

Anthem, Inc.

Cybersecurity Assessment

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About the Company

- \$31 Billion in Earnings in 2020
- Growing industry
- Trend toward online storage of customer data
- Deals with a large amount of sensitive data
- Industry going remote
- Approximately 40 million members
- Offers PPOs, HMOs, various hybrid and speciality products, dental products, and health plan services
- Key competitors: UnitedHealth Group, Centene, Humana, HCSC

Anthem.[®]

Key Assets

Rank	Asset
1	Cloud Data Infrastructure
2	Medical IoT Devices
3	Medical Software
4	Medical Treatment Equipment
5	Employees
6	Websites & Apps
7	Electronic Health Records
8	Payroll Systems
9	Life Support Equipment
10	Medical Laboratory Equipment
11	Durable Medical Equipment
12	Actuary Equations

Risk Matrix Overview

- Top 4 Risks:
 1. Cloud Data Infrastructure
 2. Medical IoT Devices
 3. Medical Software
 4. Medical Treatment Equipment
- This ranking was decided through a **qualitative** risk analysis of the magnitude of potential consequences (**severity**) and the **likelihood** that these consequences will occur to these assets
 - $\text{Severity} \times \text{Likelihood} = \text{Risk Score}$

Cloud Data Infrastructure



Severity - 99/100

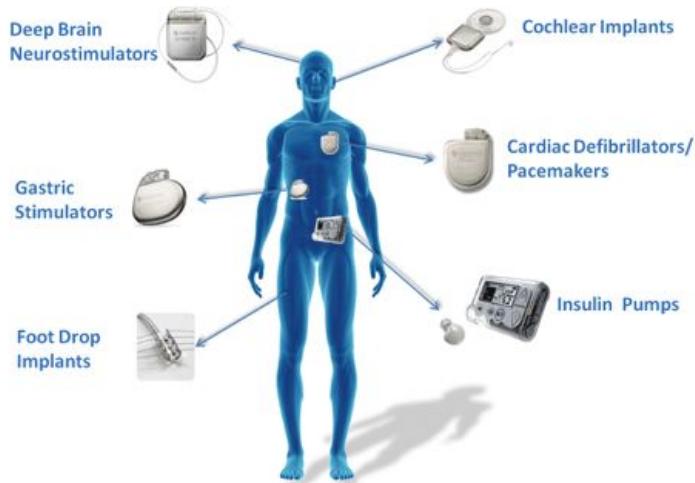
Likelihood - 45%

Score - 44.55

- Anthem's current data infrastructure runs on the IBM Cloud
 - Plays a critical role in storing and transmitting data to patients and employees, administering services
- **Risks**
 - Unauthorized use, stolen credentials
 - Vendor lock-in, insider abuse
 - Accidental data loss, data leaks
- **Consequences**
 - Legal troubles, business downtime
 - HIPAA violation fines, loss of reputation
 - Revenue loss, loss of intellectual property
- **Mitigation**
 - Ensure sufficient storage capacity; log and monitor data
 - Implement data backups, encryption
- **Contingency**
 - Restore backups; check logs to assess the scope and nature of the incident
 - Consult with IBM for further action; continue monitoring the situation

Medical IoT Devices

WIRELESS IMPLANTABLE MEDICAL DEVICES



Severity - 98/100

Likelihood - 42%

Score - 41.16

- Devices used in health monitoring, remote treatment, physical and digital infrastructure
 - Includes wearables, surgical robotics, tracking devices, PCs, etc.
- **Risks**
 - Using default usernames and passwords to automatically establish a wireless connection
 - Lack of authentication when pumps are configured to allow FTP connections
 - *Dead facing* - device display is blank, but continues to administer a therapy
- **Consequences**
 - Cost of repair/replacement, costs to cover injuries
 - Loss of trust from patients, falling behind competition
 - Non-compliance issues, revenue loss
- **Mitigation**
 - IDS, strong password protection, encrypted WiFi
 - Maintenance, auditing devices and hospital network, inform users of vulnerabilities
- **Contingency**
 - Capture scope of attack, fix affected devices
 - Log events, review ACLs (modify if necessary)

Medical Software



Severity - 94/100

Likelihood - 40%

Score - 37.6

- Software that stores, processes, and transmits vital information
 - Used in databases, research, diagnosis, billing, imaging, telemedicine, processing EHRs, patient tracking, etc.
- Risks
 - Outdated software, vulnerabilities in code
 - Misconfiguration, software bugs
 - Flawed display of information, human error
- Consequences
 - Lack of accuracy in data, loss of patients
 - PHI, EHR leaks, HIPAA privacy violation fines
 - Identity theft, medical fraud = damaged reputation
- Mitigation
 - Patch and update software regularly
 - Perform vulnerability tests, security by design
- Contingency
 - Inform victims and law enforcement of event
 - Lock software, report incident to OEM

