

# Anthem, Inc. Cybersecurity Assessment

*Neil Bridges, Marcos Luchetti, Michael Turkson*



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# About the Company

- \$31 Billion in Earnings in 2020
- Growing industry
- Trend toward online storage of customer data
- Deals with a large amount of sensitive data
- Industry going remote
- Approximately 40 million members
- Offers PPOs, HMOs, various hybrid and speciality products, dental products, and health plan services
- Key competitors: UnitedHealth Group, Centene, Humana, HCSC

The Anthem logo features the word "Anthem" in a blue serif font, with a registered trademark symbol (®) at the end. A thick blue horizontal line is positioned directly beneath the text.

Anthem®

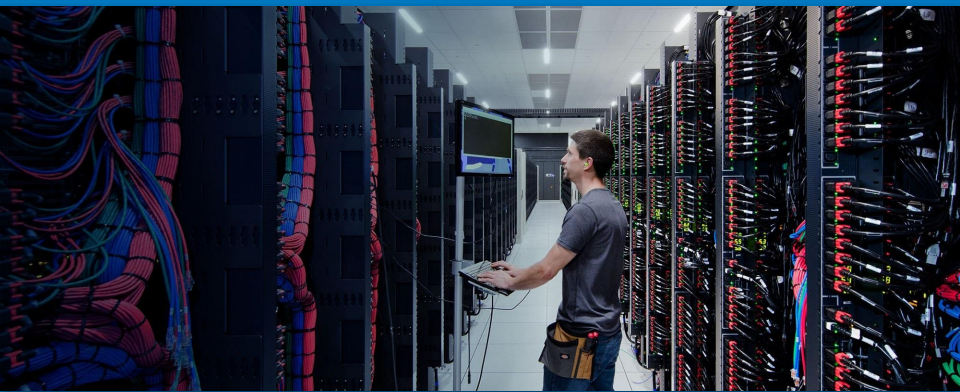
# Key Assets

| Rank | Asset                        |
|------|------------------------------|
| 1    | Cloud Data Infrastructure    |
| 2    | Medical IoT Devices          |
| 3    | Medical Software             |
| 4    | Medical Treatment Equipment  |
| 5    | Employees                    |
| 6    | Websites & Apps              |
| 7    | Electronic Health Records    |
| 8    | Payroll Systems              |
| 9    | Life Support Equipment       |
| 10   | Medical Laboratory Equipment |
| 11   | Durable Medical Equipment    |
| 12   | Actuary Equations            |

# Risk Matrix Overview

- Top 4 Risks:
  1. Cloud Data Infrastructure
  2. Medical IoT Devices
  3. Medical Software
  4. Medical Treatment Equipment
- This ranking was decided through a **qualitative** risk analysis of the magnitude of potential consequences (**severity**) and the **likelihood** that these consequences will occur to these assets
  - $Severity \times Likelihood = Risk\ Score$

