

# Evaluation of the instance weighting strategy for transfer learning of educational predictive models

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## Abstract

This work contributes to our understanding of how transfer learning can be used to improve educational predictive models across higher institution units. Specifically, we provide an empirical evaluation of the instance weighting strategy for transfer learning, whereby a model created from a source institution is modified based on the distribution characteristics of the target institution. In this work we demonstrated that this increases overall model goodness-of-fit, increases the goodness-of-fit for each demographic group considered, and reduces disparity between demographic groups when we consider a simulated institutional intervention that can only be deployed to 10% of the student body.

**Keywords:** Transfer learning; Higher education; Student dropout prediction; Fairness

## 1. Introduction

Student attrition in higher education remains a significant problem. For example, in the US, only 64% of students who began pursuing a bachelor’s degree at a four-year institution in fall 2014 successfully completed their degree at the same institution within six years ([National Center for Education Statistics, 2022](#)). Universities suffer an immediate financial loss by losing tuition fees for the remaining years of potential student enrollment. In addition, the dropout rate negatively impacts a university’s ranking, overall attractiveness to future students, and its eligibility for funding and grants. For students the consequences are also severe and include unrealized potential, lower income and the risk of mental health problems caused by feelings of failure ([Matz et al., 2023](#)).

One potential strategy for addressing the issue of students’ attrition involves early identification and subsequent support for struggling students to ensure their academic success. The past decade has seen significant interest in using machine learning to identify students at high risk of dropping out ([Gardner and Brooks, 2018](#); [Barber and Sharkey, 2012](#); [Balakrishnan, 2013](#)). However, resource constraints such as insufficient data or limited technical capacity may hamper the development of these predictive models in some institutions. Frustratingly, the institutions with fewer resources for this activity may be the ones who need the predictive models themselves, increasing the disparities between students attending well-resourced universities and those at less resourceful institutions.

Transfer learning has been proposed as one way in which universities with limited resources might be able to take advantage of models created by more highly resourced universities ([Gardner et al., 2023](#)). In this approach models created by well resourced institutions may be ensembled together and applied to a new institution in a zero-shot or additive manner, allowing for prediction with limited investment. However, little research has been done on the suitability of this approach, both with respect to logistical and technical approaches which may be taken.

The goal of this work is to evaluate the efficiency of an instance weighting transfer learning method to improve model transfer between institutions. This method transforms the feature dataset from the presumably well-funded university (source domain) to align it more closely with the feature dataset from the resource-limited university (target domain). This is achieved by defining weights for the source domain data points in such a way as to minimize the distance between the source and target distributions. [Huang et al. \(2006\)](#) proposed using *kernel mean matching* to estimate the weights. By incorporating these weights during model fitting, the model developed based on the source dataset becomes more relevant to the target domain.

In this work we contribute an empirical evaluation of this *instance weighting strategy* and compare it to the *baseline direct transfer* for the task of predicting next year enrollment for the first-year undergraduate students. We compare these two strategies across three interrelated analyses including the **goodness-of-fit metrics (RQ1)** of models, measured specifically by AUC, Pietra Index, and Kolmogorov-Smirnov test, **fairness of models (RQ2)** across different gender and ethnic identity groups, and **differences to fairness (RQ3)** for a simulated institutional intervention impacting 10% of all students. A full listing of all technical details, as well as a reproducibility checklist, can be found in the appendices of [Luzan and Brooks \(2024\)](#).

## 2. Related work

### 2.1. Prediction of student dropouts

Due to the significant importance of identifying students at risk of dropping out, there has been extensive research on predictive models to estimate the probability of students' dropout. The promising outcomes, demonstrating high predictive accuracy of these models, have motivated further research in this area. Various statistical and machine learning models, including survival analysis, logistic regression, random forests, support vector machines, gradient boosted trees, neural networks, and others, have been used in predicting student dropouts ([Ameri et al., 2016](#); [Aulck et al., 2019](#); [Andrade-Girón et al., 2023](#); [Matz et al., 2023](#)). These studies have identified factors with high predictive power for the task such as demographic indicators (gender, ethnicity, age), socio-economic aspects (family income, parental education), high school academic performance, current academic standing, and student engagement levels with peers and the university.

It's worth noting that much of this research has primarily focused on a university level analysis, not considering the possibility of merging or transferring datasets from different institutions.

