

Zephyr: Threads & Kernel Events Lab

BME554L - Spring 2026 - Palmeri

Dr. Mark Palmeri, M.D., Ph.D.

2026-02-16

Table of contents

Git Version Control	1
Refactor: Heartbeat LED (25% Duty Cycle)	2
Test the Accuracy of the Heartbeat LED Timing	2
Merge-n-Tag this Refactored Heartbeat LED Code and Analysis	2
Upload a PDF of your Jupyter notebooks to Gradescope	3
Refactor: Kernel Events	3
Verify that your LED Timing Still Works	3
Merge-n-Tag this Refactored Kernel Events Code and Analysis	3
Upload a PDF of your Jupyter notebooks to Gradescope	3
New Functionality: Double-Button Press Detection	4
How do I ask for help?	4

Git Version Control

- Use best practices for version control (branching, commit messages, etc.).
- Do all development on a dedicated branch that is merged into `main` once it is functional.
- Commits should be very specific to the changes/additions you are making to your code. This will help you and others understand what you did and why you did it.
- On a given development branch, try to implement one small piece of functionality at a time, commit it, and then move on to the next piece of functionality.

! Important

You do not want one, monolithic git commit right before you submit your project.

Refactor: Heartbeat LED (25% Duty Cycle)

You will be refactoring your code from the timers lab to use a thread to control the heartbeat LED. Do all of the refactoring below on a new branch called `heartbeat_refactor`.

- Refactor your code to use a thread instead of a kernel timer to control the heartbeat LED.
- Instead of having your heartbeat blink at 1 Hz with a 50% duty cycle, change it to have a 25% duty cycle (i.e., on for 250 ms, off for 750 ms).

Test the Accuracy of the Heartbeat LED Timing

- Create a new Jupyter notebook for this lab's technical report called `testing/thread_testing.ipynb` that analyzes the accuracy of your 25% duty cycle heartbeat LED.
- Perform these measurements using the oscilloscope, and save all raw data in dedicated CSV files.



Tip

Make sure that your Jupyter notebook reads in data from relative paths for the repository, **not** absolute paths on your local machine, so that your notebook can be run on any machine after cloning the repository.

- Choose what to measure and how to analyze the data to verify that the heartbeat LED thread is working as expected.
- Discuss the results of your measurements and how they compare to the nominal specifications for the heartbeat LED.

Merge-n-Tag this Refactored Heartbeat LED Code and Analysis

- Push your `heartbeat_refactor` branch to GitLab.
- Create a new Merge Request to merge `heartbeat_refactor` into your forked repository's `main` branch.
- Merge your `heartbeat_refactor` branch into your `main` branch, and create an annotated tag for that merged commit called `v1.2.0`.

Upload a PDF of your Jupyter notebooks to Gradescope

- Update a PDF of your Jupyter notebook to the appropriate Gradescope assignment for this section of the lab.

Refactor: Kernel Events

- Do the following refactoring on a new branch called `kernel_events_refactor`, branched after the `v1.2.0` commit.
- Refactor all of your code to remove Boolean variables being used in your ISR callback functions to indicate that buttons have been pressed to now use kernel events in a single bit array called `button_events`.
- You should use 1-bit for each button, meaning the bit array is 4-bits.
- Implement a `k_event_wait()` in the appropriate state(s) of your main thread to wait for button events to occur. This will be a blocking wait, meaning the `main` thread `while` loop will not be running while waiting for button events.

Verify that your LED Timing Still Works

- Create a new Jupyter notebook called `testing/kernel_events_validation.ipynb` to verify that your refactored code still works as expected.
- It is up to you to now determine how to verify that your LED timing is still working with regard to what data to collect, how to analyze it, and how to present it in your notebook.

Merge-n-Tag this Refactored Kernel Events Code and Analysis

- Create a Merge Request to merge `kernel_events_refactor` into your `main` branch.
- Merge your `kernel_events_refactor` branch into your `main` branch.
- Create an annotated tag for that merge commit called `v1.3.0`.

Upload a PDF of your Jupyter notebooks to Gradescope

- Update a PDF of your Jupyter notebook to the appropriate Gradescope assignment for this section of the lab.

New Functionality: Double-Button Press Detection

- Add new functionality to your code to detect a double-button press of the `freq_up_button` or `freq_down_button` that will increase or decrease, respectively, the heartbeat LED frequency by 2 Hz (instead of the 1 Hz increment with a single button press).
- The double-button press should be detected if two button presses occur within 500 ms of each other.

💡 Tip

One implementation scheme for this functionality could include use of atomic variables, timers and kernel events.

A new atomic function that may help you is `atomic_inc()`.

- Create an annotated tag for that merge commit called `v1.4.0`. Creation of this tag is a self-declaration that the double-press functionality is working as expected, so make sure to test it before creating the tag.
- Create an Issue assigned to Dr. Palmeri to review your code for `v1.2.0`, `v1.3.0`, and `v1.4.0` to provide feedback on your code.

How do I ask for help?

1. If you have a general / non-coding question, you should ask your TAs / Dr. Palmeri on Ed to allow any of them to respond in a timely manner.
2. Push your code to your GitLab repository, ideally with your active development on a non-`main` branch.
3. Create an [Issue](#) in your repository.
 - Add as much detail as possible as to your problem, and add links to specific lines / section of code when possible.
 - Assign the label “Bug” or “Question”, as appropriate.
 - Be sure to specify what branch you are working on.
 - Assign the Issue to one of the TAs.
 - If your TA cannot solve your Issue, they can escalate the Issue to Dr. Palmeri.
4. You will get a response to your Issue, and maybe a new branch of code will be pushed to help you with some example syntax that you can use `git diff` to visualize.