# McKibben DSC520 Final Project 9.3

#### Makayla McKibben

2024-08-03

# Week 8 Ex. 8.3

#### Introduction

Global awareness and tolerance of mental health conditions have been increasing rapidly in the last few years. However, a recent comprehensive analysis of the prevalence and most effective treatments of anxiety is not something I've come across. Mental illness and, specifically, anxiety is a topic that affects a great many people. Whether you are afflicted or have a spouse, relative, or friend who deals with mental illness, the impact of anxiety on a person's quality of life can touch nearly everyone. In order to determine the prevalence of anxiety and the effectiveness of various treatments, we will look at several datasets that provide recent, relevant information. R will be critical in analyzing this much data from these expansive datasets. While the World Health Organization published a study in 2019, and the NIH published a study using data from 2001 - 2004, I'd like to see how a more recent analysis will compare with their findings. This data and our inferences can be checked against the 2019 WHO analysis to see the progression of anxiety's pervasiveness and treatment options in the last five years and against the NIH study to see the change in the last 20 years.

#### Research questions

What are the most prevalent symptoms of anxiety? How many people experience symptoms of anxiety? Are specific demographics affected more heavily by anxiety? In the last five years, has the number of people affected by anxiety changed from the WHO study's predictions? In the last 20 years, has the number of people affected by anxiety changed from the NIH study? What medications are available to treat anxiety? Which medications appear to be most effective at treating anxiety? How many cases of anxiety are managed by the most effective medications?

#### Approach

The first part of the analysis will deal with datasets that involve the symptoms that indicate an anxiety disorder. We can establish trends from the number of people experiencing symptoms versus those diagnosed and possibly create theories about its pervasiveness; this will dovetail with the second part of our analysis. The second step will be to work with different global datasets to determine the trends of the prevalence of anxiety disorders and compare the data results between the first two analysis phases to see if our prediction about the number of people affected matches up. The last step will look at a dataset that has ratings of the effectiveness of psychiatric medications, which we will narrow down to anxiety. We can take the trends of prevalence and compare them to the effectiveness of various medications and make a supposition about whether or not certain medications seem more effective at treating anxiety. We can examine all of our datasets to see if specific demographics are particularly susceptible to experiencing anxiety and if certain medications are more effective for different demographic groups as well. We can use the data from the first two parts of our analysis and cross-correlate with the number of people prescribed effective medications to make a conjecture about how many cases of anxiety are well managed.

# How your approach addresses (fully or partially) the problem.

The datasets I intend to use are more recent than those from the 2019 WHO study which used data from 2018 and 2019 and the 20-year-old data from the NIH study. I have selected six datasets, two from 2022 and the remaining four updated this year. Once I've analyzed all of this more recent data, I can compare this new information with the WHO and NIH studies and see if there have been unaccounted-for changes.

# Data (Minimum of 3 Datasets - but no requirement on number of fields or rows)

Global Mental Health Disorders Kaggle https://www.kaggle.com/datasets/thedevastator/global-mental-health-disorders "This dataset contains valuable information about the prevalence of mental health disorders including schizophrenia, bipolar disorder, eating disorders, anxiety disorders, drug use disorders, depression, and alcohol use disorders from various countries across the globe." 108554 rows, 11 columns Updated 2022 Missing values left blank

Gender Mental Disorder Prevalence Kaggle https://www.kaggle.com/datasets/thedevastator/gender-mental-disorder-prevalence-2019 "This dataset provides the gender-based prevalence of mental health disorders around the world in 2019." 56396 rows, 8 columns Updated 2022 Reisha Hermana Missing values left blank

Mental Health Data (Anxiety) Kaggle https://www.kaggle.com/datasets/michellevp/predicting-anxiety-in-mental-health-data "This dataset appears to contain a variety of features related to text analysis, sentiment analysis, and psychological indicators, likely derived from posts or text data. Additionally, there are features related to psychological aspects such as economic stress, isolation, substance use, and domestic stress. The dataset seems to cover a wide range of linguistic, psychological, and behavioral attributes, potentially suitable for analyzing mental health-related topics in online communities or text data." 1968 rows, 350 columns Updated 2024 Collected 2018-2019 Missing values blank or zero

Indicators of Anxiety or Depression Kaggle https://www.kaggle.com/datasets/melissamonfared/indicators-of-anxiety-or-depression "This dataset contains information on the indicators of anxiety or depression based on the reported frequency of symptoms during the last 7 days. The data is collected through the Household Pulse Survey, launched by the U.S. Census Bureau in collaboration with five federal agencies." 16093 rows, 14 columns Updated 2024 Collected 2020-2024 No missing values

Mental Health Dataset Kaggle https://www.kaggle.com/datasets/divaniazzahra/mental-health-dataset "This dataset records a global survey conducted to track trends in mental health. The data covers a range of variables such as levels of stress, depression, anxiety, subjective well-being, and use of mental health services. The survey involved respondents from various demographic backgrounds, including gender, employment status, and geographic region." 292365 rows, 17 columns Updated 2024 Collected 2014-2016 No missing values

WebMD Reviews for Psychiatric Drugs Kaggle https://www.kaggle.com/datasets/sepidehparhami/psychiatric-drug-webmd-reviews "This dataset consists of unstructured text reviews, categorical ratings, and demographics from patients and caregivers of patients on various psychiatric drugs. The current version of the dataset contains over 61,000 reviews for hundreds of medications used to treat psychiatric disorders." 61321 rows, 13 columns Updated 2024 Collected 2007-2024 Missing data cell is left blank

**Anxiety disorders** World Health Organization https://www.who.int/news-room/fact-sheets/detail/anxiety-disorders

Any Anxiety Disorder NIH https://www.nimh.nih.gov/health/statistics/any-anxiety-disorder

# Required Packages

At least: purrr tidyverse Metrics ggplot2

#### Plots and Table Needs

We will need quite a few plots and tables. At least: Number of people experiencing anxiety symptoms globally % globally by country % by country by demographic % by demographic Number of people diagnosed with anxiety globally % globally by country % by country by demographic % by demographic The most prevalent anxiety symptoms globally % globally by country % by country by demographic % by demographic Most prevalent medications globally % globally by country % by country by demographic % by demographic Ratings of medications Number of people taking specified medication The number of cases we predict will be well-managed

#### Questions for future steps

Do we anticipate the trends in prevalence we've found to continue over the next five years? The following 10, 20? Do we anticipate the number of people with anxiety that is well-managed to change? How? Are there newer medications that we do not have data on? Do we expect the representation of those diagnosed in specific demographics to change? How?

What do you not know how to do right now that you need to learn to answer your research questions?

I think I have all the resources and information I need to complete this project; it will just take time.

#### Week 9 Ex. 9.3

#### Code for Importing and Cleaning the Data

```
# Import necessary packages
#install.packages("tidyverse")
library(tidyverse)

## Warning: package 'tidyverse' was built under R version 4.4.1

## Warning: package 'ggplot2' was built under R version 4.4.1

## Warning: package 'tibble' was built under R version 4.4.1

## Warning: package 'tidyr' was built under R version 4.4.1
```