### 2.2. Transfer Learning in educational predictive models

The aim of transfer learning is to improve the effectiveness of machine learning models within a specific area (referred to as the target domain) by utilizing knowledge from a related domain (referred to as the source domain). In the context of predicting student dropouts, the goal of transfer learning is to leverage data and/or models from a well-resourced university to develop predictive models for a less resourceful university.

While transfer learning has seen significant research in domains such as text analysis and image recognition, little work has been done to understand how this method might improve educational predictive models. One early work in this area was done in prediction of student course dropout in Massive Open Online Courses (MOOCs) (Boyer and Veeramachaneni, 2015). In this work authors compared three different transfer learning methods at the fourth week of the course, predicting whether the student would continue or not.

Hunt et al. (2017) compared the accuracy of the transfer learning approach, TrAdaBoost, with both AdaBoost trained solely on the target domain and on a merged dataset combining the source and target data for predicting students' graduation rates. Their experiments demonstrated that TrAdaBoost had the lowest classification error.

Gardner et al. (2023) investigated the cross-institutional transfer of predictive models among four U.S. universities to forecast first-year retention rates. They evaluated three transfer learning strategies: direct transfer, voting transfer, and stacking transfer. Their findings indicated that the voting transfer method achieved predictive accuracy of a locally developed model using an institution's own data. Notably, this accuracy was achieved without negatively affecting model fairness.

### 2.3. Instance weighting strategy (IWS) using kernel mean matching

The instance weighting strategy is based on the assumption that the differences between the target and source distributions lie only in the marginal distributions of the predictor factors ( $P^S(x) \neq P^T(x)$ ), not in the conditional distributions of the predicted factor ( $P^S(y|x) = P^T(y|x)$ ). In the context of learning analytics models, this implies that a student's academic success depends on their individual attributes rather than the quality of education at their institution. The variation in dropout rates among different colleges can be attributed to the fact that these institutions tend to attract students with varying characteristics. For instance, private schools often accept students from more affluent socio-economic backgrounds.

In order to build a model for the target domain, we need to minimize the expected risk. The formula below demonstrates how we can utilize source data for this purpose, provided the assumption of equal conditional distributions of the response (Huang et al., 2006):

$$E_{(x,y) \sim P^T}(L(x, y, \theta)) = E_{(x,y) \sim P^S} \left[ \frac{P^T(x, y)}{P^S(x, y)} L(x, y, \theta) \right] = E_{(x,y) \sim P^S} \left[ \frac{P^T(x)}{P^S(x)} L(x, y, \theta) \right]$$

To leverage the source data for building a model for the target domain, it's essential to know the weights  $\beta = P^T(x)/P^S(x)$ . Usually, the weights  $\beta$  are unknown in practice. Huang et al. (2006) proposed employing the Kernel Mean Matching (KMM) procedure, which aims to minimize the difference between the means of the source and target features distributions in a reproducing kernel Hilbert space to determine the weights. This is equivalent to solving the following optimization problem (Huang et al., 2006):

$$\min_{\beta} \left[ \frac{1}{2} \beta^T K \beta - k^T \beta \right]$$

$$\beta_i \in [0; B], |\sum_1^m \beta_i - m| \leq m\epsilon$$

where  $K$  is a kernel matrix with elements  $K_{i,j} = k(x_i^S, x_j^S)$  and  $k_i = \frac{m}{n} \sum_{j=1}^n k(x_i^S, x_j^T)$ ,  $m$  – source sample size,  $n$  – target sample size.

Figure 1 illustrates the implementation of the instance weighting strategy in developing a model for transfer.

