

TOPIC: STIs/ HIV AND AIDS

1. STI:

- It stands for Sexually Transmitted Infection.
- These are infections transmitted through sexual intercourse with an infected individual.

Examples:

- UTI (Urethral Track Infection)
- HIV/AIDS
- Gonorrhea
- Syphilis
- Genital Herpes

2. HIV/AIDS

Brief History of HIV/AIDS in Kenya

- The first reported case of HIV/AIDS was in 1984.
- There was denial of existence of HIV/AIDS shortly after the first case
- This denial hampered necessary measures to be taken early to curb the spread.
- In 1999 HIV/AIDS was declared a National Disaster
- Massive campaign against HIV/AIDS was started.
- Main stream media i.e., TV and Radio programs to fight HIV/AIDS, bill boards, school programs etc.
- Early 2000 there was significant progress in the fight against HIV/AIDS and deaths started coming down especially with the emergence of ARVs.
- Recent statistics however shows an increase in infection among people in this age bracket (15-29)
- Plausible explanation of the surge among the above age bracket is because these people were too young or even not yet born to witness the negative effects of HIV/AIDS when it was a pandemic.

3. Irresponsible Sexual Behaviours Among Teenagers

- These are socially unacceptable and risky sexual behaviours that teenagers commonly engage in:

Examples

- ✚ Teenage sex
- ✚ Pornography
- ✚ Phone sex
- ✚ Masturbation
- ✚ Homosexuality

4. Negative Effects Of Irresponsible Sexual Behaviours Among Teenagers

- Teenage pregnancy
- School drop-outs
- Low self-esteem
- Prostitution
- Poor academic performance
- STIs
- Premature deaths
- Poverty
- Suicide
- Being expelled or suspended from school
- Negative perception towards the opposite gender