



মণিপুরৰ শাসনৰত্ন (সংস্কৃতি)

**DEPARTMENT OF EDUCATION (S)**

Government of Manipur

**CLASS IX**  
**ENGLISH COURSE BOOK**  
**UNIT III - GAMES AND SPORTS**  
**LESSON - B**  
**THE OLYMPICS AND THE SPIRIT BEHIND IT**

**SOLUTION**

**A. Based on your reading of the text complete the following statements:**

- a) People have been taking part, since time immemorial, in sports and games either **for recreation or for the thrill of competition.**
- b) The Greeks believed that gods and goddesses **lived on the highest mountain Mount Olympus in Greece.**
- c) After Greece was subjugated by Rome the Olympic **Games declined and in AD 342 the Olympics were banned by Emperor Theodosius.**
- d) The modern Olympic Games have been held every four years since 1896 excepting **World War I and II**
- e) The Olympic flag with interlocked rings was first **raised at the 1920 Antwerp Olympics.**
- f) The Olympic anthem is played when the **Olympic flag is raising.**

**B. Answer the following questions in a sentence each:**

- a) **Why did men in ancient Greece visit gymnasiums?**

**Ans:** They visited gymnasiums in order to relax and to keep themselves fit.

- b) **To whom were the Olympic dedicated in ancient Greece?**

**Ans:** It was dedicated to the Olympian Gods and Goddesses.

- c) **Who founded the International Olympic Committee?**

**Ans:** Baron Pierre de Coubertin founded the International Olympic Committee.



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**d) Where was Olympia?**

**Ans:** Olympia was on the border between Greece and Macedonia.

**e) What place music and literature had in the Olympics?**

**Ans:** Besides sporting events, the Olympics had competitions in music and literature also.

**f) How is Spyridon Samaras connected with the Olympic movement?**

**Ans:** He composed the music of Olympic Anthem.

**C. Answer the following questions briefly:**

**a) What was the belief of the Greeks with reference to Mount Olympus?**

**Ans:** The ancient Greeks believed that various deities lived on the snow-capped Mount Olympus.

**b) How were ancient Olympic games held?**

**Ans:** The ancient Olympic games began in 776 BC and were held every four years. There were very few events in those days and only the Greeks could take part in the Games.

**c) How are the modern Olympic Games related to the ancient Olympics?**

**Ans:** The modern Olympics have been inspired by the ancient Greek Olympics. It is a modified revival of the ancient Olympics. Like ancient Olympics, the modern Olympics have been held every four years.

**d) What are Coubertin's contributions in the Olympics Movement?**

**Ans:** The modern Olympic Games have been revived through the efforts of a French Scholar, Pierre de Coubertin. He also founded the International Olympic Committee, the governing body of the Games in 1894, to revive the Olympic Games.

**e) What are Coubertin's advices to the athletes?**

**Ans:** Coubertin advised that the important thing in these Olympics is not so much winning as taking part. The important thing in life is not victory but the battle. The essential thing is not to have conquered but to have been a good loser.”

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