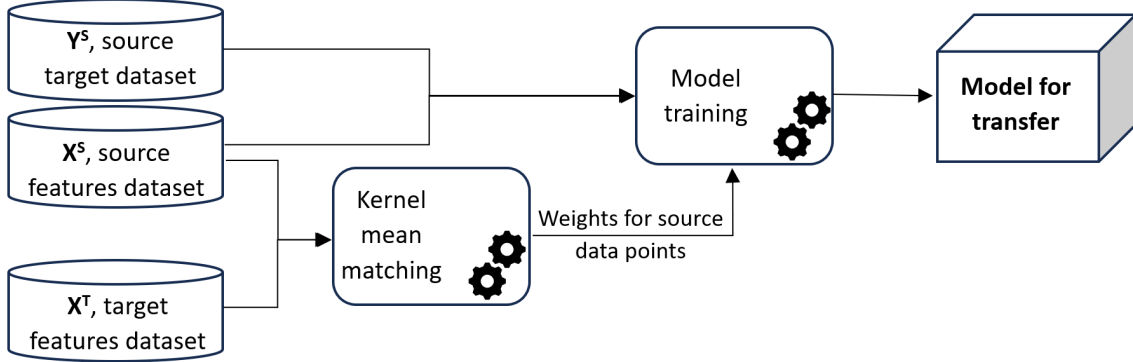


Figure 1: Transfer Learning with Instance Weighting Strategy

The result of applying instance weighting strategy becomes evident when comparing the original source feature distribution with the source distribution after applying weights. Figure 2 illustrates this effect using synthetic data, where both source and target are normal random variables with different mean and dispersion values. The visualization clearly shows that applying instance weighting strategy brings the source distribution closer to the target.

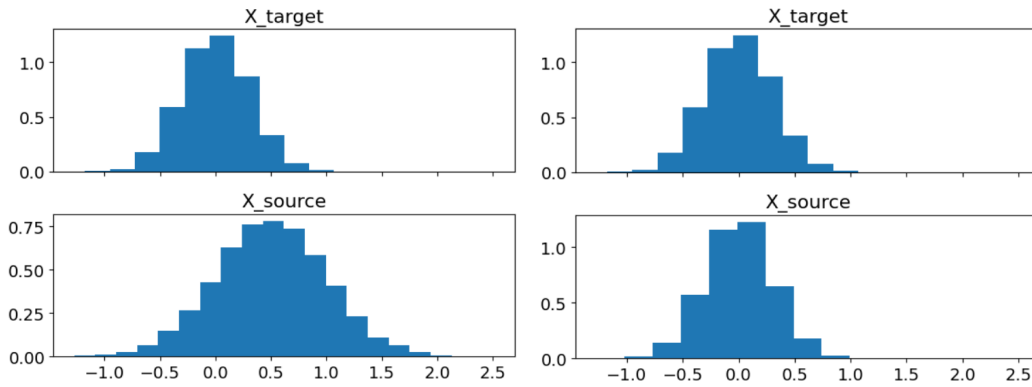


Figure 2: Source Distribution Before (left) and After Applying Instance Weighting (right).

### 3. Experiment and Results

The dataset used for the experiment is a large de-identified student information system corpus covering a period of six years from a large public university in the U.S (University of Michigan, 2023). It includes a range of static data about students such as demographics, socio-economic factors such as parental income, and pre-admission performance metrics such as high school grades and SAT/ACT scores. It also contains dynamic university semester information such as academic career goals, grades (both in aggregate and per-course), and course topic and workload characteristics.

As it is difficult to obtain access to this kind of data for multiple institutions, we simulated a multi-institutional approach by selecting data from two direct-entry four-year colleges. The first, which we used as our *source* institution, is a broad liberal arts college which offers degrees in the natural sciences, social sciences, humanities, and arts, and the second, our *target* institution, is a smaller college offering degrees in engineering, computer science, and technology.

Table 1: Summary of experiment data from (University of Michigan, 2023) over the years of 2015–2021. Demographic indicators are as recorded by the institution.

| School | Sample Size | Dropouts | Male   | Female | White  | Asian | Other |
|--------|-------------|----------|--------|--------|--------|-------|-------|
| Source | 30,122      | 491      | 12,718 | 17,404 | 18,171 | 5,472 | 6,479 |
| Target | 9,887       | 127      | 6,986  | 2,901  | 4,966  | 2,619 | 2,302 |