## Warning: package 'readr' was built under R version 4.4.1

```
## Warning: package 'purrr' was built under R version 4.4.1
## Warning: package 'dplyr' was built under R version 4.4.1
## Warning: package 'forcats' was built under R version 4.4.1
## Warning: package 'lubridate' was built under R version 4.4.1
## -- Attaching core tidyverse packages ----- tidyverse 2.0.0 --
## v dplyr 1.1.4 v readr
                                   2.1.5
## v forcats 1.0.0 v stringr 1.5.1
## v ggplot2 3.5.1 v tibble
                                  3.2.1
## v lubridate 1.9.3 v tidyr
                                   1.3.1
## v purrr
              1.0.2
## -- Conflicts ----- tidyverse_conflicts() --
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()
                  masks stats::lag()
## i Use the conflicted package (<a href="http://conflicted.r-lib.org/">http://conflicted.r-lib.org/</a>) to force all conflicts to become error
# Import all data files
healthanxiety <-
  read.csv(file = 'healthanxiety_dataset.csv',
          header = TRUE, sep =",", stringsAsFactors = FALSE)
indicators_anxiety <-</pre>
  read.csv(file = 'Indicators_of_Anxiety_or_Depression.csv',
          header = TRUE, sep =",", stringsAsFactors = FALSE)
global mental <-</pre>
  read.csv(file = 'Mental Health Data Global.csv',
          header = TRUE, sep =",", stringsAsFactors = FALSE)
mental <-
  read.csv(file = 'Mental Health Dataset.csv',
          header = TRUE, sep =",", stringsAsFactors = FALSE)
prevalence <-</pre>
  read.csv(file = 'prevalence-of-anxiety-disorders-males-vs-females.csv',
          header = TRUE, sep =",", stringsAsFactors = FALSE)
meds <-
 read.csv(file = 'psychiatric_drug_webmd_reviews.csv',
          header = TRUE, sep =",", stringsAsFactors = FALSE)
# Check out the data
# First dataset
head(healthanxiety)
        subreddit
                           author
## 1 healthanxiety
                         Nomis176 1/1/2018
## 2 healthanxiety psychstudent317 1/1/2018
```

```
## 3 healthanxiety
                          bulk_barn 1/1/2018
                      AutoModerator 1/1/2018
## 4 healthanxiety
## 5 healthanxiety
                      parthkhurana7 1/1/2018
## 6 healthanxiety anxietyislife22 1/1/2018
## 1 Final doctor appointment tomorrow, tired of constantly seeking reassurance! Ive decided that Im ha
## 3
## 4
## 5
     automated_readability_index coleman_liau_index flesch_kincaid_grade_level
##
## 1
                         9.137909
                                              7.282428
                                                                           8.616061
## 2
                                              7.131386
                                                                           3.665806
                         4.399892
## 3
                         3.590660
                                              4.930895
                                                                           4.605802
## 4
                         4.515682
                                              7.033342
                                                                           5.059091
## 5
                         3.034388
                                              5.356252
                                                                           3.977494
## 6
                         1.114750
                                              3.142913
                                                                           2.765000
##
     flesch_reading_ease gulpease_index gunning_fog_index
                                                                   lix smog_index
## 1
                 72.47409
                                 61.09091
                                                   11.345455 39.57576
## 2
                 87.18538
                                 74.16129
                                                    5.423656 23.23656
                                                                          6.427356
## 3
                 85.64097
                                 72.58491
                                                    7.564151 22.68396
                                                                          8.076483
                                 72.86364
## 4
                 78.38364
                                                    8.945455 26.90909
                                                                          9.516145
## 5
                 85.30696
                                 76.72152
                                                    7.757637 26.35612
                                                                          8.648137
## 6
                 93.05000
                                 81.75000
                                                    5.500000 21.25000
                                                                          6.627428
     wiener_sachtextformel n_chars n_long_words n_monosyllable_words
## 1
                                1371
                  3.8370667
                                                58
## 2
                                                                      23
                  0.7243462
                                 136
                                                 4
## 3
                  1.0987962
                                                10
                                                                      83
                                 414
## 4
                  2.8111318
                                 382
                                                14
                                                                      65
## 5
                  2.0245278
                                 644
                                                25
                                                                     127
## 6
                  0.3248750
                                 298
                                                 9
                                                                      65
     n_polysyllable_words n_sents n_syllables n_unique_words n_words sent_neg
## 1
                        21
                                 15
                                             437
                                                                     330
                                                                             0.130
                                                             172
## 2
                         1
                                  3
                                              40
                                                              24
                                                                      31
                                                                             0.281
## 3
                         6
                                  8
                                             135
                                                              68
                                                                     106
                                                                             0.091
## 4
                        10
                                  8
                                             122
                                                              64
                                                                      88
                                                                             0.138
## 5
                        14
                                 15
                                             207
                                                              98
                                                                     158
                                                                             0.131
## 6
                         3
                                  8
                                                              52
                                                                      80
                                                                             0.222
     sent_neu sent_pos sent_compound economic_stress_total isolation_total
##
                              -0.3075
## 1
        0.749
                  0.121
                                                             0
## 2
        0.719
                  0.000
                               -0.8677
                                                             0
                                                                              0
                                                             0
                                                                              0
## 3
        0.761
                  0.148
                                0.7464
## 4
                                                             0
                                                                              0
        0.763
                  0.098
                               -0.5824
## 5
                                                             0
                                                                              0
        0.781
                  0.088
                               -0.7096
## 6
        0.639
                               -0.7650
                                                             0
                                                                              0
                  0.139
     substance_use_total guns_total domestic_stress_total suicidality_total
## 1
                        3
                                    0
## 2
                        0
                                    0
                                                            0
                                                                               0
## 3
                        2
                                    0
                                                            0
                                                                               0
## 4
                        0
                                    0
                                                            0
                                                                               0
## 5
                        0
                                    0
                                                                               0
## 6
                        0
                                    0
                                                                               0
     punctuation liwc_1st_pers liwc_2nd_pers liwc_3rd_pers liwc_achievement
```

```
## 1
               33
## 2
                4
                               0
                                               0
                                                              0
                                                                                 0
## 3
               12
                               2
                                               5
                                                              0
## 4
               14
                               0
## 5
               25
                               0
## 6
                8
                               0
                                               0
                                                              0
     liwc_adverbs liwc_affective_processes liwc_anger liwc_anxiety
                12
## 1
                                            16
                                                        1
## 2
                 0
                                             2
                                                         0
                                                                       0
## 3
                 8
                                             7
                                                         1
                                                                       0
## 5
                 5
                                             9
                                                                       1
## 6
                 3
                                             3
     {\tt liwc\_articles\_article\ liwc\_assent\ liwc\_auxiliary\_verbs\ liwc\_biological}
                          16
                                        0
                                                              31
## 2
                           0
                                        0
                                                               6
                                                                                 3
## 3
                           3
                                        0
                                                              10
                                                                                 8
## 4
                           5
                                                                                 4
## 5
                          11
                                                              18
                                                                                17
                           7
                                        2
## 6
                                                              12
     liwc_body liwc_causation liwc_certainty liwc_cognitive liwc_common_verbs
                              5
                                               2
                                                              53
## 2
                                               0
                                                               4
                                                                                   6
                              1
              1
## 3
                              2
                                                              15
                                                                                  23
## 4
                                                              10
              0
                                                                                  11
                                                              18
                                                                                  27
## 6
              1
                              0
                                               0
                                                              18
                                                                                  19
     liwc_conjunctions liwc_death liwc_discrepancy liwc_exclusive liwc_family
                     28
                                   0
                                                     4
## 2
                       2
                                   0
                                                                      1
                                                                                   0
## 3
                       9
                                   0
                                                                      3
                                                                                   0
## 4
                       6
                                                                                   0
## 5
                     14
                                   1
## 6
                      5
                                   0
                                                     1
                                                                      6
     liwc_feel liwc_fillers liwc_friends liwc_future_tense liwc_health liwc_hear
## 1
              4
                            0
                                          0
                                                              5
                                                                          17
## 2
                            0
                                          0
                                                              0
                                                                           2
                                                                                      0
## 3
              0
                            0
                                          0
                                                              0
                                                                           5
                                                                                       4
## 4
## 5
              0
                            0
                                          0
                                                              0
                                                                          10
## 6
              5
                            1
                                          0
                                                              0
     liwc_home liwc_humans liwc_impersonal_pronouns liwc_inclusive liwc_ingestion
## 1
              0
                           2
                                                     26
                                                                      22
## 2
              0
                           0
                                                       4
                                                                       2
                                                                                        0
                                                      7
## 3
## 4
                                                      6
## 5
                                                     10
## 6
                           0
                                                      5
     liwc_inhibition liwc_insight liwc_leisure liwc_money liwc_motion
## 1
                    0
                                  12
                                                 1
                                                             0
## 2
                    0
                                                 0
                                                             0
                                                                          0
                                   1
## 3
                    0
                                   5
                                                 0
                                                                          0
## 4
                    0
                                   1
                                                 3
                                                                          0
## 5
                                                 0
                                   1
```

```
## 6
                                   5
                                                 0
     liwc_negations liwc_negative_emotion liwc_nonfluencies liwc_numbers
                                           8
## 2
                   0
                                                               0
                                                                              0
## 3
                   1
                                                               0
                                                                              0
## 4
                   0
                                            3
                                                               0
                                                                              0
## 5
                   3
## 6
                                           0
                   1
     liwc_past_tense liwc_perceptual_processes liwc_personal_pronouns
## 1
                                                 8
## 2
                    2
                                                                          3
## 3
                    0
                                                                         12
## 4
                    1
                                                                          3
## 5
                    16
                                                                         11
## 6
                    2
     liwc_positive_emotion liwc_prepositions liwc_present_tense liwc_quantifiers
## 1
                           8
                                              39
                                                                   39
## 2
                           0
                                                                                       0
                                               1
                                                                    4
## 3
                           4
                                              11
                                                                   23
                                                                                      1
## 4
                                              12
## 5
                                               9
                                                                   11
                                                                                       4
                           3
                                              11
     liwc_relativity liwc_religion liwc_sadness liwc_see liwc_sexual
## 1
                   49
                                    0
                                                  1
                                                            2
## 2
                                                                         0
                    0
                                    0
                                                  0
                                                            0
## 3
                   10
                                    0
                                                  0
                                                                         0
## 4
                   14
                                    0
                                                  0
                                                            0
                                                                         0
## 5
                   23
                                    0
                                                  1
                                                            1
## 6
                    9
                                    0
                                                  0
                                                            0
                                                                         0
     liwc_social_processes liwc_space liwc_swear_words liwc_tentative liwc_time
## 1
                           9
                                      19
                                                          0
## 2
                           1
                                       0
                                                          0
                                                                          1
                                                                                     0
## 3
                          13
                                       3
                                                                          2
                                                                                     6
                                       3
                                                                          2
## 4
                           6
                                                          0
                                                                                    10
                           2
                                       9
                                                                          5
## 5
                                                                                    12
                                       2
                                                                          2
## 6
                           1
                                                          0
     liwc_total_functional liwc_total_pronouns liwc_work tfidf_abl tfidf_abus
## 1
                         172
                                                59
                                                            5
                                                                       0
## 2
                                                 7
                          15
                                                            0
                                                                       0
