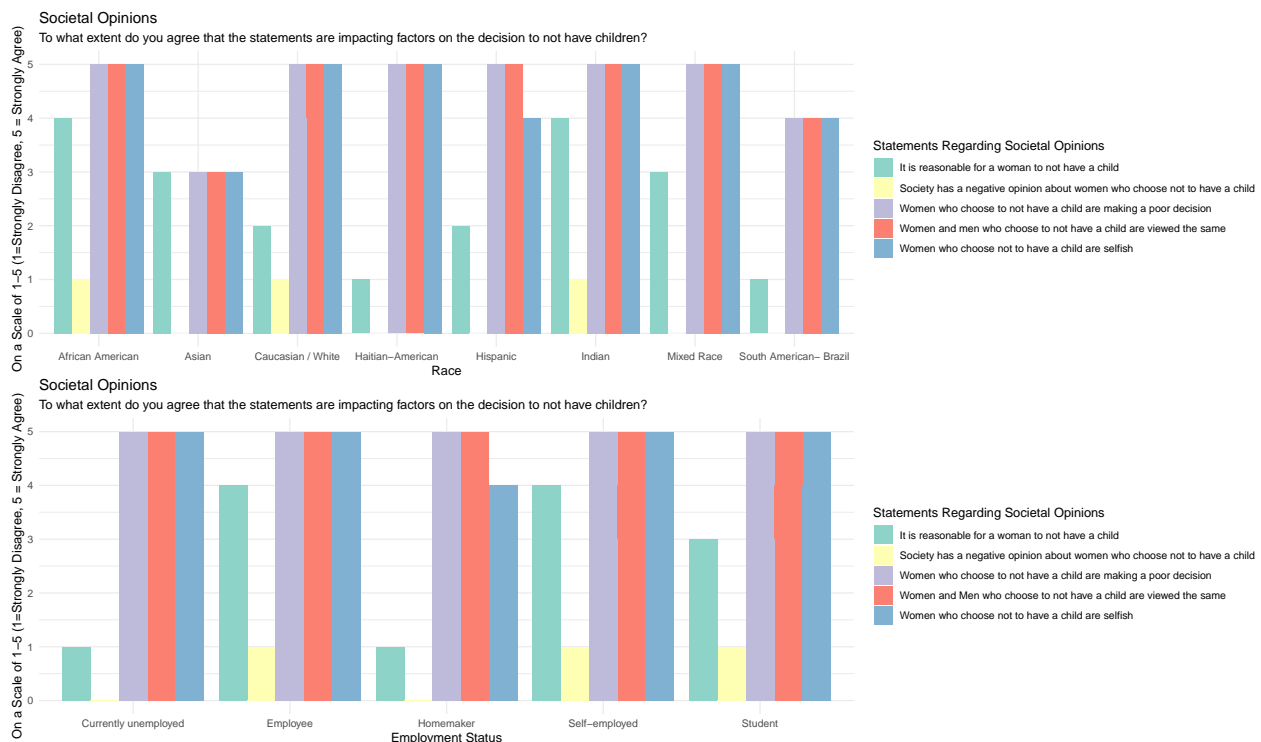
Social Attitudes Towards not Having Children

The Survey Data

The following graphs visualize data from surveys taken in an attempt to track societal attitudes towards having children. The survey data included demographic information about the respondents as well as the extent to which they agreed to various statements regarding societal attitudes towards having children. We split the questions up by the category of questions-Financial Factors, Societal Opinions, Outside Influences, and Health Factors. We also visualized the survey answers by distinguishing between both Race and Employment Status. A few things to note about these survey results is that the survey respondents are all women, between the ages of 17 and 63. They are all from New Jersey and there are a mix of women who are single and/or married as well as women with or without children. This indicates that there is a good mix of representation from a lot of different groups of women in these survey results.

