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# Spatiotemporal Contrastive Video Representation Learning

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## Abstract

We present a self-supervised Contrastive Video Representation Learning (CVRL) method to learn spatiotemporal visual representations from unlabeled videos. Our representations are learned using a contrastive loss, where two clips from the same short video are pulled together in the embedding space, while clips from different videos are pushed away. We find both spatial and temporal augmentation are crucial for video self-supervised learning. In particular, we propose a simple yet effective temporally consistent spatial augmentation method to impose strong spatial augmentations on each frame of a video clip while maintaining the temporal consistency across frames. CVRL shows superior performance on various tasks and datasets, *e.g.* for Kinetics-600 action recognition, a linear classifier trained on representations learned by CVRL achieves surprisingly **70.4%** top-1 accuracy with a 3D-ResNet50 backbone, significantly outperforming ImageNet supervised pre-training and SimCLR unsupervised pre-training, and greatly closing the gap between unsupervised and supervised video representation learning.

## 1 Introduction

Representation learning is of crucial importance in computer vision tasks, and a number of highly promising recent developments in this area have carried over successfully from the static image domain to the video domain. The temporal dimension of videos gives rise to key differences between them. However, self-supervised learning gravitates to different dimensions in images and videos, respectively. It is natural to engineer self-supervised learning signals along the temporal dimension in videos. Examples abound, including models for predicting the future [1–3], changing temporal sampling rates [4], and sorting video frames or clips [5–7]. Meanwhile, in the domain of static images, some recent work [8–11] that exploits the spatial dimensions has reported unprecedented performance on self-supervised image representation learning.

In this work, we show that apart from the commonly used temporal cues, self-supervised signals in the spatial subspace of videos also matters to video representation learning. Motivated by utilizing both spatial and temporal information, we build a self-supervised framework of contrastive video representation learning (CVRL) upon SimCLR [9] in view of its simplicity and compelling performance in the image domain. As illustrated in Figure 1, this framework learns both spatial and temporal information from videos by contrasting the similarity between a positive pair from the same video to those of negative pairs from different videos using the InfoNCE contrastive loss [12]. We further evaluate the learned video representations by **1)** linear evaluation protocol, **2)** the transfer learning setting via fine-tuning the entire network on other datasets following [6, 13–15] and **3)**

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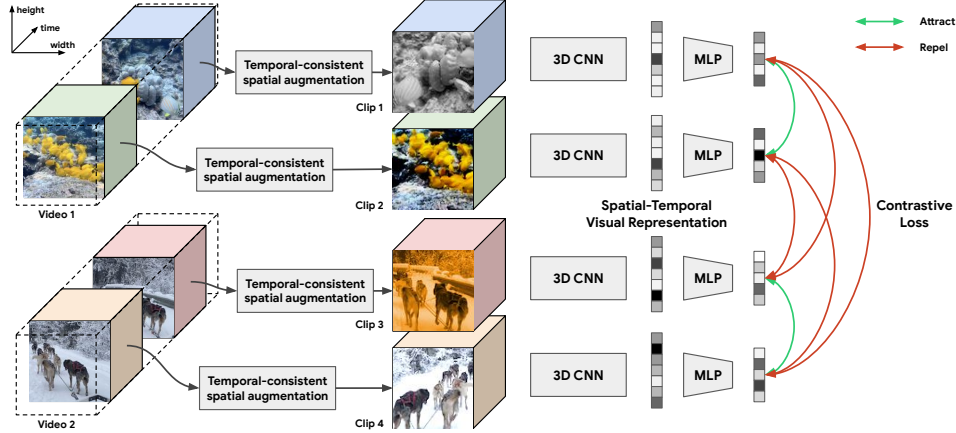


Figure 1: **Overview of the proposed self-supervised contrastive video representation learning (CVRL) framework.** From a short video, we randomly sample 2 clips with the same length. We then apply a temporally consistent spatial augmentation to each of the video clips and feed it to a 3D backbone with an MLP head. The contrastive loss is used to train the network to attract clips from the same video and repel clips from different videos in the embedding space.

the semi-supervised learning setting via fine-tuning the entire network following [8–10]. We next summarize our main findings.

**Our representation shows superior performance.** To the best of our knowledge, on the linear evaluation protocol, all state-of-the-art methods on self-supervised learning for videos report lower accuracy than 3D inflated networks pre-trained on ImageNet [4, 16]. For the metric of top-1 accuracy on Kinetics-400 [17] as shown in Table 1, CVRL achieves 75% relative improvement compared with the state-of-the-art method and 24% relative improvement compared with ImageNet pre-trained networks. For the transfer learning setting, CVRL achieves 18% relative improvement on UCF-101 [18] and 59% relative improvement on HMDB-51 [19] compared with the state-of-the-art method, as shown in Table 2. For semi-supervised setting in Table 3, CVRL surpasses all other baselines especially when there is only 1% labeled data for fine-tuning, indicating that the advantage of our self-learned CVRL is more profound with limited labeled data.