                                                                                   0
## 3
                          54
                                                19
                                                            3
                                                                       0
                                                                                   0
## 4
                          41
                                                 9
                                                                                   0
## 5
                          83
                                                21
                                                            3
                                                                       0
                                                                                   0
                          50
                                                            0
                                                                       0
     tfidf_actual tfidf_addict tfidf_adhd tfidf_advic tfidf_ago tfidf_alcohol
## 1
                 0
                               0
                                                0.0000000
## 2
                 0
                               0
                                            0
                                                0.000000
                                                                    0
                                                                                   0
## 3
                 0
                               0
                                           0
                                                0.1486653
                                                                                   0
## 4
                 0
                                0
                                            0
                                                0.0000000
                                                                                   0
## 5
                 0
                                0
                                            0
                                                0.0000000
                                                                    0
                                                                                   0
                                0
                                            0
## 6
                 0
                                                0.0000000
                                                                    0
     tfidf_almost tfidf_alon tfidf_alreadi tfidf_also tfidf_alway tfidf_amp
## 1
        0.0000000
                             0
                                            0
                                                        0
                                                                      0
## 2
        0.0000000
                                                                      0
                             0
                                            0
                                                         0
                                                                                 0
## 3
        0.0000000
                                            0
                                                         0
                                                                      0
                             0
                                                                                 0
```

```
## 4
        0.000000
                            0
                                           0
                                                       0
                                                                    0
                                                                               0
## 5
        0.000000
                            0
                                           0
                                                       0
                                                                    0
                                                                               0
##
        0.2300638
                            0
                                           0
                                                       0
                                                                    0
                                                                               0
     tfidf_amp.x200b tfidf_ani tfidf_anoth tfidf_anxieti tfidf_anxious
##
## 1
                    0 0.0000000
                                           0
                                                  0.1328585
                                                                 0.1961997
## 2
                    0 0.000000
                                           0
                                                  0.2188037
                                                                 0.000000
## 3
                    0.0000000
                                           0
                                                  0.2327669
                                                                 0.000000
                                                  0.2946498
## 4
                    0 0.1309625
                                           0
                                                                 0.0000000
##
   5
                    0 0.1109275
                                           0
                                                  0.1247866
                                                                 0.0000000
##
                    0 0.0000000
                                           0
                                                  0.3515198
                                                                 0.000000
     tfidf_anymor tfidf_anyon tfidf_anyon.els tfidf_anyth tfidf_around
                                                                           tfidf_ask
##
                 0
                     0.0000000
                                      0.0000000
                                                            0
                                                                         0
                                                                                    0
                                                                                    0
##
   2
                 0
                     0.3999822
                                      0.2930602
                                                            0
                                                                         0
                     0.000000
                                                            0
                                                                         0
                                                                                    0
##
  .3
                 0
                                      0.0000000
## 4
                 0
                     0.000000
                                                            0
                                                                         0
                                                                                    0
                                      0.000000
## 5
                 0
                     0.000000
                                      0.000000
                                                            0
                                                                         0
                                                                                    0
                 0
                     0.0000000
                                                                         0
                                                                                    0
##
  6
                                      0.000000
                                                            0
     tfidf attack tfidf away tfidf back tfidf bad tfidf becaus tfidf becom
                 0 0.08158519 0.06677145
                                                                              0
## 1
                                                   0
                                                       0.05293436
##
   2
                 0 0.0000000 0.00000000
                                                   0
                                                       0.0000000
                                                                              0
##
  3
                 0 0.00000000 0.00000000
                                                   0
                                                       0.00000000
                                                                              0
                 0 0.00000000 0.00000000
                                                   0
                                                                              0
##
                                                       0.0000000
                 0 0.15325697 0.00000000
                                                   0
                                                                              0
## 5
                                                       0.00000000
                 0 0.00000000 0.00000000
                                                   0
##
                                                       0.0000000
     tfidf befor tfidf believ tfidf best tfidf better tfidf bit tfidf bodi
##
##
  1
      0.07389096
                             0
                                0.0000000
                                               0.0767993
                                                                  0
                                                                     0.0000000
   2
      0.00000000
                                 0.000000
                                               0.000000
                                                                     0.000000
##
                             0
                                                                  0
##
   3
      0.0000000
                              0
                                 0.1596571
                                               0.000000
                                                                  0
                                                                     0.5069656
                                                                     0.000000
## 4
      0.00000000
                              0
                                 0.0000000
                                               0.0000000
                                                                  0
## 5
      0.00000000
                             0
                                 0.0000000
                                               0.000000
                                                                  0
                                                                     0.000000
## 6
      0.00000000
                             0
                                0.0000000
                                               0.0000000
                                                                  0
                                                                     0.0000000
##
     tfidf_bpd tfidf_brain tfidf_call tfidf_came tfidf_care tfidf_caus tfidf_chang
##
                0.09693759
                                      0
                                                  0
                                                              0
                                                                         0
##
                 0.00000000
                                      0
                                                  0
                                                              0
                                                                         0
                                                                                      0
  2
             0
##
   3
                 0.00000000
                                      0
                                                  0
                                                              0
                                                                         0
                                                                                      0
             0
                                      0
                                                  0
                                                              0
                                                                         0
                                                                                      0
## 4
             0
                 0.0000000
## 5
             0
                 0.18209629
                                      0
                                                  0
                                                              0
                                                                         0
                                                                                      0
## 6
             0
                 0.25647959
                                      0
                                                  0
                                                              0
                                                                         0
                                                                                      0
     tfidf come tfidf complet tfidf constant tfidf control tfidf could tfidf coupl
##
                    0.09104579
## 1
      0.1496029
                                                             0
                                                                         0
                                    0.09383877
                                                                                      0
      0.0000000
                                    0.0000000
                                                             0
                                                                         0
                                                                                      0
  2
                    0.0000000
      0.0000000
                    0.00000000
                                    0.0000000
                                                             0
                                                                         0
                                                                                      0
##
  .3
                                                             0
                                                                         0
##
      0.0000000
                    0.00000000
                                    0.0000000
                                                                                      0
                                                             0
                                                                         0
                                                                                      0
## 5
      0.0000000
                    0.0000000
                                    0.0000000
                                                             0
      0.1979113
                    0.0000000
                                    0.24828065
     tfidf_cri tfidf_day tfidf_deal tfidf_depress tfidf_diagnos tfidf_die
##
## 1
             0 0.0000000 0.08952401
                                                   0
                                                                  0
                                                                             0
                                                   0
                                                                  0
                                                                             0
## 2
             0 0.0000000 0.29487297
##
  3
             0 0.000000 0.0000000
                                                   0
                                                                  0
                                                                             0
                                                                  0
                                                                             0
##
   4
             0 0.000000 0.0000000
                                                   0
             0 0.1051992 0.00000000
                                                   0
                                                                  0
                                                                             0
## 5
                                                                  0
## 6
             0 0.000000 0.0000000
                                                   0
                                                                             0
##
     tfidf_differ tfidf_disord tfidf_doctor tfidf_doe tfidf_done tfidf_dont
## 1
                      0.0000000
                                    0.3555209
                                                       0
                                                                   0
```

```
## 2
                 0
                      0.0000000
                                    0.0000000
                                                       0
                                                                               0
## 3
                 0
                      0.0000000
                                    0.3114348
                                                       0
                                                                   0
                                                                               0
## 4
                 0
                      0.2207159
                                    0.0000000
                                                       0
                                                                   0
                                                                               0
                                                                               0
## 5
                 0
                      0.0000000
                                    0.3339212
                                                       Λ
                                                                   Ω
##
                 0
                      0.0000000
                                    0.0000000
                                                       0
                                                                   0
                                                                               0
     tfidf drink tfidf drug tfidf eat tfidf els tfidf emot tfidf end tfidf enough
##
                                      0 0.0000000
                                                            0
## 1
                0
                           0
                                                                       0
## 2
                0
                           0
                                      0 0.2389321
                                                            0
                                                                                     0
## 3
                0
                           0
                                      0 0.0000000
                                                            0
                                                                       0
                                                                                     0
                0
                           0
                                                            0
                                                                       0
                                                                                     0
## 4
                                      0 0.0000000
## 5
                0
                           0
                                      0 0.0000000
                                                            0
                                                                       0
                                                                                     0
                                                            0
                0
                           0
                                      0 0.0000000
                                                                       0
                                                                                     0
## 6
##
     tfidf_etc tfidf_even tfidf_ever tfidf_everi tfidf_everyon tfidf_everyth
             0 0.0573543
## 1
                                     0
                                         0.0000000
                                                                 0
                                                                                0
## 2
             0 0.0000000
                                     0
                                         0.0000000
                                                                 0
                                                                                0
## 3
             0
                 0.0000000
                                     0
                                         0.1281809
                                                                 0
                                                                                0
                                     0
                                                                 0
                                                                                0
## 4
             0
                 0.0000000
                                         0.0000000
## 5
             0
                 0.1077395
                                     0
                                         0.000000
                                                                 0
                                                                                0
                                         0.0000000
                                                                 0
                                                                                0
##
             0
                0.0000000
                                     0
##
     tfidf experi tfidf famili tfidf fear tfidf feel tfidf feel.like tfidf felt
## 1
                 0
                              0 0.09771454 0.1756274
                                                                       0
                                                                                   0
## 2
                              0 0.00000000
                                             0.0000000
                                                                       0
                                                                                   0
## 3
                                             0.0000000
                                                                       0
                                                                                   0
                 0
                              0 0.00000000
                 0
                              0 0.21670855
                                                                       0
                                                                                   0
## 4
                                             0.0000000
                 0
                                                                       Λ
                                                                                   0
## 5
                              0 0.0000000 0.0000000
##
                 0
                              0 0.00000000 0.4646787
                                                                                   0
     tfidf_final tfidf_find tfidf_first tfidf_food tfidf_found tfidf_friend
##
## 1
       0.2853735
                           0
                                0.0000000
                                                    0
                                                                 0
                                                                               0
                                                    0
                                                                 0
## 2
       0.000000
                           0
                                0.000000
                                                                               0
## 3
       0.000000
                           0
                                0.0000000