# Cloud Data Infrastructure



Severity - 99/100

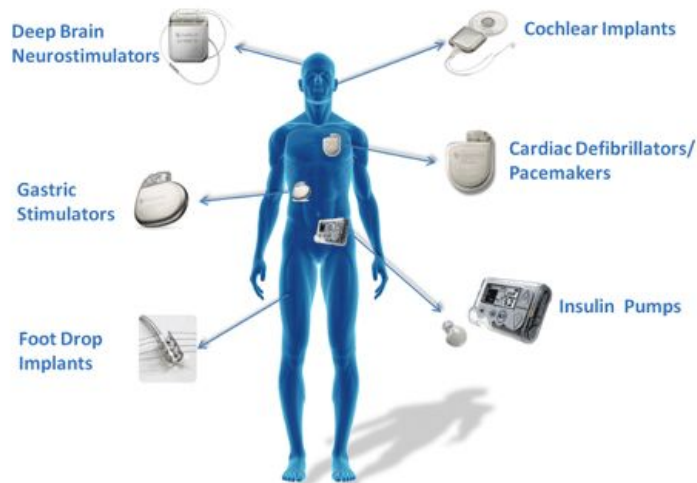
Likelihood - 45%

Score - 44.55

- Anthem's current data infrastructure runs on the IBM Cloud
  - Plays a critical role in storing and transmitting data to patients and employees, administering services
- **Risks**
  - Unauthorized use, stolen credentials
  - Vendor lock-in, insider abuse
  - Accidental data loss, data leaks
- **Consequences**
  - Legal troubles, business downtime
  - HIPAA violation fines, loss of reputation
  - Revenue loss, loss of intellectual property
- **Mitigation**
  - Ensure sufficient storage capacity; log and monitor data
  - Implement data backups, encryption
- **Contingency**
  - Restore backups; check logs to assess the scope and nature of the incident
  - Consult with IBM for further action; continue monitoring the situation

# Medical IoT Devices

## WIRELESS IMPLANTABLE MEDICAL DEVICES



- Devices used in health monitoring, remote treatment, physical and digital infrastructure
  - Includes wearables, surgical robotics, tracking devices, PCs, etc.
- **Risks**
  - Using default usernames and passwords to automatically establish a wireless connection
  - Lack of authentication when pumps are configured to allow FTP connections
  - *Dead facing* - device display is blank, but continues to administer a therapy
- **Consequences**
  - Cost of repair/replacement, costs to cover injuries
  - Loss of trust from patients, falling behind competition
  - Non-compliance issues, revenue loss
- **Mitigation**
  - IDS, strong password protection, encrypted WiFi
  - Maintenance, auditing devices and hospital network, inform users of vulnerabilities
- **Contingency**
  - Capture scope of attack, fix affected devices
  - Log events, review ACLs (modify if necessary)

Severity - 98/100

Likelihood - 42%

Score - 41.16

# Medical Software



Severity - 94/100

Likelihood - 40%

Score - 37.6

- Software that stores, processes, and transmits vital information
  - Used in databases, research, diagnosis, billing, imaging, telemedicine, processing EHRs, patient tracking, etc.
- **Risks**
  - Outdated software, vulnerabilities in code
  - Misconfiguration, software bugs
  - Flawed display of information, human error
- **Consequences**
  - Lack of accuracy in data, loss of patients
  - PHI, EHR leaks, HIPAA privacy violation fines
  - Identity theft, medical fraud = damaged reputation
- **Mitigation**
  - Patch and update software regularly
  - Perform vulnerability tests, security by design
- **Contingency**
  - Inform victims and law enforcement of event
  - Lock software, report incident to OEM