**The self-supervised signals in the spatial subspace of videos do matter to video representations.** Spatial augmentations outperform temporal augmentations by 15.6% top-1 accuracy in the linear evaluation protocol. Combining the spatial augmentations with temporal augmentations yields 8.8% gain over spatial augmentations only.

**The temporal consistency in spatial augmentation is important.** We propose a temporally consistent spatial augmentation to keep the motion cues across frames. More detail would be covered in Section 3. By adding the temporal consistency, a further improvement of 9.6% can be obtained.

## 2 Related Work

**Self-supervised video representation learning.** It is natural to exploit the temporal dimension in self-supervised video representation learning. Some early work predicts the future on top of frame-wise representations [1]. More recent work learns from predicting motion and appearance statistics [13] or encodings [2, 3]. Another common approach is sorting frames or video clips [5–7, 20] along the temporal dimension. Yang *et al.* learn by maintaining consistent representations of different sampling rates [4]. Furthermore, videos can often supply multi-modal signals for cross-modality supervision, such as geometric cues [21], speech or language [22], and audio [23].

**Self-supervised image representation learning.** Some early work learns visual representations from unlabeled images via manually specified pretext tasks, for instance, auto-encoding [24–26], relative patch location [27], jigsaw puzzles [28], and image rotations [29]. Recently, contrastive

learning framework [8–10, 12, 30], which maintains relative consistency between the representations of an image and its augmented view, achieved great success.

### 3 Methodology

#### 3.1 Video Representation Learning Framework

We build our self-supervised framework of contrastive video representation learning (CVRL) upon SimCLR [9] in view of its simplicity and compelling performance on learning image representations. Figure 1 shows an overview of our framework.

The core of this framework is an InfoNCE contrastive loss [12] applied on features extracted from augmented videos. Suppose we sample  $N$  videos per mini-batch and augment them, resulting in  $2N$  videos. Denote by  $\mathbf{z}_i, \mathbf{z}'_i$  the encoded representations of the two augmented versions of the  $i$ -th input video. The InfoNCE contrastive loss is defined as  $\mathcal{L} = \frac{1}{N} \sum_{i=1}^N \mathcal{L}_i$  and

$$\mathcal{L}_i = -\log \frac{\exp(\text{sim}(\mathbf{z}_i, \mathbf{z}'_i)/\tau)}{\sum_{k=1}^{2N} \mathbf{1}_{[k \neq i]} \exp(\text{sim}(\mathbf{z}_i, \mathbf{z}_k)/\tau)}, \quad (1)$$

where  $\text{sim}(\mathbf{u}, \mathbf{v}) = \mathbf{u}^\top \mathbf{v} / \|\mathbf{u}\|_2 \|\mathbf{v}\|_2$  is the inner product between two vectors after normalizing them onto a unit sphere,  $\mathbf{1}_{[\cdot]}$  is an indicator excluding from the denominator the self-similarity of the encoded video  $\mathbf{z}_i$ , and  $\tau > 0$  is a temperature parameter. The loss allows the positive pair  $(\mathbf{z}_i, \mathbf{z}'_i)$  to attract mutually while they repel the other items in the mini-batch. We set  $\tau = 0.1$  in all experiments.

We construct other components of the framework as follows: (1) an encoder neural network maps an input video clip to its representation  $\mathbf{z}$ , (2) spatiotemporal augmentations construct the positive pairs  $(\mathbf{z}_i, \mathbf{z}'_i)$  and the properties they induce, and (3) methods to evaluate the learned representations.

#### 3.2 Video Encoder

We encode a video sequence using 3D-ResNets [31] as backbones. We expand the original 2D convolution kernels to 3D to capture spatiotemporal information in videos. The design of our 3D-ResNets mainly follows the “slow” pathway of the SlowFast network [32] with two modifications: (1) the temporal stride of 2 in the data layer, and (2) the temporal kernel size of 5 and stride of 2 in the first convolution layer. We also take as input a higher temporal resolution of 16 frames.

#### 3.3 Temporal Augmentation

We impose on the video representations an invariance-to-time property by a temporal augmentation within a short duration. To this end, we apply a simple temporal augmentation method by sampling two clips with different start frames randomly from an input video. We regard these two video clips as a positive pair, inducing the short-time invariance constraint on the learned representations.

#### 3.4 Temporally Consistent Spatial Augmentation

Spatial augmentation is widely used in both supervised and unsupervised learning for images. In the video domain, a natural strategy is to utilize existing image-based spatial augmentation methods to the video frames one by one. However, this method could break the motion cues across frames since spatial augmentation methods often contain some randomness such as random cropping, color jittering and blurring as important ways to strengthen their effectiveness. Therefore, we propose a simple yet effective approach to address this issue, by making the spatial augmentations consistent along the temporal dimension. We adopt the spatial augmentation sequence of [RandomResizedCrop, RandomFlip, ColorJitter, GaussianBlur] with temporal consistency.

