# **Descriptive Statistics**

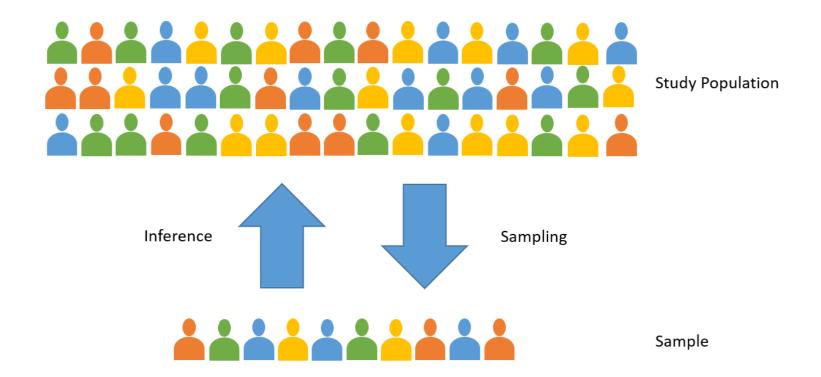
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## What is descriptive statistics?

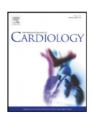
- **Descriptive statistics** is a collection of statistical measures and tools used to give us a better sense of the data we have in front of us (Sample)
- Not to be confused with **inferential statistics** where we are trying to reach conclusions that extend beyond the immediate data we have available (Population).



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### International Journal of Cardiology





Inverse association of MRI-derived native myocardial T1 and perfusion reserve index in women with evidence of ischemia and no obstructive CAD: A pilot study



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## Background

Magnetic resonance "native T1" mapping has been shown to be capable of characterizing abnormal micro circulation in patients with coronary artery disease (CAD). However the potential role of native T1 as an imaging marker and its association with indices of diastolic function or vasodilator-induced myocardial ischemia have not been explored.

## Sample Population

• Twenty-two female patients with INOCA and twelve female reference controls with matching age and body-mass index were studied.

