



CLASS IX
ENGLISH COURSE BOOK
UNIT III – GAMES & SPORTS
LESSON C

N. KUNJARANI DEVI (THE PRIDE OF MANIPUR)

SOLUTIONS

A. Complete the following statements:

- a) Kunjarani Devi started her career as a hockey player.
- b) In the first National senior Powerlifting Championship held at Mangalore, 1983, Kunjarani won a Gold medal.
- c) In the first National Games held in New Delhi in 1985, Kunjarani secured a gold medal in the 44 kg class.
- d) Kunjarani climbs the Chingmeirong hill twice a week.
- e) Kunjarani is one of those rare Indian sports person who have consistently won medals at international meets.

B. Answer in a line each:

- a) **What achievement did Kunjarani make in the 18th Commonwealth Games?**
Ans: In the 18th Commonwealth Games Kunjarani secured Games' first Gold.
- b) **How did Kunjarani start her sports career?**
Ans: Kunjarani started her sports career as a hockey player, occupying the position of centre forward.
- c) **What was Kunjarani's achievement in the II- World Women's Weightlifting Championship in Manchester in 1989?**
Ans: Kunjarani won a silver medal.
- d) **Why is 1992, an important year for Kunjarani?**
Ans: In 1992, the government of India honoured her with an Arjuna Award and also 32 medals from International Competitions came under her belt.
- e) **What official position does Kunjarani hold?**
Ans: The position of DSP in CRPF.



C. Answer briefly:

a) Why is Kunjarani called the pint-sized power house?

Ans: Kunjarani is called the pint sized power house because altogether 32 medals from international competitions were under her belt and she was honoured with an Arjuna Award by the Government of India.

b) How has Kunjarani been able to achieve recognition and glory?

Ans: Kunjarani has been able to achieve recognition and glory by dint of her strong will, determination and belief in herself.

c) How did Kunjarani become a household name in India?

Ans: By 1995, when her performance in the 45kg category in Korea, won her the status of World's number one woman weightlifter, she became a household name in India.

d) Why does the writer say that Kunjarani comes from a sports loving family?

Ans: The writer said so because her eldest sister represented Manipur in Shot put and her second eldest sister is a national level Kho-Kho player.

e) Why is Kunjarani called 'Lady Hercules of India'?

Ans: Kunjarani is called 'Lady Hercules of India' because she attributes her continued success to dedication, concerted efforts, regular practice and disciplined regimen. She is not only a symbol of national pride, but also a source of inspiration to a whole generation of sportspersons in this country.