                                                    0
                                                                 0
                                                                               0
## 4
       0.2109644
                           0
                                0.0000000
                                                    0
                                                                 0
                                                                               0
## 5
       0.0000000
                           0
                                0.0000000
                                                    0
                                                                 0
                                                                               0
##
       0.0000000
                           0
                                0.1954272
                                                    0
                                                                 0
                                          tfidf_go tfidf_good tfidf_got tfidf_great
##
     tfidf_fuck tfidf_get tfidf_give
## 1
              0 0.04536818
                                      0 0.09870169 0.07283384 0.06945061
## 2
              0 0.00000000
                                      0 0.00000000 0.00000000 0.00000000
                                                                                      0
## 3
              0.00000000
                                      0 0.0000000 0.00000000 0.00000000
                                                                                      0
## 4
              0 0.10061626
                                      0 0.00000000 0.00000000 0.15402560
                                                                                      0
## 5
              0 0.08522367
                                      0 0.0000000 0.00000000 0.00000000
                                                                                      0
                                      0 0.00000000 0.00000000 0.00000000
              0 0.00000000
                                                                                      0
## 6
     tfidf_guess tfidf_guy tfidf_happen tfidf_happi tfidf_hard tfidf_hate
## 1 0.09565954
                          0
                                        0
                                                     0
                                                         0.000000 0.0000000
      0.00000000
                          0
                                                         0.000000
##
  2
                                        0
                                                     0
                                                                    0.0000000
                          0
                                        0
                                                         0.000000
##
  3
     0.00000000
                                                     0
                                                                    0.1502026
      0.00000000
                          0
                                        0
                                                     0
                                                         0.000000
                                                                    0.0000000
                          0
## 5
      0.00000000
                                        0
                                                     0
                                                         0.000000
                                                                    0.0000000
                          0
## 6
      0.00000000
                                        0
                                                     0
                                                         0.205813
                                                                    0.000000
     tfidf_head tfidf_health tfidf_hear tfidf_heart tfidf_help tfidf_high
## 1
              0
                    0.1846050
                                        0
                                                     0
                                                                 0
                                                                            0
                                                     0
                                                                 0
## 2
              0
                    0.0000000
                                        0
                                                                             0
## 3
              0
                    0.3234264
                                        0
                                                     0
                                                                 0
                                                                            0
                                                     0
                                                                 0
## 4
              0
                    0.2047059
                                        0
                                                                            0
## 5
              0
                    0.1733893
                                        0
                                                     0
                                                                 0
                                                                            0
## 6
              0
                    0.2442160
                                        0
                                                     0
                                                                 0
                                                                             0
```

```
tfidf home tfidf hope tfidf hour tfidf hous tfidf hurt tfidf idea tfidf im
## 1
              0 0.08624765
                             0.0000000
                                                 0
                                                             0
                                                                        0 0.281393
##
  2
              0.00000000
                             0.0000000
                                                 0
                                                             0
                                                                        0 0.000000
                                                 0
## 3
              0.00000000
                             0.000000
                                                             0
                                                                        0 0.000000
##
   4
              0.00000000
                             0.000000
                                                 0
                                                             0
                                                                        0 0.000000
                                                 0
                                                             0
## 5
              0.00000000
                             0.1606407
                                                                        0 0.000000
                                                 0
                                                             0
##
  6
              0 0.0000000 0.0000000
                                                                        0.000000
##
     tfidf_issu tfidf_job tfidf_keep tfidf_kill tfidf_kind tfidf_know tfidf_last
## 1
              0
                         0
                                     0
                                        0.0000000
                                                            0 0.04772274
                                                                           0.1415657
              0
                         0
##
  2
                                     0
                                        0.0000000
                                                            0 0.00000000
                                                                           0.000000
## 3
              0
                         0
                                     0
                                        0.0000000
                                                            0 0.16721966
                                                                           0.000000
              0
                         0
## 4
                                     0
                                        0.0000000
                                                            0 0.10583816
                                                                           0.0000000
## 5
              0
                         0
                                     0
                                        0.1804685
                                                            0.00000000
                                                                           0.0000000
                                                            0 0.00000000
## 6
              0
                         0
                                     0
                                        0.0000000
                                                                          0.0000000
     tfidf_late tfidf_leav tfidf_left tfidf_let tfidf_life tfidf_like tfidf_littl
##
      0.0000000
                          0
                                      0 0.0000000
                                                   0.000000
                                                               0.000000
                                                                             0.00000
## 1
                          0
##
  2
      0.000000
                                      0 0.0000000
                                                   0.000000
                                                               0.000000
                                                                             0.00000
## 3
      0.0000000
                          0
                                      0 0.0000000
                                                   0.0000000
                                                               0.0000000
                                                                             0.00000
                          0
## 4
      0.2172411
                                      0 0.1969284
                                                   0.0000000
                                                               0.0000000
                                                                             0.386036
## 5
      0.0000000
                          0
                                      0 0.0000000
                                                   0.1152168
                                                               0.0000000
                                                                             0.000000
##
   6
      0.0000000
                          0
                                      0 0.0000000
                                                   0.0000000
                                                               0.1122454
                                                                             0.00000
##
     tfidf_live tfidf_long tfidf_look tfidf_lose tfidf_lost
                                                              tfidf lot tfidf love
                                     0
                                                 0
## 1
              0 0.07684704
                                                             0 0.07382478
                                                                                    0
                                      0
                                                 0
## 2
              0.00000000
                                                             0.00000000
                                                                                    0
                                      0
                                                 0
## 3
              0 0.00000000
                                                             0 0.00000000
                                                                                    0
## 4
              0 0.00000000
                                      0
                                                 0
                                                             0 0.00000000
                                                                                    0
                                      0
                                                 0
                                                                                    0
## 5
              0 0.00000000
                                                             0 0.13867912
                                      0
                                                 0
                                                                                    0
##
              0 0.00000000
                                                             0 0.00000000
     tfidf_made tfidf_make tfidf_mani tfidf_mayb tfidf_mean tfidf_med tfidf_medic
## 1 0.08216623
                 0.1159273
                                     0
                                                 0
                                                    0.0000000
                                                                       0
                                                                                    0
## 2 0.00000000
                 0.0000000
                                      0
                                                 0
                                                    0.0000000
                                                                       0
                                                                                    0
## 3 0.00000000
                 0.000000
                                      0
                                                 0
                                                    0.1657204
                                                                       0
                                                                                    0
                                      0
                                                                       0
## 4 0.0000000
                 0.000000
                                                 0
                                                    0.0000000
                                                                                    0
                                     0
                                                                       0
                                                                                    0
## 5 0.00000000
                 0.000000
                                                 0
                                                    0.000000
   6 0.00000000
                 0.000000
                                     0
                                                 0
                                                    0.0000000
                                                                       0
                                                                                    0
##
     tfidf_mental tfidf_might tfidf_mind tfidf_mom tfidf_month tfidf_move
## 1
                0
                             0 0.08767951
                                                   0
                                                        0.000000
                                                                            0
## 2
                0
                             0 0.00000000
                                                   Λ
                                                       0.000000
                                                                            0
## 3
                0
                                                   0
                                                                            0
                             0 0.00000000
                                                        0.000000
                0
                                                   Λ
                                                                            0
## 4
                             0 0.00000000
                                                       0.0000000
                0
                                                                            0
## 5
                             0 0.00000000
                                                   0
                                                        0.2604023
                0
                             0 0.23198436
                                                       0.000000
                                                                            0
##
  6
                                                   0
##
     tfidf_much tfidf_need tfidf_never tfidf_new tfidf_next tfidf_night
## 1
              0 0.06438772
                                       0
                                                    0.0000000
                                                 0
                                                                 0.0000000
                                       0
## 2
              0 0.00000000
                                                 0
                                                    0.0000000
                                                                 0.000000
                                       0
                                                 0
## 3
              0 0.00000000
                                                    0.0000000
                                                                 0.000000
## 4
              0 0.00000000
                                       0
                                                 0
                                                    0.2048134
                                                                 0.000000
                                       0
## 5
              0 0.00000000
                                                 0
                                                    0.0000000
                                                                 0.4592323
##
  6
              0 0.00000000
                                       0
                                                 0
                                                    0.0000000
                                                                 0.000000
##
     tfidf_normal tfidf_noth tfidf_notic tfidf_old tfidf_onc
                                                                tfidf_one tfidf_onli
## 1
                            0
                0
                                         0
                                                   0 0.000000
                                                                        0 0.06604262
                0
                            0
                                         0
## 2
                                                   0 0.0000000
                                                                        0 0.00000000
## 3
                0
                            0
                                         0
                                                   0.0000000
                                                                        0 0.00000000
## 4
                0
                            0
                                         0
                                                   0.0000000
                                                                        0 0.00000000
```

```
## 5
                 0
                             0
                                          0
                                                     0 0.1737179
                                                                          0 0.12406040
## 6
                 0
                             0
                                          0
                                                     0.0000000
                                                                          0 0.00000000
##
     tfidf_pain tfidf_panic tfidf_parent tfidf_part tfidf_past tfidf_peopl
      0.0000000
                            0
                                          0
                                                      0
                                                        0.0828947
                                                                      0.000000
## 1
##
   2
      0.6086886
                            0
                                          0
                                                      0
                                                         0.0000000
                                                                      0.000000
  3
      0.0000000
                            0
                                          0
                                                         0.0000000
                                                                      0.1054718
##
                                                      0
      0.0000000
                            0
##
                                          0
                                                      0
                                                         0.0000000
                                                                      0.1335123
## 5
      0.3471432
                            0
                                          0
                                                      0
                                                         0.0000000
                                                                      0.000000
##
  6
      0.0000000
                            0
                                          0
                                                      0
                                                         0.0000000
                                                                      0.000000
##
     tfidf_person tfidf_place tfidf_pleas tfidf_point tfidf_possibl tfidf_post
##
        0.1516435
                    0.09072504
                                           0
                                                        0
                                                                       0 0.08316479
  1
                                           0
  2
        0.000000
                    0.00000000
                                                        0
                                                                       0 0.00000000
##
##
   3
        0.0000000
                    0.00000000
                                           0
                                                        0
                                                                       0.00000000
        0.0000000
                    0.00000000
                                           0
                                                        0
## 4
                                                                       0 0.18444054
## 5
        0.0000000
                    0.00000000
                                           0
                                                        0
                                                                       0 0.00000000
##
  6
        0.0000000
                    0.00000000
                                           0
                                                        0
                                                                       0 0.00000000
##
     tfidf_pretti tfidf_probabl tfidf_problem tfidf_ptsd tfidf_put tfidf_question
##
                                0
                                      0.08309023
                                                           0
##
                 0
                                0
                                      0.0000000
                                                           0
                                                                      0
                                                                                      0
  2
## 3
                 0
                                0
                                      0.0000000
                                                           0
                                                                      0
                                                                                      0
## 4
                 0