| id <sup>‡</sup> | female | inoca | age ‡    | bmi ‡    | bsa <sup>‡</sup> | hypertension | type_ii_diabetes | ever_smoker | dyslipidemia | family_hist_cad | beta_blocker | calc_chan_blocker | nitrates | aspirin | ace_inhib ‡ | statin <sup>‡</sup> | chest_pain | dyspnea |
|-----------------|--------|-------|----------|----------|------------------|--------------|------------------|-------------|--------------|-----------------|--------------|-------------------|----------|---------|-------------|---------------------|------------|---------|
| 1               | 1      | 0     | 50.25464 | 24.30644 | 1.845874         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 2               | 1      | 0     | 76.62715 | 22.81795 | 1.780491         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 3               | 1      | 0     | 58.67225 | 21.50502 | 1.581906         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 4               | 1      | 0     | 41.57575 | 21.90134 | 1.450523         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 5               | 1      | 0     | 37.76118 | 19.94607 | 1.610652         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 6               | 1      | 0     | 47.15073 | 30.62259 | 2.123460         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 7               | 1      | 0     | 47.04402 | 29.34906 | 2.002971         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 8               | 1      | 0     | 45.81539 | 25.19129 | 1.755049         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 9               | 1      | 0     | 53.07733 | 27.12801 | 1.703724         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 10              | 1      | 0     | 40.55920 | 24.60504 | 1.705182         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 11              | 1      | 0     | 55.08457 | 35.66520 | 2.059184         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 12              | 1      | 0     | 36.77779 | 22.96200 | 1.740983         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 13              | 1      | 1     | 45.32944 | 27.94519 | 2.029789         | 1            | 0                | 0           | 1            | 1               | 1            | 0                 | 0        | 1       | 0           | 1                   | 1          | 1       |
| 14              | 1      | 1     | 55.47515 | 30.03496 | 1.905659         | 0            | 0                | 0           | 0            | 1               | 0            | 0                 | 0        | 1       | 0           | 1                   | 0          | 1       |
| 15              | 1      | 1     | 51.35964 | 32,55694 | 2.038608         | 1            | 0                | 0           | 0            | 1               | 0            | 0                 | 0        | 1       | 0           | 1                   | 1          | 1       |
| 16              | 1      | 1     | 62.67208 | 27.13848 | 1.596034         | 1            | 0                | 1           | 1            | 1               | 1            | 0                 | 1        | 1       | 0           | 1                   | 1          | 1       |
| 17              | 1      | 1     | 48.14824 | 13.08458 | 1.775631         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 18              | 1      | 1     | 57.60344 | 19.66378 | 1.594483         | 1            | 1                | 1           | 1            | 1               | 1            | 1                 | 1        | 1       | 1           | 1                   | 1          | 1       |
| 19              | 1      | 1     | 67.42029 | 30.77893 | 1.895389         | 0            | 0                | 0           | 0            | 1               | 0            | 0                 | 0        | 1       | 0           | 0                   | 0          | 1       |
| 20              | 1      | 1     | 37.45983 | 28.24550 | 1.798313         | 1            | 1                | 1           | 1            | 1               | 1            | 1                 | 1        | 1       | 1           | 1                   | 1          | 1       |
| 21              | 1      | 1     | 27.44932 | 21.87651 | 1.716444         | 1            | 0                | 0           | 1            | 1               | 1            | 0                 | 0        | 1       | 0           | 1                   | 1          | 1       |
| 22              | 1      | 1     | 49.89915 | 27.52762 | 2.070524         | 1            | 0                | 0           | 1            | 1               | 1            | 0                 | 0        | 1       | 0           | 1                   | 1          | 1       |
| 23              | 1      | 1     | 45.13656 | 22.73758 | 1.820579         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 24              | 1      | 1     | 39.95662 | 29.98099 | 1.976931         | 1            | 1                | 1           | 1            | 1               | 1            | 1                 | 1        | 1       | 1           | 1                   | 1          | 1       |
| 25              | 1      | 1     | 41.80441 | 18.55740 | 1.933198         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 26              | 1      | 1     | 38.15933 | 30.82834 | 1.615689         | 0            | 0                | 0           | 0            | 1               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 27              | 1      | 1     | 61.36625 | 30.02312 | 1.648442         | 0            | 0                | 0           | 0            | 1               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 1       |
| 28              | 1      | 1     | 68.53563 | 28.76848 | 1.783414         | 1            | 0                | 1           | 1            | 1               | 1            | 0                 | 1        | 1       | 0           | 1                   | 1          | 1       |
| 29              | 1      | 1     | 65.84178 | 28.45242 | 1.543655         | 1            | 0                | 1           | 1            | 1               | 1            | 0                 | 0        | 1       | 0           | 1                   | 1          | 1       |
| 30              | 1      | 1     | 41.86844 | 30.08427 | 1.891409         | 1            | 0                | 1           | 1            | 1               | 1            | 1                 | 1        | 1       | 0           | 1                   | 1          | 1       |
| 31              | 1      | 1     | 69.99245 | 23.87461 | 1.513025         | 0            | 0                | 0           | 0            | 1               | 0            | 0                 | 0        | 1       | 0           | 0                   | 0          | 1       |
| 32              | 1      | 1     | 44.40067 | 27.50471 | 2.105045         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 33              | 1      | 1     | 78.75432 | 32.87136 | 1.671929         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |
| 34              | 1      | 1     | 58.56695 | 35.86424 | 2.115811         | 0            | 0                | 0           | 0            | 0               | 0            | 0                 | 0        | 0       | 0           | 0                   | 0          | 0       |

## Why Descriptive Statistics?

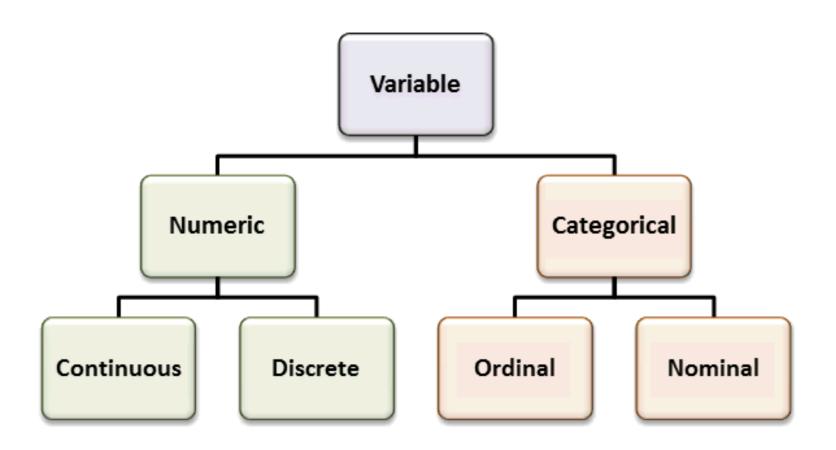
- Provides an understanding of the underlying sample population
- Simplifies large amounts of data to a simpler summary
- Identifies potential measurement errors or mistakes