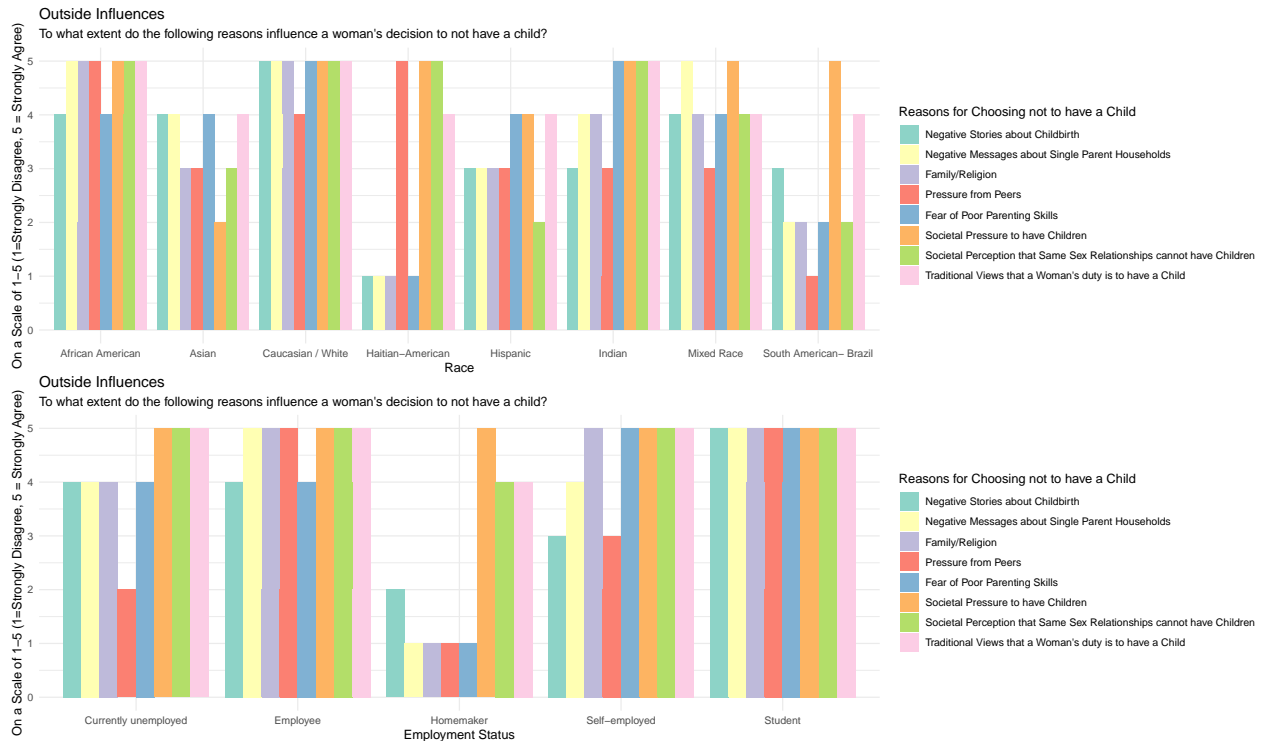


From this first set of graphs, we can see that women who are African American and Caucasian/White most strongly believe that not being in a strong and/or stable financial situation is a large influence on whether women decide to have a child. We can also see that women who are employed or are students most strongly believe that not being in a strong and/or stable financial situation influences a woman's decision to not have a child.

