

X Healthcare: How to Administer an Intramuscular Injection

Policy Number 10

Purpose

This policy outlines the procedure for administering intramuscular injections at X Healthcare, ensuring patient safety and adherence to best practices.

Scope

This policy applies to all healthcare personnel authorized to administer intramuscular injections at X Healthcare facilities.

Procedure

1. Preparation:

- Verify the physician's order.
- Gather necessary supplies: medication, syringe, needle, alcohol swabs, gauze, gloves, and sharps container.
- Wash hands thoroughly and put on gloves.
- Identify the patient using two identifiers.
- Explain the procedure to the patient and answer any questions.

2. Medication Preparation:

- Check medication label for correct drug, dose, and expiration date.
- Clean the top of the medication vial with an alcohol swab.
- Draw up the correct dose of medication into the syringe, ensuring no air bubbles.

3. Injection Site Selection:

- Select appropriate injection site: deltoid, vastus lateralis, or ventrogluteal.
- Clean the injection site with an alcohol swab using a circular motion.

4. Injection Administration:

- Hold the skin taut.
- Insert the needle at a 90-degree angle.

- Aspirate to check for blood return.
- Inject the medication slowly and steadily.
- Withdraw the needle and immediately apply pressure with gauze.

5. Post-Injection Care:

- Activate the safety mechanism on the needle, if applicable.
- Dispose of the needle and syringe in the sharps container.
- Monitor the patient for any adverse reactions.
- Document the administration in the patient's chart.

Documentation

The following information must be documented:

- Date and time of injection
- Medication name and dose
- Injection site
- Patient's response to injection
- Any adverse reactions

Safety Precautions

- Always use sterile technique.
- Never recap needles.
- Dispose of sharps in designated containers.
- Report any medication errors or adverse reactions immediately.

Training Requirements

All personnel administering intramuscular injections must complete required training and competency assessments.

Review and Revision

This policy will be reviewed and revised annually, or as needed.