**Table 1**Baseline clinical and demographic characteristics of the study population.

| Variable                 | Reference controls | INOCA subjects  | p Value |
|--------------------------|--------------------|-----------------|---------|
| Number                   | 12                 | 22              |         |
| Females                  | 12 (100%)          | 22 (100%)       |         |
| Age (years)              | $49.2 \pm 11$      | $52.6 \pm 13$   | 0.436   |
| BMI (kg/m <sup>2</sup> ) | $25.5 \pm 4.5$     | $27.2 \pm 5.3$  | 0.344   |
| BSA (m <sup>2</sup> )    | $1.78 \pm 0.20$    | $1.82 \pm 0.19$ | 0.506   |
| Risk Factors:            |                    |                 |         |
| Hypertension             | 0                  | 11 (50%)        |         |
| Type II diabetes         | 0                  | 3 (14%)         |         |
| Ever smoker              | 0                  | 7 (32%)         |         |
| Dyslipidemia             | 0                  | 10 (45%)        |         |
| Family history of CAD    | 0                  | 16 (73%)        |         |
| Medications:             |                    |                 |         |
| Beta blockers            | 0                  | 10 (45%)        |         |
| Calcium channel blockers | 0                  | 4 (18%)         |         |
| Nitrates                 | 0                  | 6 (27%)         |         |
| Aspirin                  | 0                  | 14 (64%)        |         |
| ACE inhibitors           | 0                  | 3 (14%)         |         |
| Statins                  | 0                  | 12 (55%)        |         |
| Symptoms:                |                    |                 |         |
| Chest pain               | 0                  | 11 (50%)        |         |
| Dyspnea                  | 0                  | 15 (68%)        |         |

Values are mean  $\pm$  standard deviation, or number (percentage).

BMI = body mass index; BSA = body surface area; CAD = coronary artery disease; INOCA = ischemia and no obstructive CAD; ACE = Angiotensin-converting enzyme.



## Quantitative (Numeric)

Variable that has been measured on a numeric or quantitative scale

### **Continuous**

- Can theoretically take on an infinite number of values accuracy is limited only by the measuring instrument
  - e.g. age, BMI, BSA, height, weight, etc..

### **Discrete**

- Numerical variables that are measured and can only be whole numbers
  - e.g. age, heart rate, number of medication taken, number of relapses, etc..

## Qualitative (Categorical)

Variables that are typically not directly measured by an instrument, and are based on observations

#### **Ordinal**

- Variables that have an inherent hierarchical order to the relationship among the different categories
  - e.g. pain scores, stage of cancer, education level, etc..

#### **Nominal**

- Variables that are "named" or classified into one or more qualitative groups
- Do not have a sense of ordering between the different categories
  - e.g. risk factors, types of medications consumed, types of symptoms experienced, surgical outcomes, blood type, gender, etc..

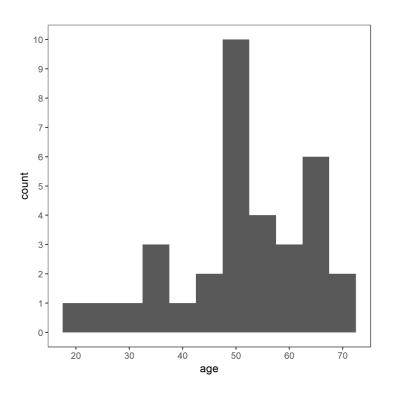
Why do we need to identify the types of data?

