

AI Tool Usage Disclosure

FitCoachAR: Real-Time Adaptive Exercise Coaching

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AI Tool Usage Disclosure

In accordance with the course AI Use Policy, this document discloses all uses of AI tools in the preparation of the project report and code.

1 Writing Assistance

Tool: Google Gemini 2.0 Pro (via Cursor IDE)

Date: December 2025

Purpose: Grammar correction, clarity improvements, and academic style refinement for the Discussion section.

Prompt Used:

Correct the grammatical errors of the following paragraphs and use advanced grammar:

The FormScript feedback system, while effective for real-time coaching, have several inherent limitations. First, the current implementation reliance on manual-defined thresholds...

[full draft text provided]

Outcome: The AI suggested corrections for subject-verb agreement, word choice, and sentence structure. All suggestions were reviewed and selectively incorporated. No substantive content was generated by the AI.

2 Code Generation

2.1 RepCount Dataset Parser

Tool: Google Gemini 2.0 Pro

Date: December 2025

Purpose: Generate a Python class to parse the RepCount (LLSP) dataset CSV annotations for FormCode validation experiments.

Prompt Used:

Write a Python class to parse the RepCount (LLSP) dataset CSV annotations. The solution must use dataclasses to represent a single repetition (RepAnnotation with start/end frames and index) and a complete video's annotations (VideoAnnotation including exercise type, video name, total rep count, and a list of RepAnnotation objects).

The main parser class, RepCountDatasetParser, should:

1. Initialize with the dataset's base path
2. Have a parse_split(split: str) method
3. Implement _extract_reps(row) for frame boundaries
4. Implement _find_video_path(video_name, split)
5. Include filter_by_exercise() with name variations

Outcome: The AI generated a complete parser implementation using Python dataclasses. The code was reviewed, tested on the actual dataset, and integrated into dataset_parser.py. Minor modifications were made for path handling and error cases.

2.2 TikZ Block Diagram

Tool: Google Gemini 2.0 Pro

Date: December 2025

Purpose: Generate LaTeX TikZ code for the FormScript pipeline visualization.

Prompt Used:

Create a TikZ block diagram with:

- Horizontal Flow: Video Frames -> Pose Estimation
-> FormCodes -> Super FormCodes
- Vertical Drop: Super FormCodes -> Form Analyzer
- Horizontal Flow: Form Analyzer -> LLM -> Feedback

Outcome: The AI generated TikZ code which was adapted and integrated into the methodology section figures. Node styling and positioning were manually adjusted.

2.3 Form Analyzer Debugging

Tool: Google Gemini 2.0 Pro

Date: December 2025

Purpose: Debug an error in the `form_analyzer.py` module.

Context: The `FormAnalyzer` class was implemented, but the `categorize_form_code()` method was returning incorrect categories for edge cases.

Prompt Used:

I have the following error in my `form_analyzer.py`:

`TypeError: '<' not supported between instances of 'NoneType' and 'float'`

The error occurs in `categorize_form_code()` when checking threshold conditions. Here is the method:

```
def categorize_form_code(self, exercise, name, value):
    config = FORM_CODES_CONFIG[exercise]
    for cat in config[name]["categories"]:
        if value < cat.get("v_max"):
            return cat["name"]
```

```
return None
```

How can I fix this to handle missing `v_max` values?

Outcome: The AI suggested adding a conditional check for `None` values:

```
v_max = cat.get("v_max")
if v_max is not None and value < v_max:
    return cat["name"]
```

This fix was integrated into the existing code. The core logic and architecture of `form_analyzer.py` (419 lines) was developed independently.

3 Verification Statement

All AI-generated code was:

1. Reviewed line-by-line for correctness
2. Tested on actual project data
3. Modified as necessary for integration
4. Verified to produce expected outputs

The author remains fully responsible for all content, code functionality, and any errors in the report.