

Mid-Training Pulse Check

Questions

1. How would you rate the pace of the training so far? *

Too slow

About right

Too fast

2. How confident do you feel in your understanding of the material covered so far? *

0 1 2 3 4 5

Disagree

Agree

3. Which training components are most helpful for your learning? *

Presentations / lectures

Group discussions

Hands-on activities / practice

Case studies / scenarios

Slides, handouts, or reference materials

4. How engaged do you feel during the sessions so far? *

0 1 2 3 4 5

Disagree

Agree

5. What is one thing the trainer could change right now to improve your learning experience?

6. Do you feel comfortable asking questions or speaking up during the training? *

Yes, often

Sometimes

Rarely

No

7. How satisfied are you with the opportunities to practice or apply the concepts during the session?

0 1 2 3 4 5

Disagree

Agree

8. How well do the examples and scenarios reflect your real work situation?

0 1 2 3 4 5

Disagree

Agree

9. Is there any topic covered so far that you feel needs to be revisited or clarified?

10. Do you have any suggestions to improve the remaining sessions (format, interaction, pacing, tools)?

Thank You