To explore our three research questions we developed a logistic regression model for the source school with a prediction target of seeing a student re-enroll one year later and validated this model with out-of-sample (30%) and out-of-time (1 year) test sets achieving AUCs of 0.817 and 0.872 respectively. A list of the features used from the dataset are enumerated in Luzan and Brooks (2024), Appendix A, and we measured the *baseline direct transfer* of the source to our target school as having an AUC of 0.792, 90%CI [0.748, 0.830]. For the *instance weighting strategy* the weights for the source data points were obtained through the optimization from Section 2.3, with parameters: Kernel type - Radial Basis Function (RBF) kernel,  $B = 1000$ ,  $\epsilon = (\sqrt{m} - 1)/\sqrt{m}$  (Huang et al., 2006), RBF’s length scale = 3.5 (Luzan and Brooks (2024), Appendix A.2). The model was then estimated using source data points weighted with the calculated weights and achieved a transfer AUC of 0.808, 90%CI [0.766, 0.844]. The difference between the transfer and direct AUC values is 0.016. The null hypothesis was tested to determine if the two AUC values (direct and weighted transfer) were equal:  $z = 2.378$ ,  $p - value = 0.017$ ; the standard deviation of the AUC difference for the testing purposes was estimated using a paired stratified bootstrap procedure. Fairness (RQ2) was measured through a slicing analysis for demographic categories following (Gardner et al., 2019) with results shown in Table 2. Overall AUC values for both transfer models used the entire dataset from the target school.

The goodness-of-fit of the models was assessed using AUC due to its applicability in unbalanced data sets, it’s intuitive probabilistic interpretation, and its frequent use in educational prediction tasks. Pietra index was used to measure the maximum distance between

Table 2: Goodness-of-fit and discrimination power of models.

| Model           | RQ1 transfer indicators |              |          | RQ2 fairness indicators (AUC) |       |       |       |        |
|-----------------|-------------------------|--------------|----------|-------------------------------|-------|-------|-------|--------|
|                 | Overall AUC             | Pietra index | KS (p)   | White                         | Asian | Other | Male  | Female |
| Direct transfer | 0.792                   | 0.482        | 2.88e-27 | 0.852                         | 0.724 | 0.780 | 0.790 | 0.798  |
| IWS             | 0.808                   | 0.530        | 2.13e-33 | 0.865                         | 0.743 | 0.790 | 0.801 | 0.813  |

two cumulative distribution functions (the predicted dropout probabilities for discontinued students and those for enrolled students), and the Kolmogorov-Smirnov method was used to test the null hypothesis that the predicted probabilities of the two discontinued/enrolled students are drawn from a single distribution.

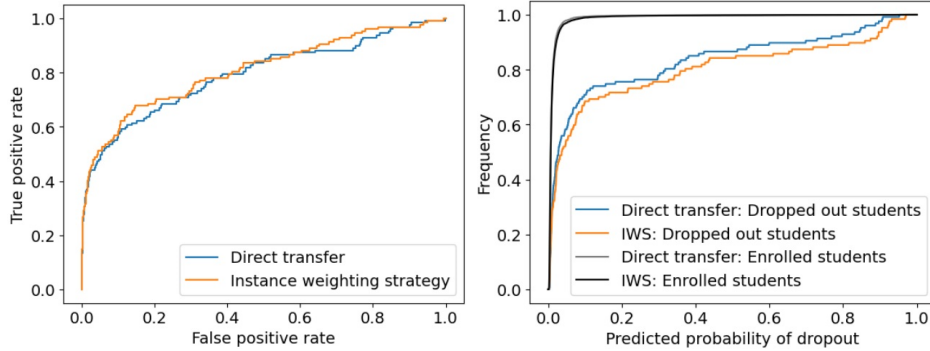


Figure 3: Models' Discriminatory Power Comparison Using ROCs (left) and CDFs (right).

Analysis of fairness through AUC values alone do not account for university resources in intervening, and thus we also analyzed the models when only a limited number of students could be supported by an intervention. To explore this question (RQ3), we arbitrarily set the bounds on the number of students who could be intervened with to the 10% with the highest predicted probability of dropout, the measured the equal opportunity difference and the generalized entropy index (specifically, the coefficient of variation). The recall values corresponding to this 10% threshold for direct transfer and weighted transfer are 55.1% and 56.7%, respectively. The precision values are 7.1% and 7.3%, respectively. These precision values are expected to be low due to a dropout rate of only 1.2%, with university support directed towards the most struggling 10% of students.

The equal opportunity difference estimates the difference in true positive rates between two groups of students. Due to space constraints, we engaged in a single analysis choosing the highest and lowest AUC ethnic groups from Table 2, setting White students as the privileged and Asian students as the unprivileged groups. The generalized entropy index has the subgroup decomposability property, which means that the index can be expressed

as the sum of unfairness components between groups and within groups (Speicher et al., 2018). It illustrates how efforts to minimize one unfairness component impact the remaining unfairness component. Speicher et al. (2018) suggested to apply the index to benefits that individuals receive from the model’s application.