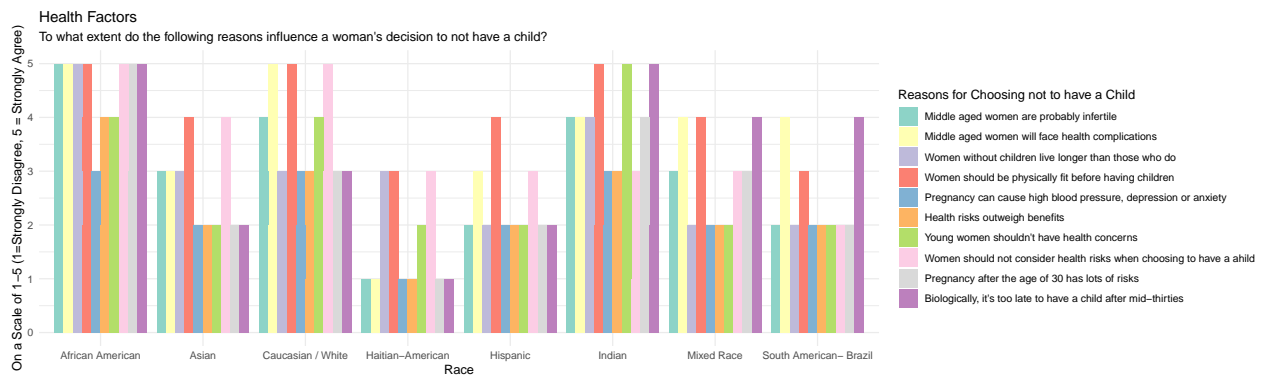


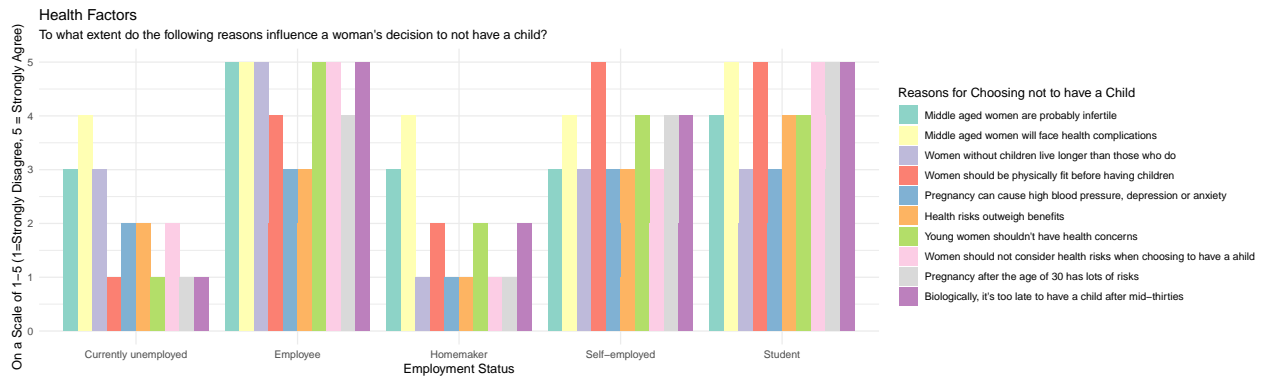
From this set of graphs, we can see that majority of people believe that society's opinion that woman should

have children and the differences in the way women and men are perceived when choosing not to have a child plays a large role in an individual's decision to not have a child. On the contrary, whether or not it is reasonable to have a child and society's negative opinions on women who choose to have a child are both seen as statements that do not have a large impact on an individual's choice to have a child.



Two interesting observations from these graphs regarding outside influences such as family, religion, past stories and societal pressures are that Indians believe that social perceptions and traditions play a large role in an individual's decision to not have a child and that students believe that all mentioned outside influences play a large role in an individual's decision to not have a child.





From these graphs, we can see that the groups that believe that health risk factors play a large role in the decision to not have a child are African Americans, students, and those who are employed.

Overall, there are a few notable observations and conclusions that can be made from these visualizations. The first is that African Americans and Caucasians/White populations as well as students and those who are employed believe that financial factors have a large influence on an individual's decision to not have a child. This makes sense since African Americans and Caucasians/White populations make a large part of the US population and for students who are possible in debt or those who are employed and making an average salary, finances are a large factor in deciding whether or not to have children. Another interesting observation was that all groups felt that societal opinions played a large role in people's decisions to have a child. These opinions included the traditional view that it is a woman's duty to have a child and the differences in perceptions between males and females when it comes to choosing not to have a child. When looking at outside influences, I found that Indians find that outside influences like societal pressure and traditions play a large role in decision making with having a child. This was notable since the Indian culture is known to typically follow tradition quite a bit as well as focus a lot on opinions of others. Another observation was that students also believed that these outside influences play a large role in decision making when it comes to having a child. This is also a good example of the differences in caring about opinions between younger people and older people. Finally, with health risks, students and those who are employed felt that health risks are a large influence. This makes sense since students are young and care about living a long, healthy life and those who are employed have to focus on health insurance through their employers. Another observation regarding health risks is that African Americans most strongly believe that health risks influence an individual's decision to have a child. This was something that was also expected since historically, African Americans are treated differently than people of other races in hospitals and typically face more health complications due to the health care system's negligence of care for African Americans.

The overarching conclusion made from these visualizations and observations is that there are so many societal factors that play a role in a person's decision on whether or not they should have a child and it is important to consider these factors when analyzing pregnancies and births.