Medical Treatment Equipment



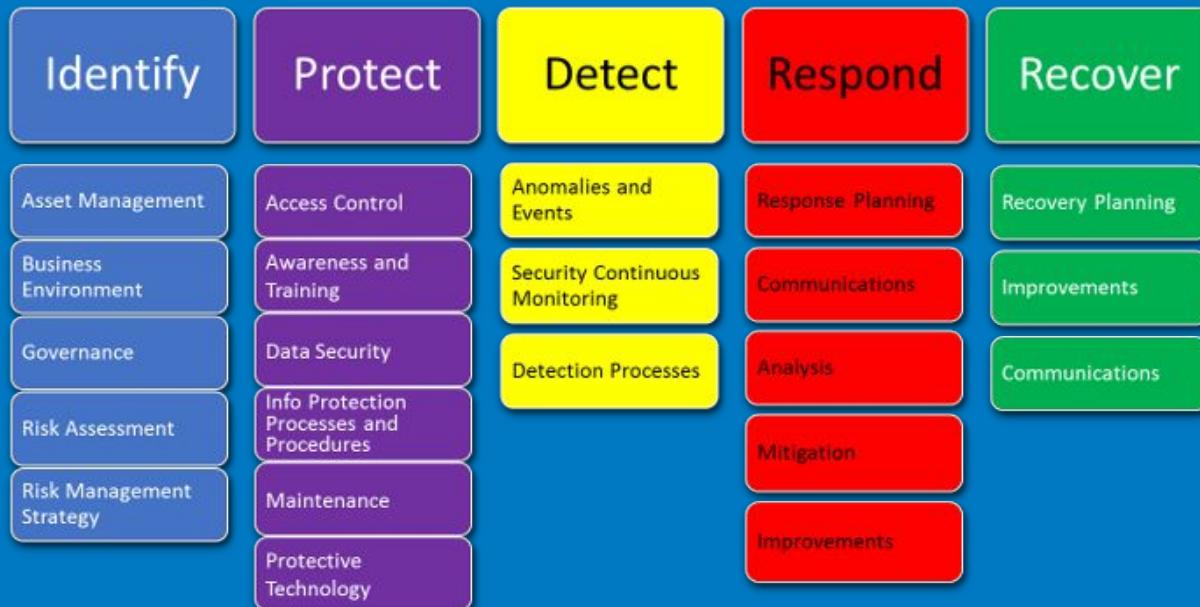
Severity - 97/100

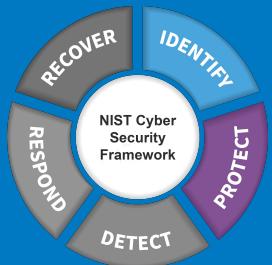
Likelihood - 38%

Score - 36.86

- Medical devices or tools designed to treat a specific condition
 - This equipment is critical in performing operations that address abnormalities and restore organs or tissues to working condition
- **Risks**
 - Parts failure
 - Unavailability of spare parts and/or replacements
 - Using obsolete models
- **Consequences**
 - Lower standard of equipment = inefficiency
 - HIPAA violation fines, loss of reputation
 - Clinical mistakes, increased need for hospital resources and unnecessary medical care delays
- **Mitigation**
 - Strategic planning in the acquisition of equipment, warranties, etc.
 - Securing spare parts, technical support, having well-trained maintenance personnel
- **Contingency**
 - Implement incident response strategies
 - Replacement of faulty parts, training refresh

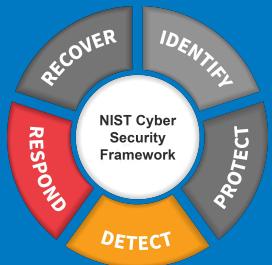
NIST Cybersecurity Framework





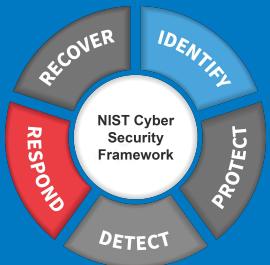
NIST CSF Recommendations

- Asset: **Cloud Data Infrastructure**
 - Risks: unauthorized use, tampering, accidental data loss, inadequate capacity
- Recommended functions/categories/subcategories:
 - **Identify: Risk Assessment** (ID.RA-1,3)
 - ID.RA-1 addresses the identification and documentation of cloud data infrastructure vulnerabilities
 - The risk assessment policy must address scope, roles, coordination, etc.
 - ID.RA-3 ensures that internal and external threats are identified and documented
 - Integrate risk assessment results and risk management decisions
 - **Protect: Data Security** (PR.DS-4,5)
 - PR.DS-4 calls for adequate capacity to ensure availability is maintained
 - Provide an uninterruptible power supply in case of emergency
 - PR.DS-5 implements protections against data leaks
 - Principle of least privilege