                                0
                                      0.0000000
                                                           0
                                                                      0
                                                                                      0
## 5
                 0
                                0
                                      0.0000000
                                                           0
                                                                      0
                                                                                      0
                 0
                                0
                                      0.0000000
                                                           0
                                                                      0
## 6
                                                                                      0
     tfidf quit tfidf read tfidf real tfidf realli tfidf reason tfidf recent
##
                                           0.05562930
## 1
               0
                           0
                                       0
                                                                   0
##
  2
               0
                           0
                                       0
                                           0.0000000
                                                                   0
                                                                                 0
## 3
               0
                           0
                                       0
                                           0.09746206
                                                                   0
                                                                                 0
               0
                           0
                                       0
                                           0.0000000
                                                                   0
                                                                                 0
##
   4
               0
                           0
                                       0
                                                                   0
                                                                                 0
## 5
                                           0.10449910
                           0
## 6
               0
                                       0
                                           0.14718523
##
     tfidf_relationship tfidf_rememb tfidf_right tfidf_said tfidf_say tfidf_scare
## 1
                       0
                                      0
                                          0.0000000 0.08260083 0.0000000
                       0
                                          0.0000000 0.00000000 0.0000000
## 2
                                      0
                                                                                      0
## 3
                       0
                                      0
                                          0.1299231 0.00000000 0.1209845
                                                                                      0
## 4
                       0
                                      0
                                          0.0000000 0.00000000 0.0000000
                                                                                      0
## 5
                       0
                                      0
                                          0.1393039 0.00000000 0.0000000
                                                                                      0
##
  6
                       0
                                      0
                                          0.0000000 0.00000000 0.0000000
                                                                                      0
     tfidf_school tfidf_see tfidf_seem tfidf_self tfidf_sever tfidf_shit
##
## 1
                 0
                            0
                               0.0000000
                                                    0
                                                                 0
##
  2
                 0
                            0
                               0.0000000
                                                    0
                                                                 0
                                                                             0
  3
                 0
                               0.1384987
                                                    0
                                                                 0
                                                                             0
##
                            0
##
                 0
                            0
                               0.0000000
                                                    0
                                                                 0
                                                                             0
  4
                                                    0
## 5
                 0
                            0
                               0.0000000
                                                                 0
                                                                             0
                                                    0
                                                                 0
##
                 0
                            0
                               0.000000
                                                                             0
##
     tfidf_sinc tfidf_situat tfidf_sleep tfidf_social tfidf_someon tfidf_someth
      0.000000
                    0.0976072
                                          0
                                                        0
                                                                      0
                                                                            0.2005516
## 1
##
  2
      0.0000000
                    0.0000000
                                          0
                                                        0
                                                                      0
                                                                            0.000000
                                          0
                                                        0
                                                                      0
## 3
      0.0000000
                    0.0000000
                                                                            0.2342431
## 4
      0.0000000
                    0.000000
                                          0
                                                        0
                                                                      0
                                                                            0.000000
## 5
      0.1349349
                    0.0000000
                                          0
                                                        0
                                                                      0
                                                                            0.000000
      0.0000000
                                          0
                                                        0
                                                                      0
##
   6
                    0.0000000
                                                                            0.0000000
##
     tfidf sometim tfidf sorri tfidf start tfidf stay tfidf still tfidf stop
## 1
                  0
                      0.0000000
                                   0.000000
                                                        0
                                                                     0
                                                                                 0
## 2
                  0
                      0.0000000
                                   0.0000000
                                                        0
                                                                     0
                                                                                 0
```

```
## 3
                     0.0000000
                                  0.1076825
                                                     0
                                                                  0
                                                                             0
## 4
                     0.2155800
                                  0.1363107
                                                     0
                                                                  0
                                                                             0
                 0
                                                                             0
## 5
                 0
                     0.0000000
                                  0.0000000
                                                     0
                                                                  0
                                                                  0
                                                                             0
##
  6
                 Ω
                     0.2571889
                                  0.0000000
                                                     Λ
##
     tfidf stress tfidf struggl tfidf stuff tfidf suicid tfidf support tfidf sure
        0.1989405
                      0.0000000
                                           0
                                                                       0 0.08184181
## 1
                                                         0
## 2
                      0.0000000
                                           0
                                                         0
                                                                       0 0.00000000
        0.3276337
## 3
        0.0000000
                      0.0000000
                                           0
                                                         0
                                                                       0.00000000
##
        0.0000000
                      0.2013288
                                           \cap
                                                         Λ
                                                                       0 0.00000000
                                           Λ
                                                         Λ
## 5
        0.1868538
                      0.0000000
                                                                       0 0.15373903
##
        0.000000
                      0.000000
                                           0
                                                                       0 0.00000000
     tfidf_symptom tfidf_take tfidf_talk tfidf_tell tfidf_thank tfidf_therapi
##
                                        0.0000000
##
         0.3610230 0.06528979
                                                                0
  1
         0.0000000 0.00000000
                                                                0
                                                                              0
## 2
                                        0
                                          0.0000000
## 3
         0.0000000 0.00000000
                                        0
                                           0.1329733
                                                                0
                                                                              0
## 4
         0.0000000 0.14479787
                                        0
                                           0.0000000
                                                                0
                                                                              0
## 5
         0.1695445 0.00000000
                                        0
                                                                0
                                                                              0
                                           0.0000000
##
         0.0000000 0.00000000
                                        0
                                          0.0000000
                                                                0
                                                                              0
     tfidf_therapist tfidf_thing tfidf_think tfidf_though tfidf_thought tfidf_time
##
##
                   0 0.05768992 0.05564094
                                                0.08531584
                                                                0.0000000 0.1519041
##
  2
                   0 0.0000000 0.0000000
                                                0.00000000
                                                                0.000000 0.0000000
## 3
                      0.00000000
                                  0.00000000
                                                0.00000000
                                                                0.000000 0.0000000
                                                0.00000000
                      0.00000000
                                   0.00000000
                                                                0.0000000
                                                                          0.0000000
## 4
                   0
                                   0.00000000
                                                0.00000000
## 5
                      0.00000000
                                                                0.1294994
                                                                           0.0000000
                                                0.00000000
## 6
                   0 0.15263724 0.00000000
                                                                0.0000000
                                                                          0.0000000
     tfidf tire tfidf today tfidf told tfidf took tfidf tri tfidf turn tfidf two
      0.0998051 0.08231028
                                      0 0.0000000 0.05895588
##
  1
                                                                        0
      0.0000000
                                         0.0000000 0.00000000
                                                                        0
                                                                                  0
##
   2
                 0.00000000
                                      Ω
                                                                        0
                                                                                  0
  3
     0.0000000
                 0.00000000
                                      0
                                         0.0000000 0.10329019
##
##
      0.0000000
                 0.00000000
                                      0
                                         0.0000000 0.13075069
                                                                        0
                                                                                  0
## 5
      0.0000000
                 0.00000000
                                      0
                                         0.1812327 0.00000000
                                                                        0
                                                                                  0
##
      0.0000000 0.00000000
                                      0
                                         0.0000000 0.00000000
                                                                        0
                                                                                  0
     tfidf_understand tfidf_us tfidf_use tfidf_usual tfidf_veri tfidf_want
                    0 0.0000000 0.07499834
                                                      0 0.1432974
## 1
                                                                    0.0000000
##
  2
                    0 0.0000000 0.00000000
                                                      0.0000000
                                                                     0.000000
##
  3
                    0 0.1830006 0.00000000
                                                      0
                                                         0.0000000
                                                                     0.0897336
## 4
                    0 0.0000000 0.00000000
                                                      0
                                                         0.3178010
                                                                     0.0000000
## 5
                    0 0.0000000 0.00000000
                                                      0.0000000
                                                                     0 0000000
                    0 0.0000000 0.00000000
                                                      0.0000000
## 6
                                                                     0.1355139
     tfidf_way tfidf_week tfidf_weight tfidf_well tfidf_went tfidf_whi tfidf_whole
##
## 1 0.0689263 0.06965452
                                      0
                                                 0 0.0000000
## 2 0.0000000 0.00000000
                                      0
                                                 0.0000000
                                                                       0
                                                                                   0
                                      0
                                                                       0
## 3 0.1207583 0.00000000
                                                 \cap
                                                    0.0000000
                                                                                   0
                                      0
                                                                       Λ
                                                                                   Λ
## 4 0.000000 0.30895569
                                                 0
                                                    0.0000000
                                      0
                                                                       0
## 5 0.0000000 0.00000000
                                                 0
                                                    0.1512142
                                      0
## 6 0.0000000 0.18429346
                                                 0
                                                    0.0000000
                                                                       0
##
     tfidf_wish tfidf_without tfidf_wonder tfidf_work tfidf_worri tfidf_wors
                                          0.0000000
## 1
              0
                     0.000000
                                                          0.0000000
## 2
              0
                     0.000000
                                          0.0000000
                                                          0.2904661
                                                                             0
                                                                             0
## 3
              0
                     0.000000
                                          0
                                             0.1107566
                                                          0.0000000
## 4
              0
                     0.000000
                                             0.0000000
                                                          0.0000000
                                                                             0
                                          0
## 5
              0
                     0.000000
                                          0.0000000
                                                          0.000000
                                                                             0
## 6
              0
                     0.221473
                                          0.0000000
                                                          0.0000000
                                                                             0
     tfidf would tfidf wrong tfidf x200b tfidf year
```

```
0.0000000
                                     0 0.05591948
## 1
## 2
             0 0.0000000
                                     0 0.00000000
## 3
                                     0 0.00000000
            0 0.3326731
## 4
             0.0000000
                                     0 0.00000000
                0.0000000
## 5
              0
                                     0 0.00000000
## 6
              0.0000000
                                     0 0.14795297
# Second dataset
head(indicators_anxiety)
                          Indicator
##
                                               Group
                                                             State
                                                                       Subgroup
## 1 Symptoms of Depressive Disorder National Estimate United States United States
## 2 Symptoms of Depressive Disorder
                                              By Age United States 18 - 29 years
## 3 Symptoms of Depressive Disorder
                                              By Age United States 30 - 39 years
## 4 Symptoms of Depressive Disorder
                                            By Age United States 40 - 49 years
## 5 Symptoms of Depressive Disorder
                                            By Age United States 50 - 59 years
## 6 Symptoms of Depressive Disorder
                                              By Age United States 60 - 69 years
## Phase Time.Period
                        Time.Period.Label Time.Period.Start.Date
## 1
                  1 Apr 23 - May 5, 2020
                                                     04/23/2020
## 2
     1.0
                  1 Apr 23 - May 5, 2020
                                                     04/23/2020
## 3
      1.0
                   1 Apr 23 - May 5, 2020
                                                     04/23/2020
## 4
     1.0
                   1 Apr 23 - May 5, 2020
                                                     04/23/2020
## 5
     1.0
                   1 Apr 23 - May 5, 2020
                                                     04/23/2020
## 6
      1.0
                    1 Apr 23 - May 5, 2020
                                                     04/23/2020
## Time.Period.End.Date Value Low.CI High.CI Confidence.Interval Quartile.Range
## 1
             05/05/2020 23.5 22.7
                                        24.3 22.7 - 24.3
## 2
              05/05/2020 32.7 30.2
                                        35.2
                                                     30.2 - 35.2
## 3
              05/05/2020 25.7 24.1 27.3
                                                    24.1 - 27.3
## 4
              05/05/2020 24.8 23.3 26.2
                                                    23.3 - 26.2
## 5
              05/05/2020 23.2 21.5 25.0
                                                    21.5 - 25.0
## 6
              05/05/2020 18.4 17.0 19.7
                                                   17.0 - 19.7
# Turn data into a df
indicators_anxiety <- as.data.frame(indicators_anxiety)</pre>
# Find unique indicators
unique(indicators_anxiety$Indicator)
## [1] "Symptoms of Depressive Disorder"
## [2] "Symptoms of Anxiety Disorder"
## [3] "Symptoms of Anxiety Disorder or Depressive Disorder"
# Filter for only anxiety not depression
indicators anxiety <- filter(indicators anxiety,</pre>
                            Indicator == 'Symptoms of Anxiety Disorder')
# Validate that it worked
head(indicators_anxiety, 8)
                       Indicator
                                            Group
## 1 Symptoms of Anxiety Disorder National Estimate United States
                                   By Age United States
## 2 Symptoms of Anxiety Disorder
## 3 Symptoms of Anxiety Disorder
                                         By Age United States
```