Health Risks Associated with Pregnancy

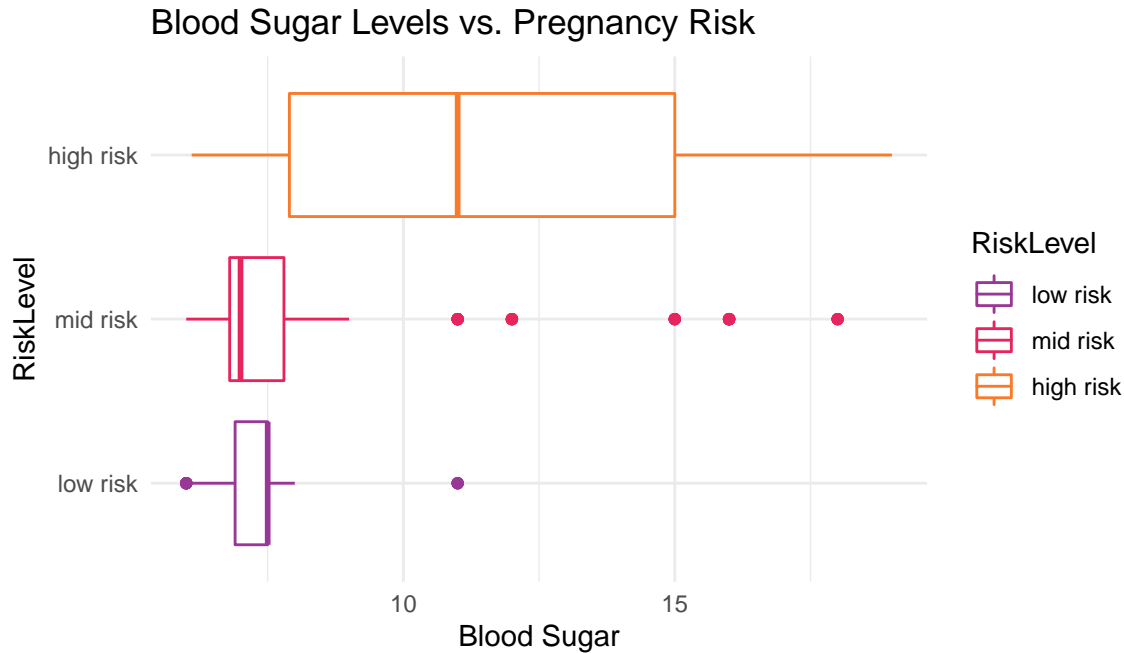
We examine how each factor is correlated in the matrix below.

##	Age	SystolicBP	DiastolicBP	BS	BodyTemp
## Age	1.00000000	0.41729214	0.3982341	0.4732994	-0.25663966
## SystolicBP	0.41729214	1.00000000	0.7871984	0.4254390	-0.28636626
## DiastolicBP	0.39823412	0.78719835	1.00000000	0.4238029	-0.25770201
## BS	0.47329943	0.42543897	0.4238029	1.00000000	-0.10376457
## BodyTemp	-0.25663966	-0.28636626	-0.2577020	-0.1037646	1.00000000
## HeartRate	0.06772672	-0.01832823	-0.0515417	0.1493514	0.09774947
## RiskLevel	0.26561788	0.39776788	0.3468261	0.5700965	0.16317726
##	HeartRate	RiskLevel			
## Age	0.06772672	0.2656179			

```
## SystolicBP -0.01832823 0.3977679
## DiastolicBP -0.05154170 0.3468261
## BS 0.14935140 0.5700965
## BodyTemp 0.09774947 0.1631773
## HeartRate 1.00000000 0.1903341
## RiskLevel 0.19033410 1.0000000
```

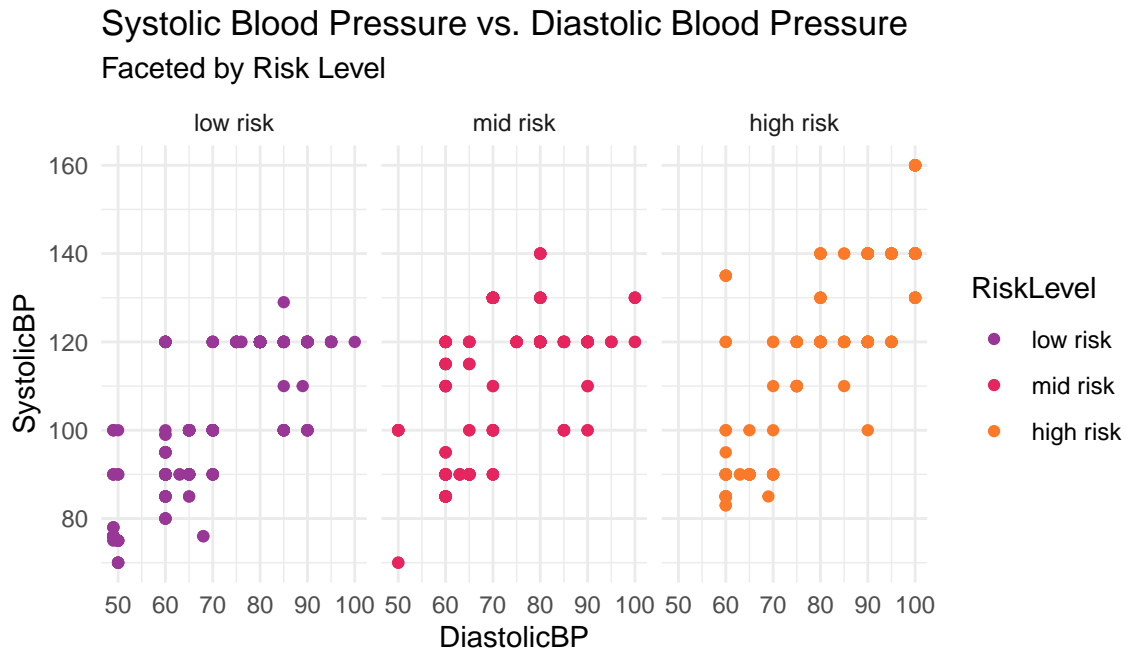
Since we are exploring what may influence maternal risk levels, we choose the three factors with the strongest relationships with risk as indicated by the correlation matrix: blood sugar, systolic and diastolic blood pressure, and age. We explore each of these relationships below.