In statistics we have specialized tools or measures to handle different type of data

# Quantitative

# **Graphical Summarization**

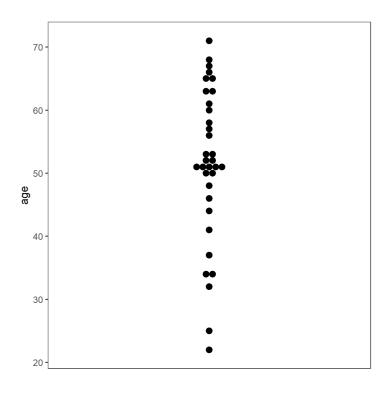
## Histograms



- Histograms allows us to group similar values into 'bins' with specific widths
- Provides intuitive sense of both central tendency and dispersion
- The y axis describes the frequency (counts) of the occurrences of values in each bin

# **Graphical Summarization**

## **Dot plots**



- Dot plots allows us to have a closer look at each observation as represented by individual dots
- Also provides an intuitive sense of both central tendency and dispersion
- Only useful for relatively smaller sets of data

## **Numerical Summarization**

### Measures of Location

- Mean
- Median
- Mode

## Measures of Variability or Dispersion

- Minimum and Maximum
- Percentiles / Interquartile Range (IQR)
- Standard Deviation

## Measures of Location

### Mean

- The sample mean is the most commonly used and readily understood measure of central tendency.
- The sample mean can be defined as:

$$\overline{\mathbf{x}} = \frac{\sum \mathbf{x_i}}{\mathbf{n}}$$

## Mean

### Example

#### Reference

```
## [1] 34 34 37 41 48 50 51 52 53 56 66 67
```

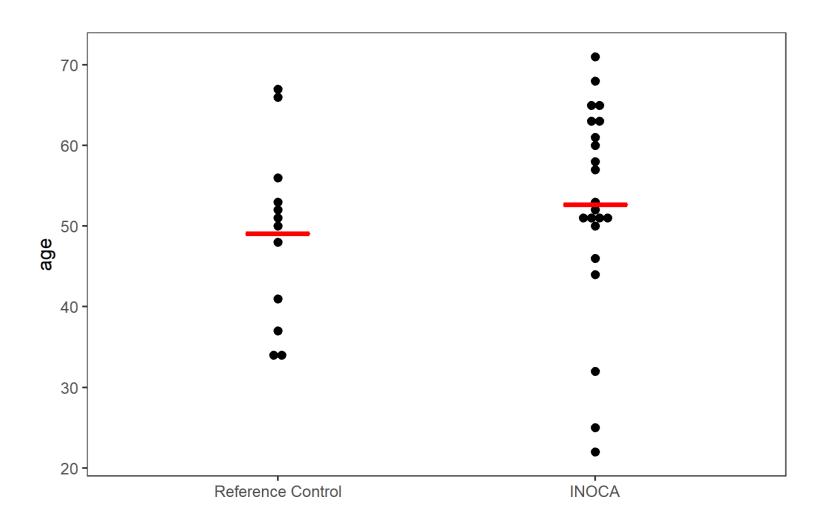
- The total sum of the reference age is 589
- The total number of measurements is 12
- The mean is 49.08

#### **INOCA**

```
## [1] 22 25 32 44 46 50 51 51 51 51 52 53 57 58 60 61 63 63 65 65 68 71
```

- The total sum of the reference age is 1159
- The total number of measurements is 22
- The mean is 52.68

# Mean



## Measures of Location

### Median

- The median is the midpoint of the values
  - We begin by ranking the data from smallest to largest
  - The midpoint value is the point at which half the observations are above the value and half the observations are below the value (50 percentile).
  - If there are two 'middle' values then the median is the average of the two mid values