By Age United States

## 4 Symptoms of Anxiety Disorder

```
## 5 Symptoms of Anxiety Disorder
                                              By Age United States
## 6 Symptoms of Anxiety Disorder
                                              By Age United States
## 7 Symptoms of Anxiety Disorder
                                              By Age United States
## 8 Symptoms of Anxiety Disorder
                                              By Age United States
               Subgroup Phase Time.Period
                                              Time.Period.Label
## 1
                                         1 Apr 23 - May 5, 2020
          United States
                          1.0
## 2
          18 - 29 years
                                         1 Apr 23 - May 5, 2020
                          1.0
          30 - 39 years
                                         1 Apr 23 - May 5, 2020
## 3
                          1.0
          40 - 49 years
## 4
                          1.0
                                         1 Apr 23 - May 5, 2020
## 5
          50 - 59 years
                          1.0
                                         1 Apr 23 - May 5, 2020
## 6
          60 - 69 years
                          1.0
                                         1 Apr 23 - May 5, 2020
          70 - 79 years
## 7
                                         1 Apr 23 - May 5, 2020
                          1.0
## 8 80 years and above
                          1.0
                                         1 Apr 23 - May 5, 2020
     Time.Period.Start.Date Time.Period.End.Date Value Low.CI High.CI
## 1
                 04/23/2020
                                       05/05/2020 30.8
                                                          30.0
                                                                   31.7
## 2
                 04/23/2020
                                       05/05/2020
                                                   40.2
                                                          38.1
                                                                   42.4
## 3
                                                   34.4
                                                          32.6
                                                                   36.1
                 04/23/2020
                                       05/05/2020
## 4
                 04/23/2020
                                       05/05/2020
                                                   34.1
                                                          32.1
                                                                   36.2
## 5
                 04/23/2020
                                       05/05/2020 31.0
                                                          29.0
                                                                  33.1
## 6
                 04/23/2020
                                       05/05/2020
                                                   24.9
                                                          23.6
                                                                  26.3
## 7
                 04/23/2020
                                       05/05/2020 16.4
                                                          14.8
                                                                  18.1
## 8
                 04/23/2020
                                       05/05/2020 14.6
                                                                  18.2
                                                          11.5
     Confidence.Interval Quartile.Range
##
             30.0 - 31.7
## 1
             38.1 - 42.4
## 2
## 3
             32.6 - 36.1
## 4
             32.1 - 36.2
             29.0 - 33.1
## 5
## 6
             23.6 - 26.3
             14.8 - 18.1
## 7
             11.5 - 18.2
## 8
```

#### # Third dataset

head(global\_mental)

```
##
                Entity Code Year Schizophrenia.... Bipolar.disorder....
## 1
         O Afghanistan AFG 1990
                                           0.16056
                                                                 0.697779
         1 Afghanistan AFG 1991
                                           0.160312
                                                                 0.697961
## 3
         2 Afghanistan AFG 1992
                                           0.160135
                                                                 0.698107
## 4
         3 Afghanistan AFG 1993
                                           0.160037
                                                                 0.698257
## 5
         4 Afghanistan AFG 1994
                                           0.160022
                                                                 0.698469
         5 Afghanistan AFG 1995
                                           0.160076
                                                                 0.698695
##
     Eating.disorders.... Anxiety.disorders.... Drug.use.disorders....
## 1
                 0.101855
                                        4.828830
                                                                1.677082
## 2
                 0.099313
                                        4.829740
                                                                1.684746
## 3
                 0.096692
                                        4.831108
                                                                1.694334
## 4
                 0.094336
                                        4.830864
                                                                1.705320
## 5
                                                                1.716069
                 0.092439
                                        4.829423
                  0.09098
                                        4.828337
                                                                1.728112
##
     Depression.... Alcohol.use.disorders....
## 1
           4.071831
                                      0.672404
## 2
           4.079531
                                      0.671768
## 3
           4.088358
                                      0.670644
## 4
           4.096190
                                      0.669738
```

```
## 5
           4.099582
                                     0.669260
## 6
           4.104207
                                     0.668746
# Turn data into a df
global_mental <- as.data.frame(global_mental)</pre>
# Remove columns that we don't need
colnames(global_mental)
   [1] "index"
                                     "Entity"
##
##
    [3] "Code"
                                     "Year"
##
   [5] "Schizophrenia...."
                                     "Bipolar.disorder...."
  [7] "Eating.disorders...."
                                     "Anxiety.disorders...."
   [9] "Drug.use.disorders...."
                                     "Depression...."
## [11] "Alcohol.use.disorders...."
global_mental <- subset(global_mental, select = -c(Schizophrenia....,</pre>
                                                    Bipolar.disorder...,
                                                    Eating.disorders...,
                                                    Drug.use.disorders...,
                                                    Depression...,
                                                    Alcohol.use.disorders....))
# Remove rows missing data
global mental <- global mental[complete.cases(global mental),]</pre>
# Rename
global_mental <- global_mental %>%
 rename(anxiety = Anxiety.disorders....)
# Check that the data has been trimmed down
head(global_mental, 8)
##
     index
                Entity Code Year anxiety
## 1
         O Afghanistan AFG 1990 4.828830
## 2
         1 Afghanistan AFG 1991 4.829740
## 3
         2 Afghanistan AFG 1992 4.831108
## 4
         3 Afghanistan AFG 1993 4.830864
## 5
         4 Afghanistan AFG 1994 4.829423
## 6
         5 Afghanistan AFG 1995 4.828337
## 7
         6 Afghanistan AFG 1996 4.828083
         7 Afghanistan AFG 1997 4.827726
# Fourth dataset
head(mental)
##
               Timestamp Gender
                                       Country Occupation self_employed
## 1 2014-08-27 11:29:31 Female United States Corporate
## 2 2014-08-27 11:31:50 Female United States Corporate
## 3 2014-08-27 11:32:39 Female United States Corporate
## 4 2014-08-27 11:37:59 Female United States Corporate
                                                                     No
## 5 2014-08-27 11:43:36 Female United States Corporate
                                                                     No
## 6 2014-08-27 11:49:51 Female
                                       Poland Corporate
##
     family_history treatment Days_Indoors Growing_Stress Changes_Habits
## 1
                                 1-14 days
                 No
                          Yes
                                                       Yes
## 2
                Yes
                                 1-14 days
                          Yes
                                                       Yes
                                                                       No
```

```
## 3
                 Yes
                           Yes
                                   1-14 days
                                                         Yes
                                                                          No
## 4
                 Yes
                           Yes
                                                         Yes
                                                                          No
                                   1-14 days
                                   1-14 days
## 5
                 Yes
                           Yes
                                                         Yes
                                                                          No
## 6
                 No
                           Yes
                                   1-14 days
                                                         Yes
                                                                          No
##
     Mental_Health_History Mood_Swings Coping_Struggles Work_Interest
## 1
                                  Medium
                        Yes
                                                        No
## 2
                        Yes
                                  Medium
                                                        No
                                                                       No
## 3
                                  Medium
                        Yes
                                                        No
                                                                       No
## 4
                        Yes
                                  Medium
                                                        No
                                                                       No
## 5
                        Yes
                                                        No
                                  Medium
                                                                       No
## 6
                        Yes
                                  Medium
                                                        No
                                                                       No
##
     Social_Weakness mental_health_interview care_options
## 1
                  Yes
                                            No
                                                    Not sure
## 2
                  Yes
                                            No
                                                          No
## 3
                  Yes
                                            No
                                                         Yes
## 4
                  Yes
                                         Maybe
                                                         Yes
## 5
                  Yes
                                                         Yes
                                            No
## 6
                  Yes
                                         Maybe
                                                    Not sure
# Turn data into dataframe
mental <- as.data.frame(mental)</pre>
# Remove columns that we don't need
colnames(mental)
                                    "Gender"
##
    [1] "Timestamp"
##
    [3] "Country"
                                    "Occupation"
##
    [5] "self_employed"
                                    "family_history"
##
   [7] "treatment"
                                    "Days_Indoors"
##
   [9] "Growing_Stress"
                                    "Changes_Habits"
## [11] "Mental_Health_History"
                                    "Mood_Swings"
## [13] "Coping_Struggles"
                                    "Work_Interest"
## [15] "Social_Weakness"
                                    "mental_health_interview"
## [17] "care_options"
mental <- subset(mental, select = -c(Occupation,
                                       self_employed,
                                       family_history,
                                       Days_Indoors,
                                       Growing_Stress,
                                       Changes_Habits,
                                       Mental_Health_History,
                                       Mood_Swings,
                                       Coping_Struggles,
                                       Work_Interest,
                                       Social_Weakness,
                                       mental_health_interview,
                                       care_options))
# Remove rows missing data
mental <- mental[complete.cases(mental),]</pre>
# Check that the data has been trimmed
head(mental, 8)
```

Timestamp Gender Country treatment

##

```
## 1 2014-08-27 11:29:31 Female United States
                                                      Yes
## 2 2014-08-27 11:31:50 Female United States
                                                      Yes
## 3 2014-08-27 11:32:39 Female United States
                                                      Yes
## 4 2014-08-27 11:37:59 Female United States
                                                      Yes
## 5 2014-08-27 11:43:36 Female United States
                                                      Yes
## 6 2014-08-27 11:49:51 Female
                                                      Yes
## 7 2014-08-27 11:51:34 Female
                                     Australia
                                                      Yes
## 8 2014-08-27 11:52:41 Female United States
                                                       No
# Fifth dataset
head(prevalence)
     index
                Entity
                            Code Year
## 1
         0
              Abkhazia OWID_ABK 2015
## 2
         1 Afghanistan
                             AFG 1990
## 3
         2 Afghanistan
                             AFG 1991
## 4
         3 Afghanistan
                             AFG 1992
## 5
         4 Afghanistan
                             AFG 1993
## 6
         5 Afghanistan
                             AFG 1994
     Prevalence...Anxiety.disorders...Sex..Male...Age..Age.standardized..Percent.
## 1
                                                                                  NA
## 2
                                                                            3.556843
## 3
                                                                            3.548885
## 4
                                                                            3.542779
## 5
                                                                            3.538304
## 6
                                                                            3.535309
##
     Prevalence...Anxiety.disorders...Sex..Female...Age..Age.standardized..Percent.
## 1
                                                                                    NA
## 2
                                                                              5.971172
## 3
                                                                              5.980482
## 4
                                                                              5.988175
## 5
                                                                              5.993858
## 6
                                                                              5.997363
##
     Population..historical.estimates. Continent
## 1
                                     NΑ
                                             Asia
## 2
                               12412311
## 3
                               13299016
## 4
                               14485543
## 5
                               15816601
## 6
                               17075728
# Turn data into dataframe
prevalence <- as.data.frame(prevalence)</pre>
# Remove columns that we don't need
colnames(prevalence)
## [1] "index"
## [2] "Entity"
## [3] "Code"
## [4] "Year"
## [5] "Prevalence...Anxiety.disorders...Sex..Male...Age..Age.standardized..Percent."
## [6] "Prevalence...Anxiety.disorders...Sex..Female...Age..Age.standardized..Percent."
## [7] "Population..historical.estimates."
## [8] "Continent"
```

```
Population..historical.estimates.))
# Rename columns
prevalence <- prevalence %>%
  rename(index = index, entity = Entity, code = Code, year = Year, male = Prevalence...Anxiety.disorder
Prevalence...Anxiety.disorders...Sex..Female...Age..Age.standardized..Percent.)
# Check changes
head(prevalence, 8)
##
     index
                entity
                           code year
                                          male
                                                 female
## 1
              Abkhazia OWID ABK 2015
                                           NA
                                                     NΑ
## 2
         1 Afghanistan
                           AFG 1990 3.556843 5.971172
## 3
         2 Afghanistan
                            AFG 1991 3.548885 5.980482
## 4
         3 Afghanistan
                           AFG 1992 3.542779 5.988175
                           AFG 1993 3.538304 5.993858
## 5
         4 Afghanistan
## 6
                            AFG 1994 3.535309 5.997363
         5 Afghanistan
## 7
         6 Afghanistan
                            AFG 1995 3.533797 5.998540
## 8
         7 Afghanistan
                            AFG 1996 3.535415 5.996443
# Sixth dataset
head (meds)
##
             drug_name
                            date
                                   age gender
                                                         time_on_drug reviewer_type
## 1 0 Sertraline Oral 5/12/2024 45-54 Female 1 to less than 2 years
## 2 1 Sertraline Oral 4/21/2024 35-44 Female
                                                   less than 1 month
                                                                            Patient
## 3 2 Sertraline Oral 4/16/2024 25-34 Female 2 to less than 5 years
                                                                            Patient
## 4 3 Sertraline Oral 4/11/2024 45-54
                                                   less than 1 month
                                                                            Patient
                                         Male
## 5 4 Sertraline Oral 4/8/2024 13-18 Female
                                                                            Patient
## 6 5 Sertraline Oral 3/29/2024 45-54 Female
                                                                            Patient
                                                    less than 1 month
                         condition rating_overall rating_effectiveness
## 1 Posttraumatic Stress Syndrome
                                               5.0
                        Depression
                                               1.0
                                                                      1
## 3 Repeated Episodes of Anxiety
                                               4.3
                                                                      4
## 4
                    Panic Disorder
                                               1.7
                                                                      1
## 5
         Major Depressive Disorder
                                                                      2
                                               3.0
## 6 Posttraumatic Stress Syndrome
                                               2.3
                                                                      1
     rating_ease_of_use rating_satisfaction
## 1
                      5
                                           5
## 2
                      1
                                           1
## 3
                      4
                                           5
                      3
## 4
                                           1
## 5
                      4
                                          3
## 6
                      5
                                           1
##
## 1
## 2
## 3
## 4 Of course, take this with a pinch of salt because everyone's chemistry is different, and I am DEFI
## 6
```