To examine blood sugar values associated with the three levels of risk, we create a box plot.



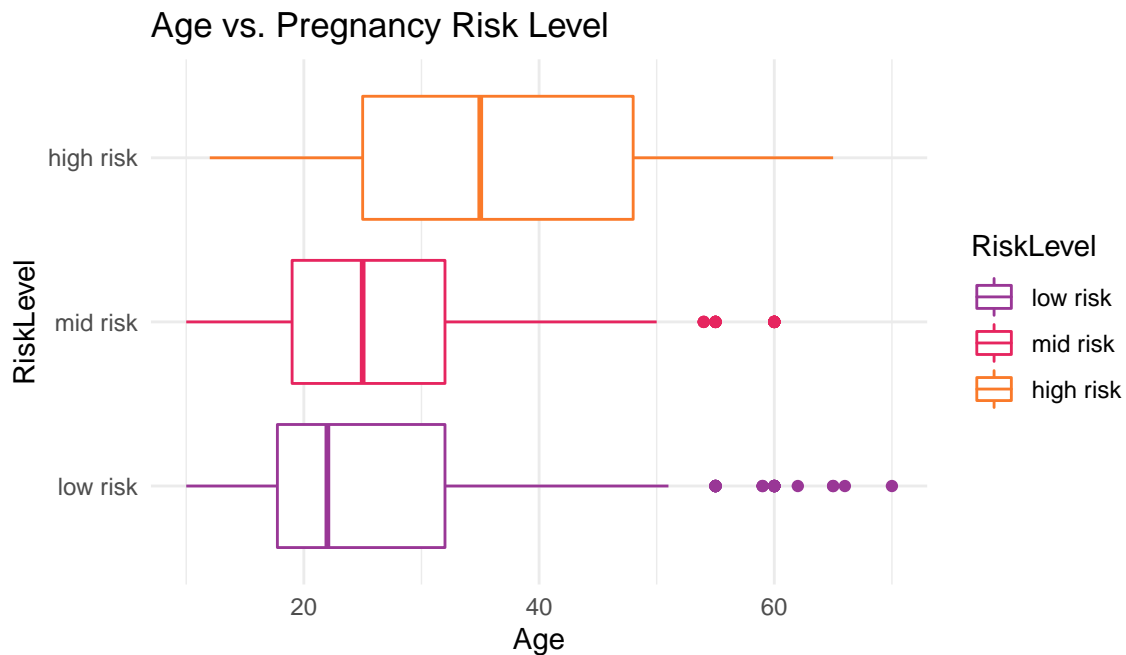
It is clear that higher blood sugar levels are correlated with higher pregnancy risk levels, as the high risk box plot has a much larger average and variance. This does not necessarily indicate cause, but does confirm the relatively large correlation value between blood sugar and risk level (0.47329943) seen in the correlation matrix.

Next, we examine blood pressure (both Systolic and Diastolic) and risk.



It is again clear that high values of these indicators correlates with increased pregnancy risk, though this correlation appears to be slightly weaker than blood sugar. This also confirms the direct relationship between Systolic and Diastolic blood pressure levels predicted in the correlation matrix (0.78719835).

Finally, we examine age.



Age appears to be directly correlated with risk level. This is expected, as it is commonly assumed that older mothers are likely to have riskier pregnancies. There are some major outliers, however, that indicate that age is not the sole cause of increased risk. For example, there are several mothers over the age of 60 who are still classified as low risk.

It is important to consider how age might correlate with the other factors recorded in this data set, as it likely influences the other factors. In the above correlation matrix, age is positively correlated with every factor except body temperature, which we previously found to be of little influence on risk. Thus, age on its own may not be a cause of higher-risk pregnancies, but rather an older age is often linked with high values of other factors (blood sugar, blood pressure, etc.) that do increase maternal risk.