



**OLJABET HOSPITAL**

**NYAHURURU**

[oljabethospital@yahoo.com](mailto:oljabethospital@yahoo.com)

[www.oljabethospital.co.ke](http://www.oljabethospital.co.ke)

0722624363 /0714063702

**Dear Sir/Madam,**

**SUBJECT: REQUEST FOR AUDIENCE FOR GERIATRICS MEDICAL CHECK-UP**

Receive greetings from Oljabet hospital and we hope this letter finds you in good health and high spirits. Oljabet hospital has been serving the community for many years and has built a reputation for providing high-quality care to our patients. Consequently, we have established an outreach geriatrics clinic at Oljabet Hospital, with the goal of providing much-needed services to the elderly population in your area of jurisdiction.

Our objectives for the Geriatrics Medical Camp:

1. Health Screenings: Comprehensive assessments for conditions like hypertension, diabetes, arthritis, and cardiovascular diseases.
2. Medical Consultations: Personalized consultations and advice from experienced geriatricians, nurses, and pharmacists.
3. Medication Review: Ensuring appropriate medication usage, minimizing side effects, and optimizing drug regimens.
4. Health Education: Empowering older adults through educational sessions on nutrition, exercise, fall prevention, medication management, and mental well-being

Additionally, our camp will focus on:

1. Health Education/Awareness: Promoting knowledge about common health issues among the elderly.
2. Home-based Care: Supporting elderly individuals receiving care at home.
3. Outreach Services: Providing community-based healthcare for those with limited access.
4. Nutrition Advice: Guidance on maintaining a healthy diet for older adults.

5. Free Vital Signs Check: Offering complimentary measurements of temperature, blood pressure, BMI, and random blood sugar.
6. Specialized Clinics Appointments: eg. gynecology, orthopedic, ENT, urology, optical, and dental.

NB: Free services for National Hospitals Insurance Fund (NHIF) beneficiaries.

We kindly seek your support in terms of awareness, mobilization, and venue.

Thank you for considering our request. We look forward to meeting and discussing this important initiative with you.

Yours sincerely,

Director