# Medical Treatment Equipment



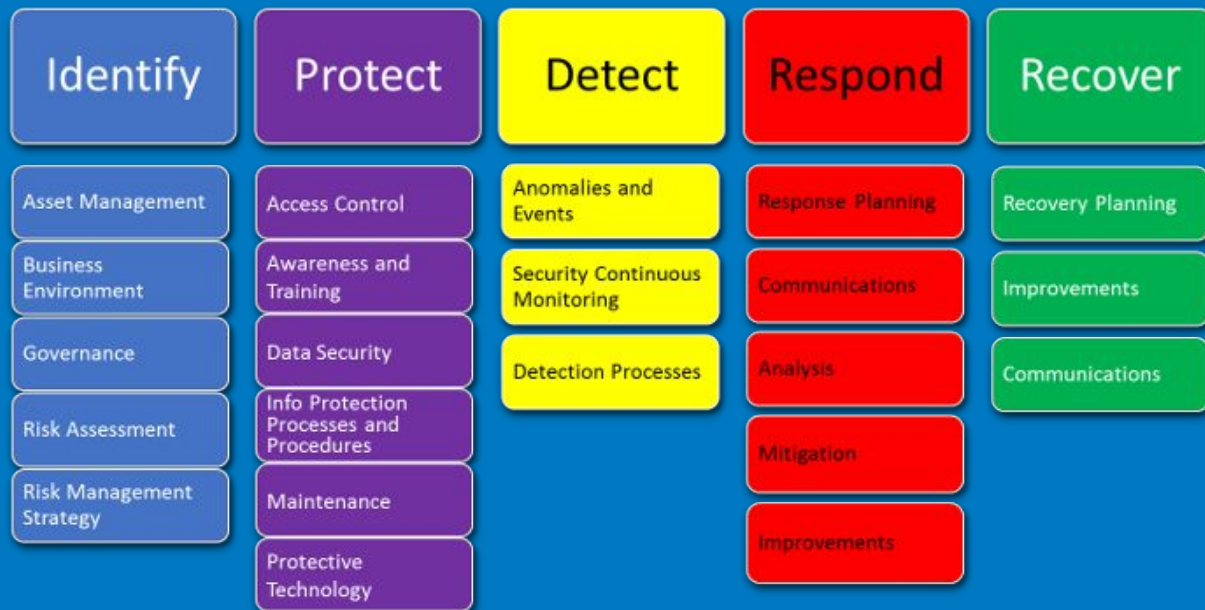
Severity - 97/100

Likelihood - 38%

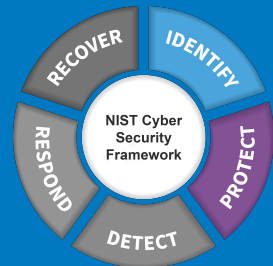
Score - 36.86

- Medical devices or tools designed to treat a specific condition
  - This equipment is critical in performing operations that address abnormalities and restore organs or tissues to working condition
- **Risks**
  - Parts failure
  - Unavailability of spare parts and/or replacements
  - Using obsolete models
- **Consequences**
  - Lower standard of equipment = inefficiency
  - HIPAA violation fines, loss of reputation
  - Clinical mistakes, increased need for hospital resources and unnecessary medical care delays
- **Mitigation**
  - Strategic planning in the acquisition of equipment, warranties, etc.
  - Securing spare parts, technical support, having well-trained maintenance personnel
- **Contingency**
  - Implement incident response strategies
  - Replacement of faulty parts, training refresh

# NIST Cybersecurity Framework

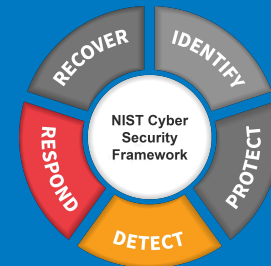


# NIST CSF Recommendations



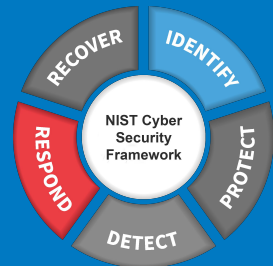
- Asset: **Cloud Data Infrastructure**
  - Risks: unauthorized use, tampering, accidental data loss, inadequate capacity
- Recommended functions/categories/subcategories:
  - **Identify: Risk Assessment** (ID.RA-1,3)
    - **ID.RA-1** addresses the identification and documentation of cloud data infrastructure vulnerabilities
      - The risk assessment policy must address scope, roles, coordination, etc.
    - **ID.RA-3** ensures that internal and external threats are identified and documented
      - Integrate risk assessment results and risk management decisions
  - **Protect: Data Security** (PR.DS-4,5)
    - **PR.DS-4** calls for adequate capacity to ensure availability is maintained
      - Provide an uninterruptible power supply in case of emergency
    - **PR.DS-5** implements protections against data leaks
      - Principle of least privilege

# NIST CSF Recommendations



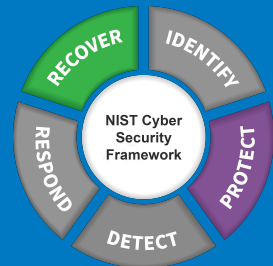
- Asset: **Medical Software**
  - Risks: vulnerabilities in code, flawed display information, human error, insider threats
- Recommended functions/categories/subcategories:
  - **Detect: Security Continuous Monitoring** (DE.CM-4,8)
    - **DE.CM-4** employs measures to detect and eradicate malicious code and bugs
      - Block and/or quarantine malicious code, report on bugs
    - **DE.CM-8** establishes scanning for potential sources of vulnerabilities
      - Port scanning, host-based scanning, network-based scanning, etc.
  - **Respond: Communications** (RS.CO-1,5)
    - **RS.CO-1** states that personnel must know their roles and order of operations when a response is needed
      - Train employees, establish roles and responsibilities
    - **RS.CO-5** recommends voluntary information sharing with external stakeholders to achieve broader cybersecurity situational awareness
      - Cooperate with law enforcement