## Median

### **Example**

#### Reference

```
## [1] 34 34 37 41 48 50 51 52 53 56 66 67
```

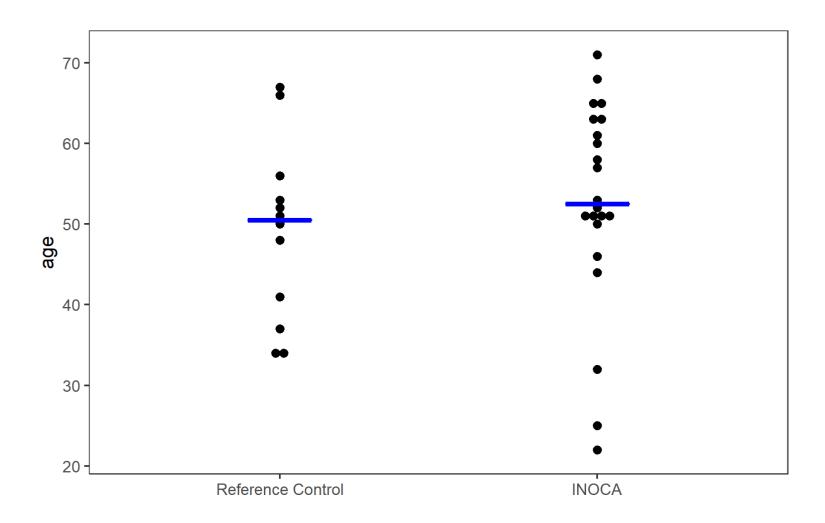
• The median is 50.5

#### **INOCA**

```
## [1] 22 25 32 44 46 50 51 51 51 51 52 53 57 58 60 61 63 63 65 65 68 71
```

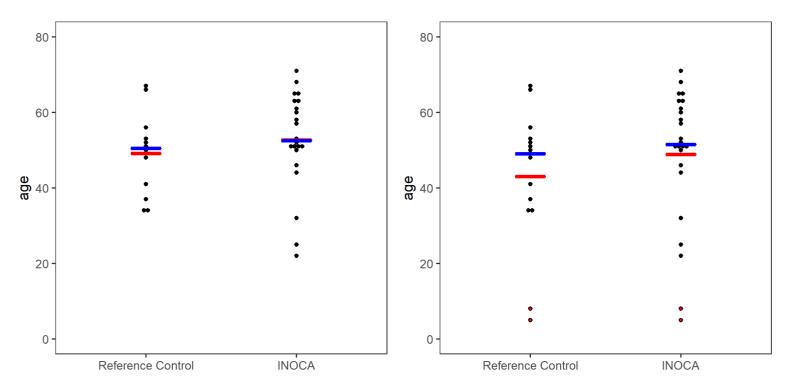
• The median is 52.5

# Median



## Mean vs Median

- The mean and median both measure central tendency.
- However ...
  - The mean is more susceptible to outliers in the data. e.g. *unusual values*
  - The median is more robust to outliers



## Measures of Location

### Mode

- The mode is the value that appears most often in a set of values.
- Not always a measure of central tendency
- The mode is only useful for discrete values or continuous values with limited digits of accuracy

## Mode

## Age vs BMI

### Age (Discrete)

```
## [1] 22 25 32 34 34 37 41 44 46 48 50 50 51 51 51 51 51 52 52 53 53 56 57 ## [24] 58 60 61 63 63 65 65 66 67 68 71
```

### **BMI (Continuous)**

```
## [1] 16.51343 17.45843 20.02502 20.46802 21.60509 21.72114 22.03183 ## [8] 22.71402 23.41656 23.54479 23.98646 24.41757 24.96775 25.19321 ## [15] 25.31125 25.61932 25.69124 26.04075 26.87650 27.66826 27.79021 ## [22] 27.96446 28.85647 29.43411 29.48031 29.88986 30.30300 30.47500 ## [29] 30.71306 32.79919 33.34373 33.51282 36.18887 38.37826
```

## Mode

### **Example**

#### Reference

```
## [1] 34 34 37 41 48 50 51 52 53 56 66 67

##

## 34 37 41 48 50 51 52 53 56 66 67

## 2 1 1 1 1 1 1 1 1
```

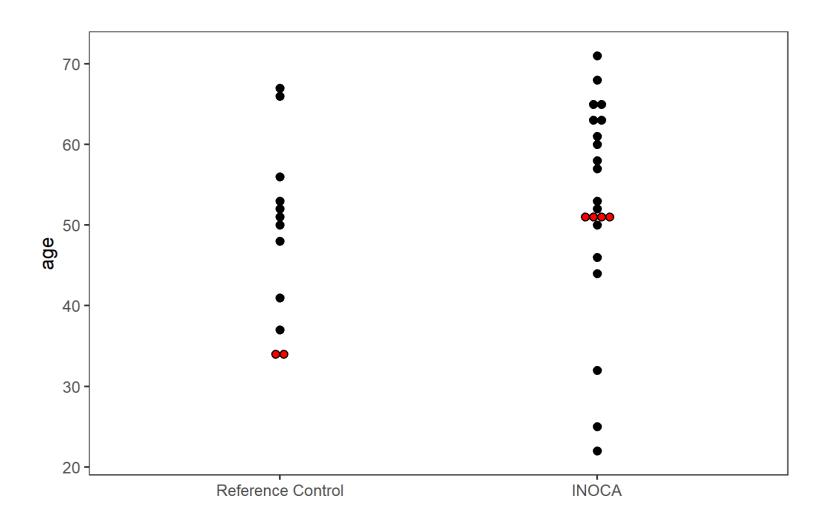
• The mode is 34

#### **INOCA**

```
## [1] 22 25 32 44 46 50 51 51 51 51 52 53 57 58 60 61 63 63 65 65 68 71
##
## 22 25 32 44 46 50 51 52 53 57 58 60 61 63 65 68 71
## 1 1 1 1 1 1 4 1 1 1 1 1 2 2 1 1
```

