**TOPIC: STs/ HIV AND AIDS**

1. **STI:**

* It stands for Sexually Transmitted Infection.
* These are infections transmitted through sexual intercourse with an infected individual.

Examples:

* UTI ( Urethral Track Infection)
* HIV/AIDS
* Gonorrhea
* Syphilis
* Genital Herpes

1. **HIV/AIDS**

**Brief History of HIV/AIDS in Kenya**

* The first reported case of HIV/AIDS was in 1984.
* There was denial of existence of HIV/AIDS shortly after the first case
* This denial hampered necessary measures to be taken early to curb the spread.
* In 1999 HIV/AIDS was declared a National Disaster
* Massive campaign against HIV/AIDS was started.
* Main stream media i.e., TV and Radio programs to fight HIV/AIDS, bill boards, school programs etc.
* Early 2000 there was significant progress in the fight against HIV/AIDS and deaths started coming down especially with the emergence of ARVs.
* Recent statistics however shows an increase in infection among people in this age bracket (15-29)
* Plausible explanation of the surge among the above age bracket is because these people were too young or even not yet born to witness the negative effects of HIV/AIDS when it was a pandemic.

1. **Irresponsible Sexual Behaviours Among Teenagers**

* These are socially unacceptable and risky sexual behaviours that teenagers commonly engage in:

**Examples**

* Teenage sex
* Pornography
* Phone sex
* Masturbation
* Homosexuality

1. **Negative Effects Of Irresponsible Sexual Behaviours Among Teenagers**

* Teenage pregnancy
* School drop-outs
* Low self-esteem
* Prostitution
* Poor academic performance
* STIs
* Premature deaths
* Poverty
* Suicide
* Being expelled or suspended from school
* Negative perception towards the opposite gender