

Parent & Children Cookery Club



We have spent 6 fabulous weeks during the summer term having fun with food and cooking with our children.

We made spicy chicken wraps, pizzas, sweet and sour chicken, cakes, biscuits, beef teriyaki, chicken and tomato pasta, sweet and sour quorn and a final week of fantastic fruit carving !



Whilst we had fun we also thought about nutrition, the 'eatwell plate', how homemade versus shop bought was tastier and more cost effective and what we could do with leftovers and some imagination from our stock cupboards.

With this in mind and as an incentive for joining our cookery club we were supported very generously by our local Asda store in Broadstairs. They provided the contents for a 'store cupboard' hamper for each of the families who joined cookery club. The hampers contained; soups, tomato puree, tinned tomatoes, tuna, baked beans, cooking oil, herbs and spices, stock cubes, rice, pasta and cous cous.



Our local Tesco store also provided us with a gift card to purchase knives, chopping boards and other utensils.



The club was made possible because of the commitment and hard work of Chartwells, our school meals provider. Without their support it could not have happened. Chartwells provided all of the food and the most amazing staff to run the club.



Special thanks must go to Donna Heywood, our school cook, Lousie Shelton, mobile cook for Chartwells, Sam from Chartwells, Emma Balkwill, Fun into Food manager and Tracey Mckevitt, Group manager.

Of course if we hadn't had the amazing children and their parents it wouldn't have worked at all !

I look forward to being able to offer this course again next summer so look out for details.