• The mode is 51

# Mode



# Measures of Variability or Dispersion

### Minimum and Maximum

A measure of dispersion and is defined as the smallest and largest value

## Example

#### Reference

```
## [1] 34 34 37 41 48 50 51 52 53 56 66 67
```

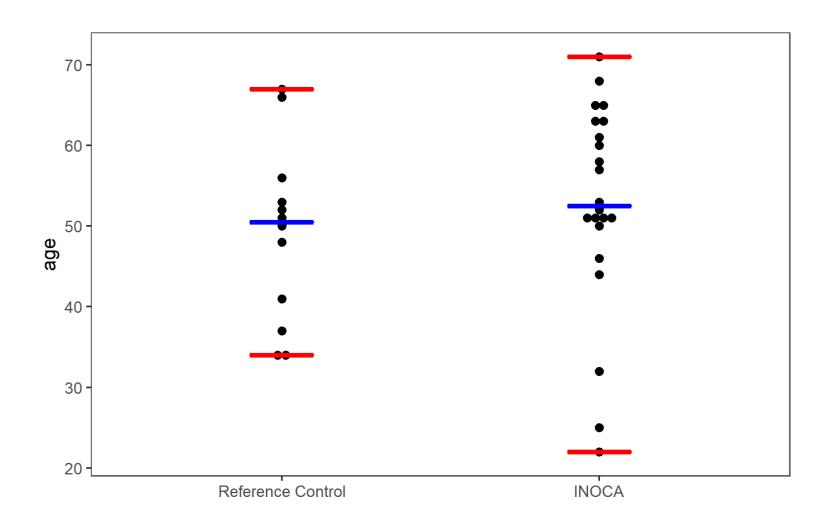
• The min is 34 and max is 67

#### **INOCA**

```
## [1] 22 25 32 44 46 50 51 51 51 51 52 53 57 58 60 61 63 63 65 65 68 71
```

• The min is 22 and max is 71

# Minimum and Maximum



# Measures of Variability or Dispersion

## Percentiles / Interquartile Range (IQR)

• The interquartile range is defined as the range between the 25th and 75th percentiles

$$IQR = Q_3 - Q_1$$

- It is commonly denoted after presenting the median
- The interquartile range can be used to describe the spread of the data. As the spread of the data increases, the IQR becomes larger.
- It is also used to build box plots.

# Percentiles / Interquartile Range (IQR)

## Example

#### Reference

```
## [1] 34 34 37 41 48 50 51 52 53 56 66 67
```

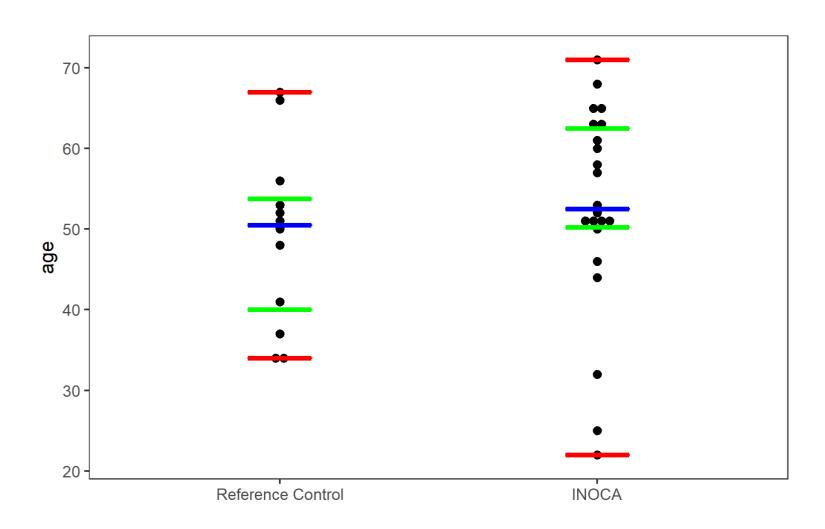
- The 25th percentile is 40 and 75th percentile is 53.75
- The IQR is 13.75