# NIST CSF Recommendations



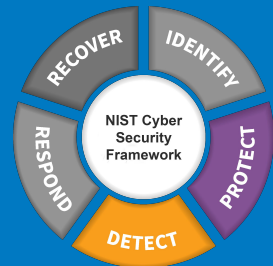
- Asset: **Websites**
  - Risks: Data exposure, unavailability, broken authentication
- Recommended functions/categories/subcategories:
  - **Respond: Mitigation** (RS.MI-1,2)
    - **RS.MI-1:** Incidents are contained
    - **RS.MI-2:** Incidents are mitigated
  - **Identify: Governance** (ID.GV-1,3)
    - **ID.GV-1:** Organizational cybersecurity policy is established and communicated
    - **ID.GV-3:** Legal and regulatory requirements regarding cybersecurity, including privacy and civil liberties obligations, are understood and managed

# NIST CSF Recommendations



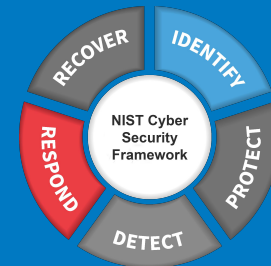
- Asset: **Actuary Equations**
  - Risks: Compromised Equations, Loss of Data
- Recommended functions/categories/subcategories:
  - **Protect: Awareness and Training** (PR.AT-1,2)
    - **PR.AT-1:** All users are informed and trained
    - **PR.AT-2:** Privileged users understand their roles and responsibilities
  - **Recover: Recovery Planning** (RC.RP-1)
    - **RC.RP-1:** Recovery plan is executed during or after a cybersecurity incident

# NIST CSF Recommendations



- Asset: **Electronic Health Records**
  - Risks: Compromised patient information, including personal customer data
- Recommended functions/categories/subcategories:
  - **Protect: Identity Management, Authentication and Access Control** (PR.AC-1,3)
    - **PR.AC-1**: Authorized devices, users, and processes have identities and credentials that are issued for use
    - **PR.AC-3**: Controls remote access
  - **Detect: Anomalies and Events** (DE.AE-1) & **Security Continuous Monitoring** (DE.CM-1)
    - **DE.AE-1**: For users and systems, a baseline of network operations and expected data flows is built and managed
    - **DE.CM-1**: The network is being monitored for potential cyber-attacks

# NIST CSF Recommendations



- Asset: **Payroll Systems**
  - Risks: Compromised financial information, hour padding
- Recommended functions/categories/subcategories:
  - **Identify: Risk Management Strategy** (ID.RM-1,2)
    - **ID.RM-1**: The organization needs to implement risk management practices that are monitored over time and agreed upon by all stakeholders
    - **ID.RM-2**: The risk tolerance of the approach must be identified and explicitly communicated
  - **Respond: Response Planning and Communications** (RS.RP-1, RS.CO-4)
    - **RS.RP-1**: During or after an incident, a response plan is implemented
    - **RS.CO-4**: Stakeholder coordination happens in accordance with response plans



# Conclusion

- Anthem experienced a massive data breach in 2015, in which more than **37.5 million records** were stolen by hackers
  - This breach went **undetected for a month**, which is unacceptable for a company that processes **20 billion claims a year** and stores hundreds of thousands of **petabytes** worth of individual and population clinical data, claims data, EHRs, etc.
- With this cybersecurity assessment, we provide Anthem with best practices, policies, procedures and controls which will serve to improve all aspects of their cybersecurity infrastructure