Recognizing the importance of ensuring that students in need of support receive it, and accounting for an imbalanced dataset, a customized version of this metric was used where the true positive cases receive a benefit of 1, false negative cases receive a benefit of 0, while all other cases are not considered. Results are shown in Table 3.

Table 3: Fairness of models between White and Asian groups at a threshold of 10%.

| Model           | Equal Opportunity Difference | Variation coefficient | Between group variation coefficient |
|-----------------|------------------------------|-----------------------|-------------------------------------|
| Direct transfer | -0.394                       | 0.407                 | 0.050                               |
| IWS             | -0.235                       | 0.382                 | 0.020                               |

#### 4. Discussion

This work contributes to the field of educational predictive models by examining how indicators of goodness-of-fit and fairness of models change when different transfer learning methods are employed. Specifically, we found that the the instance weighting strategy using kernel means matching resulted in a slight increase of model goodness-of-fit (RQ1, as measured by AUC) and better discrimination power (RQ1, as measured by Pietra index and Kolmogorov-Smirnov metrics) versus a baseline direct model transfer. We further demonstrated that this transfer learning approach increases model goodness-of-fit across all measured demographic categories (RQ2, shown in Table 2), though it does not ameliorate bias nor (in our experiment) change the ordinal goodness-of-fit metrics of models between demographic groups. In short, the instance weighting method improves the transfer of models and should be considered by machine learning engineers when applying transfer learning in education.

In addition to these two established techniques for measuring the fairness of transfer learning, we provided a new domain-specific lens (RQ3) to consider the issue of fairness in higher education settings. Many interventions, such as one-on-one advising appointments or special tutoring support, are expensive, and cannot be deployed to all students. To simulate this, we considered fairness at a threshold of 10%, and were surprised that this increased fairness (through equalized opportunity difference) between our chosen two groups (Table 3). More work is needed to understand what reasonable thresholds might be for higher education models and call into question how we measure the true goodness-of-fit of student success models.

However, we note several limitations of our work which require additional investigation. First, our data source is from two different colleges within a single university, and a more authentic opportunity would be to transfer models between institutions which have higher disparities in creating predictive models. Second, the instance weighting approach requires



access to the data from both institutions in order to run the kernel mean matching method, which may reduce the value of using transfer learning as some form of data sharing is required (unlike the approaches used in (Gardner et al., 2023)). Finally, we observe the same issues in data scarcity in our analysis which existed in (Gardner et al., 2023), in particular that low disenrollment by certain groups of students makes a nuanced fairness analysis difficult. However, with the empirical evidence we provide here, we believe that a more authentic experiment between more highly disparate institutions will be fruitful in improving model transfer in educational predictive analytics.

There is a larger translational research question which also needs to be considered – if we build such models which can transfer, will lower-resourced institutions use them to improve outcomes? There are several considerations which need exploration to further this vein of research. First, researchers need to go beyond single institution or few institution investigations such as the one we have done here and the one done by (Gardner et al., 2023). A larger, more diverse, and more needful set of institutions needs to be involved in future work, and must be centered around those institutions who seek to benefit from model transfer. One promising approach may be to utilize diverse datasets such as the College and Beyond II (Courant et al., 2022) dataset, which contains student enrollment and outcomes information for a twenty year period from 19 public colleges and seven university systems. However, this dataset does not include enrollment or outcomes data for community colleges (e.g. institutions with two year programs), which are often the ones in the highest need for support. Including those institutions in future analyses or translational research endeavors will be important in ensuring that the benefits which come from transfer learning – if the benefits exist for these institutions! – are being made available to the institutions who need it most.

Beyond the issue of access to predictions, we note that our work here is focused specifically on the *identification* of individuals who are at high risk of dis-enrollment, and does not provide any specific insights on the *intervention* which might be employed to remediate the issue. The question of how to intervene to support student success is a large area of study in its own right, and it’s likely that there are numerous interventions available, each with their own cost and opportunity. Increasing the speed at which novel methods of prediction can be paired and tested with novel interventions is likely to result in more transformative research, but requires larger interdisciplinary teams which generally requires substantial funding.

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