

CLASS IX ENGLISH COURSE BOOK **UNIT III – GAMES AND SPORTS LESSON - A** CODE OF CONDUCT OF THE MANIPURI MARTIAL ART: THANG-TA

SOLUTIONS

EXERCISES

- A. Complete the following statements:
- a) In ancient Manipur people were well-skilled in the use of sword and spear.
- b) The use of Thang and ta (sword and spear) was a complex skill involving both body and mind.
- c) Learning of *Thang-ta* needed cultivation of *strict moral discipline*.
- d) When a learner of *Thang-ta* enters the *Sindamsang* (school) of the house of his Guru, he must remove his shoes and enter barefoot.
- e) The originator of the art of *Thang-ta* is regarded as *Pakhangba*.
- B. Answer in a sentence each:
- a) What rich tradition of martial art did the Manipuris in ancient days have?

Ans: In ancient days, the *Manipuris* have a rich tradition of *Thang-Ta*.

b) Was a learner of *Thang-ta* allowed to touch his weapons with his feet?

Ans: No. a learner was not 11

Ans: No, a learner was not allowed to touch his weapons with his feet.

c) When had a practice of *Thang-ta* compulsorily to be stopped?

Ans: If any person happens to trespass in between practicing partners, practice for the day must be compulsorily stopped.

d) Could a *Thang –ta* practitioner take left-over food?

Ans: No, a Thang-Ta practitioner could not take left-over food.



C. Answer briefly:

a) How did the Manipuris have a rich tradition of Martial arts?

Ans: Manipuris were well-versed in the use of a variety of weapons, and the use of *Thang and Ta* was specially trained.

b) What is written about *Thang-ta* in Manipuri folklore?

Ans: In Manipuri folklore, it is written that there are ample references to heroes who were skilled in the use of these weapons.

c) How could the Manipuris dare the mighty British in war?

Ans: The Manipuris dared the mighty British in War with the skill of the use of sword and spear (*thang and ta*).

d) Apart from strict codes of conduct, what other qualities were necessary for the development of skill in *thang-ta*?

Ans: Physical strength and mental sharpness were also necessary for the development of the skill.

e) How did a learner of thang-ta acknowledge the sanctity of his weapons?

Ans: Before he picks up his sword, spear, shield, stick etc., he must touch the weapons with his fingers and touch his forehead as acknowledgement of sanctity of the weapons.