#### **INOCA**

```
## [1] 22 25 32 44 46 50 51 51 51 51 52 53 57 58 60 61 63 63 65 65 68 71
```

- The 25th percentile is 50.25 and 75th percentile is 62.5
- The IQR is 12.25

# Percentiles / Interquartile Range (IQR)



# Measures of Variability or Dispersion

### **Standard Deviation**

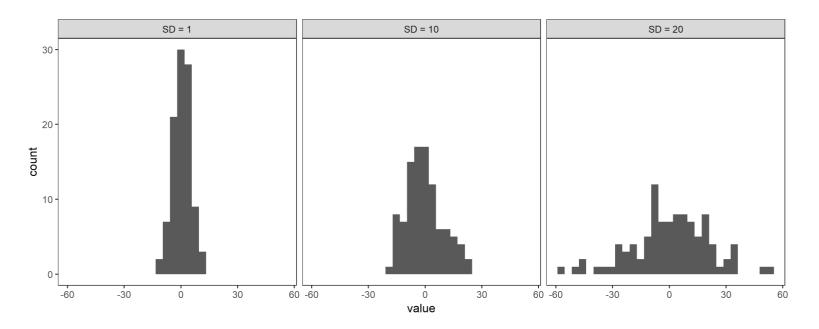
The standard deviation is a measure of how spread out the data are about the mean.

$$s = \sqrt[n]{\frac{1}{N-1}} \sum_{i=1}^{N} (x_i - \overline{x})^2$$

# Measures of Variability or Dispersion

### **Standard Deviation**

All of the figures below have the same exact mean (mean = 0) with varying standard deviations



# Presenting / Describing your data

You should always include **BOTH** a measure of central tendency and measure of dispersion when presenting your data

The choice is dependent on the distribution of your data

### Symmetric Distribution

- mean ± SD
- median (25%, 75% quantiles)
- median (IQR)
- median (min max)

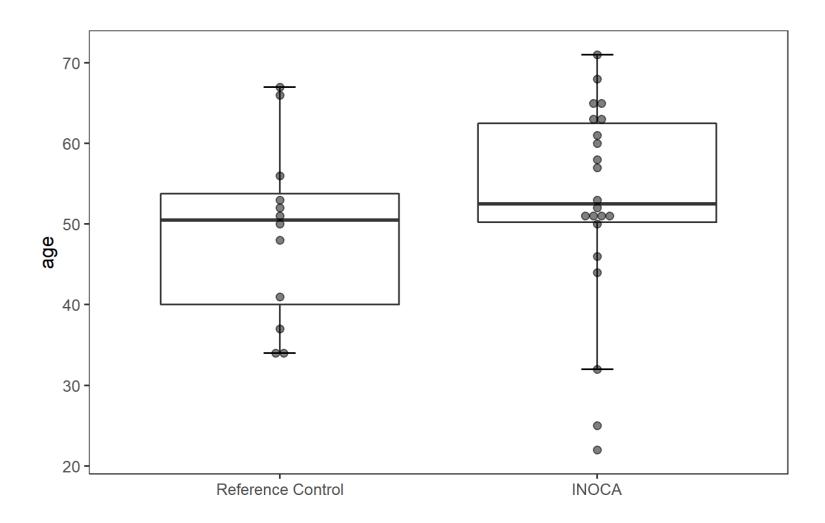
### **Asymmetric Distribution**

- median (25%, 75% quantiles)
- median (IQR)
- median (min max)