prevalence <- subset(prevalence, select = -c(Continent,</pre>

```
# Turn data into dataframe
meds <- as.data.frame(meds)</pre>
# Remove columns that we don't need
colnames (meds)
   [1] "X"
                               "drug name"
                                                       "date"
##
   [4] "age"
                               "gender"
                                                      "time_on_drug"
## [7] "reviewer_type"
                               "condition"
                                                      "rating_overall"
## [10] "rating_effectiveness" "rating_ease_of_use"
                                                       "rating_satisfaction"
## [13] "text"
meds <- subset(meds, select = -c(time_on_drug, text))</pre>
# Find conditions that are anxiety related
unique(meds$condition)
##
     [1] "Posttraumatic Stress Syndrome"
##
     [2] "Depression"
##
     [3] "Repeated Episodes of Anxiety"
##
     [4] "Panic Disorder"
     [5] "Major Depressive Disorder"
##
##
     [6] "Bipolar Depression"
##
     [7] "Depressed Mood Disorder Occurring Every Year at the Same Time"
     [8] "Anxiousness associated with Depression"
##
     [9] "Other"
##
  [10] "Obsessive Compulsive Disorder"
##
  [11] "Extreme Apprehension or Fear of Social Interaction"
   [12] "Premenstrual Disorder with a State of Unhappiness"
##
  [13] "Premature Ejection of Semen"
  [14] "Problem Behavior"
## [15] "Schizophrenia"
## [16] "Osteoporosis"
## [17] "Aggressive Behavior"
## [18] "Binge Eating Disorder"
## [19] "Acute Repetitive Seizures"
## [20] "Anxious"
## [21] "Muscle Spasm"
## [22] "Neuropathic Pain"
## [23] "Attention Deficit Disorder with Hyperactivity"
## [24] "Stop Smoking"
## [25] "Manic"
## [26] "Convulsive Seizures"
## [27] "Facial Nerve Pain"
## [28] "Bipolar I Disorder with Most Recent Episode Mixed"
##
  [29] "Nerve Pain"
  [30] "Bipolar Disorder in Remission"
##
## [31] "Epileptic Seizure"
  [32] "Tonic"
##
  [33] "Prevention of Seizures following Head Injury or Surgery"
## [34] "Inducing of a Relaxed Easy State"
   [35] "Sleep Disturbance with Extreme Anxiety"
## [36] "Psychosis caused by Sudden Alcohol Withdrawal"
## [37] "Seizure with Loss of Normal Tone or Strength"
## [38] "Chronic Trouble Sleeping"
```

```
## [39] "A Feeling of Restlessness with Inability to Sit Still"
```

- ## [40] "Tension Headache"
- ## [41] "Calming of Pediatric Patient by Administration of Sedative"
- ## [42] "Symptoms from Stopping Treatment with Opioid Drugs"
- ## [43] "Symptoms from Alcohol Withdrawal"
- ## [44] "Brief Muscle Spasms in an Infant"
- ## [45] "Mania associated with Bipolar Disorder"
- ## [46] "Mental Disorder with Loss of Normal Personality"
- ## [47] "Nausea and Vomiting"
- ## [48] "Hiccups that are Hard to Cure"
- ## [49] "Delirium"
- ## [50] "Tourette"
- ## [51] "Generalized Attack of Muscular Weakness"
- ## [52] "Simple Partial Seizures"
- ## [53] "Rapid Cycle Manic"
- ## [54] "Additional Medications to Treat Depression"
- ## [55] "Multiple Seizure Types"
- ## [56] "Apprehension"
- ## [57] "Combative and Explosive Behavior"
- ## [58] "Schizophrenia With Mood Changes"
- ## [59] "Psychosis caused by a Disease"
- ## [60] "Pervasive Developmental Disorder"
- ## [61] "A Rare Developmental Disorder of Infants"
- ## [62] "Paroxysmal Choreoathetosis"
- ## [63] "Nerve Pain of Tongue and Throat from 9th Cranial Nerve"
- ## [64] "Extreme Discomfort in Calves when Sitting or Lying Down"
- ## [65] ""
- ## [66] "Nicotine Addiction"
- ## [67] "Depression associated with Bipolar Disorder"
- ## [68] "Nausea and Vomiting caused by Cancer Drugs"
- ## [69] "Anxiety associated with an Operation"
- ## [70] "Feeling Restless"
- ## [71] "Additional Medication for Calming"
- ## [72] "Additional Agent to Induce General Anesthesia"
- ## [73] "Sedation with Ability to Respond to Stimulation or Speech"
- ## [74] "Induce Temporary Amnesia"
- ## [75] "Psychosis associated with Alzheimer"
- ## [76] "Prevent Nausea and Vomiting from Cancer Chemotherapy"
- ## [77] "Depression following Delivery of Baby"
- ## [78] "Overweight"
- ## [79] "Bulimia"
- ## [80] "Anorexia Nervosa"
- ## [81] "Muscle Weakness associated with Sleeping Disease"
- ## [82] "Migraine Prevention"
- ## [83] "Disorder characterized by Stiff"
- ## [84] "Agitation associated with Schizophrenia"
- ## [85] "Psychotic Depressive Illness"
- ## [86] "Severe Anxiety"
- ## [87] "Itching"
- ## [88] "Severe Itching"
- ## [89] "Life Threatening Allergic Reaction"
- ## [90] "Additional Medications to Treat Pain"
- ## [91] "Ventricular Premature Beats"
- ## [92] "Heart Ventricle Rhythm Problem"

```
## [93] "High Blood Pressure"
## [94] "Feeling of Apprehension Before an Operation"
## [95] "Involuntary Quivering"
## [96] "Psychosis caused by a Drug"
## [97] "Brief Episode of Schizophrenia with Rapid Onset"
## [98] "Chronic Type of Schizophrenia"
## [99] "Over Excitement"
## [100] "Allergic Conjunctivitis"
## [101] "Inflammation of the Nose due to an Allergy"
## [102] "Inflammation of Skin caused by an Allergy"
## [103] "Sneezing"
## [104] "Hives"
## [105] "Feel Like Throwing Up"
## [106] "Welt from Pressure on Skin"
## [107] "Cluster Headache Prevention"
## [108] "Seizures with Breaks in Consciousness"
## [109] "Petit Mal Seizures"
## [110] "Petit Mal Epilepsy with Multiple Seizure Types"
## [111] "Seizures with Irregular Muscle Contractions"
## [112] "Runny Nose"
## [113] "Additional Medication for Myoclonic Epilepsy"
## [114] "adjunct therapy for obsessive compulsive disorder"
## [115] "Frequent Headaches"
## [116] "Mitral Valve Prolapse Syndrome"
## [117] "Myocardial Reinfarction Prevention"
## [118] "Problems with Bladder Control"
## [119] "Bedwetting"
## [120] "Stuffy Nose"
## [121] "Essential Tremor"
## [122] "Irritable Colon"
## [123] "Nerve Pain after Herpes"
## [124] "Ulcer from Stomach Acid"
## [125] "Behaving with Excessive Cheerfulness and Activity"
## [126] "Recurring Sleep Episodes During the Day"
## [127] "Chronic Muscle or Bone Pain"
## [128] "Diabetic Complication causing Injury to some Body Nerves"
# The following would qualify as something I don't know how to do
# that could be helpful to know.
# I don't know if there is a way to iterate through the unique items in the
# condition column and find conditions that are anxiety related using R.
# I would imagine it could be done through a loop and doing a partial match
# to condition which contains the letters "anx". I looked through the printed
# conditions myself and then coded the following lines.
# Remove rows that aren't anxiety related
meds <- subset(meds, condition == "Anxious" |</pre>
                 condition == "Severe Anxiety" |
                 condition == "Repeated Episodes of Anxiety")
# Remove rows that have missing values
meds <- meds[complete.cases(meds),]</pre>
# Check changes
head(meds, 8)
```

```
drug_name
                              date
                                      age gender reviewer_type
       2 Sertraline Oral 4/16/2024 25-34 Female
                                                       Patient
       7 Sertraline Oral 3/26/2024 7-12
                                                     Caregiver
## 21 20 Sertraline Oral 9/17/2023 25-34 Female
                                                       Patient
## 25 24 Sertraline Oral 9/5/2023 45-54 Female
                                                       Patient
## 29 28 Sertraline Oral 8/2/2023 55-64 Female
                                                       Patient
## 37 36 Sertraline Oral 3/20/2023 55-64
                                                       Patient
## 56 55 Sertraline Oral 9/15/2022 35-44 Female
                                                       Patient
## 67 66 Sertraline Oral 7/13/2022 19-24 Female
                                                       Patient
##
                         condition rating_overall rating_effectiveness
## 3
      Repeated Episodes of Anxiety
                                               4.3
                                               5.0
                                                                       5
## 8
      Repeated Episodes of Anxiety
## 21 Repeated Episodes of Anxiety
                                               5.0
                                                                       5
## 25 Repeated Episodes of Anxiety
                                               1.0
                                                                       1
                                                                       2
## 29 Repeated Episodes of Anxiety
                                               1.3
## 37 Repeated Episodes of Anxiety
                                               1.3
                                                                       1
                                                                       4
## 56 Repeated Episodes of Anxiety
                                               4.3
                                                                       2
## 67 Repeated Episodes of Anxiety
                                               1.7
      rating_ease_of_use rating_satisfaction
##
## 3
                       4
## 8
                       5
                                            5
## 21
                                            5
## 25
                       1
                                            1
## 29
                       1
                                            1
## 37
                       2
                                            1
## 56
                       5
                                            4
## 67
                       2
                                            1
```

