### **Emmanuel G. Rusiana Jr. BSIT 3 - section 4**

### **The Meaning of War and Peace**

War and peace are two opposing forces that have shaped history and continue to influence the present world. The story War and Peace explores the struggles, sacrifices, and consequences of conflict, highlighting how war is driven by power, ambition, and human emotions. At the same time, it shows that peace is not merely the absence of war but a state of harmony that requires understanding, wisdom, and effort. One of the central themes of the story is the duality of human nature—the constant battle between destruction and creation, chaos and order. While war brings devastation, it also reveals human resilience, and peace, though desirable, is often fragile and requires continuous effort to maintain.

This theme remains highly relevant today. Modern conflicts, whether political, social, or personal, often stem from the same issues depicted in the story—greed, misunderstanding, and the desire for control. Nations still wage wars over resources, ideologies, and power, causing suffering and displacement. On a smaller scale, individuals experience internal and external conflicts in their daily lives, struggling between ambition and contentment, aggression and compassion.

The lesson from War and Peace reminds us that achieving peace, whether globally or personally, is not a passive process. It requires conscious effort, communication, and a willingness to resolve differences without violence. In a world filled with division and unrest, this message is more important than ever, urging us to seek understanding over conflict and unity over separation. True peace is not just about the absence of war—it is about fostering harmony through wisdom, empathy, and cooperation.

### **Lessons from** Miss USA

The most important lesson from Miss USA is that self-worth should not be defined by external validation. The story reveals how societal expectations and judgments shape a person’s identity, leading to struggles with self-acceptance. The protagonist's experience as a beauty queen highlights the pressures of living up to an ideal that is often unattainable and superficial. Her journey reflects a common struggle—seeking approval from others instead of embracing one’s true self.

This lesson applies to everyday life, where many people base their self-worth on appearance, achievements, or social status. Just as nations engage in conflicts to assert power, individuals often compete for recognition, believing it will bring fulfillment. However, true happiness does not come from external approval but from self-acceptance and personal growth.

Miss USA teaches us that lasting peace—both personally and globally—begins when we stop seeking validation from others and embrace our own worth. Just as conflicts arise when individuals or nations feel the need to prove themselves, inner turmoil grows when people tie their value to external judgments. The key to genuine fulfillment lies in defining success on our own terms and recognizing that true beauty and worth come from within.

Do you accept people's oppinion shape your identity? Is this an erotesis?

Can war be stopped to gain eternal peace?