NIST CSF Recommendations

- Asset: **Medical Software**
 - Risks: vulnerabilities in code, flawed display information, human error, insider threats
- Recommended functions/categories/subcategories:
 - **Detect: Security Continuous Monitoring** (DE.CM-4,8)
 - DE.CM-4 employs measures to detect and eradicate malicious code and bugs
 - Block and/or quarantine malicious code, report on bugs
 - DE.CM-8 establishes scanning for potential sources of vulnerabilities
 - Port scanning, host-based scanning, network-based scanning, etc.
 - **Respond: Communications** (RS.CO-1,5)
 - RS.CO-1 states that personnel must know their roles and order of operations when a response is needed
 - Train employees, establish roles and responsibilities
 - RS.CO-5 recommends voluntary information sharing with external stakeholders to achieve broader cybersecurity situational awareness
 - Cooperate with law enforcement



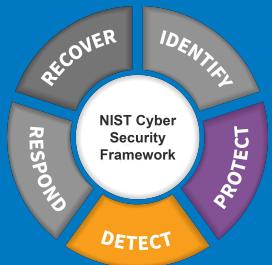
NIST CSF Recommendations

- Asset: **Websites**
 - Risks: Data exposure, unavailability, broken authentication
- Recommended functions/categories/subcategories:
 - **Respond: Mitigation** (RS.MI-1,2)
 - RS.MI-1: Incidents are contained
 - RS.MI-2: Incidents are mitigated
 - **Identify: Governance** (ID.GV-1,3)
 - ID.GV-1: Organizational cybersecurity policy is established and communicated
 - ID.GV-3: Legal and regulatory requirements regarding cybersecurity, including privacy and civil liberties obligations, are understood and managed



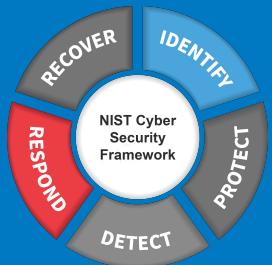
NIST CSF Recommendations

- Asset: **Actuary Equations**
 - Risks: Compromised Equations, Loss of Data
- Recommended functions/categories/subcategories:
 - **Protect: Awareness and Training** (PR.AT-1,2)
 - **PR.AT-1:** All users are informed and trained
 - **PR.AT-2:** Privileged users understand their roles and responsibilities
 - **Recover: Recovery Planning** (RC.RP-1)
 - **RC.RP-1:** Recovery plan is executed during or after a cybersecurity incident



NIST CSF Recommendations

- Asset: **Electronic Health Records**
 - Risks: Compromised patient information, including personal customer data
- Recommended functions/categories/subcategories:
 - **Protect: Identity Management, Authentication and Access Control** (PR.AC-1,3)
 - PR.AC-1: Authorized devices, users, and processes have identities and credentials that are issued for use
 - PR.AC-3: Controls remote access
 - **Detect: Anomalies and Events** (DE.AE-1) & **Security Continuous Monitoring** (DE.CM-1)
 - DE.AE-1: For users and systems, a baseline of network operations and expected data flows is built and managed
 - DE.CM-1: The network is being monitored for potential cyber-attacks



NIST CSF Recommendations

- Asset: **Payroll Systems**
 - Risks: Compromised financial information, hour padding
- Recommended functions/categories/subcategories:
 - **Identify: Risk Management Strategy** (ID.RM-1,2)
 - **ID.RM-1:** The organization needs to implement risk management practices that are monitored over time and agreed upon by all stakeholders
 - **ID.RM-2:** The risk tolerance of the approach must be identified and explicitly communicated
 - **Respond: Response Planning and Communications** (RS.RP-1, RS.CO-4)
 - **RS.RP-1:** During or after an incident, a response plan is implemented
 - **RS.CO-4:** Stakeholder coordination happens in accordance with response plans

Conclusion

- Anthem experienced a massive data breach in 2015, in which more than **37.5 million records** were stolen by hackers
 - This breach went **undetected for a month**, which is unacceptable for a company that processes **20 billion claims a year** and stores hundreds of thousands of **petabytes** worth of individual and population clinical data, claims data, EHRs, etc.
- With this cybersecurity assessment, we provide Anthem with best practices, policies, procedures and controls which will serve to improve all aspects of their cybersecurity infrastructure