# # Summarize all datasets head(indicators\_anxiety, 8)

```
##
                        Indicator
                                               Group
                                                             State
## 1 Symptoms of Anxiety Disorder National Estimate United States
## 2 Symptoms of Anxiety Disorder
                                              By Age United States
## 3 Symptoms of Anxiety Disorder
                                              By Age United States
## 4 Symptoms of Anxiety Disorder
                                              By Age United States
## 5 Symptoms of Anxiety Disorder
                                              By Age United States
## 6 Symptoms of Anxiety Disorder
                                              By Age United States
## 7 Symptoms of Anxiety Disorder
                                              By Age United States
## 8 Symptoms of Anxiety Disorder
                                              By Age United States
##
               Subgroup Phase Time.Period
                                              Time.Period.Label
## 1
          United States
                          1.0
                                         1 Apr 23 - May 5, 2020
          18 - 29 years
                                         1 Apr 23 - May 5, 2020
## 2
                          1.0
          30 - 39 years
## 3
                                         1 Apr 23 - May 5, 2020
                          1.0
## 4
          40 - 49 years
                          1.0
                                         1 Apr 23 - May 5, 2020
## 5
          50 - 59 years
                                         1 Apr 23 - May 5, 2020
                          1.0
## 6
          60 - 69 years
                          1.0
                                         1 Apr 23 - May 5, 2020
                          1.0
## 7
          70 - 79 years
                                         1 Apr 23 - May 5, 2020
## 8 80 years and above
                                         1 Apr 23 - May 5, 2020
                          1.0
##
     Time.Period.Start.Date Time.Period.End.Date Value Low.CI High.CI
## 1
                 04/23/2020
                                      05/05/2020 30.8
                                                          30.0
                                                                  31.7
## 2
                 04/23/2020
                                      05/05/2020 40.2
                                                          38.1
                                                                  42.4
## 3
                 04/23/2020
                                      05/05/2020 34.4
                                                          32.6
                                                                  36.1
## 4
                                      05/05/2020 34.1
                 04/23/2020
                                                          32.1
                                                                  36.2
```

```
## 5
                 04/23/2020
                                      05/05/2020 31.0
                                                         29.0
                                                                 33.1
                                                                 26.3
## 6
                 04/23/2020
                                      05/05/2020 24.9
                                                         23.6
## 7
                                      05/05/2020 16.4
                                                         14.8
                                                                 18.1
                 04/23/2020
## 8
                 04/23/2020
                                      05/05/2020 14.6
                                                                 18.2
                                                         11.5
##
     Confidence.Interval Quartile.Range
## 1
             30.0 - 31.7
## 2
             38.1 - 42.4
             32.6 - 36.1
## 3
## 4
             32.1 - 36.2
## 5
             29.0 - 33.1
## 6
             23.6 - 26.3
## 7
             14.8 - 18.1
## 8
             11.5 - 18.2
head(global_mental, 8)
##
     index
                Entity Code Year anxiety
## 1
         0 Afghanistan AFG 1990 4.828830
## 2
         1 Afghanistan AFG 1991 4.829740
## 3
         2 Afghanistan AFG 1992 4.831108
## 4
         3 Afghanistan AFG 1993 4.830864
## 5
         4 Afghanistan AFG 1994 4.829423
## 6
         5 Afghanistan AFG 1995 4.828337
## 7
         6 Afghanistan AFG 1996 4.828083
## 8
         7 Afghanistan AFG 1997 4.827726
head(mental, 8)
               Timestamp Gender
                                      Country treatment
##
## 1 2014-08-27 11:29:31 Female United States
                                                    Yes
## 2 2014-08-27 11:31:50 Female United States
                                                    Yes
## 3 2014-08-27 11:32:39 Female United States
                                                    Yes
## 4 2014-08-27 11:37:59 Female United States
                                                    Yes
## 5 2014-08-27 11:43:36 Female United States
                                                    Yes
## 6 2014-08-27 11:49:51 Female
                                       Poland
                                                    Yes
## 7 2014-08-27 11:51:34 Female
                                    Australia
                                                    Yes
## 8 2014-08-27 11:52:41 Female United States
                                                     No
head(prevalence, 8)
```

```
##
     index
                           code year
                                                female
                entity
                                         male
## 1
              Abkhazia OWID ABK 2015
                                           NA
## 2
         1 Afghanistan
                            AFG 1990 3.556843 5.971172
## 3
         2 Afghanistan
                            AFG 1991 3.548885 5.980482
## 4
         3 Afghanistan
                           AFG 1992 3.542779 5.988175
## 5
         4 Afghanistan
                            AFG 1993 3.538304 5.993858
## 6
         5 Afghanistan
                           AFG 1994 3.535309 5.997363
## 7
         6 Afghanistan
                          AFG 1995 3.533797 5.998540
## 8
         7 Afghanistan
                           AFG 1996 3.535415 5.996443
```

#### head(meds, 8)

```
##
       X
                                      age gender reviewer_type
               drug_name
                               date
## 3
       2 Sertraline Oral 4/16/2024 25-34 Female
                                                        Patient
##
       7
         Sertraline Oral 3/26/2024
                                     7-12
                                                      Caregiver
## 21 20 Sertraline Oral 9/17/2023 25-34 Female
                                                        Patient
## 25 24 Sertraline Oral
                           9/5/2023 45-54 Female
                                                        Patient
## 29 28 Sertraline Oral
                           8/2/2023 55-64 Female
                                                        Patient
      36 Sertraline Oral 3/20/2023 55-64
                                                        Patient
## 56 55 Sertraline Oral 9/15/2022 35-44 Female
                                                        Patient
##
  67 66 Sertraline Oral 7/13/2022 19-24 Female
                                                        Patient
##
                          condition rating overall rating effectiveness
## 3
                                                4.3
      Repeated Episodes of Anxiety
## 8
      Repeated Episodes of Anxiety
                                                5.0
                                                                        5
## 21 Repeated Episodes of Anxiety
                                                5.0
                                                                        5
## 25 Repeated Episodes of Anxiety
                                                1.0
                                                                        1
                                                                        2
## 29 Repeated Episodes of Anxiety
                                                1.3
  37 Repeated Episodes of Anxiety
                                                1.3
                                                                        1
                                                                        4
   56 Repeated Episodes of Anxiety
                                                4.3
                                                                        2
##
      Repeated Episodes of Anxiety
                                                1.7
##
      rating_ease_of_use rating_satisfaction
## 3
                        5
                                             5
## 8
                                             5
## 21
                        5
## 25
                        1
                                             1
##
  29
                        1
                                             1
## 37
                        2
                                             1
## 56
                        5
                                             4
                        2
## 67
                                             1
```

#### Data Importing and Cleaning

The first step to take is going to be importing all of the data from the csv files. After that it will be to parse the data in order to condense the datasets down to the appropriate columns. Once the data has been parsed we will remove rows with missing data to create datasets that have all the necessary columns. The code in the above section prints the kept columns and first eight rows of each dataset.

#### Exceptions

Unfortunately, the dataset that has the symptoms isn't very useable. I don't believe this first dataset is actually useful for me. There's lots of data but not useful for this particular analysis.

#### **Data Discovery**

The data from the indicators dataset seems very promising. It breaks down the data by date, age group, ethnicity, gender, education level, and state. We can group the data by these categories throughout the timeframes that all the categories span. We should then make plots over time for all of these values. We can then look to the global\_mental dataset and find the prevalence per country. In that prevalence dataset we can average the prevalence between male and female and compare that to the results from the indicators and global\_mental datasets. We can then compare the prevalence by male or female from the indicator groups, and compare that to the mental and prevalence datasets sorted by gender. We should average all the results

for female and male from all of the datasets. We can then look at the treatment dataset from WebMD and see how many people are receiving treatment and what medications they are taking. This can also be broken down by gender for more information. To answer our research questions we look at the prevalence of anxiety per location, gender, race, and age. Then we can look at the effectiveness of medication for each group.

### Variables and Data Preparation

I think that the datasets have all the appropriate variables aside from the cumulative female and male results. We can compare all of our results to the NIH and WHO findings. And all of the results can be used in comparisons plots for all of the demographic categories.

#### Machine Learning

I'm not sure how to incorporate machine learning currently. I've removed some categories from the datasets that could potentially be useful for making models that predict anxiety from symptoms, demographics, and comorbidities. If I could make this model I think machine learning would be useful in order to look at more datasets.

#### For the Future

I think making models and using machine learning to look at new data would be something I'd really like to do. There are some ethical and privacy concerns with doing this though.

## Things to Learn

The first dataset has a text field that I'm unsure how to parse for symptoms in R. The way I would approach this would be to parse the whole text field down into individual words. I'd then compare the words individually to a list of symptoms I defined. Alternatively, I'd probably need AI to parse the text field to find all the symptoms. That may be the better way to search through the text field because doing it myself does not account for if someone says these are symptoms they're not experiencing. The string comparison method only looks for the presence of a word not the context. I'd also like to know how to print nice tables of data both in R and to files from R.