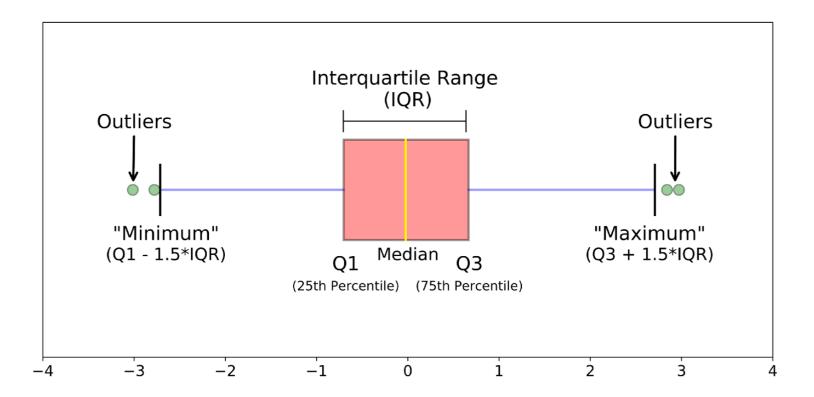
# **Graphical Summarization**

- Histograms
- Dot plotsBox plots

# **Box plots**



# **Box plots**



# Qualitative

## Qualitative (Categorical)

Variables that are typically not directly measured by an instrument, and are based on observations

#### **Ordinal**

- Variables that have an inherent hierarchical order to the relationship among the different categories
  - e.g. pain scores, stage of cancer, education level, etc..

#### **Nominal**

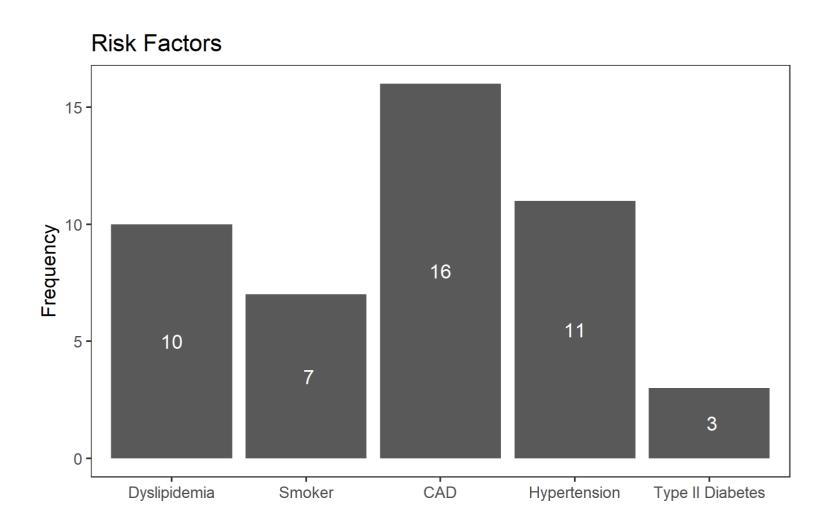
- Variables that are "named" or classified into one or more qualitative groups
- Do not have a sense of ordering between the different categories
  - e.g. risk factors, types of medications consumed, types of symptoms experienced, surgical outcomes, blood type, gender, etc..

# **Summarizing Qualitative Data**

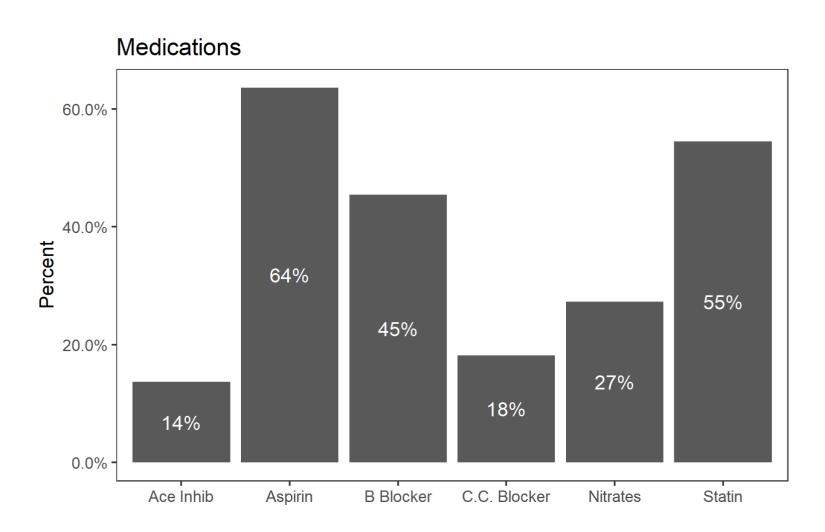
The primary method of summarizing qualitative data is frequency **counts** and **percentages** 

- Graphical Methods
  - Bar Plots

# Bar plots



# **Barplots**



# Summary

# Summary

