



**OLJABET HOSPITAL  
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*'Healthcare that cares'*  
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**To whom it may concern,**

**5<sup>th</sup>/07/2023.**

**RE: MARION WANJIRU**

The above named has been my patient at Oljabet Hospital Nyahururu. I performed a major special operation on her i.e. anterior & posterior Colposcopy. In view of this and to avoid worsening of the condition, she is advised to avoid strenuous work or exercises. She is advised to avoid long distance walking as well.

The above measures will help her immensely to avoid worsening of the Condition she has.

**Yours faithfully**

**Dr. Waweru Mathu J.M**  
**Obstetrician/Gynecologist & Urologist.**  
**0722525808**