## 4 Experiments

**Comparison baselines.** We compare our CVRL method with two baselines: (1) inflating ImageNet pre-trained ResNets to our 3D ResNets by duplicating the temporal dimension, called ImageNet inflated, and (2) SimCLR inflated by inflating ResNets pre-trained with SimCLR. In addition, the supervised learning serves as an upper bound of our method.

**Self-supervised pre-training.** We conduct self-supervised pre-training on Kinetics-400 [17] and Kinetics-600 [33] for 800 epochs with an initial learning rate of 0.32 and batch size of 1024. We use synchronized batch normalization to avoid information leakage [9].

**Linear evaluation.** We train a linear classifier on top of the fixed pre-trained weights in the backbone network. During training, we sample a 32-frame (2 temporal stride) clip from each video to train the linear classifier for 100 epochs with an initial learning rate of 32. As shown in Table 1, CVRL has superior performance on both datasets and greatly closes the gap to the supervised learning.

**Transfer learning.** Following the practice in [3, 4, 6, 7, 13–15, 34, 35], we use pre-trained weights on Kinetics-400 [17] to initialize the network and fine-tune all layers on UCF-101 [36] and HMDB-51 [19] datasets. As shown in Table 2, CVRL outperforms state-of-the-art methods significantly.

**Semi-supervised learning.** We sample 1% and 10% videos in the training set to fine-tune the entire pre-trained network with an initial learning rate of 0.2. The evaluation set remains the same. As shown in Table 3, CVRL surpasses all other baselines, especially with only 1% labeled training data.

**Ablation study on data augmentation.** We verify the effectiveness of our data augmentation strategy with self-supervised pre-training and linear evaluation on Kinetics-400. As shown in Table 4, the proposed temporally consistent spatial augmentation is essential to obtain good performance.

Method	Dataset	Top-1 Acc.
VINCE [16]	Kinetics-400	36.2
VTHCL [4]	Kinetics-400	37.8
SimCLR	Kinetics-400	46.9
ImageNet	Kinetics-400	53.5
CVRL	Kinetics-400	<b>66.1</b>
Supervised	Kinetics-400	75.8
SimCLR	Kinetics-600	48.0
ImageNet	Kinetics-600	54.7
CVRL	Kinetics-600	<b>70.4</b>
Supervised	Kinetics-600	78.5

Table 1: **Linear evaluation results.**

Method	Top-1 Acc.	
	UCF-101	HMDB-51
MotionPred [13]	61.2	33.4
3D-RotNet [14]	62.9	33.7
ST-Puzzle [6]	65.8	33.7
SpeedNet [15]	66.7	43.7
ClipOrder [7]	72.4	30.9
DPC [3]	75.7	35.7
PacePred [34]	77.1	36.6
MemDPC [35]	78.1	41.2
CVRL	<b>92.1</b>	<b>65.4</b>

Table 2: **Transfer learning results.**

Method	Backbone	Kinetics-400		Kinetics-600	
		Top-1 Acc. ( $\Delta$ vs. Sup.)		Top-1 Acc. ( $\Delta$ vs. Sup.)	
		Label fraction		Label fraction	
		1%	10%	1%	10%
Supervised learning	3D-R50	3.2	39.6	4.3	45.3
ImageNet inflated	3D-R50	16.0 (12.8 $\uparrow$ )	49.1 (9.5 $\uparrow$ )	17.3 (13.0 $\uparrow$ )	52.6 (7.3 $\uparrow$ )
SimCLR inflated	3D-R50	18.6 (15.4 $\uparrow$ )	46.5 (6.9 $\uparrow$ )	19.7 (15.4 $\uparrow$ )	48.3 (3.0 $\uparrow$ )
CVRL	3D-R50	<b>35.1 (31.9<math>\uparrow</math>)</b>	<b>58.1 (18.5<math>\uparrow</math>)</b>	<b>36.7 (32.4<math>\uparrow</math>)</b>	<b>56.1 (10.8<math>\uparrow</math>)</b>

Table 3: **Semi-supervised learning results on Kinetics-400 and Kinetics-600.**

Augmentation	TA	SA	TA + SA	TA + SA + TC (proposed)
Top-1 Acc.	24.8	40.4	49.2	58.8

Table 4: **Ablation study on data augmentation.** All experiments are based on 100 epochs of self-supervised pre-training on Kinetics-400. TA indicates Temporal Augmentation. SA indicates Spatial Augmentation. TC indicates Temporal Consistency. (TA + SA + TC) is our proposed method.

## 5 Conclusion

This work presents a contrastive video representation learning (CVRL) framework for learning spatiotemporal representations from unlabeled videos. Extensive experiments on Kinetics-400, Kinetics-600, UCF-101 and HMDB-51 demonstrate promising results.

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